

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

 **KIMS-KINGSWAY
HOSPITALS**

Name : Mr. Ravi AWAte Date : 23/3/24

Age : 384 Sex : M F Weight : 55.9 kg Height : 168.3 inc BMI : 19.4

BP : 115/75 mmHg Pulse : 77/m bpm RBS : _____ mg/dl

SpO2: 98%

Name: Mr. Ravi Aacute Date: 23/03/24.

Age: 38 yrs Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Routine Dental Checkup

PMH - NRH

PDH - H/O restoration $\bar{c} \frac{+8}{6}$

O/E.

- Occlusal Caries $\bar{c} \frac{+8}{6}$; Buccally erupted $\bar{c} \frac{+8}{6}$
- Secondary Caries $\bar{c} \frac{+8}{6}$
- Calculus ++
- Stains +

Advice - Extraction $\bar{c} \frac{+8}{6}$ (BOB)

Oral Prophylaxis
Re-Restoration $\bar{c} \frac{+8}{6}$

Dr. Pindhyaba



KIMS - Kingsway Hospitals
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)
44, Kingsway, Near Kasturchand Park, Nagpur,
Maharashtra, India - 440001.

Ph No.: 1800 266 8346 | Mobile No.: +91-7126789100
Email : assistance@kimshospitals.com | Website : www.kimshospitals.com

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

RAVI MADHAVRAO AWATE 38Y(S) 0M(S) 0D(S)/M UMR2324041668 9730760999	CONSULT DATE : 23-03-2024 CONSULT ID : OPC2324128518 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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VITALS

Temp : **Pulse** : **BP (mmHg)** : **spO2** : **Pain Score** : **Height** :
-- °F -- /min -- %RA -- /10 -- cms
Weight : **BMI** :
-- kgs --

CHIEF COMPLAINTS

ROUTINE CHECK UP

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
-----	-----	-----	------	--------

RIGHT EYE	-3.00	00	00	6/6
-----------	-------	----	----	-----

LEFT EYE	-2.50	00	00	6/6
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NEAR ADDITION

RIGHT EYE			00	N6
-----------	--	--	----	----

LEFT EYE			00	N6
----------	--	--	----	----

REMARK- CONTINUE WITH OLD GLASSES

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On : 23-03-2024 12:25:05



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. RAVI MADHAVRAO AWATE	Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087574/UMR2324041668	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:45 am	Report Date : 23-Mar-24 11:57 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	15.2	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		43.5	40.0 - 50.0 %	Calculated
RBC Count		4.77	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		91	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		31.9	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		35.0	31.5 - 35.0 g/l	Calculated
RDW		15.6	11.5 - 14.0 %	Calculated
Platelet count		220	150 - 450 10 ³ /cumm	Impedance
WBC Count		5400	4000 - 11000 cells/cumm	Impedance

DIFFERENTIAL COUNT

Neutrophils		59.1	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		35.5	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		1.8	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		3.6	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		3191.4	2000 - 7000 /cumm	Calculated



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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		1917	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		97.2	20 - 500 /cumm	Calculated
Absolute Monocyte Count		194.4	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
PERIPHERAL SMEAR				
RBC		Normochromic Normocytic As Above		
WBC		Adequate		
Platelets		05	0 - 15 mm/hr	Automated Westergren's Method
ESR				

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. RAVI MADHAVRAO AWATE
Age /Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087574/UMR2324041668
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:43 am
Report Date : 23-Mar-24 11:58 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	86	< 100 mg/dl	GOD/POD,Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HbA1c)				
HbA1c		4.8	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

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Dr. GAURI HARDAS, MBBS,MD

SPANV CONSULTANT PATHOLOGIST
 Private Limited

44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. RAVI MADHAVRAO AWATE	Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087574/UMR2324041668	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:45 am	Report Date : 23-Mar-24 11:58 am

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	172 < 200 mg/dl	Enzymatic(CHE/CHO/PO D)
Triglycerides		100 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		40 > 40 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		106.19 < 100 mg/dl	Enzymatic
VLDL Cholesterol		20 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		4 3 - 5	Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk>20%		<100
Two or more additional major risk factors,10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130 <130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160 >190,optional at 160-189 <160

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RAVI MADHAVRAO AWATE	Age / Gender : 38 Y(s)/Male
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THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.33	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.29	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		1.96	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. RAVI MADHAVRAO AWATE	Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087574/UMR2324041668	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:45 am	Report Date : 23-Mar-24 11:58 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.76	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.24	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.52	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric
Alkaline Phosphatase		76	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		23	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		26	15 - 40 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		7.67	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.69	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		2.98	2.0 - 4.0 gm/dl	Calculated
A/G Ratio		1.6		

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RAVI MADHAVRAO AWATE **Age /Gender** : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087574/UMR2324041668 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:45 am **Report Date** : 23-Mar-24 11:58 am

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	24	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		0.9	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		112.1	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		145	136 - 145 mmol/L	Direct ion selective electrode
Potassium		5.09	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. RAVI MADHAVRAO AWATE **Age /Gender** : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087574/UMR2324041668 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 10:15 am **Report Date** : 23-Mar-24 11:31 am

USF(URINE SUGAR FASTING)

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative		STRIP
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. RAVI MADHAVRAO AWATE	Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087574/UMR2324041668	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 10:15 am	Report Date : 23-Mar-24 11:31 am

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		5.0	4.6 - 8.0
Specific gravity		1.020	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Positive	Negative
Urobilinogen		Normal	Normal
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	0 - 4 /hpf



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mr. RAVI MADHAVRAO AWATE	Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087574/UMR2324041668	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 10:15 am	Report Date : 23-Mar-24 11:31 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent	
*** End Of Report ***			

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. RAVI MADHAVRAO AWATE	Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324087574/UMR2324041668	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:45 am	Report Date : 23-Mar-24 12:37 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>
BLOOD GROUP.	EDTA Whole Blood & Plasma/Serum	" B "
Rh (D) Typing.		" Positive "(+Ve)

Gel Card Method

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST

PATIENT NAME:	MR. RAVI MADHAVRAO AWATE	AGE /SEX:	38Y/M
UMR NO:	2324041668	BILL NO:	2324087574
REF BY	DR. VIMMI GOEL	DATE:	23/03/2024

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

- No pleuro-parenchymal abnormality seen.



DR R.R KHANDELWAL
SENIOR CONSULTANT
MD, RADIODIAGNOSIS [MMC-55870]

PATIENT NAME:	MR. RAVI MADHAVRAO AWATE	AGE /SEX:	38Y/M
UMR NO:	2324041668	BILL NO:	2324087574
REF BY	DR. VIMMI GOEL	DATE:	23/03/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture.

There is no free fluid seen.

IMPRESSION:

No significant abnormality seen.
Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]



Dr. Bhupendra Yadav
Resident Doctor

Report prepared by Farzana (MT)

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Ravi, Awate
Patient ID: 041668
Height:
Weight:
Study Date: 23.03.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 19.01.1986
Age: 38yrs
Gender: Male
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

--

Medical History:

NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:06	0.00	0.00	78	110/70	
	STANDING	00:01	0.00	0.00	78		
	WARM-UP	00:05	0.70	0.00	77		
EXERCISE	STAGE 1	03:00	1.70	10.00	111	110/70	
	STAGE 2	03:00	2.50	12.00	139	120/70	
	STAGE 3	02:57	3.40	14.00	166	130/70	
RECOVERY		01:00	0.00	0.00	111	130/70	
		02:00	0.00	0.00	97	130/70	
		00:13	0.00	0.00	110		

The patient exercised according to the BRUCE for 8:56 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 83 bpm rose to a maximal heart rate of 166 bpm. This value represents 91% of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 130/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.


Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg.No. 2014/01/0113

MR RAVI AWATE

Male

38 Years

23-Mar-24 9:56:28 AM

KIMS-KINGSWAY HOSPITALS

PHC DEPT.

Rate 68 . Sinus rhythm.....normal P axis, V-rate 50-99
 . RSR' in V1 or V2, right VCD or RVH.....
 . Borderline ST elevation, anterior leads.....ST >0.15mV in V1-V4

PR 127
 QRSd 79
 QT 367
 QTc 391

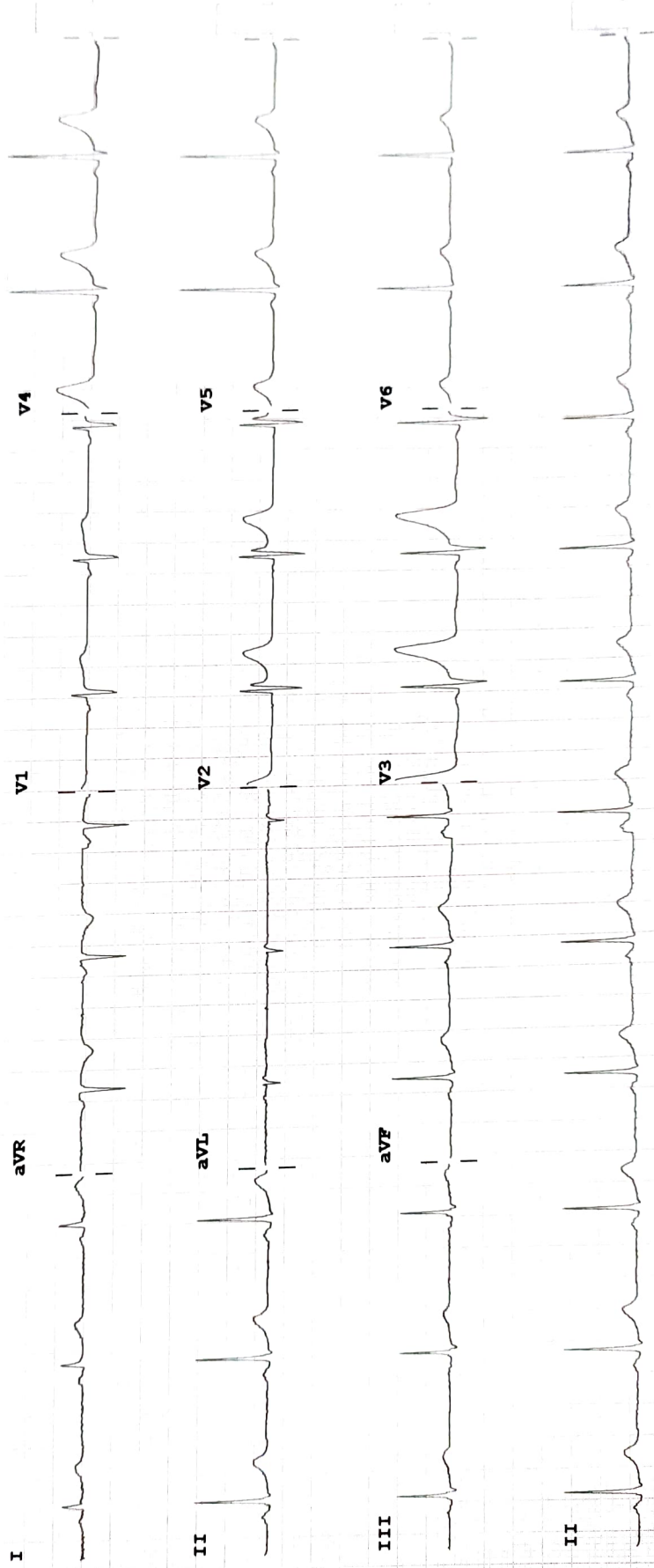
--AXIS--

P 48
 QRS 63
 T 58

12 Lead; Standard Placement

-- BORDERLINE ECG --

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

100B CL

P?