

❖ This medical fitness is only on the basis of clinical examination. No COVID -19 and other investigation has been done to reveal the fitness

MEDICAL EXAMINATION REPORT

Name Alpana Singh Age & Sex 35y/F Date of MER 23/03/24
 Identification Mark Mole near left eye ID Proof VIO Card
 Ht 157 Wt 63 Chest Exp/Insp 89/94 Abd 82 PR 71/m BP 100/70
 BMI 25

Any Operation

No - Appendectomy done in 2002 at some Pvt. hospital, Gohati (Assam)

Any Medicine Taken

No

Any Accident

No

Alcohol/Tabacco/Drugs No

Consumption.....Duration.....

Qty.....

Whether the person is suffering from any of the following diseases, give details

| DISEASE | Yes/NO | DETAIL |
|---------------------|-----------|--------|
| Diabetes | <u>No</u> | |
| Hypertension | <u>No</u> | |
| Renal Complications | <u>No</u> | |
| Heart Disease | <u>No</u> | |
| Cancer | <u>No</u> | |
| Any Other | <u>No</u> | |

Examination of systems.

| SYSTEMS(any evidence of past/present disease) | YES | NO | DETAILS |
|--|-----|-------------------------------------|---------|
| Brain or nervous system | | <input checked="" type="checkbox"/> | |
| Lungs or other parts of respiratory system | | <input checked="" type="checkbox"/> | |
| GI Tract | | <input checked="" type="checkbox"/> | |
| Ears, Eyes, Nose, Throat, Neck | | <input checked="" type="checkbox"/> | |
| Cardiovascular System | | <input checked="" type="checkbox"/> | |

Signature of client.....[Signature]

Signature of Doctor.....Dr. R.S. Maheshwari

Seal of Centre.....

M.B.B.S. M.D. (Paed) P.C.M.S. (Ex.) M.I.A.P.
 Consultant Physician & Child Specialist
LIFE LINE HOSPITAL
 GILL ROAD, LUDHIANA - 141003
 Registration No 34970

Feedback – Medical Checks

This is to confirm & certify that I have gone through the medical examination through centre on _ to complete the requisite medical formalities towards my application for life insurance from BOB vide Proposal Form bearing no _____ dated 23/03/24

I do confirm specifically that the following medical activities have been performed for me:

- | | | |
|--|---|-----------------------------|
| 1. Full Medical Report (Medical Questionnaire) | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 2. Sample Collection | | |
| a. Blood | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| b. Urine | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 3. Electro Cardio Gram (ECG) | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 4. Treadmill Test (TMT) | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 5. Others _____ | | |

I have furnished my ID Proof UID Card bearing ID No. _____ at the time of my medical.

Feedback Form

- Behavior and cooperation of staff

Reception/ Clinic/ Hospital

Good Average Poor

Technician/ Doctors

Good Average Poor

- Time Management

Good Average Poor

- Upkeep of hospital

Good Average Poor

- Technology & Skills

Good Average Poor

- Please remark if the medical check

procedure was satisfactory

Yes No

(Medical Facility- Location; Facility Set-up, instruments, cleanliness; Process followed; etc. Also on the Medical Staff: Appearance; Technical Know-how; Behavior etc.)

- If No please provide details or let us know of anything additional you would like to provide

.....

| | |
|--|--|
| <p>Signature of the Life to be Insured (Proposer in case of Life insured being minor)</p> <p style="text-align: center;"><u>AS</u></p> <hr/> <p>Name of the Life to be Insured with date <u>23/03/24</u> (Proposer (in case of Life insured being minor))</p> <p style="text-align: center;"><u>Alpana Singh</u></p> | <p>Signature of <u>Dr. S. Maheshwari</u> Visiting/Attending Doctor</p> <p style="font-size: small;">M.B.B.S. M.D. (Paed) P.G. in Child Health Consultant Physician & Child Specialist</p> <p>Name of <u>LINE HOSPITAL</u> Visiting/Attending Doctor</p> <p style="font-size: x-small;">GILL ROAD, ... Registration No 34970</p> <hr/> <p>MC Registration No: <u>34970</u></p> <hr/> <p>Doctor Stamp with date <u>23/3/24</u></p> |
|--|--|

Self Declaration & Special COVID-19 Consent

Date 23/3/24.

Day:

Time:

Patient's Name/Client Name Alpana Singh

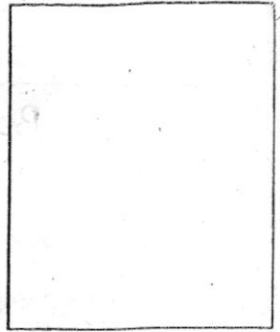
Age: 35y

Sex: F

Case No/Proposal no

Address:

Profession:



1) Do you have Fever/Cough/Tiredness/Difficulty in Breathing?

Yes/No

2) Have you travelled outside India and came back during pandemic of COVID 19 or

Have you come from other country during pandemic of COVID 19?

Yes/No

3) Have you travelled anywhere in India in last 60 days?

Yes/No

4) Any Personal or Family History of Positive COVID 19 or Quarantine?

Yes/No

5) Any history of known case of Positive COVID 19 or Quarantine patient in your

Neighbors/Apartment/Society area

Yes/No

6) Are you suffering from any following diseases?

Diabetes/Hypertension/Lung Disease/Heart Disease

Yes/No

7) Are you healthcare worker or interacted/lived with Positive COVID 19 patients?

Yes/No

During the Lockdown period and with current situation of Pandemic of COVID 19, I came to this hospital/home visit by this hospital at my home for medical checkup..e.g. MER, Blood Sample, Urine sample and ECG. I also know that I may get infection from the hospital or from doctor, and I will take every precaution to prevent this from happening. for that I will never hold doctors or hospital staffs accountable if such infection occurs to me or my accompanying persons.

Above information is true as per best to my knowledge, I understand that giving false information or hiding the facts or any type of violence in the hospital are punishable offence in IPC.

Patient's Signature with Name

Dr. R.S. Maheshwari
M.B.B.S. M.D. (Paed) P.C.M.S. (Ex.) M.I.A.P
Consultant Physician & Child Specialist
LIFE LINE HOSPITAL
GILL ROAD, LUDHIANA-141002
Registration No 34970


भारत सरकार
Government of India


Download Date: 23.06.2021





अल्पना सिंह
Alpana Singh
जन्म तिथि/DOB: 22/06/1988
महिला/ FEMALE

Issue Date: 26.12.2015

5699 6758 6841

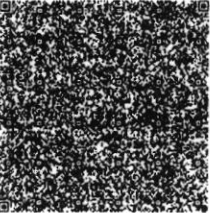
VID : 9118 5910 9478 2336

मेरा आधार, मेरी पहचान


भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India





पता:
W/O अमर नाथ, गौरी देवी डब्ल्यू/ओ मदन राम, विलेज-
जगदीशपुर, पानी टंकी के पास, बलिया सिटी, बलिया,
उत्तर प्रदेश - 277001

Address:
W/O Amar Nath, gauri devi w/o madan ram,
village- jagdishpur, near pani tanki, Ballia
City, Ballia,
Uttar Pradesh - 277001



5699 6758 6841

VID : 9118 5910 9478 2336

 1947 |  help@uidai.gov.in |  www.uidai.gov.in

Dr. R.S. Mareshwar

M.B.B.S. M.D. (Paed) P.C.M.S. (Ex.) M.A.P
 Consultant Physician & Child Specialist
LIFE LINE HOSPITAL
 GILL ROAD, LUDHIANA-141003
 Registration No. 32576

QRS: 82 ms
QT / QTcBaz: 380 / 412 ms
PR: 156 ms
P: 82 ms
RR / PP: 850 / 845 ms
P / QRS / T: 36 / 19 / 26 degrees

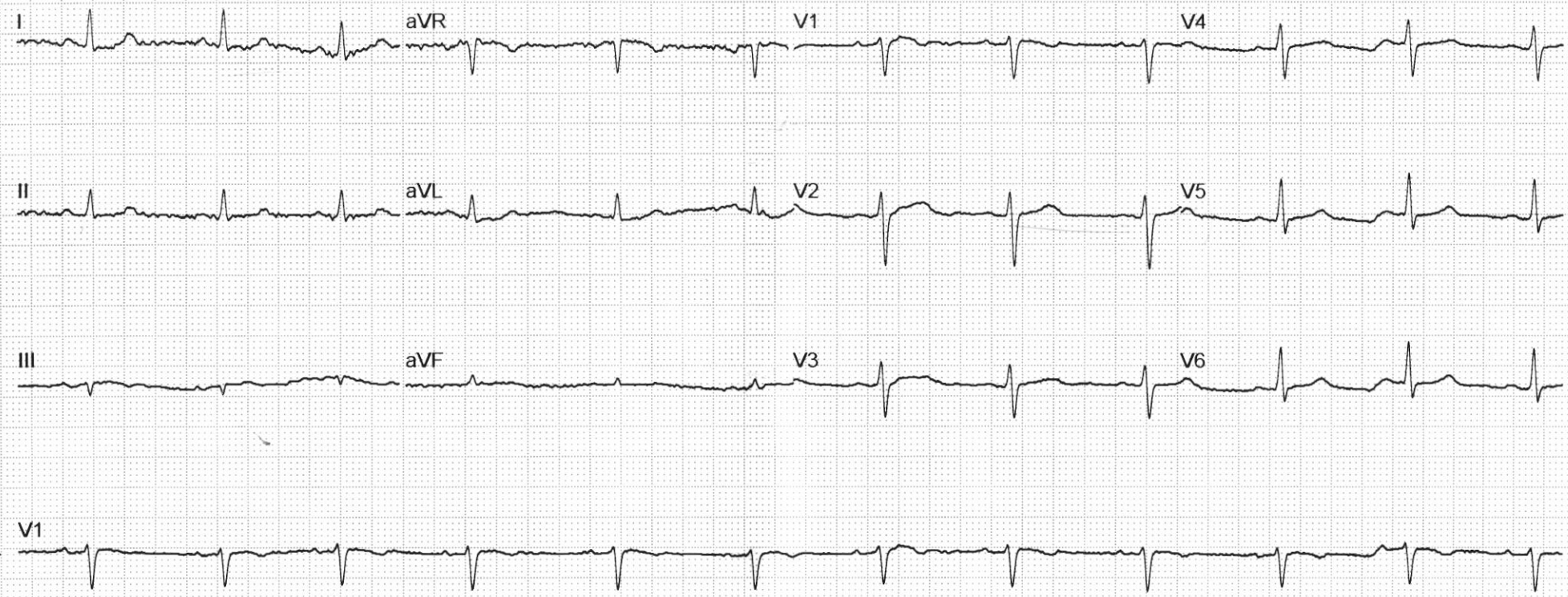
Normal sinus rhythm
Normal ECG

Technician:
Ordering Ph:
Referring Ph:
Attending Ph:

WNL

tu

Dr. Ravi Kant Singla
M.B.B.S. MD
Medical Specialist
Ex. Registrar CMC LDH.
Reg. No. 29182



Lifeline Hospital

Multi Speciality & Super Speciality Hospital

NABH Accredited
(ENTRY LEVEL)



NAME Alpana Singh

EMP.CODE _____

AGE / SEX 35y / F

DATE 23/3/24

REF. BY BOB

| | RIGHT EYE | | | | LEFT EYE | | | |
|-----------------|-----------|-----|------|-----|----------|-----|------|-----|
| | SPH | CYL | AXIS | VIA | SPH | CYL | AXIS | VIA |
| DISTANCE | Plain | | | 6/6 | Plain | | | 6/6 |
| FOR NEAR ADD | _____ | | | | _____ | | | |

COLOR VISION (ISHIHARA'S CHART)

COLOR VISION : Normal

OTHER OPINION: _____


DOCTOR SIGNATURE



Dr. Maheshwari's Complex, Gill Road, Ludhiana-141003. (India)

Tel. : 91-161-4646792, 4605353, 2501661 Helpline : 99886-39620

E-mail : lifelineldh@rediffmail.com ; info@lifelinehosp.com Web : www.lifelinehosp.com

DOCTOR / AUDIOLOGIST

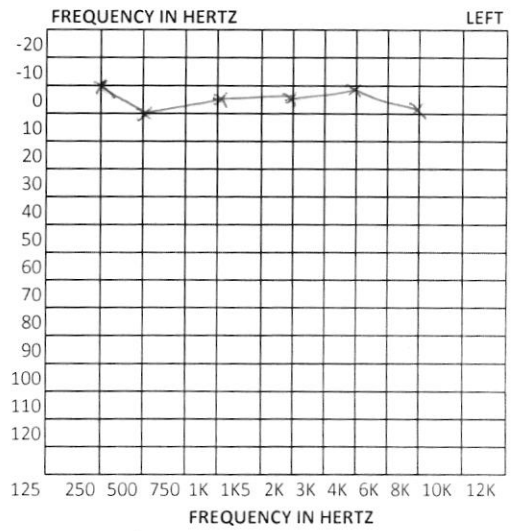
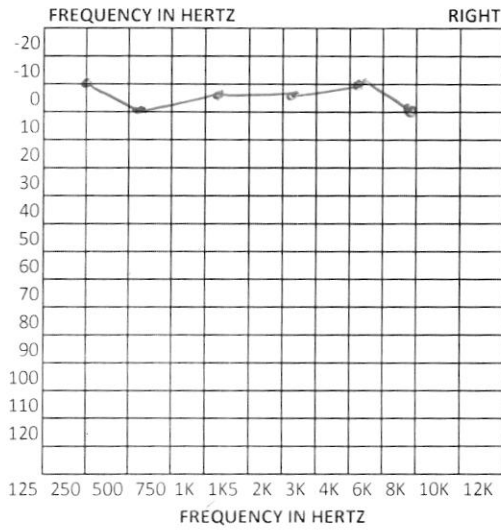
Dr. Sunit Goyal

ADDRESS / MOBILE NO.

Life Line Hospital

LDH.

AUDIOGRAM



SYMBOLTABLE

DATE

23/03/24

NAME

Alpana Singh

AGE / SEX

35y/F

REMARKS

B/L Normal hearing



DOCTOR SIGNATURE



NAME: ALPANA SINGH

AGE/SEX: 35Y/F

HEIGHT: 157 cms

WEIGHT: 63 kgs

B.P: 100/70mmHg

PULSE: 71BPM

- CVS - N.A.D.
- CNS - N.A.D.
- P/A - N.A.D.
- R/S - N.A.D.
- Not k/c/o of DM, HTN
- ENT - NAD
- Skin Examination - NAD
- TUNING FORK TEST- NORMAL

Dr. R.S. Maheshwari

DR. R.S. Maheshwari
M.D. (Paed), P.C.M.S. (Ex.) M.
Consultant Physician & Child Specialist

DR. R.S. Maheshwari
M.D.
LIFE LINE HOSPITAL
GILL ROAD, LUDHIANA-141003
Registration No 34970



| | | | |
|-----------|----------------|------------|------------------|
| Lab ID. : | 01 | Date : | 23/03/2024 |
| Name : | ALPANA SINGH | Age/Sex : | 35 /Years/Female |
| Ref. By : | BANK OF BARODA | Mac. No. : | 502 |

Complete Blood Count

Test Performed on ERBA H360 Fully Automated Analyser

| Parameters | Result | Units | Reference Range | Graphs |
|---------------------|---------------|---------------------|-----------------|--------|
| LEUKOCYTES | | | | |
| Total WBC Count | 7.12 | 10 ³ /uL | 4.0 - 11.0 | |
| Lymphocytes% | 24.3 | % | 20.0 - 50.0 | |
| Mixed% | 6.8 | % | 3.0 - 10.0 | |
| Neutrophils% | 68.9 | % | 50.0 - 70.0 | |
| Lymphocytes# | 1.73 | 10 ³ /uL | 0.6 - 4.1 | |
| Mixed# | 0.48 | 10 ³ /uL | 0.1 - 1.8 | |
| Neutrophils# | 4.91 | 10 ³ /uL | 2.0 - 7.8 | |
| ERYTHROCYTES | | | | |
| Hemoglobin | 10.3 L | g/dl | 11.0 - 16.0 | |
| R.B.C Count | 4.11 | 10 ⁶ /uL | 3.50 - 5.50 | |
| Haematocrit(PCV) | 32.6 L | % | 36.0 - 47.0 | |
| MCV | 79.4 L | fl | 80.0 - 99.0 | |
| MCH | 25.0 L | pg | 27.0 - 32.0 | |
| MCHC | 31.5 L | g/dl | 32.0 - 36.0 | |
| RDW-SD | 47.9 | fl | 35.0 - 56.0 | |
| RDW-CV | 16.1 H | % | 11.5 - 14.5 | |
| THROMBOCYTES | | | | |
| Platelets Count | 181 | 10 ³ /uL | 150 - 450 | |
| MPV | 13.0 H | fl | 7.4 - 10.4 | |
| PDW | 22.3 H | fl | 10.0 - 17.0 | |
| PDW-CV | 17.4 H | % | 10.0 - 17.0 | |
| PCT | 0.234 | % | 0.108 - 0.280 | |
| P-LCR | 49.7 H | % | 13.0 - 43.0 | |
| P-LCC | 90.0 H | 10 ³ /uL | 30 - 90 | |
| ESR | 12 | mm 1st hr | 0 - 20 | |
| Blood Group | "AB" POSITIVE | | | |

Surbhi

Dr. SURBHI GOYAL
M.B.B.S. M.D. (PATHOLOGY)
CONSULTANT PATHOLOGIST
Reg No 40195

NAME : ALPANA SINGH
AGE/SEX : 35Y/F
REF BY : BANK OF BARODA
DATE : 23.03.2024

BLOOD EXAMINATION REPORT

| DETERMINATION | NORMAL | RESULT |
|--------------------------|--------------------|------------|
| FBS | 70-110mg/dl | 90mg/dl |
| PPBS | 70-140mg/dl | 98mg/dl |
| UREA(BUN) | 15-45mg/dl | 24mg/dl |
| CREATININE | 0.7-1.5mg/dl | 0.84mg/dl |
| URIC ACID | 3.0-6.2mg/dl | 5.63mg/dl |
| CHOLESTEROL | 140-200mg/dl | 187mg/dl |
| TRIGLYCRIDE | 60-160mg/dl | 136mg/dl |
| CHOLESTEROL HDL | 35-60 mg/dl | 45mg/dl |
| CHOLESTEROL LDL | 60-150 mg/dl | 115mg/dl |
| VLDL | 20-40 mg/dl | 27mg/dl |
| CHOLESTEROL/HDL Ratio | 4.0:1-4.16:1 mg/dl | 4.1:1mg/dl |
| LDL/HDL Ratio | 1.71-2.5mg/dl | 2.5mg/dl |

Recommendation:-

- 1 This report is not valid for medico legal purposes .
2. The test can be repeated free of cost in case of any discrepancy.
3. Test to be clinically correlated.
4. All card tests require confirmation by serology
5. False negative or false positive results may occur in some cases.

Surbhi
Dr. SURBHI GOYAL
M.B.B.S. M.D. (PATHOLOGY)
CONSULTANT PATHOLOGIST
Reg No 40195

NAME : ALPANA SINGH
AGE/SEX : 35Y/F
REF BY : BANK OF BARODA
DATE : 23.03.2024

LIVER EXAMINATION REPORT

| DETERMINATION | NORMAL | RESULT |
|--------------------|---|-------------|
| BILLIRUBIN TOTAL | <1.2mg/dl. | 0.79mg/dl |
| BILLIRUBIN DIRECT | <0.3mg/dl | 0.21mg/dl |
| BILIRUBIN INDIRECT | <0.9mg/dl | 0.58mg/dl |
| S.G.O.T. | 5-50Units/L | 42Units/L |
| S.G.P.T. | 5-50 Units/L | 30Units/L |
| GAMMA GT | 9-52 Units/L | 25Units/L |
| ALK. PHOSPHATASE | ADULTS-28-111Units/L CHILD-54-369units/L | 104Units/L |
| TOTAL PROTEIN | 6.0-8.0mg/dl | 7.1mg/dl |
| ALBUMIN | 3.5-5.3mg/dl | 4.1mg/dl |
| S.GLOBULIN | 2.0-4.0gm/dl | 3.0gm/dl |
| A/G RATIO | 1.25:1-1.75:1 mg/dl | 1.36:1gm/dl |

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CONSULTANT PATHOLOGIST.
REG. NO. 40195



NAME : ALPANA SINGH
AGE/SEX : 35Y/F
REF BY : BANK OF BARODA
DATE : 23.03.2024

CYTOPATHOLOGY REPORT

Specimen : cervical cytological preparation
Received two smears

Microscopic Examination : 2001 Bethesda system

Statement of Adequacy : Smear is satisfactory for evaluation

Microscopy : squamous epithelial and intermediate
Cells seen against a clean background.
No trichomonas or fungal organisms seen.

Impression : Normal cytology

Comments : Pap smear cytology is a screening procedure
Corroboration of cytopathologic findings
With colposcopic/local examination and
ancillary finding is recommended.

Surbhi

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Reg No 40195

NAME : ALPANA SINGH
AGE/SEX : 35Y/F
REF BY : BANK OF BARODA
DATE : 23.03.2024

HbA1C

| Test name | results | units |
|-------------------------------------|---------|-------|
| HbA1c{GLYCOSYLATED HEMOGLOBIN}BLOOD | 5.32 | % |

Interpretation

| As per American Diabetes association {ADA} | |
|--|---|
| Reference Group | HbA1c in % |
| Non diabetic adults ≥ 18 years | 4.0 - 6.0 |
| At risk | ≥ 6.0 to ≤ 6.5 |
| Diagnosing diabetes | > 6.5 |
| Therapeutic goals for glycemic Control | Adults Goal of therapy : < 7.0 Action suggested : > 8.0 |

Note : 1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.

2. target goals of < 7.0 % may be beneficial in patients with short duration of diabetes , long life expectancy and no significant cardiovascular disease .In patient with significant complications of diabetes , limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose level over the past 8-12 weeks & is a much better indicator of long term glycemic as compared to blood & urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels

| HbA1c % | Mean plasma glucose {mg/dl } | HbA1c % | Mean plasma glucose {mg/dl } |
|---------|------------------------------|---------|------------------------------|
| 5 | 98 | 9 | 212 |
| 6 | 126 | 10 | 240 |
| 7 | 154 | 11 | 269 |
| 8 | 183 | 12 | 298 |

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Dr. SURBHI GOYAL
M.B.B.S. M.D. (PATHOLOGY)
CONSULTANT PATHOLOGIST
R-748 #0199



NAME : ALPANA SINGH
AGE/SEX : 35Y/F
REF BY : BANK OF BARODA
DATE : 23.03.2024

• URINE EXAMINATION REPORT

| A. PHYSICAL EXAMINATION | |
|----------------------------|-----------|
| QUANTITY | 30ml |
| COLOUR | P. YELLOW |
| DEPOSIT | ABSENT |
| REACTION | ACIDIC |
| SECIFIC GRAVITY | 1.015 |
| B. CHEMICAL EXAMINATION | |
| UROBILINOGEN | NIL |
| BLOOD | NIL |
| PROTEIN | NIL |
| SUGAR | NIL |
| KETONE BODIES | NIL |
| BILIRUBIN | NIL |
| NITRITE | NIL |
| LEUKOCYTES | NIL |
| C. MICROSCOPIC EXAMINATION | |
| EPITHELIAL CELLS | 2-4/hpf |
| PUS CELLS | 3-4/hpf |
| R.B.C. | NIL |
| CRYSTALS | NIL |
| CAST | NIL |

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Dr. SURBHI GOYAL
M.B.B.S. M.D. (PATHOLOGY)
CONSULTANT PATHOLOGIST
Reg No. 40195



NAME : ALPANA SINGH
AGE/SEX : 35Y/F
REF BY : BANK OF BARODA
DATE : 23.03.2024

TEST ASKED : -T3,T4,TSH

| <u>TEST NAME</u> | <u>RESULT</u> | <u>NORMAL RANGE</u> |
|------------------|---------------|---------------------|
| T3 | 1.25 ng/ml | 0.70-2.04 ng/ml |
| T4 | 6.25 µg/dl | 4.6-10.5 µg/dl |
| TSH | 1.385µIU/ml | 0.40-4.20µIU/ml |

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Dr. SURBHI GOYAL
M.B.B.S. M.D. (PATHOLOGY)
CONSULTANT PATHOLOGIST
Reg. No. 1185



NAME : ALPANA SINGH
AGE/SEX : 35Y/F
REF BY : BANK OF BARODA
DATE : 23.03.2024

URINE EXAMINATION REPORT

| DETERMINATION | NORMAL | RESULT |
|------------------|--------|--------|
| POST URINE SUGAR | NIL | NIL |

*Recommendation:-

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Surbhi
Dr. SURBHI GOYAL
M.B.B.S. M.D. (PATHOLOGY)
CONSULTANT PATHOLOGIST
Reg No 40195



Name : ALPANA SINGH
Age/Sex : 35YRS/F
Date : 23/3/2024

X-ray Chest PA View

The cardiac size and shape is **normal**

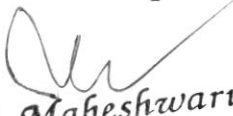
Both hilla are normal.

The lungs on either side shows equal translucency

The peripheral vasculature is normal

The domes of the diaphragm is normal

The pleural spaces are normal.


Dr. R.S. Maheshwari
M.B.B.S. M.D. (Paed) P.C.M.S. (Ex.) M.I.A.P
Certified in Paediatrics & Child Specialist
DR. R.S. MAHESHWARI
LIFELINE HOSPITAL
M.B.B.S. M.D.
GILL ROAD, LUDHIANA - 141003
Registration No. 34970
Reg No. 34970



Patient's Name: ALPANA SINGH

AGE/SEX : 35Y /F

DATE : 23/03/2024

ULTRASONOGRAPHY OF ABDOMEN

LIVER : Liver is normal in size & shape. Shows **fatty infiltration**. Hepatic biliary radicals are normally outlined. Portal vein is normal in caliber. No evidence of liver abscess. Movements of diaphragm are not restricted. No evidence of secondaries. CBD is of normal calibre.

GALL BLADDER : Gall Bladder is distended. Walls are normal. Lumen shows **two GB calculi** measuring approx 7-8mm .

PANCREAS : Pancreas is normal in size, shape and echotexture. No evidence of any collection in lesser sac.

SPLEEN : Spleen is normal in size, shape and echotexture. Calibre splenic vein at hilum is WNL.

RIGHT KIDNEY : Right kidney is normal in size & shape . Cortical thickness is WNL, Corticomedullary differentiation is well maintained. Pelvi-calyceal system is normally outlined. No evidence of calculus, backpressure. Changes or S.O.L.

LEFT KIDNEY : Left kidney is normal in size & shape. Cortical thickness is WNL. Pelvi-calyceal system is normally outlined. No evidence of calculus, backpressure changes or S.O.L.. Corticomedullary differentiation is well maintained. **Some concretions seen .**

URETERS: Both ureter are normal and not dilated

URINARY BLADDER : UB is seen filled stage . lumen is echo free walls are normal

UTERUS: Uterus is normal in size and outline . no focal is seen in myometrium . endometrial echo is 4mm in thickness .

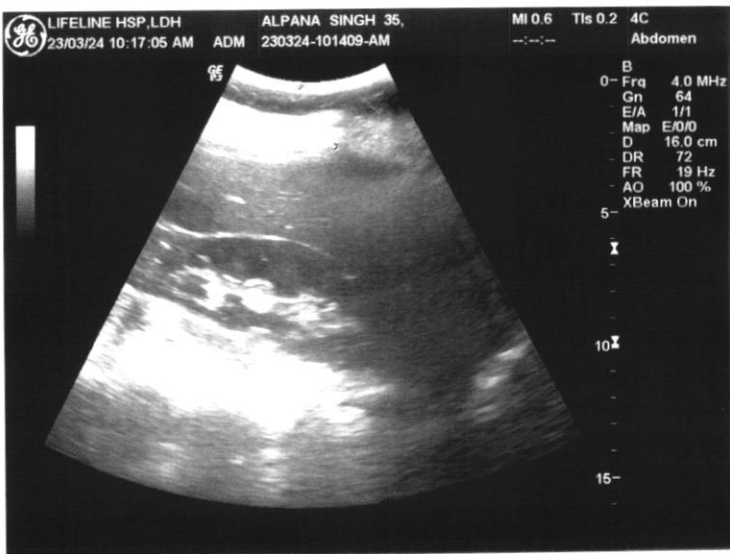
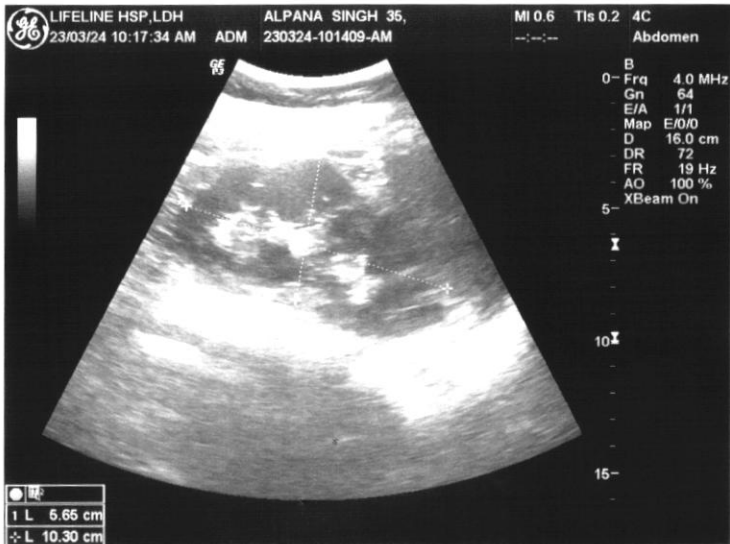
OVERIES : Both adenexa shows normal echogenic appearance .

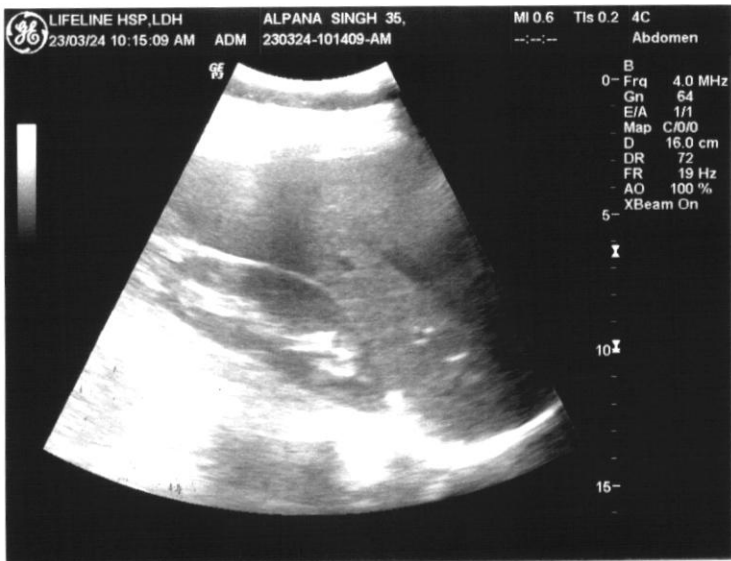
IMP.....GB CALCULUS // LEFT RENAL CONCRETIONS //FATTY LIVER

Dr. R. S. Maheshwari
M.B.B.S., M.D (Paed)
SONOLOGIST

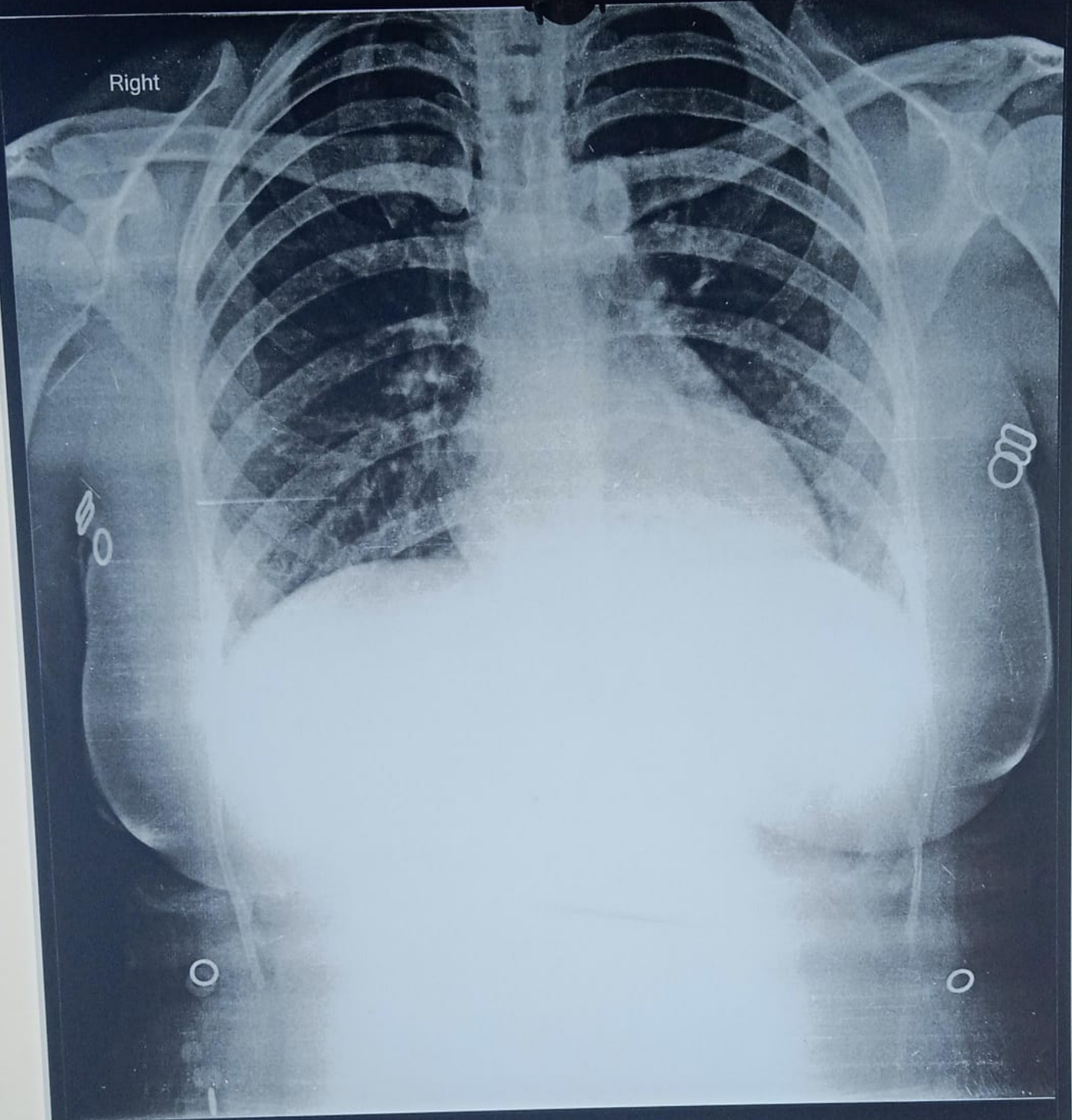
DR. R. S. MAHESHWARI

ULTRASONOLOGIST :-This is only professional opinion and not diagnosis .It should be correlated clinically.





Right



ALPANA SINGH 35 4465 F CHEST,FRN P->A 23-03-2024 09:48 AM
LIFELINE HOSPITAL, GILL ROAD ,LUDHIANA



12364413 / ALPANA SINGH
 35 Yrs / Female
 63 Kg / 157 Cms

23-Mar-2024 11:13:57 AM

Protocol : BRUCE

Medication :
 Ref.By : BANK OF BARODA

Objective :
 History :

| Stage | StageTime (Min:Sec) | PhaseTime (Min:Sec) | Speed (mph) | Grade (%) | METs | H.R. (bpm) | B.P. (mmHg) | R.P.P. x100 | PVC | Comments |
|----------|------------------------|------------------------|----------------|--------------|------|---------------|----------------|----------------|-----|----------|
| Supine | | | | | 1.0 | 94 | 118/78 | 110 | - | |
| Standing | | | | | 1.0 | 92 | 118/78 | 108 | - | |
| HV | | | | | 1.0 | 91 | 120/80 | 109 | - | |
| ExStart | | | | | 1.0 | 91 | 122/82 | 111 | - | |
| Stage 1 | 3:00 | 3:01 | 1.7 | 10.0 | 4.7 | 145 | 130/90 | 188 | 5 | |
| Stage 2 | 3:00 | 6:01 | 2.5 | 12.0 | 7.1 | 162 | 134/94 | 217 | 3 | |
| PeakEx | 1:17 | 7:18 | 0.0 | 0.0 | 8.0 | 157 | 138/98 | 216 | 1 | |
| Recovery | 1:00 | | 0.0 | 0.0 | 1.2 | 119 | 132/92 | 157 | 3 | |
| Recovery | 2:00 | | 0.0 | 0.0 | 1.0 | 109 | 130/90 | 141 | 1 | |
| Recovery | 3:00 | | 0.0 | 0.0 | 1.0 | 103 | 125/85 | 128 | 2 | |
| Recovery | 4:00 | | 0.0 | 0.0 | 1.0 | 102 | 122/82 | 124 | - | |
| Recovery | 4:26 | | 0.0 | 0.0 | 1.0 | 108 | 120/80 | 129 | - | |

Findings :

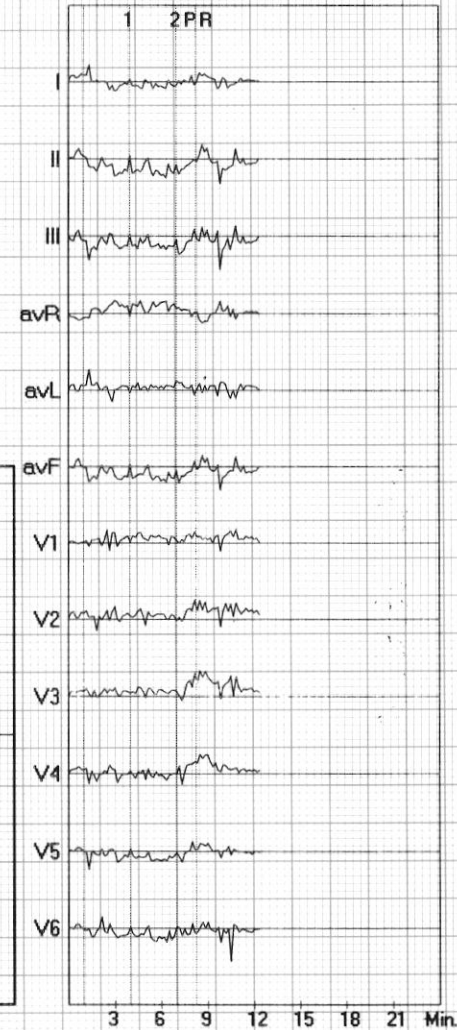
Exercise Time : 07:18
 Max HR Attained : 162 bpm 88% of Target 185
 Max BP : 138/98(mmHg)
 Max WorkLoad attained : 8(Fair Effort Tolerance)

TMT is Negative for Ischaemic Ischemia

Dr. GAGAN SHARMA
 MBBS, MD (MEDICINE)
 DM CARDIOLOGY

Advice/Comments:

STL 0.5 mm/Div





Protocol : BRUCE

| | | I | II | III | avR | avL | avF | V1 | V2 | V3 | V4 | V5 | V6 |
|-----------------------------|-------------|--------|------|------|------|------|------|------|------|-----|-----|------|------|
| STL (mm) 60 mSecs Post J | Supine | 0.4 | 0.1 | -0.2 | -0.2 | 0.3 | -0.1 | 0.1 | 0.4 | 0.3 | 0.2 | 0.1 | 0.0 |
| | Standing | 0.4 | 0.0 | -0.3 | -0.2 | 0.4 | -0.1 | 0.1 | 0.5 | 0.3 | 0.3 | 0.0 | -0.1 |
| | HV | 0.2 | 0.4 | 0.2 | -0.3 | 0.0 | 0.3 | 0.0 | 0.1 | 0.3 | 0.3 | 0.1 | 0.2 |
| | ExStart | 0.5 | 0.3 | -0.2 | -0.4 | 0.3 | 0.0 | 0.0 | 0.4 | 0.4 | 0.3 | 0.1 | 0.0 |
| | Stage 1 | -0.2 | -0.8 | -0.7 | 0.5 | 0.2 | -0.7 | 0.5 | 0.4 | 0.3 | 0.0 | -0.4 | -0.4 |
| | Stage 2 | -0.3 | -0.9 | -0.7 | 0.6 | 0.2 | -0.8 | 0.3 | 0.2 | 0.4 | 0.0 | -0.3 | -0.5 |
| | PeakEx | -0.2 | 0.0 | 0.4 | 0.1 | -0.3 | 0.3 | 0.7 | 1.3 | 1.5 | 0.8 | 0.1 | -0.3 |
| | Recovery | 0.2 | 0.0 | -0.3 | -0.1 | 0.3 | -0.2 | 0.3 | 0.6 | 1.1 | 0.8 | 0.2 | -0.1 |
| | Recovery | 0.1 | -0.7 | -0.6 | 0.2 | 0.4 | -0.6 | 0.5 | 1.0 | 0.8 | 0.5 | 0.0 | -0.3 |
| | Recovery | 0.2 | -0.3 | -0.5 | 0.0 | 0.4 | -0.4 | 0.3 | 0.3 | 0.3 | 0.3 | 0.0 | -0.1 |
| | Recovery | 0.0 | -0.3 | -0.3 | 0.1 | 0.2 | -0.3 | 0.3 | 0.6 | 0.4 | 0.1 | 0.0 | -0.1 |
| | Recovery | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| | STS mV/Sec. | Supine | 0.6 | 0.3 | -0.3 | -0.5 | 0.5 | 0.0 | -0.1 | 0.4 | 0.3 | 0.3 | 0.2 |
| Standing | | 0.6 | 0.4 | -0.2 | -0.5 | 0.4 | 0.1 | -0.2 | 0.4 | 0.3 | 0.3 | 0.2 | 0.1 |
| HV | | 0.5 | 0.3 | -0.2 | -0.4 | 0.4 | 0.1 | -0.1 | 0.3 | 0.4 | 0.4 | 0.2 | 0.1 |
| ExStart | | 0.6 | 0.4 | -0.3 | -0.5 | 0.5 | 0.1 | -0.2 | 0.4 | 0.4 | 0.3 | 0.2 | 0.2 |
| Stage 1 | | 0.7 | 0.4 | -0.3 | -0.5 | 0.5 | 0.0 | 0.1 | 0.6 | 0.8 | 0.8 | 0.4 | 0.2 |
| Stage 2 | | 0.7 | 0.5 | -0.2 | -0.6 | 0.4 | 0.2 | -0.1 | 0.8 | 1.1 | 1.3 | 1.0 | 0.6 |
| PeakEx | | 0.8 | 1.0 | 0.3 | -0.7 | 0.2 | 0.8 | 0.2 | 1.5 | 1.7 | 2.0 | 1.1 | 0.4 |
| Recovery | | 0.7 | 0.9 | 0.2 | -0.8 | 0.3 | 0.5 | 0.0 | 0.7 | 1.1 | 1.1 | 0.7 | 0.5 |
| Recovery | | 0.6 | 0.1 | -0.5 | -0.4 | 0.6 | -0.2 | 0.4 | 1.0 | 0.8 | 0.7 | 0.4 | 0.1 |
| Recovery | | 0.5 | 0.1 | -0.4 | -0.3 | 0.5 | -0.1 | 0.1 | 0.5 | 0.4 | 0.5 | 0.2 | 0.0 |
| Recovery | | 0.3 | 0.1 | -0.2 | -0.2 | 0.2 | 0.0 | 0.2 | 0.7 | 0.5 | 0.4 | 0.1 | 0.0 |
| Recovery | | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |

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STI on Next Page

| STI | μVs | I | II | III | avR | avL | avF | V1 | V2 | V3 | V4 | V5 | V6 |
|-----|----------|------|------|------|------|------|------|-----|------|-----|------|------|------|
| | Supine | 0.8 | -0.5 | -1.2 | 0.0 | 1.1 | -0.7 | 1.4 | 2.1 | 1.8 | 0.8 | -0.4 | -0.4 |
| | Standing | 1.2 | -0.7 | -1.7 | -0.4 | 1.6 | -1.1 | 1.3 | 2.6 | 2.0 | 1.4 | -0.8 | -0.7 |
| | HV | 0.0 | 2.1 | 2.2 | -1.1 | -1.7 | 2.1 | 0.2 | -0.3 | 0.9 | 1.2 | 0.7 | 1.2 |
| | ExStart | 2.2 | 1.0 | -1.1 | -1.5 | 1.3 | 0.1 | 0.7 | 2.0 | 2.0 | 1.4 | 0.3 | 0.0 |
| | Stage 1 | -2.9 | -5.5 | -2.7 | 4.2 | -0.1 | -4.1 | 2.6 | 1.3 | 0.0 | -1.9 | -3.1 | -2.9 |
| | Stage 2 | -3.7 | -7.1 | -3.6 | 5.4 | -0.1 | -5.3 | 2.6 | -0.6 | 0.4 | -2.1 | -3.7 | -4.4 |
| | PeakEx | -3.6 | -2.4 | 2.2 | 2.3 | -3.0 | 0.0 | 4.0 | 3.7 | 4.9 | 0.5 | -2.0 | -3.1 |
| | Recovery | -0.9 | -2.9 | -2.1 | 2.0 | 0.5 | -2.6 | 2.2 | 1.1 | 4.0 | 2.4 | -0.4 | -1.8 |
| | Recovery | -1.9 | -5.6 | -2.2 | 3.0 | 0.1 | -3.5 | 2.6 | 3.4 | 3.4 | 1.7 | -0.4 | -2.6 |
| | Recovery | -0.1 | -2.2 | -1.9 | 1.0 | 1.2 | -1.9 | 1.6 | 0.6 | 0.9 | 0.7 | -0.3 | -0.3 |
| | Recovery | -0.9 | -2.0 | -1.2 | 1.5 | 0.3 | -1.5 | 2.0 | 2.3 | 1.4 | -0.5 | -0.4 | -0.4 |
| | Recovery | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |

Handwritten signature

HR: 94 bpm

METS: 1.0

BP: 118/78

Trgt HR: 50% of 185

Speed: 0.0 mph

Grade: 0.0%

Raw ECG

BRUCE

(0.05-100)Hz

Ex Time 00:12

BLC : On

Notch : On

Supine

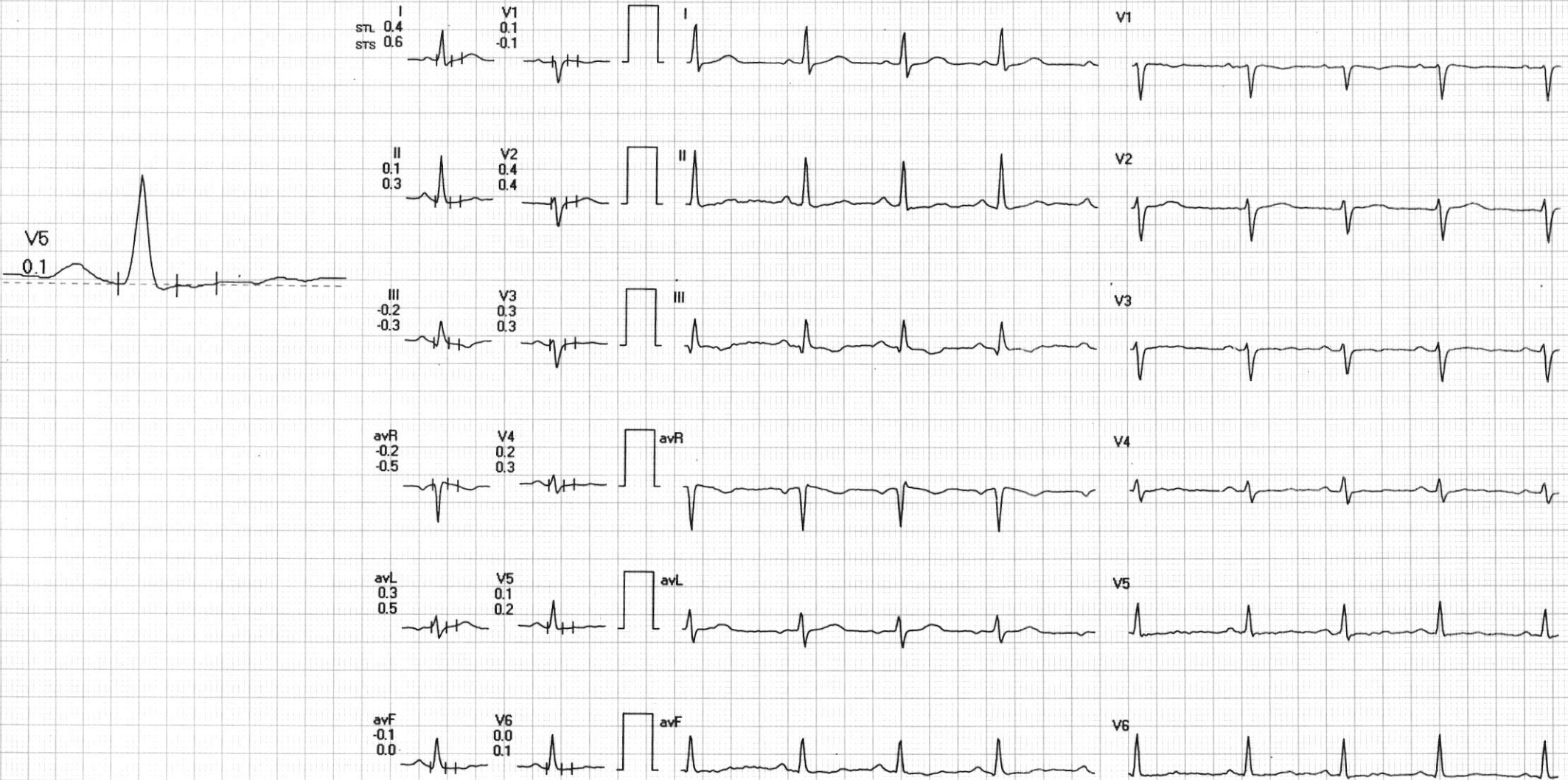
1.0 Cm/mV

25 mm/Sec.



4X

60 mS Post J



Handwritten signature

HR: 92 bpm

METS: 1.0

BP: 118/78

Trgt HR: 49% of 185

Speed: 0.0 mph

Grade: 0.0%

Raw ECG

BRUCE

(0.05-100)Hz

Ex Time 00:22

BLC :On

Notch :On

Standing

1.0 Cm/mV

25 mm/Sec.



4X

60 mS Post J



Handwritten signature

12 Lead + Median

HR: 91 bpm

METS: 1.0

BP: 120/80

Trgt HR: 49% of 185

Speed: 0.0 mph

Grade: 0.0%

Raw ECG

BRUCE

(0.05-100)Hz

Ex Time 00:35

BLC :On

Notch :On

HV

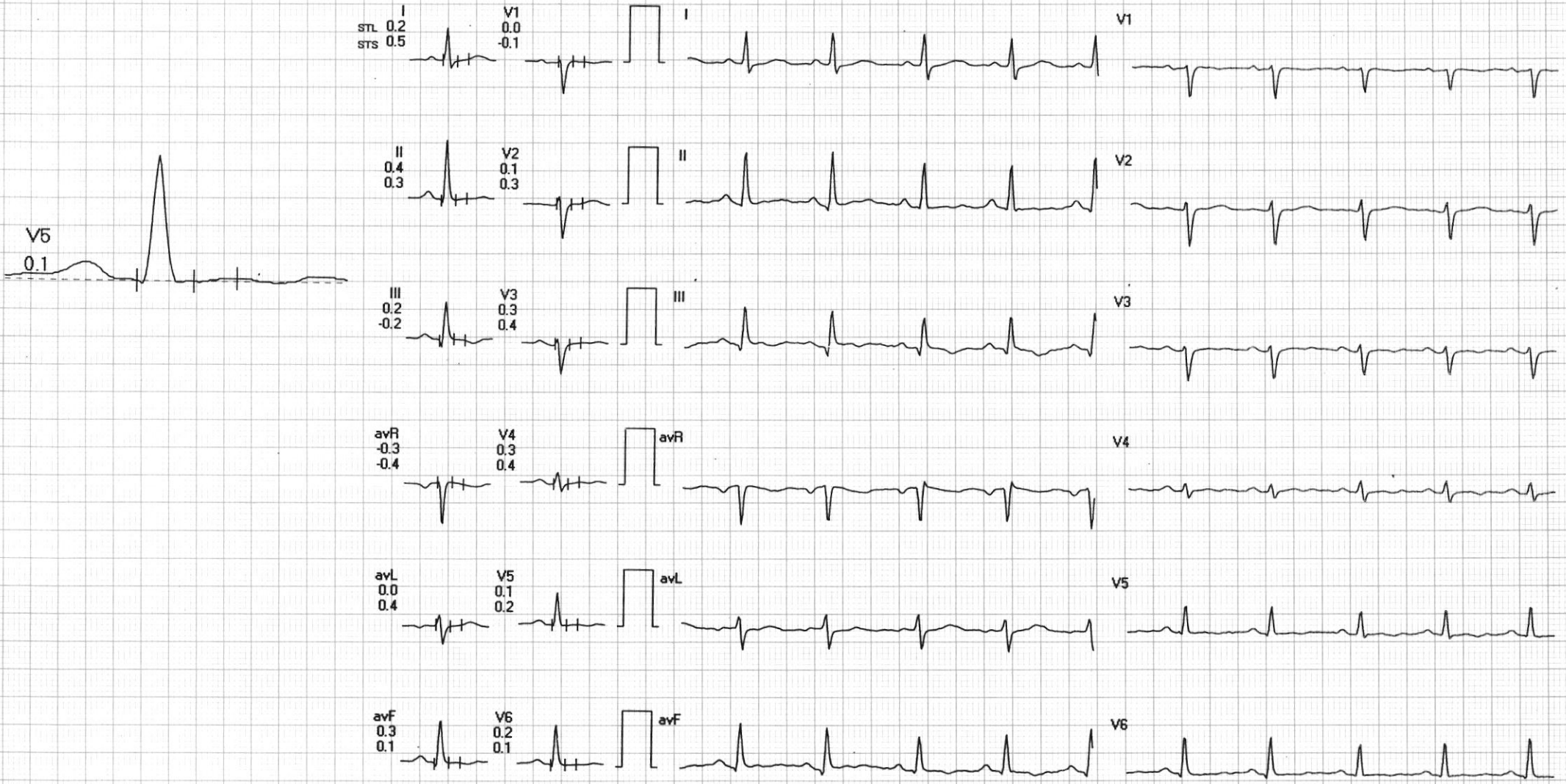
1.0 Cm/mV

25 mm/Sec.



4X

60 mS Post J



AS

HR: 91 bpm
METS: 1.0
BP: 122/82

Trgt HR: 49% of 185
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(0.05-100)Hz

Ex Time 00:57
BLC :On
Notch :On

ExStart
1.0 Cm/mV
25 mm/Sec.



4X 60 mS Post J



HR: 145 bpm

METS: 4.7

BP: 130/90

Trgt HR: 78% of 185

Speed: 1.7 mph

Grade: 10.0%

Raw ECG

BRUCE

(0.05-100)Hz

Ex Time 03:00

BLC :On

Notch :On

BRUCE:Stage 1(3:00)

1.0 Cm/mV

25 mm/Sec.



4X

60 mS Post J



V5

-0.4

I
STL -0.2
STS 0.7



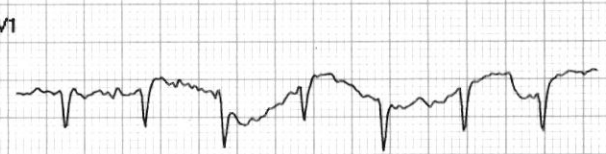
V1
0.5
0.1



I



V1



II
-0.8
0.4



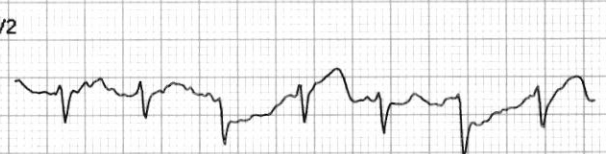
V2
0.4
0.6



II



V2



III
-0.7
-0.3



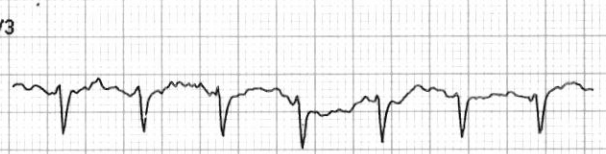
V3
0.3
0.8



III



V3



avR
0.5
-0.5



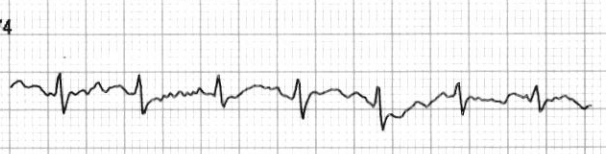
V4
0.0
0.8



avR



V4



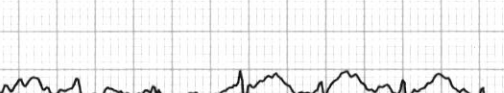
avL
0.2
0.5



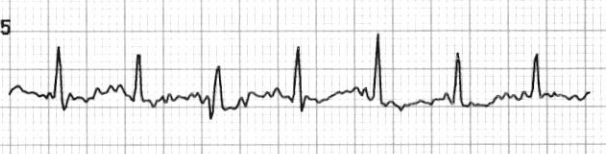
V5
-0.4
0.4



avL



V5



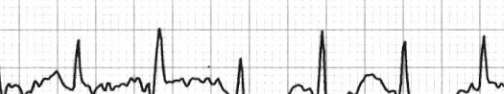
avF
-0.7
0.0



V6
-0.4
0.2



avF



V6



Handwritten signature

12 Lead + Median

HR: 162 bpm

METS: 7.1

BP: 134/94

Trgt HR: 87% of 185

Speed: 2.5 mph

Grade: 12.0%

Raw ECG

BRUCE

(0.05-100)Hz

Ex Time 06:00

BLC :On

Notch :On

BRUCE:Stage 2(3:00)

1.0 Cm/mV

25 mm/Sec.

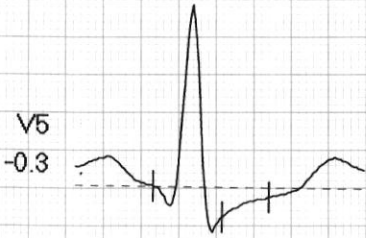


4X

60 mS Post J

V5

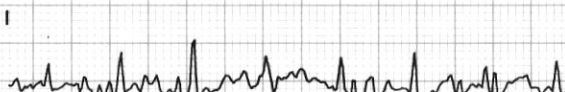
-0.3



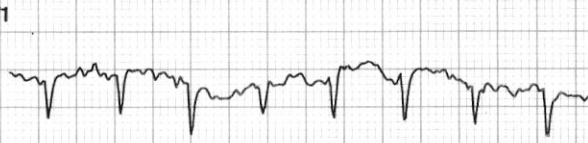
I
STL -0.3
STS 0.7



V1
0.3
-0.1



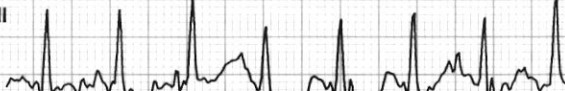
V1



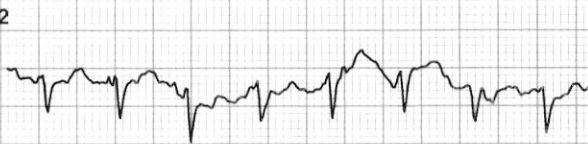
II
-0.9
0.5



V2
0.2
0.8



V2



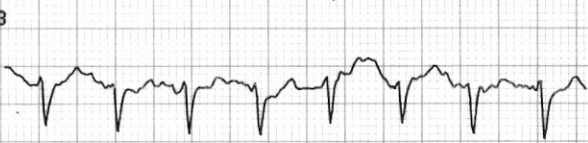
III
-0.7
-0.2



V3
0.4
1.1



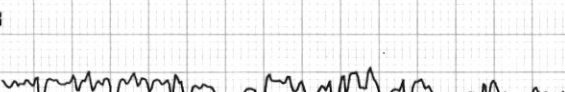
V3



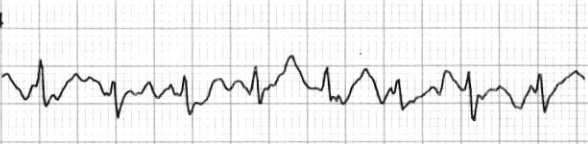
avR
0.6
-0.6



V4
0.0
1.3



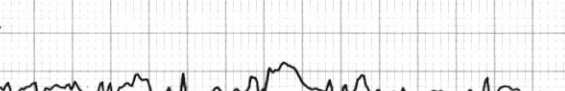
V4



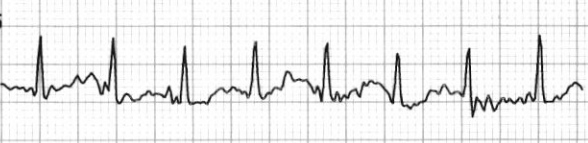
avL
0.2
0.4



V5
-0.3
1.0



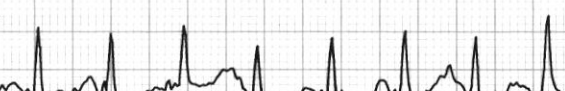
V5



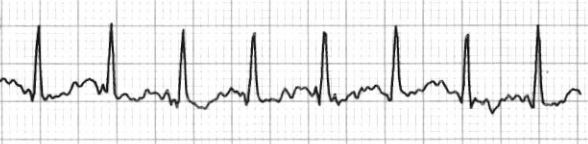
avF
-0.8
0.2



V6
-0.5
0.6



V6



Handwritten signature

HR: 157 bpm
METS: 8.0
BP: 138/98

Trgt HR: 84% of 185
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(0.05-100)Hz

Ex Time 07:17
BLC : On
Notch : On

BRUCE:PeakEx(1:17)
1.0 Cm/mV
25 mm/Sec.



4X 60 mS Post J



AL

HR: 119 bpm

METS: 1.2

BP: 132/92

Trgt HR: 64% of 185

Speed: 0.0 mph

Grade: 0.0%

Raw ECG

BRUCE

(0.05-100)Hz

Ex Time 07:18

BLC :On

Notch :On

Recovery(1:00)

1.0 Cm/mV

25 mm/Sec.



4X

60 mS Post J



Handwritten signature

12 Lead + Median

HR: 109 bpm
 METS: 1.0
 BP: 130/90

Trgt HR: 58% of 185
 Speed: 0.0 mph
 Grade: 0.0%

Raw ECG
 BRUCE
 (0.05-100)Hz

Ex Time 07:18
 BLC :On
 Notch :On

Recovery(2:00)
 1.0 Cm/mV
 25 mm/Sec.



4X 60 mS Post J

V5
0.0



Handwritten signature

12 Lead + Median

HR: 103 bpm
 METS: 1.0
 BP: 125/85

Trgt HR: 55% of 185
 Speed: 0.0 mph
 Grade: 0.0%

Raw ECG
 BRUCE
 (0.05-100)Hz

Ex Time 07:18
 BLC :On
 Notch :On

Recovery(3:00)
 1.0 Cm/mV
 25 mm/Sec.



4X 60 mS Post J



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HR: 102 bpm
METS: 1.0
BP: 122/82

Trgt HR: 55% of 185
Speed: 0.0 mph
Grade: 0.0%

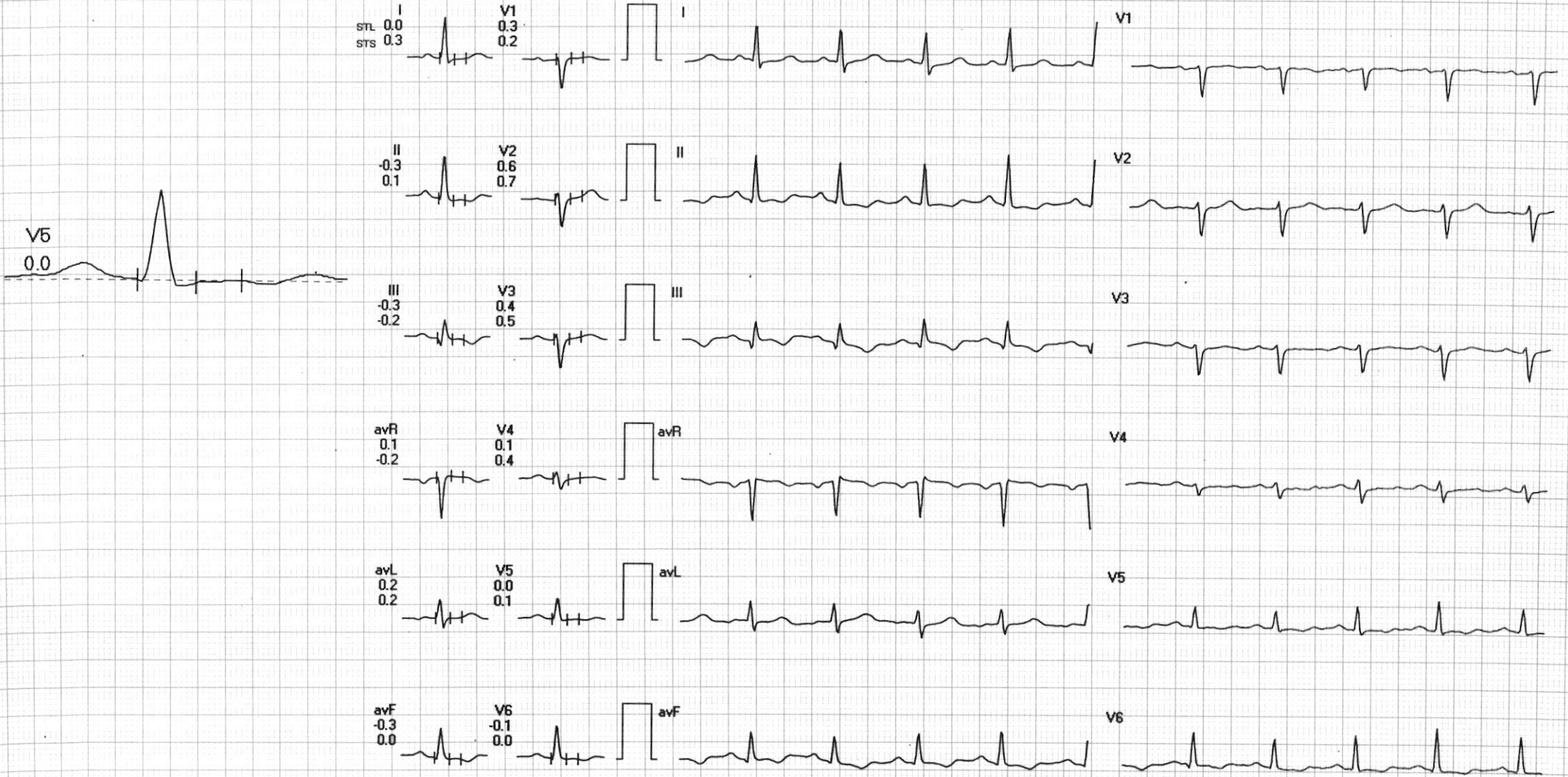
Raw ECG
BRUCE
(0.05-100)Hz

Ex Time 07:18
BLC : On
Notch : On

Recovery(4:00)
1.0 Cm/mV
25 mm/Sec.



4X 60 mS Post J



Handwritten signature

12 Lead + Median

HR: 108 bpm
 METS: 1.0
 BP: 120/80

Trgt HR: 58% of 185
 Speed: 0.0 mph
 Grade: 0.0%

Raw ECG
 BRUCE
 (0.05-100)Hz

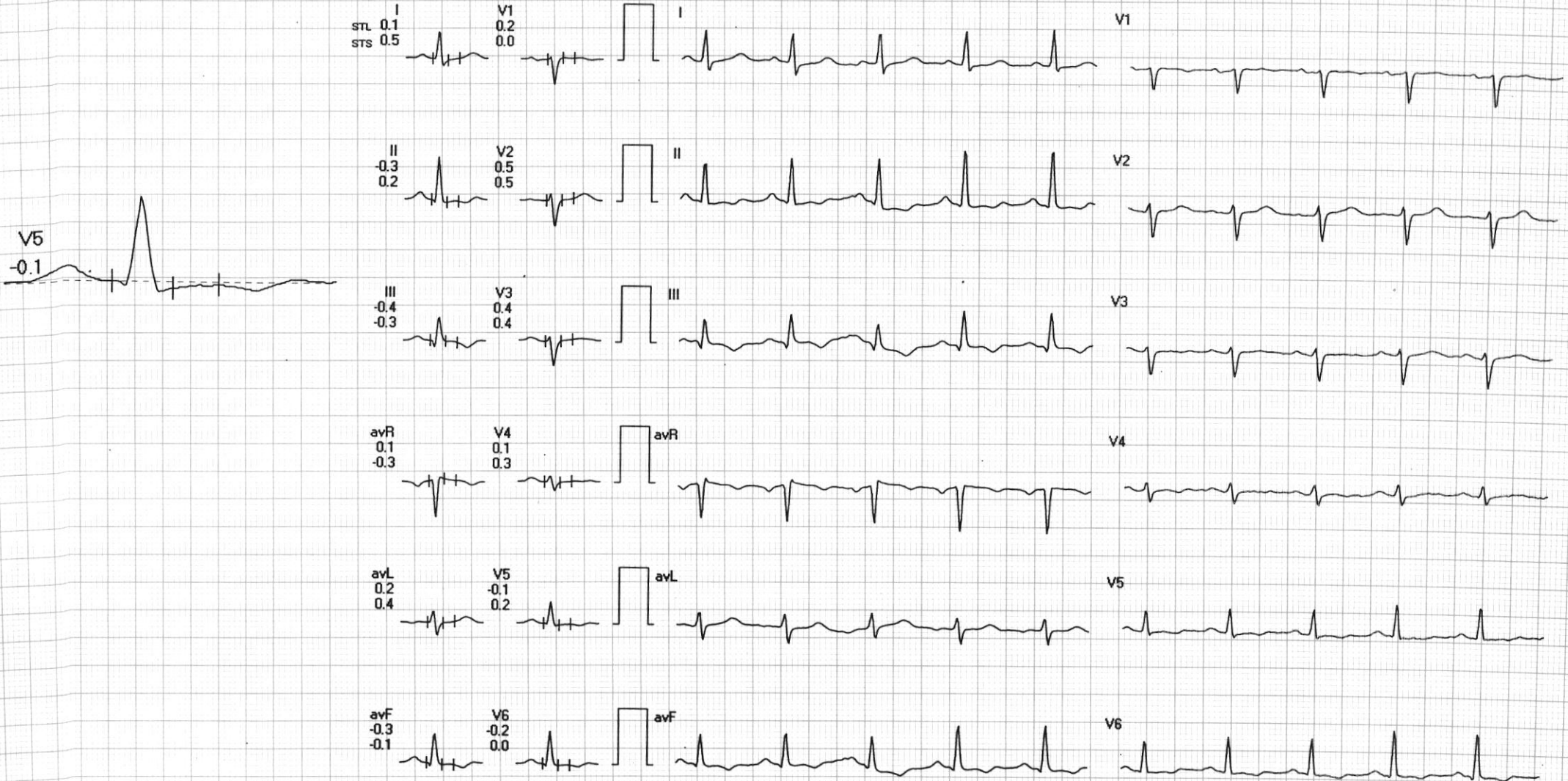
Ex Time 07:18
 BLC :On
 Notch :On

Recovery(4:26)
 1.0 Cm/mV
 25 mm/Sec.



4X

60 mS Post J



Handwritten signature

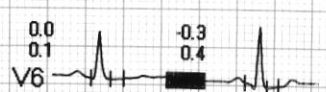
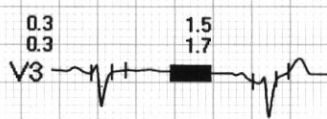
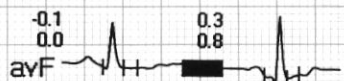
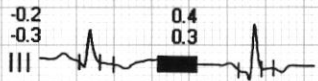
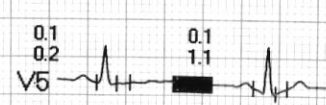
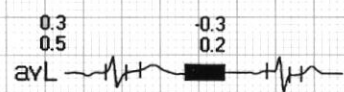
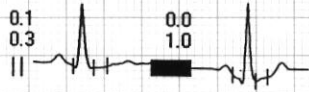
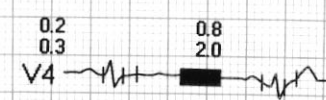
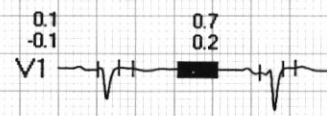
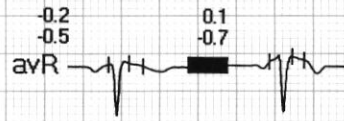
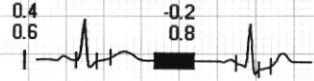


Protocol : BRUCE

| | | | | | | | | |
|----------|--------------|-----------------|---------|------|----------|---------|--------|--------------|
| Supine : | PhTime 0:13 | StageTime 0:01 | 0.0 mph | 0.0% | 1.0 METs | 94 bpm | 118/78 | @80ms Post J |
| PeakEx : | PhTime: 7:18 | StageTime: 0:01 | 1.1 mph | 0.0% | 8.0 METs | 144 bpm | 138/98 | @60ms Post J |

| | | | | | | | | |
|--|--------|--------|--------|--------|--------|--------|--------|--------|
| | Supine | PeakEx | Supine | PeakEx | Supine | PeakEx | Supine | PeakEx |
|--|--------|--------|--------|--------|--------|--------|--------|--------|

STL
STS



Handwritten signature