

## CONCLUSION OF HEALTH CHECKUP

ECU Number : 9586	MR Number : 23229105	Patient Name : BALRAM GOSWAMI
Age : 34	Sex : Male	Height : 167
Weight : 69.8	Ideal Weight : 65	BMI : 25.03
Date : 22/02/2024		

*Dyslipidemic  
Fatty change  
in liver*

*Adh  
Lifestyle Modification  
Fibrescan*



Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.



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ECU Number : 9586                      MR Number : 23229105                      Patient Name : BALRAM GOSWAMI  
Age : 34                                      Sex : Male                                      Height : 167  
Weight : 69.8                              Ideal Weight : 65                              BMI : 25.03  
Date : 22/02/2024

Past H/O : NO P/H/O ANY MAJOR ILLNESS

Present H/O : NO MEDICAL COMPLAIN AT PRESENT

Family H/O : NO F/H/O ANY MAJOR ILLNESS

Habits : NO

Gen.Exam. : G.C.GOOD

B.P : 100/70

Pulse : 99

Others : SPO2 80 %

C.V.S : NAD

R.S. : NAD

Abdomen : NP

Spleen : NP

Skin : NAD

C.N.S : NAD

Advice :





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ECU Number : 9586

Age : 34

Weight : 69.8

Date : 22/02/2024

MR Number : 23229105

Sex : Male

Ideal Weight : 65

Patient Name: BALRAM GOSWAMI

Height : 167

BMI : 25.03

### Ophthalmic Check Up :

Right

Left

Ext Exam

NORMAL

Vision Without Glasses

6/6

6/6

Vision With Glasses

N.6

N.6

Final Correction

-

Fundus

NORMAL

Colour Vision

NORMAL

Advice

NIL

### Orthopeadic Check Up :

Ortho Consultation

Ortho Advice

ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

### General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice



Patient Name : Mr. BALRAM GOSWAMI  
 Gender / Age : Male / 34 Years 5 Months 18 Days  
 MR No / Bill No. : 23229105 / 242084651  
 Consultant : Dr. Manish Mittal  
 Location : OPD

Type : OPD  
 Request No. : 201986  
 Request Date : 22/02/2024 09:47 AM  
 Collection Date : 22/02/2024 09:59 AM  
 Approval Date : 22/02/2024 02:44 PM

**CBC + ESR**

Test	Result	Units	Biological Ref. Range
<b>Haemoglobin.</b>			
Haemoglobin	13.9	gm/dL	13 - 17
Red Blood Cell Count (T-RBC)	4.59	mill/cmm	4.5 - 5.5
Hematocrit (HCT)	42.7	%	40 - 50
Mean Corpuscular Volume (MCV)	93.0	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	30.3	pg	27 - 32
MCH Concentration (MCHC)	32.6	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	13.2	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	45.0	fl	39 - 46
<b>Total Leucocyte Count (TLC)</b>			
Total Leucocyte Count (TLC)	5.07	thou/cmm	4 - 10
<b>Differential Leucocyte Count</b>			
Polymorphs	52	%	40 - 80
Lymphocytes	33	%	20 - 40
Eosinophils	8	%	1 - 6
Monocytes	7	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	2.58	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	1.66	thou/cmm	1 - 3
Eosinophils (Abs. Value)	0.45	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.33	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.05	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.2	%	1 - 3 : Borderline > 3 : Significant
<b>Platelet Count</b>			
Platelet Count	<b>126</b>	thou/cmm	150 - 410
Smear evaluation	Adequate		
Remarks	Few large platelets seen.		
ESR	<b>15</b>	mm/1 hr	0 - 10

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm diagnosis may be reached.

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name	: Mr. BALRAM GOSWAMI	Type	: OPD
Gender / Age	: Male / 34 Years 5 Months 18 Days	Request No.	: 201986
MR No / Bill No.	: 23229105 / 242084651	Request Date	: 22/02/2024 09:47 AM
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**CBC + ESR**

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.  
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter by Fluorescent flow cytometry using a semi-conductor laser and hydrodynamic focusing in dedicated channels. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification.

ESR on ESL-30, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

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Dr. Ameer Soni  
MD (Path)

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mr. BALRAM GOSWAMI Type : OPD  
Gender / Age : Male / 34 Years 5 Months 18 Days Request No. : 201986  
MR No / Bill No. : 23229105 / 242084651 Request Date : 22/02/2024 09:47 AM  
Consultant : Dr. Manish Mittal Collection Date : 22/02/2024 09:59 AM  
Location : OPD Approval Date : 23/02/2024 10:06 AM

### Haematology

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Biological Ref. Range</u>
<b>Blood Group</b>			
ABO system	A		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontrol. This method checks group both on Red blood cells and in Serum for "ABO" group.

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path), DCP.

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 Approval Date : 22/02/2024 02:45 PM

**Fasting Plasma Glucose**

Test	Result	Units	Biological Ref. Range
<b>Fasting Plasma Glucose</b>			
Fasting Plasma Glucose	93	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	114	mg/dL	70 - 140

By Hexokinase method on EXL Dade Dimension

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path), DCP.



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**HbA1c (Glycosylated Hb)**

Test	Result	Units	Biological Ref. Range
<b>HbA1c (Glycosylated Hb)</b>			
Glycosylated Hemoglobin (HbA1c)	5.1	%	
estimated Average Glucose (e AG) *	99.67	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

\* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
- 8	154 - 183	Good
7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
- 7	126 - 154	Near Normal
6	< 126	Nondiabetic level)

---- End of Report ----

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**Liver Function Test (LFT)**

Test	Result	Units	Biological Ref. Range
<b>Bilirubin</b>			
Bilirubin - Total	<b>1.12 R/C</b>	mg/dL	0 - 1
Bilirubin - Direct	0.29	mg/dL	0 - 0.3
Bilirubin - Indirect	0.83	mg/dL	0 - 0.7
<i>(Done by Dual Wavelength - Reflectance Spectrophotometry on Vitros 5600)</i>			
Aspartate Aminotransferase (SGOT/AST)	35	U/L	15 - 40
<i>(Done by Multipoint Rate Colorimetric with P-5-P on Vitros 5600)</i>			
Alanine Aminotransferase (SGPT/ALT)	<b>68</b>	U/L	16 - 63
<i>(Done by Multipoint-Rate/Colorimetric with P-5-P (pyridoxa-5-phosphate) on Vitros 5600)</i>			
Alkaline Phosphatase	115	U/L	53 - 128
<i>(Done by Multipoint-Rate - p-nitrophenyl Phosphate, AMP buffer on Vitros 5600)</i>			
Gamma Glutamyl Transferase (GGT)	52	U/L	15 - 85
<i>(Done by Multipoint Rate - L-γ<sup>3</sup>-glutamyl-p-nitroanilide on Vitros 5600)</i>			
<b>Total Protein</b>			
Total Proteins	8.14	gm/dL	6.4 - 8.2
Albumin	4.77	gm/dL	3.4 - 5
Globulin	3.37	gm/dL	3 - 3.2
A : G Ratio	1.42		1.1 - 1.6
<i>(Done by Biuret endpoint and Bromocresol green method on vitros 5600.)</i>			

---- End of Report ----

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MD (Path). DCP.

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DEPARTMENT OF LABORATORY MEDICINE

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Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea <i>(Done by Endpoint/Colorimetric - Urease on Vitros 5600)</i>	20	mg/dL	10 - 45
BUN	9.35	mg/dL	5 - 21
Creatinine <i>(By Modified Kinetic Jaffe Technique)</i>	0.67	mg/dL	0.9 - 1.3
Estimate Glomerular Filtration rate <i>(Ref. range : &gt; 60 ml/min for adults between age group of 18 to 70 yrs. eGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)</i>	More than 60		
Uric acid <i>(Done by Colorimetric - Uricase, Peroxidase on Vitros 5600)</i>	6.1	mg/dL	3.4 - 7.2

---- End of Report ----

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**Complete Lipid Profile**

Test	Result	Units	Biological Ref. Range
<b>Complete Lipid Profile</b>			
Appearance	Clear		
Triglycerides	<b>256</b>	mg/dL	1 - 150
<i>(Done by Lipase /Glycerol kinase on Vitros 5600</i>			
<i>&lt; 150 Normal</i>			
<i>) 150-199 Borderline High</i>			
<i>200-499 High</i>			
<i>&gt; 499 Very High)</i>			
Total Cholesterol	130	mg/dL	1 - 200
<i>(Done by Colorimetric - Cholesterol Oxidase, esterase, peroxidase on Vitros 5600.</i>			
<i>&lt;200 mg/dL - Desirable</i>			
<i>200-239 mg/dL - Borderline High</i>			
<i>239 mg/dL - High)</i>			
HDL Cholesterol	<b>32</b>	mg/dL	40 - 60
<i>(Done by Colorimetric: non HDL precipitation method PTA/MgCl2 on Vitros 5600</i>			
<i>&lt; 40 Low</i>			
<i>&gt; 60 High)</i>			
Non HDL Cholesterol (calculated)	98	mg/dL	1 - 130
<i>(Non- HDL Cholesterol</i>			
<i>&lt; 130 Desirable</i>			
<i>139-159 Borderline High</i>			
<i>160-189 High</i>			
<i>&gt; 191 Very High)</i>			
HDL Cholesterol	65	mg/dL	1 - 100
<i>(Done by Enzymatic (Two Step CHE/CHO/POD ) on Vitros 5600</i>			
<i>&lt; 100 Optimal</i>			
<i>) 100-129 Near / above optimal</i>			
<i>130-159 Borderline High</i>			
<i>160-189 High</i>			
<i>&gt; 189 Very High)</i>			
VLDL Cholesterol (calculated)	51.2	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	2.03		2.1 - 3.5
T. Ch./HDL Ch. Ratio	4.06		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path). DCP.



Patient Name : Mr. BALRAM GOSWAMI  
 Gender / Age : Male / 34 Years 5 Months 18 Days  
 MR No / Bill No. : 23229105 / 242084651  
 Consultant : Dr. Manish Mittal  
 Location : OPD

Type : OPD  
 Request No. : 201986  
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 Approval Date : 22/02/2024 02:44 PM

## Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
Triiodothyronine (T3) (Done by CLIA based method on automated immunoassay Vitros 5600. Reference interval (ng/ml) 1 - 3 days : 0.1 - 7.4 1-11 months : 0.1 - 2.45 1-5 years : 0.1 - 2.7 6-10 years : 0.9 - 2.4 11-15 years : 0.8 - 2.1 16-20 years : 0.8 - 2.1 Adults (20 - 99 years) : 1.07 - 1.85 Pregnancy (in last 5 months) : 1.2 - 2.5 (Reference : Tietz - Clinical guide to laboratory test, 4th edition ))	1.15	ng/ml	
Thyroxine (T4) (Done by CLIA based method on automated immunoassay Vitros 5600. Reference interval (mcg/dL) 1 - 3 days : 11.8 - 22.6 1 - 2 weeks : 9.8 - 16.6 1 - 4 months : 7.2 - 14.4 4 - 12 months : 7.8 - 16.5 1-5 years : 7.3 - 15.0 5 - 10 years : 6.4 - 13.3 10 - 20 years : 5.6 - 11.7 Adults (20-99 years) : 5.91 - 12.98 (Reference : Tietz - Clinical guide to laboratory test, 4th edition ))	11.0	mcg/dL	
Thyroid Stimulating Hormone (US-TSH) (Done by CLIA based method on automated immunoassay Vitros 5600. Reference interval (microIU/ml) Infants (1-4 days) : 1.0 - 39 2-20 weeks : 1.7 - 9.1 5 months - 20 years : 0.7 - 6.4 Adults (20-99 years) : 0.4001 - 4.049 Pregnancy : 1st trimester : 0.3 - 4.5 2nd trimester : 0.5 - 4.6 3rd trimester : 0.8 - 5.2 (Reference : Tietz - Clinical guide to laboratory test, 4th edition ))	1.45	microIU/ml	

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck test may be requested.

--- End of Report ---

Dr. Rakesh Vaidya  
 MD (Path). DCP.



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 Gender / Age : Male / 34 Years 5 Months 18 Days  
 MR No / Bill No. : 23229105 / 242084651  
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 Approval Date : 22/02/2024 01:09 PM

## Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
<b>Physical Examination</b>			
Quantity	30	mL	
Colour	Pale Yellow		
Appearance	Clear		
<b>Chemical Examination (By Reagent strip method)</b>			
pH	5.0		
Specific Gravity	1.024		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
<b>Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex Urine sedimentation analyzer UF4000)</b>			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	0 - 1	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

--- End of Report ---

Dr. Ameet Soni  
MD (Path)



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Magnetic Resonance Imaging (MRI)

Mammography

Interventional Radiology

Digital Subtraction Angiography (DSA)

Foetal Echocardiography

Echocardiography

4D USG & Doppler

**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 23229105      Report Date : 22/02/2024

Request No. : 190104340      22/02/2024 9.47 AM

Patient Name : **Mr. BALRAM GOSWAMI**

Gender / Age : Male / 34 Years 5 Months 18 Days

**X-Ray Chest AP**

Both lung fields are clear.  
Both costophrenic sinuses appear clear.  
Heart size is normal.  
Hilar shadows show no obvious abnormality.  
Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
• NOT VALID FOR MEDICO-LEGAL PURPOSES  
• CLINICAL CORRELATION RECOMMENDED

**Dr. Harsh Sanjay Vyas, D N**  
B  
Consultant Radiologist



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Digital Subtraction Angiography (DSA)

Foetal Echocardiography

Echocardiography

4D USG & Doppler

**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 23229105 Report Date : 22/02/2024

Request No. : 190104344 22/02/2024 9.47 AM

Patient Name : Mr. BALRAM GOSWAMI

Gender / Age : Male / 34 Years 5 Months 18 Days

**USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen**

Liver is normal in size and shows raised echopattern. No mass lesion identified. The hepatic veins are clear and patent.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct measures 3 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured. Spleen is normal in size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

No ascites.

**COMMENT:**

- Fatty changes in liver.

Kindly correlate clinically.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
• NOT VALID FOR MEDICO-LEGAL PURPOSES  
• CLINICAL CORRELATION RECOMMENDED

**Dr. Harsh Sanjay Vyas,**

Consultant Radiologist



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**080 69 70 70 70**

Patient No. : 23229105      Report Date : 22/02/2024  
Request No. : 190104349      22/02/2024 9.47 AM  
Patient Name : **Mr. BALRAM GOSWAMI**  
Gender / Age : Male / 34 Years 5 Months 18 Days

### Echo Doppler Screening

MITRAL VALVE : NORMAL, NO MR, NO MS  
AORTIC VALVE : NORMAL, NO AR, NO AS  
TRICUSPID VALVE : NORMAL, NO TR, NO PAH  
PULMONARY VALVE : NORMAL  
LEFT ATRIUM : NORMAL  
AORTA : NORMAL  
LEFT VENTRICLE : NORMAL LV SIZE AND SYSTOLIC FUNCTION LVEF -- 70%, NO  
RESTING REGIONAL WALL MOTION ABNORMALITY  
RIGHT ATRIUM : NORMAL  
RIGHT VENTRICLE : NORMAL  
I.V.S. : INTACT  
I.A.S. : INTACT  
PULMONARY ARTERY : NORMAL  
PERICARDIUM : NORMAL  
COLOUR/DOPPLER FLOW MAPPING : NO MR // AR // TR, NO PAH

### FINAL CONCLUSION:

1. NORMAL SIZED ALL CARDIAC CHAMBERS, NO LVH
2. NORMAL LV SYSTOLIC FUNCTION, LVEF -- 70%
3. NO RESTING REGIONAL WALL MOTION ABNORMALITY
4. NORMAL DIASTOLIC FUNCTION
5. NORMAL RIGHT HEART SIZE AND RV PRESSURES
6. NORMAL CARDIAC VALVES, NO MITRAL // AORTIC STENOSIS
7. NO PERICARDIAL EFFUSION, CLOT OR VEGETATION SEEN, SR+.

Dr. V.C.CHAUHAN, M.D., CARD.



Name: Mr. Balram Goswami -  
Patient ID: Ecu/23229105

22.02.2024 10:16:31  
Standard 12-Lead

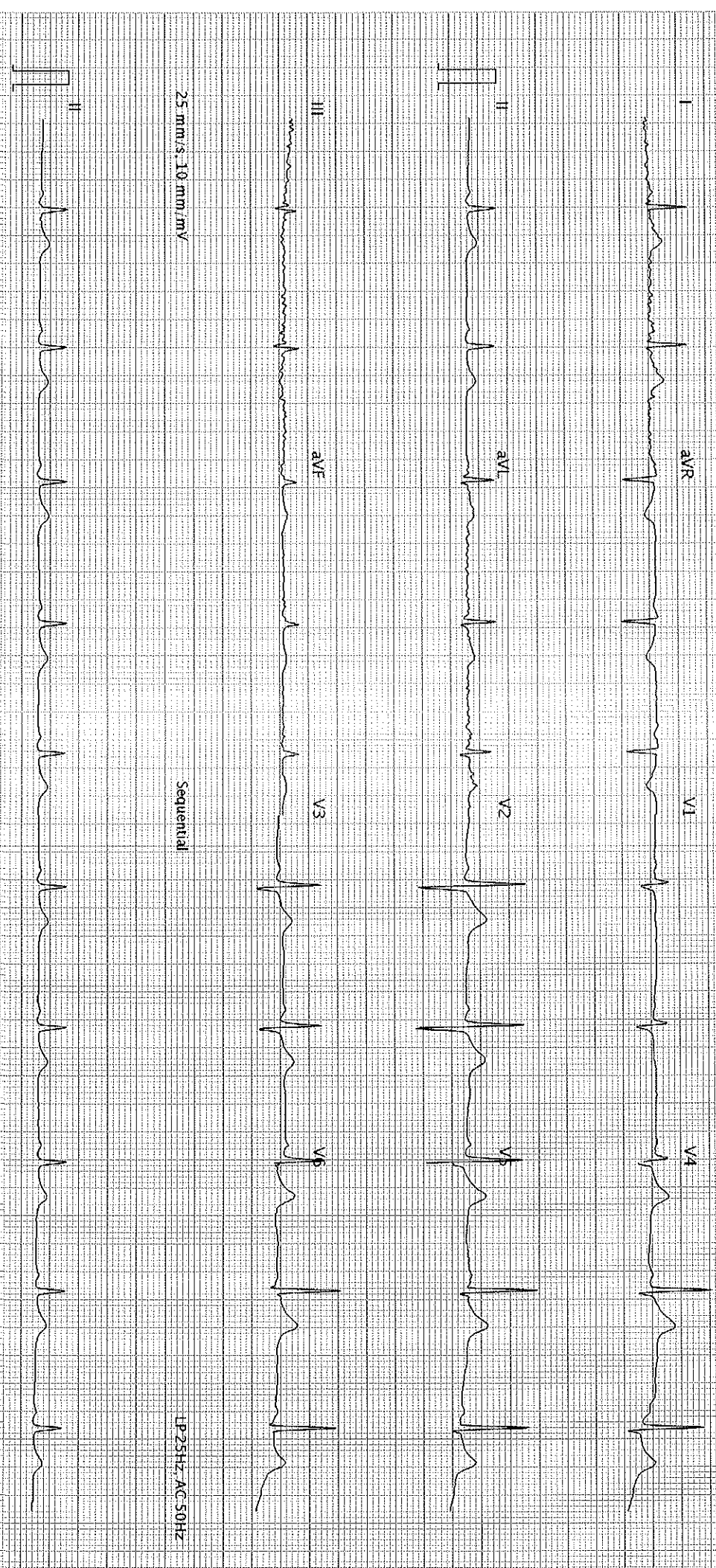
BHAITAL AMIN GENERAL HOSPITAL

Age: 034Y  
Gender: Male  
Ref. phys.:  
Pacemaker: Unknown  
Remark:

HR: 62 bpm  
RR: 97.0 ms  
P: 103 ms  
PR: 126 ms  
P axis: 20°  
QRS axis: 27°  
T axis: 23°  
QRS: 84 ms  
QTc: 485 ms  
QTcB: 492 ms

Unconfirmed report

*P wave*



25 mm/s, 10 mm/mV

Sequential

IP25HZ, AC 50HZ

25 mm/s, 10 mm/mV

IP25HZ, AC 50HZ

AT 102-G2-1-2-0 (1080-011030)

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16:44

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