



564 / DOLLY / 33 Yrs / F / 0 Cms / 0 Kg Date: 23-Mar-2024

Non-Cardiac Pain Angina / Non-Hypercholesterolemia / Non-Diabetic / Negative Estrogen / Non-Athlete

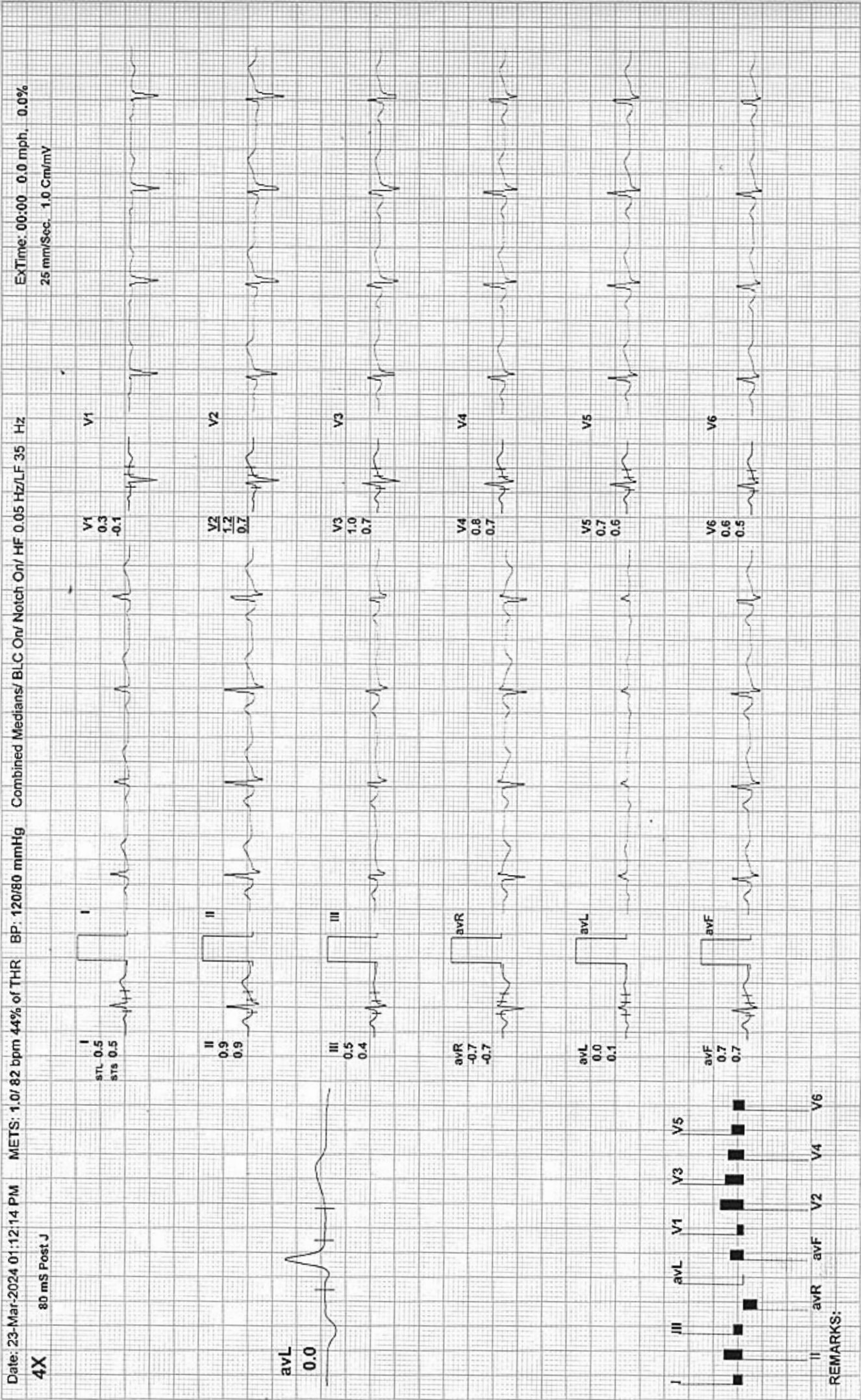
| Stage | Time | Duration | Speed(mph) | Elevation | METS | Rate | % THR | BP | RPP | PVC | Comments |
|---------------|-------|----------|------------|-----------|------|------|-------|--------|-----|-----|----------|
| Supine | 00:43 | 0:43 | 00.0 | 00.0 | 01.0 | 082 | 44 % | 120/80 | 098 | 00 | |
| Standing | 01:13 | 0:30 | 00.0 | 00.0 | 01.0 | 069 | 37 % | 120/80 | 082 | 00 | |
| HV | 01:45 | 0:32 | 00.0 | 00.0 | 01.0 | 096 | 51 % | 120/80 | 115 | 00 | |
| ExStart | 01:57 | 0:12 | 00.0 | 00.0 | 01.0 | 108 | 58 % | 120/80 | 129 | 00 | |
| BRUCE Stage 1 | 04:57 | 3:00 | 01.7 | 10.0 | 04.7 | 130 | 70 % | 125/80 | 162 | 00 | |
| BRUCE Stage 2 | 07:57 | 3:00 | 02.5 | 12.0 | 07.1 | 153 | 82 % | 135/85 | 206 | 00 | |
| PeakEx | 09:51 | 1:54 | 03.4 | 14.0 | 09.1 | 180 | 96 % | 145/90 | 261 | 00 | |
| Recovery | 10:51 | 1:00 | 00.0 | 00.0 | 01.2 | 143 | 76 % | 145/90 | 207 | 00 | |
| Recovery | 11:51 | 2:00 | 00.0 | 00.0 | 01.0 | 125 | 67 % | 135/85 | 168 | 00 | |
| Recovery | 12:51 | 3:00 | 00.0 | 00.0 | 01.0 | 111 | 59 % | 135/85 | 149 | 00 | |
| Recovery | 13:51 | 4:00 | 00.0 | 00.0 | 01.0 | 109 | 58 % | 135/85 | 147 | 00 | |
| Recovery | 14:17 | 4:26 | 00.0 | 00.0 | 01.0 | 110 | 59 % | 125/80 | 137 | 00 | |

FINDINGS :

- Exercise Time : 07:54
- Max HR Attained : 180 bpm 96% of Target 187
- Max BP Attained : 145/90
- Max WorkLoad Attained : 9.1 Good response to induced stress
- Test Objective : RULED OUT IHD
- History : None
- Test End Reasons : Test Complete

REPORT : Imp. - stress test negative for exercise induced ischemia.

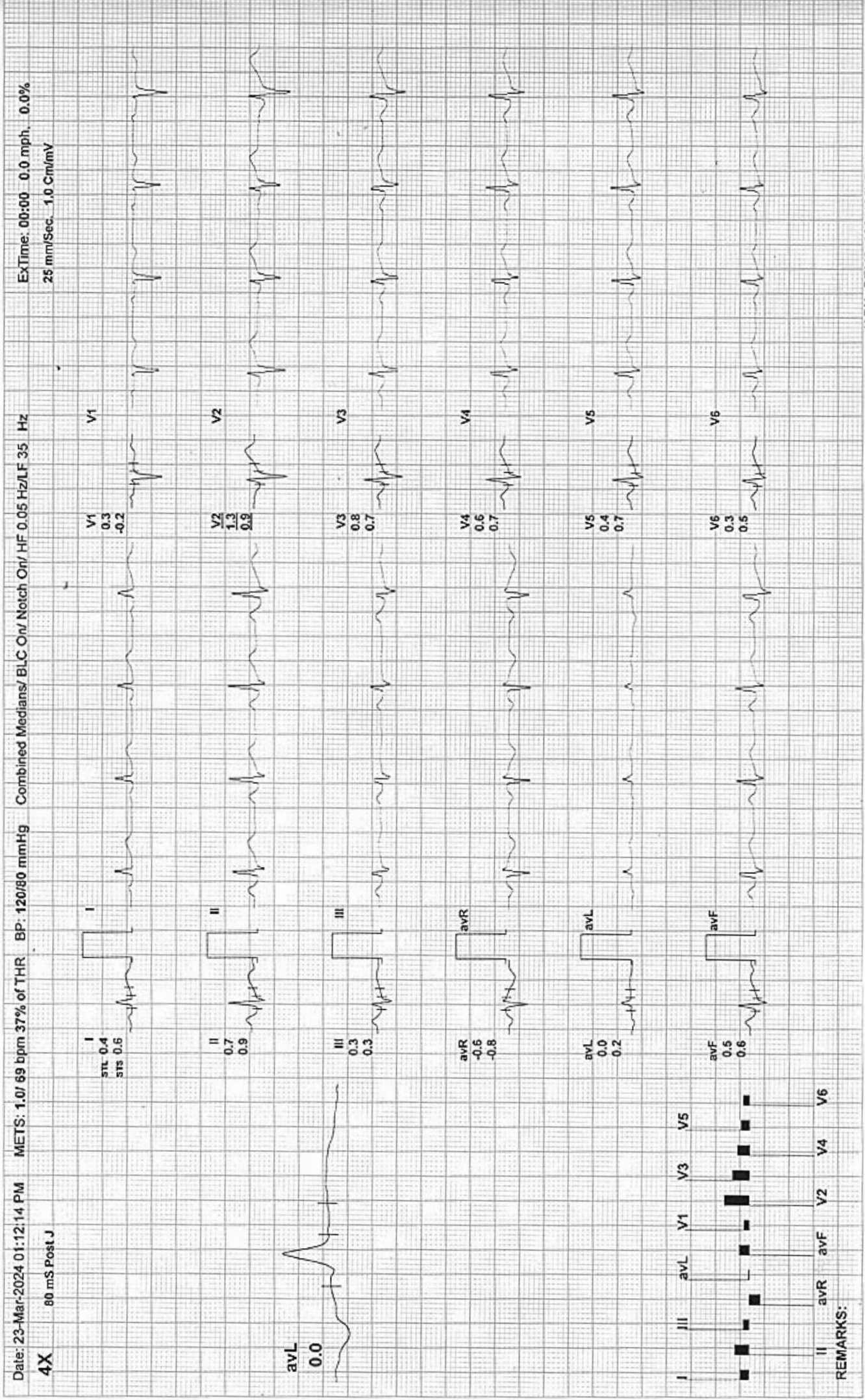
TS



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564 / DOLLY / 33 Yrs / F / 0 Cms / 0 Kg / HR : 69

BRUCE: Standing(0:30)



REMARKS:



564 / DOLLY / 33 Yrs / F / 0 Cms / 0 Kg / HR : 96

Date: 23-Mar-2024 01:12:14 PM

METS: 1.0/ 96 bpm 51% of THR

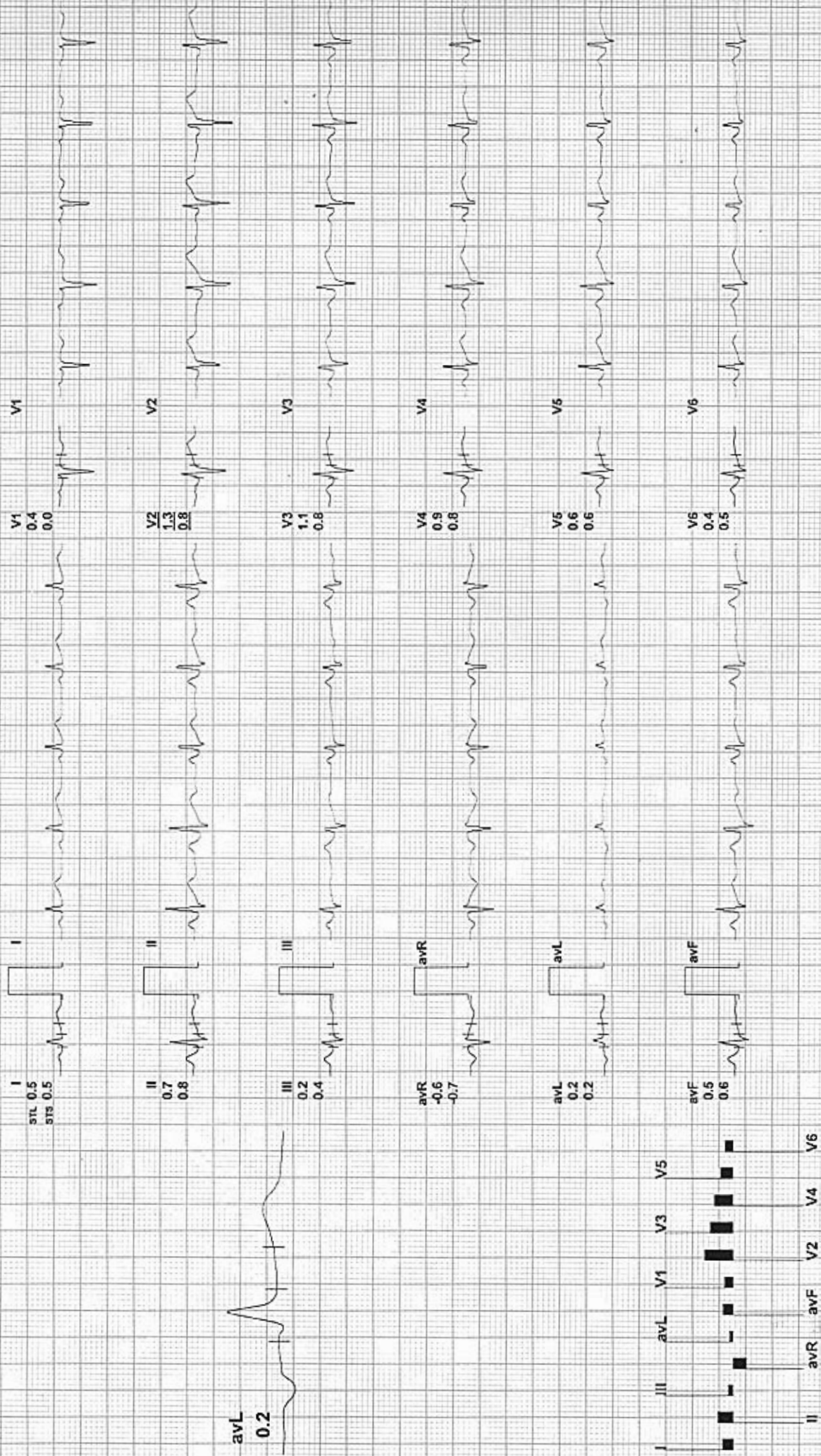
BP: 120/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

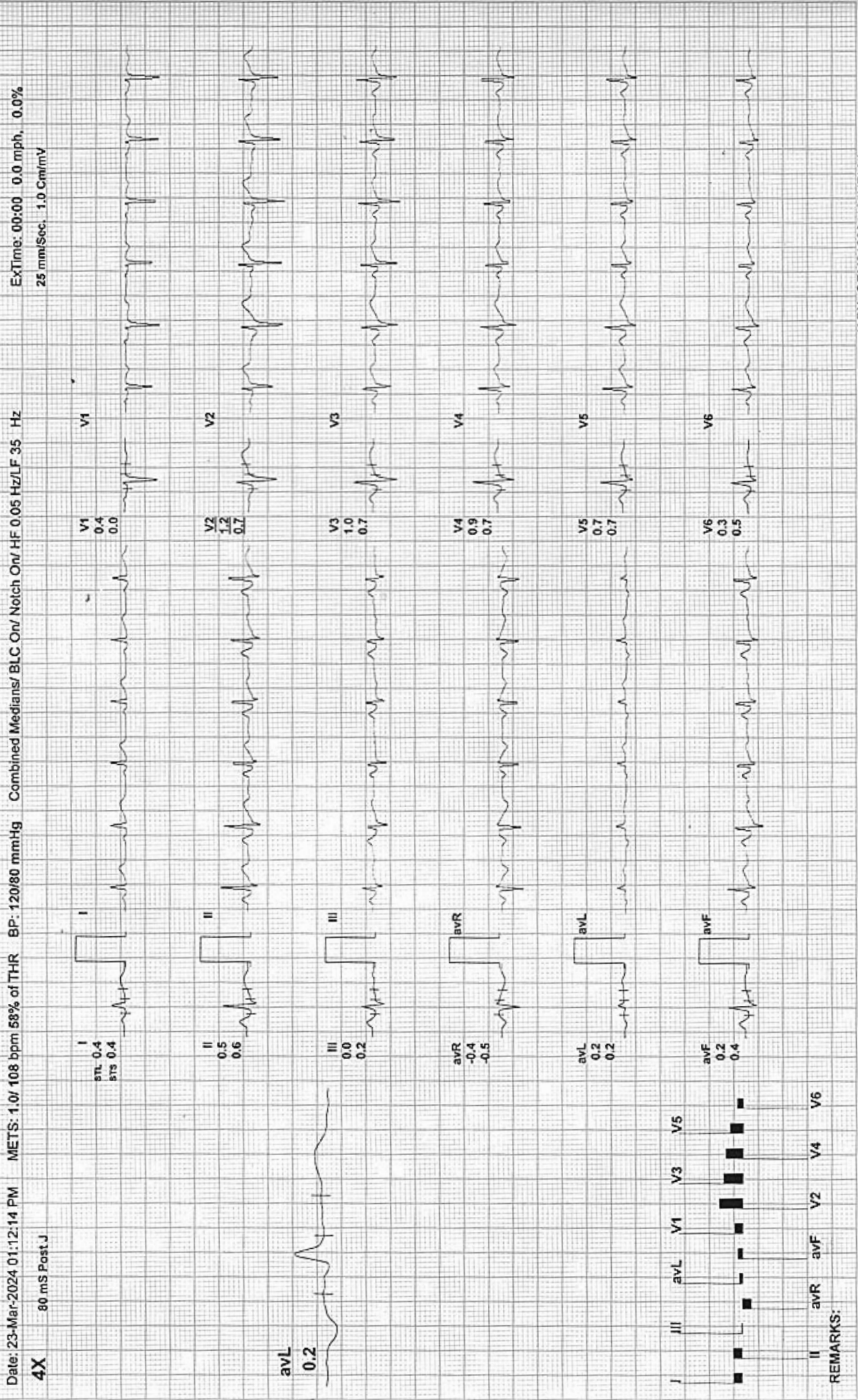
ExTime: 00:00 0.0 mph. 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV

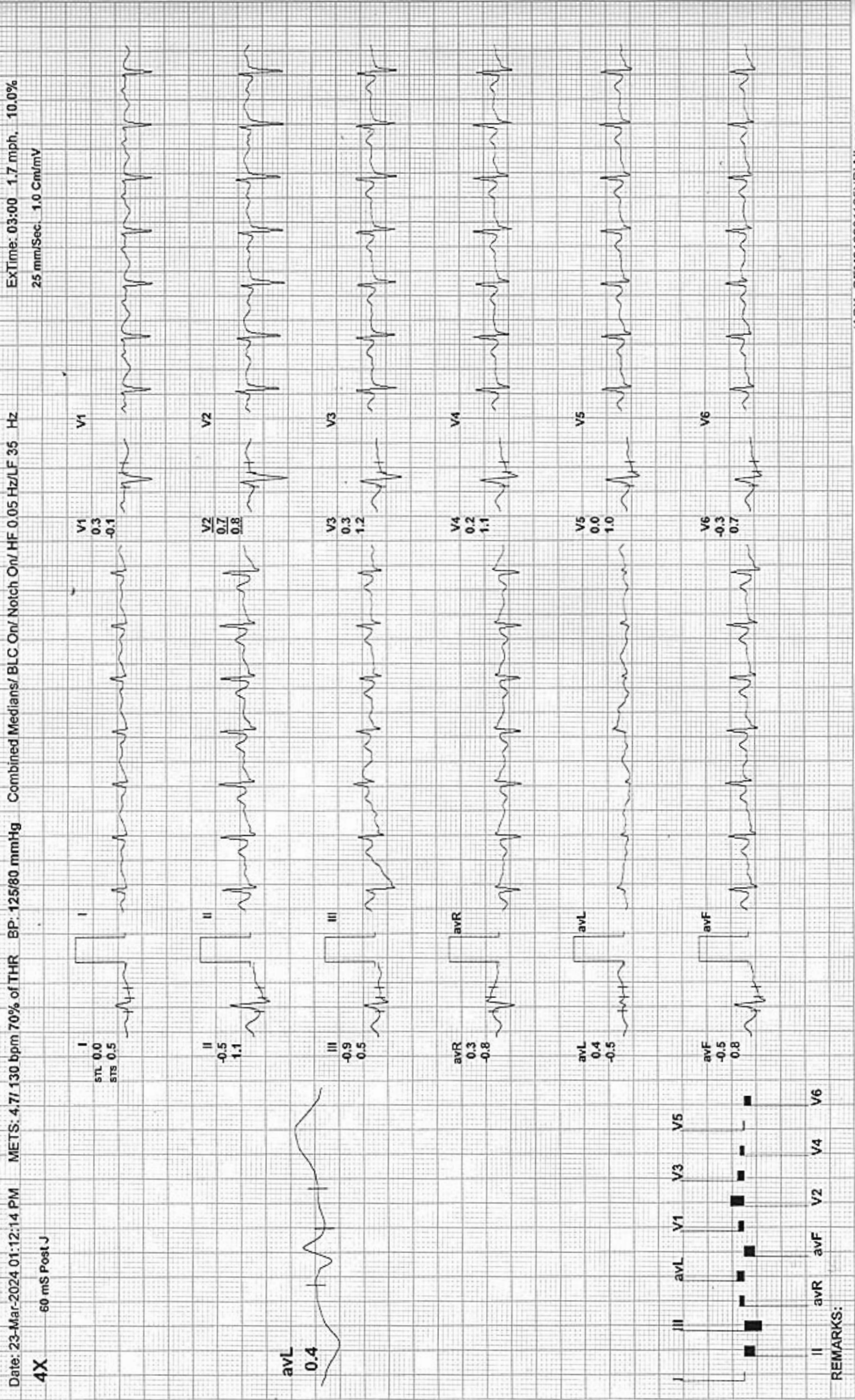


REMARKS:





564 / DOLLY / 33 Yrs / F / 0 Cms / 0 Kg / HR : 130





BRUCE: Stage 2(3:00)

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564 / DOLLY / 33 Yrs / F / 0 Cms / 0 Kg / HR : 153

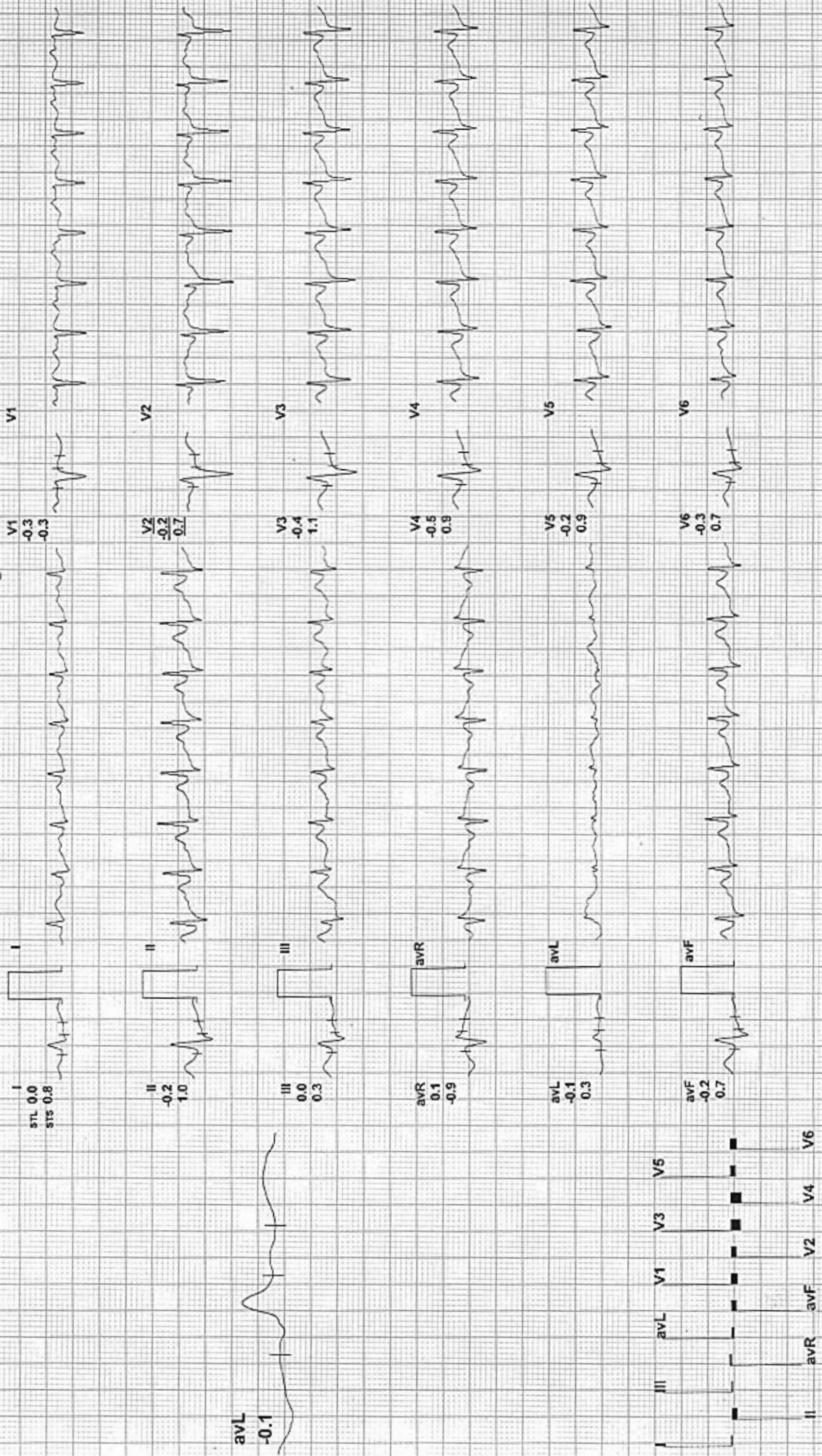
Date: 23-Mar-2024 01:12:14 PM

METS: 7.1/ 153 bpm 82% of THR BP: 135/85 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 06:00 2.5 mph, 12.0%

4X 60 mS Post J



REMARKS:



PeakEx

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564 / DOLLY / 33 Yrs / F / 0 Cms / 0 Kg / HR : 180

Date: 23-Mar-2024 01:12:14 PM

METS: 9.1/ 180 bpm 96% of THR

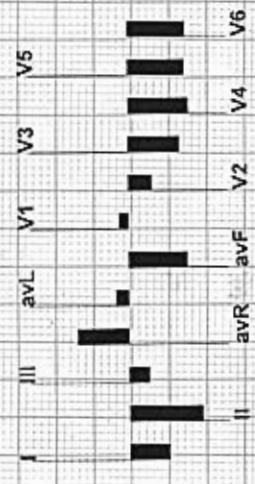
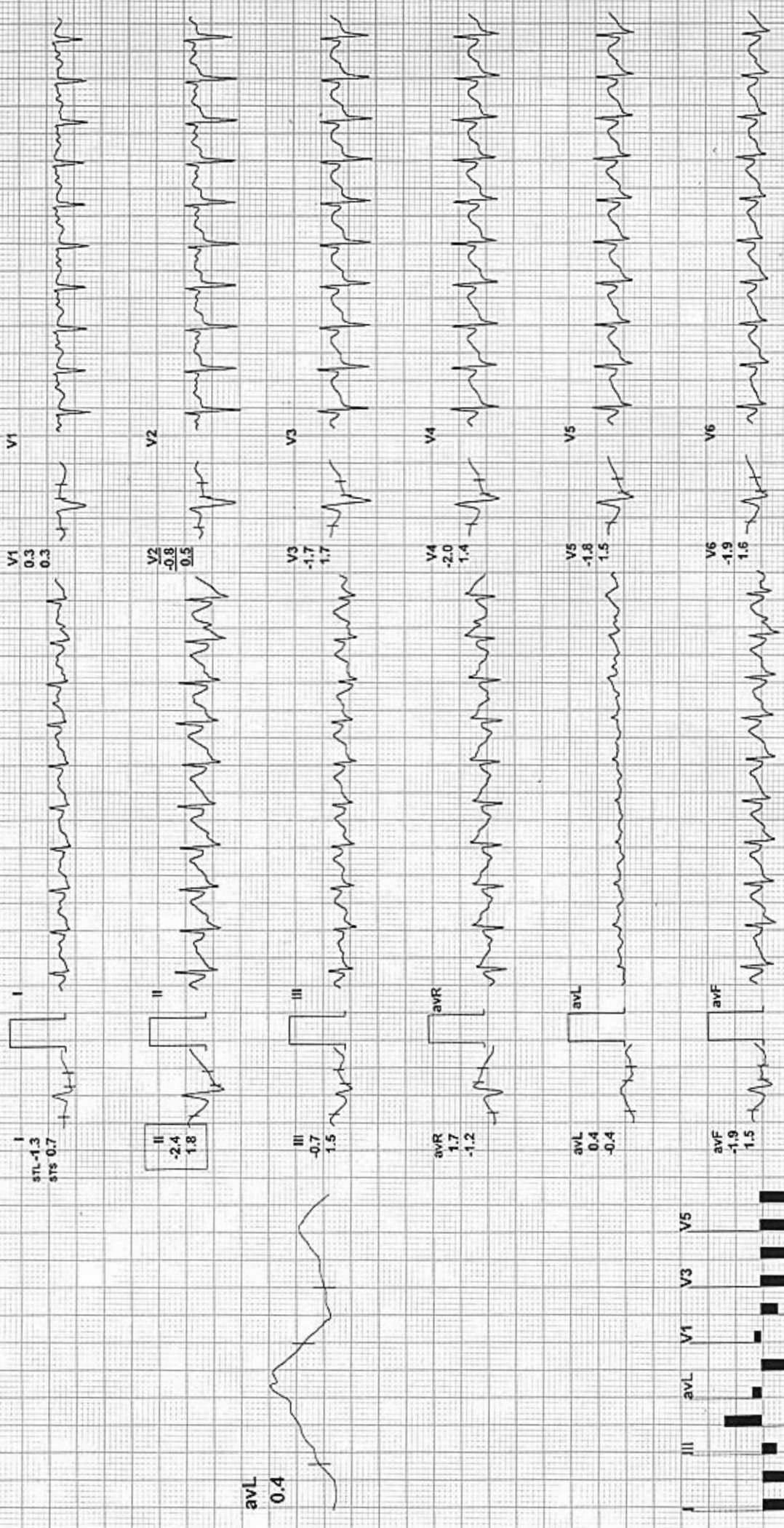
BP: 145/90 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 07:54 3.4 mph. 14.0%

25 mm/Sec. 1.0 Cm/mV

4X 60 mS Post J



REMARKS:



Recovery(1:00)

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564 / DOLLY / 33 Yrs / F / 0 Cms / 0 Kg / HR : 143

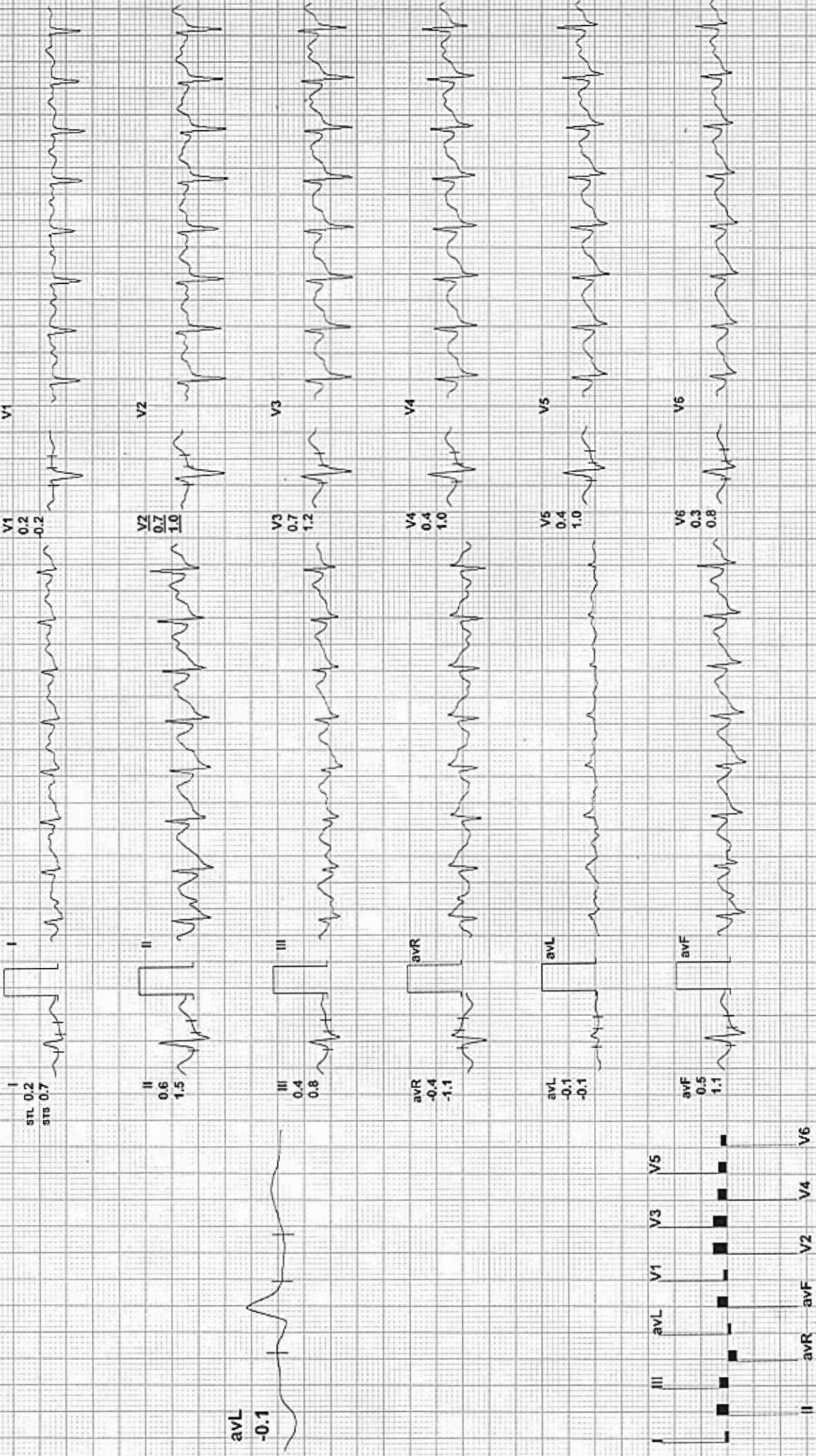
Date: 23-Mar-2024 01:12:14 PM

METS: 1.2 / 143 bpm 76% of THR BP: 145/90 mmHg

Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime: 07:54 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV

4X 60 mS Post J



REMARKS:



Recovery(2:00)

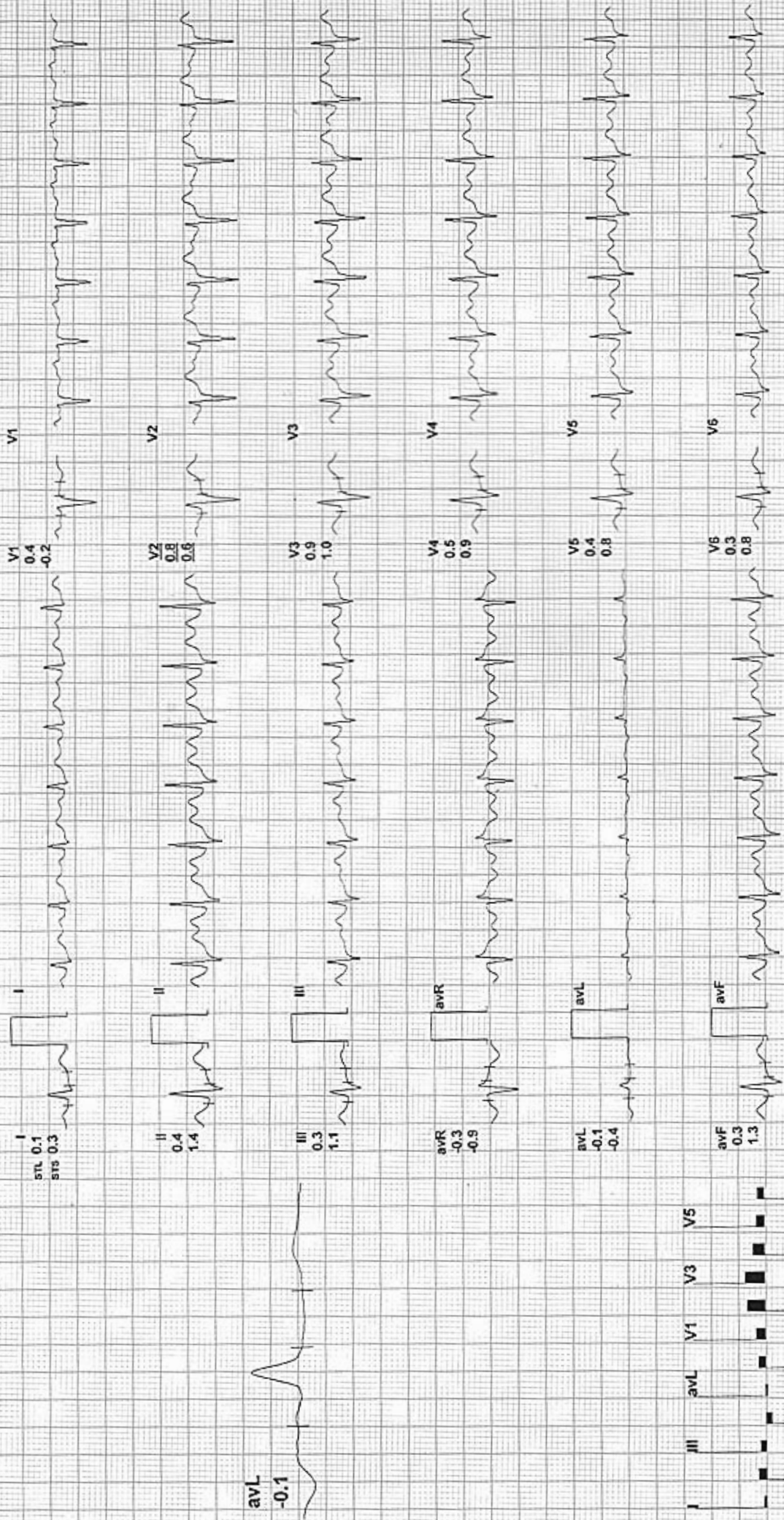
ARAVALI HOSPITAL

564 / DOLLY / 33 Yrs / F / 0 Cms / 0 Kg / HR : 125

Date: 23-Mar-2024 01:12:14 PM METS: 1.0/ 125 bpm 67% of THR BP: 135/85 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 07:54 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J



avL -0.1

REMARKS:



Recovery(3:00)

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564 / DOLLY / 33 Yrs / F / 0 Cms / 0 Kg / HR : 111

Date: 23-Mar-2024 01:12:14 PM

METS: 1.0/ 111 bpm 59% of THR

BP: 135/85 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 07:54 0.0 mph, 0.0%

25 mm/Sec. 1.0 Cm/mV

4X

80 mS Post J

I
STL 0.0
STs 0.2

V1
0.1
-0.2

II
0.0
0.4

V2
0.4
0.3

III
0.0
0.1

V3
0.3
0.3

avR
0.0
-0.3

V4
0.1
0.3

avL
-0.1
0.0

V5
0.0
0.2

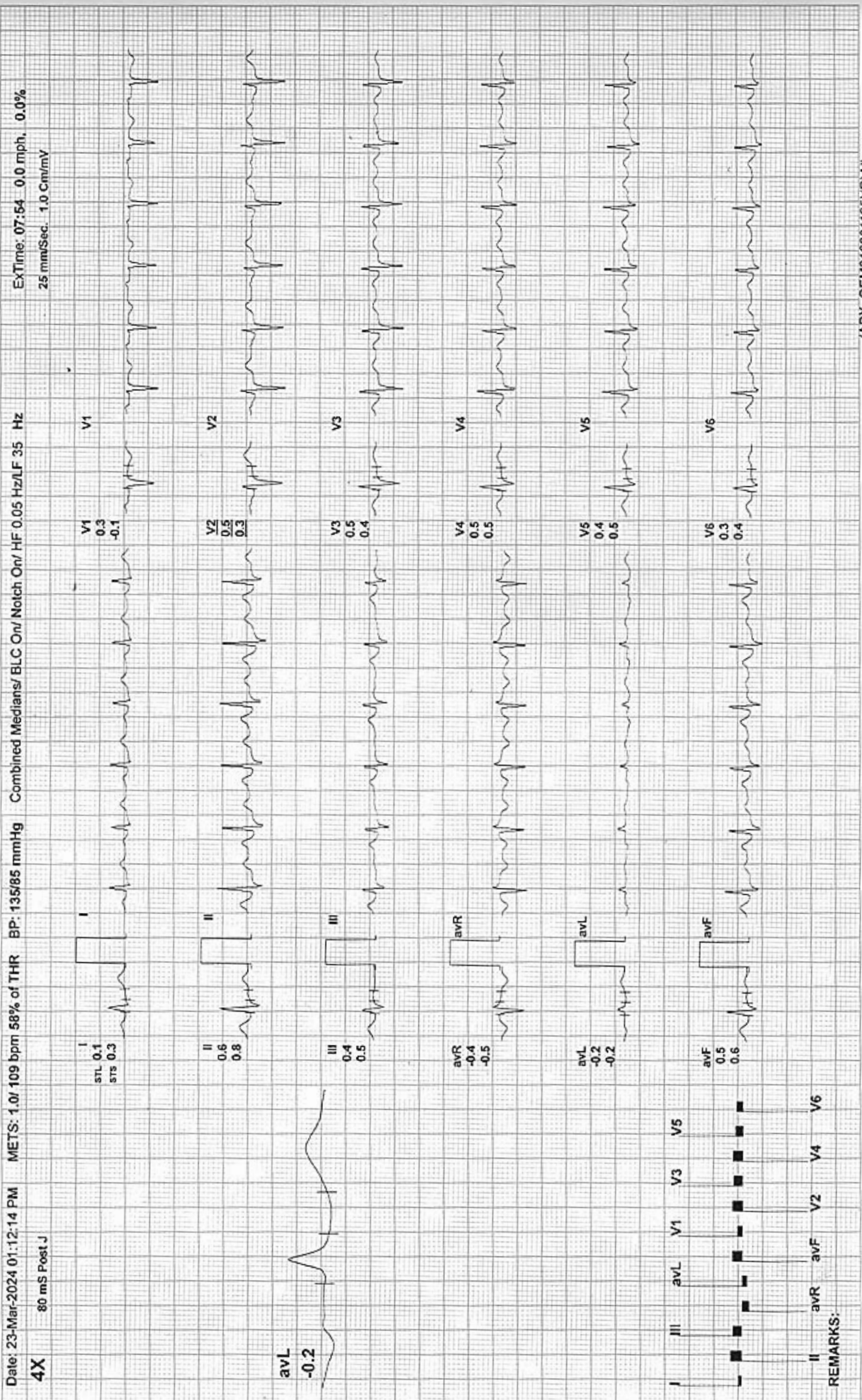
avF
0.0
0.3

V6
0.0
0.2

avL
-0.1

| | | | | |
|-----|-----|-----|----|----|
| III | avL | V1 | V3 | V5 |
| II | avR | avF | V2 | V4 |
| | | | V6 | |

REMARKS:





Recovery(4:26)

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564 / DOLLY / 33 Yrs / F / 0 Cms / 0 Kg / HR : 110

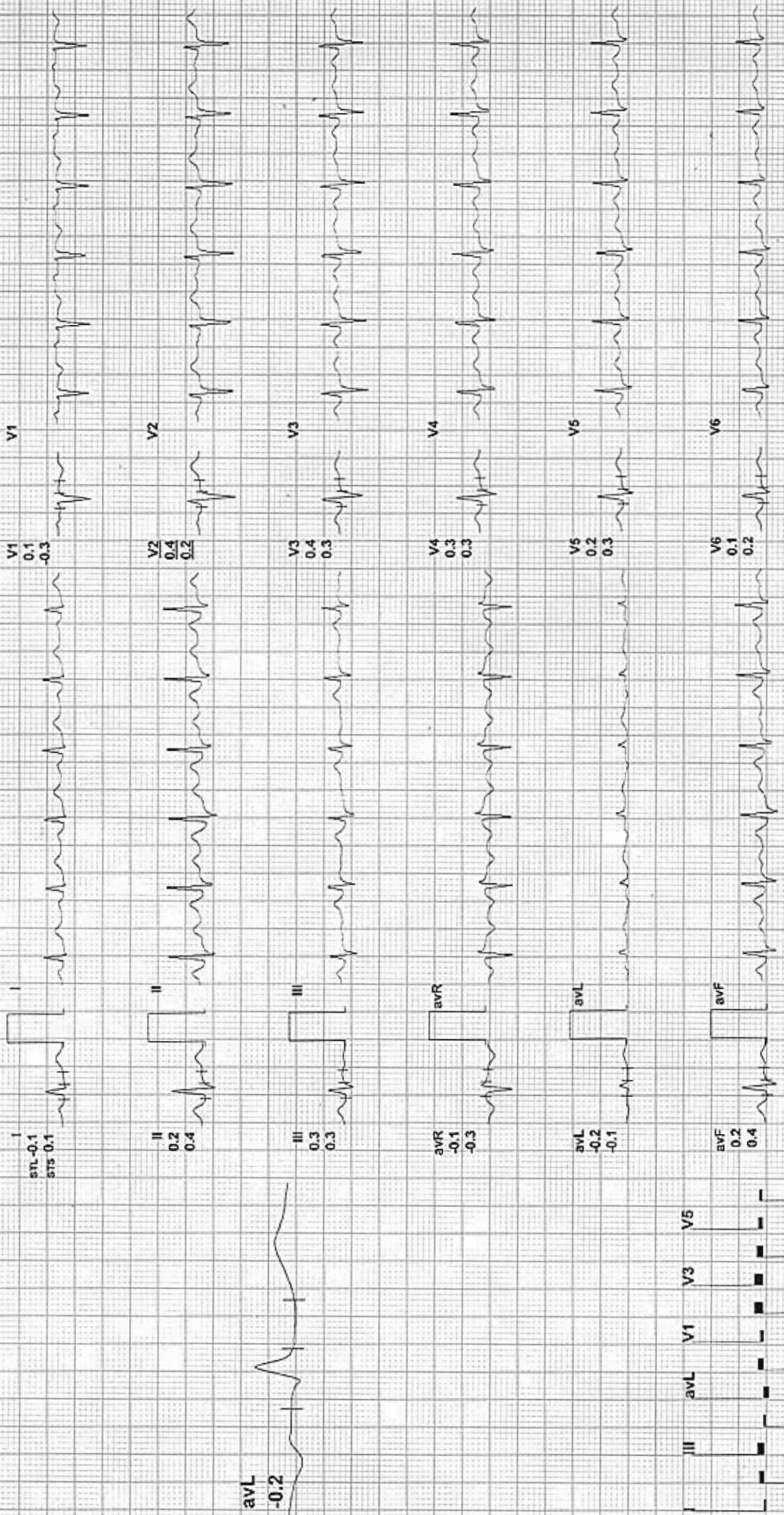
Date: 23-Mar-2024 01:12:14 PM

METS: 1.0/ 110 bpm 59% of THR BP: 125/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 07:54 0.0 mph. 0.0%
25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J



REMARKS:



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क्वालिटी काउंसिल ऑफ इण्डिया (QCI-NABH)
द्वारा प्रमाणित

| | | |
|---------------------------------|---|-----------------------------|
| Name Mrs. DOLLY 1428 BOB | Visit Date & Time 23/03/2024 | PATIENT ID 112317035 |
| Age 33 Yrs Sex Female | Test Authenticated at : 23/03/2024 14:01:47 | Ref. By |



HAEMATOLOGY

| Test Name | Value | Status | Unit | Biological Ref Interval |
|---|-------------|--------|----------------------|-------------------------|
| HAEMOGLOBIN (HB) | 11.7 | | gm % | 11.0 - 16.0 |
| RBC Count | 4.15 | | X10 ⁶ /UL | 3.50 - 5.50 |
| PCV | 34.5 | L | % | 36.0 - 48.0 |
| MEAN CORP. VOLUME (MCV) | 83.1 | | fL | 80.0 - 99.0 |
| MEAN CORP. HB (MCH) | 28.2 | | pg | 27.0 - 32.0 |
| MEAN CORP. HB CON. (MCHC) | 33.9 | | g/dL | 32.0 - 36.0 |
| RDW-CV | 13.1 | | % | 11.0 - 16.0 |
| RDW-SD | 42.1 | | fl | 35.0 - 56.0 |
| TLC Count | 5.38 | | /cmm | 4.00 - 11.00 |
| Differential Leucocyte Count (DLC) | | | | |
| POLYMORPH | 58 | | % | 45 - 75 |
| LYMPHOCYTE | 33 | | % | 20 - 45 |
| EOSINOPHIL | 03 | | % | 01 - 06 |
| MONOCYTE | 06 | | % | 01 - 10 |
| BASOPHIL | 00 | | % | 00 - 01 |
| TOTAL PLATELET COUNT | 156 | | x10 ³ /uL | 150 - 450 |
| MPV | 15.0 | H | | 7.4 - 10.4 |
| PDW | 15.5 | | % | 10.0 - 17.0 |
| PCT | 0.2 | | % | 0.1 - 0.3 |
| P-LCR | 63.0 | H | % | 11.0 - 45.0 |
| P-LCC | 99.0 | H | | 30.0 - 90.0 |



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HAEMATOLOGY

| Test Name | Value | Status | Unit | Biological Ref Interval |
|---------------------|-------|----------|------------|-------------------------|
| ESR | 20 | | mm/Ist hr. | 0 - 20 |
| Blood Group (ABORH) | 'O' | POSITIVE | | |



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|-----------|-------|--------|------|-------------------------|

LIPID PROFILE

| | | | | |
|-------------------------------|---------------|---|-------|----------------|
| CHOLESTEROL TOTAL | 168.00 | | mg/dl | <200.00 |
| TRIGLYCERIDES | 92.36 | | mg/dl | 0.00 - 200.00 |
| HDL CHOLESTEROL | 41.80 | | mg/dl | 30.00 - 65.00 |
| LDL CHOLESTROL | 108.00 | H | mg/dl | 35.00 - 100.00 |
| VLDL CHOLESTEROL | 18.00 | | mg/dl | 12.00 - 35.00 |
| CHOLESTEROL TOTAL / HDL RATIO | 4.02 | | | 0.00 - 4.90 |
| CHOLESTEROL LDL / HDL RATIO | 2.58 | | | 0.00 - 5.00 |



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| Test Name | Value | Status | Unit | Biological Ref Interval |
|-----------|-------|--------|------|-------------------------|
|-----------|-------|--------|------|-------------------------|

LIVER FUNCTION TEST (LFT)

| | | | | |
|----------------------|-------|--|-------|----------------|
| BILIRUBIN-TOTAL | 0.60 | | mg/dl | 0.20 - 1.20 |
| BILIRUBIN-DIRECT | 0.25 | | mg/dl | 0.00 - 0.25 |
| BILIRUBIN-INDIRECT | 0.35 | | mg/dl | 0.10 - 0.40 |
| SGOT-AST | 28.86 | | U/L | 0.00 - 35.00 |
| SGPT-ALT | 18.20 | | U/L | 0.00 - 45.00 |
| ALKALINE PHOSPHATASE | 71.00 | | IU/L | 35.00 - 129.00 |
| PROTIEN-TOTAL | 8.23 | | gm/dl | 6.00 - 8.50 |
| ALBUMIN | 4.45 | | gm/dl | 3.50 - 5.20 |
| GLOBULIN | 3.78 | | gm/dl | 2.50 - 4.00 |
| A:G RATIO | 1.18 | | | 1.10 - 2.20 |



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BIOCHEMISTRY

| Test Name | Value | Status | Unit | Biological Ref Interval |
|-----------------------|-------|--------|-------|-------------------------|
| BLOOD SUGAR (FASTING) | 78.1 | | mg/dl | 60.0 - 110.0 |
| BLOOD SUGAR (PP) | 118.0 | | mg/dl | 110.0 - 140.0 |
| CREATININE | 0.70 | | mg/dl | 0.50 - 1.30 |
| URIC ACID | 3.16 | | mg/dl | 2.60 - 7.20 |
| BUN | 9.00 | | mg/dl | 7.00 - 22.00 |



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BIOCHEMISTRY

| Test Name | Value | Status | Unit | Biological Ref Interval |
|---|--------------|--------|------|---|
| HBA1C | | | | |
| GLYCOSYLATED HAEMOGLOBIN-A1C | 4.30 | | % | Below 6.5% : Good Control 6.5% - 7% : Fair Control 7.0% - 8% : Unsatisfactory Control >8% Poor Control |
| AVERAGE BLOOD GLUCOSE (ABG) Method: Derived from HbA1c Value | 76.71 | L | % | 90 - 120 Good Control 121 - 150 Fair Control 151 - 180 Unsatisfactory Control > 180 Poor Control |



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IMMUNOLOGY

| Test Name | Value | Status | Unit | Biological Ref Interval |
|-----------|-------|--------|------------|-------------------------|
| T3 | 1.20 | | ng/ml | 0.87 - 1.78 |
| T4 | 12.86 | | ug/dl | 4.82 - 15.65 |
| TSH | 4.519 | | micro U/ml | 0.340 - 5.600 |

TSH levels may be affected by acute illness and drugs like dopamine and gluco corticoids.

Low or undetectable TSH is suggestive of Grave's disease

TSH between 5.5 to 15.0 with normal T3,T4 indicates impaired thyroid hormone or subclinical hypothyroidism or normal T3,T4 with slightly low TSH suggests subclinical hyperthyroidism

TSH suppression does not reflect severity of hyperthyroidism therefore, measurement of FT3,FT4 is important.

Free T3 is first hormone to increase in early hyperthyroidism.
Only TSH level can prove to be misleading in patients on treatment.

Therefore Free T3, Free T4 along with TSH should be checked.
During pregnancy clinically T3T4 can be high and TSH can be slightly low.



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CLINICAL PATHOLOGY

| Test Name | Value | Status | Unit | Biological Ref Interval |
|-----------|-------|--------|------|-------------------------|
|-----------|-------|--------|------|-------------------------|

URINE EXAMINATION

PHYSICAL EXAMINATION

| | |
|------------------|-------------|
| QUANTITY | 20 |
| COLOUR | PALE YELLOW |
| SPECIFIC GRAVITY | QNS |
| APPEARANCE | CLEAR |
| DEPOSITS | NIL |
| PH | ACIDIC |

CHEMICAL EXAMINATION

| | |
|---------|-----|
| ALBUMIN | NIL |
| SUGAR | NIL |

MICROSCOPY EXAMINATION

| | | |
|-----------------------|--------|------|
| EPITHELIAL CELLS | 3-4 | /HPF |
| PUS CELLS | 1-2 | /HPF |
| RBC'S | NIL | /HPF |
| CASTS | ABSENT | |
| CRYSTALS | ABSENT | |
| BACTERIA | NIL | |
| YEAST CELLS | NIL | |
| TRICHOMONAS VAGINALIS | NIL | |
| SPERMATOZOA | NIL | |
| OTHERS | NIL | |



*** End of Report ***

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LABORATORY REPORT

| | | | |
|--|----------------------------|--------|-----------------------|
| Name : Mrs DOLLY | Sex/Age : Female/ 33 Years | H.ID : | Case ID : 40301503535 |
| Ref By : | Dis.Loc. : | | Pt ID : |
| Bill. Loc. : Aravali pathlabs Udaipur | | | Pt. Loc. : |
| Registration Date & Time : 23-Mar-2024 14:20 | Sample Type : Slide | | Ph # : |
| Sample Date & Time : 23-Mar-2024 14:20 | Sample Coll. By : | | Ref Id : 112317035 |
| Report Date & Time : 23-Mar-2024 15:20 | Acc. Remarks : | | Ref Id2 : |

Cytopathology Report

Specimen :

Pap smear for cytology (conventional)

Clinical Data :

NA

Macroscopic Examination :

Received 1 unstained smears.

Microscopic Examination :

See below in diagnosis

Impression :

The Bethesda System (TBS 2014) (Conventional Pap)

Specimen type: Conventional Pap smear.

Specimen adequacy: Satisfactory for evaluation with partially obscuring inflammation

Transformation zone elements: Not present

Infection associated changes: Trichomonas or Monilia are not seen.

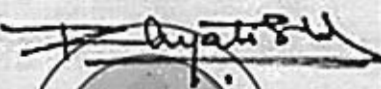
Reactive cellular changes: Present, mild inflammation related.

Epithelial cell abnormality: Nil

Other cells: Nil

Grossing By :

For test performed on specimens received or collected from non-NSRL locations, it is presumed that the specimen belongs to the patient named or identified as labeled on the container/test request and such verification has been carried out at the point generation of the said specimen by the sender. NSRL will be responsible Only for the analytical part of test carried out. All other responsibility will be of referring Laboratory.


Dr Khyati Shah
MD Pathology
Acting Senior

Helpline : 9352 108 108 Printed On : 23-Mar-2024 15:23

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गुणवत्ता पूर्ण चिकित्सा सेवाओं के लिये
भारत सरकार की
क्वालिटी काउंसिल ऑफ इण्डिया (QCI-NABH)
द्वारा प्रमाणित

LABORATORY REPORT

| | | | |
|--|----------------------------|--------|-----------------------|
| Name : Mrs DOLLY | Sex/Age : Female/ 33 Years | H.ID : | Case ID : 40301503535 |
| Ref By : | Dis.Loc. : | | Pt ID : |
| Bill. Loc. : Aravali pathlabs Udaipur | | | Pt. Loc. : |
| Registration Date & Time : 23-Mar-2024 14:20 | Sample Type : Slide | | Ph # : |
| Sample Date & Time : 23-Mar-2024 14:20 | Sample Coll. By : | | Ref Id : 112317035 |
| Report Date & Time : 23-Mar-2024 15:20 | Acc. Remarks : | | Ref Id2 : |

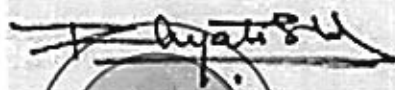

Interpretation/result: Negative for intraepithelial lesion or malignancy.

Pap test is a screening test for cervical cancer with inherent false negative results.

----- End Of Report -----

Grossing By :

For test performed on specimens received or collected from non-NSRL locations, it is presumed that the specimen belongs to the patient named or identified as labeled on the container/test request and such verification has been carried out at the point generation of the said specimen by the sender. NSRL will be responsible Only for the analytical part of test carried out. All other responsibility will be of referring Laboratory.


 Dr Khyati Shah
 MD Pathology


Helpline : 9352 108 108 Printed On : 23-Mar-2024 15:23

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