

NAME:-DHRUBA KU PATEL
AGE:-44YRS

REFERRAL:-MEDI-WHEEL

Patient ID:-04

DATE :-04.04.2024
SEX :-MALE

CHEST X-RAY PA VEIW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.



Dr. Bhagaban Pradhan
M.D.(Radio diagnosis)

Consultant Radiologist



Report

ZENA HEALTHCARE
SAHIDNAGAR, BHUBANESWAR

919 / DHRUBA KU PATEL / 44 Yrs / M / 169 Cms / 100 Kg Date: 04-Apr-2024 Refd By : MEDI-WHEEL Examined By:

| Stage | Time | Duration | Speed(mph) | Elevation | METs | Rate | %THR | BP | RPP | PVC | Comments |
|---------------|-------|----------|------------|-----------|------|------|------|--------|-----|-----|----------|
| Supine | 00:21 | 0:21 | 00.0 | 00.0 | 01.0 | 108 | 61 % | 112/72 | 120 | 00 | |
| Standing | 00:38 | 0:17 | 00.0 | 00.0 | 01.0 | 101 | 57 % | 112/72 | 113 | 00 | |
| HV | 00:56 | 0:18 | 00.0 | 00.0 | 01.0 | 098 | 56 % | 112/72 | 109 | 00 | |
| ExStart | 01:13 | 0:17 | 00.0 | 00.0 | 01.0 | 103 | 59 % | 112/72 | 115 | 00 | |
| BRUCE Stage 1 | 04:13 | 3:00 | 01.7 | 10.0 | 04.7 | 133 | 76 % | 114/73 | 151 | 00 | |
| BRUCE Stage 2 | 07:13 | 3:00 | 02.5 | 12.0 | 07.1 | 154 | 88 % | 115/74 | 177 | 00 | |
| BRUCE Stage 3 | 10:13 | 3:00 | 03.4 | 14.0 | 10.2 | 169 | 96 % | 116/75 | 196 | 00 | |
| PeakEx | 10:18 | 0:05 | 01.1 | 00.0 | 10.3 | 172 | 98 % | 116/75 | 199 | 00 | |
| Recovery | 10:48 | 0:30 | 01.1 | 00.0 | 07.3 | 163 | 93 % | 116/75 | 189 | 00 | |
| Recovery | 11:18 | 1:00 | 01.1 | 00.0 | 04.3 | 153 | 87 % | 115/75 | 175 | 00 | |
| Recovery | 13:18 | 3:00 | 00.0 | 00.0 | 01.0 | 120 | 68 % | 114/74 | 136 | 00 | |
| Recovery | 15:24 | 5:06 | 00.0 | 00.0 | 01.0 | 112 | 64 % | 114/73 | 127 | 00 | |

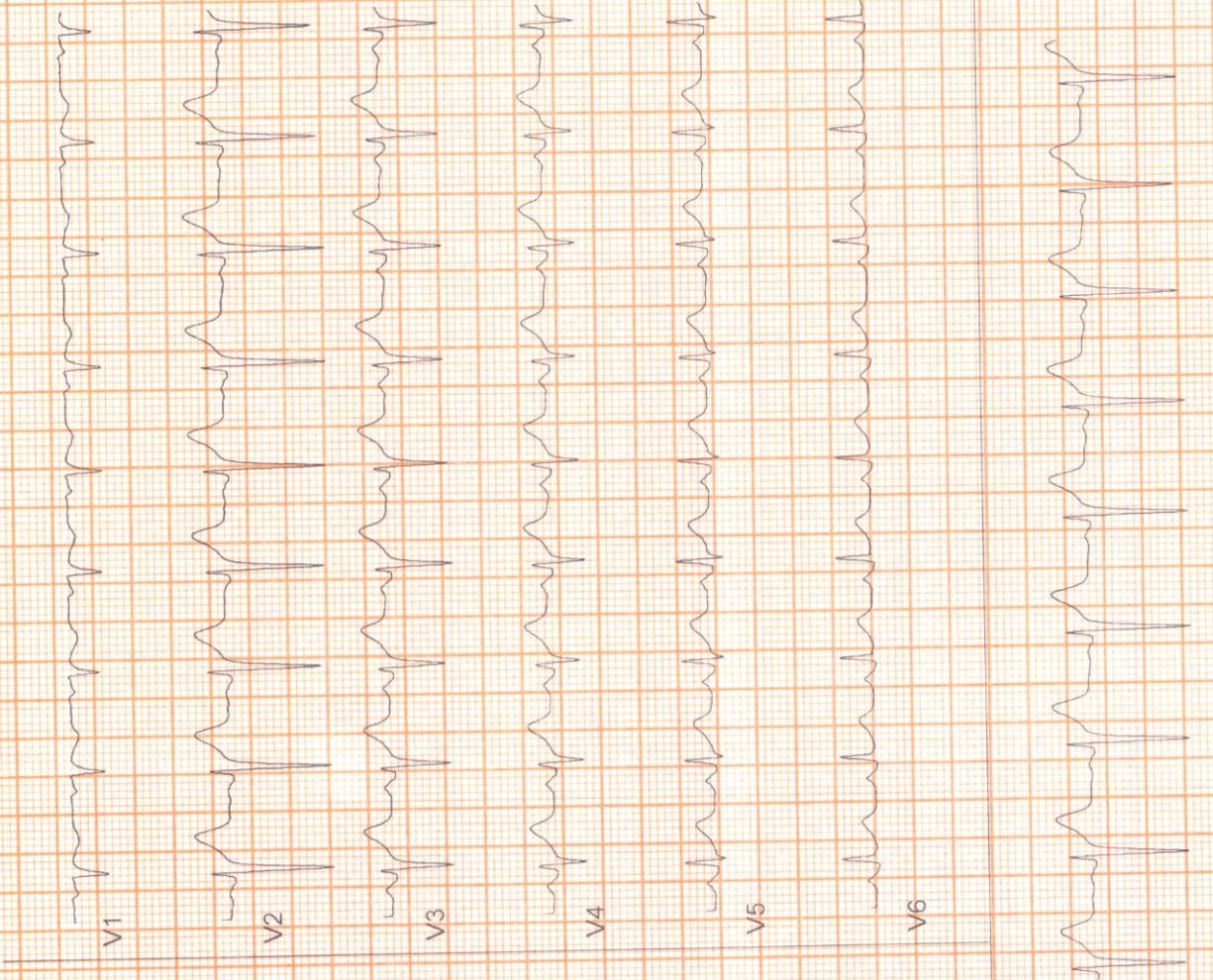
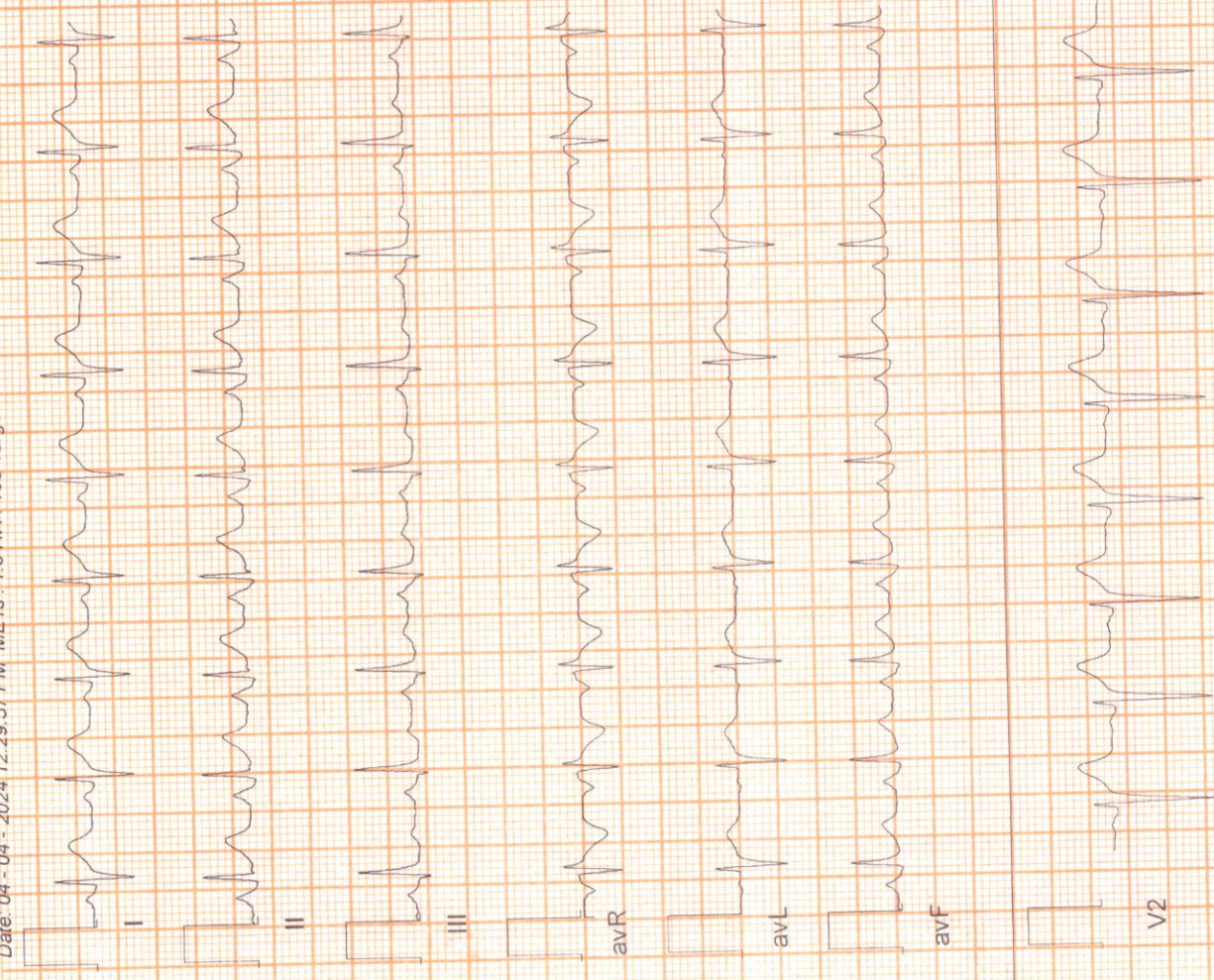
FINDINGS :

Exercise Time : 09:05
 Initial HR (ExStrt) : 103 bpm 59% of Target 176
 Initial BP (ExStrt) : 112/72
 Max-WorkLoad Attained : 10.3 Good response to induced stress
 Max HR Attained : 172 bpm 98% of Target 176
 Max BP Attained : 116/75

Test End Reasons : Test Complete

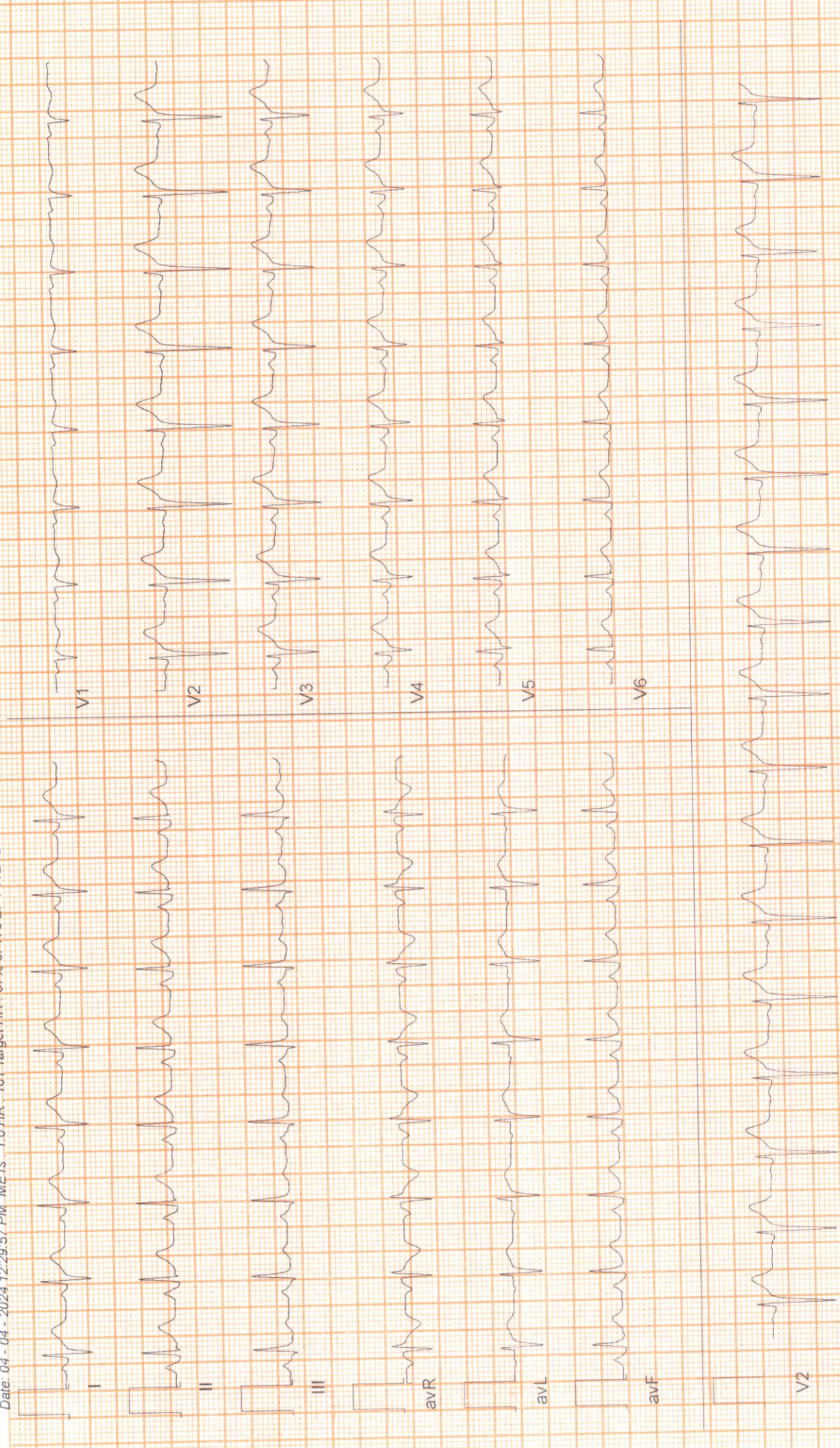
REPORT :

Date: 04 - 04 - 2024 12:29:57 PM METs : 1.0 HR : 108 Target HR : 61% of 176 BP : 112/72 Ex Time : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLG On/ Notch On/ HF 0.05 Hz/LF 35 Hz



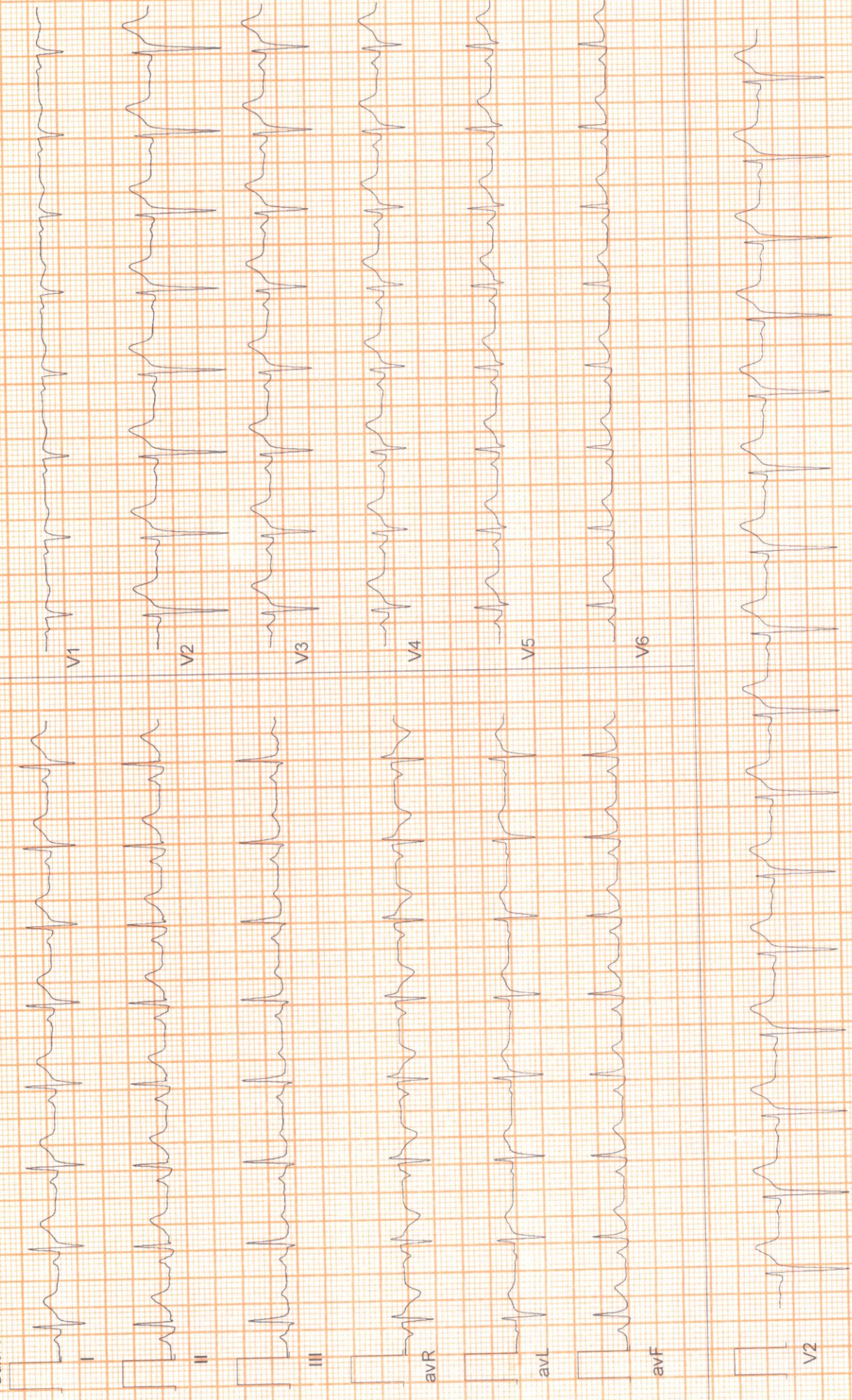


Date: 04 - 04 - 2024 12:29:57 PM METs : 1.0 HR : 101 Target HR : 57% of 176 BP : 112/72 Ex Time : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz



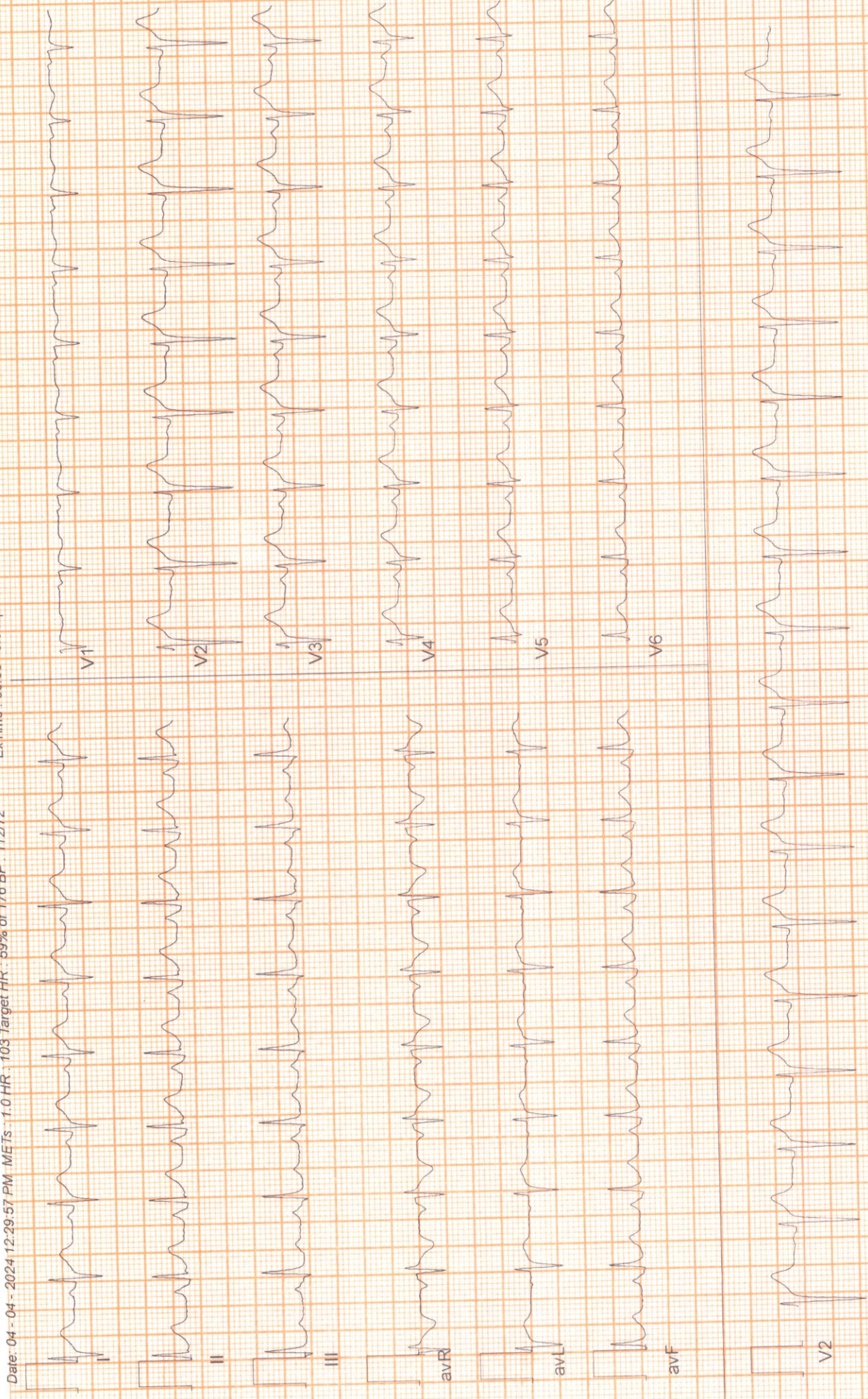


Date: 04 - 04 - 2024 12:29:57 PM METs: 1.0 HR: 98 Target HR: 56% of 176 BR: 112/72 Ex Time: 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Netch On/ HF 0.05 Hz/LF 35 Hz





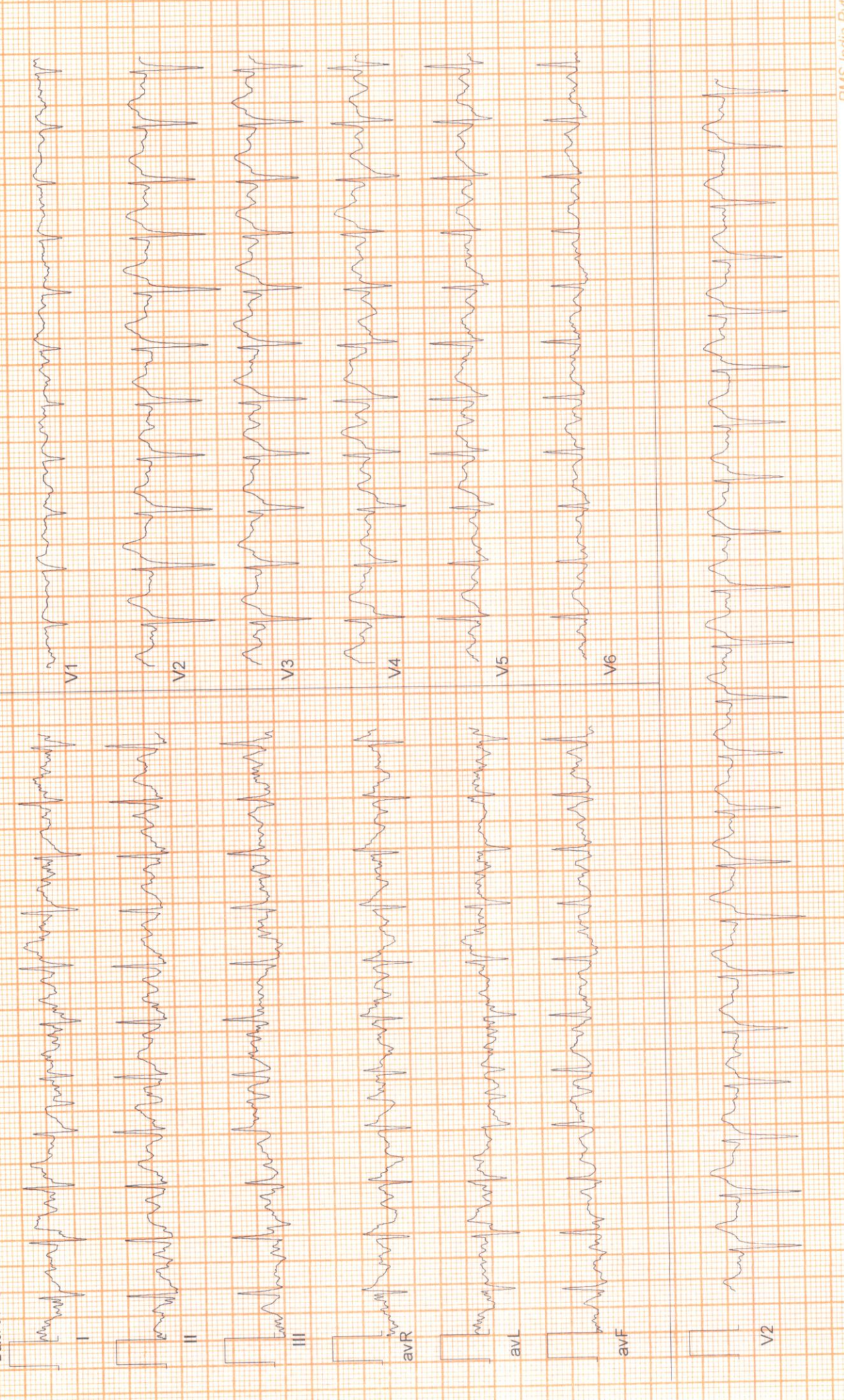
Date: 04 - 04 - 2024 12:29:57 PM METs : 1.0 HR : 103 Target HR : 59% of 176 BP : 112/72
ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLG On/ Notch On/ HF 0.05 Hz/LF 35 - Hz





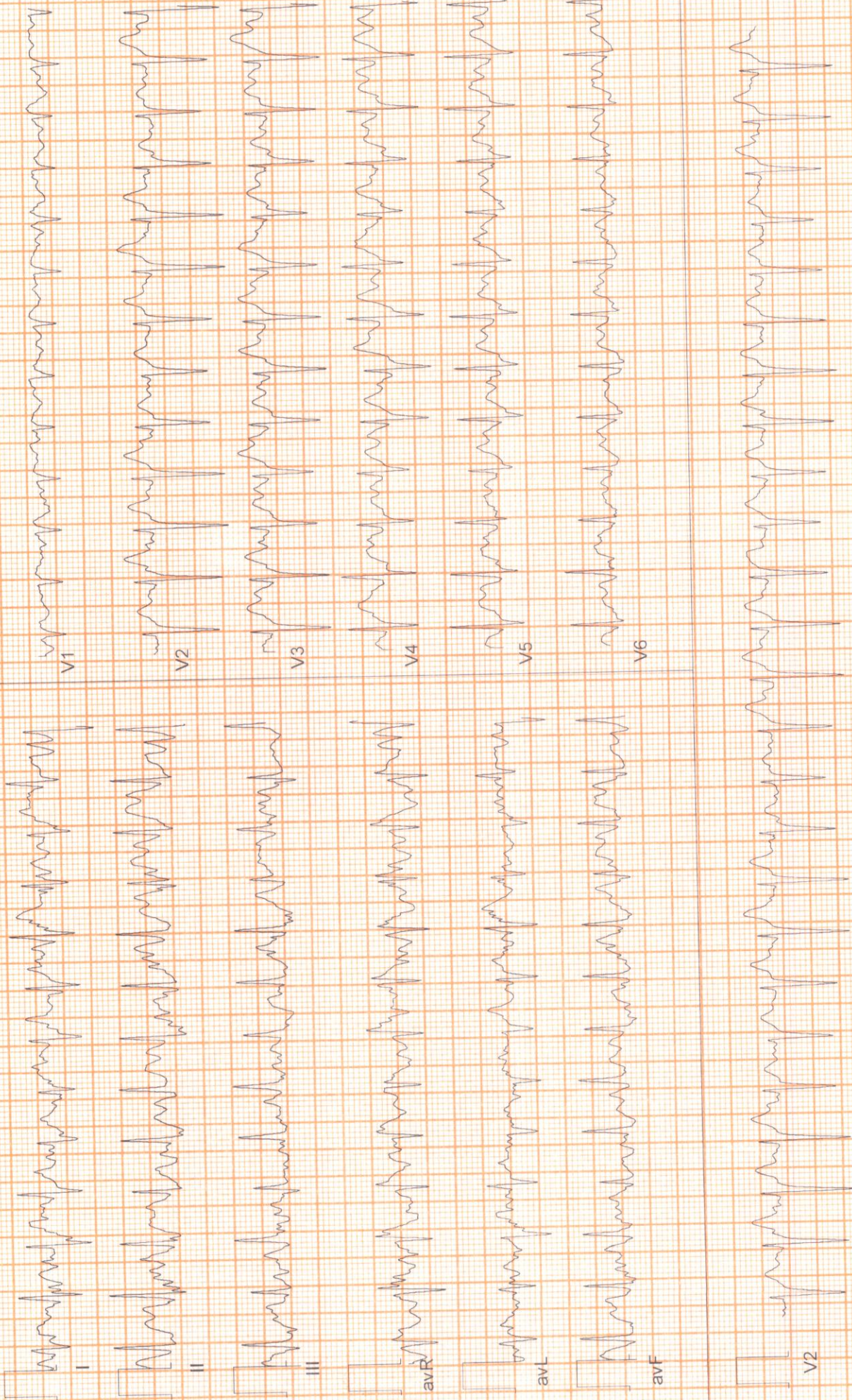
Date: 04 - 04 - 2024 12:29:57 PM METs: 4.7 HR: 133 Target HR: 76% of 176 BP: 114/73

Ex Time: 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz



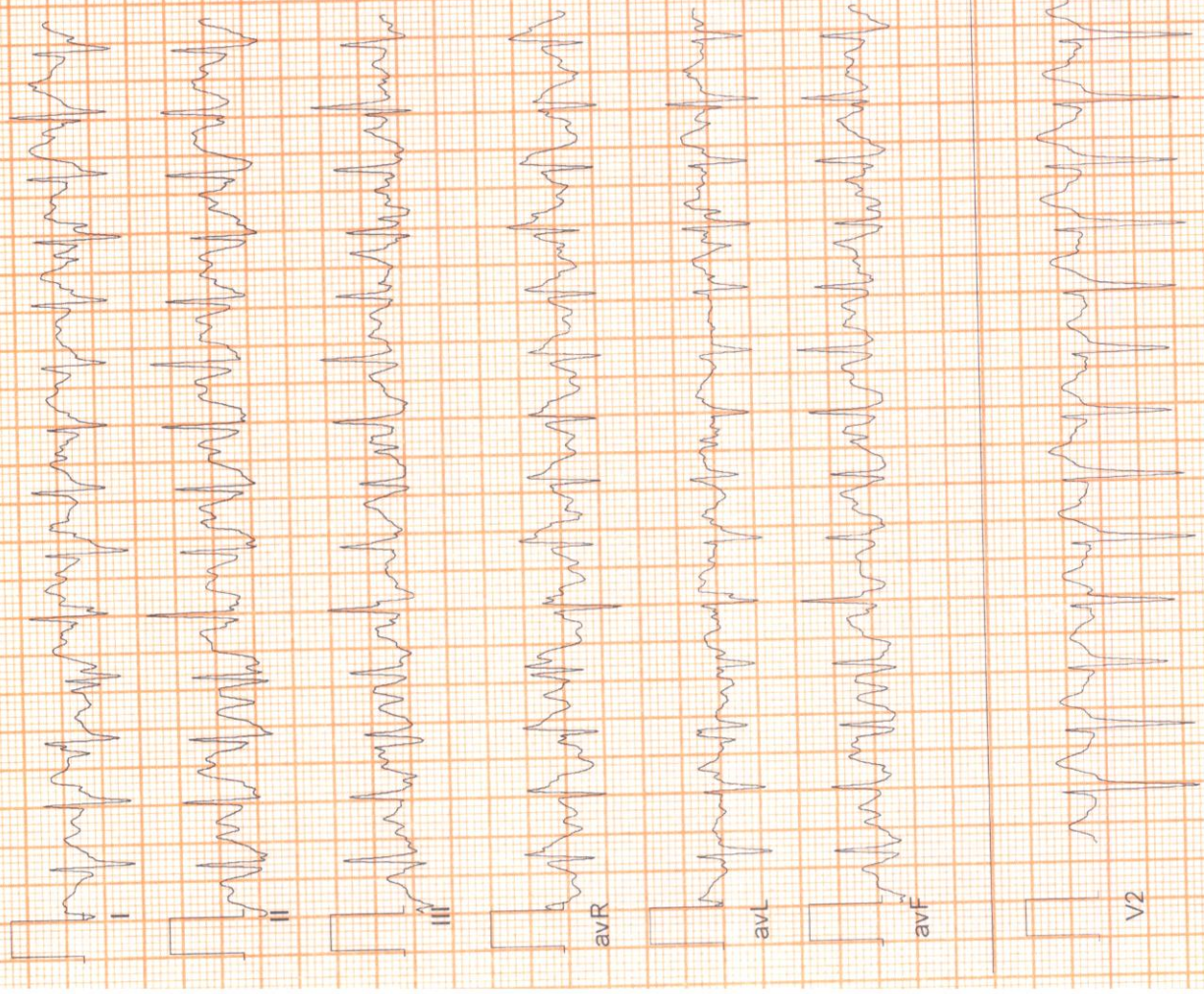


Date: 04 - 04 - 2024 12:29:57 PM METs: 7.1 HR: 154 Target HR: 88% of 176 BP: 115/74
ExTime: 06:00 - 2.5 mph 12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 - Hz



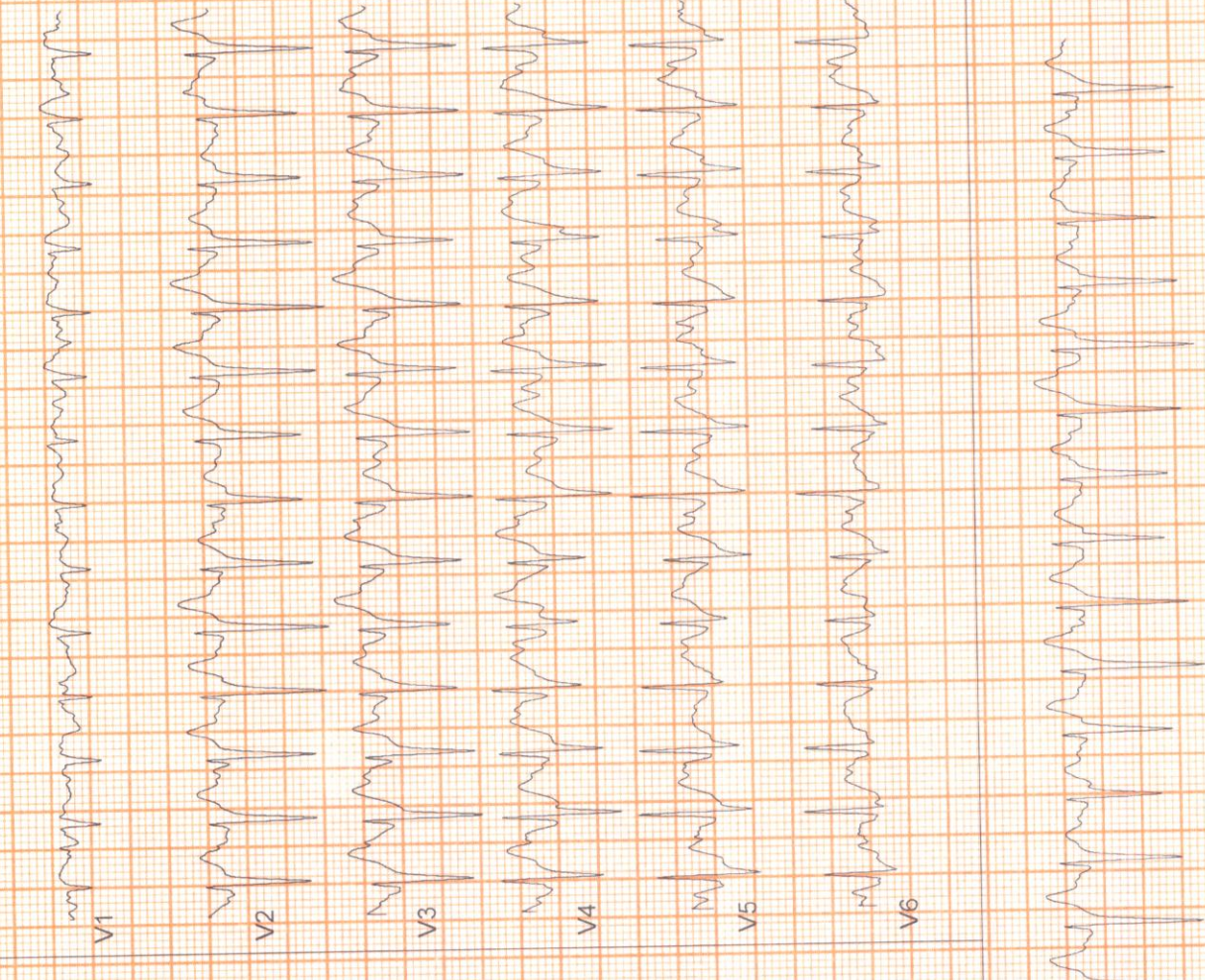
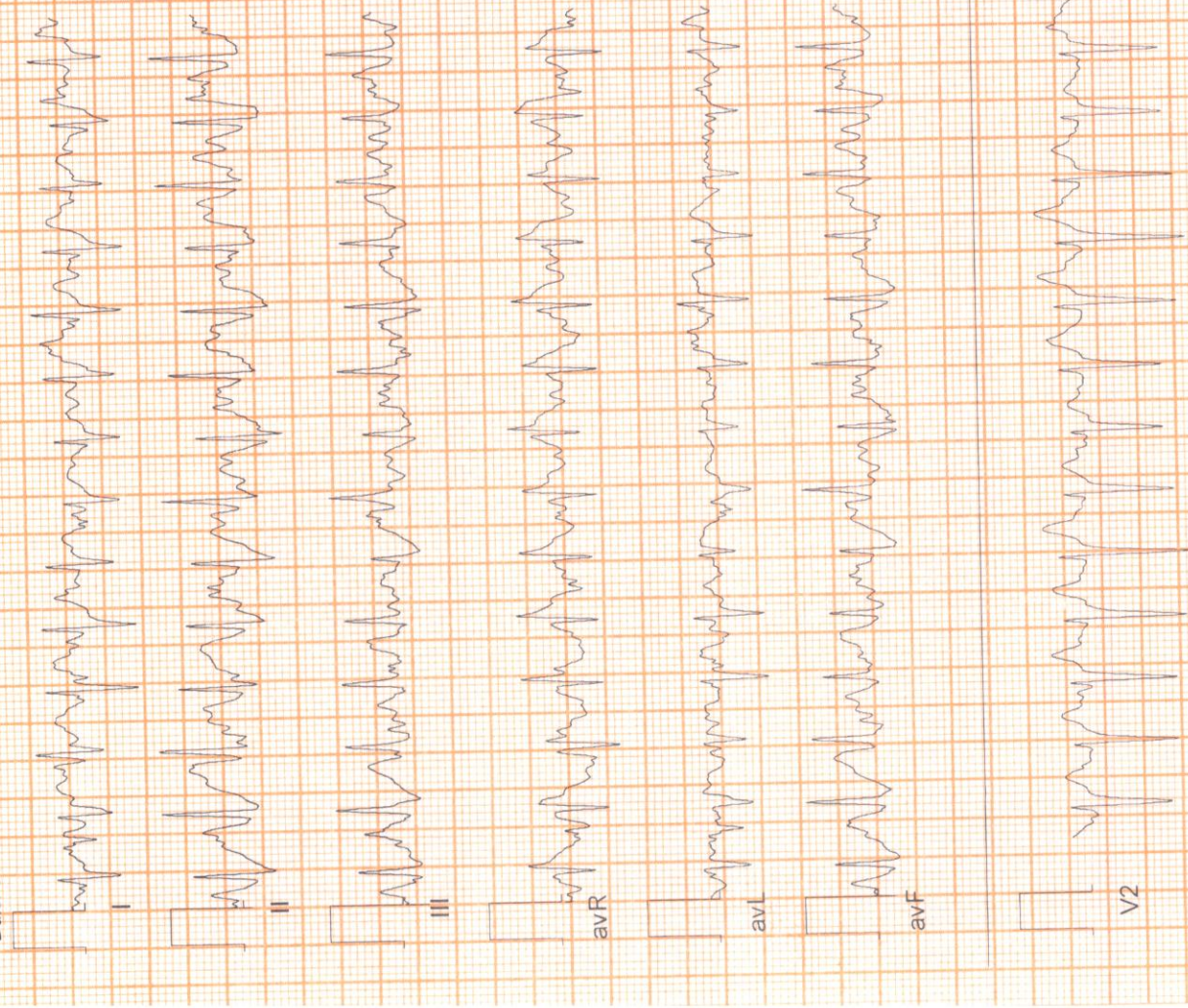


Date: 04 - 04 - 2024 12:29:57 PM METs : 10.2 HR : 169 Target HR : 96% of 176 BP : 116/75
ExTime : 09:00 3.4 mph 14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



Date: 04 - 04 - 2024 12:29:57 PM METs: 10.3 HR: 172 Target HR: 98% of 176 BP: 116/75

Ex Time: 09:06 1.1 mV/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



Patient Name : MR. PATEL DHRUBA KUMAR
Age / Gender : 44 years / Male
Patient ID : 20736

Referral : mediwheel

Collection Time : 04/04/2024, 11:57 AM

Reporting Time : 05/04/2024, 07:56 AM

Sample ID :



| Test Description | Value(s) | Reference Range | Unit |
|-----------------------------------|----------|-----------------|---------------------|
| Complete Blood Count | | | |
| Hemoglobin (Hb) | 13.4 | 13.5 - 18.0 | gm/dL |
| Erythrocyte (RBC) Count | 4.87 | 4.7 - 6.0 | mil/cu.mm |
| Packed Cell Volume (PCV) | 43.0 | 42 - 52 | % |
| Mean Cell Volume (MCV) | 88.30 | 78 - 100 | fL |
| Mean Cell Haemoglobin (MCH) | 27.52 | 27 - 31 | pg |
| Mean Corpuscular Hb Conc. (MCHC) | 31.16 | 32 - 36 | g/dL |
| Red Cell Distribution Width (RDW) | 12.8 | 11.5 - 14.0 | % |
| Total Leucocytes (WBC) Count | 8700 | 4000-10000 | cell/cu.mm |
| Neutrophils | 66 | 40 - 80 | % |
| Lymphocytes | 29 | 20 - 40 | % |
| Monocytes | 03 | 2 - 10 | % |
| Eosinophils | 02 | 1 - 6 | % |
| Basophils | 00 | 1-2 | % |
| Platelet Count | 137 | 150 - 450 | 10 ³ /ul |
| Mean Platelet Volume (MPV) | 11.9 | 7.2 - 11.7 | fL |
| PCT | 0.16 | 0.2 - 0.5 | % |
| PDW | 20.5 | 9.0 - 17.0 | % |

END OF REPORT



Lab technician



Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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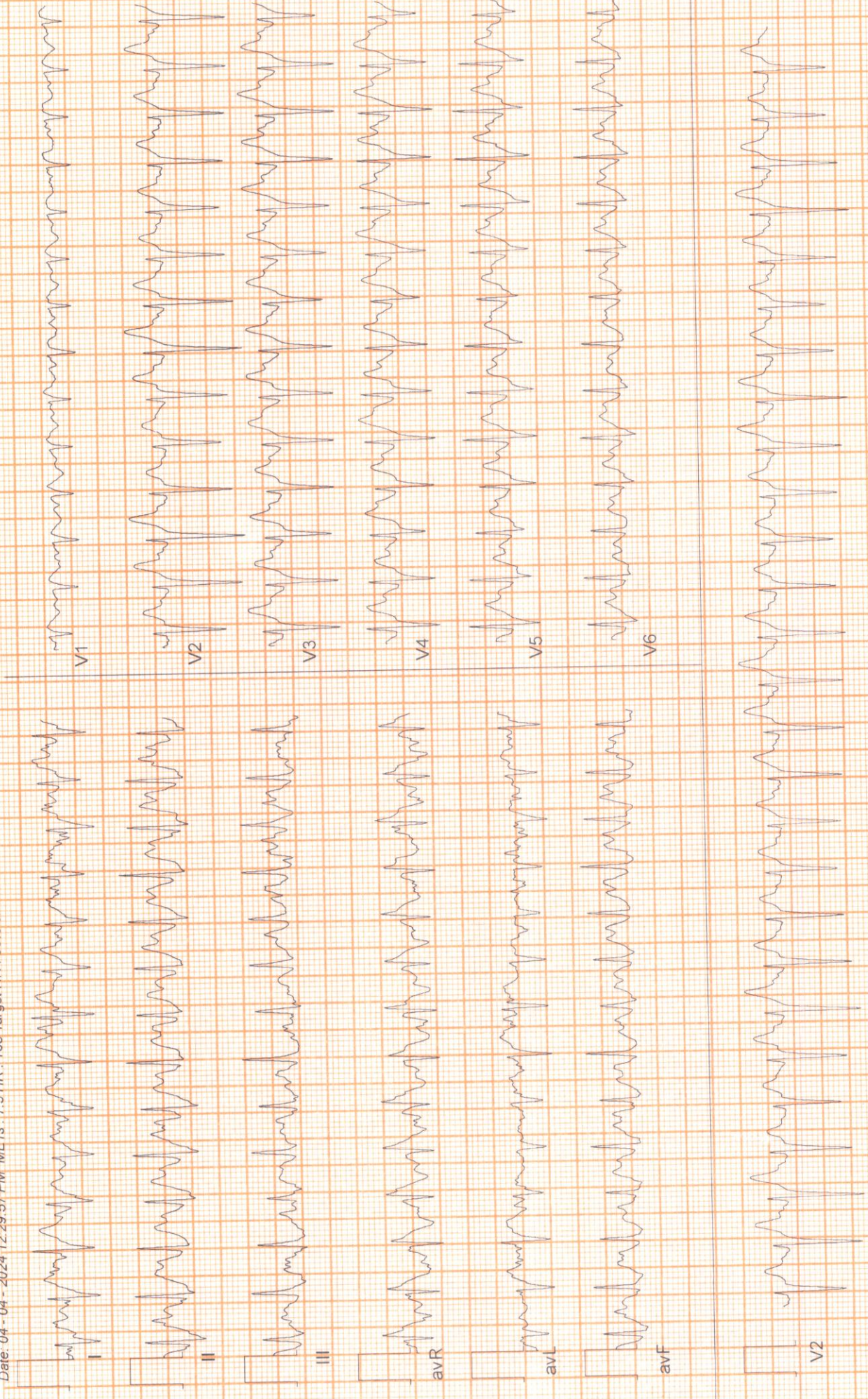
Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

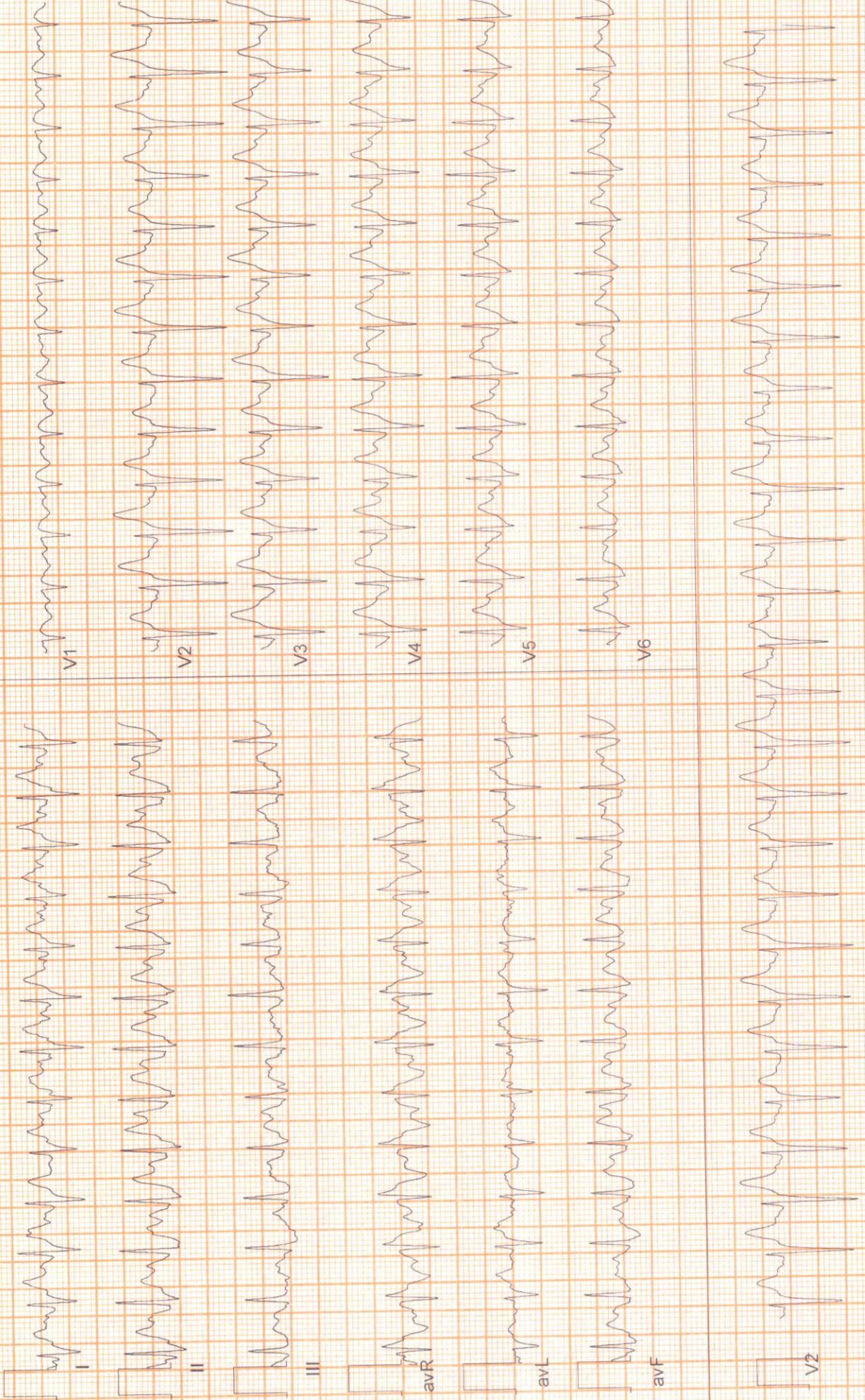
Wishing Good Health



Date: 04 - 04 - 2024 12:29:57 PM METs: 7.3 HR: 163 Target HR: 93% of 176 BP: 116/75
ExTime: 09:05 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

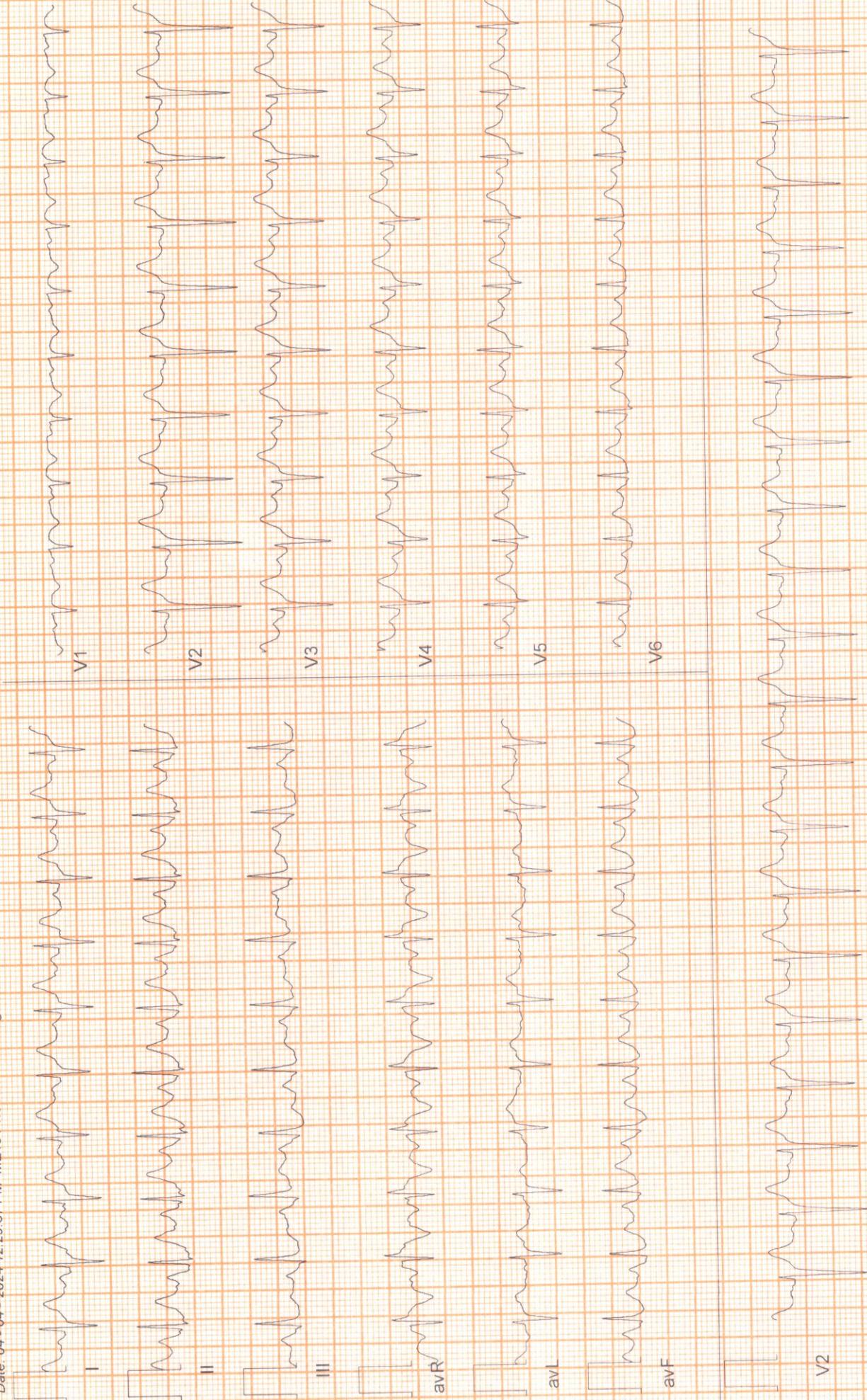


Date: 04 - 04 - 2024 12:29:57 PM METs: 4.3 HR: 153 Target HR: 87% of 176 BP: 115/75 ExTime: 09:05 1.1 mph 0.0% 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz

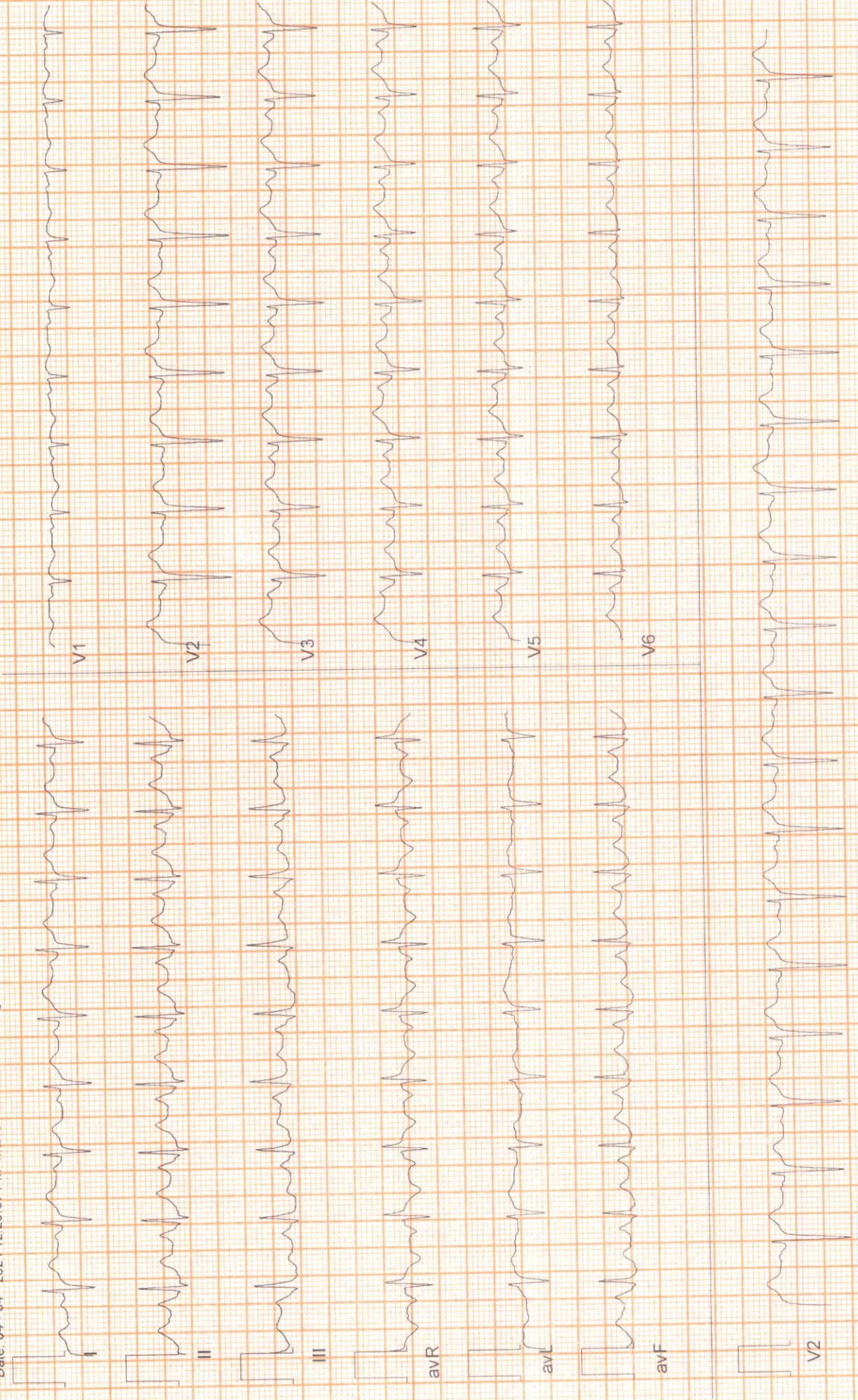




Date: 04 - 04 - 2024 12:29:57 PM METs : 1.0 HR : 120 Target HR : 68% of 176 BP : 114/74 ExTime : 09:05 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz




Date: 04 - 04 - 2024 12:29:57 PM METs : 1.0 HR : 112 Target HR : 64% of 176 BP : 114/73 Ex Time : 09:05 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz





Patient Name : MR. PATEL DHRUBA KUMAR
Age / Gender : 44 years / Male
Patient ID : 20736

Referral : mediwheel
Collection Time : 04/04/2024, 11:57 AM
Reporting Time : 05/04/2024, 07:58 AM
Sample ID :  23722

| Test Description | Value(s) | Reference Range | Unit |
|--|----------|-----------------|--------|
| Thyroid Profile (T3, T4, TSH) | | | |
| T3-Total Method : CLIA | 1.21 | 0.87 - 2.73 | ng/dL |
| T4-Total Method : CLIA | 8.31 | 6.09 - 12.23 | ug/dL |
| TSH-Ultrasensitive Method : CLIA | 0.98 | 0.45 - 4.50 | uIU/mL |

Interpretation

| TSH | T3 | T4 | Suggested Interpretation for the Thyroid Function Tests Pattern |
|------------------------|------------------------|------------------------|--|
| Raised | Within range | Within range | Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent L4 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness" |
| Raised | Decreased | Decreased | Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis" |
| Raised or within range | Raised | Raised or within range | Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent L4 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics. |
| Decreased | Raised or within range | Raised or within range | Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion' |
| Decreased | Decreased | Decreased | Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)" |
| Decreased | Raised | Raised | Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum" |
| Decreased Within Rang | Raised | Within range | T3 toxicosis •Non-Thyroidal illness |
| Within range | Decreased | Within range | Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%. |

END OF REPORT



Lab technician



Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Wishing Good Health

Patient Name : MR. PATEL DHRUBA KUMAR
Age / Gender : 44 years / Male
Patient ID : 20736

Referral : mediwheel

Collection Time : 04/04/2024, 11:57 AM

Reporting Time : 05/04/2024, 08:01 AM

Sample ID :



23722

| Test Description | Value(s) | Reference Range | Unit |
|--|----------|---|-------|
| Lipid Profile | | | |
| Cholesterol-Total Method : Spectrophotometry | 121.10 | Desirable level < 200 Borderline High 200-239 High >or = 240 | mg/dL |
| Triglycerides Method : Serum, Enzymatic, endpoint | 205.01 | Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500 | mg/dL |
| HDL Cholesterol Method : Serum, Direct measure-PEG | 30.27 | Normal: > 40 Major Risk for Heart: < 40 | mg/dL |
| LDL Cholesterol Method : Enzymatic selective protection | 49.83 | Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190 | mg/dL |
| VLDL Cholesterol Method : Serum, Enzymatic | 41.00 | 6 - 38 | mg/dL |
| CHOL/HDL Ratio Method : Serum, Enzymatic | 4.00 | 3.5 - 5.0 | |
| LDL/HDL Ratio Method : Serum, Enzymatic | 1.65 | 2.5 - 3.5 | |

Note:

8-10 hours fasting sample is required.

END OF REPORT



Lab technician



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Wishing Good Health

Patient Name : MR. PATEL DHRUBA KUMAR

Age / Gender : 44 years / Male

Patient ID : 20736

Referral : mediwheel

Collection Time : 04/04/2024, 11:57 AM

Reporting Time : 05/04/2024, 08:02 AM

Sample ID :



23722

| Test Description | Value(s) | Reference Range | Unit |
|------------------|----------|-----------------|------|
|------------------|----------|-----------------|------|

Urine(R/M) Routine Examination of Urine

General Examination

| | | | |
|---------------------------|-------------|---------------|--|
| Colour | PALE YELLOW | Pale Yellow | |
| Transparency (Appearance) | CLEAR | Clear | |
| Deposit | Absent | Absent | |
| Reaction (pH) | Acidic 6.0 | 4.5 - 7.0 | |
| Specific gravity | 1.020 | 1.005 - 1.030 | |

Chemical Examination

| | | | |
|-------------------------|--------|--------|--|
| Urine Protein (Albumin) | Absent | Absent | |
| Urine Glucose (Sugar) | Absent | Absent | |

Microscopic Examination

| | | | |
|------------------|------------|--------|------|
| Red blood cells | Absent | 0-4 | /hpf |
| Pus cells (WBCs) | 1 - 2 /HPF | 0-9 | /hpf |
| Epithelial cells | 2 - 3 /HPF | 0-4 | /hpf |
| Crystals | Absent | Absent | |
| Cast | Absent | Absent | |
| Bacteria | Absent | Absent | |

END OF REPORT



Lab technician



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Wishing Good Health

Patient Name : MR. PATEL DHRUBA KUMAR

Age / Gender : 44 years / Male

Patient ID : 20736

Referral : mediwheel

Collection Time : 04/04/2024, 11:57 AM

Reporting Time : 05/04/2024, 07:59 AM

Sample ID :



23722

| Test Description | Value(s) | Reference Range | Unit |
|--|----------|-----------------|-------|
| Glucose, Fasting (FBS) | | | |
| Glucose fasting Method : Fluoride Plasma-F, Hexokinase | 96.70 | 75 - 115 | mg/dL |
| Glucose, Post Prandial (PP) | | | |
| Blood Glucose-Post Prandial Method : Hexokinase | 118.91 | 70 - 140 | mg/dL |
| HbA1c, Glycosylated Hemoglobin | | | |
| HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD Method : (HPLC, NGSP certified) | 5.39 | | % |
| Estimated Average Glucose : | 107.99 | - | mg/dL |

Interpretation

| | |
|--|--|
| As per American Diabetes Association (ADA) | |
| Reference Group | HbA1c in % |
| Non diabetic adults >=18 years | <5.7 |
| At risk (Prediabetes) | 5.7 - 6.4 |
| Diagnosing Diabetes | >= 6.5 |
| Therapeutic goals for glycemic control | Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5 |

Note:

- Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
- Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

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Wishing Good Health

Patient Name : MR. PATEL DHRUBA KUMAR

Age / Gender : 44 years / Male

Patient ID : 20736

Referral : mediwheel

Collection Time : 04/04/2024, 11:57 AM

Reporting Time : 05/04/2024, 07:59 AM

Sample ID :



| Test Description | Value(s) | Reference Range | Unit |
|------------------|----------|-----------------|------|
|------------------|----------|-----------------|------|

| HbA1c(%) | Mean Plasma Glucose (mg/dL) |
|----------|-----------------------------|
| 6 | 126 |
| 7 | 154 |
| 8 | 183 |
| 9 | 212 |
| 10 | 240 |
| 11 | 269 |
| 12 | 298 |

Blood Group ABO & Rh Typing, Blood

Blood Group (ABO typing)

"B"

Method : Manual-Hemagglutination

RhD Factor (Rh Typing)

Positive

Method : Manual hemagglutination

****END OF REPORT****



Lab technician



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Age / Gender : 44 years / Male

Patient ID : 20736

Referral : mediwheel

Collection Time : 04/04/2024, 11:57 AM

Reporting Time : 05/04/2024, 07:57 AM

Sample ID :



23722

| Test Description | Value(s) | Reference Range | Unit |
|---|----------|-----------------|-------|
| Uric acid, Serum | | | |
| Uric Acid Method : Uricase, Colorimetric | 4.21 | 3.4 - 7.0 | mg/dL |
| BUN, Serum | | | |
| BUN-Blood Urea Nitroge Method : Serum, Urease | 13 | 10 - 50 | mg/dL |
| Creatinine | | | |
| Creatinine Method : Serum, Jaffe | 0.69 | 0.60 - 1.30 | mg/dL |
| ESR, Erythrocyte Sedimentation Rate | | | |
| ESR - Erythrocyte Sedimentation Rate Method : EDTA Whole Blood, Manual Westergren | 14 | 0 - 15 | mm/hr |

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

END OF REPORT



Lab technician



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Wishing Good Health

ID: 1914 CASE
AGE: 44Y M D
CMS

PATEL DHRUBA KUMAR
MALE

04/04/2024 10:16:39
ZENA HEAL THCARE
PLOT-119, SAHIDNAGAR, BHUBANESWAR

K9

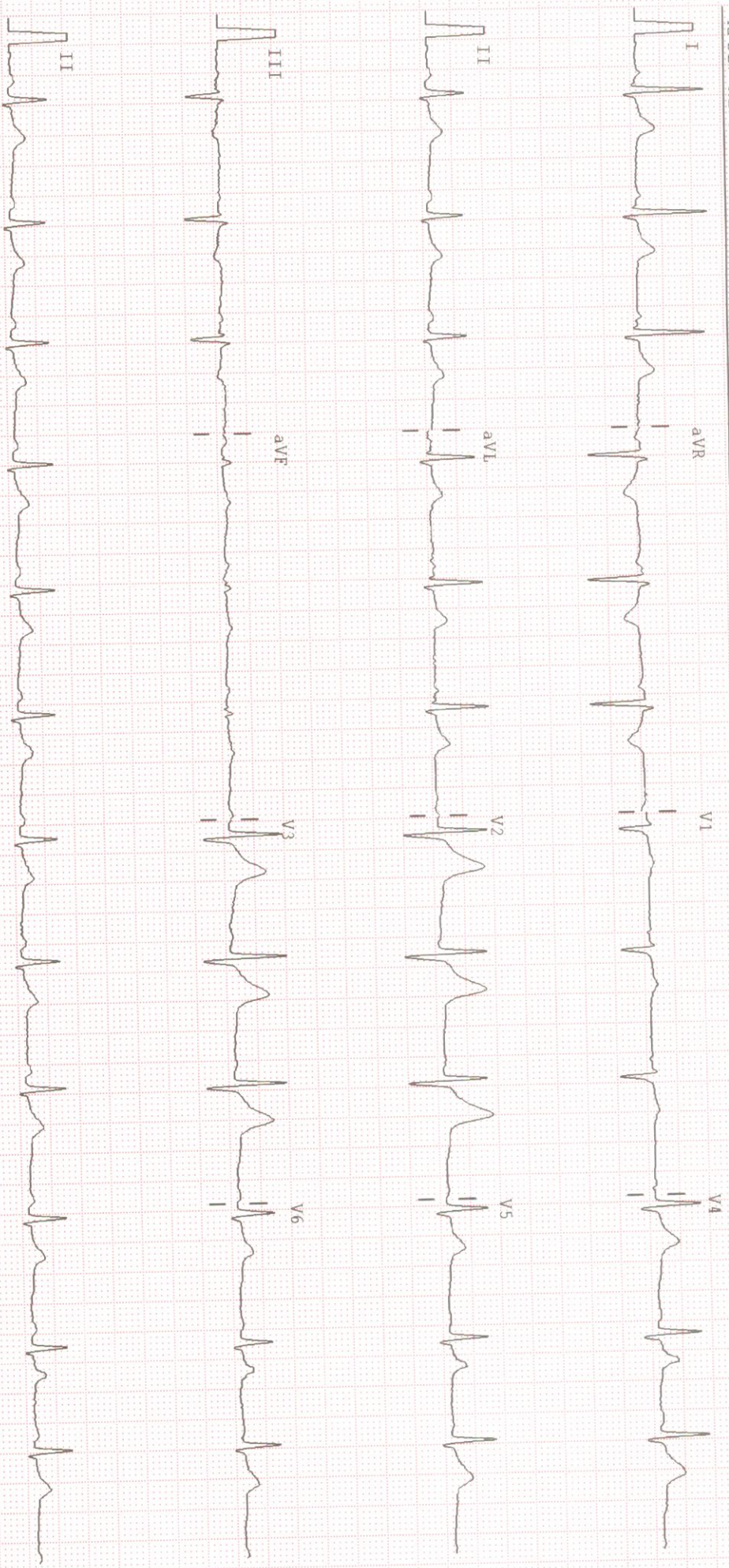
| | | |
|------|--------|--------------|
| RATE | 72 bpm | SINUS RHYTHM |
| R-R | 823 ms | |
| P-R | 132 ms | |
| QRS | 84 ms | |
| QT | 376 ms | |
| QTc | 397 ms | |

--AXIS--
P : 52°
QRS : 13°
T : 18°
NORMAL ECG

12 SL: REPORT FORMAT: 3x4+1L SQ

REF:

DI:



Patient Name : MR. PATEL DHRUBA KUMAR

Age / Gender : 44 years / Male

Patient ID : 20736

Referral : mediwheel

Collection Time : 04/04/2024, 11:57 AM

Reporting Time : 05/04/2024, 08:04 AM

Sample ID :



23722

| Test Description | Value(s) | Reference Range | Unit |
|--|----------|-----------------|-------|
| LFT, Liver Function Test | | | |
| Bilirubin - Total Method : Serum, Jendrassik Grof | 0.69 | 0.00 - 1.00 | mg/dL |
| Bilirubin - Direct Method : Serum, Diazotization | 0.19 | 0.00 - 0.20 | mg/dL |
| Bilirubin - Indirect Method : Serum, Calculated | 0.50 | 0.10 - 0.80 | mg/dL |
| SGOT Method : Serum, UV with P5P, IFCC 37 degree | 21.36 | 8 - 33 | U/L |
| SGPT Method : Serum, UV with P5P, IFCC 37 degree | 29.73 | 3 - 35 | U/L |
| GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide | 8.37 | < 55 | U/L |
| Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic | 97.31 | 53-128 | U/L |
| Total Protein Method : Serum, Biuret, reagent blank end point | 7.13 | 6.60 - 8.70 | g/dL |
| Albumin Method : Serum, Bromocresol green | 4.11 | 3.50 - 5.30 | g/dL |
| Globulin Method : Serum, EIA | 3.02 | 2.00-3.50 | g/dL |
| A/G Ratio Method : Serum, EIA | 1.36 | 1.2 - 2.2 | |

END OF REPORT

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Wishing Good Health

MATERNITY CARE HOPITAL

NAME : DHRUBA KUMAR PATEL

DATE : 04-04-2024

AGE-44Y/M

SONOGRAPHER : DR. PARUL PATI

USG OF WHOLE ABDOMEN

LIVER: Normal in size, shape and parenchymal echotexture. No. SOL seen. Intrahepatic billiary channels normal in caliber and contains no echogenic structure. Portal and hepatic vascular systems within normal limits. P. V. measures 7.0 mm, liver.

GALL BLADDER:normal in shape and size no sol,no calculi seen.

C.B.D.: Common bile duct normal in calibre (3.0 mms).

SPLEEN : Normal in size, shape and parenchymal echotexture.

PANCREAS: Normal in size, shape and parenchymal echotexture. Pancreatic duct not dilated.

KIDNEYS: Both the kidneys are normal in size, shape and position. Renal cortical echotexture is within normal limits. Cortico medullary differentiation maintained. No evidence of any calculus or hydronephrosis on both sides. Pelvi-calyceal systems appear normal. No focal lesion seen.

- Right kidney measures :8.9 x 6.5cms.
- Left kidney measures: 8.9 x 5.4cms.

URETERS: Both ureters not visualized (normal).

URINARY BLADDER: Symmetrical and normal in outline. Lumen clear. Walls normal in thickness

Prostrate:normal in size shape and echo structure .

Impression:Normal study of abdomen

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