

Name : Mr. PARINESH MARSKOLE Age : 41Yr 4Mth 14Days Gender : Male  
 UHID : ASHB.0000026059 / BPLAH11736 W/BNo/RefNo : AHC  
 SIN \ LRN : 201040 \ 201041 \ 201042 \ 201043 \ 79984  
 Specimen : Blood  
 Ref Doctor : Dr. Gopal Batni



Collected on : 09-NOV-2024 10:54:59 AM Received on : 09-NOV-2024 11:48:14 AM Reported on : 09-NOV-2024 12:58:14 PM

**MEDIWHEEL FULL BODY ANNUAL PLUS ABOVE 50 MALE**

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
GLUCOSE - SERUM / PLASMA (FASTING)			
GLUCOSE - PLASMA (FASTING)	106 *	70-100	mg/dL
GLUCOSE - SERUM / PLASMA (POST PRANDIAL)			
GLUCOSE - PLASMA - (POST PRANDIAL)	117	70-140	mg/dL
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD	6.2 *	4.0-5.6	%
CHOLESTEROL - SERUM / PLASMA	137	Desirable: <200 Borderline High: 200-239 High >240	mg/dL
HDL CHOLESTEROL - SERUM / PLASMA	36 *	>40	mg/dL
LDL CHOLESTEROL - SERUM / PLASMA	100	Optimal: <100 Above optimal: 100-129 Borderline high: 130-159 High: 160-189 Very high: >190	mg/dL
TRIGLYCERIDES - SERUM / PLASMA	75	Normal<150 Borderline high 150-199 High 200-499 Very high: ≥ 500	mg/dL
VLDL CHOLESTEROL - SERUM	15	15-30	

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<b>TOTAL CHOLESTEROL AND HDL RATIO</b>			
INTERPRETATIVE[2]TOTAL CHOLESTEROL/HDL	<b>3.8</b>	3.5-5.0	
CHOLESTEROL RATIO (Calculated)			
PROTEIN TOTAL - SERUM / PLASMA			
PROTEIN TOTAL - SERUM	<b>7.2</b>	6.6-8.3	g/dL
ALBUMIN - SERUM	<b>4.3</b>	3.5-5.2	g/dL
GLOBULIN - SERUM			
GLOBULIN	<b>2.9</b>	2.6 - 4.6	g/dL
ALBUMIN/GLOBULIN RATIO			
ALBUMIN AND GLOBULIN RATIO	<b>1.5</b>	0.9-2.0	
AST (SGOT) - SERUM	<b>23</b>	< 50	U/L
ALT(SGPT) - SERUM / PLASMA			
ALT(SGPT) - SERUM	<b>35</b>	<50	U/L
BILIRUBIN, TOTAL - SERUM			
BILIRUBIN TOTAL	<b>0.5</b>	0.3-1.2	mg/dL
BILIRUBIN CONJUGATED (DIRECT) - SERUM			
BILIRUBIN CONJUGATED (DIRECT)	<b>0.1</b>	<0.2	mg/dL
BILIRUBIN UNCONJUGATED (INDIRECT) - SERUM			
BILIRUBIN UNCONJUGATED (INDIRECT)	<b>0.4</b>	0.1-1.2	mg/dL
ALKALINE PHOSPHATASE - SERUM/PLASMA			
ALKALINE PHOSPHATASE - SERUM	<b>65</b>	30-120	U/L
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM			
GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	<b>18</b>	0 - 55	U/L
CREATININE - SERUM / PLASMA	<b>0.88</b>	0.72 - 1.18	mg/dL
URIC ACID - SERUM / PLASMA	<b>6.0</b>	3.5-7.2	mg/dL

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BUN (BLOOD UREA NITROGEN)	9.5	Male: <50yrs 8.87-20.5 mg/dl Male:>50yrs 8.41-25.7 mg/dl	mg/dL
TOTAL T3: TRI IODOTHYRONINE - SERUM	0.96	0.60-1.81	ng/ml
TOTAL T4: THYROXINE - SERUM	7.25	5.01 - 12.45	µg/dL
TSH: THYROID STIMULATING HORMONE - SERUM	3.45	0.35-5.50	µIU/mL
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.9	< 4	ng/mL

Report Status:Final

\* END OF REPORT \*

CHECKED BY 154494  
727938

Printed On : 12-NOV-2024 11:03:18 AM

Dr. Shubhra Prasad  
Consultant Pathologist

Name : **Mr. PARINESH MARSKOLE** Age : **41Yr 4Mth 14Days** Gender : **Male**  
 UHID : ASHB.0000026059 / BPLAH11736 W/BNo/RefNo : AHC  
 SIN \LRN : 201039 \ 201045 \ 79984  
 Specimen : Urine  
 Ref Doctor : Dr. Gopal Batni



Collected on : 09-NOV-2024 12:33:48 PM Received on : 09-NOV-2024 01:42:03 PM Reported on : 09-NOV-2024 03:48:01 PM

**MEDIWHEEL FULL BODY ANNUAL PLUS ABOVE 50 MALE**

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
<b>CBC</b>			
HAEMOGLOBIN	<b>13.9</b>	13.0-17.0	g/dL
Packed cell volume (Calculated)	<b>42.4</b>	38.3-48.6	%
RBC COUNT(Impedance)	<b>4.90</b>	4.50-5.90	Million/ul
MCV-	<b>86.6</b>	80-100	fl
MCH-	<b>28.4</b>	27-32	pg
MCHC-	<b>32.9</b>	32-36	g/dL
RDW (Derived from RBC histogram)	<b>14.1</b>	11.8 - 14.5	%
TLC COUNT	<b>9.02</b>	4.0-11.0	10 <sup>3</sup> /mm <sup>3</sup>
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	<b>50</b>	40-80	%
Lymphocytes	<b>38</b>	20-40	%
Monocytes	<b>5</b>	2-10	%
Eosinophils	<b>7 *</b>	1-6	%
Basophils	<b>0</b>	0-2	%
Platelet Count(Impedance)	<b>365.7</b>	150-450	10 <sup>3</sup> /mm <sup>3</sup>
Mean Platelet Volume	<b>7.7</b>	6.5-12.0	fl
<b>ERYTHROCYTE SEDIMENTATION RATE (ESR)</b>	<b>16 *</b>	0-15	mm/1st hr
<b>URINE ROUTINE (CUE)</b>			
<b>MACROSCOPIC EXAMINATION</b>			
Specific Gravity(Automated – Reflectance Spectrometer)	<b>1.010</b>	1.005 - 1.025	
Colour:(Naked Eye Examination)	<b>Pale-Yellow</b>		

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Transparency:(Naked Eye Examination)	<b>Clear</b>		
pH(Automated – Reflectance Spectrometer)	<b>Acidic</b>		
Protein :(Automated – Reflectance Spectrometer/Sulpho salicylic acid method)	<b>Nil</b>		
Sugar:(Automated - Reflectance Spectrometer/ Benedict's Test)	<b>Nil</b>		
Ketone(Automated – Reflectance Spectrometer/Rothera's test)	<b>Nil</b>		
Bilirubin: (Automated – Reflectance Spectrometer/Fouchet's method)	<b>Nil</b>		
<b>Cells:</b>			
RBC(Automated - Reflectance spectrometer/Microscopy/Flow cytometric)	<b>Nil</b>		
Pus Cells(Automated – Reflectance spectrometer/Microscopy/Flow cytometric)	<b>1-2</b>	0.0 - 5.0/HPF	/hpf
Epithelial Cells(Microscopic /Flow cytometric)	<b>1-2</b>	<20	/hpf
Yeast Cells	<b>Absent</b>		
Bacteria:	<b>Absent</b>		
Casts:(Microscopic /Flow cytometric)	<b>Absent</b>	ABSENT	
Crystals:(Microscopic /Flow cytometric)	<b>Absent</b>		

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Report Status:Final

\* END OF REPORT \*

CHECKED BY : 154234  
727938

A handwritten signature in black ink, appearing to be 'Dr. Shubhra Prasad', written over a light blue rectangular background.

Dr. Shubhra Prasad  
Consultant Pathologist

Printed On : 12-NOV-2024 11:04:03 AM



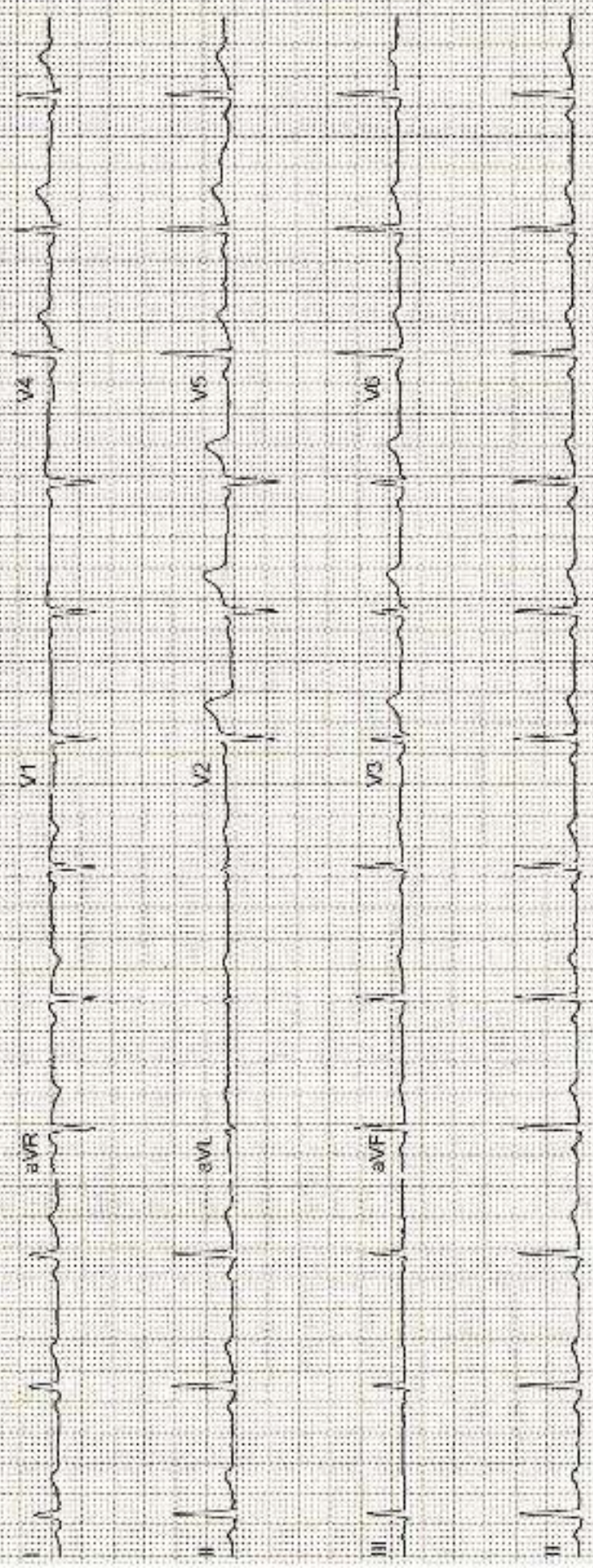
Male

Normal sinus rhythm  
Normal ECG

QT / QTc Baz 372 / 407 ms  
 PR 136 ms  
 P 104 ms  
 RR / PP 836 / 833 ms  
 P / QR6 / T 43 / 53 / 42 degrees

Technician  
 Chitra Singh  
 Recording  
 Rishi  
 18/11/2024







Apollo Sage Hospital

Station

Bhopal

Telephone:

### EXERCISE STRESS TEST REPORT

Patient Name: MARSKOLE, PARINESH  
Patient ID: HC-26059  
Height: 176 cm  
Weight: 90.4 kg

DOB: 26.06.1983  
Age: 41 yrs  
Gender: Male  
Race: Indian

Study Date: 09.11.2024  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: Akhileshwar Rathore  
Technician: Radha Prajapati

Medications:  
--

Medical History:  
NONE

Reason for Exercise Test:  
Screening for CAD

#### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed [km/h]	Grade [%]	HR [bpm]	BP [mmHg]	Comment
PRETEST	SUPINE	00:23	0.00	0.00	86	140/90	
	STANDING	00:06	0.00	0.00	89	140/90	
	HYPERV.	00:03	0.00	0.00	90	140/90	
	WARM-UP	00:11	1.70	0.00	88		
EXERCISE	STAGE 1	03:00	2.80	10.00	125	140/90	
	STAGE 2	03:00	4.00	12.00	157	150/90	
	STAGE 3	01:36	5.50	14.00	179	160/90	
RECOVERY		04:14	0.00	0.00	97	140/90	

The patient exercised according to the BRUCE for 7:36 mins, achieving a work level of Max. METS: 10.20. The resting heart rate of 83 bpm rose to a maximal heart rate of 179 bpm. This value represents 100 % of the maximal, age-predicted heart rate. The resting blood pressure of 140/90 mmHg, rose to a maximum blood pressure of 160/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

#### Interpretation

Summary: Resting ECG: ST depression in II, III, V5 & V6 on standing ECG.  
Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: resting hypertension - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: Depression downsloping.  
Overall impression: Mildly Positive stress test suggestive of ischemia.

#### Conclusions

ST-T changes Noted During Exercise & recovery Stages,  
Mildly Positive Stress Test.

Physician

Technician

**ULTRA SONOGRAPHY ABDOMEN**

Patient Name:	PARINESH MARSKOLE	Patient ID:	ASHB.0000026059
Age:	41 Years	Sex:	M
Accession Number:	17101.224013195	Modality:	US
Referring Physician:	Gopal Batni	Study:	ULTRASOUND - WHOLE ABDOMEN
Study Date:	09-Nov-2024		

**Liver:-** is normal in size and mild increased in hepatic parenchymal echotexture with preserved periportal echoes. Portal and hepatic venous system appears normal. Intra and extra hepatic biliary radicals are not dilated.

**Gall Bladder:-** is normal in size and shape. Its lumen is echofree.

**Pancreas** is normal in size outline and echopattern.

**Spleen** is normal in size and echopattern.

**Both kidneys** are normal in size, shape and echogenicity. Central pelvicalyceal sinus and corticomedullary ratio are normal.

Right kidney measures:- 9.0x4.1cm

Left kidney measures:- 9.4x5.3cm

**Urinary bladder** is normal in shape and contour. Its wall is normal.

**Prostate** is normal in size and shape and echotexture. Estimated volume is- 16cc.

No evidence of ascites is seen.

**IMPRESSION:- Sonography Study Reveals:-**

- Grade I fatty liver

**ADV:-** Clinical Correlation.

*Nohitas*

DR. HARI SANTOSH  
CONSULTANT RADIOLOGIST



Patient Name:	PARINESH MARSKOLE	Patient ID:	ASHB 0000028055
Age:	41 Years	Sex:	M
Accession Number:	17101.124019610	Modality:	DX
Referring Physician:	Gopal Batni	Study:	CHEST
Study Date:	09-Nov-2024		

**X-RAY CHEST (PA VIEW)**

Both lung fields are clear. No active pleural or parenchymal lesion is seen.

The hila, mediastinum, bony thoracic cage and the diaphragmatic domes are normal.

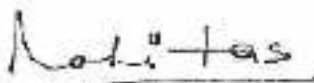
The costophrenic and cardiophrenic angles are clear.

The cardiac silhouette is unremarkable.

**IMP:- RADIOGRAPHIC IMAGE REVEALS:-**

Normal findings are seen.

Thanks for Ref



DR. HARI SANTOSH  
CONSULTANT RADIOLOGIST

Date: 09-Nov-2024 13:21:24

