

Dr. Jyoti Jain

MBBS, DNB (Family Medicine), PGDGM

(Dip in Geriatric Medicine)

Senior Consultant - Dept. of Apollo Health Check

AHB.0001098640

MR. RAAM SARAN GUNASEK

ARAN

Age: 32 Year(s) Year(s) No.,

Form # OP1



Allergies : NKDA	Fall Risk Assessment		Wt: 98 Ht: 180 T: P: 64 BP: 137/76	
	H/o fall (within 1 year)	Yes No	Pain _____/10 <input type="checkbox"/> Psychological & Social Assessment done	
	Mobility Aid	Yes No		
	Gait	Dep. Indep.		

Mild Dyslipidemia - LDL-123
H/o - cough 5 days back. ; Now better.
lymphocytosis ⊕. - ? Viral.

Exc ⊕
gym.
F - DM, HTA
M - DM.

PPBS
TBC
USG
*

Medicine Reconciliation Dose & Frequency
Advice & Plan

Advise:

Salt restriction
low fat diet

After 3 mth - lipid profile.

Kindly get this document scanned at the counter for the record purpose

Jyoti Jain
3/19/22
Signature and Date

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

AHB.0001098840 Name MR. RAAM SARAN GUNASEK	Age :	Sex : M/F
Age : ARAN		UHID :
Age: 32 Year(s) Year(s)		

Physical Examination

General : Build Height 180.5 cm Weight 98 kg BMI :

Anaemia Icterus Cyanosis Clubbing

Oedema Glands

HEAD & NECK :

ENT :

CVS :

Heart Rate & Rhythm 65 bpm

sp. 99 - 1.

B.P. : Supine Sitting Standing

Chest shape 137 / 76 mm Hg

Heart Sounds

Murmurs

Thrills

Screening Echo Report
 Normal LV Systolic function
 No RWMA, LVEF = 60%
 RVSP = 17+10 mmHg

RS :

Rate & Type

Breath Sounds



Dr. Shalini Shetty
 MBBS, MS (Oph), FRCS (UK)
 Sr. Consultant - Ophthalmology

Place Label Here
Mr. Raam Saan Genasekaran
82/M 1096640
 If label not available, write Pt. Name, UHID No.,
 Age, Sex, Date, Name of Treating Physician

Allergies :	Fall Risk Assessment		Wt: _____	Ht: _____	T: _____	P: _____	BP: _____
	H/o fall (within 1 year)	Yes No	Pain _____/10		<input type="checkbox"/> Psychological & Social Assessment done		
	Mobility Aid	Yes No					
	Gait	Dep. Indep.					

Routine eye Test

R	L
6/6	6/6
with	glasses
NG	NG
Colour	vision
17	17
17	17

Medicine Reconciliation Dose & Frequency
 Advice & Plan

Clinically Normal
 Kindly get this document scanned at the counter for the record purpose

For Dr. Shalini
 Signature and Date

03/09/22



DEPT. OF APOLLO HEALTH CHECK

SURGICAL CONSULT

AHB.0001098640
MR. RAAM SARAN GUNASEK

NT :

UHID :

Date : 3/9/2022

ARAN
Age: 32 Year(s) Year(s)

Consultant Surgeon : D. Prashanth :c

SURGICAL HISTORY :

- 1. Any Swelling, lumps, ulcers, wounds, anywhere in the body ? - Nil
- 2. Any hydrocele, hernia, bleeding P.R., mass P.R., painful defecation, varicose veins, etc. ? - Nil
- 3. Past - Surgical History - Nil

GENERAL EXAMINATION : Lumps / Nodes / Ulcers / Deformities Nil -
Peripheral blood vessels / Organomegaly etc.

HERNIA : Nil

USG -> (N)

GENITAL EXAM (N)

RECTAL EXAM / PROCTOSCOPY (N)

ADVICE : MEDICAL Nil Surgical
SURGICAL

Prashanth
CONSULTANT'S SIGNATURE
DATE & TIME

YOUR CLINICAL TEST RESULTS

Mr. RAAM SARAN GUNASEKARAN
 MALE / 32 Yrs / AHB.0001096640 / AHBHC108425
 2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	15.5	g/dL	●	13-17
:Oxyhemoglobin method(Photometric measurement)				
RBC Count (Impedance)	5.19	x(10) ¹² /l	●	4.5 - 5.5
Packed cell volume (Calculated)	47	%	●	40 - 50
MCV (Derived from RBC histogram)	90	fl	●	83 - 101
MCH (Calculated)	30	pg	●	27 - 32
MCHC (Calculated)	33	g/dl	●	31.5 - 34.5
RDW (Calculated)	12.7	%	●	11.60-14.00
Platelet Count (Impedance)	238	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	4.31	x(10) ⁹ /l	●	4 - 11
Neutrophils	34 *	%	●	40 - 80
Lymphocytes	55 *	%	●	8.6 -23.8
Monocytes	7	%	●	2 - 10
Eosinophils	4	%	●	1 - 6
Basophils	0	%	●	0 - 2
RBC:	Predominantly Normocytic Normochromic cells			
WBC:	Relative lymphocytosis noted.			
Platelets:	Adequate.			
Impression	Peripheral smear consistent with reactive changes.			
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	5	mm/1st hr	●	Adult Male- 0 - 10

Within Normal Range
 Boderline High/Low
 Outside Range

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Appearance	Clear			Clear
Volume :	30	ml		
pH	7.0			
Specific Gravity	<=1.005			1.016 - 1.022
Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	NEGATIVE			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
RBC	Nil	Cells/hpf		0 - 2
Pus Cells	1-2 /h.p.f	/HPF		0 - 5
Epithelial Cells	Occasional			Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	A			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	24	U/L	●	<= 50
GLOBULIN - SERUM - CALCULATED	3.0	g/dL	●	Adult 2.0 - 4.0

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 Outside Range

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Test Name	Result	Unit	Level	Range
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.5		●	0.8 - 2.0
ALBUMIN - SERUM	4.5	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	75	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	25	U/L	●	<= 50
BILIRUBIN, TOTAL - SERUM	0.84	mg/dL	●	0.30-1.20

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	105	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	190	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.99	mg/dL	●	Male : 0.9 - 1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	27	U/L	●	<= 55

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	92	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126"

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	104	mg/dL	●	"Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200 "

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
GLUCOSE - SERUM / PLASMA (RANDOM/CASUAL)	92	mg/dL	●	70-140

GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.2	%	●	"NON-DIABETICS <=5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC >=6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	57	mg/dL	●	"Low : <40 High: >59"
LDL Cholesterol (Direct LDL)	123 *	mg/dL	●	"Optimal : <100 Near/Above Optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.5	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

PROTEIN TOTAL - SERUM	7.5	g/dL	●	ADULT: 6.0 - 8.5
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NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	139	mmol/L	●	135 - 145

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	122.78	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	6.8	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	100	mg/dL	●	"Normal: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.3		●	< 5.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	2.08	µIU/mL	●	0.34 - 5.6

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	19	mg/dL	●	15 - 45
URIC ACID - SERUM	6.0	mg/dL	●	Adult Male: 3.0 - 7.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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Within Normal Range
 Boderline High/Low
 Outside Range

YOUR CLINICAL TEST RESULTS

Mr. RAAM SARAN GUNASEKARAN

MALE / 32 Yrs / AHB.0001096640 / AHBHC108425

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

VLDL CHOLESTEROL - SERUM	20	mg/dl	●	Desirable: <30
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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.15	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.69	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO3) - SERUM	33 *		●	Healthy Adults: 22 - 29

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range ● Boderline High/Low ● Outside Range

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

Patient's Details	: Mr. RAAM SARAN GUNASEKARAN	Ward/Bed No.	: M 032Y
UHID	: AHB.0001096640	Scanned on	: 03-Sep-2022
I.P.No./Bill No.	: AHBHC108425	Reported On	: 09:16
Accession Number	: 10601.122092116		: 03-Sep-2022
Referring Doctor	: Dr. MHC		

X-RAY CHEST PA VIEW

Clinical Information: health check-up.

- Positional rotation present.
- Lung fields appear clear bilaterally with normal bronchovascular markings.
- Cardiac silhouette and cardiothoracic ratio appear normal.
- Costophrenic angles appear normal on both sides.
- Domes of the diaphragm appear normal.
- Underlying bony and soft tissue shadows appear normal.

IMPRESSION:

No definite abnormality noted on the chest radiograph.

Dr Salim Shaikh
Sr Resident

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

DEPARTMENT OF RADIOLOGY

Patient's Details	: Mr. RAAM SARAN GUNASEKARAN	M 032 Years
UHID	: AHB.0001096640	Ward/Bed No. : AHC /
I.P.No./Bill No.	: AHBHC108425	Scanned on : 03-Sep-2022 12:35
Accession Number	: 10601.5622106219	Reported On :
Referring Doctor	: Dr. MHC	

ULTRASOUND WHOLE ABDOMEN

Clinical Information: - For general health checkup.

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is moderately distended. No definite calculi identified. No evidence of abnormal wall thickening noted.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas appears normal in size, shape and echopattern. No definite calcification or ductal dilatation noted.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is distended and appears normal. No evidence of abnormal wall thickening noted.

Prostate appears normal in size. Normal echopattern noted within the gland.

No evidence of ascites or pleural effusion seen.

IMPRESSION:

USG study of the abdomen shows no definite abnormality.

- *Suggested clinical correlation.*

(Enclosed report) Ak

DR. SHADAB ALAM
REGISTRAR

Ultrasound is a subjective investigation. The results depend on distension of organ, bowel gas, patient co-operation and patients body habitus. Patients are requested to inform the radiologist in advance regarding their clinical details and also any other prior surgeries (like gall bladder, uterus, ovaries, kidney stones etc..) that the study can be targeted according to the particular clinical condition.

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

APOLLO HOSPITALS
BANNERGHATTA ROAD
BANGALORE-560076

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: RAAM SARAN GUNASEKARAN,
Patient ID: AHB/1096640
Height: 180 cm
Weight: 98 kg

DOB: 29.10.1989
Age: 32yrs
Gender: Male
Race: Indian

Study Date: 03.09.2022
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: AHC
Attending Physician: DR K M NAIR
Technician: JAGADEESHA A B

Medications:
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Medical History:
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Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:14	0.00	0.00	67	130/80	
	STANDING	00:02	0.00	0.00	65	130/80	
	HYPERV.	00:03	0.00	0.00	64	130/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	86	130/80	
	STAGE 2	03:00	2.50	12.00	110	140/80	
	STAGE 3	03:00	3.40	14.00	142	150/80	
	STAGE 4	01:36	4.20	16.00	160	160/80	
RECOVERY		03:14	0.00	0.00	87	150/80	


The patient exercised according to the BRUCE for 10:36 min:s, achieving a work level of Max. METS: 13.40. The resting heart rate of 65 bpm rose to a maximal heart rate of 160 bpm. This value represents 85 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 180/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

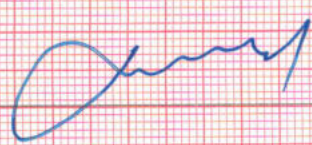
Interpretation

Summary: Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.

Conclusions

IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

Physician 

Technician 

GE Healthcare REF:2104788-001

AHB.0001098640
MR. RAAM SARAN GUNASEK

ARAN
Age: 32 Year(s) Year(s).

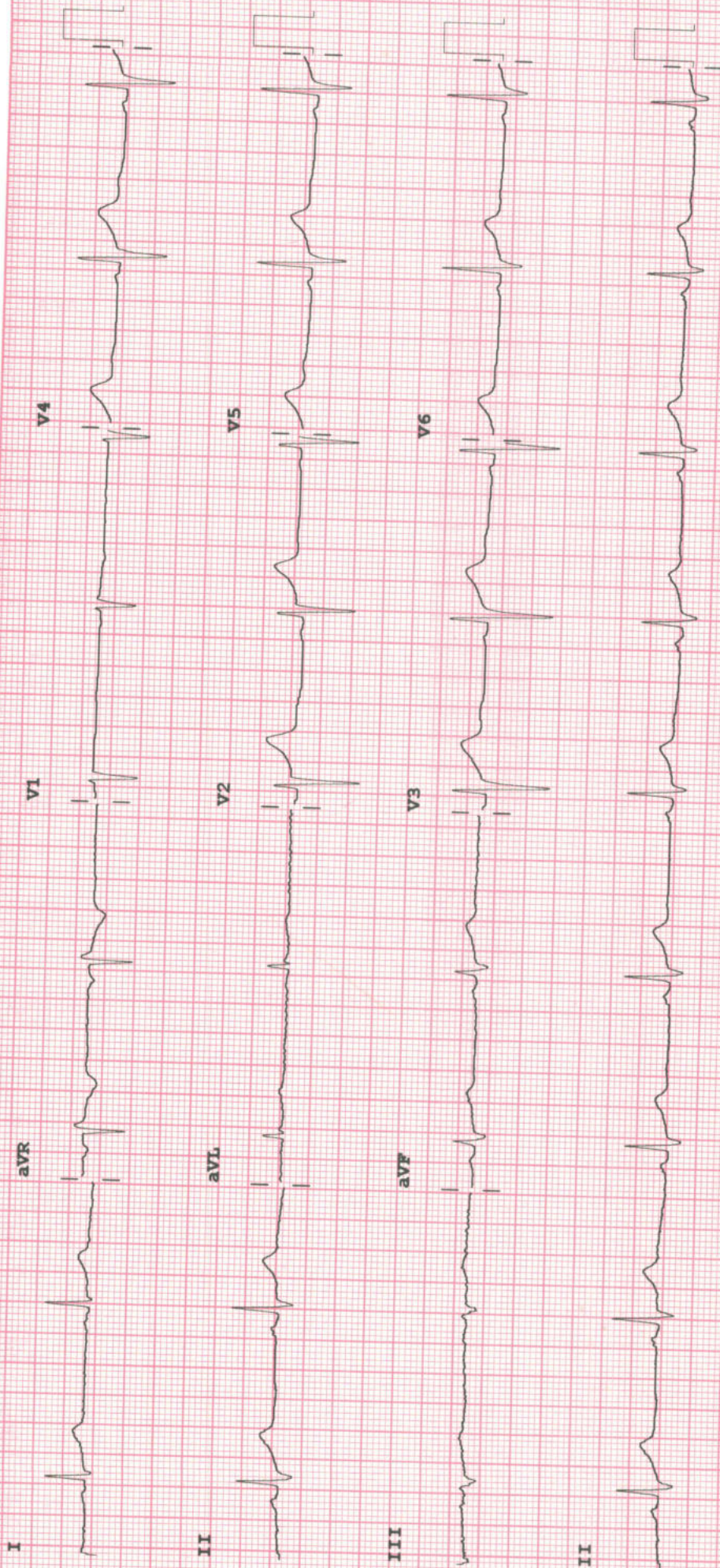
Rate 52

PR 150
QRSD 108
QT 439
QTC 409

--AXIS--

P 52
QRS 14
T 47

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

100B

CL

P?