

: Mrs.PREETI PRAKASH SHIRKE

Age/Gender

: 52 Y 2 M 28 D/F

UHID/MR No

: SCHE.0000088203

Visit ID

: SCHEOPV105956

Ref Doctor Emp/Auth/TPA ID : Dr.SELF

: 22S32991

Collected

: 18/Sep/2024 08:28AM

Received

: 18/Sep/2024 10:43AM

Reported

: 18/Sep/2024 12:07PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	10.3	g/dL	12-15	Spectrophotometer
PCV	31.10	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.02	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	77	fL	83-101	Calculated
MCH	25.5	pg	27-32	Calculated
MCHC	33	g/dL	31.5-34.5	Calculated
R.D.W	15.3	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	9,600	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (I	DLC)			
NEUTROPHILS	77	%	40-80	Electrical Impedance
LYMPHOCYTES	19	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	02	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	7392	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1824	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	192	Cells/cu.mm	20-500	Calculated
MONOCYTES	192	Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLR)	4.05		0.78- 3.53	Calculated
PLATELET COUNT	368000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm at the end of 1 hour	0-20	Modified Westergren
PERIPHERAL SMEAR				

RBC -HYPOCHROMIA +, MICROCYTOSIS +, ANISOCYTOSIS +

WBC WITHIN NORMAL LIMITS

PLATELETS ARE ADEQUATE ON SMEAR

NO HEMOPARASITES SEEN

Page 1 of 14

DR. APARNA NAIK MBBS DPB

CONSULTANT PATHOLOGIST

SIN No:BED240229109



Apollo Speciality Hospitals Private Limited

(Formely known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016



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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Page 2 of 14



DR. APARNA NAIK MBBS DPB CONSULTANT PATHOLOGIST

SIN No:BED240229109



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Test Name	Result	Unit	Bio. Ref. Interval	Method
BLOOD GROUP ABO AND RH FAC	TOR , WHOLE BLOOD EDTA	Ì		
BLOOD GROUP TYPE	А			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination

Page 3 of 14



MBBS DPB CONSULTANT PATHOLOGIST SIN No:BED240229109

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING, NAF PLASMA	107	mg/dL	70-100	GOD - POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	147	mg/dL	70-140	GOD - POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 4 of 14

DR. APARNA NAIK
MBBS DPB
CONSULTANT PATHOLOGIST

SIN No:PLP1485833





: Mrs.PREETI PRAKASH SHIRKE

Age/Gender

: 52 Y 2 M 28 D/F

UHID/MR No

: SCHE.0000088203

Visit ID

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Ref Doctor

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: 22S32991

Collected

: 18/Sep/2024 08:28AM

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HBA1C (GLYCATED HEMOGLOBIN), W	HOLE BLOOD EDTA			
HBA1C, GLYCATED HEMOGLOBIN	6	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	126	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 - 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 - 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Page 5 of 14



Dr.Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B Consultant Pathologist

SIN No:EDT240090827

CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016



Patient Name : Mrs.PREETI PRAKASH SHIRKE

Age/Gender : 52 Y 2 M 28 D/F
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Visit ID : SCHEOPV105956

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 22S32991 Collected : 18/Sep/2024 08:28AM

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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	189	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	66	mg/dL	<150	
HDL CHOLESTEROL	66	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	123	mg/dL	<130	Calculated
LDL CHOLESTEROL	109.8	mg/dL	<100	Calculated
VLDL CHOLESTEROL	13.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	2.86		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.01		<0.11	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

Page 6 of 14

DR. APARNA NAIK
MBBS DPB
CONSULTANT PATHOLOGIST

SIN No:SE04826208

Regd Off: 1-10-62/62, 5th Floor, Ashoka Raghupathi Chambers, Begumpet, Hyderabad, Telangana - 500016



Patient Name : Mrs.PREETI PRAKASH SHIRKE

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.30	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.20	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	16	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	23.0	U/L	8-38	JSCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	1.4		<1.15	Calculated
ALKALINE PHOSPHATASE	91.00	U/L	32-111	IFCC
PROTEIN, TOTAL	7.80	g/dL	6.7-8.3	BIURET
ALBUMIN	4.30	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.50	g/dL	2.0-3.5	Calculated
A/G RATIO	1.23		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

1. Hepatocellular Injury:

*AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.

*ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

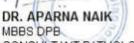
2. Cholestatic Pattern:

*ALP-Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex. *Bilirubin elevated- predominantly direct , To establish the hepatic origin correlation with elevated GGT helps.

3. Synthetic function impairment:

*Albumin-Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.

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CONSULTANT PATHOLOGIST





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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

4. Associated tests for assessment of liver fibrosis - Fibrosis-4 and APRI Index.

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CONSULTANT PATHOLOGIST SIN No:SE04826208

MBBS DPB

DR. APARNA NAIK

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CIN- U85100TG2009PTC099414

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Ujagar Compound, Opp. Deonar Bus Depot Main Gate Deonar, Chembur, Mumbai, Maharashtra Ph: 022 4334 4800



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Test Name	Result	Unit	Bio. Ref. Interval	Method
RENAL PROFILE/KIDNEY FUNCTION	TEST (RFT/KFT) , SEF	RUM	-	
CREATININE	0.40	mg/dL	0.4-1.1	ENZYMATIC METHOD
UREA	17.12	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	8.0	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.10	mg/dL	3.0-5.5	URICASE
CALCIUM	9.40	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	4.20	mg/dL	2.6-4.4	PNP-XOD
SODIUM	139	mmol/L	135-145	Direct ISE
POTASSIUM	4.3	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	103	mmol/L	98 - 107	Direct ISE
PROTEIN, TOTAL	7.80	g/dL	6.7-8.3	BIURET
ALBUMIN	4.30	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.50	g/dL	2.0-3.5	Calculated
A/G RATIO	1.23		0.9-2.0	Calculated

Page 9 of 14



DR. APARNA NAIK
MBBS DPB
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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT), SERUM	31.00	U/L	16-73	Glycylglycine Kinetic method

Page 10 of 14



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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
THYROID PROFILE TOTAL (T3, T4, TSH)	, SERUM	·		·
TRI-IODOTHYRONINE (T3, TOTAL)	0.87	ng/mL	0.87-1.78	CLIA
THYROXINE (T4, TOTAL)	8.63	μg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	5.909	μIU/mL	0.38-5.33	CLIA

Comment

For pregnant females	Bio Ref Range for TSH in uIU/ml (As pe American Thyroid Association)		
First trimester	0.1 - 2.5		
Second trimester	0.2 - 3.0		
Third trimester	0.3 - 3.0		

- **1.** TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- **2.** TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- **3.** Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- **4.** Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

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TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies

Page 11 of 14

Dr.Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B Consultant Pathologist

SIN No:SPL24140015





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N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma

Page 12 of 14



Dr. Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B Consultant Pathologist

SIN No:SPL24140015

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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result Unit		Bio. Ref. Interval	Method	
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION					
COLOUR	PALE YELLOW		PALE YELLOW	Visual	
TRANSPARENCY	CLEAR		CLEAR	Physical Measurement	
pH	6.0		5-7.5	Double Indicator	
SP. GRAVITY	1.020		1.002-1.030	Bromothymol Blue	
BIOCHEMICAL EXAMINATION	<u>'</u>				
URINE PROTEIN	NEGATIVE		NEGATIVE	Protein Error Of Indicator	
GLUCOSE	NEGATIVE		NEGATIVE	Glucose Oxidase	
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Azo Coupling Reaction	
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium Nitro Prusside	
UROBILINOGEN	NORMAL		NORMAL	Modifed Ehrlich Reaction	
NITRITE	NEGATIVE		NEGATIVE	Diazotization	
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Leucocyte Esterase	
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOP	Y			
PUS CELLS	2-4	/hpf	0-5	Microscopy	
EPITHELIAL CELLS	2-4	/hpf	<10	Microscopy	
RBC	1-2	/hpf	0-2	Microscopy	
CASTS	NIL		0-2 Hyaline Cast	Microscopy	
CRYSTALS	ABSENT		ABSENT	Microscopy	

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods.

Microscopy findings are reported as an average of 10 high power fields.

Page 13 of 14



DR. APARNA NAIK
MBBS DPB
CONSULTANT PATHOLOGIST

SIN No:UR2412630

Regd Off: 1-10-62/62, 5th Floor, Ashoka Raghupathi Chambers, Begumpet, Hyderabad, Telangana - 500016





: Mrs.PREETI PRAKASH SHIRKE

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: 52 Y 2 M 28 D/F

UHID/MR No Visit ID : SCHE.0000088203

Ref Doctor

: SCHEOPV105956

Emp/Auth/TPA ID

: Dr.SELF

: 22\$32991

Collected

: 18/Sep/2024 12:35PM

Received

: 19/Sep/2024 06:03PM

Reported

: 22/Sep/2024 07:23PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CYTOLOGY

BC PA	P SMEAR , CERVICAL SAMPLE	
	CYTOLOGY NO.	20656/24
I	SPECIMEN	
a	SPECIMEN ADEQUACY	ADEQUATE
b	SPECIMEN TYPE	LIQUID-BASED PREPARATION (LBC)
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR
c	ENDOCERVICAL-TRANSFORMATION ZONE	ABSENT
d	COMMENTS	SATISFACTORY FOR EVALUATION
II	MICROSCOPY	Superficial and intermediate squamous epithelial cells with benign morphology with few parabasal cells, Inflammatory cells, predominantly neutrophils. Negative for intraepithelial lesion/malignancy.
Ш	RESULT	
a	EPITHEIAL CELL	
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN
	GLANDULAR CELL ABNORMALITIES	NOT SEEN
b	ORGANISM	NIL
IV	INTERPRETATION	NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

*** End Of Report ***

Dr.A.Kalyan Rao M.B.B.S,M.D(Pathology)
Consultant Pathologist





SIN No:CS085314

This test has been performed at Apollo Health & Lifestyle Ltd, Global Reference Laboratory, Hyderabad

Apollo Speciality Hospitals Private Limited

(Formely known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

Regd Off: 1-10-62/62, 5th Floor, Ashoka Raghupathi Chambers, Begumpet, Hyderabad, Telangana - 500016 Address:

Ujagar Compound, Opp. Deonar Bus Depot Main Gate Deonar, Chembur, Mumbai, Maharashtra Ph. 022 4334 4600



Patient Name : Mrs.PREETI PRAKASH SHIRKE

Age/Gender : 52 Y 2 M 28 D/F UHID/MR No : SCHE.0000088203 Visit ID : SCHEOPV105956

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 22S32991 Collected : 18/Sep/2024 12:35PM

Received : 19/Sep/2024 06:03PM Reported : 22/Sep/2024 07:23PM

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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

TERMS AND CONDITIONS GOVERNING THIS REPORT

The reported results are for information and interpretation of the referring doctor or such other medical professionals, who understand reporting units, reference ranges and limitations of technologies.

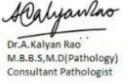
Laboratories not be responsible for any interpretation whatsoever.

It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of the particulars have been cleared out by the patient or his / her representative at the point of generation of said specimen.

The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient.

Assays are performed in accordance with standard procedures, The reported results are dependent on individual assay methods / equipment used and quality of specimen received.

This report is not valid for medico legal purposes.







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APOLLO SPECTAA HOSPITALS

Sunder Baug, Ujagar Compound, Opp. Deonar Bus Depot Main Gate, Off. Sion Trombay Road, Deonar, Chembur, Mumbai 400 088. Ph. No.: 022 4334 4600-9 www.apollospectra.com



Name : Mrs. Preeti Prakash Shirke

Sex: F

Address: Bhatwadi, Ghatkopar (West)

Plan

: ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT

Age: 52 Y

UHID:SCHE.0000088203

OP Number: SCHEOPV105956 Bill No :SCHE-OCR-24926

	,	Date : 18.09.2024 08:17		
Sno	Serive Type/ServiceName	Department		
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED	D - FEMALE - 2D ECHO - PAN INDIA - FY2324		
_	GAMMA GLUTAMYL TRANFERASE (GGT)			
	2 2 D E CHO			
_	LIVER FUNCTION TEST (LFT)			
_	GEOCOSE, FASTING			
-	SHEMOGRAM + PERIPHERAL SMEAR			
_	GYNAECOLOGY CONSULTATION			
_	DIET CONSULTATION			
$\overline{}$	SOMPLETE URINE EXAMINATION			
	URINE GLUCOSE(POST PRANDIAL)			
	PERIPHERAL SMEAR			
4	TECG .			
_	LBC PAP TEST- PAPSURE			
U	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)			
4	DENTAL CONSULTATION			
4	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL) 09.15	11:15		
ىل	GUITINE GLUCOSE(FASTING)			
V	SONO MAMOGRAPHY - SCREENING			
U	HbAic, GLYCATED HEMOGLOBIN			
لل	X-RAY CHEST PA			
2	TENT CONSULTATION — Dr. ROSFINI Name	ba.		
12	PITNESS BY GENERAL PHYSICIAN			
	BLOOD GROUP ABO AND RH FACTOR			
_	STIPID PROFILE			
_	BODY MASS INDEX (BMI)			
-	OPTHAL BY GENERAL PHYSICIAN XV. N. Sharu	ra		
2	OLTRASOUND - WHOLE ABDOMEN			
2	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)			





: Mrs.PREETI PRAKASH SHIRKE

Age/Gender

: 52 Y 2 M 28 D/F

UHID/MR No

: SCHE.0000088203

Visit ID Ref Doctor : SCHEOPV105956

: Dr.SELF Emp/Auth/TPA ID : 22\$32991 Collected

: 18/Sep/2024 08:28AM Expertise. Empowering you.

: 18/Sep/2024 10:43AM Received

: 18/Sep/2024 12:07PM Reported : Final Report Status

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	10.3	g/dL	12-15	Spectrophotometer
PCV	31.10	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.02	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	77	fL.	83-101	Calculated
MCH	25.5	pg	27-32	Calculated
MCHC	33	g/dL	31.5-34.5	Calculated
R.D.W	15.3	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	9,600	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (I	OLC)			
NEUTROPHILS	77	%	40-80	Electrical Impedance
LYMPHOCYTES	19	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	02	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	7392	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1824	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	192	Cells/cu.mm	20-500	Calculated
MONOCYTES	192	Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLR)	4.05		0.78- 3.53	Calculated
PLATELET COUNT	368000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm at the end of 1 hour	0-20	Modified Westergren
SEDIDIJEDAL CMEAD				

PERIPHERAL SMEAR

RBC -HYPOCHROMIA +, MICROCYTOSIS +, ANISOCYTOSIS +

WBC WITHIN NORMAL LIMITS

PLATELETS ARE ADEQUATE ON SMEAR

NO HEMOPARASITES SEEN

Page 1 of 14

DR. APARNA NAIK

MBBS DPB

CONSULTANT PATHOLOGIST

SIN No:BED240229109







: Mrs.PREETI PRAKASH SHIRKE

Age/Gender UHID/MR No : 52 Y 2 M 28 D/F : SCHE.0000088203

Visit ID Ref Doctor : SCHEOPV105956

Emp/Auth/TPA ID

: Dr.SELF : 22\$32991 Collected

Received

: 18/Sep/2024 10:43AM : 18/Sep/2024 12:07PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Page 2 of 14



frame Naik DR. APARNA NAIK MBBS DPB CONSULTANT PATHOLOGIST

SIN No:BED240229109





: Mrs.PREETI PRAKASH SHIRKE

Age/Gender

: 52 Y 2 M 28 D/F

UHID/MR No Visit ID

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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method	
BLOOD GROUP ABO AND RH FACT	TOR , WHOLE BLOOD EDT.	A			
BLOOD GROUP TYPE	Α			Forward & Reverse Grouping with Slide/Tube Aggluti	
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination	

Page 3 of 14

DR. APARNA NAIK MBBS DPB CONSULTANT PATHOLOGIST SIN No:BED240229109





Potiont Name

: Mrs.PREETI PRAKASH SHIRKE

Collected

: 18/Sep/2024 11:14AM Expertise. Empowering you.

Age/Gender

: 52 Y 2 M 28 D/F

Received

: 18/Sep/2024 11:36AM

UHID/MR No

: SCHE.0000088203

Reported Status : 18/Sep/2024 12:08PM

: Final Report

Visit ID Ref Doctor

Emp/Auth/TPA ID

: SCHEOPV105956 : Dr.SELF

: 22532991

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING, NAF PLASMA	107	mg/dL	70-100	GOD - POD

Comment:

As per American Diabetes Guidelines, 2023

As per American Diabetes Guidennes,	2023	
Fasting Glucose Values in mg/dL	Interpretation	
70-100 mg/dL	Normal	
100-125 mg/dL	Prediabetes	
≥126 mg/dL	Diabetes	
<70 mg/dL	Hypoglycemia	

Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	147	mg/dL	70-140	GOD - POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 4 of 14

DR. APARNA NAIK

MBBS DPB

CONSULTANT PATHOLOGIST

SIN No:PLP1485833







: Mrs.PREETI PRAKASH SHIRKE

Collected

: 18/Sep/2024 08:28AM Expertise. Empowering you.

Age/Gender

Emp/Auth/TPA ID

: 52 Y 2 M 28 D/F

Received

: 18/Sep/2024 02:17PM

UHID/MR No

: SCHE.0000088203 : SCHEOPV105956 Reported : 18/Sep/2024 03:59PM Status : Final Report

Visit ID Ref Doctor

: Dr.SELF : 22S32991 Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HBA1C (GLYCATED HEMOGLOBIN), WH	OLE BLOOD EDTA			
HBA1C, GLYCATED HEMOGLOBIN	6	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	126	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %			
NON DIABETIC	<5.7			
PREDIABETES	5.7 - 6.4			
DIABETES	≥ 6.5			
DIABETICS				
EXCELLENT CONTROL	6-7			
FAIR TO GOOD CONTROL	7-8			
UNSATISFACTORY CONTROL	8 - 10			
POOR CONTROL	>10			

Note: Dietary preparation or fasting is not required.

 HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.

2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.

- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control A: HbF >25%

B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Page 5 of 14

Dr.Sandip Kulnar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B

Consultant Pathologist

SIN No:EDT240090827





: Mrs.PREETI PRAKASH SHIRKE

Age/Gender

: 52 Y 2 M 28 D/F

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Received

: 18/Sep/2024 11:36AM

Reported

: 18/Sep/2024 12:09PM

Status

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIPID PROFILE, SERUM				
TOTAL CHOLESTEROL	189	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	66	mg/dL	<150	
HDL CHOLESTEROL	66	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	123	mg/dL	<130	Calculated
LDL CHOLESTEROL	109.8	mg/dL	<100	Calculated
VLDL CHOLESTEROL	13.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	2.86		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.01		< 0.11	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

Page 6 of 14

DR. APARNA NAIK

Arasine Wark

MBBS DPB

CONSULTANT PATHOLOGIST







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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIVER FUNCTION TEST (LFT), SERUM				
BILIRUBIN, TOTAL	0.30	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.20	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	16	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	23.0	U/L	8-38	JSCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	1.4		<1.15	Calculated
ALKALINE PHOSPHATASE	91.00	U/L	32-111	IFCC
PROTEIN, TOTAL	7.80	g/dL	6.7-8.3	BIURET
ALBUMIN	4.30	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.50	g/dL	2.0-3.5	Calculated
A/G RATIO	1.23		0.9-2.0	Calculated

Comment

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

1. Hepatocellular Injury:

*AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.

*ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

*ALP – Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex.
*Bilirubin elevated-predominantly direct, To establish the hepatic origin correlation with elevated GGT helps.

3. Synthetic function impairment:

*Albumin-Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.

Page 7 of 14

DR. APARNA NAIK

MBBS DPB CONSULTANT PATHOLOGIST







: Mrs.PREETI PRAKASH SHIRKE

Age/Gender

: 52 Y 2 M 28 D/F

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Ref Doctor

: SCHEOPV105956

Emp/Auth/TPA ID

: Dr.SELF : 22532991 Collected Received

: 18/Sep/2024 11:36AM : 18/Sep/2024 12:09PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Associated tests for assessment of liver fibrosis - Fibrosis-4 and APRI Index.

Page 8 of 14



DR. APARNA NAIK MBBS DPB CONSULTANT PATHOLOGIST





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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
RENAL PROFILE/KIDNEY FUNCTION	TEST (RFT/KFT), SER	RUM		
CREATININE	0.40	mg/dL	0.4-1.1	ENZYMATIC METHOD
UREA	17.12	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	8.0	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.10	mg/dL	3.0-5.5	URICASE
CALCIUM	9.40	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	4.20	mg/dL	2.6-4.4	PNP-XOD
SODIUM	139	mmol/L	135-145	Direct ISE
POTASSIUM	4.3	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	103	mmol/L	98 - 107	Direct ISE
PROTEIN, TOTAL	7.80	g/dL	6.7-8.3	BIURET
ALBUMIN	4.30	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.50	g/dL	2.0-3.5	Calculated
A/G RATIO	1.23		0.9-2.0	Calculated

Page 9 of 14

DR. APARNA NAIK
MBBS DPB
CONSULTANT PATHOLOGIST







: Mrs.PREETI PRAKASH SHIRKE

Age/Gender UHID/MR No

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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	31.00	U/L	16-73	Glycylglycine Kinetic method

Page 10 of 14



Apage Wark DR. APARNA NAIK MBBS DPB CONSULTANT PATHOLOGIST





: Mrs.PREETI PRAKASH SHIRKE

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; 18/Sep/2024 04:58PM

: Final Report Status

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
THYROID PROFILE TOTAL (T3, T4, TSH)	, SERUM			
TRI-IODOTHYRONINE (T3, TOTAL)	0.87	ng/mL	0.87-1.78	CLIA
THYROXINE (T4, TOTAL)	8.63	μg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	5.909	µIU/mL	0.38-5.33	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As pe American Thyroid Association)				
First trimester	0.1 - 2.5				
Second trimester	0.2 - 3.0				
Third trimester	0.3 - 3.0				

- TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- 4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies

Page 11 of 14

Dr. Sandip Kumar Banerjee M.B.B.S, M.D(PATHOLOGY), D.P.B.

Consultant Pathologist

SIN No:SPL24140015



Ph No: 040-4904 7777 | www.apollohl.com | Email ID:enquiry@apollohl.com





: Mrs.PREETI PRAKASH SHIRKE

Age/Gender

: 52 Y 2 M 28 D/F

UHID/MR No Visit ID

: SCHE.0000088203 : SCHEOPV105956

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID

: 22532991

Collected

Received

: 18/Sep/2024 02:17PM

Reported

: 18/Sep/2024 04:58PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

N/Low High

High

T3 Thyrotoxicosis, Non thyroidal causes

High

High

High

Pituitary Adenoma; TSHoma/Thyrotropinoma

Page 12 of 14

Dr. Sandip Kumar Banerjee M.B.B.S,M.D(PATHOLOGY),D.P.B Consultant Pathologist

SIN No:SPL24140015







: Mrs.PREETI PRAKASH SHIRKE

Age/Gender

: 52 Y 2 M 28 D/F

UHID/MR No Visit ID : SCHE,0000088203

Ref Doctor

: SCHEOPV105956 : Dr.SELF

Emp/Auth/TPA ID

: 22S32991

Collected

: 18/Sep/2024 08:28AM Expertise. Empowering you.

Received

: 18/Sep/2024 12:03PM

Reported

: 18/Sep/2024 12:53PM

Status Sponsor Name : Final Report

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method	
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION					
COLOUR	PALE YELLOW		PALE YELLOW	Visual	
TRANSPARENCY	CLEAR		CLEAR	Physical Measurement	
pH	6.0		5-7.5	Double Indicator	
SP. GRAVITY	1.020		1.002-1.030	Bromothymol Blue	
BIOCHEMICAL EXAMINATION					
URINE PROTEIN	NEGATIVE		NEGATIVE	Protein Error Of Indicator	
GLUCOSE	NEGATIVE		NEGATIVE	Glucose Oxidase	
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Azo Coupling Reaction	
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium Nitro Prusside	
UROBILINOGEN	NORMAL		NORMAL	Modifed Ehrlich Reaction	
NITRITE	NEGATIVE		NEGATIVE	Diazotization	
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Leucocyte Esterase	
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOP	Υ			
PUS CELLS	2-4	/hpf	0-5	Microscopy	
EPITHELIAL CELLS	2-4	/hpf	<10	Microscopy	
RBC	1-2	/hpf	0-2	Microscopy	
CASTS	NIL		0-2 Hyaline Cast	Microscopy	
CRYSTALS	ABSENT		ABSENT	Microscopy	

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods.

Microscopy findings are reported as an average of 10 high power fields.

*** End Of Report ***

Page 13 of 14

DR. APARNA NAIK

MBBS DPB

CONSULTANT PATHOLOGIST

SIN No:UR2412630







: Mrs.PREETI PRAKASH SHIRKE

Age/Gender

: 52 Y 2 M 28 D/F

UHID/MR No Visit ID

: SCHE.0000088203

Ref Doctor

: SCHEOPV105956

Emp/Auth/TPA ID

: Dr.SELF : 22\$32991 Collected

: 18/Sep/2024 08:28AM Expertise. Empowering you.

Received

: 18/Sep/2024 12:03PM

Reported

: 18/Sep/2024 12:53PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

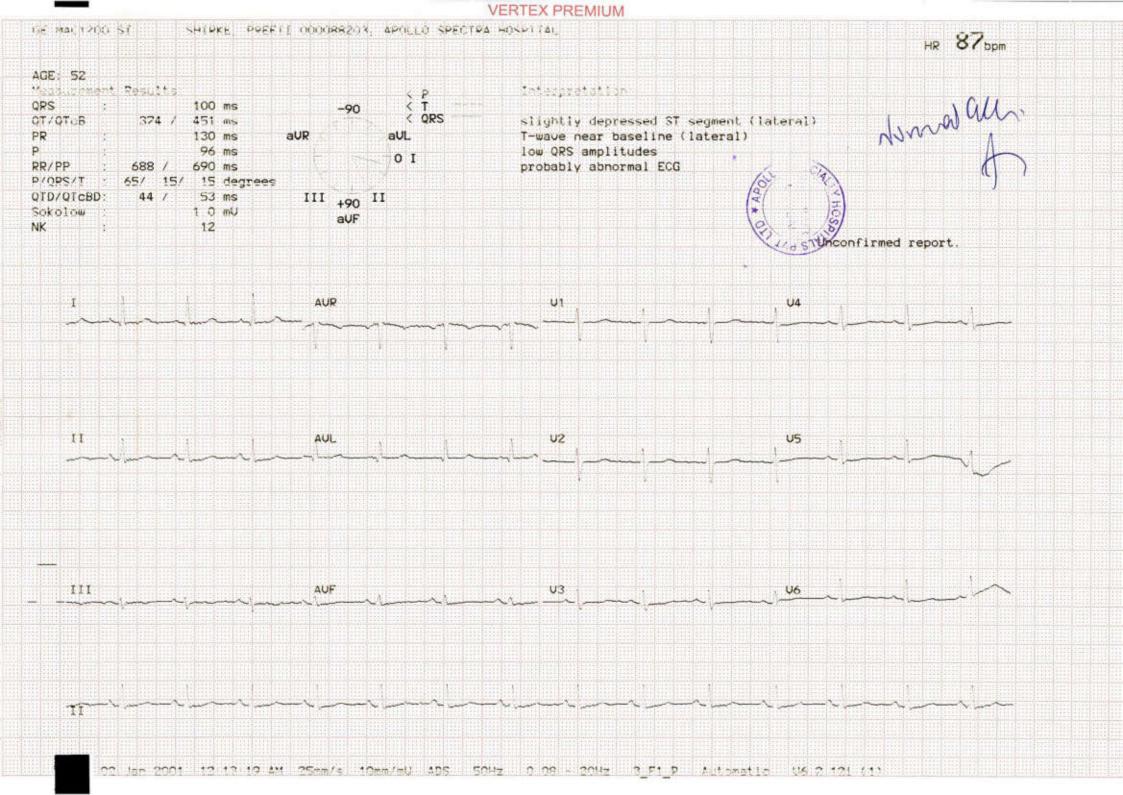
Result/s to Follow: LBC PAP SMEAR

Page 14 of 14



DR. APARNA NAIK MBBS DPB CONSULTANT PATHOLOGIST

SIN No:UR2412630







Patient Name: Mrs. Preeti Shirke

: 52 yrs / Female. Age / Sex

Ref Doctor : Health Check

Bill No

: SCHE -OCR-24926

UHID NO

: SCHE.0000088207

Report Date : 18 / 09 / 2024

2 - D & COLOUR DOPPLER ECHOCARDIOGRAPHY.

Interpretetion Summary:

- NORMAL LV SYSTOLIC FUNCTION (EF: 70%). NO E/O DIASTOLIC DYSFUNCTION. NO E/O ANY REGIONAL WALL MOTION ABNORMALITY.
- NO E/O TR. NO E/O SIGNIFICANT PULMONARY HYPERTENSION.
- NO CLOT / THROMBUS / VEGTATIONS IN LA/LV.
- 4. NO MR, NO AR. NORMAL AV, MV, TV AND PV.
- 5. NO E/O PERICARDIAL EFFUSION.

Left Ventricle.

The Left Ventricle is grossly normal in size. There is no thrombus. There is normal left ventricular wall thickness. Left Ventricular systolic function is normal.

Right Ventricle.

The Right Ventricle is grossly normal in size. There is normal right ventricular wall thickness. The right ventricular systolic function is normal.

Atria.

The Left Atrium is normal in size. Right Atrial size is normal. The interatrial septum is intact with no evidence of an Atrial Septal Defect.

Mitral Valve.

The Mitral Valve is grossly normal. There is no evidence of Mitral Valve Prolapse. There is no mitral valve stenosis. There is no mitral regurgitation noted.

Aortic Valve.

The Aortic Valve is trileaflet. There is no aortic valvular vegetation. No hemodynamically significant valvular aortic stenosis.

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Pulmonic Valve.

The Pulmonic Valve is seen, is grossly normal. There is no Pulmonic valvular stenosis. There is no Pulmonic valvular regurgitation.

Great Vessels.

The Aortic root is normal in size. No obvious dissection could be visualized. The Pulmonary artery is normal in size.

Pericardium/Pleural.

There is no Pericardial effusion.

M MODE/2D MEASUREMENTS & CALCULATIONS.

AO (mm): 25

(mm):30LA

IVSd (mm): 11

LVIDd (mm): 43

IVSs (mm): 15

LVIDs (mm) : 25

LVPWd (mm): 11

LVPWs (mm): 15

EF(Teich)(mm) : 70%

Dr. AMIT SHOBHAVAT

M.B.B.S

DNB (INTERNAL MEDICINE)





: Mrs. Preeti Prakash Shirke

Age

: 52 Y F

UHID

: SCHE.0000088203

OP Visit No

: SCHEOPV105956

Reported on

: 18-09-2024 12:38

Printed on

: 18-09-2024 12:38

Adm/Consult Doctor

Ref Doctor

: SELF

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

Liver: Normal in size, shape and echotexture. No obvious mass seen. IHBR appear normal. Gall Bladder: Well-distended, no obvious calculus seen. Wall thickness is within normal

limits. CBD not dilated.

Pancreas: Normal in size and echopattern.

Spleen: Normal in size, echopattern

Kidneys: Both the kidneys are normal in size, shape and position.

Corticomedullary differentiation grossly maintained.

No obvious calculus/hydronephrosis seen.

RK:

8.9 X 4.2 cm.

LK:

9.9 X 4.6 cm.

No obvious mass/collection seen at the time of scan.

No fluid seen in the peritoneal cavity.

Urinary bladder: Well distended with clear contents. Wall thickness is within normal limits.

Uterus: Appears atrophic in size consistent with post menopause status.

No e/o any adnexa lesion

IMPRESSION: ESSENTIALLY NORMAL WHOLE ABDOMEN.

Printed on:18-09-2024 12:38

--- End of the Report---

Dr. JAVED SIKANDAR TADVI MBBS, DMRD, Radiologist

July

Radiology



Patient Name: Mrs. Preeti Prakash Shirke Age: 52 Y F UHID: SCHE.0000088203 OP Visit No: SCHEOPV105956 Reported on: 18-09-2024 12:38 Printed on: 18-09-2024 12:38

Adm/Consult Doctor : Ref Doctor : SELF

SONOLOGIC STUDY OF BOTH BREAST

- Both the breast shows normal parenchymal and stromal echotexture.
- Retroareolar area is normal of both sides.
- The subcutaneous area appears normal.
- The mammary lobules, surrounding connective tissue and ducts are normal.
- No evidence of axillary lymphadenopathy on either side.

IMPRESSION: NORMAL SONOLOGIC STUDY OF BOTH THE BREAST [BIRADS CAT I].

DR JAVED SIKANDER TADVI

RADIOLOGIST





: Mrs. Preeti Prakash Shirke

Age

: 52 Y F

UHID

: SCHE.0000088203

OP Visit No

: SCHEOPV105956

Reported on

: 18-09-2024 12:32

Printed on

: 18-09-2024 12:58

Adm/Consult Doctor

Ref Doctor

: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

CONCLUSION:

No obvious abnormality seen

Printed on:18-09-2024 12:32

--- End of the Report---

A.

Dr. JAVED SIKANDAR TADVI MBBS, DMRD, Radiologist

Radiology



DIETARY GUIDELINES

- No feasting, no fasting.
- Have small frequent & regular meals, Do not exceed
- Cereals: Eat whole grains and cereals. Oats, Nachni (ragi), Bajara, Jowar can be added to chapatti flour. Do not sieve the flour.
- Restrict rice & corn; Avoid refined flour (Maida) products like bread, biscuits, Khari, toast, pasta, macaroni, noodles on regular basis.
- Pulses: 2-3 servings of dals, pulses, lentils and sprouts to be consumed daily.
- Milk: Milk and milk products (low fat/ skimmed) like curd, paneer/ chenna (homemade) made
 of same amount of milk.; Avoid concentrated dairy products, cheese, mayonnaise, butter,
 Vanaspati, margarine, ghee etc.
- Nuts allowed: Almonds, walnuts, pistachio, can be eaten in mid meals or mornings.
- Alsi / Jawas (Flaxseeds) 2 tsp- roasted: whole or powdered to be eaten daily.
- Avoid coconut & groundnut usage in gravies and chutney.
- Cooking techniques such as grilling, steaming, dry roasting, shallow frying should be incorporated
- Sugar: Consumption of sugar, jaggery, honey and its products like jam, jelly, chocolates, ice creams, cakes, pastries, candies, aerated drinks and sweets to be avoided.
- Papad, pickle, canned, preserved foods, fried foods to be avoided.
- Consumption of alcohol and smoking should be avoided.
- Include 2cups of Green tea per day.
- Fruits: 1-2 fruits (as per the list) to be consumed daily. Consume whole fruits and avoid juices.
- Restrict fruits like mango; grapes, chikoo, Custard apple, jackfruit and banana in your diet avoid fruit juices, milkshake.
- Vegetables: Eat vegetables liberally. Include plenty of salads and soups (clear or unstrained).
- Water intake per day: 3 liters.
- Oil consumption: 3 tsp per day/ ½ kg oil per month per person.



- Oils to be used for cooking prefer e.g....Groundnut, Mustard, Olive, Saffola (Gold), and Rice bran Oil & Canola oil.
- Avoid Coconut, Sunflower and Palm oil for cooking. Use non-stick cookware for cooking your food.
- Exercise daily 45 mines to 1 hour: Brisk walk / Yoga / gym / swimming / cycling / outdoor sports/ aerobics /Zumba.

VEGETABLE EXCHANGE LIST:

Α	В	С
Low Kcal(Consume Liberally)	40 kcal (Less amts)	100 kcal (Restrict)
All Dark green leafy vegetables	Carrot, Onion, Beetroot	Potato, Raw banana
All Gourd Vegetables like Dudhi, turi, Padwal, White Pumpkin etc,	Gawar	Sweet potato
	Papdi	Yam
Other veg's: Bhindi, Karela, French	Jackfruit (raw)	Tapioca
beans, Cauliflower, zucchini, capcicum,	Mushroom	Colocasia
Tomato, Cucumber, tindli, kantola etc	Green Plantain	Sabudana

FRUIT SERVING SIZE:

E the ellowed	Serving	Fruits restricted	Serving
Fruits allowed	4-5 no.	Grapes	10-12no.
Amla		Banana (small), Chickoo	1 no.
Jambu	10 no.		2 slice
Apple, Guava, Sweet lime, Orange, Pear, Peach, Kiwi	1 no.	Mango	
	2 no.	Litchi, Jackfruit	3-4 no.
Plum	½ no.	Seetaphal	½ no.
Pomegranate	1 thin boat slice	Fruit Juice	NO
Watermelon, Musk melon			NO
Pineapple, Papaya	2 thin boat slice	Sugarcane Juice	NO
Raspberries, Strawberries	150gm	Coconut water	NO
Fresh Figs	1 big/ 2 small		

Susan Thomas

Executive Dietician

E: diet.cbr@apollospectra.com





Doctor Signature

Date : 18/09/24 Department: M.B.D.N.B.(General Medici Consultant Preeti Fraleuch Shirke Reg. No: 2001/09/3124 Age / Gender: 52 (50) Mobile No:-			
Pulse: 96 min	B.P: 130/80	Resp: 16	Temp: 977
Weight: 55-5	Height: 150	BMI: 24.7	Waist Circum : 76 94
General Examination / Allers History NO Surques Lo Loddh Rull Rull			SP02= 984. Chest=88192

Apollo Spectra Hospitals: Ujagar Compound, Opp. Deonar Bus Depot Main Gate, Deonar, Chembur, Mumbai - 400088 Ph No: 022 - 4334 4600 | www.apollospectra.com

Follow up date:

CHITTED



NAME OF THE PARTY	189/24. E.00000 Sceli Shick 5247	T- PATIENT RECORD Department : Consultant Reg. No : Qualification :	Gynaecology Dr. Ila Tyagi 66818 Consultant Gynaecology
Pulse :	B.P :	Resp:	Temp:
Weight:	Height:	BMI:	Waist Circum :
History	RMP:	let meno Surce dische	No sig 410 Pap ellues

Follow up date:

CERTIFIED



Doctor Signature

Date : 18.09	OU.		Specialists in Surger Consultant ENT Surgeon Dr. Roshni Nambiar	
Name:- Presh Age / Gender: 52y Mobile No:-	Pratauh Shirta			
Pulse :	B,P :	Resp:	Temp:	
Weight:	Height :	вмі:	Waist Circum :	
General Examination / All History IHO Mck Said after chiropera occasional thmos inco inco occasional thmos occasional thmos occasional thmos	of aton N Adm Orthogo Neck	sis & Management Plan Thus at - much no wisible well wann - N (oth pah mu Ears (B) Rhine (F) Rhine (F) Adabar Sawhic on for pain	US PA	

CERTIFIED	
Date	
MRNO	



Doctor Signature

			Apollo Spectr
Date MRNO Name:- Age / Gender: Mobile No:-	18/9/24 Nos. Preeti 1 52 yr/P.	Consultant Chirke Reg. No: 68	Specialists in Surge OPHTHALMOLOGY Or. Neeta Sharma 8446 IBBS. DIP. Opthal, DNB (Ophthal)
Pulse :	B.P:	Resp:	Temp:
Weight:	Height:	BMI:	Waist Circum:
Both TNI elak white eating	e of E	NRC Clear	Normal Valley St. 6
			In Fru. x 2d
			1

Follow up date:





IIf - Generalized attrision present.

- TMJ pain & clicking present.

- Bruxism Habit present.

Ry colvised

- Night guard followed by TMD treatment & Excerciso.

R& Done -

- Dr. SayaliD







प्रीती पूकाज जिंके Preeti Prakash Shirke जन्म तारीख/ DOB: 20/06/1972 महिला / FEMALE



8522 4898 8788

आधार-सामान्य माणसाचा अधिकार



Customer Pending Tests lbc report pending

Ccf Team

From:noreply@apolloclinics.infoSent:10 September 2024 17:23To:prakashshirke2110@gmail.com

Cc: cc.cbr@apollospectra.com; syamsunder.m@apollohl.com;

foin charge.cbr@apollospectra.com

Subject: Your appointment is confirmed



Dear Preeti Prakash Shirke,

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at **SPECTRA CHEMBUR clinic** on **2024-09-16** at **08:15-08:30**.

Payment Mode	
Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement Name	[ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT]
Package Name	[ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324]

"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."

Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

Instructions to be followed for a health check:



APOLLO SPECTRA HOSPITALS

Sunder Baug, Ujagar Compound, Opp. Deonar Bus Depot Main Gate, Off. Sion Trombay Road, Deonar, Chembur, Mumbai-400 088. Ph. No.: 022 4334 4600-9

www.apollospectra.com

Patient Name : Mrs. Preeti Prakash Shirke Age/Gender : 52 Y/F

 UHID/MR No.
 : SCHE.0000088203
 OP Visit No
 : SCHEOPV105956

 Sample Collected on
 : 18-09-2024 12:38

Ref Doctor : SELF **Emp/Auth/TPA ID** : 22S32991

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

Liver: Normal in size, shape and echotexture. No obvious mass seen. IHBR appear normal.

Gall Bladder: Well-distended, no obvious calculus seen. Wall thickness is within normal limits.

CBD not dilated.

Pancreas: Normal in size and echopattern.

Spleen: Normal in size, echopattern

Kidneys: Both the kidneys are normal in size, shape and position.

Corticomedullary differentiation grossly maintained.

No obvious calculus/hydronephrosis seen.

RK: 8.9 X 4.2 cm. LK: 9.9 X 4.6 cm.

No obvious mass/collection seen at the time of scan.

No fluid seen in the peritoneal cavity.

Urinary bladder: Well distended with clear contents. Wall thickness is within normal limits.

Uterus: Appears atrophic in size consistent with post menopause status.

No e/o any adnexa lesion

IMPRESSION: ESSENTIALLY NORMAL WHOLE ABDOMEN.

Dr. JAVED SIKANDAR TADVI MBBS, DMRD, Radiologist

Radiology



APOLLO SPECTRA HOSPITALS

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DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

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No obvious active pleuro-parenchymal lesion seen.

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

CONCLUSION:

No obvious abnormality seen

Dr. JAVED SIKANDAR TADVI MBBS, DMRD, Radiologist

Juli

Radiology