

Name : Mr. SURAJIT SARDAR (37 /M)

Date : 23/09/2022

Address : VILL,PO-BIKIHAKOLA, HOWRAH, HOWRAH, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0002020718

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH157704



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

### Present known illness

- Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Asthma  
- type 2 Since - 7 yrs Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY

:24/09/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Dyspepsia - no; Bowel habits - regular; Piles - yes; Hernia - no

### Genitourinary system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Weight

- stable



### Present medications

- T Glyxambi 10/5 OD  
T Voliphage M 0.3 OD



### Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Covid 19 - Yes  
- 2021

Hospitalization for Covid 19 - No



### Surgical history

Others - Removal of left ureteric calculus in 2021



### Personal history

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Marital status - Married  
Female - 1  
Male - 1  
Diet - Non Vegetarian  
Alcohol - consumes alcohol occasionally  
Frequency - monthly  
Smoking - No  
Chews tobacco - No  
Physical activity - Moderate  
- brisk walk  
How long do you exercise - 30 mins daily

Systolic(mm of Hg) - 124  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Organomegaly - No  
Tenderness - No

### Central nervous system

- No neurological deficit

### Family history

Father - alive  
Aged - 65  
Mother - alive  
Aged - 60  
Brothers - 1  
Diabetes - father,mother  
Coronary artery disease - none  
Cancer - None  
Thyroid/other endocrine disorder - mother

## PHYSICAL EXAMINATION

### General

Build - normal  
Height - 174  
Weight - 68  
BMI - 22.46  
Pallor - No  
Oedema - no

### Cardiovascular system

Heart rate (Per minute) - 82  
Rhythm - Regular  
- B.P. Sitting

Printed By : Benazir Begaum

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	14.3	g/dl	●	13.0-17.0
RBC COUNT	5.45	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	44.6	%	●	41-53
MCV	81.9 *	fl	●	83-101
MCH	26.2 *	pg	●	27-32
MCHC	32.0	%	●	31.5-34.5
RDW	14.0	%	●	11.8-14.0
WBC Count	6000	/cu mm	●	4000-10000
Platelet Count	2.14	lacs/cu mm	●	1.5-4.0
Neutrophils	64	%	●	40-80
Lymphocytes	26	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	05	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	02	mm/1st hr	●	0-15

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	+++			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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ALT(SGPT) - SERUM	50 *	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	85	U/L	●	53-128
AST (SGOT) - SERUM	39	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.3 *	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	175	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8 *	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	56	U/L	●	7-64

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	107 *	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	183 *	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range

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HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHO LE BLOOD	4.9	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Therapeutic goal : <7%	TSH: THYROID STIMULATING HORMONE - SERUM	3.2	µIU/mL	●	0.270-4.200
					<b>URIC ACID - SERUM</b>				
					<b>Test Name</b>	<b>Result</b>	<b>Unit</b>	<b>Level</b>	<b>Range</b>
					URIC ACID - SERUM	4.1	mg/dL	●	3.5-7.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	52	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	112	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	11	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.4	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.0	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	8.8	µg/dL	●	5.1-14.1

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	123	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
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**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	10.8	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.5:1.0			1.0-2.0

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* No significant abnormality is seen.

**X-RAY CHEST PA**

Chest skiagram does not reveal any significant abnormality.

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INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**Haematology**

STOOL ROUTINE

URINE ROUTINE AND MICROSCOPY

URINE SUGAR- FASTING(QUALITATIVE)

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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