

आयकर विभाग
INCOME TAX DEPARTMENT



भारत सरकार
GOVT. OF INDIA

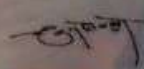
AKSHAY GAJANANRAO DHOKANE

GAJANAN VISHWANATH DHOKANE

31/10/1988

Permanent Account Number

ATCPD0779Q


Signature



20112015

Health Matters!



Name Mr. Akshay Dhokane
Age/Gender 34 Years / MALE
PRN ALRS/303/2022-2023/3652
Lab ID ALRS/D/22-23/3637
Ref Doctor

Collected Time 30-03-2023 09:28 AM
Received Time 30-03-2023 09:28 AM
Reported Time 30-03-2023 04:12 PM

Test Name	Result	Unit	Blo. Ref. Range
Hemogram			
Hemoglobin	14.8	gm%	13.0 - 18.0
WBC Count			
Total WBC Count	6700	/cmm	4000 - 11000
Differential count			
Neutrophil	49	%	40 - 75
Lymphocytes	43	%	20 - 45
Eosinophil	03	%	Below 6
Monocytes	05	%	Below 8
RBC Indices			
Haematocrit	44.7	%	40 - 54
R.B.C Count	5.98	* A mil./cmm	4.5 - 5.5
M.C.V	74.7	* A fL	76 - 96
M.C.H	24.7	* A PG	27 - 32
M.C.H.C	33.1	gm/dl	32 - 36
RDW-CV	13.5	%	11.5 - 14.5
Platelet Count	197000	/cmm	150000 - 450000

Comments on P.B.S

R.B.C Morphology Normocytic Normochromic
 W.B.C No abnormal cells seen.
 Platelet Adequate.

S. Athavale

Dr. Simi Athavale
 MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

----- End Of Report -----

NOTE: *A (Abnormal), *C (Abnormal & Critical)

Report Generated by: Niramay Solutions

1 / 1



Dr. Rituparna S. Shinde
 MD DNB (Cardiology) FACC FSCAI (USA) FESC FISE



Name Mr. Akshay Dhokane
Age/Gender 34 Years / MALE
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Ref Doctor

Collected Time 30-03-2023 09:28 AM
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Test Name	Result	Unit	Bio. Ref. Range
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Blood Group

ABO Type B
 Rh (D) Type Positive

Blood Sugar F and PP

Blood Sugar Fasting and Post Prandial

Blood Sugar Fasting	103.6	mg/dl	70 - 110
Urine Sugar Fasting	Absent		
Urine Ketone Fasting	Absent		
Blood Sugar Post Prandial	183.4 * A	mg/dl	70 - 140
Urine Sugar Post Prandial	Absent		
Urine Ketone Post Prandial	Absent		

Method GOD-POD

Instrument Used ERBA EM-200 Fully automatic random access biochemistry analyzer.

ESR

ESR 06 Below 10
 Unit mm after 1 hour
 Method Wintrobe method

S Athavale

Dr. Simi Athavale
 MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

----- End Of Report -----

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Test Name	Result	Unit	Bio. Ref. Range
Liver Function Test			
Sr Total Bilirubin	0.36	mg/dl	0.1 - 1.2
Sr Direct Bilirubin	0.15	mg/dl	0.0 - 0.4
Sr Indirect Bilirubin	0.21	mg/dl	0.1 - 1.2
Alkaline Phosphatase	58.0	IU/L	50 - 150
S.G.P.T	42.2	* A IU/L	Below 40
S.G.O.T	28.1	IU/L	Below 40
Sr Total Protein	6.70	mg/dl	6.0 - 8.0
Sr Albumin	4.55	mg/dl	3.7 - 5.3
Sr Globulin	2.15	* A mg/dl	2.3 - 3.6
A:G ratio	2.12	%	1.2:1 - 2:1
INTRUMENT USED	Erba EM 200- Fully Automatic Random Access Chemistry Analyzer		

Lipid Profile

S.Cholesterol	198.0	mg/dl	Below 200
S.Triglycerides	146.2	mg/dl	40 - 160
HDL Cholesterol	56.8	mg/dl	35.3 - 79.5
VLDL Cholesterol	29.24	mg/dl	Below 41 (Desirable)
LDL Cholesterol Direct	110.2	mg/dl	0.0 - 130
LDLC/HDLC Ratio	1.94		Below 3.4
S.Cholesterol/HDLC Ratio	3.49		Below 4.5
Instrument Used	ERBA EM-200 Fully automatic random access biochemistry analyzer.		

Dr. Simi Athavale
MBBS,(DCP) CONSLUTANT PATHOLOGIST (Reg. No. 84648)

-----End Of Report-----

NOTE: *A (Abnormal), *C (Abnormal & Critical)



Report Generated by: Niramay Solutions

1 / 1

Dr. Rituparna S. Shinde

MD DNB (Cardiology) FACC FSCAI (USA) FESC FISE

ALOHA LIFESTYLE REVERSAL STUDIO
S.No.46, Vartak Pride, D.P Road, Karvenagar,
Pune INDIA 411004.

94 22 33 44 22
www.alohaclinics.in





Name Mr. Akshay Dhokane
Age/Gender 34 Years / MALE
PRN ALRS/303/2022-2023/3652
Lab ID ALRS/D/22-23/3637
Ref Doctor

Collected Time 30-03-2023 09:28 AM
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Reported Time 30-03-2023 04:13 PM

Test Name	Result	Unit	Blo. Ref. Range
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Uric acid

Serum Uric Acid 5.0 mg/dl 3.5 - 7.2
Sr.Uric Acid

Creatinine

Serum Creatinine 0.91 mg/dl 0.7 - 1.3
Method Enzymatic
Instrument Used ERBA EM-200 Fully automatic random access biochemistry analyzer.

BUN

Blood Urea Nitrogen 15.11 mg/dl 5.0 - 21.0
Blood Urea Nitrogen

GGTP

Gamma GT (GGTP) 49.9 U/L 10 - 50

S. Athar

Dr. Simi Athavale
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 81648)

..... End Of Report

NOTE: *A (Abnormal), *C (Abnormal & Critical)

Report Generated by: Niramay Solutions

1 / 1



Dr. Rituparna S. Shinde 2024
MD DNB (Cardiology) FACCC FSCAI (USA) FESC FISE

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Test Name	Result	Unit	Bio. Ref. Range
-----------	--------	------	-----------------

Urine Analysis

Physical Examination

Quantity 30 ml
Colour Pale Yellow
Appearance Clear
Specific gravity 1.010 1 - 1.03

Chemical Examination

Reaction (pH) Acidic
Proteins Absent
Glucose Absent
Ketone Bodies Absent
Bile Salts Absent
Bile Pigments Absent
Urobilinogen Normal

Microscopic Examination

Pus Cells Absent /hpf
Epithelial Cells Absent /hpf
RBC Absent /hpf
Casts Absent
Crystals Absent

Path

Dr. Simi Athavale
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

End Of Report

NOTE: *A (Abnormal), *C (Abnormal & Critical)

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Pune, INDIA 411004.

0 94 22 33 44 22
www.alohaclinics.in





Medical Certificate

1. Name (in Full): **DHOKANE AKSHAY**
2. Are there any symptoms or signs suggesting abnormality? Or disease of the respiratory system? **NO**
3. Any sign of Skin diseases. **NO**
- 4.
5. Any Sign of infectious diseases. **NO**
6. Observations – Blood Test **WNL**
7. Age: **34 yrs**

Is general appearance healthy?

8.

- Urine Test **JWNL**
- X ray Chest **JWNL**

7. Ophthal check up **- WNL**

8 Audiometry **_____**

9 Dental **_____**

10 ENT observation **_____**

11 Gynaecologist **_____**

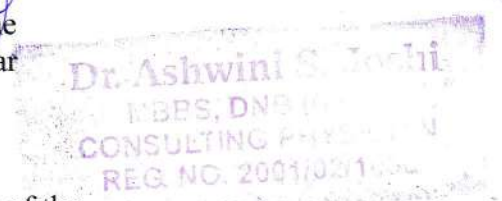
12 Fitness

patient is fit

I declare that the person examined signed in the space marked below is fit.

Akshay
Signature of the
person examined

[Signature]
Signature of the
Medical Examiner



Name of the
Medical Examiner

Date: **30-3-23**





Patient Name: Mr. Akshay Dhokane

Age: 34 yrs/ Male.

Ref By:

Date: 30-Mar-23

ULTRASOUND EXAMINATION OF ABDOMEN AND PELVIS

Liver is normal in size and shows normal echotexture. No focal mass. Hepatic and portal veins are normal.

Gall Bladder is well distended. Walls are thin. No obvious calculi. CBD is unremarkable. No intrahepatic biliary dilatation

Pancreatic head appears normal. Body and tail of pancreas obscured by gas shadow.

Spleen is normal in size and texture.

Both kidneys are normal in size and texture. Corticomedullary differentiation is intact. No hydronephrosis or calculus seen on either side.

RK: 10.8 cm

LK: 10.9 cm

Visualized bowel loops are normal in calibre and peristalsis.

No ascites. No obvious enlarged nodes.

Urinary Bladder is distended. Its walls are thin. No intrinsic pathology seen.

Prostate is normal in size and texture.

Impression:

No significant abnormality in abdomen and pelvis.

Punya J

Dr. Punya J

MBBS, MD(RADIO-DIAG)CONSULTANT RADIOLOGIST

Reg No. 2022/05/1131





Patient Name: Mr.Akshay Dhokane

Age: 34Yrs/Male

Ref By: -Insurance

Date: 30/03/2023

RADIOGRAPH OF CHEST – PA VIEW

Observation : Both the lungs are clear and the hila appear normal.
No obvious parenchymal lung lesion seen in either side.
Both costophrenic angles are clear.
Cardio-aortic silhouette has normal appearance.
No obvious bony abnormalities seen.

Impression : No significant abnormality noted.

Dr. Punya J
MBBS,MD(RADIO-DIAG) Consultant Radiologist
Reg No.2022/05/1131

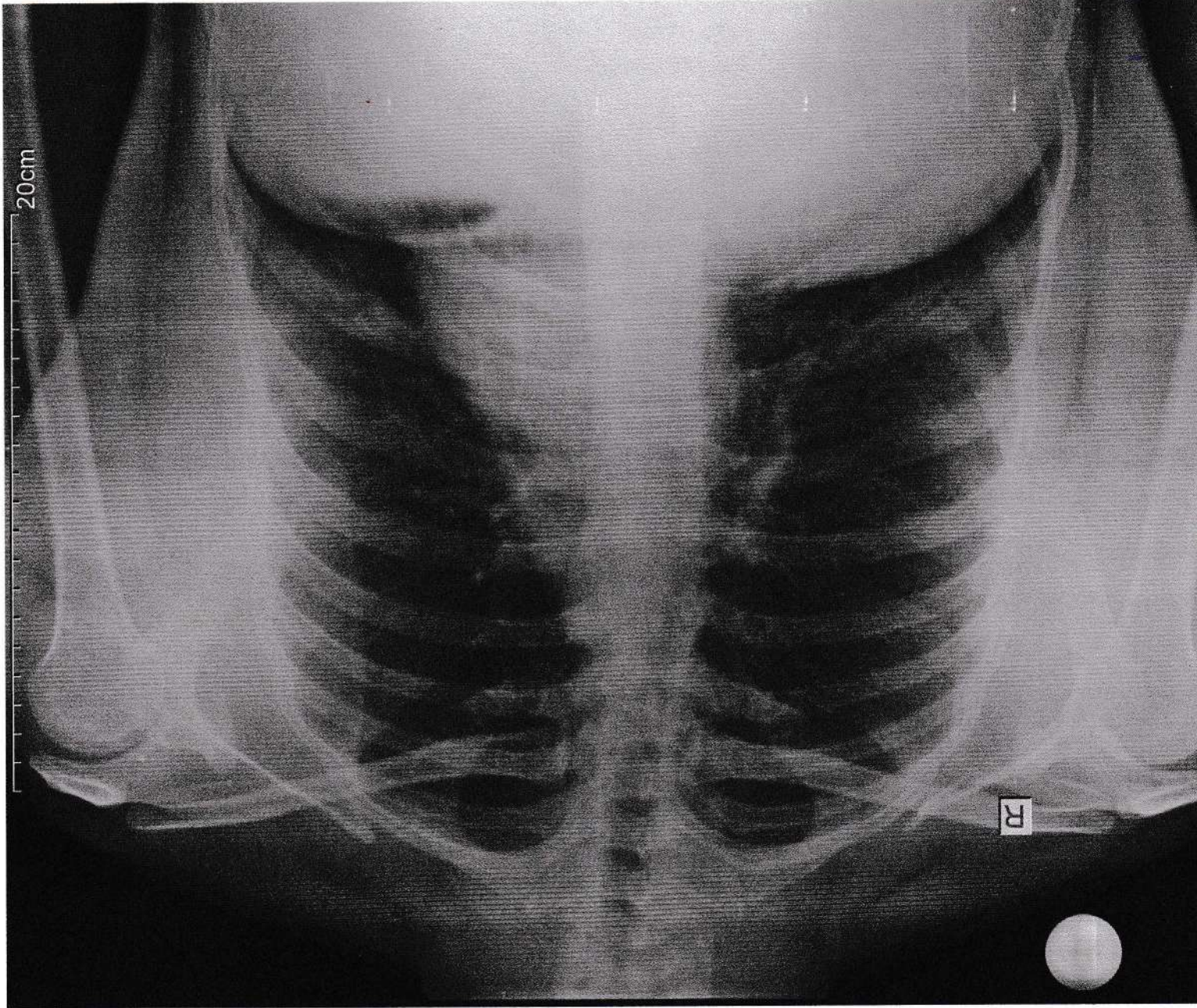


Dr. Rituparna S. Shinde
MD DNB (Cardiology) FACC FSCAI (USA) FESC FISE



CHEST
PA
WV: 4096, L: 2048
Tech ID: admin

Scale: 0.0
Calrestream Health R&D Hospital



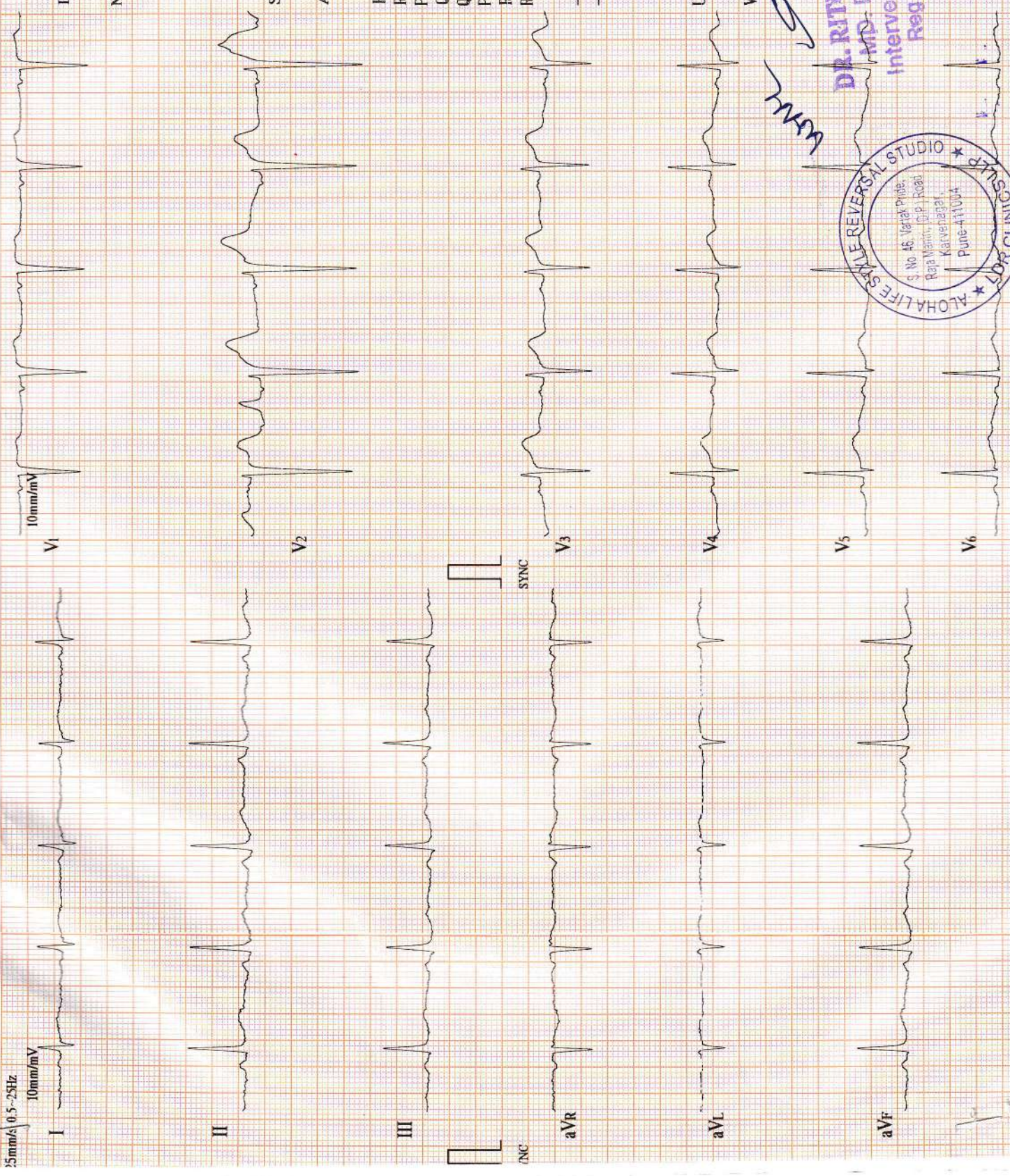
SHOANE, ANSHAL,
Sex: Male
DOB: 10/31/1988
D: PAT000295

Acq. Date: 09/09/2023
Acq. Time: 10:21:51 PM
Exp. Index: 2174

25mm/s 0.5-25Hz

10mm/mV

10mm/mV



ID : 0894

Name: **Arshay**

Dhotane

Sex : **M**

Age : **34**

HR : 77 bpm
 R-R : 774 ms
 P-R : 145 ms
 QRS : 96 ms
 QT/QTc : 349/396 ms
 P/QRS/T : 72/82/71 °
 RV5/SVI : 1.110/1.210 mV
 RV5+SVI : 2.320 mV

— Sinus Rhythm
 — T Abnormality (Flat T)

Unconfirmed report

Verified by:

Handwritten signature



DR. RITUPARNA S. SHINDE
 MD, DNB (CC)
 Interventional
 Reg.No. 200000210865

PATIENT ID : R
PATIENT NAME : AKSHAY DHOKANE 34/M

Report time :
March 30, 2023
10:16 am
10:16 am

Ref. By : Not Applicable
(Not Applicable)

PROTOCOL : BRUCE
PATIENT HEIGHT : 174 Cm
PATIENT WEIGHT : 64.00 Kg
PATIENT ADD :

OBJECT OF TEST : Routine check up

RISK FACTOR :
ACTIVITY : Very active

MEDICATION :
BRIEF HISTORY :
OTHER INVESTIGATION :

REASON FOR TERMINATION : Max HR
EXERCISE TOLERANCE : Good

EXERCISE INDUCED ARRHYTHMIA :
HAEMO RESPONSE :
CHRONO RESPONSE : Normal

FINAL IMPRESSION : Good effort tolerance
No angina / dyspnoea

No significant ST - T Changes Seen

Stress Test Negative for stress induced ischemia.

DR. RITUPARNA S. SHINDE
M.D., DNB (Cardiology)
Interventional Cardiologist
Reg.No. 200010210865



Dr. RITUPARNA SHINDE
M.D., DNB, (CARDIOLOGY)

PATIENT ID : R
 PATIENT NAME : AKSHAY DHOKANE 34/M

Report time :
 March 30, 2023

10:16 am
 10:16 am

PROTOCOL : BRUCE
 PATIENT HEIGHT : 174 Cm
 PATIENT WEIGHT : 64.00 Kg
 PATIENT ADD. :
 Ref. By : Not Applicable
 (Not Applicable)

Stage	Stage Speed (Kmph) / Time Grade (%)	HR bpm	BP mmHg	R.P.P. X 1000	METS	ST Level I	Stage Comments
Pre-Test	00:22 0.00 / 0.00	33	0 / 0	0	1.00	0.00	
Supine	00:06 0.00 / 0.00	53	130 / 80	6	1.00	1.19	
Standing	00:08 0.00 / 0.00	70	130 / 80	9	1.00	1.10	
HyperVentilation	00:06 0.00 / 0.00	79	130 / 80	10	1.00	1.10	
Wait For Exercise	00:06 0.00 / 0.00	88	130 / 80	11	1.00	1.13	
Exercise Stage 1	03:00 2.70 / 10.00	124	130 / 80	16	5.70	1.42	
Exercise Stage 2	03:00 4.00 / 12.00	141	160 / 90	22	8.00	1.06	
Exercise Stage 3	03:00 5.50 / 14.00	157	170 / 100	26	10.60	0.84	
Peak Exercise	00:11 6.80 / 16.00	160	170 / 100	27	10.60	0.74	
Recovery 1	01:00 0.00 / 0.00	148	170 / 100	25	1.00	2.19	
Recovery 3	03:00 0.00 / 0.00	117	170 / 100	19	1.00	1.55	

TOTAL EXER TIME : 9 : 11 min
 MAX HR : 163 bpm (87.63 % of 186 bpm)
 MAX BP : 170 / 100 mmHg
 DOUBLE PRODUCT : 27710.00

MAX WORKLOAD : 10.60
 DISTANCE COVERED : 0.63 Km



DR. RITUPARNA S. SHINDE
 MD. DNB (Cardiology)
 Interventional Cardiologist
 Reg.No. 2000/02/13865

Dr. RITUPARNA SHINDE
 M.D., DNB, (CARDIOLOGY)

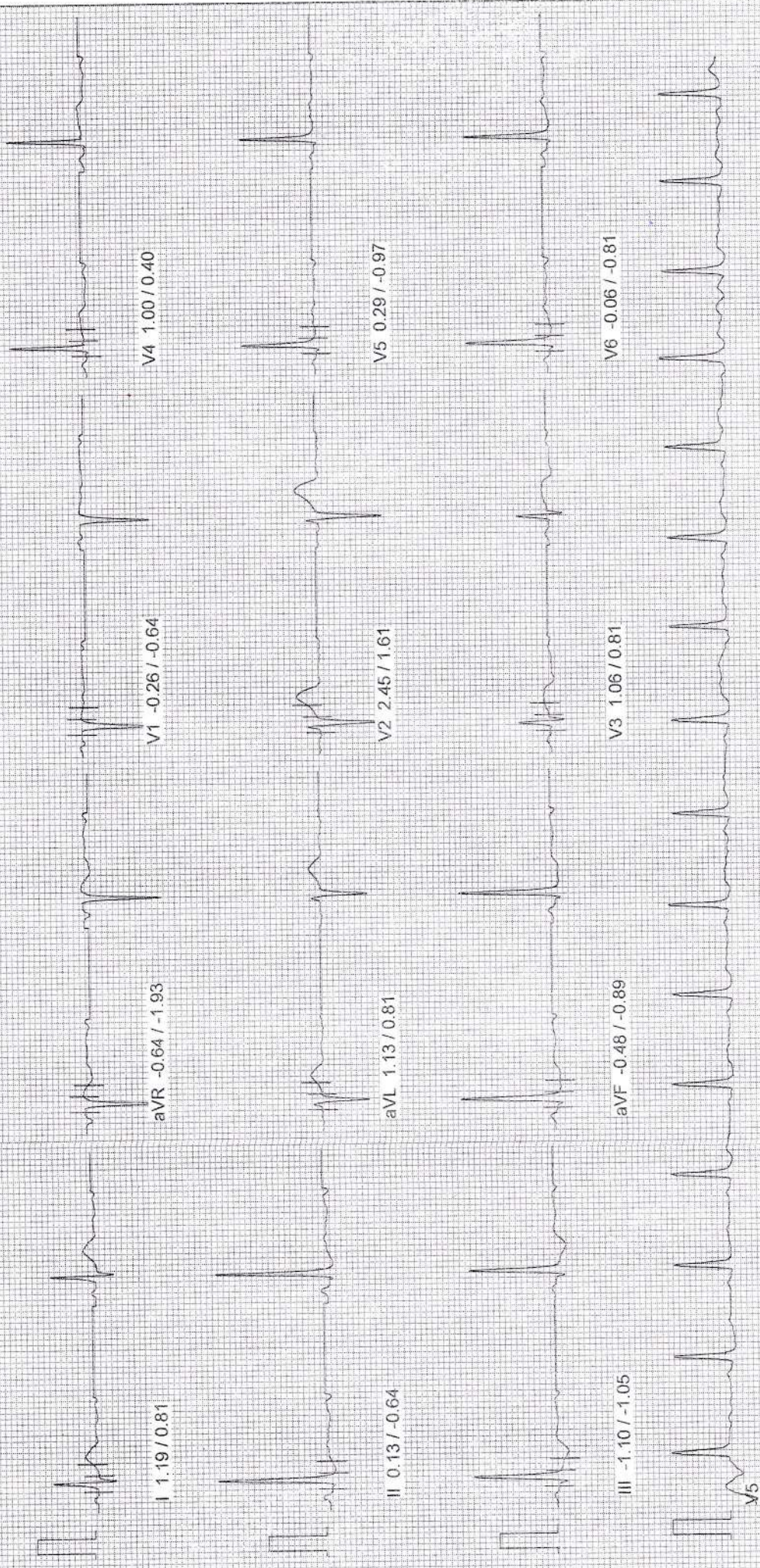
March 30, 2023 10:16 am
Report time 10:16 am

PATIENT ID : R HEIGHT : 174 Cm WEIGHT : 64.00 Kg
PATIENT'S NAME : AKSHAY DHOKANE 34/M

PROTOCOL : BRUCE
STAGE : Pre-Test

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 00:22 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 33 bpm BP : 130 / 80 mmHg
QRS Lead : V5 METs : 1.00



10mm/mv, 25mm/sec

100 Hz

PATIENT ID : R HEIGHT : 174 Cm WEIGHT : 64.00 Kg
PATIENT NAME : AKSHAY DHOKANE 34/M

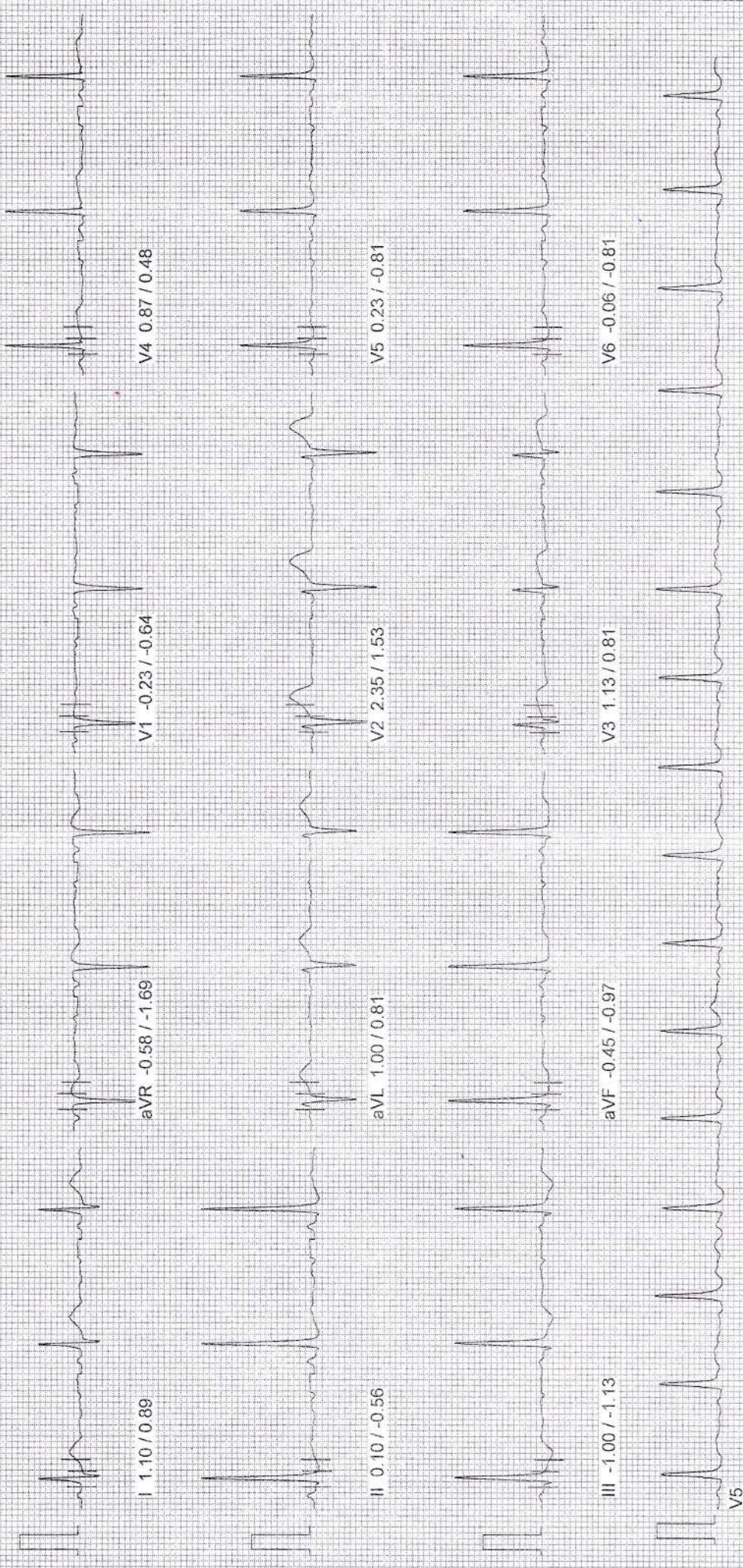
March 30, 2023 10:16 am
Report time : 10:16 am

PROTOCOL : BRUCE
STAGE : Supine

PHASE TIME : 00:28
STAGE DURATION : 00:00
HR : 53 bpm
QRS Lead : V5

SPEED: 0.0 kmph
GRADE: 0.0
BP : 130 / 80 mmHg
METs : 1.00

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J



10mm/mv, 25mm/sec

100 Hz

LDR CLINIC LLP

Linked Median Report

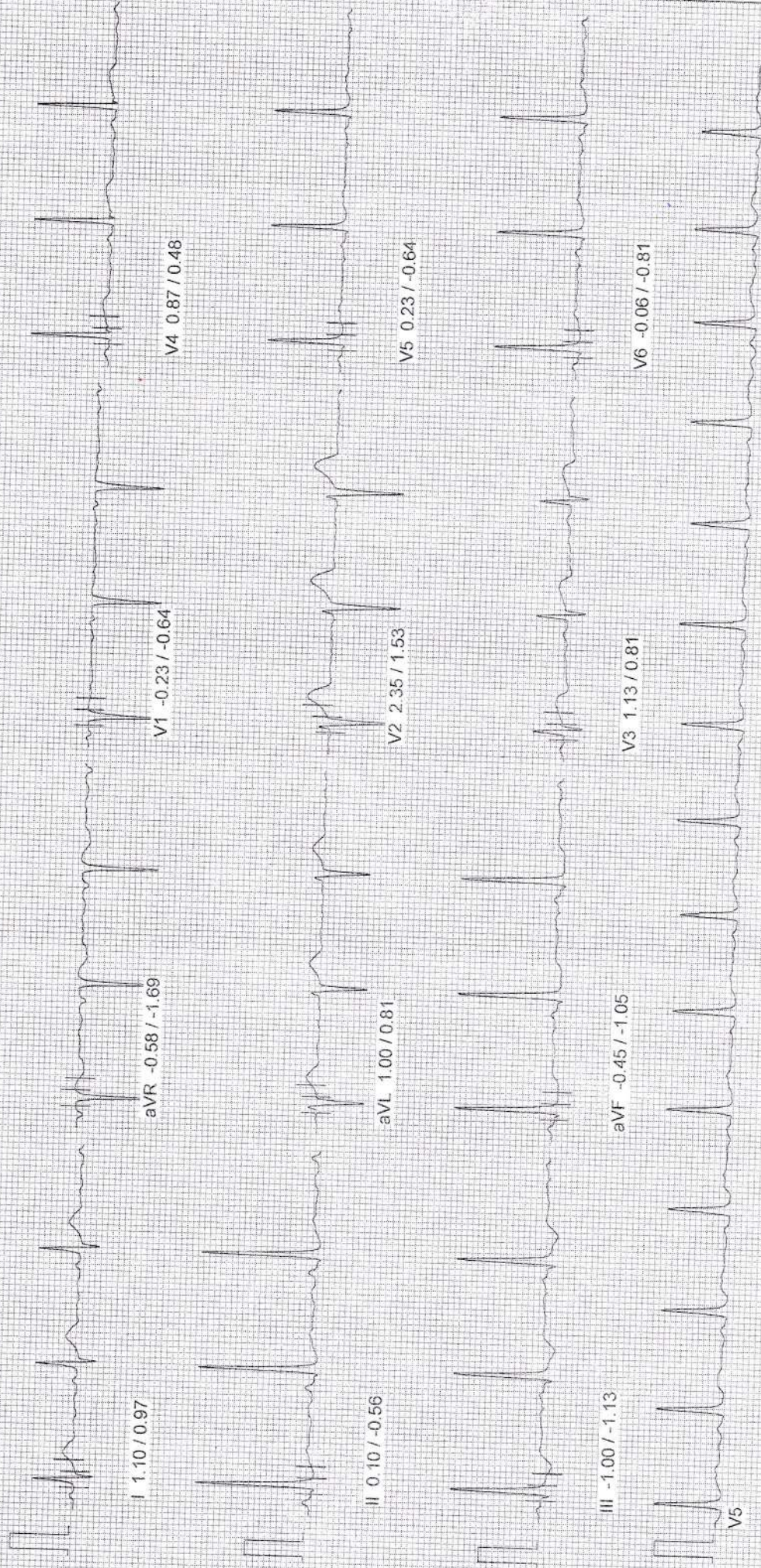
PATIENT ID : R HEIGHT : 174 Cm WEIGHT : 64.00 Kg
PATIENT NAME : AKSHAY DHOKANE 34/M

PROTOCOL : BRUCE
STAGE : Standing

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

March 30, 2023 10:16 am
Report time : 10:16 am

PHASE TIME : 00:37 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 70 bpm BP : 130 / 80 mmHg
QRS Lead : V5 METs : 1.00



10mm/mv 25mm/sec

100 Hz

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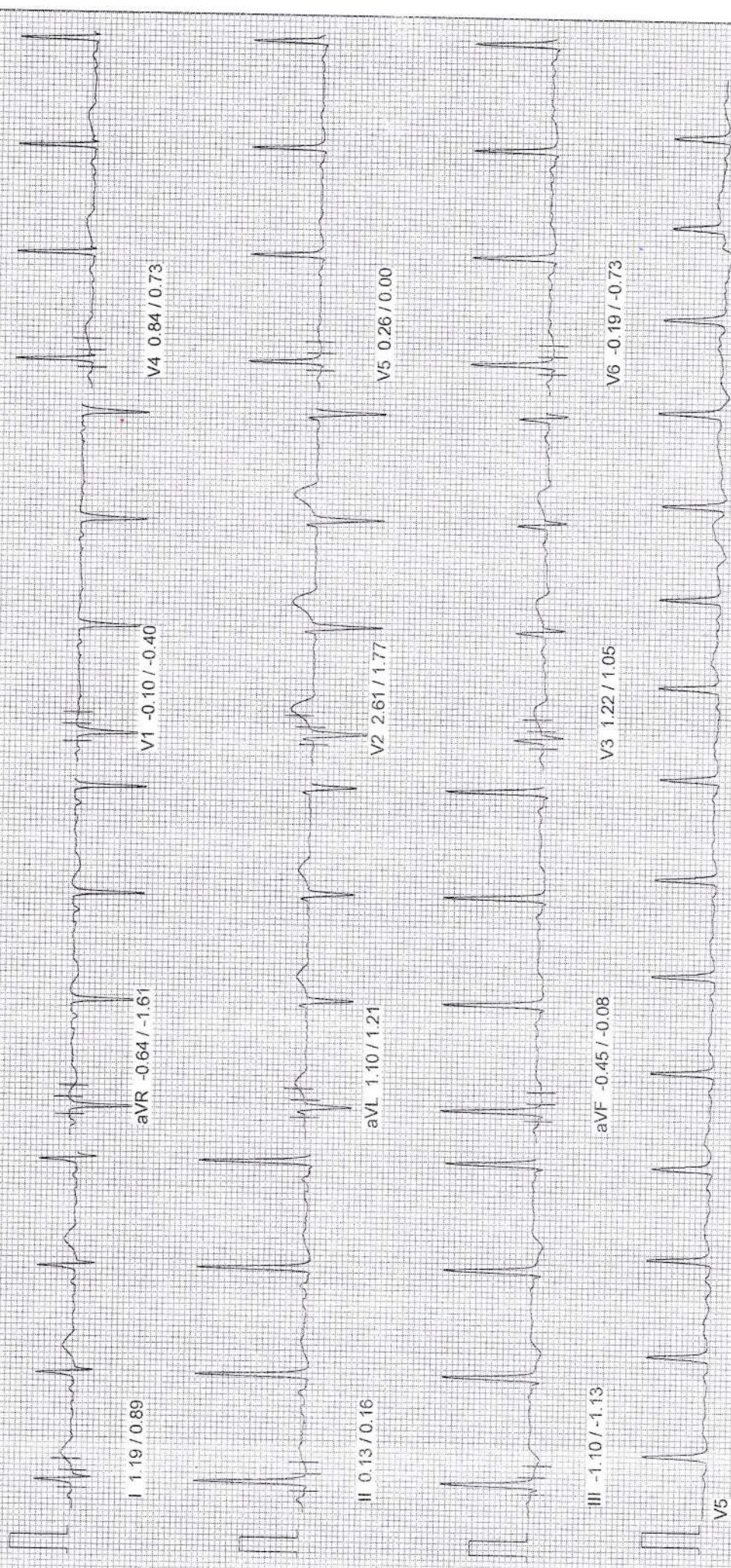
Linked Median Report

PATIENT ID : R HEIGHT : 174 Cm WEIGHT : 64.00 Kg
PATIENT NAME : AKSHAY DHOKANE 34/M

PROTOCOL : BRUCE
STAGE : HyperVentilation
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

March 30, 2023 10:16 am
Report time : 10:16 am

PHASE TIME : 00:43 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 79 bpm BP : 130 / 80 mmHg
QRS Lead : V5 METs : 1.00



10mm/mv 25mm/sec

100 Hz

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Linked Median Report

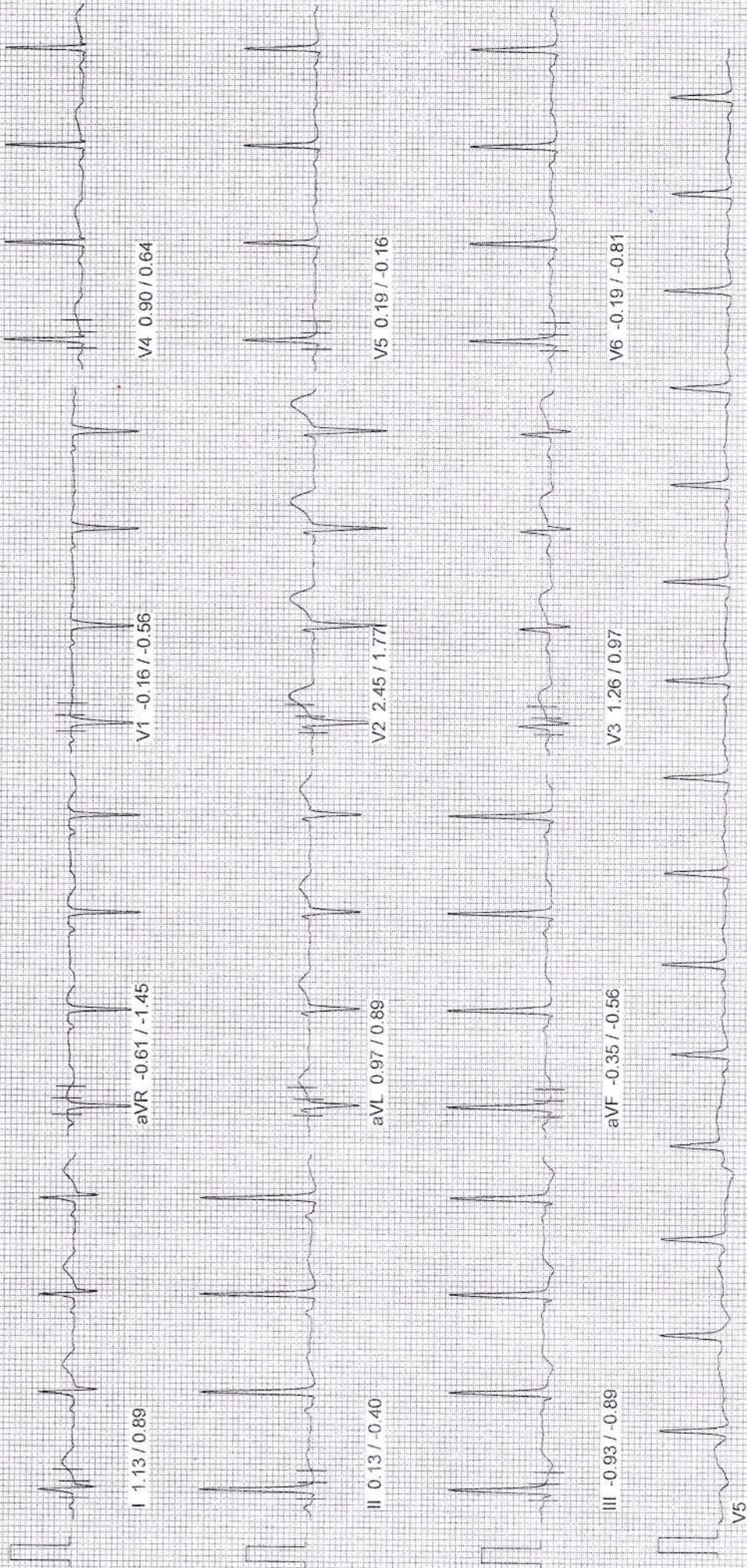
PATIENT ID : R HEIGHT : 174 Cm WEIGHT : 64.00 Kg
PATIENT NAME : AKSHAY DHOKANE 34/M

PROTOCOL : BRUCE
STAGE : Wait For Exercise

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

March 30, 2023 10:16 am
Report time : 10:16 am

PHASE TIME : 00:50 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 88 bpm BP : 130 / 80 mmHg
QRS Lead : V5 METs : 3.40



10mm/mv, 25mm/sec

100 Hz

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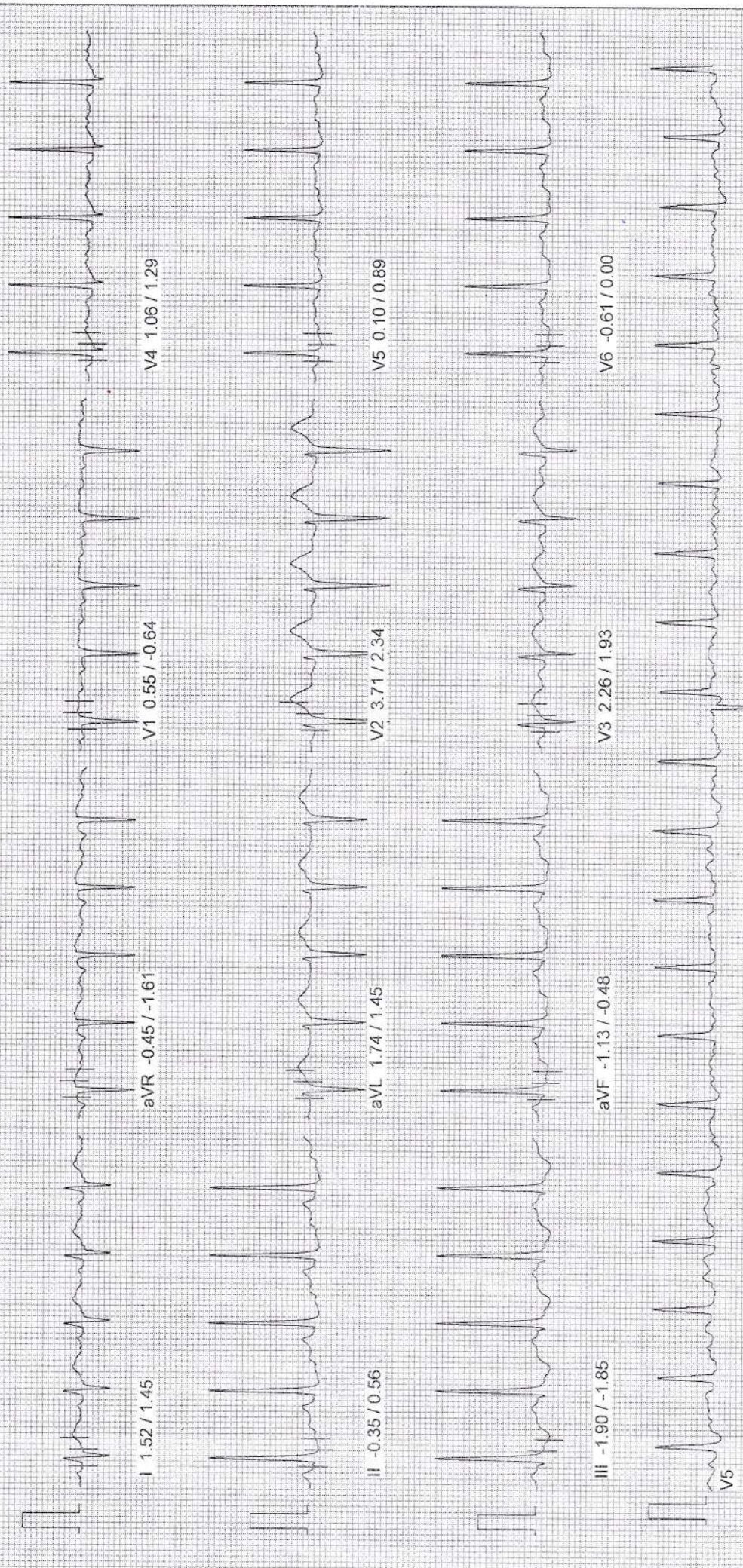
PATIENT ID : R HEIGHT : 174 Cm WEIGHT : 64.00 Kg
PATIENT NAME : AKSHAY DHOKANE 34/M

Linked Median Report

March 30, 2023 10:16 am
Report time 10:19 am

PROTOCOL : BRUCE
STAGE : Exercise Stage 1
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 03:00 SPEED: 2.7 kmph
STAGE DURATION : 03:00 GRADE: 10.0
HR : 124 bpm BP : 130 / 80 mmHg
QRS Lead : V5 METs : 5.70



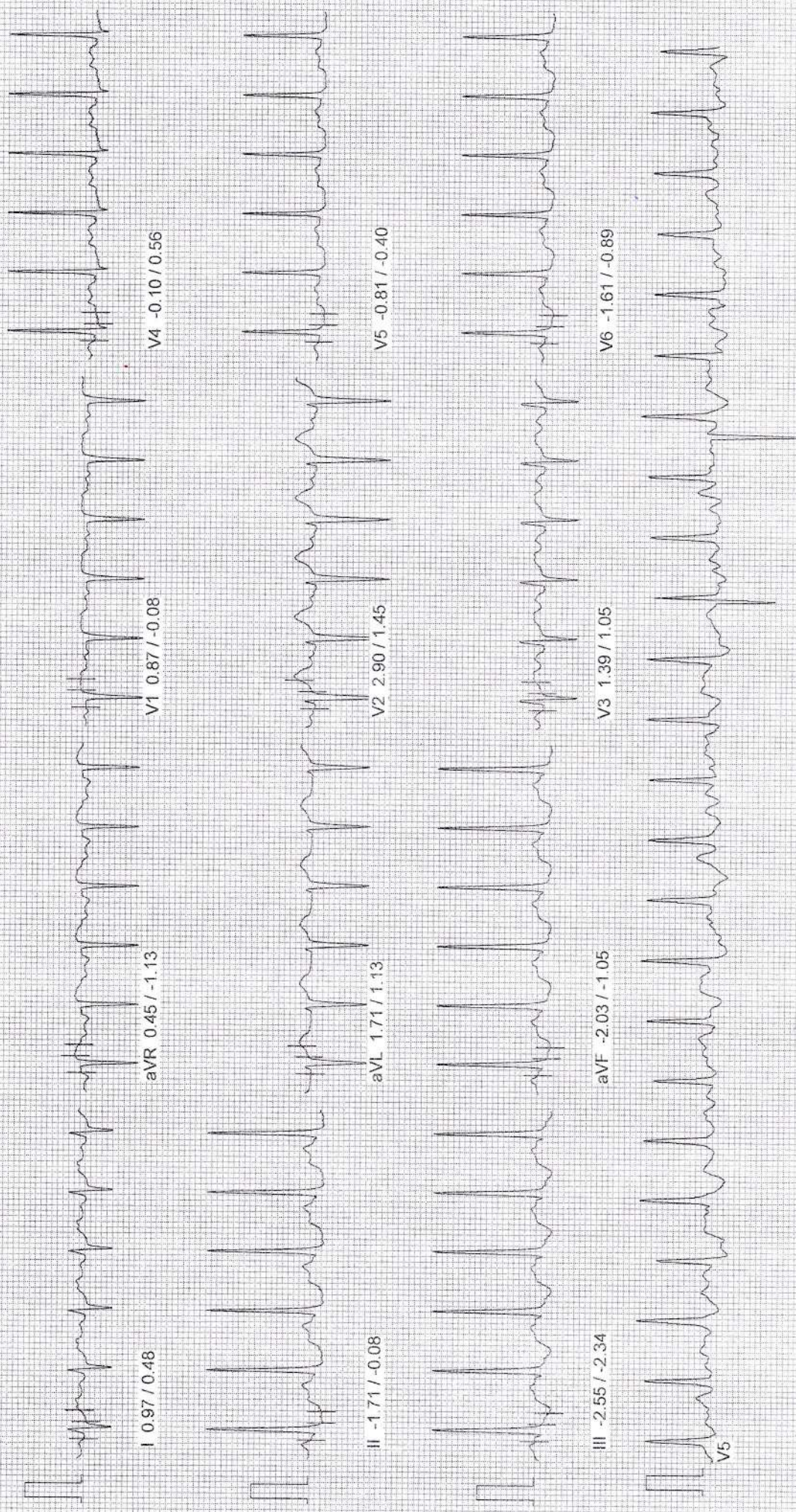
10mm/mv 25mm/sec

PATIENT ID : R HEIGHT : 174 Cm WEIGHT : 64.00 Kg
PATIENT NAME : AKSHAY DHOKANE 34/M

March 30, 2023 10:16 am
Report time : 10:22 am

PROTOCOL : BRUCE
STAGE : Exercise Stage 2
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 06:00 SPEED: 4.0 kmph
STAGE DURATION : 03:00 GRADE: 12.0
HR : 141 bpm BP : 160 / 90 mmHg
QRS Lead : V5 METs : 8.00



10mm/mv, 25mm/sec

100 Hz

LDR CLINIC LLP

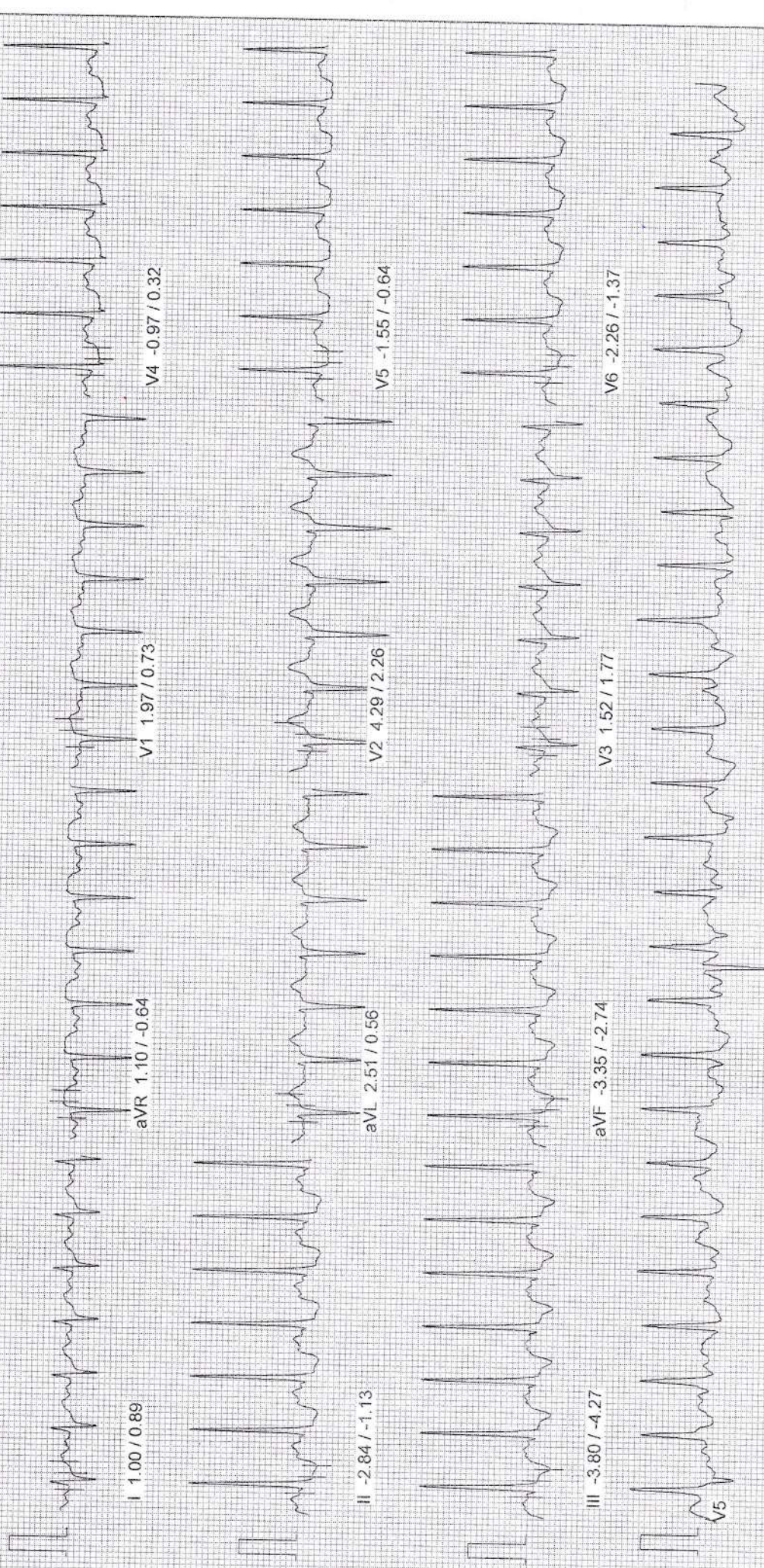
Linked Median Report

PATIENT ID : R HEIGHT : 174 Cm WEIGHT : 64.00 Kg
PATIENT NAME : AKSHAY DHOKANE 34/M

PROTOCOL : BRUCE
STAGE : Exercise Stage 3
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

March 30, 2023 10:16 am
Report time : 10:25 am

PHASE TIME : 09:00 SPEED: 5.5 kmph
STAGE DURATION : 03:00 GRADE: 14.0
HR : 157 bpm BP : 170 / 100 mmHg
QRS Lead : V5 METs : 10.60



10mm/mv, 25mm/sec.

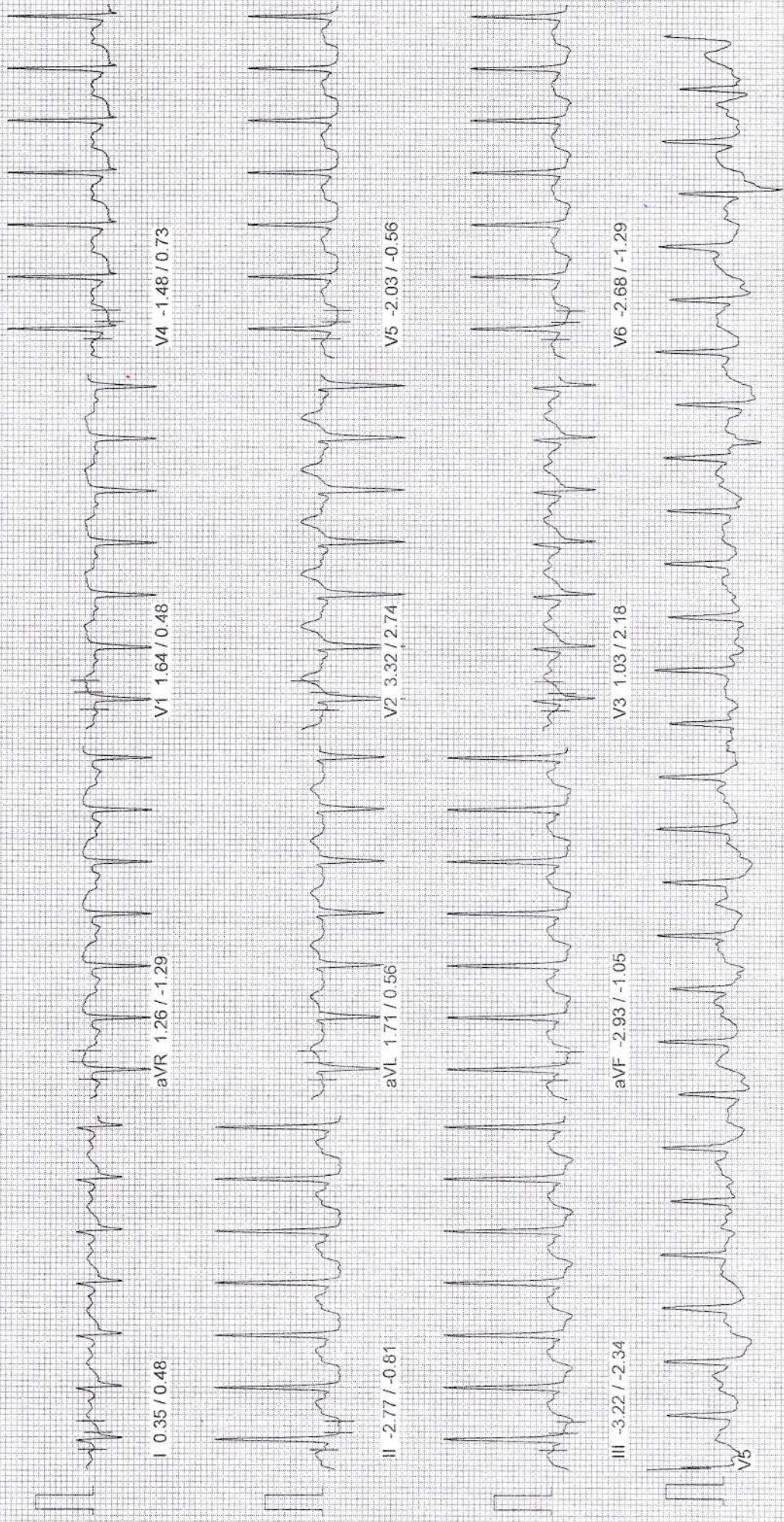
100 Hz

PATIENT ID : R HEIGHT : 174 Cm WEIGHT : 64.00 Kg
PATIENT NAME : AKSHAY DHOKANE 34/M

March 30, 2023 10:16 am
Report time : 10:26 am

PROTOCOL : BRUCE
STAGE : Peak Exercise
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 09:12 SPEED: 6.8 kmph
STAGE DURATION : 00:12 GRADE: 16.0
HR : 160 bpm BP : 170 / 100 mmHg
QRS Lead : V5 METs : 10.60



10mm/mv, 25mm/sec

100 Hz

LDR CLINIC LLP

PATIENT ID : R HEIGHT : 174 Cm WEIGHT : 64.00 Kg
PATIENT NAME : AKSHAY DHOKANE 34/M

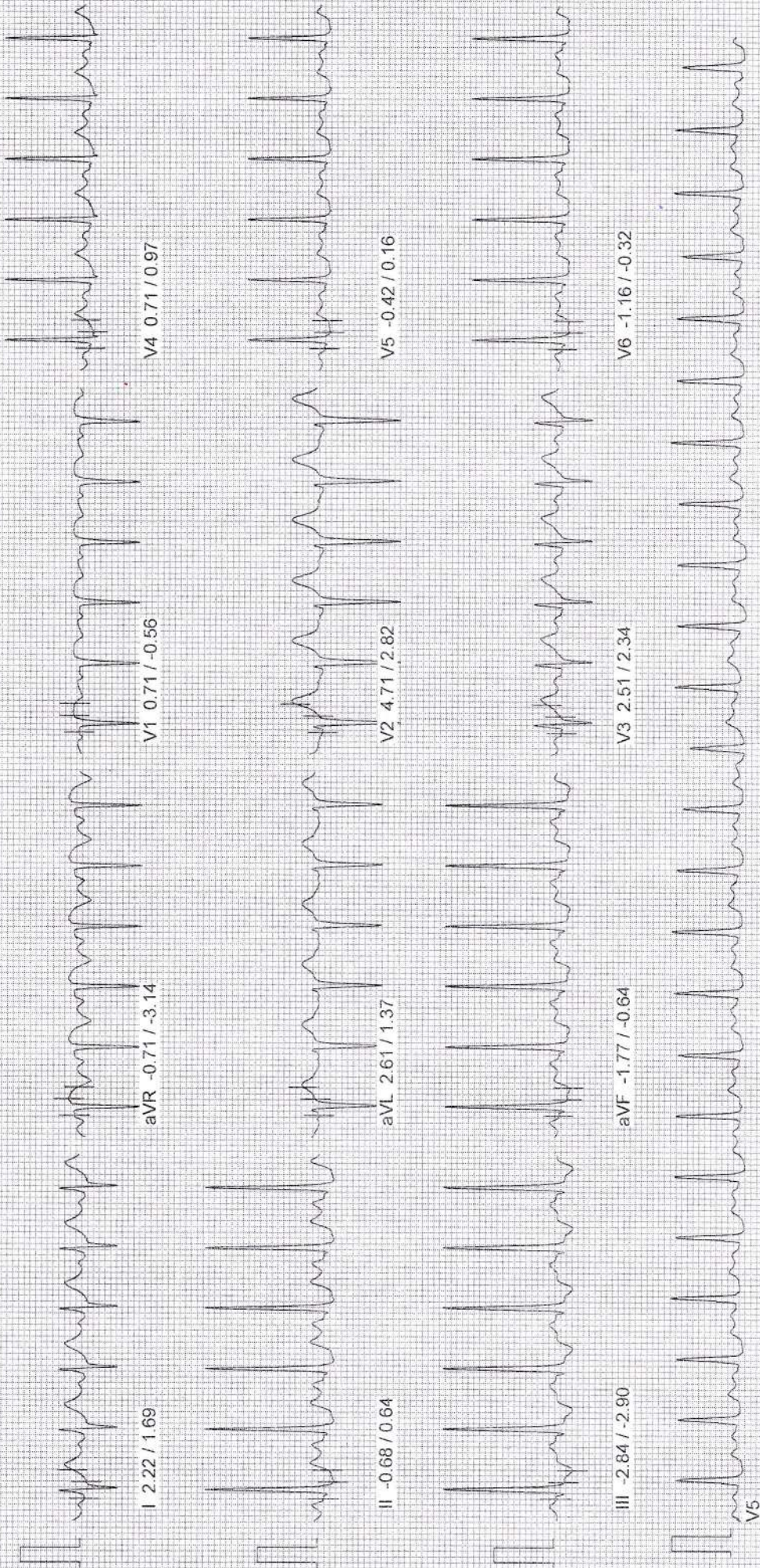
March 30, 2023 10:16 am
Report time : 10:27 am

PROTOCOL : BRUCE
STAGE : Recovery

PHASE TIME : 09:12
STAGE DURATION : 01:00
HR : 148 bpm
QRS Lead : V5

SPEED: 0.0 kmph
GRADE: 0.0
BP : 170 / 100 mmHg
METS : 1.00

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J



10mm/mv, 25mm/sec

LDR CLINIC LLP

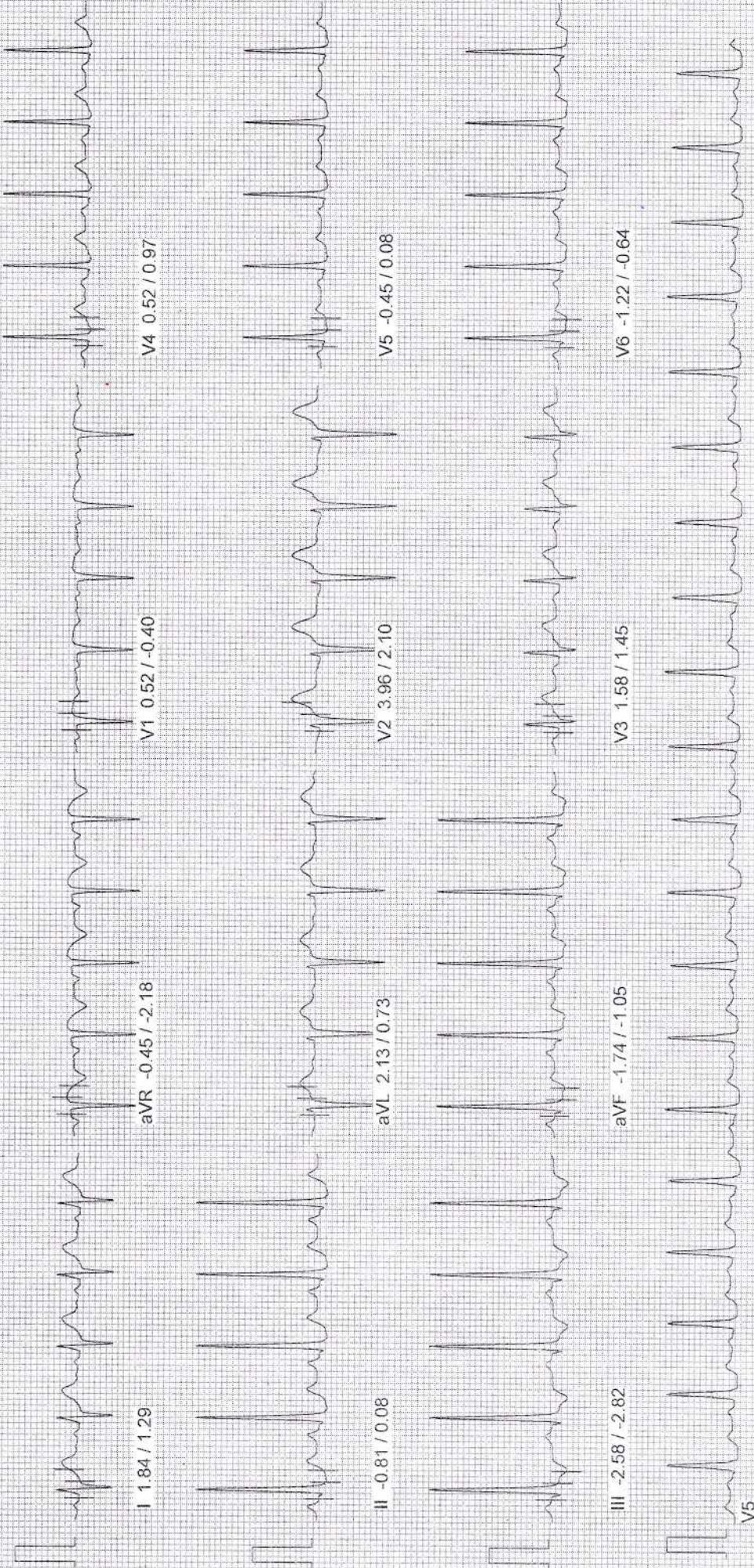
PATIENT ID : R HEIGHT : 174 Cm WEIGHT : 64.00 Kg
PATIENT NAME : AKSHAY DHOKANE 34/M

PROTOCOL : BRUCE
STAGE : Recovery

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

March 30, 2023 10:16 am
Report time : 10:28 am

PHASE TIME : 09:12 SPEED: 0.0 kmph
STAGE DURATION : 02:00 GRADE: 0.0
HR : 124 bpm BP : 170 / 100 mmHg
QRS Lead : V5 METs : 1.00



10mm/mv, 25mm/Sec

100 Hz

LDR CLINIC LLP

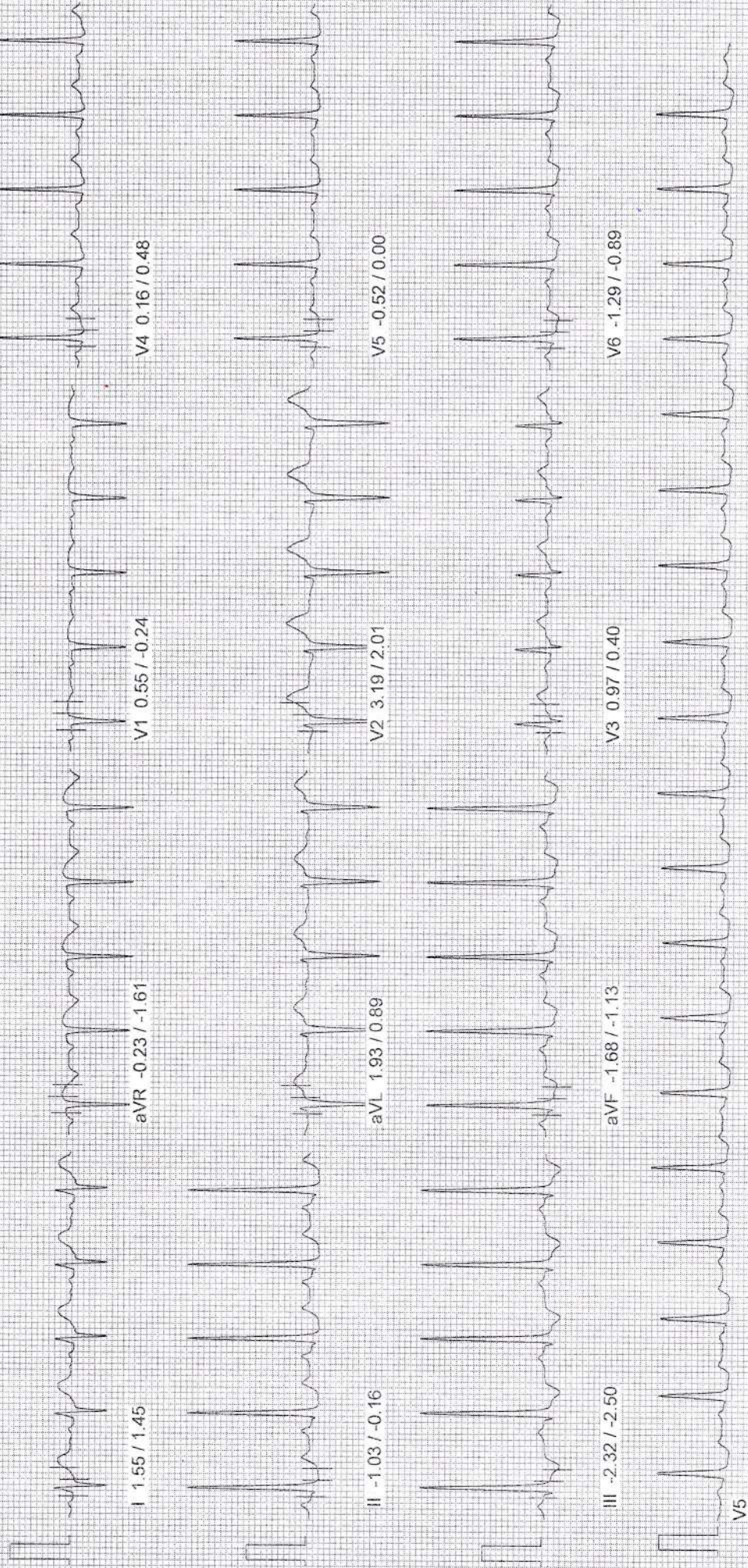
PATIENT ID : R HEIGHT : 174 Cm WEIGHT : 64.00 Kg
PATIENT NAME : AKSHAY DHOKANE 34/M

PROTOCOL : BRUCE
STAGE : Recovery

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

March 30, 2023 10:16 am
Report time : 10:29 am

PHASE TIME : 09:12 SPEED: 0.0 kmph
STAGE DURATION : 03:00 GRADE: 0.0
HR : 117 bpm BP : 170 / 100 mmHg
QRS Lead : V5 METS : 1.00



10mm/mv, 25mm/sec

100 Hz

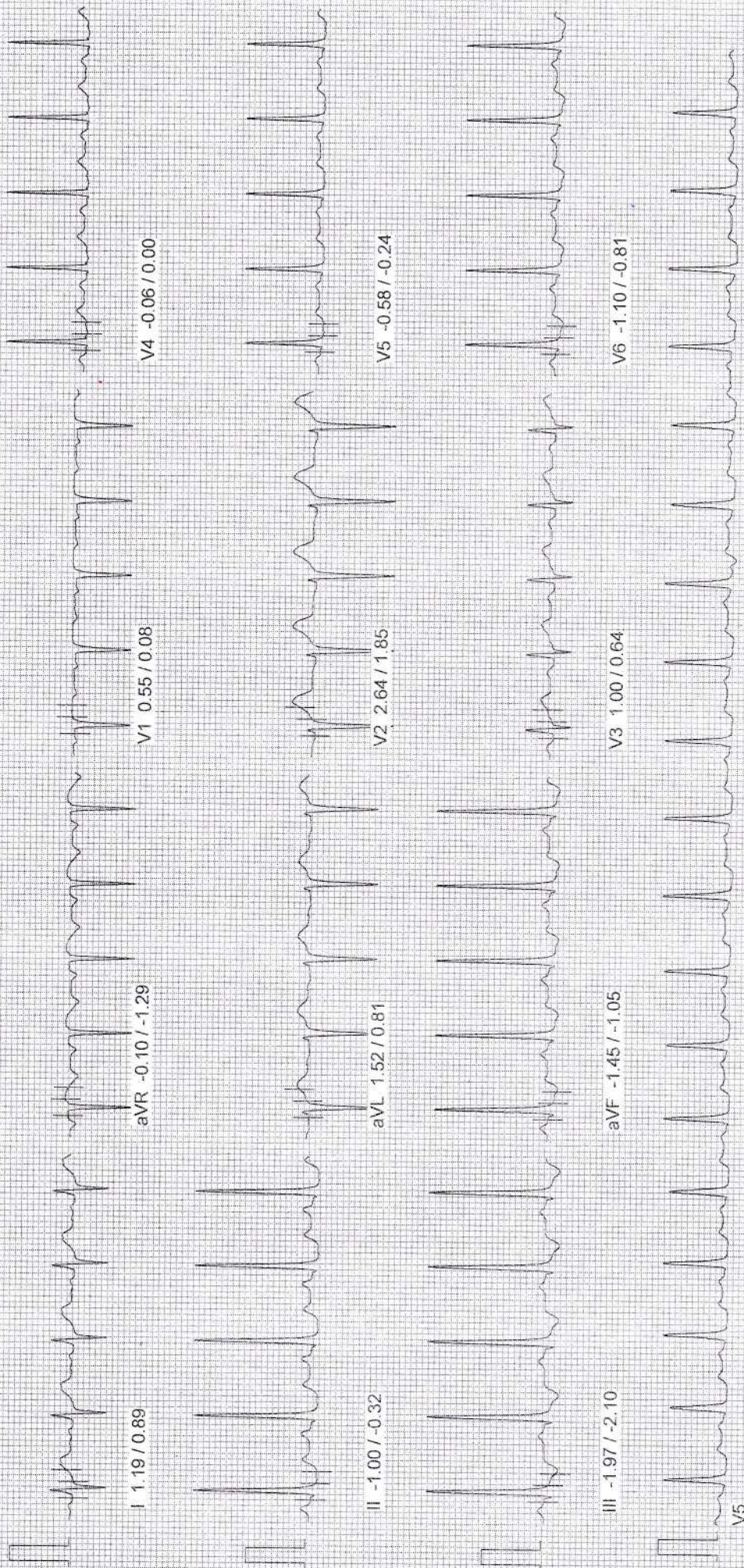
LDR CLINIC LLP

Linked Median Report

PATIENT ID : R HEIGHT : 174 Cm WEIGHT : 64.00 Kg
PATIENT NAME : AKSHAY DHOKANE 34/M

PROTOCOL : BRUCE
STAGE : Recovery
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

March 30, 2023 10:16 am
Report time : 10:30 am
PHASE TIME : 09:12 SPEED: 0.0 kmph
STAGE DURATION : 04:00 GRADE: 0.0
HR : 119 bpm BP : 140 / 80 mmHg
QRS Lead : V5 METs : 1.00



10mm/mv, 25mm/sec