



BHAILAL AMIN
GENERAL HOSPITAL

ESTD. 1964



CONCLUSION OF HEALTH CHECKUP

ECU Number : 2002

Age : 28

Weight : 59

Date : 25/02/2023

MR Number : 23201245

Sex : Female

Ideal Weight : 58

Patient Name : MOUNIKA KATARAPU

Height : 159

BMI : 23.34

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.



**BHAILAL AMIN
GENERAL HOSPITAL**



ECU Number : 2002 MR Number : 23201245 Patient Name : MOUNIKA KATARAPU
Age : 28 Sex : Female Height : 159
Weight : 59 Ideal Weight : 58 BMI : 23.34
Date : 25/02/2023

Past H/O : NO MEDICAL COMPLAIN AT PRESENT

Present H/O : C/O RT SHOULDER PAIN 1-2 MONTH

Family H/O : NO F/H/O ANY MAJOR ILLNESS

Habits : NO HABITS

Gen.Exam. : G.C.GOOD

B.P : 110/80 mm Hg

Pulse : 78/MIN REG

Others : .

C.V.S : NAD

R.S. : NAD

Abdomen : NP

Spleen : NP

Skin : NAD

C.N.S : NAD

Advice :

ECU Number : 2002
Age : 28
Weight : 59
Date : 25/02/2023

MR Number : 23201245
Sex : Female
Ideal Weight : 58

Patient Name: MOUNIKA KATARAPU
Height : 159
BMI : 23.34

Ophthalmic Check Up :

Right

Left

Ext Exam

NIL

Vision Without Glasses

6/6 N.5

6/6 N.5

Vision With Glasses

NA

NA

Final Correction

NA

NA

Fundus

NORMAL

Colour Vision

NORMAL

Advice

NIL

Orthopaedic Check Up :

Ortho Consultation

Ortho Advice

ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice

Dietary Assesment

ECU Number : 2002 MR Number : 23201245 Patient Name: MOUNIKA KATARAPU
Age : 28 Sex : Female Height : 159
Weight : 59 Ideal Weight : 58 BMI : 23.34
Date : 25/02/2023

Body Type : Normal / Underweight / Overwright
Diet History : Vegetarian / Eggetarian / Mixed

Frequency of consuming fried food : / Day / Week or occasional
Frequency of consuming Sweets : / Day / or occasional
Frequency of consuming outside food : / Day / Week or occasional
Amount of water consumed / day : Glasses / liters

Life style assessment :

Physical activity : Active / moderate / Sedentary / Nil
Alcohol intake : Yes / No
Smoking : Yes / No
Allergic to any food : Yes / No
Are you stressed out ? : Yes / No
Do you travel a lot ? : Yes / No

General diet instructions :

Have small frequent meals.

Avoid fatty products like oil, ghee, butter, cheese.

Take salt restricted diet and avoid table salt.

Consume fibrous food regularly like whole grains, Daliya, Oats, Bajra, Flex seeds, Pulses, Fruits and Salads.

Keep changing your cooking oil every three months.

Avoid Maida, Starchy foods and Bakery products.

Consume 1-2 seervings of all fruits and vegetables, For Diabetic patients avoid Mango, Chikoo, Banana, Grapes and Custurd apple

Dring 3 to 4 liters (12 - 14 glass) of water daily.

Eat Beetroots, Figs, Almond, Walnut, Dates, Leafy vegetables, roasted Channa and Jeggary (Gur) for Heamoglobin in case of diabetic patient avoid Rasins, Dates and Jeggary

Drink green Tea or black Coffee once in a day.

Do brisk walking daily.



Patient Name : Ms. MOUNIKA KATARAPU
 Gender / Age : Female / 28 Years 6 Months 6 Days
 MR No / Bill No. : 23201245 / 231068579
 Consultant : Dr. Manish Mittal
 Location : OPD

Type : OPD
 Request No. : 109351
 Request Date : 25/02/2023 10:19 AM
 Collection Date : 25/02/2023 10:46 AM
 Approval Date : 25/02/2023 03:31 PM

CBC + ESR

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before firm opinion is made. Recheck/retest may be requested.

Test	Result	Units	Biological Ref. Range
Haemoglobin.			
Haemoglobin	13.2	gm/dL	12 - 15
Red Blood Cell Count (T-RBC)	4.91	mill/cmm	3.8 - 4.8
Hematocrit (HCT)	40.8	%	36 - 46
Mean Corpuscular Volume (MCV)	83.1	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	26.9	pg	27 - 32
MCH Concentration (MCHC)	32.4	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	13.9	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	42.9	fl	39 - 46
Total Leucocyte Count (TLC)			
Total Leucocyte Count (TLC)	6.60	thou/cmm	4 - 10
Differential Leucocyte Count			
Polymorphs	54	%	40 - 80
Lymphocytes	41	%	20 - 40
Eosinophils	2	%	1 - 6
Monocytes	3	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	3.52	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	2.76	thou/cmm	1 - 3
Eosinophils (Abs. Value)	0.08	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.21	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.03	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.2	%	1 - 3 : Borderline > 3 : Significant
Platelet Count			
Platelet Count	267	thou/cmm	150 - 410
Smear evaluation	Adequate		
ESR	9	mm/1 hr	0 - 12

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Ms. MOUNIKA KATARAPU
Gender / Age : Female / 28 Years 6 Months 6 Days
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CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification. ESR on Ves metric 20, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Sejal Odedra
M.D.Pathology

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Haematology

Test	Result	Units	Biological Ref. Range
Blood Group			
ABO system	O		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontrol
- This method check's group both on Red blood cells and in Serum for "ABO" group.

---- End of Report ----

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Fasting Plasma Glucose

Test	Result	Units	Biological Ref. Range
Fasting Plasma Glucose			
Fasting Plasma Glucose	79	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	85	mg/dL	70 - 140

By Hexokinase method on RXL Dade Dimension

---- End of Report ----

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HbA1c (Glycosylated Hb)

Test	Result	Units	Biological Ref. Range
HbA1c (Glycosylated Hb)			
Glycosylated Heamoglobin (HbA1c)	5.1	%	
estimated Average Glucose (e AG) *	99.67	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

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Complete Lipid Profile

Test	Result	Units	Biological Ref. Range
Complete Lipid Profile			
Appearance	Clear		
Triglycerides (By Lipase / Glycerol dehydrogenase on RXL Dade Dimension < 150 Normal 150-199 Borderline High 200-499 High > 499 Very High)	100	mg/dL	1 - 150
Total Cholesterol (By enzymatic colorimetric method on RXL Dade Dimension <200 mg/dL - Desirable 200-239 mg/dL - Borderline High > 239 mg/dL - High)	181	mg/dL	1 - 200
HDL Cholesterol (By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension < 40 Low > 60 High)	40	mg/dL	40 - 60
Non HDL Cholesterol (calculated) (Non- HDL Cholesterol < 130 Desirable 139-159 Borderline High 160-189 High > 191 Very High)	141	mg/dL	1 - 130
LDL Cholesterol (By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension < 100 Optimal 100-129 Near / above optimal 130-159 Borderline High 160-189 High > 189 Very High)	125	mg/dL	1 - 100
VLDL Cholesterol (calculated)	20	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	3.13		2.1 - 3.5
T. Ch./HDL Ch. Ratio (Recent NECP / ATP III Guidelines / Classification (mg/dl) :)	4.53		3.5 - 5

---- End of Report ----

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Liver Function Test (LFT)

Test	Result	Units	Biological Ref. Range
Bilirubin			
Bilirubin - Total	0.36	mg/dL	0 - 1
Bilirubin - Direct	0.07	mg/dL	0 - 0.3
Bilirubin - Indirect	0.29	mg/dL	0 - 0.7
(By Diazotized sulfanilic acid on RXL Dade Dimension.)			
Aspartate Aminotransferase (SGOT/AST)	22	U/L	13 - 35
(By IFCC UV kinetic method on RXL Dade Dimension.)			
Alanine Aminotransferase (SGPT/ALT)	39	U/L	14 - 59
(By IFCC UV kinetic method on RXL Dade Dimension.)			
Alkaline Phosphatase	78	U/L	42 - 98
(BY PNPP AMP method on RXL Dade Dimension.)			
Gamma Glutamyl Transferase (GGT)	38	U/L	5 - 55
(By IFCC method on RXL Dade Dimension.)			
Total Protein			
Total Proteins	8.03	gm/dL	6.4 - 8.2
Albumin	3.89	gm/dL	3.4 - 5
Globulin	4.14	gm/dL	3 - 3.2
A : G Ratio	0.94		1.1 - 1.6
(By Biuret endpoint and Bromocresol purple method on RXL Dade Dimension.)			

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any opinion is made. If retest is required, it may be requested.

---- End of Report ----

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Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea (By Urease Kinetic method on RXL Dade Dimension)	27	mg/dL	10 - 45
Creatinine (By Modified Kinetic Jaffe Technique)	0.73	mg/dL	0.6 - 1.1
Estimate Glomerular Filtration rate (Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)	More than 60		
Uric acid (By Uricase / Catalase method on RXL Siemens)	3.8	mg/dL	2.2 - 5.8

--- End of Report ---

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Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
------	--------	-------	-----------------------

Triiodothyronine (T3)

1.50

ng/ml

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.
Reference interval (ng/ml)

1 - 3 days : 0.1 - 7.4
1-11 months : 0.1 - 2.45
1-5 years : 0.1 - 2.7
6-10 years : 0.9 - 2.4
11-15 years : 0.8 - 2.1
16-20 years : 0.8 - 2.1
Adults (20 - 50 years) : 0.7 - 2.0
Adults (> 50 years) : 0.4 - 1.8
Pregnancy (in last 5 months) : 1.2 - 2.5

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

Thyroxine (T4)

9.05

mcg/dL

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.
Reference interval (mcg/dL)

1 - 3 days : 11.8 - 22.6
1-2 weeks : 9.8 - 16.6
1 - 4 months : 7.2 - 14.4
4 - 12 months : 7.8 - 16.5
1-5 years : 7.3 - 15.0
5 - 10 years : 6.4 - 13.3
10 - 20 years : 5.6 - 11.7
Adults / male : 4.6 - 10.5
Adults / female : 5.5 - 11.0
Adults (> 60 years) : 5.0 - 10.7

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

Thyroid Stimulating Hormone (US-TSH)

2.07

microIU/ml

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.
Reference interval (microIU/ml)

Infants (1-4 days) : 1.0 - 39
2-20 weeks : 1.7 - 9.1
5 months - 20 years : 0.7 - 6.4
Adults (21 - 54 years) : 0.4 - 4.2
Adults (> 55 years) : 0.5 - 8.9
Pregnancy :
1st trimester : 0.3 - 4.5
2nd trimester : 0.5 - 4.6
3rd trimester : 0.8 - 5.2

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

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--- End of Report ---

Dr. Sejal Odedra
M.D.Pathology



Patient Name : Ms. MOUNIKA KATARAPU
 Gender / Age : Female / 28 Years 6 Months 6 Days
 MR No / Bill No. : 23201245 / 231068579
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 Location : OPD

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 Request Date : 25/02/2023 10:19 AM
 Collection Date : 25/02/2023 10:46 AM
 Approval Date : 25/02/2023 04:38 PM

Pap Smear

Test	Result	Units	Biological Ref. Range
------	--------	-------	-----------------------

Pap Smear

Pap Smear Screening Report / Cervico-Vaginal Cytology...

Cyto no :338 /23
 Received at 02.45 pm.

Clinical Details : No complain
 P/V findings : Cx. - NAD / Vg. - NAD
 LMP : 03/01/2023

TBS Report / Impression :

- * Satisfactory for evaluation; transformation zone components identified.
- * Mild acute inflammatory cellularity.
- * No epithelial cell abnormality favouring Squamous intraepithelial lesion or frank malignancy (NILM).

Note / Method :

Material received in LBC container, cytosmear was stained by rapid pap method and reported with due consideration to The Bethesda system (Modified 2014)

---- End of Report ----

Dr. Sejal Odedra
 M.D.Pathology



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 Collection Date : 25/02/2023 10:46 AM
 Approval Date : 25/02/2023 01:10 PM

Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
Physical Examination			
Quantity	20	mL	
Colour	Pale Yellow		
Appearance	Turbid (Slight)		
Chemical Examination (By Reagent strip method)			
pH	5.5		
Specific Gravity	1.015		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	1 - 5	/hpf	0 - 5
Epithelial Cells	5 - 10	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Bacteria +		

---- End of Report ----

Dr. Sejal Odedra
M.D.Pathology

Name: **Monika Katarapu**
 Patient ID: **5473-568-55cf-4d79-aecc-253d2a7786f3**

25.02.2023 09:57:24
 Standard 12-Lead

Date of birth: 20.08.1994
 Gender: Female
 Height:
 Weight:
 Ethnicity: Undefined
 Pacemaker: Unknown

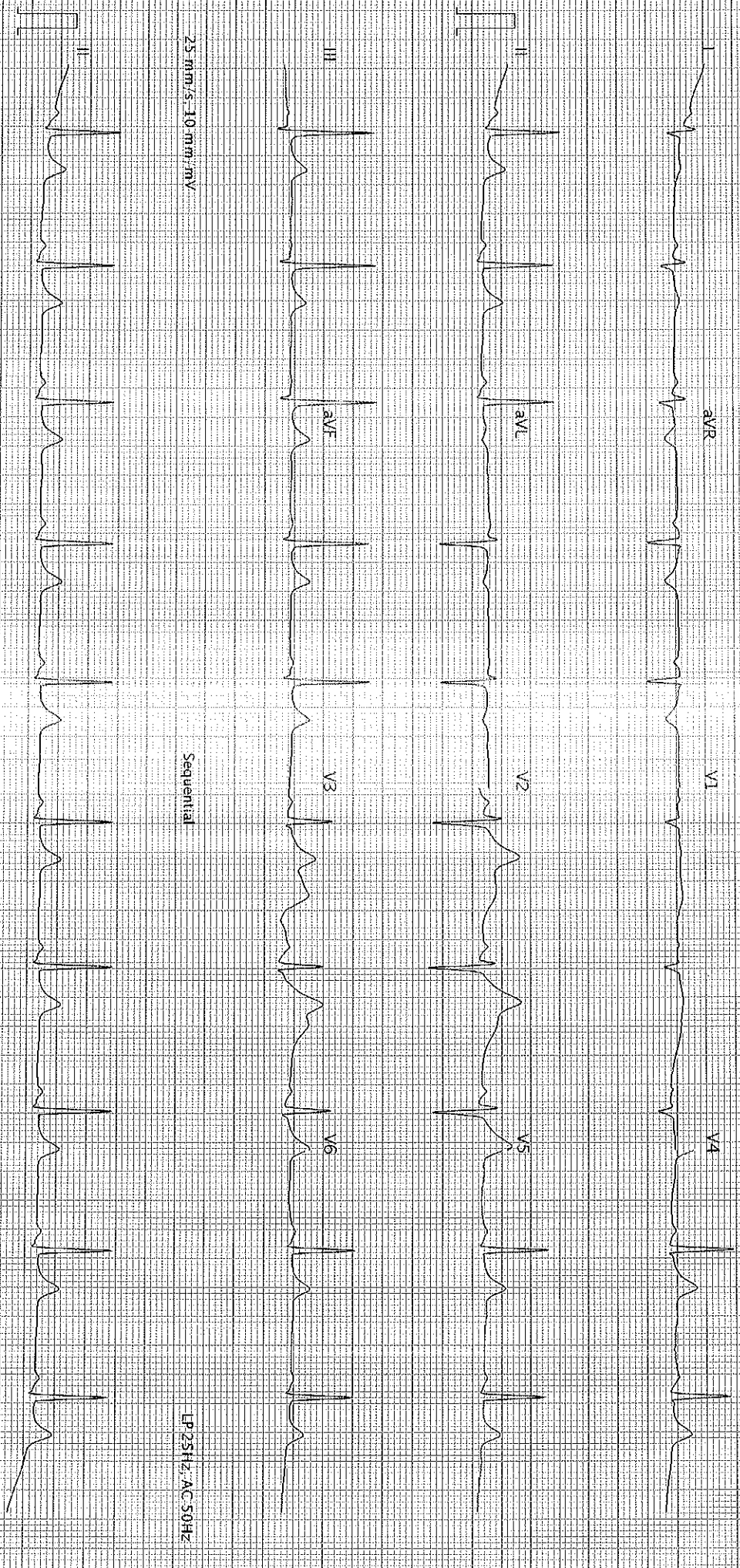
Visit ID:
 Room:
 Medication:
 Order ID:
 Ord.: prov.:
 Ord.: prot.:

HR: 61 bpm
 RR: 97/min
 P: 82 ms
 PR: 129 ms
 QRS: 89 ms
 QT: 390 ms
 QTc: 395 ms

Sinus rhythm
 Normal electrical axis
 Normal ECG
 Unconfirmed report

Indication:
 Remark:

Normal



25 mm/s, 10 mm/mV

Sequential

LP 25Hz, AC 50Hz

25 mm/s, 10 mm/mV

LP 25Hz, AC 50Hz

AT-102-G2-1-2-0 (1080-011030)

Printed on 25.02.2023 09:57:43

SCHILLER

Part No. 2.157048M

© 0123

QBC

Patient No. : 23201245 Report Date : 25/02/2023
Request No. : 190054696 25/02/2023 10.19 AM
Patient Name : Ms. MOUNIKA KATARAPU
Gender / Age : Female / 28 Years 6 Months 6 Days

Echo Color Doppler

MITRAL VALVE : NORMAL
AORTIC VALVE : TRILEAFLET, NORMAL
TRICUSPID VALVE : NORMAL, NO TR,
PULMONARY VALVE : NORMAL
LEFT ATRIUM : NORMAL
AORTA : NORMAL
LEFT VENTRICLE : NORMAL, NO REGIONAL WALL MOTION ABNORMALITY,
LVEF=60%
RIGHT ATRIUM : NORMAL
RIGHT VENTRICLE : NORMAL
I.V.S. : INTACT
I.A.S. : INTACT
PULMONARY ARTERY : NORMAL
PERICARDIUM : NORMAL

COLOUR/DOPPLER FLOW MAPPING : NO LV diastolic dysfunction
NO AR, MR, TR, NO PAH

FINAL CONCLUSION:

1. ALL CARDIAC CHAMBERS ARE NORMAL IN DIMENSIONS
2. NO REGIONAL WALL MOTION ABNORMALITY AT REST
3. NORMAL LV SYSTOLIC FUNCTION, LVEF=60%
4. NORMAL VALVES
5. NO LV DIASTOLIC DYSFUNCTION
6. NO AR, MR, TR, NO PULMONARY HYPERTENSION , (IVC COLLAPSING)
7. NO PERICARDIAL EFFUSION, CLOT VEGETATION.


Dr. KILLOL KANERIA MD, DM
Consultant Cardiologist



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DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 23201245 Report Date : 25/02/2023
Request No. : 190054687 25/02/2023 10.19 AM
Patient Name : **Ms. MOUNIKA KATARAPU**
Gender / Age : Female / 28 Years 6 Months 6 Days

ADVANCED DIGITAL SOLUTIONS

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

USG : Abdomen (Excluding Pelvis) Or Upper Abdomen

Liver is normal in size and echopattern. No mass lesion identified. The hepaticveins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured. Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

Uterus is anteverted, normal in size and echo pattern. Endometrium thickness is about 5 mm. No obvious mass lesion seen.

Uterine length : 75 mm.
A.P. 32 mm.

Both ovaries show PCOD pattern with volume as described below:

Right ovary: 17 x 22 x24mm = 4.9 cc
Left ovary :33x 20 x21 mm= 7.7 cc.

Urinary bladder is well distended and appears normal.

No ascites.

COMMENT:

Bilateral PCOD.

Kindly correlate clinically

Hasani

Dr.Perna C Hasani, MD
Consultant Radiologist





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DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 23201245 Report Date : 25/02/2023
Request No. : 190054727 25/02/2023 10.19 AM
Patient Name : Ms. MOUNIKA KATARAPU
Gender / Age : Female / 28 Years 6 Months 6 Days

ADVANCED DIGITAL SOLUTIONS

Computer Radiography

Ultra Sensitive Colour Doppler

Ultra High Resolution Sonography

Multi-Detector CT Scan

Mammography

Interventional Radiology

Digital Subtraction Angiography

Foetal Echocardiography

Echocardiography

X-Ray Chest AP

Both lung fields are clear.

Both costophrenic sinuses appear clear.

Heart size is normal.

Hilar shadows show no obvious abnormality.

Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

Prerna C Hasani

Dr. Prerna C Hasani, MD
Consultant Radiologist



SAFETY