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- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS RATNAPRABHA VMAHTRÉ  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE Age : 56 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : KCA7868 \*KCA7868\*  
**Reg. Date** : 23-Mar-2023 9:40 am  
**Report Date** : 23-Mar-2023 4:42 pm  
**Print Date** : 24-Mar-2023 2:53 pm

## BIOCHEMISTRY

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	111.5	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occassion) 5 - 20 mg/dl
Blood Urea Nitrogen (BUN)	13.30		
URINE SUGAR (Fasting)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
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## BIOCHEMISTRY REPORT (SERUM)

TEST	RESULT	UNITS	NORMAL VALUES
Serum Uric Acid	5.30	mg%	Female : 2.4 - 5.7 mg%

----- End of Report -----

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## BLOOD GROUP

TEST	RESULT
Blood Group	'O'
Rh Factor	Positive

----- End of Report -----

\* RECHECKED & CONFIRMED  
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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR (Post prandial)	170.3	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood sugar values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

\*Result rechecked.

----- End of Report -----

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## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	12.3	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes ( Total RBCs)	4.68	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	38.1	%	Female : 32 - 47 %
MCV	81.40	fl	80- 96 fl
MCH	<b>26.40</b>	pg	27 - 32 pg
MCHC	32.40	gm%	32 - 37 gm%
RDW	12.6	%	12 - 14.5
<b>TOTAL WBC COUNT</b>			
TOTAL WBC COUNT	5680	/ cumm	4,000 - 11,000
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	58	%	40 - 75
Lymphocytes	38	%	20 - 40
Eosinophils	02	%	0 - 6
Monocytes	02	%	2 - 8
Basophils	0	%	00 - 01
Platelet count	263000	Lacs/cmm	150000-450000
<b>PERIPHERAL SMEAR</b>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	<b>30</b>	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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## eGFR / CREATININE

TEST	RESULT	UNITS	NORMAL VALUES
CREATININE	0.89	mg/dl	0.5 - 1.5 mg/dl
Age of the Patient	56		
eGFR	69.73	ml/min	

eGFR calculation based on MDRD guideline 2012

REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

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## HBA1C

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	6.5	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	139.85		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

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**Sex :** FEMALE **Age :** 56 Years  
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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	214	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	139.1	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	45	mg / dl	40 - 60 mg / dl
VLDL	27.82	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	141.18	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	4.76		< 5
LDL / HDL	3.14		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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DR. BHAVINI KAMDAR  
MD (PATH) MUM

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- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

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- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name :** MRS RATNAPRABHA VMAHTRÉ  
**Referred By Dr :** MEDIWHEEL  
**Sex :** FEMALE **Age :** 56 Years  
**Collected At :** YOGI NAGAR MAIN BRANCH

**Lab No. :** KCA7868 \*KCA7868\*  
**Reg. Date :** 23-Mar-2023 9:40 am  
**Report Date :** 23-Mar-2023 6:48 pm  
**Print Date :** 24-Mar-2023 2:53 pm

## Liver Function test

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.6	mg / dl	0.5 - 1.0 mg / dl
Bilirubin Direct	0.18	mg / dl	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.42	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	23.40	U / L	Up to 49 U / L
S.G.O.T.	22.30	U / L	Up to 46 U / L
Alkaline Phosphatase	66	U/l	4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l
Total Proteins	7.2	gm / dl	6 - 8 gm / dl
Albumin	3.86	gm / dl	3.2 - 5.5 gm / dl
Globulin	3.34	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.16		1.0- 2.3
GGT	23	IU/L	5 - 50 IU/L

----- End of Report -----

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**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE Age : 56 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : KCA7868 \*KCA7868\*  
**Reg. Date** : 23-Mar-2023 9:40 am  
**Report Date** : 23-Mar-2023 4:42 pm  
**Print Date** : 24-Mar-2023 2:53 pm

## ROUTINE URINE EXAMINATION

TEST	RESULT
<b>PHYSICAL EXAMINATION</b>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.020
<b>CHEMICAL EXAMINATION</b>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<b>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</b>	
Red Blood Cells	Absent
Pus Cells	2-3/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

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Referred By Dr : MEDIWHEEL  
Sex : FEMALE Age : 56 Years  
Collected At : YOGI NAGAR MAIN BRANCH

Lab No. : KCA7868 \*KCA7868\*  
Reg. Date : 23-Mar-2023 9:40 am  
Report Date : 23-Mar-2023 6:59 pm  
Print Date : 24-Mar-2023 2:53 pm

## THYROID FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	101.47	ng/dl	55 - 180 ng/dl
Method	ELFA		
T4 [ Thyroxine ]	8.2	ug/dl	4.66 - 10.50 ug/dl
Method	ELFA		
TSH [Thyroid Stimulating Hormone]	2.77	uIU/mL	0.25 - 5.0 uIU/mL
Method	ELFA		

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.

----- End of Report -----

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Health Check up Booking Request(bobS34769), Beneficiary Code-1257

2 messages

Tue, Mar 21, 2023 at 11:35 AM

Mediwheel <wellness@mediwheel.in>  
To: healthcare.medicals@gmail.com  
Cc: customercare@mediwheel.in



011-41195959

Email:wellness@mediwheel.in

Dear **Healthcare Medical Centre and Diagnostic**,  
**City** : Mumbai . **Address** : 1st Floor, Yogi Avenue, Yogi Nagar, behind Vakharia institute, Borivali West, Mumbai- 400092 ,

We have received the confirmation for the following booking .

**Name** : RATNARABHA V MHATRE  
**Age** : 57  
**Gender** : Male  
**Package Name** : Medi-Wheel Metro Full Body Health Checkup Female Above 40  
**Contact Details** : 9763877206  
**Booking Date** : 21-03-2023  
**Appointment Date** : 23-03-2023

Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
RATNARABHA V MHATRE	54	Female	Cashless
<b>Total amount to be paid</b>			<b>Cashless</b>

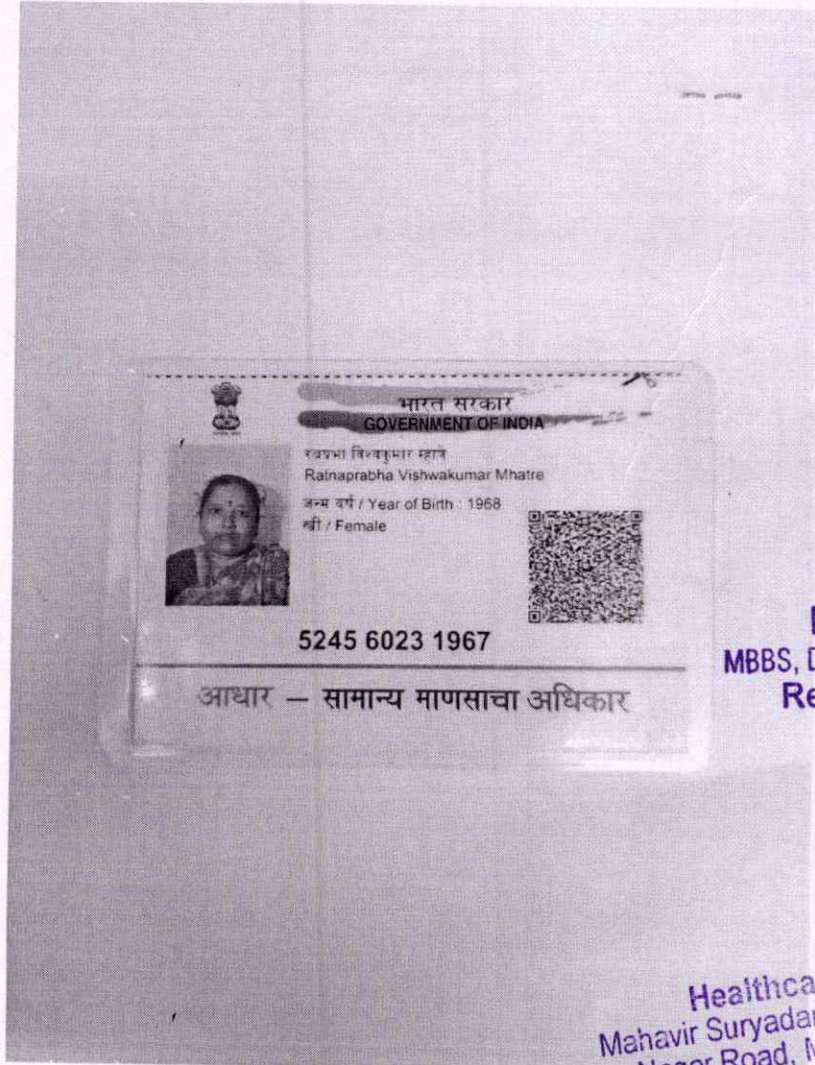
We will get back to you with confirmation update shortly. Please find the package details as attached for your reference.

**Package Name** : Medi-Wheel Metro Full Body Health Checkup Female Above 40 - Includes (41)Tests

**Tests included in this Package** : Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Gynec Consultation, Blood Sugar Postprandial, Dental Consultation, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Pap Smear, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Mammography, Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin



Healthcare  
today at 11:34 am



*Nupur Rai*  
**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.. 2018115643

Healthcare  
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Kandivali (W), Mumbai - 400 067  
Tel. No. 2869 7808

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NAME	MRS RATNAPRABHA MAHTRE	DATE	23/03/2023
HEIGHT: 158 CM	WT: 74 KGS	AGE	56 YRS
REFERRED BY	MEDIWHEEL	SEX	FEMALE
<b>PRESENT COMPLAINTS: NIL</b>			
<b>CURRENT MEDICATION: NIL</b>			
<b>PAST HISTORY: HYSTERECTOMY WITH BIL OOPHERECTOMY 13 YEARS BACK IN BHATIA HOSPITAL.HAD FIBROID</b>			
<b>ALLERGY:NONE</b>		<b>HABIT:NONE</b>	
<b>SLEEP: GOOD</b>		<b>BLADDER: NAD</b>	
		<b>BOWEL: NAD</b>	
<b>FAMILY HISTORY : NIL</b>			
<b>GENERAL EXAMINATION:</b>		<b>ADVICE-</b>	
P:80/min BP: 120/80 mmHg		<p>Avoid oily fatty fried, Junk food. Butter &amp; Ghee. Avoid sugar &amp; sweets &amp; Carbohydrat Repeat BSF &amp; BSPP &amp; Lipid Profile ' after 1 month &amp; Follow up. Regular Exercise. Medically fit.</p>	
PALLOR: NIL ICTERUS: NIL			
OEDEMA: NIL OTHERS: NAD			
RS: A E B E clear			
CVS: NAD CNS : NAD			
PA: SOFT, NON TENDER			
<b>INVESTIGATION:</b>		<p><b>Dr. NIPUR RAI</b> MBBS, DIPLOMA CARDIOLOGY (PGDCC) Reg. No. 2018115643</p>	

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- MIRA ROAD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389

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TO,

Mediwheel

This is regarding your client Miss/Mrs/MR Ratnashabha

Mhatre Visited to our centre on 23/3/23 for her/his

proposed tests. All tests are done as scheduled except

Pending/skipped tests: Stool test

Reason: Not willing

We are canceling / will reschedule it as per her/his convenience.

Thank you.

र. वि. म्हात्रे

Client's sign

**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No. 2018115643  
Medical Examiner

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**DENTAL CHECK UP**

NAME	Mrs Ratnaprabha Mhatre	DATE	23/3/23
REFERRED BY	Mediwheel	AGE - YRS	56
		SEX	Fe

**CHIEF COMPLAINT :** Nil

**PAST DENTAL HISTORY :** Nil

**HABITS :** Nil

**ORAL EXAMINATION :** Yellow patch on upper teeth

**TREATMENT :**  
 - Use oral flax daily  
 - Do daily brushing twice  
 - Do cleaning & visit to dentist.

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- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME</b>	<b>MRS RATNAPRABHA MAHTRE</b>	<b>DATE</b>	<b>23.03.2023</b>
		<b>AGE</b>	<b>56 YRS</b>
<b>REF. BY DR</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>FEMALE</b>

## REAL TIME ABDOMINAL SONOGRAPHY SHOWS,

**LIVER** : Liver is normal in size showing bright parenchymal echotexture . There is no evidence of solid or cystic mass .The portal and the hepatic venous system appears normal.

**Gall bladder** : The Gall bladder is well distended .The gall bladder wall of normal thickness . No evidence of gall stones.

**PANCREAS** : Pancreas is normal in size with smooth margin and homogenous paranchymal echotexture. No focal lesion seen.

**KIDNEYS** : Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appear normal. There is no evidence of hydronephrosis or renal calculus.

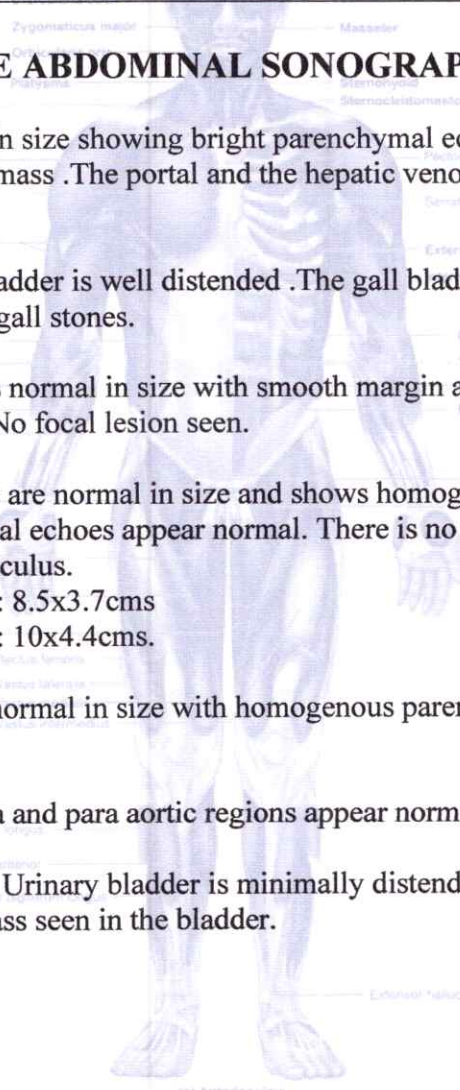
- (a) Right kidney measures: 8.5x3.7cms
- (b) Left kidney measures: 10x4.4cms.

**SPLEEN** : The spleen is normal in size with homogenous parenchymal echotexture. No focal lesion are seen.

**AORTA** : The upper aorta and para aortic regions appear normal.

**URINARY BLADDER** : Urinary bladder is minimally distended. No evidence of calculus or intraluminal mass seen in the bladder.

**UTERUS (TAS):**  
Post operative status.



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<b>NAME</b>	<b>MRS RATNAPRABHA MAHTRE</b>	<b>DATE</b>	<b>23.03.2023</b>
		<b>AGE</b>	<b>56 YRS</b>
<b>REF. BY DR</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>FEMALE</b>

**ADNEXA :**

Post menopausal status.  
No evidence of free fluid.

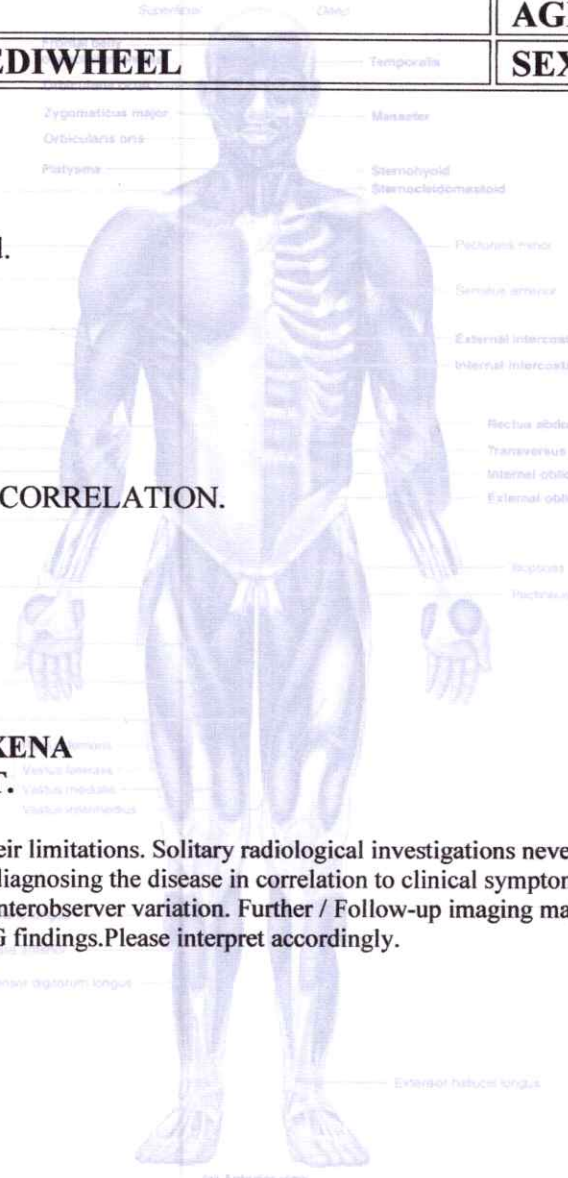
**IMPRESSION :**

- **Grade I fatty liver.**

**SUGGEST: CLINICAL CORRELATION.**

**DR.SUDHANSHU SAXENA**  
**CONS.RADIOLOGIST.**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings.Please interpret accordingly.



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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

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Superficial Muscles of the Back

<b>NAME</b>	<b>MRS RATNAPRABHA MAHTRE</b>	<b>DATE</b>	<b>23.03.2023</b>
<b>INVESTIGATION</b>	<b>MAMMOGRAPHY</b>	<b>AGE</b>	<b>56 YRS</b>
<b>REF. BY DR.</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>FEMALE</b>

## SONOMAMMOGRAPHY OF BOTH BREASTS

Breast tissue is normal in echogenicity.

There is no focal hypo or hyperechoic solid / cystic lesion in both breast.

No dilated tubular structure seen.

There is no appreciable lymphnode in both axillas.

**IMPRESSION:**  
**Normal findings.**

**DR.SUDHANSHU SAXENA**

**CONS.RADIOLOGIST.**

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<b>NAME</b>	<b>MRS RATNAPRABHA VMAHRE</b>	<b>DATE</b>	<b>23.03.2023</b>
<b>INVESTIGATION</b>	<b>2 D ECHO</b>	<b>AGE</b>	<b>60 YRS</b>
<b>REF. BY DR.</b>	<b>BANK OF BARODA</b>	<b>SEX</b>	<b>FEMALE</b>

## 2D-ECHOCARDIOGRAPHY & DOPPLER FINDINGS:

No defect seen in the visualized inter atrial nor inter ventricular septums.  
 No left ventricular hypertrophy seen.  
 No regional wall motion abnormality seen at rest at present.  
 All cardiac valves show normal structure and physiological function.  
 No significant stenosis nor regurgitation seen.  
 LA and LV appears normal in size.  
 RA and RV are normal in size  
 Mild TR jet. PASP by TR jet measured to 25 mm Hg  
 No evidence of intracardiac clot / effusion /vegetation.  
 Visual estimation of LVEF of 60 %.

### M-MODE MEASUREMENT:

<b>LEFT VENTRICULAR</b>	
IVSd	<b>09 mm</b>
IVSs	<b>14 mm</b>
LVIDd	<b>44 mm</b>
LVIDs	<b>33 mm</b>
LVPWd	<b>09 mm</b>
LVPWs	<b>12 ml</b>
EF	<b>60 %</b>
FS	<b>30 %</b>

Cont on page 2....

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NAME	MRS RATNAPRABHA VMAHTRE	DATE	23.03.2023
INVESTIGATION	2 D ECHO	AGE	60 YRS
REF. BY DR.	BANK OF BARODA	SEX	FEMALE

AORTA	
AO	28 mm
LA	30 mm
AVO	14

MITRAL VALVE	
DE	16 mm
EF SLOPE	110
EPSS	02 mm

### DOPPLER STUDY:

PWD left ventricular inflow shows E/ A waves.

Mitral valve: 0.6 m/s

Tricuspid valve: 0.8 m/s

Aortic valve: 1.55 m/s

Pulmonary valve: 0.8 m/s

**DR. P. BHATJWALE, M.D.**

**Cert. in 2 D Echo & Doppler Studies**

NOTE: 2 d echo has a poor sensitivity in cases of angina pectoris.

ADV: Please correlate clinically. CAG/ Further cardiac evaluation indicated.

TDI for diastolic evaluation

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- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



  
**HEALTHCARE**  
 MEDICAL CENTRE & DIAGNOSTICS

MRS RATNAPRABHA VMAHTRE  
 EKC A7868      23-Mar-2023

# ELECTROCARDIOGRAM (ECG)

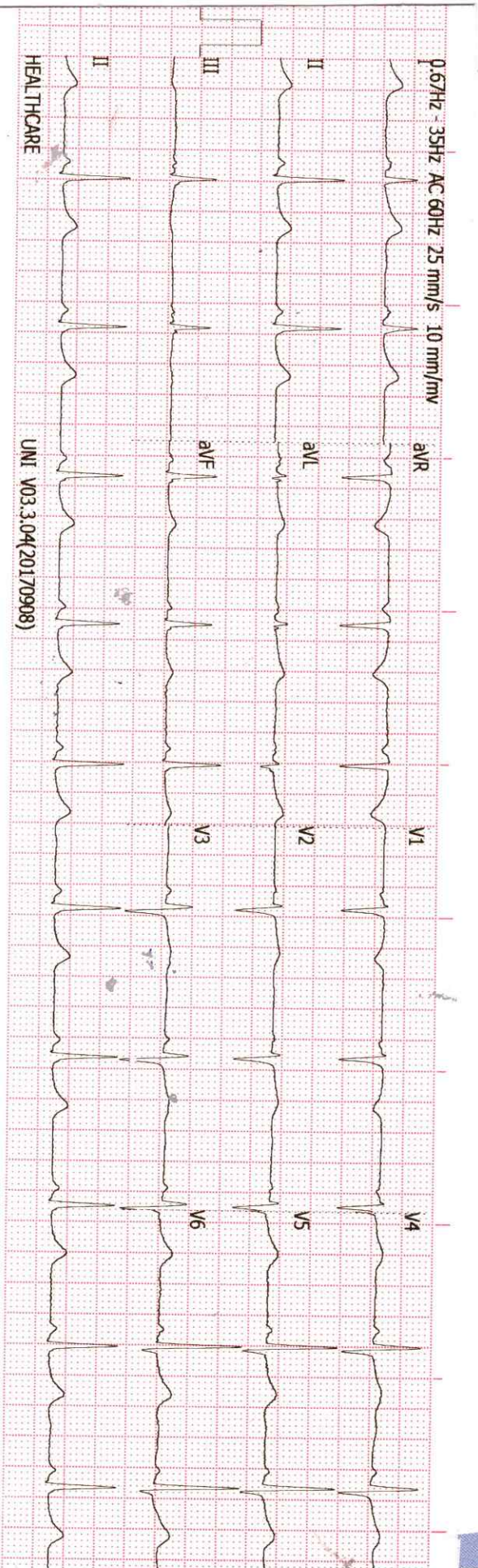
ECG

PATIENT MRS. RATNAPRABHA VMAHTRE AGE 60 SEX F

REF. BY DR. BOB DATE 23/3/23

INTERPRETATION : Normal  
 Healthcare  
 Mahavir Suryadarshan Soc.  
 Saiya Nagar Road, Mahavir Nagar,  
 Kandivali (W), Mumbai - 400 067  
 Tel. No. 2869 7808

Dr. myr  
**DR. NUPUR RAI**  
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No. 2018115643







History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : ..... *76 bpm*

Ventricular Rate : ..... *76 bpm*

Rhythm : ..... *4*

Mechanism : .....

Voltage : .....

Axis : .....

P. Waves : .....

PR Interval : .....

Q. Waves : .....

QRS Interval : ..... *(~)*

ST Segment : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : ..... *normal*

.....