



BHAILAL AMIN  
GENERAL HOSPITAL



### CONCLUSION OF HEALTH CHECKUP

ECU Number : 5919	MR Number : 21048604	Patient Name: VIMALKANT OMPRAKASH
Age : 47	Sex : Male	Height : 174
Weight : 85	Ideal Weight : 70	BMI : 28.08
Date : 23/09/2023		

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.

For Appointment & Inquiry : 080 69 70 70 70

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**BHAILAL AMIN  
GENERAL HOSPITAL**



ECU Number : 5919                      MR Number : 21048604                      Patient Name : VIMALKANT OMPRAKASH  
Age : 47                                      Sex : Male                                      Height : 174  
Weight : 85                                      Ideal Weight : 70                                      BMI : 28.08  
Date : 23/09/2023

Past H/O : NO P/H/O ANY MAJOR ILLNESS.

Present H/O : NO MEDICAL COMPLAINTS AT PRESENT.

Family H/O : MOTHER IS HYPERTENSIVE AND FATHER EXPIRED

Habits : NIL  
Gen.Exam. : NONE  
B.P : 116/84 mm Hg  
Pulse : 87/MIN REG.  
Others : SPO2 99 %  
C.V.S : NAD  
R.S. : NAD  
Abdomen : NP  
Spleen : NP  
Skin : NAD  
C.N.S : NAD  
Advice :

For Appointment & Inquiry : 080 69 70 70 70



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 Age : 47                                      Sex : Male                                      Height : 174  
 Weight : 85                                      Ideal Weight : 70                                      BMI : 28.08  
 Date : 23/09/2023

Ophthalmic Check Up :	Right	Left
Ext Exam		NORMAL
Vision Without Glasses	6/6 - 0.50 CYL ! 180	6/6 - 0.50 CYL ! 180
Vision With Glasses	N.6 + 1.50 D SPH	N.6 + 1.50 D SPH
Final Correction	-	-
Fundus	NORMAL	
Color Vision	NORMAL	
Advice	NIL	

**Orthopaedic Check Up :**

Ortho Consultation

Ortho Advice

**ENT Check Up :**

Ear

Nose

Throat

Hearing Test

ENT Advice

**General Surgery Check Up :**

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice

For Appointment & Inquiry : 080 69 70 70 70



Patient Name : Mr. VIMALKANT OMPRAKASH GAUR  
 Gender / Age : Male / 47 Years 10 Months 29 Days  
 MR No / Bill No. : 21048604 / 242023508  
 Consultant : Dr. Manish Mittal  
 Location : OPD

Type : OPD  
 Request No. : 160981  
 Request Date : 23/09/2023 08:29 AM  
 Collection Date : 23/09/2023 08:57 AM  
 Approval Date : 23/09/2023 02:04 PM

**CBC + ESR**

Test	Result	Units	Biological Ref. Range
<b>Haemoglobin.</b>			
Haemoglobin	<b>9.4</b>	gm/dL	13 - 17
Red Blood Cell Count (T-RBC)	4.62	mill/cmm	4.5 - 5.5
Hematocrit (HCT)	<b>32.4</b>	%	40 - 50
Mean Corpuscular Volume (MCV)	<b>70.1</b>	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	<b>20.3</b>	pg	27 - 32
MCH Concentration (MCHC)	<b>29.0</b>	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	<b>15.8</b>	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	40.5	fl	39 - 46
<b>Total Leucocyte Count (TLC)</b>			
Total Leucocyte Count (TLC)	4.70	thou/cmm	4 - 10
<b>Differential Leucocyte Count</b>			
Polymorphs	55	%	40 - 80
Lymphocytes	37	%	20 - 40
Eosinophils	03	%	1 - 6
Monocytes	05	%	2 - 10
Basophils	00	%	0 - 2
Polymorphs (Abs. Value)	2.60	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	1.77	thou/cmm	1 - 3
Eosinophils (Abs. Value)	<b>0.11</b>	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	<b>0.19</b>	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.03	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.0	%	1 - 3 : Borderline > 3 : Significant
<b>Platelet Count</b>			
Platelet Count	370	thou/cmm	150 - 410
Smear evaluation	Adequate		
Remarks	Hypochromia (+), Microcytosis (+), Anisocytosis (+). Few elliptocytes & target cells seen.		
ESR	8	mm/1 hr	0 - 10

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mr. VIMALKANT OMPRAKASH GAUR  
Gender / Age : Male / 47 Years 10 Months 29 Days  
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**CBC + ESR**

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.  
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification. ESR on Ves metic 20, comparable to Westergrens method and in accordance to ICSH reference method.

--- End of Report ---

Dr. Ameet Soni  
MD (Path)

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Patient Name : Mr. VIMALKANT OMPRAKASH GAUR  
Gender / Age : Male / 47 Years 10 Months 29 Days  
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Approval Date : 23/09/2023 03:55 PM

### Haematology

Test	Result	Units	Biological Ref. Range
<b>Blood Group</b>			
ABO system	AB		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method  
Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontro
- This method check`s group both on Red blood cells and in Serum for "ABO" group.

---- End of Report ----

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**Fasting Plasma Glucose**

Test	Result	Units	Biological Ref. Range
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	100	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	103	mg/dL	70 - 140

By Hexokinase method on RXL Dade Dimension

---- End of Report ----

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**HbA1c (Glycosylated Hb)**

Test	Result	Units	Biological Ref. Range
<b>HbA1c (Glycosylated Hb)</b>			
Glycosylated Hemoglobin (HbA1c)	5.6	%	
estimated Average Glucose (e AG) *	114.02	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

\* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

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**Complete Lipid Profile**

Test	Result	Units	Biological Ref. Range
<b>Complete Lipid Profile</b>			
Appearance	Clear		
Triglycerides	92	mg/dL	1 - 150
<i>(By Lipase / Glycerol dehydrogenase on RXL Dade Dimension)</i>			
<i>&lt; 150 Normal</i>			
<i>150-199 Borderline High</i>			
<i>200-499 High</i>			
<i>&gt; 499 Very High</i>			
Total Cholesterol	<b>204</b>	mg/dL	1 - 200
<i>(By enzymatic colorimetric method on RXL Dade Dimension)</i>			
<i>&lt;200 mg/dL - Desirable</i>			
<i>200-239 mg/dL - Borderline High</i>			
<i>&gt; 239 mg/dL - High</i>			
HDL Cholesterol	40	mg/dL	40 - 60
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension)</i>			
<i>&lt; 40 Low</i>			
<i>&gt; 60 High</i>			
Non HDL Cholesterol (calculated)	164	mg/dL	1 - 130
<i>(Non- HDL Cholesterol)</i>			
<i>&lt; 130 Desirable</i>			
<i>139-159 Borderline High</i>			
<i>160-189 High</i>			
<i>&gt; 191 Very High</i>			
LDL Cholesterol	<b>147</b>	mg/dL	1 - 100
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension)</i>			
<i>&lt; 100 Optimal</i>			
<i>100-129 Near / above optimal</i>			
<i>130-159 Borderline High</i>			
<i>160-189 High</i>			
<i>&gt; 189 Very High</i>			
VLDL Cholesterol (calculated)	18.4	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	3.67		2.1 - 3.5
T. Ch./HDL Ch. Ratio	<b>5.1</b>		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

--- End of Report ---

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**Liver Function Test (LFT)**

Test	Result	Units	Biological Ref. Range
<b>Bilirubin</b>			
Bilirubin - Total	0.47	mg/dL	0 - 1
Bilirubin - Direct	0.10	mg/dL	0 - 0.3
Bilirubin - Indirect	0.37	mg/dL	0 - 0.7
<i>(By Diazotized sulfanilic acid on RXL Dade Dimension.)</i>			
Aspartate Aminotransferase (SGOT/AST)	<b>14</b>	U/L	15 - 40
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alanine Aminotransferase (SGPT/ALT)	26	U/L	16 - 63
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alkaline Phosphatase	87	U/L	53 - 128
<i>(BY PNPP AMP method on RXL Dade Dimension.)</i>			
Gamma Glutamyl Transferase (GGT)	15	U/L	15 - 85
<i>(By IFCC method on RXL Dade Dimension.)</i>			
<b>Total Protein</b>			
Total Proteins	7.42	gm/dL	6.4 - 8.2
Albumin	3.86	gm/dL	3.4 - 5
Globulin	3.56	gm/dL	3 - 3.2
A : G Ratio	<b>1.08</b>		1.1 - 1.6
<i>(By Biuret endpoint and Bromocresol purple method on RXL Dade Dimension.)</i>			

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Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
------	--------	-------	-----------------------

Triiodothyronine (T3)	1.29	ng/ml	
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(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (ng/ml)

1 - 3 days : 0.1 - 7.4  
1-11 months : 0.1 - 2.45  
1-5 years : 0.1 - 2.7  
6-10 years : 0.9 - 2.4  
11-15 years : 0.8 - 2.1  
16-20 years : 0.8 - 2.1  
Adults (20 - 50 years) : 0.7 - 2.0  
Adults (> 50 years) : 0.4 - 1.8  
Pregnancy (in last 5 months) : 1.2 - 2.5

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

Thyroxine (T4)	8.23	mcg/dL	
----------------	------	--------	--

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (mcg/dL)

1 - 3 days : 11.8 - 22.6  
1- 2 weeks : 9.8 - 16.6  
1 - 4 months : 7.2 - 14.4  
4 - 12 months : 7.8 - 16.5  
1-5 years : 7.3 - 15.0  
5 - 10 years : 6.4 - 13.3  
10 - 20 years : 5.6 - 11.7  
Adults / male : 4.6 - 10.5  
Adults / female : 5.5 - 11.0  
Adults (> 60 years) : 5.0 - 10.7

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

Thyroid Stimulating Hormone (US-TSH)	2.48	microIU/ml	
--------------------------------------	------	------------	--

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (microIU/ml)

Infants (1-4 days) : 1.0 - 39  
2-20 weeks : 1.7 - 9.1  
5 months - 20 years : 0.7 - 6.4  
Adults (21 - 54 years) : 0.4 - 4.2  
Adults (> 55 years) : 0.5 - 8.9

Pregnancy :

1st trimester : 0.3 - 4.5  
2nd trimester : 0.5 - 4.6  
3rd trimester : 0.8 - 5.2

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

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— End of Report —

Dr. Ameer Soni  
MD (Path)

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**Prostate Sp. (Antigen)**

Test	Result	Units	Biological Ref. Range
Total PSA	1.21	ng/ml	0 - 4

(Method : Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.

Remark :

Age related reference range for interpretation :

< 40 yrs : 0.21 - 1.72

40 - 49 yrs : 0.27 - 2.19

50 - 59 yrs : 0.27 - 3.42

60 - 69 yrs : 0.27 - 6.16

>69 yrs : 0.21 - 6.77

TPSA may be raised usually mildly in benign prostatic conditions like hyperplasia. Typically 30 % of BPH may show values between 4-10 and 7 % between 10-40.

In Prostatic Malignancy 43 % show values below 4

21 % between 4 to 10

20 % between 10 to 40 &

16 % above 40)

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## Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea (By Urease Kinetic method on RXL Dade Dimension)	17	mg/dL	10 - 45
Creatinine (By Modified Kinetic Jaffe Technique)	0.92	mg/dL	0.9 - 1.3
Estimate Glomerular Filtration rate (Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)	More than 60		
Uric acid (By Uricase / Catalase method on RXL Siemens)	5.3	mg/dL	3.4 - 7.2

--- End of Report ---

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 Location : OPD Approval Date : 23/09/2023 04:01 PM

**Urine routine analysis (Auto)**

Test	Result	Units	Biological Ref. Range
<b>Physical Examination</b>			
Quantity	30	mL	
Colour	Pale Yellow		
Appearance	Clear		
<b>Chemical Examination (By Reagent strip method)</b>			
pH	7.0		
Specific Gravity	1.015		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
<b>Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)</b>			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	0 - 1	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

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Multi-Detector CT Scan

Mammography

Interventional Radiology

Digital Subtraction Angiography

Foetal Echocardiography

Echocardiography

Patient No. : 21048604      Report Date : 23/09/2023

Request No. : 190081783      23/09/2023 8.29 AM

Patient Name : **Mr. VIMALKANT OMPRAKASH GAUR**

Gender / Age : Male / 47 Years 10 Months 29 Days

**X-Ray Chest AP**

Both lung fields are clear.

Both costophrenic sinuses appear clear.

Heart size is normal.

Hilar shadows show no obvious abnormality.

Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
• NOT VALID FOR MEDICO-LEGAL PURPOSES  
• CLINICAL CORRELATION RECOMMENDED

**Dr. Priyanka Patel, MD.**

Consultant Radiologist



H-2015-0297

MC-3004

E-2015-001



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- Foetal Echocardiography
- Echocardiography

Patient No. : 21048604      Report Date : 23/09/2023  
Request No. : 190081793      23/09/2023 8.29 AM  
Patient Name : Mr. VIMALKANT OMPRAKASH GAUR  
Gender / Age : Male / 47 Years 10 Months 29 Days

**USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen**

**Liver is normal in size and shows increased in echo pattern. Small simple cyst of around 27 x 25 mm is seen in right lobe of liver adjacent to gall bladder. The hepatic veins are clear and patent. PV patent. No dilated IHBR.**

Gall bladder is well distended and shows no obvious abnormality. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured. Spleen is normal size and echo pattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

Prostate appears normal in size and volume is ~ 16cc. Calcification seen. Urinary bladder is partially distended and appears normal.

No ascites.

**COMMENT:**

- Fatty liver.
- Simple hepatic cyst.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
 • NOT VALID FOR MEDICO-LEGAL PURPOSES  
 • CLINICAL CORRELATION RECOMMENDED

**Dr. Priyanka Patel, MD.**  
Consultant Radiologist

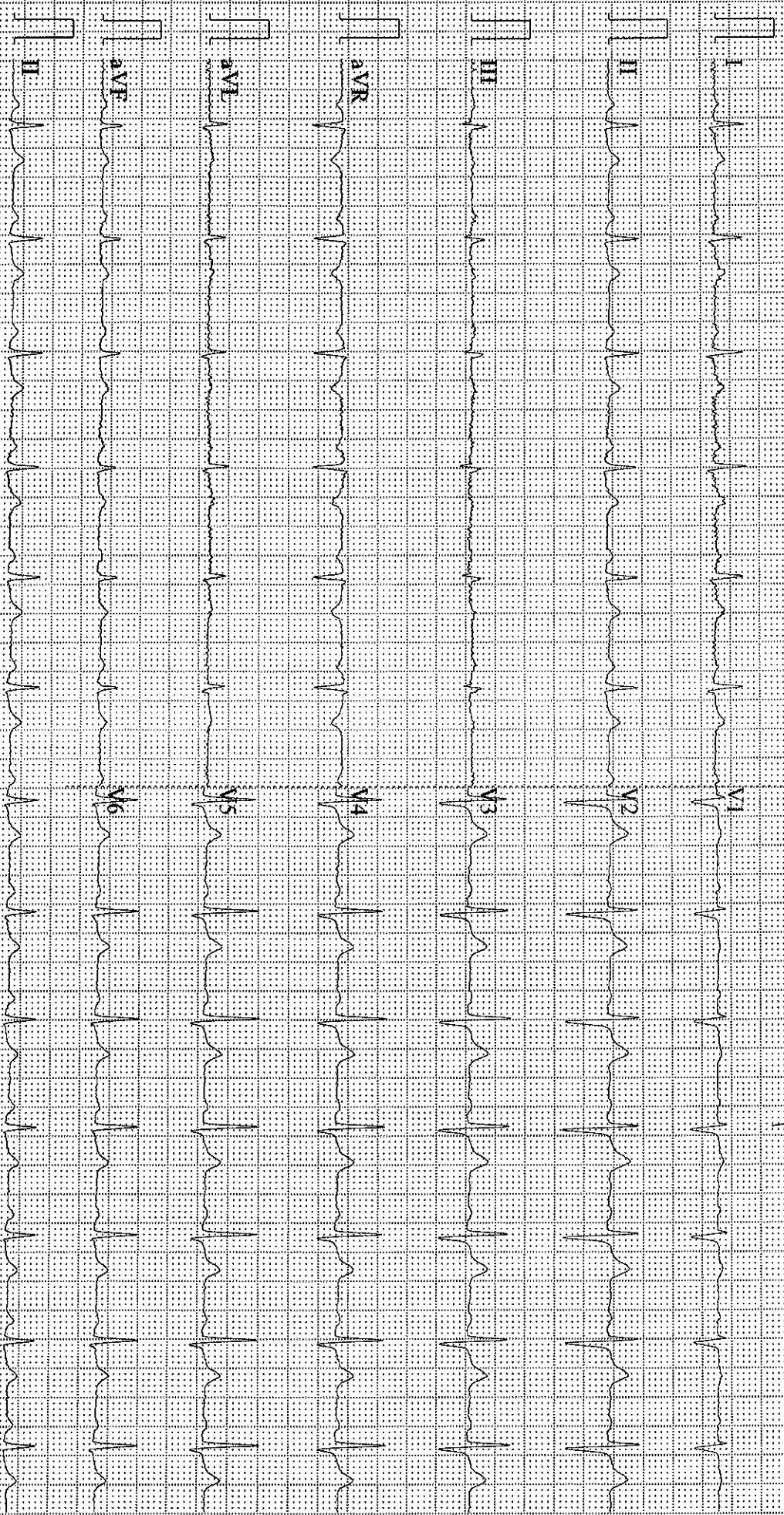




HR	: 79	bpm
P	: 121	ms
PR	: 175	ms
QRS	: 87	ms
QT/QTc	: 351/403	ms
P/QRST	: 60/41/39	ms
RVSSV1	: 0.891/0.423	mV

Diagnosis Information:  
 Sinus Rhythm  
 \*\*\*Normal ECG\*\*\*

Report Confirmed by: *[Signature]*



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## EXERCISE STRESS TEST REPORT

Patient Name: VIMALKANT O GAUR,  
 Patient ID: 01254  
 Height: 174 cm  
 Weight: 85 kg

DOB: 26.10.1975  
 Age: 47yrs  
 Gender: Male  
 Race: Indian

Study Date: 23.09.2023  
 Test Type: Treadmill Stress Test  
 Protocol: BRUCE

Referring Physician: ARCOFEMI  
 Attending Physician: DR V.C.CHAUHAN  
 Technician: PRATAP RATHVA

Medications:

Medical History:

Reason for Exercise Test:  
 Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:29	0.00	0.00	98	120/80	
	WARM UP	00:12	1.00	0.00	90		
EXERCISE	STAGE 1	01:01	1.70	10.00	117	120/80	
	STAGE 2	03:00	2.50	12.00	146	120/80	
	STAGE 3	01:30	3.40	14.00	162	140/80	
RECOVERY		02:36	0.00	0.00	100	170/90	

The patient exercised according to the BRUCE for 5:31 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 98 bpm rose to a maximal heart rate of 162 bpm. This value represents 93 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 170/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Resting ECG: normal.  
 Functional Capacity: normal.  
 HR Response to Exercise: appropriate.  
 BP Response to Exercise: normal resting BP - appropriate response.  
 Chest Pain: none.  
 Arrhythmias: none.  
 ST Changes: none.  
 Overall impression: Normal stress test.

### Conclusions

Good effort tolerance. Normal HR and BP response. No ANGINA // ARRYTHMIAS noted during test. No Significant ST-T changes noted during, Peak exercise and Recovery. Stress test NEGATIVE for Inducible myocardial ischemia

CONFIRMED BY : DR V.C.CHAUHAN

