

Patient Name : Mr. PRASHANT KUMAR
UHID/MR No. : FRAN.0000016540
Visit Date : 25-03-2023 11:47
Sample Collected on : 25-03-2023 13:37
Ref Doctor : SELF
Emp/Auth/TPA ID : 97545
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 32Y/Male
OP Visit No : FRANOPV32696
Reported on : 25-03-2023 13:49
Specimen : Whole Blood (Edta)
Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
HAEMOGRAM			
TOTAL LEUKOCYTE COUNT: Method: Automated	4,900 ✓	3500 - 10000	/Cumm
PLATELET COUNT. Method: Automated	1.62 ✓	1.5 - 4.5	lakhs/cumm
NEUTROPHIL Method: Automated	56	40-73	%
LYMPHOCYTE Method: Automated	34	15-45	%
MONOCYTE Method: Automated	03*	4-12	%
EOSINOPHIL Method: Automated	07	0.5 - 7	%
BASOPHIL Method: Automated	00	0 - 2	%
HAEMOGLOBIN Method: Automated	15.6 ✓	Male: 13 - 17 Female: 11.5 - 15	gm/dl
RBC COUNT Method: Automated	5.66*	3.8 - 5.5	Mill/Cumm
PCV Method: Automated	45.1	35 - 52	%
MCV: Method: Automated	79.6*	80 - 100	fl
MCH: Method: Automated	27.5	26 - 34	pg
MCHC: Method: Automated	34.5	31.5 - 35	gm/dl
RDW-CV Method: Automated	11.5	11-17	%
RDW - SD: Method: Automated	42.0*	13 - 16	%
MPV. Method: Automated	11.8		fl
PDW. Method: Automated	25.4*	11-22	%
PCT Method: Automated	0.14		fl
ERYTHROCYTE SEDIMENTATION RATE (ESR.) Method: Westergren's Method	10	0 - 20	mm/hour

End of the report

Page 1 of 2

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GSTIN : 20AAJCP8691A1ZJ
PAN : AAJCP8691A



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 Emp/Auth/TPA ID : 97545
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 32Y/Male
 OP Visit No : FRANOPV32696
 Reported on : 25-03-2023 18:35
 Specimen : Whole Blood (Edta)
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HBA1C) GLYCOSYLATED HEMOGLOBIN (HBA1C). Method: HPLC	5.3 ↘	Normal < 5.7 Prediabetes 5.7 - 6.4 Diabetes >= 6.5	%
GLUCOSE - (FASTING) FASTING BLOOD GLUCOSE Method: GLUCOSE OXIDASE	89.0 ↘	Normal: 70-100 Pre - Diabetes: 100-125 Diabetes: >=126	mg/dL
GLUCOSE - (POST PRANDIAL) GLUCOSE - (POST PRANDIAL) Method: Hexokinase	107.0 ↘	70 - 140	mg/dl

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
 PDPL10011



Dr. Bikash Kumar
 MD (Patho)
 Senior Consultant Pathologist

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Ref Doctor : SELF
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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

Age / Gender : 32Y/Male
OP Visit No : FRANOPV32696
Reported on : 25-03-2023 14:56
Specimen : Serum
Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
LIPID PROFILE TEST (PACKAGE)			
Cholesterol. Method: CHOD - PAP.	198.0	Desirable blood cholesterol : <200 Borderline High : 200 - 239 High : >239	mg/dl
Triglyceride Method: Glycerol Phosphate Oxidase	188.0*	Normal : <161 High : 161-199 Hypertriglyceridemic : 200-499 Very high : >499	mg/dl
HDL. Method: DIRECT	45.0	MALE : 35.3 - 79.5 Female : 42.0 - 88.0	mg/dl
LDL. Method: DIRECT	114.0	Optimal : < 100 Near / Above optimal : 100 - 129 Borderline high : 130 - 159 High : 160 - 189 Very high : > 190	mg/dl
VLDL.. Method: Calculated	38.0	15 - 45	mg/dl
KFT - RENAL PROFILE-SERUM			
Urea	14.0	13 - 43	mg/dl
Creatinine	1.18	0.55 - 1.3	mg/dl
Uric Acid	5.83	3.4 - 7.0	mg/dl
Sodium(Na):	136.0	135 - 148	meq/L
Potassium(K) :	4.3	3.5 - 5.3	meq/L
Chloride(Cl) :	105.0	98 - 107	meq/L
Calcium:	9.4	8.4 - 10.2	mg/dl
Phosphorus:	3.12	3 - 4.5	mg/dl
LIVER FUNCTION TEST (PACKAGE)			
BILIRUBIN - TOTAL Method: Daizo	0.41	0.1 - 1.2	mg/dL
BILIRUBIN - DIRECT Method: Diazo with DPD	0.11	Adult & Children : < 0.2	mg/dL
BILIRUBIN - INDIRECT Method: Calculated	0.30	0.1 - 1.0	mg/dL
SGPT/ALT Method: Multipoint Rate	82.0*	MALE <50 U/L FEMALE <35 U/L	U/L
SGOT /AST Method: Multipoint Rate	44.0	MALE <50 U/L FEMALE <35 U/L	U/L
ALKA-PHOS Method: PNPP-AMP BUFFER	108.0	Child 1-7 years = <390 Adult: 46 -116	U/L

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Age / Gender : 32Y/Male
 OP Visit No : FRANOPV32696
 Reported on : 25-03-2023 14:56
 Specimen : Serum
 Pres Doctor: :

TOTAL-PROTIEN:	7.44	Adult: 6.6 - 8.8	gm/dL
Method: Photometric UV test			
ALBUMIN:	3.77	3.5 - 5.2	gm/dL
Method: BCG			
GLOBULIN -	3.67*	2.0 - 3.5	gm/dL
Method: Calculated			
A/G	1.0	1.0 - 2.0	
Method: Calculated			
GGT	31.0	ADULT 15- 58 U/L FEMALE 12 - 43 U/L MALE 15-73 U/L	U/L
Method: Multipoint Rate			

End of the report

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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED


Age / Gender : 32Y/Male
OP Visit No : FRANOPV32696
Reported on : 25-03-2023 15:30
Specimen : EDTA Blood
Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
BLOOD GROUP AND RH TYPE			
"ABO" Typing Method: Slide Test	"A"		
"Rh" Factor Method: Slide Test	POSITIVE		

End of the report

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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED


Age / Gender : 32Y/Male
OP Visit No : FRANOPV32696
Reported on : 25-03-2023 15:47
Specimen : Serum(Spl)
Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
THYROID PROFILE - I (T3, T4 AND TSH)			
TOTAL T3: TRIIODOTHYRONINE - SERUM: Method: CLIA	1.41	0.97 - 1.69	ng/ml
TOTAL T4: THYROXINE - SERUM: Method: CLIA	11.0	5.53 - 11.0	g/dL
TSH: THYROID STIMULATING HORMONE - SERUM: Method: CLIA	1.50	0.465 - 4.68	IU/ml

End of the report

Results are to be correlated clinically


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Senior Consultant Pathologist


Patient Name	: Mr. PRASHANT KUMAR	Age / Gender	: 32Y/male
UHID/MR No.	: FRAN.0000016540	OP Visit No	: FRANOPV32696
Visit Date	: 25-03-2023 11:47	Reported on	: 25-03-2023 16:05
Sample Collected on	: 25-03-2023 12:57	Specimen	: URINE
Ref Doctor	: SELF	Pres Doctor:	:
Emp/Auth/TPA ID	: 97545		
Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED		


DEPARTMENT OF LABORATORY MEDICINE

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNIT</u>
GLUCOSE - (FASTING) URINE FASTING URINE GLUCOSE Dipstick/Benedicts reagent	ABSENT		
GLUCOSE - (POST PRANDIAL) URINE GLUCOSE - (POST PRANDIAL) URINE Dipstick/Benedicts reagent	ABSENT		

End of the report

Results are to be correlated clinically


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Age / Gender : 32Y/Male
 OP Visit No : FRANOPV32696
 Reported on : 25-03-2023 18:34
 Specimen : Urine
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

URINE ROUTINE EXAMINATION


URINE EXAMINATION TEST REPORT

Test Name	Observed Value	Unit	Reference Range
Urine R/M Examination			
Quantity	25	ml.	
Colour	Pale Yellow		Pale Yellow
Transparency	Clear		Clear
Urine Specific Gravity	1.010		1.005 - 1.030
Dipstick			
pH	6.0		5.5 - 7.5
Dipstick / pH paper			
Chemical Examination			
Protein	Nil		Nil
Dipstick/Heat & acetic acid			
Sugar	Nil		Nil
Dipstick/Benedicts reagent			
Ketone Bodies	Negative		Negative
Rothera's test/ Reagent strips			
Bile Salts	Negative		Negative
Hay's test			
Bile Pigments	Negative		Negative
Fouchet's test			
Microscopic Examination			
Pus Cells	1-2	/HPF	1-2
RBC'S	Nil	/HPF	Nil
Casts	Nil	/HPF	Nil
Crystals	Nil		Nil
Epithelial Cells	0-2	/HPF	1-2
Bacteria	Nil	/HPF	Nil

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
 PDPL10011


 Dr. Bikash Kumar
 MD (Patho)
 Senior Consultant Pathologist

Patient Name	PRASHANT KUMAR	Age	32 YRS
UHID NO	FRAN0000016540	Sex	M
Date	01.04.2023	Refrd By	SELF

USG WHOLE ABDOMEN

Liver: is normal in size (~14.0 cm), shape and show grade I fatty infiltration . No definite focal mass lesion is seen. The intrahepatic biliary radicles are not dilated. Portal vein is of normal calibre.

Gall Bladder: is partially distended. No intraluminal calculi or mass is seen. The gall bladder wall thickness is within normal limits. CBD is normal in appearance.

Pancreas: is normal in size, shape and echogenicity. No evidence of any focal lesion or peri-pancreatic collection is seen.

Spleen: is normal in size, shape and echogenicity. It measures ~9.9 cm.

Both kidney are normal in size, shape and reflectivity. They show normal parenchymal echogenicity and cortico medullary differentiation. No evidence of any calculus or hydronephrosis is seen.

Right kidney measures: ~ 11.4 x 5.6 cm.

Left kidney measures: ~11.9 x 5.0 cm.

Urinary Bladder: is normally distended and appears normal.

Prostate: is normal in size and measures~13.6 cc in volume/weight (in grams).

No ascites seen.

Impression: USG whole abdomen reveals

- **Grade I fatty liver .**

Suggest clinical correlation.



Radiologist

Dr. Narendra Kumar
MBBS,DVD,DMRD,DNB(T)

We regret typographical errors, if any. Please contact us for corrections.

Patient Name	PRASHANT KUMAR	AGE	32 YRS
UHID NO	FRAN0000016540	SEX	M
Date	25.03.2023	Refrd By	SELF

X- RAY CHEST PA VIEW

Findings:

Both lung fields appear normal.

Both CP angles are clear.

Cardiac shadow appears normal.

Thoracic cage and both dome of diaphragm appear normal.

Suggest clinical correlation.



Radiologist

Dr. Narendra Kumar
MBBS,DVD,DMRD,DNB(T)

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ID: 16540

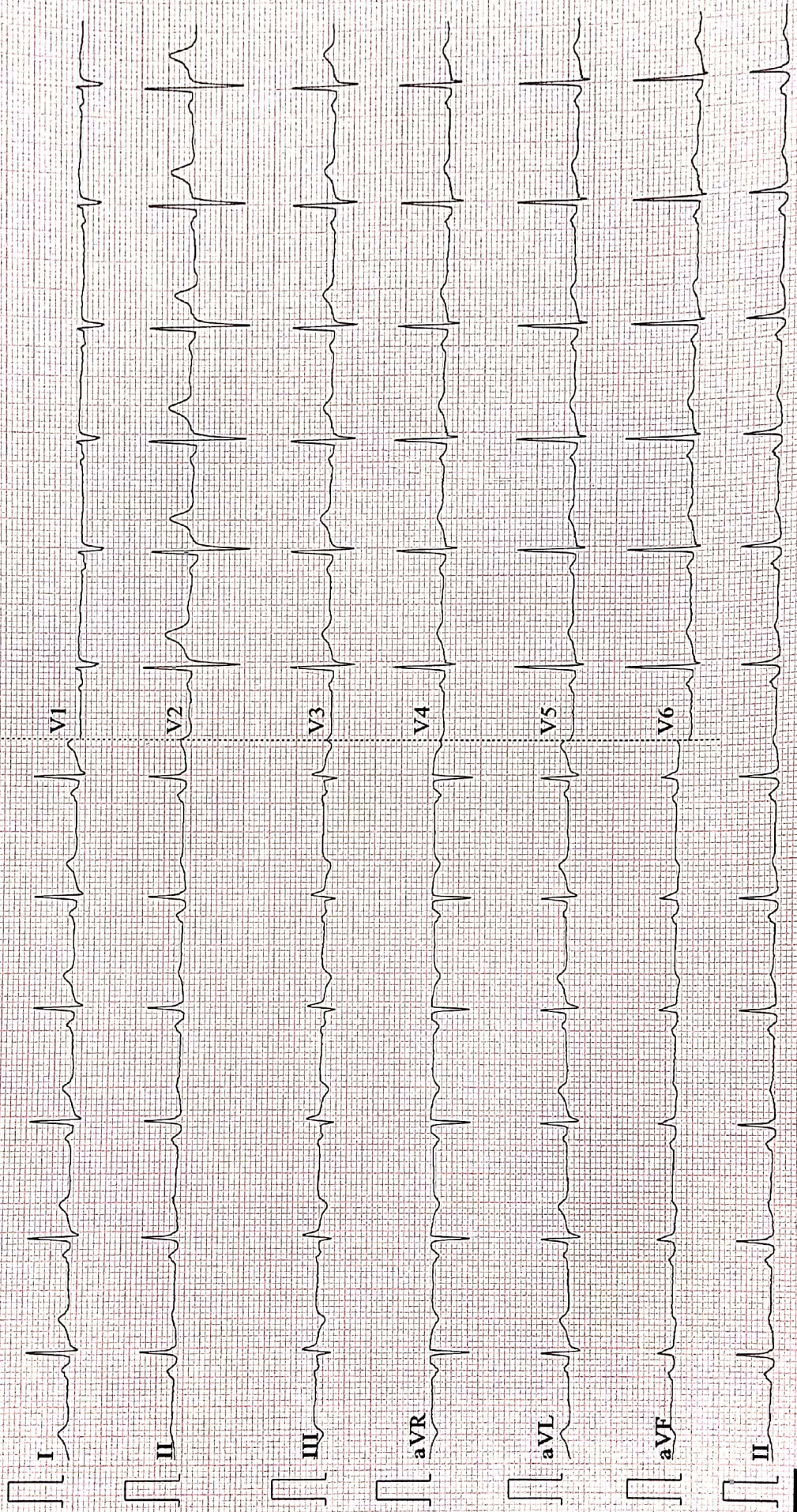
MR. PRASHANT KUMAR
Male 32 Years

25-03-2023 12:09:54 PM

HR : 74 bpm
P : 104 ms
PR : 147 ms
QRS : 82 ms
QT/QTc : 355/396 ms
P/QRS/T : 16/33/8 °
RV5/SV1 : 1.090/0.338 mV

Diagnosis Information:
Sinus Rhythm
Low T Wave(V6)

Report Confirmed by:



0.15-25Hz AC50 25mm/s 10mm/mV 2*5.0s+1r ♡74 V2.2 SEMIP V1.81 APOLLO CLINIC

Patient / Exam Information

Date of Exam: 25.03.2023

Patient ID	26540	Height
Name	MR PRASHANT KUMAR	Weight
DOB, Age	32	BSA
Sex	Male	HR

Perf. Phys.	Ref. Phys.	Sonographer
Comment	Indication	

M-Mode Measurements	Value	m1	m2	m3	m4	m5	m6	Meth.
AVILA								
Ao Root Diam.	3.14 cm	3.14						avg.
LA Diam.	3.64 cm	3.64						avg.
Mitral Valve								
D-E Slope	0.112 m/s	0.112						avg.
D-E Ampl.	1.40 cm	1.40						avg.
E-F Slope	-0.107 m/s	-0.107						avg.
Left Ventricle								
IVSd	1.30 cm	1.30						avg.
LVDd	3.99 cm	3.99						avg.
LVPWd	1.35 cm	1.35						avg.
IVSs	1.75 cm	1.75						avg.
LVDs	2.75 cm	2.75						avg.
LVPWs	1.70 cm	1.70						avg.
EDV (Teich)	69.585 ml	69.585						
EDV (Cubed)	63.521 ml	63.521						
ESV (Teich)	28.268 ml	28.268						
ESV (Cubed)	20.797 ml	20.797						
SV (Teich)	41.317 ml	41.317						
SV (Cube)	42.724 ml	42.724						
EF (Teich)	59.38 %	59.38						
EF (Cube)	67.26 %	67.26						
Fract. Short.	31.08 %	31.08						
LV Mass	224.80 g	224.80						

Doppler Measurements	Value	m1	m2	m3	m4	m5	m6	Meth.
Pulmonary Valve								
Vmax	-0.911 m/s	-0.911						max

1/2

25.03.2023 3:06:42 PM

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Helpline
1800 1209 666
9534200013/33
www.pranigroup.com

Doppler Measurements	Value	m1	m2	m3	m4	m5	m6	Meth.
Pulmonary Valve								
Peak PG	3.32 mmHg	3.32						
Mitral Valve								
Peak E	0.788 m/s	0.788						max
Peak A	0.685 m/s	0.685						max
Peak PG	2.48 mmHg	2.48						
MV E/A	1.15	1.15						
Aortic Valve								
Vmax	-1.207 m/s	-1.207						max
Peak PG	5.83 mmHg	5.83						
TV Regurg								
Vmax	-0.962 m/s	-0.962						max
Peak PG	3.70 mmHg	3.70						

Comment

COMMENTS : NORMAL LA / LV / RA / RV SIZE,
2DEF = 60%, NO RWMA,
ALL VALVES AND PERICARDIUM ARE NORMAL,
NO VEGETATION / CLOT / PAH.

IMPRESSION : NORMAL 2D ECHO STUDY.



DR JAI SHANKER
DIR.CARD.

Date: **25.03.2023**

Perf. Physician:

Sonographer:

2 / 2
25.03.2023 3:06:42 PM

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DR. SHILPA SONI

BDS (KU), DENTAL SURGEON

9534200013; 18001209666

NAME: Mr. Prashant Kumar

AGE : 32/M

UHID : 16540

DATE: 25/08/23.

C/O Routine Dental
check-up.

FEI - RS $\frac{3}{1}$
Stain & calculus.
 ϕ

$\frac{21}{2}$
Not reported

Adv: P.O.P.A of
Extraction $\frac{2}{1}$
Oral prophylaxis.

R
i)

Se



DR. NIBHA NIHARIKA KUMAR

MBBS, MS (OTO- RHINO- LARYNGOLOGY- HEAD & NECK SURGERY)

Otolaryngologist (ENT SPECIALIST), KASTURBA MEDICAL COLLEGE MANIPAL UNIVERSITY
9534200013; 18001209666

PATIENT NAME: MR. Prashant Kumar

UHID: 16540

AGE: 32 Y/M

DATE: 25-3-2023

c/o Menusel Left Early morning

No specific complaints -

O/E Ear-B/C Tympanic Membrane - WNL

Noise - WNL

conduity - WNL

Imp - Routine ENT Examination WNL

[Signature]

FEES VALID FOR 14 DAYS ONLY

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DR. RAJEEV RANJAN LAL

MBBS (Hons), M.D.
(Medicine) AIIMS, New Delhi
Ex-senior Resident AIIMS, Delhi
Consultant Physician
9910498623, 9534200013

PATIENT NAME: Mr. PRASHANT KUMAR

UHID: FRAN.0000016540

AGE: 32y / Male

DATE: 01-04-2023

B.M. 11/0/20
P.V. - 60/D
C.M. - 987

Gr-1 - Fatty Liver

- No Active Medical Treatment
Required



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DIETICIAN RACHNA KUMARI

MSC (CLINICAL NUTRITION), CND,
18001209666; 9534200013

PATIENT NAME: — Mr. Prasant kumar

AGE: — 32 y/M

UHID: — 16540

DATE: — 01/04/23

HT — 170cm
wt — 76.8kg
BMI — 26.5
IBW — 70kg

Triglyceride — 188

Quadr. 1 fatty liver

Non veg
Food Allergy — NO
No H/O — DM, HTN, Thyroid

Early Morning — 2 Glass luke warm water
45 min brisk walk

Almond + Walnut
↓ (6-6)
soak

Breakfast — cheppati (2) + veg + sprouts / Poha (1 bowl) /
8:30 Upma / Dahiya / Oats

Mid morning — Any 1 fruit
10:30 — 11:00

FEES VALID FOR 14 DAYS ONLY

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Lunch - chappati (1) + veg + sprouts salad.

Evening - Tea (1cup) + 2 Biscuit

Snacks - Makhana roasted / Bhuna chana + Peanut / Malened rice

Dinner - chappati (2) + veg {
(20-25min) {
- chicken } 2-3 week 2
- fish
- Egg yolk - 1

Bed time - Skimmed milk (250ml) / Cheena (25g)

Avoid

x Processed foods

x Red meat

x Oils - mustard oil

~~x~~

✓ water intake - 3.5 l/day.