



Name : Mrs. DEIJEE TALUKDAR (32 /F)
 Address : NALBARI, NALBARI, NALBARI, ASSAM, INDIA

Date : 25/01/2024
AHC MEDICAL SUMMARY

Examined by : Dr .PRABIN KUMAR SAIKIA

UHID : AHLG2.0000036806

Package : MediWheel Full Body Health Check up-Female below 40Yrs

AHC No : APHCAH20906



CHIEF COMPLAINTS

MediWheel Full Body Health Check up-Female below 40Yrs
 Irregular Menstrual Cycle

- stable



Surgical history

Caesarian section - 2023

Immunization history

- Covid Dose2



Personal history

Marital status - Married
 No. of children - 1
 Female - 1
 Diet - Non Vegetarian
 Alcohol - does not consume alcohol
 Smoking - No
 Chews tobacco - No
 Physical activity - Mild

PRESENT KNOWN ILLNESS

Thyroid disease - hypothyroidism; Since - 1 YR; Medication - nil



Family history

Father - alive
 Aged - 65 YRS
 Mother - alive
 Aged - 57 YRS
 Sisters - 3
 Hypertension - father,mother
 Coronary artery disease - none
 Cancer - mother



DRUG ALLERGY

NO KNOWN ALLERGY :25/01/2024

PHYSICAL EXAMINATION



General

Height - 160
 Weight - 53
 BMI - 20.7
 Waist circumference - 86
 Hip - 88
 Waist/ Hip ratio - 0.98
 Pallor - No
 Oedema - no



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

Cough - yes

Oral and dental

- Dental staining; - Calculus +, Adv - Scaling

Gastrointestinal system

Appetite - normal; Abdominal pain - no; Dyspepsia - yes; Nature - intermittent; Peptic ulcer - yes; Bowel habits - regular; Piles - no

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 09/11/23

Central nervous system


Head ache - occasional; Dizziness - no; Concentration - good; Sleep - normal

Musculoskeletal system


Spine and joints
 Back (lower) - pain

Weight

SpO2 - 100% RA

 **Head and ENT**


Nose - Deviation of septum to right
Others - Nose Bilateral HIT +

 **Cardiovascular system**

Heart rate (Per minute) - 74
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 110
Diastolic(mm of Hg) - 70
Heart sounds - S1S2+

Respiratory system

Rate of respiration(per minute) - 22
Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No
Tenderness - No

 **Eyes**


Eye vision - Right eye 6/6, Left eye 6/6
(P). N6
Colour vision - Normal
Pupil - Normal
Intraocular pressure - 18 mmHg (R), 19 mmHg (L)
Advice for spectacle - Yes

Executive Summary


- 1. Subclinical hypothyroid (TSH 4.54 uIU/ml)
- 2. Cholelithiasis (8 mm)

Wellness Prescription


Advice On Diet :-

 Dietician consultation

Advice On Physical Activity :-

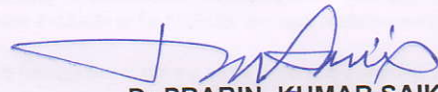
 Regular exercise

Follow-up and Review Plan

 Referred to General Surgeon.



Scan the QR code in AskApollo App to book your follow-up appointments and investigations



Dr.PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

Printed By : HEALTH CHECK REPORT

Dr. Prabin Kumar Saikia
 MD (Gen Medicine), FCGP, FICP, PGDHMM
 Registration No.-7523, Assam
 Consultant Physician, APHC
 Apollo Hospitals Guwahati-781005

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Name : Mrs. DEIJEE TALUKDAR Age : 32Yr 0Mth 0Days Gender : Female
 UHID : AHLG2.0000036806 / APHCAH20906 W/BNo/RefNo : AHC
 SIN \ LRN : 123146923 \ 123146925 \ 123146930 \ 10249848
 Specimen : Serum
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 25-JAN-2024 10:48:48 AM Received on : 25-JAN-2024 11:54:35 AM Reported on : 25-JAN-2024 01:44:26 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
TOTAL T3: TRI IODOTHYRONINE - SERUM (Eclia)	2.1	Healthy Adults Euthyroid:1.3-3.1	nmol/L
TOTAL T4: THYROXINE - SERUM (Eclia)	120	Healthy Adults Euthyroid: 66-181	nmol/L
TSH: THYROID STIMULATING HORMONE - SERUM (Eclia)	4.54 *	Healthy Adults Euthyroid: 0.270-4.20	uIU/mL
ALT(SGPT) - SERUM (UV With P5P-IFCC)	28	Healthy Females:14-59 U/L	U/L
ALBUMIN - SERUM (Brom Cresol Green)	4.2	Healthy Adults-3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	3.9 *	Healthy Adults: 1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	1 *	0 - 0	
ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	133	Healthy Adults:40-150	U/L
AST (SGOT) - SERUM (UV With P5P-IFCC)	23	Healthy Adults:15 - 37	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	1.3 *	Healthy Adults:<=1.0	mg/dL

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CHOLESTEROL - SERUM (Cholesterol Oxidase)	160	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	29	Healthy Women:5 - 55	U/L
GLUCOSE -PLASMA (FASTING) Hexokinase	83	Non-Diabetic: <=100 Pre-Diabetic: 100-125 Diabetic: >=126	mg/dL
HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)	67 *	Low: <40 High: >=60	mg/dL
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated) LDL CHOLESTEROL - SERUM(DIRECT LDL) (Homogenous Method)	2.4 81	Desirable :< 4.5 Optimal:<100 Near Optimal:100-129 Borderline High:130-159 High:160-189 Very High:>=190	mg/dL
PROTEIN, TOTAL - SERUM (Biuret)	8.1	Healthy Adults:6.4-8.3	mg/dl

Page 2 of 4

CONSULTANTS

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DR. A. VERMA, DCP

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DR. D.J. LAHON, MD (MICRO)

DR. M. SARMA, MD (MICRO)

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MC-3480

Name : Mrs. DEIJEE TALUKDAR Age : 32Yr 0Mth 0Days Gender : Female
 UHID : AHLG2.0000036806 / APHCAH20906 W/BNo/RefNo : AHC
 SIN \ LRN : 123146923 \ 123146925 \ 123146930 \ 10249848
 Specimen : Serum
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 25-JAN-2024 10:48:48 AM Received on : 25-JAN-2024 11:54:35 AM Reported on : 25-JAN-2024 01:44:26 PM

TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)	98	Normal : <150 Borderline High :150-199 High : 200-499 Very High : >=500	mg/dL
UREA - SERUM (Enzymatic,Urease-GLDH) (Urease)	17	<50 years:15-40	mg/dL
URIC ACID - SERUM (Modified Uricase)	4.4	Healthy Women:2.6 - 6.0	mg/dL
VLDL CHOLESTEROL - SERUM CALCULATED.	20	Desirable:<30	
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof)	0.3	Healthy Adults:0.0-0.5	mg/dL
CREATININE - SERUM JAFKE METHOD	0.5 *	Healthy Women: 0.57 - 1.11	mg/dL
GLUCOSE - PLASMA (POST PRANDIAL) Hexokinase	115	Normal: <140 Pre-Diabetic: 140-199 Diabetic :->=200	mg/dL

GUWAHATI
TOUCHING LIVES

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Name : Mrs. DEIJEE TALUKDAR
 UHID : AHLG2.0000036806 / APHCAH20906
 SIN \ LRN : 123146928 \ 10249848
 Specimen : Whole blood
 Ref Doctor : Dr. Prabin Kumar Saikia

Age : 32Yr 0Mth 0Days
 Gender : Female
 W/BNo/RefNo : AHC



Collected on : 25-JAN-2024 10:48:48 AM
 Received on : 25-JAN-2024 11:53:42 AM
 Reported on : 25-JAN-2024 12:53:36 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD	4.3	GOAL:<6.5% Prediabetic:5.7-6.4%	%
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD		Diabetic:>6.5% Non-diabetic:<5.7%	
Mean Plasma Glucose (MPG) Estimate:	76.7100	Uncontrolled-diabetics>8%	mg/dL

Report Status:Final

* END OF REPORT *

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155038

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Dr.Pooja Keshan MBBS,MD
Reg No 21460 AMC

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MC-3480

Name : * Mrs. DEIJEE TALUKDAR
UHD : AHLG2.0000036806 / APHCAH20906 Age : 32Yr 0Mth 0Days Gender : Female
SIN \LRN : 123146924 \ 123146927 \ 10249848 W/BNo/RefNo : AHC
Specimen : Urine
Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 25-JAN-2024 10:48:48 AM Received on : 25-JAN-2024 03:46:46 PM Reported on : 25-JAN-2024 04:06:58 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
HEMOGRAM(CBC+ESR+RECTIC+PS)			
Hemoglobin	12.4	12.0 - 15.0	g/dl
RBC COUNT	4.25	3.8 - 4.8	Million/ul
MCV	93.9 *	82.0 - 92.0	fl
MCH	29.2	26.0 - 32.0	pg
MCHC	31.1	31.0 - 36.0	g/dl
RDW-CV	13.4	11.6 - 14	%
RETICULOCYTE COUNT	1.41	Healthy Adult :-0.5-2.5%	%
Platelet Count	194	150 - 400	10 ³ /mm ³
TLC/WBC Count	5.24	4.0 - 11.0	10 ³ /mm ³
ERYTHROCYTE SEDIMENTATION RATE (ESR)	26 *	0 - 20	mm/1st hr
Differential Count			
Neutrophils	57.2	40 - 70	%
Lymphocytes	36.1	20 - 40	%
Eosinophils	4.2	1 - 6	%
Monocytes	2.1	2 - 10	%
Basophils	0.4	0 - 2	%
PERIPHERAL SMEAR			
RBC:	Normocytic & normochromic		
WBC:	Total and Differential counts are within normal limits		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME [PCV]	39.9	36 - 46	%

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 UHID : AHLG2.0000036806 / APHCAH20906 W/BNo/RefNo : AHC
 SIN ILRN : 123146924 \ 123146927 \ 10249848
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 25-JAN-2024 10:48:48 AM Received on : 25-JAN-2024 03:46:46 PM Reported on : 25-JAN-2024 04:06:58 PM

URINE- BENCE JONES PROTEINS	Negative	Negative
URINE ROUTINE (CUE)		
Color,:	Pale yellow	Pale Yellow/amber
Transparency:	Clear	Clear
Specific Gravity(Strip Method)	1.010 *	1.016 - 1.026
pH(Strip Method+ Ph Paper)	6.0	4.6 - 8
Glucose:(Benedicts+Strip Method)	Nil	Negative
Protein :(Strip+Heat Method)	Nil	Negative
DEPOSITS:(Microscopy)		
RBC	Not seen	Upto 3 Cells/hpf
WBC/Pus Cells	1-2/HPF	Upto to 5 Cells/hpf
Squamous epithelial cells	0-1/HPF	Up to 20
Casts:(Microscopy)	Not Detected	Absent
Crystals:	Not Detected	Absent
Nitrite	Negative	Negative
URINE SUGAR	Nil	
Report Status:Final		

* END OF REPORT *

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DR. TRIDIB SARMA, D.C.P
CONSULTANT PATHOLOGIST

CONSULTANTS

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Name : Mrs. DEIJEE TALUKDAR
UHID : AHLG2.0000036806 / APHCAH20906
SIN \LRN : 123146929 \ 10249848
Specimen : Blood
Ref Doctor : Dr. Prabin Kumar Saikia

Age : 32Yr 0Mth 0Days Gender : Female
W/BNo/RefNo : AHC



Collected on : 25-JAN-2024 10:48:48 AM Received on : 25-JAN-2024 03:10:53 PM Reported on : 25-JAN-2024 03:19:26 PM

TEST NAME

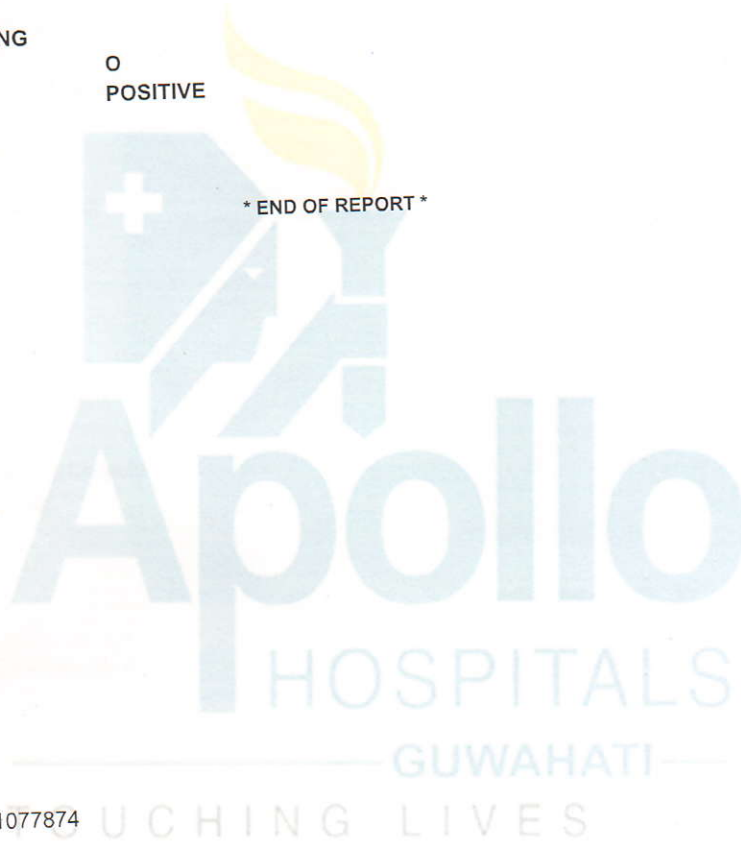
RESULT

BLOOD GROUPING AND TYPING

ABO Group:
Rh (D) Type:
Report Status:Final

O
POSITIVE

* END OF REPORT *



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CONSULTANTS
DR. DEEPA BHUYAN
MOIC, BLOOD BANK

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APOLLO HOSPITALS GHY
RG BARUAH ROAD
GUWAHATI

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MRS. DEIJEE, TALUKDAR
Patient ID: 23469
Height:
Weight:

DOB: 31.10.1991
Age: 32yrs
Gender: Female
Race: Indian

Study Date: 25.01.2024
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: --
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:01	0.00	0.00	81	120/80	
	STANDING	00:23	0.00	0.00	82		
	HYPERV.	00:01	0.00	0.00	81		
EXERCISE	WARM-UP	00:08	1.60	0.00	81		
	STAGE 1	03:00	2.80	10.00	126	130/80	
	STAGE 2	03:00	4.00	12.00	162	140/80	
	STAGE 3	01:02	5.50	14.00	176	140/80	
RECOVERY		03:05	0.00	0.00	100	120/80	

The patient exercised according to the BRUCE for 7:02 min:s, achieving a work level of Max. METS: 10.20. The resting heart rate of 63 bpm rose to a maximal heart rate of 176 bpm. This value represents 93 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA.

JR. MOITREYEE BARUHA

MBBS, PGDCC

Physician **Jr. Consultant Cardiologist** Technician
Apollo Hospitals, Guwahati
Unit: International Hospital

DEPARTMENT OF RADIOLOGY & IMAGING

Division of Colour Doppler & Ultrasonography

Patient ID:	000036806	Patient Name:	DEIJEE TALUKDAR
Age:	32 Years	Sex:	F
Accession Number:		Modality:	US
Referring Physician:	DR P KR SAIKIA	Study:	W/A
Study Date:	25-Jan-2024		

USG OF WHOLE ABDOMEN

LIVER

The liver is normal in size with homogenous midlevel parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

GALL BLADDER

The gall bladder is normally distended and shows smooth contour. Single mobile calculus noted measuring about 8 mm. GB wall thickness is within normal limit.

CBD

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

SPLEEN

The spleen is normal in size and echotexture. No focal lesion is noted.

PANCREAS

The pancreas is normal in size and echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

KIDNEYS

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures – 102 mm

Left kidney measures – 99 mm

URINARY BLADDER

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

UTERUS

The uterus is normal in size and is anteverted in position. The midline endometrial echo is normal. The myometrium shows homogenous echotexture. No focal myometrial lesion is seen. Cervix appears normal. Uterus measures about 70 x 48 x 31 mm.

ADNEXAE

Both the ovaries are normal in size and echoanatomy. There is no evidence of any abnormal solid or cystic lesion in the ovaries.

No ascites is seen.

Impression:

- **Cholelithiasis.**
- **No other significant abnormality is noted on this scan.**




Dr. Utpal Das, MD (Radiodiagnosis)
Senior Consultant Radiologist
Reg No-13621 (AMC)
Date: 25-Jan-2024 13:37:07

DEPARTMENT OF RADIOLOGY & IMAGING
Division of Colour Doppler & Ultrasonography

Patient ID:	AHLG20000027188	Patient Name:	DEBAJIT CHOUDHURY
Age:	36 Years	Sex:	M
Accession Number:	17002.124021557	Modality:	DX
Referring Physician:	Prabin Kumar Saikia	Study:	Chest PA
Study Date:	25-Jan-2024		

CHEST PA VIEW

- No active parenchymal lesion is seen in the lung fields.
- Hilar shadows are normal.
- Cardiac size is normal.
- Hemidiaphragms are normal. CP angles are normal.
- Bony thorax is intact.


Dr. Utpal Das, MD (Radiodiagnosis)
Senior Consultant Radiologist
Reg No-13621 (AMC)

Date: 25-Jan-2024 12:02:21

S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB
Discrepancy or transcription error if detected should be sent for correction

Patient Details : Mrs. DEIJEE TALUKDAR | Female | 32Yr 0Mth 0Days

UHID : AHLG2.0000036806

Patient Location: AHC

Patient Identifier: APHCAH20906



DRN : 100015584

Completed on : 25-JAN-2024 10:48

Ref Doctor : Dr. Prabin Kumar Saikia

ECG

IMPRESSION .:

ECG TRACING IS WITHIN NORMAL LIMITS

--- END OF THE REPORT ---

DR. MOITREYEE BARUA
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit: International Hospital