

Name	MR.JOTHI RAMALINGAM K	ID	MED121519728
Age & Gender	51Y/MALE	Visit Date	03/12/2022
Ref Doctor	MediWheel		

MASTER HEALTH CHECK UP SUMMARY

Height:	168 cm	Weight:	85.3 kg
BMI:	30.2	вы Боглафай Цейны жарарай н	of Palethaline and a contraction

PRESENT HISTORY:

· Nil.

<u>GENERAL EXAMINATION</u> → <u>P.I.C.C.L.E</u>: Nil.

Pulse: 56/min

BP: 100/70 mmHg

Respiratory Rate: 15/min

Temp: Normal

Others: Nil

SYSTEMIC EXAMINATION:

CVS:

S1S2+

RS: B/L NVBS

CNS: NFND

P/A:

Soft, No palpable mass, No tenderness BS +.

INVESTIGATIONS:

ECG:

Normal ECG.

X-RAY:

• Chest x- ray no significant abnormality.

ULTRASOUND ABDOMEN:

- Grade I fatty liver.
- · Left renal calculus.
 - For clinical correlation.





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TMT:

• Negative.

LAB REPORTS:

Blood parameters are within normal limits.

EYE SCREENING:

Vision	R/E	L/E
Distant Vision	6/6	6/6
Near Vision	N6	N6
Colour Vision	Normal	Normal

Within normal limits.

ADVISED:

Nephrologist opinion – for left renal calculus.

DR.GOMATHY.S M.B.B.S, D.M.C.H Consultant General Physician



Name : Mr. JOTHI RAMALINGAM K

PID No. : MED121519728

SID No. : 602211373

Age / Sex : 51 Year(s) / Male

Ref. Dr MediWheel Register On : 03/12/2022 10:05 AM

Collection On 03/12/2022 12:08 PM

Report On : 03/12/2022 7:07 PM

Printed On 05/12/2022 9:28 AM

Type OP



Investigation **Observed Value** Unit **Biological Reference Interval**

IMMUNOHAEMATOLOGY

BLOOD GROUPING AND Rh TYPING (Blood 'O' 'Positive'

/Agglutination)

INTERPRETATION: Reconfirm the Blood group and Typing before blood transfusion

If Rh Variant

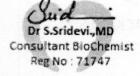
When Reciepient, Consider patient as Rh negative when Donor, Consider patient as Rh positive.

HAEMATOLOGY

Complete Blood Count With - ESR			
Haemoglobin (Blood/Spectrophotometry)	15.0	g/dL	13.5 - 18.0
Packed Cell Volume(PCV)/Haematocrit (Blood/Derived from Impedance)	47.3	%	42 - 52
RBC Count (Blood/Impedance Variation)	4.82	mill/cu.mm	4.7 - 6.0
Mean Corpuscular Volume(MCV) (Blood/ Derived from Impedance)	98.1	fL	78 - 100
Mean Corpuscular Haemoglobin(MCH) (Blood/Derived from Impedance)	31.1	pg	27 - 32
Mean Corpuscular Haemoglobin concentration(MCHC) (Blood/Derived from Impedance)	31.7	g/dL	32 - 36
RDW-CV (Blood/Derived from Impedance)	13.7	%	11.5 - 16.0
RDW-SD (Blood/Derived from Impedance)	47.04	fL	39 - 46
Total Leukocyte Count (TC) (Blood/ Impedance Variation)	6490	cells/cu.mm	4000 - 11000
Neutrophils (Blood/Impedance Variation & Flow Cytometry)	52.6	%	40 - 75
Lymphocytes (Blood/Impedance Variation & Flow Cytometry)	37.2	%	20 - 45
Eosinophils (Blood/Impedance Variation & Flow Cytometry)	2.8	%	01 - 06
Monocytes (Blood/Impedance Variation & Flow Cytometry)	7.1	%	01 - 10
Basophils (Blood/Impedance Variation & Flow Cytometry)	0.3	%	00 - 02

INTERPRETATION: Tests done on Automated Five Part cell counter. All abnormal results are reviewed and confirmed microscopically.

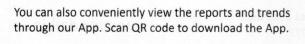
Absolute Neutrophil count (Blood/ Impedance Variation & Flow Cytometry)	3.41	10^3 / µl	1.5 - 6.6
Absolute Lymphocyte Count (Blood/ Impedance Variation & Flow Cytometry)	2.41	10^3 / μΙ	1.5 - 3.5
Absolute Eosinophil Count (AEC) (Blood/ Impedance Variation & Flow Cytometry)	0.18	10^3 / μΙ	0.04 - 0.44



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Investigation	Observed Value	<u>Unit</u>	Biological Reference Interval
Absolute Monocyte Count (Blood/ Impedance Variation & Flow Cytometry)	0.46	10^3 / µl	< 1.0
Absolute Basophil count (Blood/Impedance Variation & Flow Cytometry)	0.02	10^3 / µl	< 0.2
Platelet Count (Blood/Impedance Variation)	220	10^3 / µl	150 - 450
MPV (Blood/Derived from Impedance)	9.3	fL	7.9 - 13.7
PCT (Blood/Automated Blood cell Counter)	0.20	%	0.18 - 0.28
ESR (Erythrocyte Sedimentation Rate) (Blood/Automated - Westergren method)	2	mm/hr	< 20
BIOCHEMISTRY			
BUN / Creatinine Ratio	8.42		6.0 - 22.0
Glucose Fasting (FBS) (Plasma - F/GOD-PAP)	84.1	mg/dL	Normal: < 100 Pre Diabetic: 100 - 125 Diabetic: >= 126

INTERPRETATION: Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level.

Glucose, Fasting (Urine) (Urine - F/GOD - Negative POD) Negative

Glucose Postprandial (PPBS) (Plasma - PP/ 118.0 mg/dL 70 - 140 GOD-PAP)

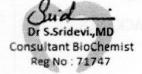
INTERPRETATION:

Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level. Fasting blood glucose level may be higher than Postprandial glucose, because of physiological surge in Postprandial Insulin secretion, Insulin resistance, Exercise or Stress, Dawn Phenomenon, Somogyi Phenomenon, Anti- diabetic medication during treatment for Diabetes.

Urine Glucose(PP-2 hours) (Urine - PP)	Negative		Negative
Blood Urea Nitrogen (BUN) (Serum/Urease UV / derived)	9.6	mg/dL	7.0 - 21
Creatinine (Serum/Modified Jaffe)	1.14	ma/dL	0.9 - 1.3

INTERPRETATION: Elevated Creatinine values are encountered in increased muscle mass, severe dehydration, Pre-eclampsia, increased ingestion of cooked meat, consuming Protein/ Creatine supplements, Diabetic Ketoacidosis, prolonged fasting, renal dysfunction and drugs such as cefoxitin, cefazolin, ACE inhibitors, angiotensin II receptor antagonists, N-acetylcysteine, chemotherapeutic agent such as flucytosine etc.

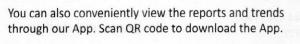
Uric Acid (Serum/Enzymatic)	4.8	mg/dL	3.5 - 7.2
Liver Function Test			
Bilirubin(Total) (Serum/DCA with ATCS)	0.67	mg/dL	0.1 - 1.2
Bilirubin(Direct) (Serum/Diazotized Sulfanilic Acid)	0.22	mg/dL	0.0 - 0.3
Bilirubin(Indirect) (Serum/Derived)	0.45	mg/dL	0.1 - 1.0



The results pertain to sample tested.



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Investigation	Observed Value	Unit	Biological Reference Interval
SGOT/AST (Aspartate Aminotransferase) (Serum/Modified IFCC)	20.9	U/L	5 - 40
SGPT/ALT (Alanine Aminotransferase) (Serum/Modified IFCC)	29.2	U/L	5 - 41
GGT(Gamma Glutamyl Transpeptidase) (Serum/IFCC / Kinetic)	36.2	U/L	< 55
Alkaline Phosphatase (SAP) (Serum/ Modified IFCC)	46.3	U/L	56 - 119
Total Protein (Serum/Biuret)	6.86	gm/dl	6.0 - 8.0
Albumin (Serum/Bromocresol green)	4.15	gm/dl	3.5 - 5.2
Globulin (Serum/Derived)	2.71	gm/dL	2.3 - 3.6
A: G RATIO (Serum/Derived)	1.53		1.1 - 2.2
Lipid Profile			
Cholesterol Total (Serum/CHOD-PAP with ATCS)	170.5	mg/dL	Optimal: < 200 Borderline: 200 - 239 High Risk: >= 240
Triglycerides (Serum/GPO-PAP with ATCS)	101.5	mg/dL	Optimal: < 150 Borderline: 150 - 199 High: 200 - 499 Very High: >= 500

INTERPRETATION: The reference ranges are based on fasting condition. Triglyceride levels change drastically in response to food, increasing as much as 5 to 10 times the fasting levels, just a few hours after eating. Fasting triglyceride levels show considerable diurnal variation too. There is evidence recommending triglycerides estimation in non-fasting condition for evaluating the risk of heart disease and screening for metabolic syndrome, as non-fasting sample is more representative of the "usual" circulating level of triglycerides during most part of the day

48.8	mg/dL	Optimal(Negative Risk Factor): >= 60 Borderline: 40 - 59 High Risk: < 40
101.4	mg/dL	Optimal: < 100 Above Optimal: 100 - 129 Borderline: 130 - 159 High: 160 - 189 Very High: >= 190

VLDL Cholesterol (Serum/Calculated) 20.3 mg/dL < 30 Non HDL Cholesterol (Serum/Calculated) 121.7 mg/dL

Optimal: < 130

Above Optimal: 130 - 159 Borderline High: 160 - 189

High: 190 - 219 Very High: >= 220

Dr S.Sridevi.,MD Consultant BioChemist Reg No: 71747

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Investigation

Observed Value

Unit

Biological Reference Interval

INTERPRETATION: 1. Non-HDL Cholesterol is now proven to be a better cardiovascular risk marker than LDL Cholesterol. 2.It is the sum of all potentially atherogenic proteins including LDL, IDL, VLDL and chylomicrons and it is the "new bad cholesterol" and is a co-primary target for cholesterol lowering therapy.

Total Cholesterol/HDL Cholesterol Ratio

(Serum/Calculated)

3.5

Optimal: < 3.3

Low Risk: 3.4 - 4.4 Average Risk: 4.5 - 7.1 Moderate Risk: 7.2 - 11.0

High Risk: > 11.0

Triglyceride/HDL Cholesterol Ratio

(TG/HDL) (Serum/Calculated)

2.1

Optimal: < 2.5

Mild to moderate risk: 2.5 - 5.0

High Risk: > 5.0

LDL/HDL Cholesterol Ratio (Serum/

Calculated)

2.1

Optimal: 0.5 - 3.0 Borderline: 3.1 - 6.0

High Risk: > 6.0

Glycosylated Haemoglobin (HbA1c)

HbA1C (Whole Blood/HPLC)

6.0

%

Normal: 4.5 - 5.6

Prediabetes: 5.7 - 6.4

Diabetic: >= 6.5

INTERPRETATION: If Diabetes - Good control: 6.1 - 7.0 %, Fair control: 7.1 - 8.0 %, Poor control >= 8.1 %

Estimated Average Glucose (Whole Blood)

125.5

ma/dL

INTERPRETATION: Comments

HbA1c provides an index of Average Blood Glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

Conditions that prolong RBC life span like Iron deficiency anemia, Vitamin B12 & Folate deficiency,

hypertriglyceridemia, hyperbilirubinemia, Drugs, Alcohol, Lead Poisoning, Asplenia can give falsely elevated HbA1C values. Conditions that shorten RBC survival like acute or chronic blood loss, hemolytic anemia, Hemoglobinopathies,

Splenomegaly, Vitamin E ingestion, Pregnancy, End stage Renal disease can cause falsely low HbA1c.

<u>IMMUNOASSAY</u>

Prostate specific antigen - Total(PSA)

(Serum/Manometric method)

0.32

ng/mL

Normal: 0.0 - 4.0

Inflammatory & Non Malignant conditions of Prostate & genitourinary

system: 4.01 - 10.0

Suspicious of Malignant disease of

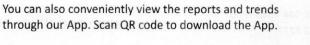
Prostate: > 10.0

S.Sridevi.,MD Consultant BioChemist Reg No: 71747

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DR GURUPRIYA J Reg No: 13-48036

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Age / Sex

: 51 Year(s) / Male

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INTERPRETATION: Analytical sensitivity: 0.008 - 100 ng/mL

PSA is a tumor marker for screening of prostate cancer. Increased levels of PSA are associated with prostate cancer and benign conditions like bacterial infection, inflammation of prostate gland and benign hypertrophy of prostate/ benign prostatic hyperplasia (BPH).

Transient elevation of PSA levels are seen following digital rectal examination, rigorous physical activity like bicycle riding,

ejaculation within 24 hours.

PSA levels tend to increase in all men as they age.

Clinical Utility of PSA:

•In the early detection of Prostate cancer.

As an aid in discriminating between Prostate cancer and Benian Prostatic disease.

•To detect cancer recurrence or disease progression.

THYROID PROFILE / TFT

T3 (Triiodothyronine) - Total (Serum/

1.26

ng/ml

0.4 - 1.81

Chemiluminescent Immunometric Assay

(CLIA))

INTERPRETATION:

Comment:

Total T3 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T3 is recommended as it is Metabolically active.

T4 (Tyroxine) - Total (Serum/

Chemiluminescent Immunometric Assay (CLIA))

7.23

1.96

µg/dl

uIU/mL

4.2 - 12.0

0.35 - 5.50

INTERPRETATION:

Comment:

Total T4 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T4 is recommended as it is Metabolically active.

TSH (Thyroid Stimulating Hormone) (Serum

/Chemiluminescent Immunometric Assay (CLIA))

INTERPRETATION:

Reference range for cord blood - upto 20

1 st trimester: 0.1-2.5

2 nd trimester 0.2-3.0

3 rd trimester: 0.3-3.0

(Indian Thyroid Society Guidelines) Comment:

1.TSH reference range during pregnancy depends on lodine intake, TPO status, Serum HCG concentration, race, Ethnicity and BMI.

2.TSH Levels are subject to circadian variation, reaching peak levels between 2-4am and at a minimum between 6-10PM.The variation can be of the order of 50%,hence time of the day has influence on the measured serum TSH concentrations. 3. Values & amplt; 0.03 µIU/mL need to be clinically correlated due to presence of rare TSH variant in some individuals.

CLINICAL PATHOLOGY

Urine Analysis - Routine

APPEARANCE (Urine)

COLOUR (Urine)

Pale yellow

Clear

Yellow to Amber

Clear

S.Sridevi.,MD Consultant BioChemist Reg No: 71747

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Investigation	Observed Value	Unit	Biological Reference Interval
Protein (Urine/Protein error of indicator)	Negative		Negative
Glucose (Urine/GOD - POD)	Negative		Negative
Pus Cells (Urine/Automated – Flow cytometry)	Occasional	/hpf	NIL
Epithelial Cells (Urine/Automated – Flow cytometry)	Occasional	/hpf	NIL
RBCs (Urine/Automated – Flow cytometry)	NIL	/hpf	NIL
Casts (Urine/Automated – Flow cytometry)	NIL	/hpf	NIL
Crystals (Urine/Automated – Flow cytometry)	NIL	/hpf	NIL
Others (Urine)	NIL		

INTERPRETATION: Note: Done with Automated Urine Analyser & Automated urine sedimentation analyser. All abnormal reports are reviewed and confirmed microscopically.

Stool Analysis - ROUTINE		
Colour (Stool)	Brown	Brown
Blood (Stool)	Absent	Absent
Mucus (Stool)	Absent	Absent
Reaction (Stool)	Acidic	Acidic
Consistency (Stool)	Semi Solid	Semi Solid

Ova (Stool) NIL NIL

Others (Stool) NIL NIL

Cysts (Stool) NIL NIL

Trophozoites (Stool) NIL NIL

RBCs (Stool) NIL /hpf Nil Pus Cells (Stool) /hpf NIL

Macrophages (Stool) NIL NIL

Epithelial Cells (Stool) NIL /hpf NIL

Dr S.Sridevi.,MD Consultant BioChemist Reg No: 71747

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PATHOLOGIST Reg No : 13-48036



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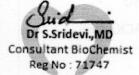
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Type : OP



-- End of Report --



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Name	JOTHI RAMALINGAM K	Customer ID	MED121519728
Age & Gender	51Y/M	Visit Date	Dec 3 2022 10:04AM
Ref Doctor	MediWheel	s Nagniškiš ratio svojeje	

X- RAY CHEST PA VIEW

Trachea appears normal.
Cardiothoracic ratio is within normal limits.
Bilateral lung fields appear normal.
Costo and cardiophrenic angles appear normal.
Visualised bony structures appear normal.
Extra thoracic soft tissues shadow grossly appears normal.

IMPRESSION:

Chest x-ray shows no significant abnormality.

DR. Anith Alfred J MBBS, MDRD., Consultant Radiologist





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Ref Doctor	MediWheel	Zenser e begehalte and sort ken	identificant base set finds soon

SONOGRAM REPORT

WHOLE ABDOMEN

The liver is normal in size and shows diffuse fatty changes.

The gall bladder is normal sized and smooth walled and contains no calculus.

There is no intra or extra hepatic biliary ductal dilatation.

The pancreas shows a normal configuration and echotexture.

The pancreatic duct is normal.

The portal vein and the IVC are normal.

The spleen is normal.

There is no free or loculated peritoneal fluid.

The right kidney measures 9.3 x 4.3 cm.

The left kidney measures 9.1×5.2 cm and shows calculus measuring 0.52 cm in the lower pole calyx.

Both kidneys are normal in size, shape and position. Cortical echoes are normal bilaterally.





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There is no calyceal dilatation.

The ureters are not dilated.

The bladder is smooth walled and uniformly transonic.

There is no intravesical mass or calculus.

The prostate measures $3.7 \times 3.4 \times 3.2 \text{ cm}$ (Vol – 22.3 cc) and is normal sized.

The echotexture is homogeneous.

The seminal vesicles are normal.

Iliac fossae are normal.

IMPRESSION:

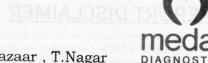
- Grade I fatty liver.
- · Left renal calculus.
- For clinical correlation.

Dr. Catherine

De Calherro

Consultant Sonologist.





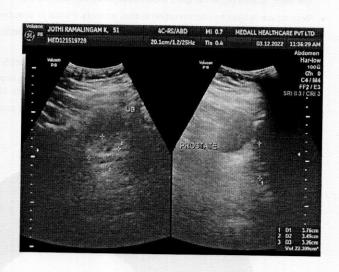
${\it Medall\ Healthcare\ Pvt\ Ltd}$ No ; 26/15 , Ground floor Gopalakrishna street pondy Bazaar , T.Nagar

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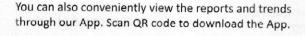






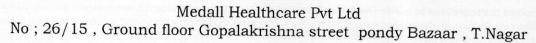






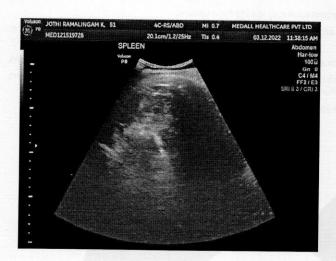


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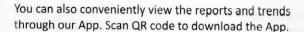




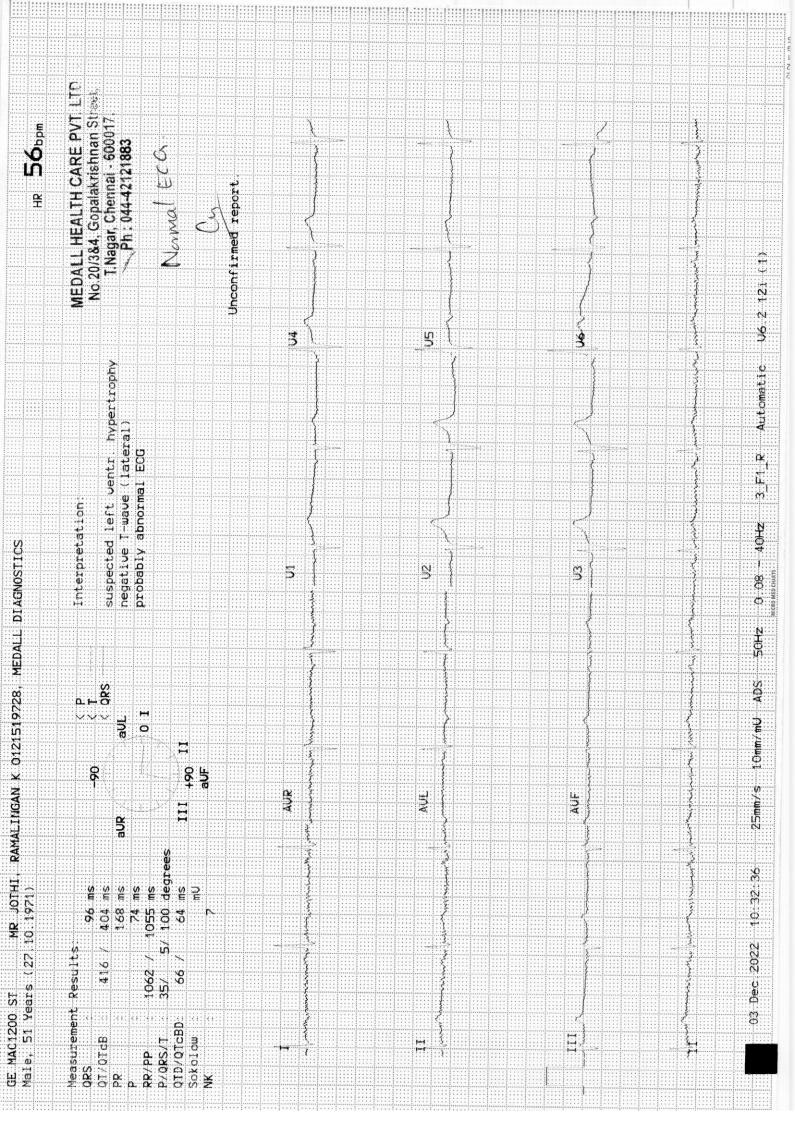
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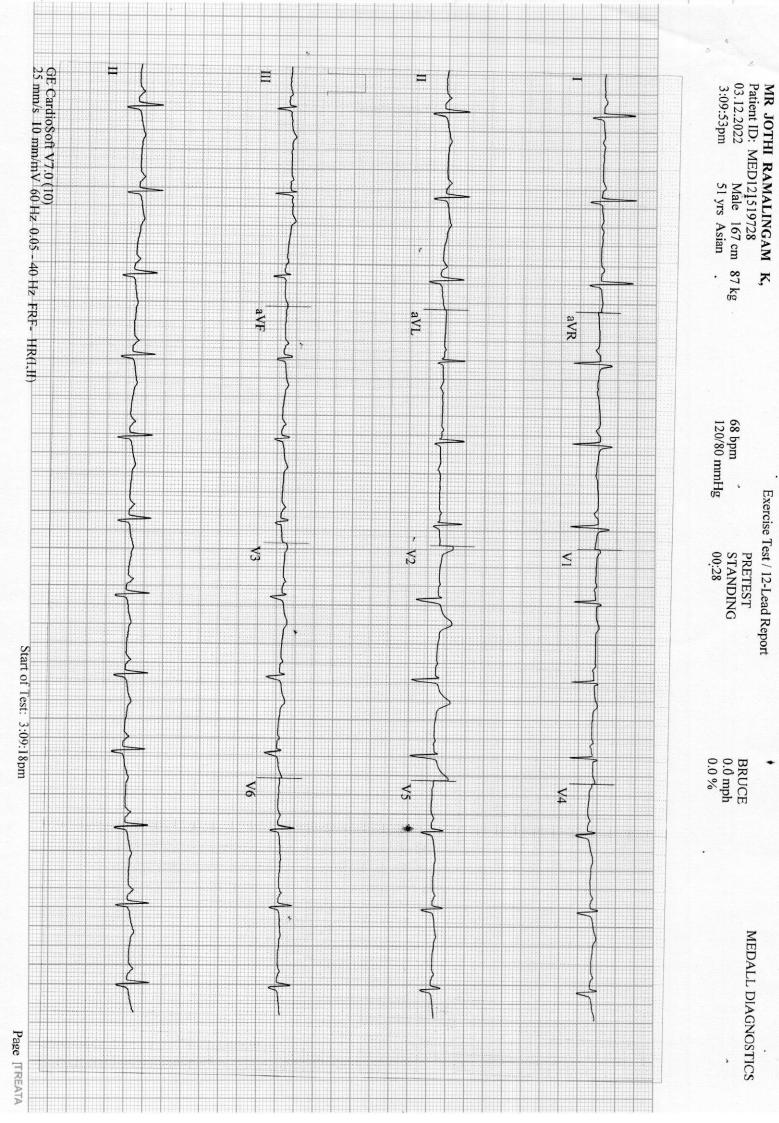






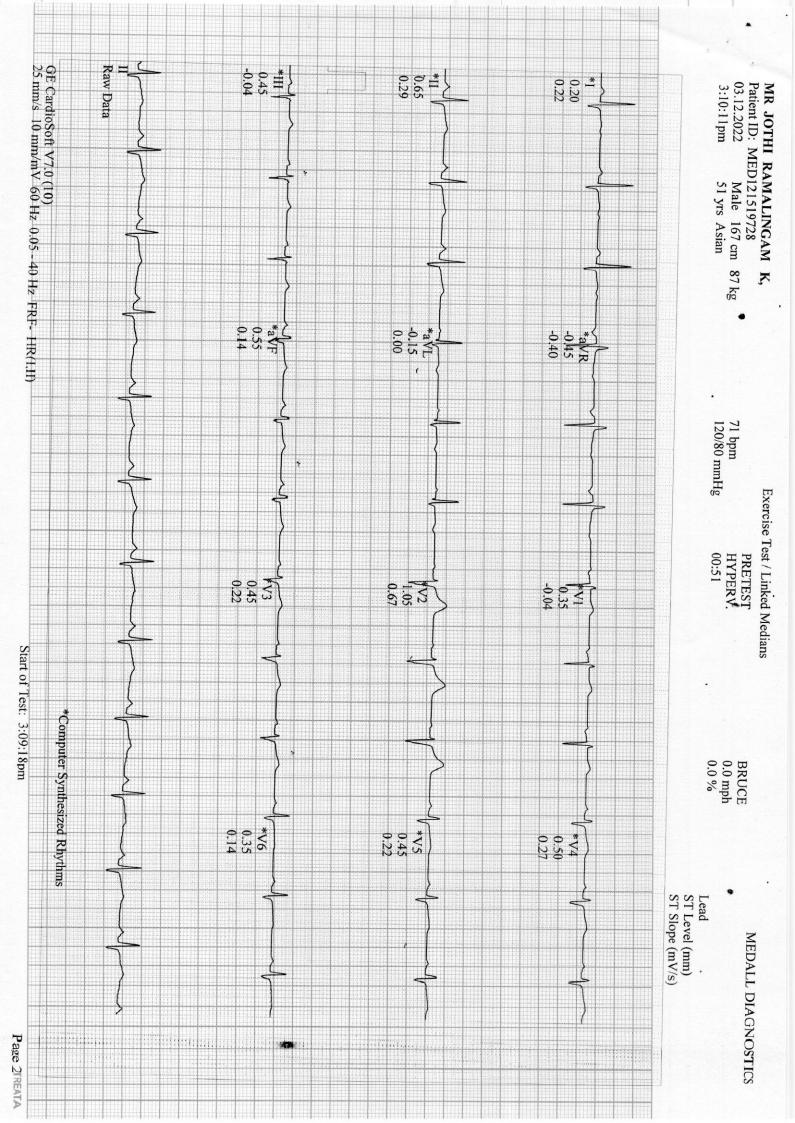


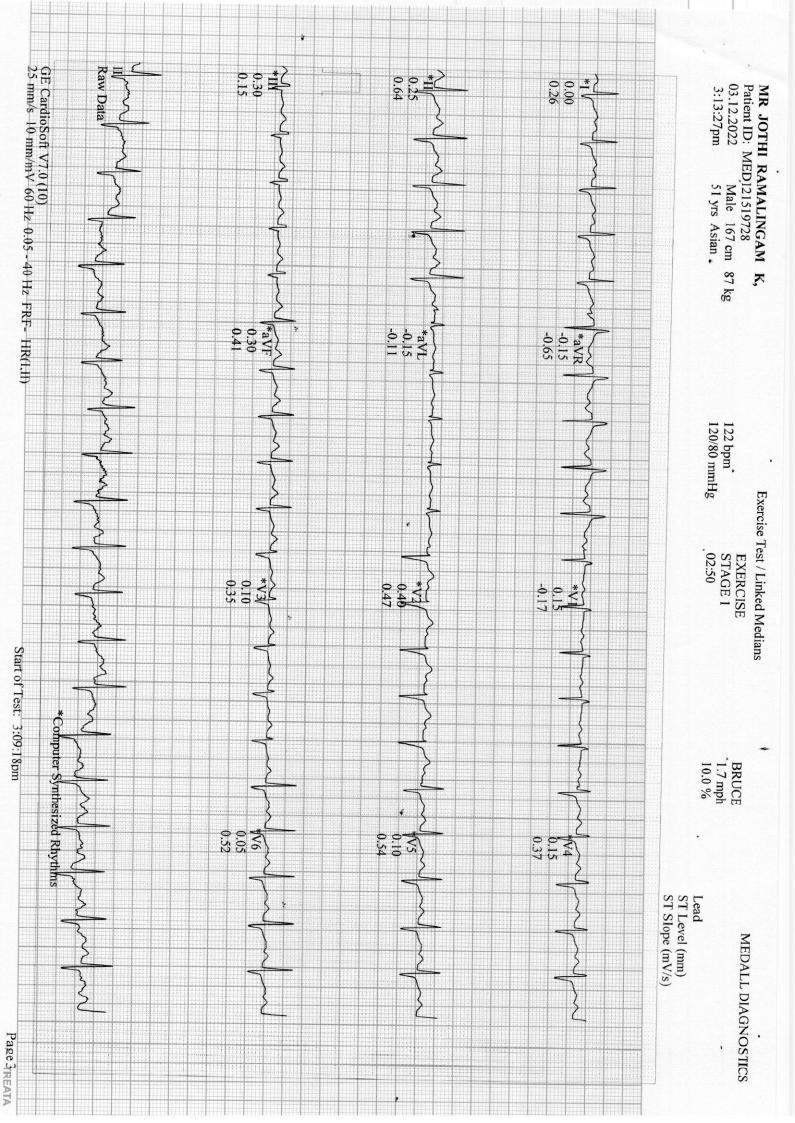




Exercise Test / 12-Lead Report

MEDALL DIAGNOSTICS



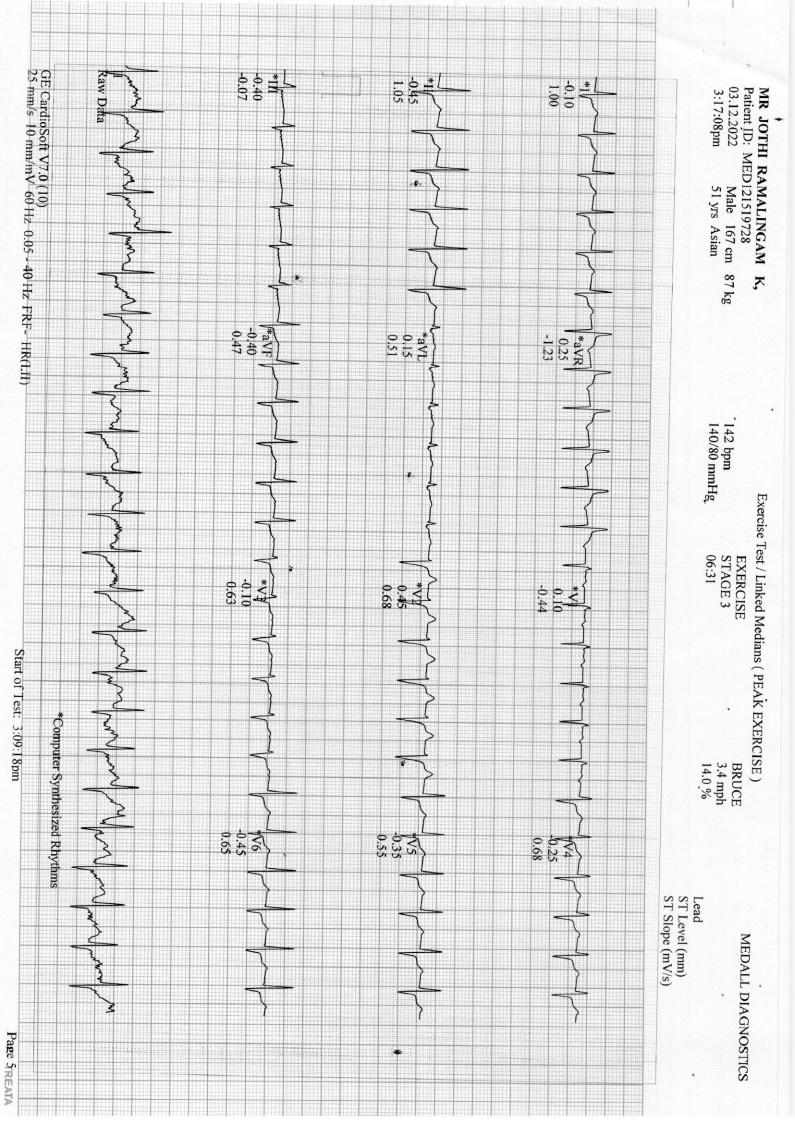


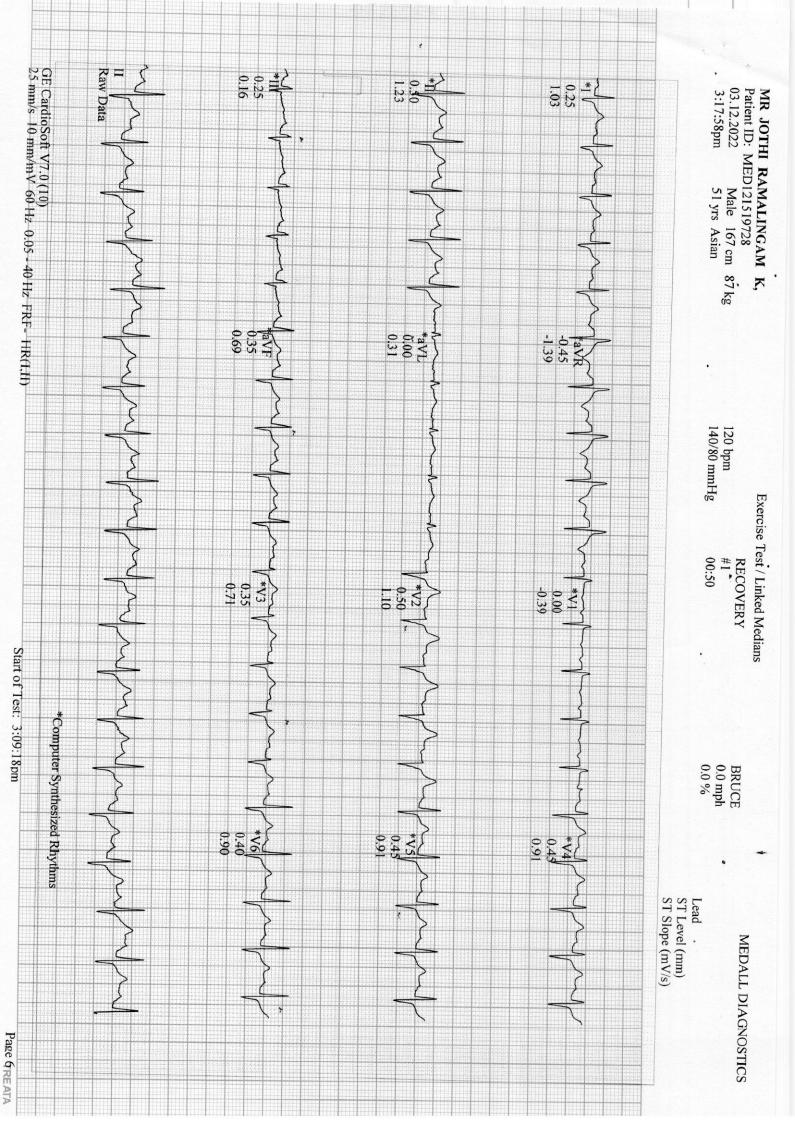
MR JOTHI RAMALINGAM | Patient ID: MEDI21519728 | 03.12.2022 | Male 167 cm 8 | 3:16:27pm | 51 yrs Asian Raw Data GE CardioSoft V7.0 (10)
25 mm/s 10 mm/mV 60 Hz 0.05 - 40 Hz FRF- HR(I,II) 0.05 0.21 -0.10 0.86 1.31 Male 167 cm 87 kg *aVR 0.05 -1.39 -0.05 0.89 *aVL -0.05 0.19 136 bpm 130/80 mmHg EXERCISE STAGE 2 05:50 0.52 0.53 0.60 0.00 -0.55 *Computer Synthesized Rhythms BRUCE 2.5 mph 12.0 % 0.25 Lead ST Level (mm) ST Slope (mV/s) MEDALL DIAGNOSTICS

Start of Test: 3:09:18pm

Page 4REATA

Exercise Test / Linked Medians





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	Attending MD: DR STIRR AMANIANA	MD: DR	Attending			Unconfirmed	Unco			7.0 (10)	GE CardioSoft V7.0 (10)	
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								y				,
	0.00	0	07771	0000								
	-0.45	> c	12220	130/80	, 1 20	0	0.00	0.00	03:07		KECOVERY	
	-0.30) c	10880	140/80	142	& : 5:	14.00	3.40	00:31	STAGE 3		
	0.15	• •	14640	120/80	136	7	12.00	2.50	03:00	STAGE 2		
19	0.70	0	9360	120/80	1.0	4	00.01	170	03:00	STAGE 1	EXERCISE	
	0.60	. 0	9000	120/00	7 0	- - -	0.00	1.00	. 00:12	WARM-UP		
	0.60	0	8520	08/0/1	77	-1 ;- -2 ;-	000	0.00	00:18	HYPERV.		
		0) 	2000	3	-	5	0.00	00:48	STANDING		
] II [mm]	p [/min]	[mmHg*bp	[mmHg]	[mdg] [U	[0/]		00:01	SUPINE	PRETEST	
Comment	ST Level			BP		Workload	Grade	Speed	in Stage	Stage INAITIE	I Hase I valide	
			Location: " 0 "	Locatio					1	Ctara Name	Phace Name	
			* > *	Room:								
achieved	Reasons for Termination: Target heart rate achieved	nation: Ta	s for Termi	Reason								
QRS duration: BASELINE: 94 ms, PEAK EX: 90 ms, REC: 92 ms	4 ms, PEAK E	ELINE: 9	rration: BAS	QRS di								
	3	.006 mV (ST/HR hysteresis: 0.006 mV (III)	ST/HR								
		m i	VE recovery: 0 VE/min	VE rec						Comment:		
		3 ;	HR recovery: 29 bpm	HR rec		ress Test	Test Type: Treadmill Stress Test	Test Type:	l echnician: PARKAVI.S	l echnician:		
		%	HR reserve used: 72 %	HR res					Ordering MD:	Ref. MD:		
		II V/hnm	ST/HR index: 0 70 IIV/hnm	ST/HR								
CISE STAGE 3 6:30	/s in II; EXER	, 1.09 mV	Arrhythmia: PSVC-3	Arrhyt					tory: NIL	Medical History: NIL		
(ETS	d: 8.50 MI	T. 0 55	May S					ROUTINE	Test Reason: ROUTINE		
	Max BP: 140/80 mmHg BP at rest: 120/80 Max R	nHg BP	P: 140/80 m	Max B						INICUS. INIL		
169 bpm HR at rest: 72	nax predicted]	85 % of 1	R: 144 bpm	. Max H					•	Meds: NII	0.00opin	7.
,		Time 06:3	E: Exercise	BRUC					m 87 kg	Male 16/cm	3:09:18pm	3
MEDALL DIAGNOSTICS										Patient ID: MEDI21519728	Patient ID: M	
•			nmary	Exercise Test / Tabular Summary	Ise Test/	Exerc			M K,	PAR JOI HI KAMALINGAM	Dati and JOI III	
]	1					MD IOTH	