

Name : Ms. JENIFFER A (30 /F)

Date : 10/02/2024

Address : NO:35/35,LAKSHMINARAYANAPURAM STREET,LALGUDI,  
LALGUDI(TIRUCHIRAPPALLI), TIRUCHIRAPPALLI, TAMIL NADU, INDIA

Examined by :

UHID : AT01.0000101561

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK FEMALE BELOW  
40YRS

AHC No : TRYMH56242



## CHIEF COMPLAINTS

For general health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD,  
Cancer, Impaired Glycemia



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Oral and dental

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 17-01-2024; Periods -  
regular

### Central nervous system

Head ache - yes

### Eyes

- Nil Significant

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
Ankle (bilateral) - pain; Back - pain

### Mind Health screening

Emotional Wellness  
Assessment (PHQ9)  
Score - 0  
Depression Level -  
None-Minimal

Anxiety Assessment  
(GAD7) Score - 0  
Anxiety Level - No to  
Low risk level

### Sleep Assessment

Sleep Score:0-2  
Risk Level:  
Low risk of Obstructive  
sleep apnea



### Past medical history

Do you have any - No  
allergies?  
Do you have any drug - No  
allergies?  
Covid 19 - No



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married  
No. of children - 1  
Male - 1  
Occupation - Professional  
Profession - government employee  
Diet - Mixed Diet  
Alcohol - does not consume alcohol

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Smoking - No  
Chews tobacco - No  
Physical activity - Mild

### Family history

Father - alive  
Mother - alive  
Sisters - 1  
Hypertension - father,mother  
Coronary artery disease - none  
Cancer - None  
Dyslipidemia - father

## PHYSICAL EXAMINATION

### General

General appearance - normal  
Build - normal  
Height - 163  
Weight - 60.40  
BMI - 22.73  
Pallor - No  
Oedema - no  
SpO2 - 100%

### Cardiovascular system

Heart rate (Per minute) - 74  
Rhythm - Regular  
Systolic(mm of Hg) - 110  
Diastolic(mm of Hg) - 60  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Organomegaly - No  
Tenderness - No

Printed By : Sankar S

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**URINE ROUTINE (CUE)**

Test Name	Result	Unit	Level	Range
Specific Gravity	1.005 *		●	1.016 - 1.026
Colour:	Pale-Yellow			
Transparency:	Turbid			
pH	5.5 *		●	4.6 -8.0
Protein :	Nil			Negative
Sugar:	Nil			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal	E.U./dL		
RBC	Nil	/hpf		0-5
Pus Cells	10-12 /h.p.f			
Epithelial Cells	2-4 /h.p.f			0-5 /HPF
Reaction:	Acidic			
Blood:	Negative			

ALT(SGPT)	26	U/L	●	Adult Female : <34
Globulin - Serum: (Calculated)	2.8	g/dL	●	Adult (2.0 - 3.5)
Alkaline Phosphatase - Serum	68	U/L	●	ADULT(MALE) < 129 ADULT(FEMALE) < 104
AST (SGOT)	16	U/L	●	Adult Female: <31
Bilirubin, Total - Serum	0.7	mg/dL		

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Total Cholesterol	145	mg/dL	●	Adult Desirable: <200 Borderline High: 200 - 239 High: >=240

**CBC**

Test Name	Result	Unit	Level	Range
Hemoglobin	12.3	gm%	●	11.5-16.5
Packed cell volume(Calculated)	37	%	●	37-47
WBC Count	6.37	10 <sup>9</sup> /m <sup>3</sup>	●	4-11
Platelet Count	320	10 <sup>9</sup> /m <sup>3</sup>	●	150-450
ESR	34 *	mm/hr	●	0-20
Neutrophils	62	%	●	40-80
Lymphocytes	32	%	●	20-40
Eosinophils	01	%	●	01-06
Monocytes	05	%	●	2-10

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
Creatinine - Serum	0.7	mg/dL	●	Female: 0.6 - 1.1

**LIVER FUNCTION TEST WITH GGTP**

Test Name	Result	Unit	Level	Range
GGTP: Gamma Glutamyl Transpeptidase	34	U/L	●	Female: < 38

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Fasting)	106 *	mg/dL	●	70 - 100

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Post Prandial)	107	mg/dL	●	< 140

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
Blood Group	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST WITH GGTP**

Test Name	Result	Unit	Level	Range
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**GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD**

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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Test Name	Result	Unit	Level	Range	Triglycerides - Serum	66	mg/dL	●	Normal: <150 High: 150 - 199 Hypertriglyceridemic: 200 - 499 Very High: >=500
Glycosylated Hemoglobin (HbA1c)	4.9	%	●	4 - 6 % (NGSP)					

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range	Total Cholesterol / HDL Cholesterol Ratio (Calculated)	2.7		●	< 4.5
HDL Cholesterol	54	mg/dL	●	Low: <40 High: >=60					

LDL Cholesterol (Direct LDL)	70	mg/dL	●	Optimal: <100 Near/above optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: >=190
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**TOTAL T3 T4 TSH**

Test Name	Result	Unit	Level	Range
TSH: Thyroid Stimulating Hormone	2.1	µIU/mL	●	Adults(21 - 54 Years): 0.5 - 5.0 Pregnancy: First Trimester: 0.3 - 4.5 Second Trimester: 0.5 - 4.6 Third Trimester: 0.8 - 5.2

**LIVER FUNCTION TEST WITH GGTP**

Test Name	Result	Unit	Level	Range
Protein Total - Serum	6.8	g/dL	●	>2 Year: 6.0 - 8.0
Albumin - Serum	4.0	g/dL	●	Adult(20 - 60 Yr): 3.5 - 5.2

**UREA - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
Urea	13	mg/dL	●	Adult: 13 - 43

**TOTAL T3 T4 TSH**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	112	ng/dL	●	Adults(20-50 Yrs Female): 70 - 204 Pregnancy:First Trimester: 81-190 Second Trimester : 100 - 260 Third Trimester: 100 - 260

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
Uric Acid - Serum	2.7	mg/dL	●	Adult Female: 2.6 - 6.0

**LIVER FUNCTION TEST WITH GGTP**

Test Name	Result	Unit	Level	Range
Bilirubin Conjugated - Serum	0.2	mg/dL	●	0.0-0.2
Bilirubin Unconjugated - Serum (Calculated)	0.5	mg/dL	●	0.0-1.0

TOTAL T4: THYROXINE - SERUM	7.0	µg/dL	●	Adults(15-60 Yrs Female): 5.5 - 11.0
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**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	6.0	mg/dL	●	Adult : 6 - 20

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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TRIGLYCERIDES/HDL 1.2  
CHOLESTROL

**CARDIOLOGY**

ECG

X Ray

X-RAY CHEST PA

**PAP SMEAR**

Ref No:

P253/2024

SPECIMEN TYPE:

Conventional

Cervical smear

SPECIMEN ADEQUACY:

Satisfactory for evaluation

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy.

NOTE:

INFLAMMATORY CELLS ARE SEEN.

**2D-ECHO WITH COLOUR DOPPLER**

NO REGIONAL WALL MOTION ABNORMALITY

LEFT VENTRICLE NORMAL IN SIZE

NORMAL LEFT VENTRICULAR FUNCTION

NO LV CLOT

TRIVIAL MITRAL REGURGITATION

TRIVIAL TRICUSPID REGURGITATION

NO PULMONARY ARTERY HYPERTENSION

NO PERICARDIAL EFFUSION

IAS/IVS INTACT

**ULTRASOUND - WHOLE ABDOMEN**

IMPRESSION:

No significant abnormality detected.

Suggested Clinical Correlation and Further Evaluation.

Reported by DR. ZAKIR HUSSIAN MD RD.,

Please note that this report is a radiological professional opinion. It has to be correlated clinically and interpreted along with other investigations.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Haematology**

STOOL ROUTINE



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

### AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

2

ACCEPTABLE SCORE

2

**Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician’s advice regarding **follow up tests, consults and annual health assessment**

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**