



CODE/NAME & ADDRESS : CA00010147 -MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI, SOUTH DELHI,

DELHI,

SOUTH DELHI 110030

8800465156

ACCESSION NO: 4177XD001524

PATIENT ID : NIMMF2109894177

CLIENT PATIENT ID: ABHA NO

AGE/SEX

:34 Years Female

DRAWN

RECEIVED: 13/04/2024 09:00:19 REPORTED :14/04/2024 11:53:22

Test Report Status Results Units <u>Final</u>

IMMUNOHAEMATOLOGY

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP TYPE O **POSITIVE** RH TYPE

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

DR.HARI SHANKAR, MBBS MD (Reg No - TCMC:62092) **HEAD - Biochemistry & Immunology**

DR.SMITHA PAULSON, MD (PATH),DPB (Reg No - TCMC:35960) LAB DIRECTOR & HEAD-**HISTOPATHOLOGY & CYTOLOGY**





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MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

TREADMILL TEST

TREADMILL TEST COMPLETED

OPTHAL

OPTHAL COMPLETED

PHYSICAL EXAMINATION

PHYSICAL EXAMINATION COMPLETED



JINCY P J RADIOGRAPHER



JINI JACOB.C RADIOGRAPHER





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MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

ECG WITH REPORT REPORT

COMPLETED

USG ABDOMEN AND PELVIS

REPORT

COMPLETED

CHEST X-RAY WITH REPORT

REPORT

COMPLETED

HAEMATOLOGY

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

HBA1C 5.3 Normal : 4.0 - %

5.6%.

Non-diabetic level : < 5.7%.

Diabetic : >6.5%

Glycemic control goal

More stringent goal : < 6.5 %. General goal : < 7%. Less stringent goal : < 8%.

Glycemic targets in CKD :- If eGFR > 60 : < 7%.

If eGFR < 60 : 7 - 8.5%.

MEAN PLASMA GLUCOSE 105.4 < 116.0 mg/dL

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TINTU MARIYA LAB TECHNOLOGIST Salar

DR. SINDHU GEORGE, MBBS, MD (Reg No TCMC:28380) QUALITY MANAGER



SREEDEVI MP LAB TECHNOLOGIST





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ABHA NO SOUTH DELHI 110030 8800465156

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Units **Test Report Status Results** <u>Final</u>

BLOOD COUNTS, EDTA WHOLE BLOOD

HEMOGLOBIN	11.1 Low	12.0 - 15.0	g/dL
RED BLOOD CELL COUNT	4.49	3.8 - 4.8	mil/μL
WHITE BLOOD CELL COUNT	7.38	4.0 - 10.0	thou/µL
PLATELET COUNT	326	150 - 410	thou/µL

Comments

RECHECKED

RBC AND PLATELET INDICES

HEMATOCRIT	34.8 Low	36 - 46	%
MEAN CORPUSCULAR VOL	77.5 Low	83 - 101	fL
MEAN CORPUSCULAR HGB.	24.7 Low	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	31.9	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH	12.4	11.6 - 14.0	%
MENTZER INDEX	17.3		
MEAN PLATELET VOLUME	8.3	6.8 - 10.9	fL

WBC DIFFERENTIAL COUNT

SEGMENTED NEUTROPHILS	31 Low	40 - 80	%
LYMPHOCYTES	57 High	20 - 40	%
MONOCYTES	04	2 - 10	%
EOSINOPHILS	08 High	1 - 6	%
BASOPHILS	00	< 1 - 2	%
ABSOLUTE NEUTROPHIL COUNT	2.29	2.0 - 7.0	thou/µL
ABSOLUTE LYMPHOCYTE COUNT	4.21 High	1 - 3	thou/µL
ABSOLUTE MONOCYTE COUNT	0.30	0.20 - 1.00	thou/µL

Dan.

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ABSOLUTE EOSINOPHIL COUNT	0.59 High	0.02 - 0.50	thou/µL

ERYTHROCYTE SEDIMENTATION RATE (ESR), EDTA BLOOD

NEUTROPHIL LYMPHOCYTE RATIO (NLR)

SEDIMENTATION RATE (ESR)

12

0.6

0 - 20

mm at 1 hr

SUGAR URINE - POST PRANDIAL

SUGAR URINE - POST PRANDIAL NOT DETECTED NOT DETECTED

SUGAR URINE - FASTING

SUGAR URINE - FASTING NOT DETECTED NOT DETECTED

BIO CHEMISTRY

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

BLOOD UREA NITROGEN (BUN), SERUM

BLOOD UREA NITROGEN 7 Adult(<60 yrs): 6 to 20 mg/dL

BUN/CREAT RATIO

BUN/CREAT RATIO 12 5.00 - 15.00

CREATININE, SERUM

CREATININE 0.58 18 - 60 yrs : 0.6 - 1.1 mg/dL

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GLUCOSE, POST-PRANDIAL, PLASMA

GLUCOSE, POST-PRANDIAL, PLASMA 75 Diabetes Mellitus: > or = 200. mg/dL

Impaired Glucose tolerance/ Prediabetes: 140 - 199. Hypoglycemia: < 55.

Comments

FBS may be higher than the PPBS in many subjects. The reason may be - previous night diet, Dawn phenomenon, physiological insulin resistance & delayed gastric emptying. Apart from these reasons, increased hepatic output with decreased peripheral utilization, stress, infection & some medication etc may be the possible reasons.

GLUCOSE FASTING, FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR) 106 Diabetes Mellitus: > or = 126. mg/dL

Impaired fasting Glucose/ Prediabetes: 101 - 125. Hypoglycemia: < 55.

LIVER FUNCTION TEST WITH GGT

BILIRUBIN, TOTAL	0.25	General Range : < 1.1	mg/dL
BILIRUBIN, DIRECT	0.12	General Range : < 0.3	mg/dL
BILIRUBIN, INDIRECT	0.13	0.00 - 1.00	mg/dL
TOTAL PROTEIN	6.7	Ambulatory: 6.4 - 8.3 Recumbant: 6 - 7.8	g/dL
ALBUMIN	4.6	20-60yrs: 3.5 - 5.2	g/dL
GLOBULIN	2.1	2.0 - 4.1	g/dL
ALBUMIN/GLOBULIN RATIO	2.2 High	1.0 - 2.0	RАПО
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	12	Adults: < 33	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	10	Adults: < 34	U/L
ALKALINE PHOSPHATASE	74	Adult(<60yrs): 35 - 105	U/L

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PERFORMED AT :

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Email: 93334 93334 Email: customercare.ddrc@agilus.in





Female

PATIENT NAME: NIMMI SIMON T REF. DOCTOR: DR.SINDHU

CODE/NAME & ADDRESS : CA00010147 -MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED PATIENT ID

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	i	i	
Test Report Status <u>Final</u>	Results		Units
GAMMA GLUTAMYL TRANSFERASE (GGT)	10	Adult (female) : < 40	U/L
TOTAL PROTEIN, SERUM TOTAL PROTEIN	6.7	Ambulatory: 6.4 - 8.3 Recumbant: 6 - 7.8	g/dL
URIC ACID, SERUM URIC ACID	3.9	Adults: 2.4-5.7	mg/dL

BIOCHEMISTRY - LIPID

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

LIPID PROFILE, SERUM

Desirable: < 200 CHOLESTEROL 184 mg/dL

Borderline: 200-239 High : >or= 240

TRIGLYCERIDES 55 Normal : < 150 mg/dL

High : 150-199

Hypertriglyceridemia: 200-499

Very High: > 499

HDL CHOLESTEROL **38 Low** mg/dL General range: 40-60 mg/dL LDL CHOLESTEROL, DIRECT 144 Optimum : < 100

Above Optimum: 100-129 Borderline High: 130-159 High : 160-

189

Very High

190

NON HDL CHOLESTEROL 146 High Desirable: Less than 130

Above Desirable: 130 - 159 Borderline High: 160 - 189

High: 190 - 219

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Ann.



: >or=



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mg/dL



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Very high: > or = 220

VERY LOW DENSITY LIPOPROTEIN 11.0 < or = 30.0mg/dL

CHOL/HDL RATIO 4.8 High 3.30 - 4.403.8 High 0.5 - 3.0LDL/HDL RATIO

SPECIALISED CHEMISTRY - HORMONE

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

THYROID PANEL, SERUM

T3 92.86 Non-Pregnant: 60-181 ng/dL

Pregnant Trimester-wise

1st : 81-190 2nd: 100-260 3rd : 100-260

T4 7.00 µg/dl 3.2 - 12.6μIU/mL

TSH 3RD GENERATION 1.560 18-49 yrs(Non-Pregnant): 0.4-

4.2

Pregnant (Trimester wise):

1st: 0.1-2.5 2nd: 0.2-3.0 3rd: 0.3-3.0

CLINICAL PATH - URINALYSIS

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

PHYSICAL EXAMINATION, URINE

PALE YELLOW COLOR

APPEARANCE **CLEAR**

SREEDEVI MP LAB TECHNOLOGIST Dan.

TINTU MARIYA LAB TECHNOLOGIST

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CHEMICAL EXAMINATION, URINE

PH	6.0	4.7 - 7.5
SPECIFIC GRAVITY	1.005	1.003 - 1.035
PROTEIN	NOT DETECTED	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL
NITRITE	NOT DETECTED	NOT DETECTED

MICROSCOPIC EXAMINATION, URINE

LFI IIILLIAL CLLLS	/!!!!
EPITHELIAL CELLS 5-7 0-5	/HPF
WBC 2-3 0-5	/HPF
RED BLOOD CELLS NOT DETECTED NOT DETECTED	/HPF

CASTS NOT DETECTED

CRYSTALS NOT DETECTED

BACTERIA DETECTED

BACTERIA DETECTED NOT DETECTED

(OCCASIONAL)

CLINICAL PATH - STOOL ANALYSIS

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

PHYSICAL EXAMINATION, STOOL

COLOUR BROWN

CONSISTENCY SEMI FORMED

MUCUS ABSENT NOT DETECTED

Bowaker

SREEDEVI MP LAB TECHNOLOGIST Silver

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VISIBLE BLOOD ABSENT ABSENT ABSENT

MICROSCOPIC EXAMINATION, STOOL

PUS CELLS 1-2 /hpf
RED BLOOD CELLS NOT DETECTED NOT DETECTED /HPF
CYSTS NOT DETECTED NOT DETECTED

OVA NOT DETECTED

End Of Report
Please visit https://ddrcagilus.com for related Test Information for this accession

Boweken

SREEDEVI MP LAB TECHNOLOGIST Silver

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YOUR LAB PARTNER SINCE 1983

MEDICAL EXAMINATION REPORT (MER)

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

medical examination	n to the examinee.			
 Name of the Mark of Iden Age/Date of Photo ID Che 	tification : (M Birth : 34	./Mrs./Ms. AIMMY 5: ole/Scar/any other (specify -, 21-9-198	y location)):	M
PHYSICAL DETA				
a. Height	5.7 (cms) b. We	eight 53 (Kgs)	c. Girth of Abo	domen
d. Pulse Rate	e. Blo	ood Pressure:	Systolic	Diastolic
		1 st Reading	100	60
		2 nd Reading	100	60
FAMILY HISTOR	RY:			
Relation	Age if Living	Health Status	If deceased, age	at the time and cause
Father	68	Cool		V
Mother		1	60, Ronal	Cancer.
Brother(s)				
Sister(s)	40	4004	and the second s	
HABITS & ADDIO	CTIONS: Does the exam	ninee consume any of the f	following?	
Tobacc	o in any form	Sedative		Alcohol
3.	No	No	pro	j.
PERSONAL HIST	ORY	* /		
a. Are you presen	tly in good health and en al or Physical impairmen	t or deformity. exam	ng the last 5 years have nined, received any ad tted to any hospital?	ve you been medically lvice or treatment or Y/N
procedure?	rgone/been advised any section - 2 fee factoring from any of the fo	k Y/N	you lost or gained w	eight in past 12 months? Y/N
1/6	Disorders or any kind of		disorder of Gastrointe	estinal System? Y/N
the Nervous Sy		Y/N • Unex	splained recurrent or por weight loss	persistent fever,
11/2	Circulatory Disorders?		you been tested for I	
Enlarged glands	or any form of Cancer/Tu	mour? Y/N	re? If yes attach repo	
Any Musculosl	keletal disorder?	Y/N • Are	you presently taking r	nedication of any kind? Y/N

DDRC agilus Pathlabs Limited.

Corp. Office: Express House, Second Floor, Opp. Pothys Silks, Banerjee Road, Kaloor -682017 Contact: 93334 93334, Web: - www.ddrcagilus.com Email: info.ddrc@agilus.in Any disorders of Urinary System?

Y/N

 Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

FOR FEMALE CANDIDATES ONLY

a. Is there any history of diseases of breast/genital organs?

d. Do you have any history of miscarriage/ abortion or MTP

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

f. Are you now pregnant? If yes, how many months?

CONFIDENTAIL COMMENTS FROM MEDICAL EXAMINER

> Was the examinee co-operative?

Is there anything about the examine's health, lifestyle that might affect him/her in the near future with regard to his/her job?

> Are there any points on which you suggest further information be obtained?

> Based on your clinical impression, please provide your suggestions and recommendations below;

are Ftb. Diefary modifichins & followe ap suggested

> Do you think he/she is MEDICALLY FIT or UNFIT for employment.

FIT

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner

NDHU GE

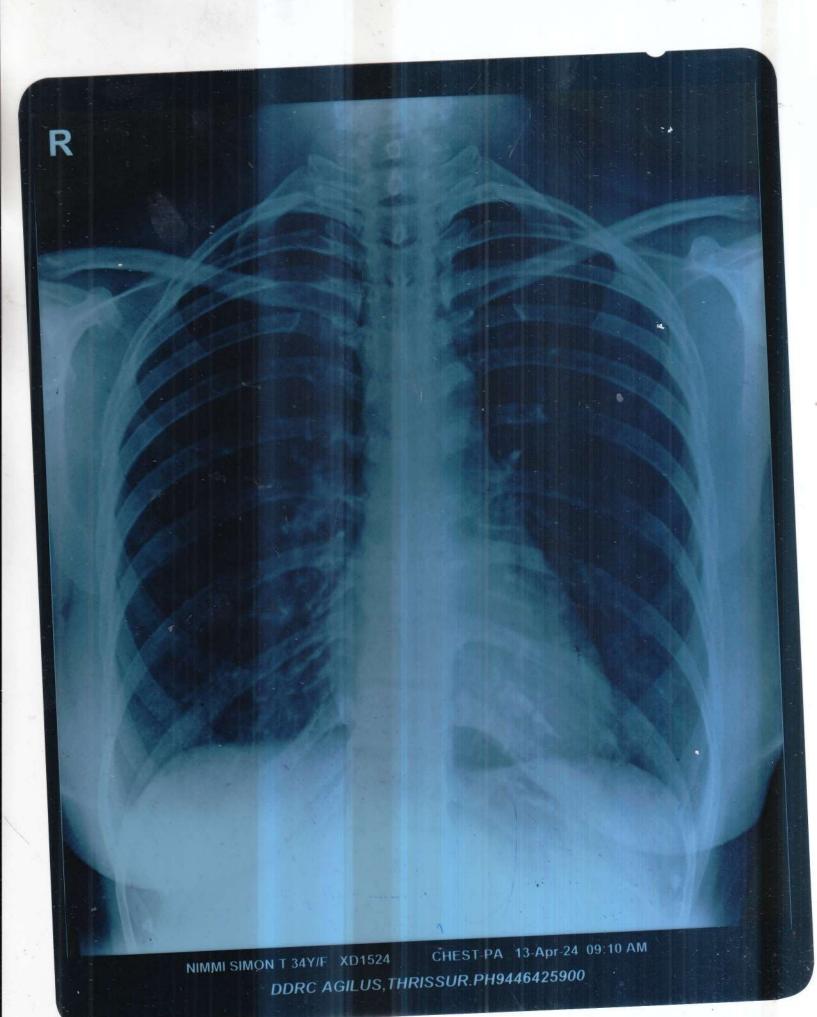
Seal of Medical Examiner

Name & Seal of DDRC SRL Branch

Date & Time

DDRC agilus Pathlabs Limited.

Corp. Office: Express House, Second Floor, Opp. Pothys Silks, Banerjee Road, Kaloor -682017 Contact :- 93334 93334, Web :- www.ddrcagilus.com Email :- info.ddrc@agilus.in





Name: NIMMI SIMON T

Date: 13.04.2024

Age/Sex: 34Y / FEMALE

CHEST X-RAY (PA View):

Trachea is central.

Cardiac shadow appears normal in size and configuration.

Both lung fields are clear.

Bilateral costophrenic and cardiophrenic angles are clear.

No focal consolidation, effusion, pulmonary edema or pneumothorax.

Both hila appear normal.

Bony thorax and soft tissues are unremarkable.

IMPRESSION:

> No significant abnormality detected.



DR. BHARATH CHANDRAN G. MBBS, MD-REG NO: 53107(TCMC) CONSULTANT RADIOLOGIST

> Dr. BHARATH CHANDRAN G MBBS, MD CONSULTANT RADIOLOGIST Reg. No.: 53107 (TCMC)



Drishyam Eye Care Hospital LLP See The World With Us



VISION CERTIFICATE

This is to certify that	MY SIMON . I .	has been
examined and results are as	s follows	
	Right Eye	Left Eye
Distant Vision	6/6 vilhglass	% w.thglass. (+0.50 Dyl x 180°
Near vision	No Bom Ger	July + 2.50 Dspl
IOP(Intra ocular pressure)	: 14.00 to	ND) 18.0~ 17
Anterior segment	: InVacaler len Cpost Catar	s Boh Gert
Fundus	CPOST Catara Normal Normal	Novad Novad
Colour Vision	: Wornel	Novnel

Doctor's Signature

13/4/24 Place:

Date

Dr. VISAYA KUMARI MBBS, DO, MMED, FRCS (Ed) SR. CONSULTANT OPHTHALMOLOGIST Reg. No. 19138

Contact: 0487 22 222 99 www.drishyameye.com info@drishyameye.com

Drishyam Eye Care Hospital LLP Opp. BSNL Office, Kovilakathumpadam, Thrissur, Kerala -680022 | Mob: +91 7025 11 11 99





Patient Name: MRS. NIMMY	Age: 34 Y	Sex: Female
Ref. Consultant :	AC No:	Date: 13.04.2024
Clinical details: Health check up		

USG ABDOMEN AND PELVIS

Liver measures 13.7 cm, normal in size and echotexture. No focal lesions seen. PV and CBD are normal in course and calibre. No dilatation of intrahepatic biliary radicals seen. Subphrenic spaces are normal.

Gall bladder is distended and appears normal.

Spleen measures 7.8 cm, normal in size and echotexture. No focal or diffuse lesions seen.

Pancreas (head & body) is normal in size and echotexture. No focal lesions seen. No duct dilatation or calcification seen. Tail is obscured.

Right kidney measures 9 x 4.3 cm. Normal in size and cortical echogenicity. Cortico medullary differentiation is maintained. No calculus or mass seen. No dilatation of pelvicalyceal system.

Left kidney measures 9 x 4.7 cm. Normal in size and cortical echogenicity. Cortico medullary differentiation is maintained. No calculus or mass seen. No dilatation of pelvicalyceal system.

Urinary bladder is distended. Wall appears normal. No calculus or mass seen.

Uterus is anteverted and measures 4 x 4.7 x 5.8 cm, normal in size and echotexture. No focal myometrial lesions. Endometrial thickness 6 mm.

Right ovary measures 2.8 x 2.2 cm. Left ovary measures 2.1 x 1.5 cm. Both ovaries are normal in size and echotexture.

No adnexal mass seen. No free fluid noted in POD.

No ascites. Upper para aortic area normal. No significant bowel wall thickening noted.

In the supraumbilical region diastasis recti is noted with the maximum separation of medial end of rectus abdominis by 4.3 cm.

IMPRESSION

> Diastasis recti as described.

Dr. BHARATH CHANDRAN G

DR.BHARATH CHANDRANG. MBBS,MD-REG NO: 53107(TCMC) CONSULTANT RADIOLOGIST

Thanks for your referral. Ultrasound reports need not be fully accurate. It has to be correlated clinically and with relevant investigations.

Reg. No.: 53107 (TCMC)









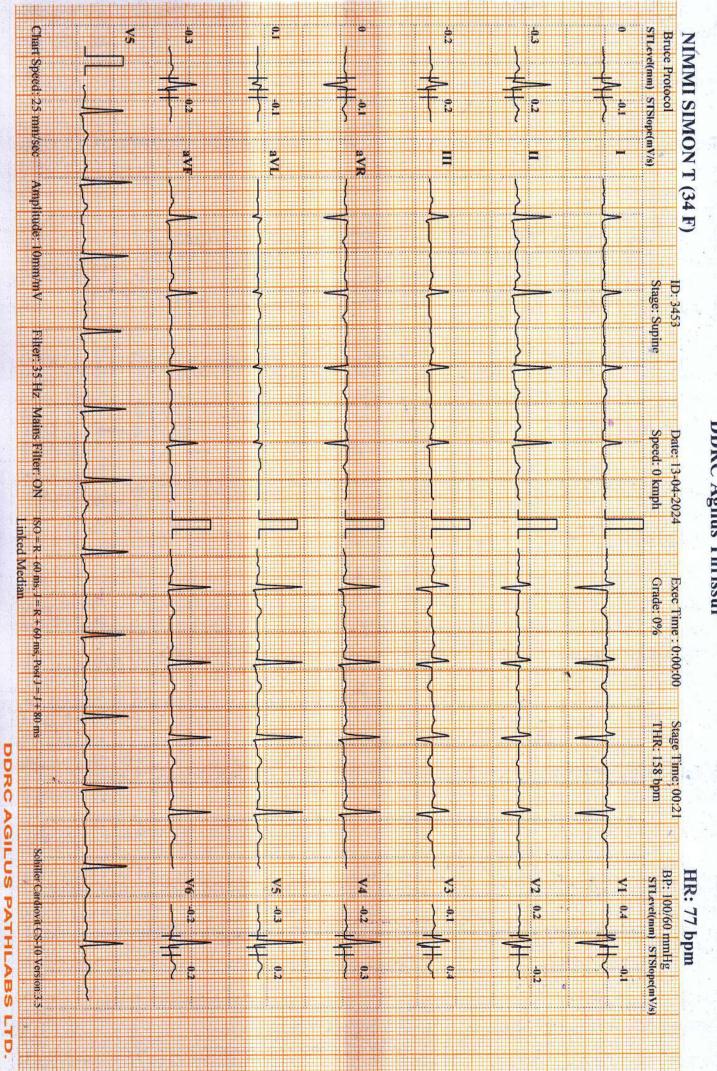


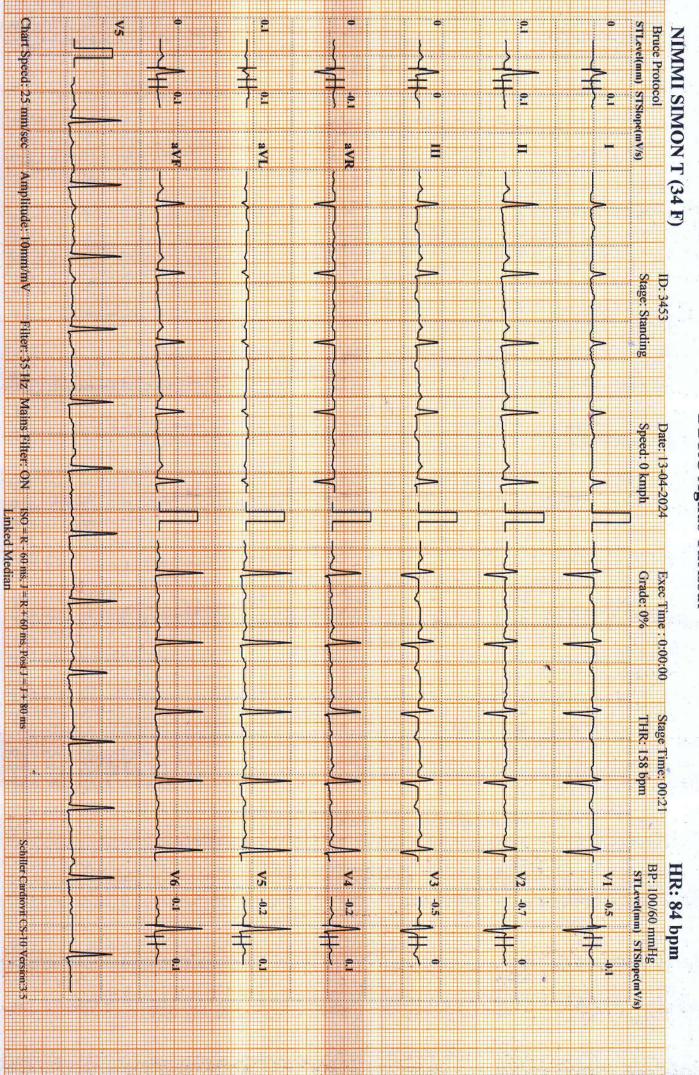




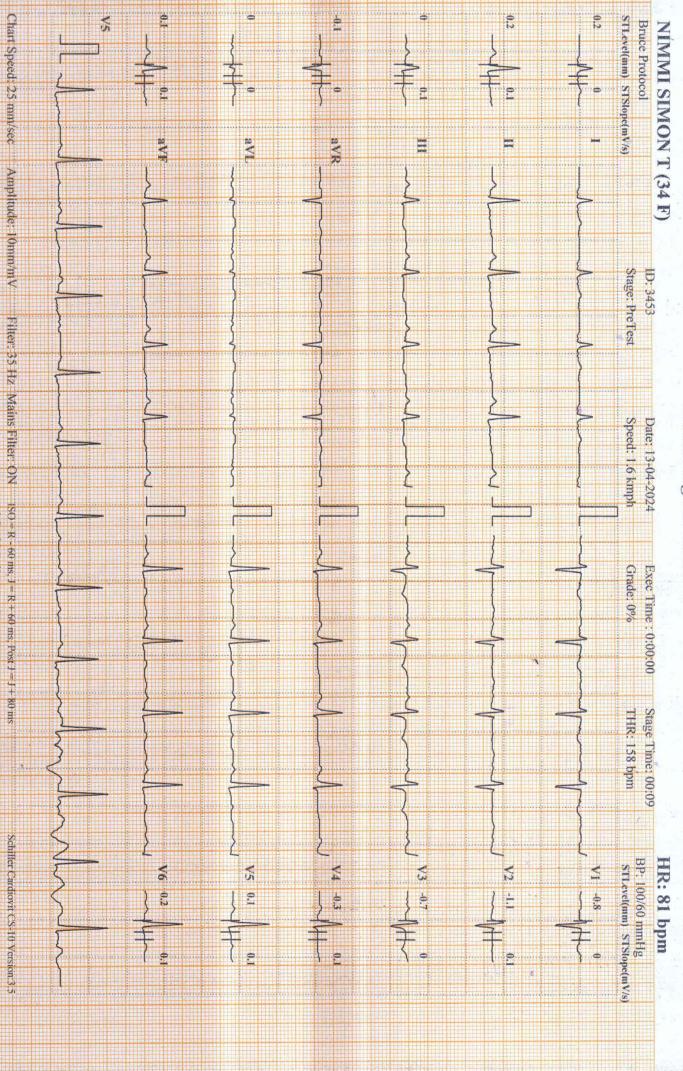
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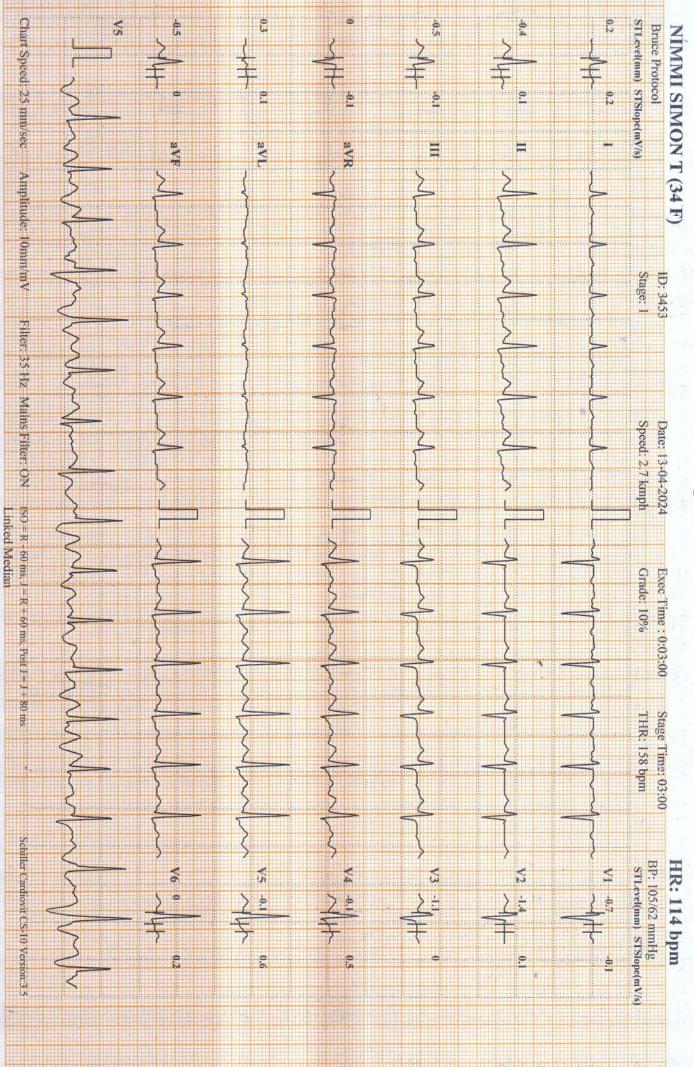


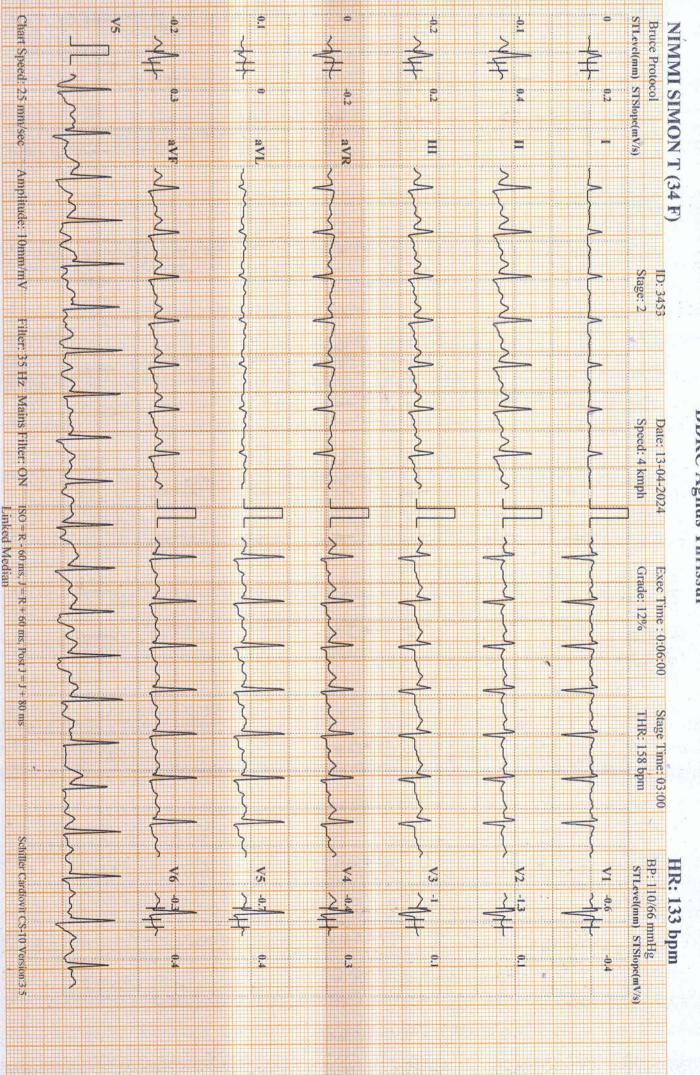
DDRC AGILUS PATHLABS LTD.



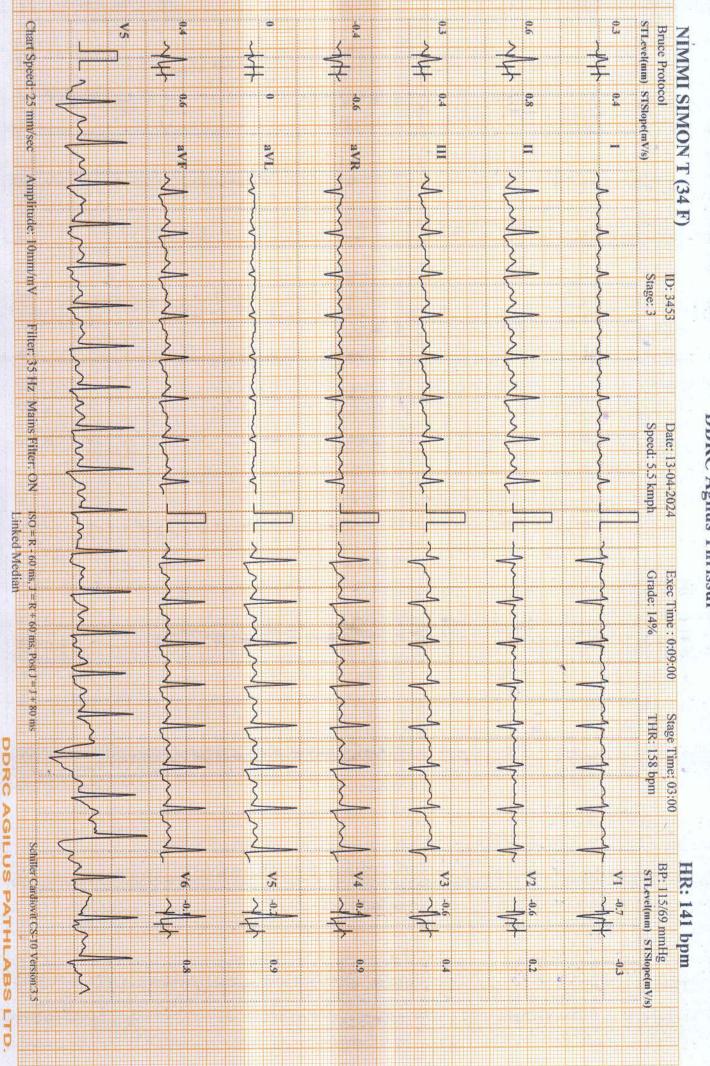
Linked Median

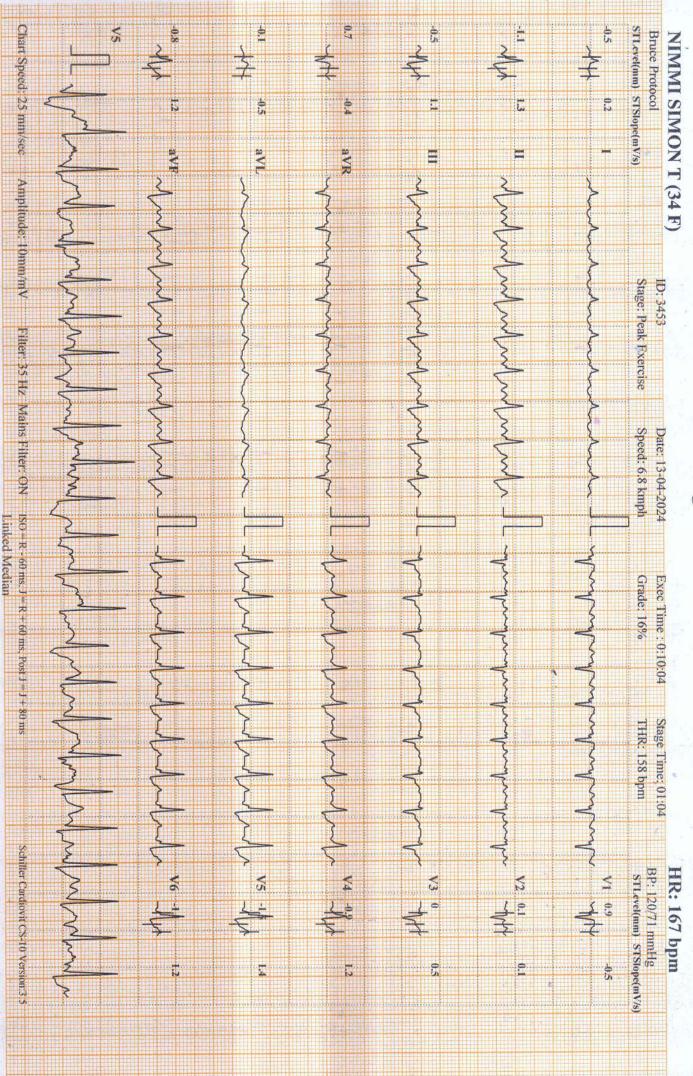
DDRC AGILUS PATHLABS LTD.



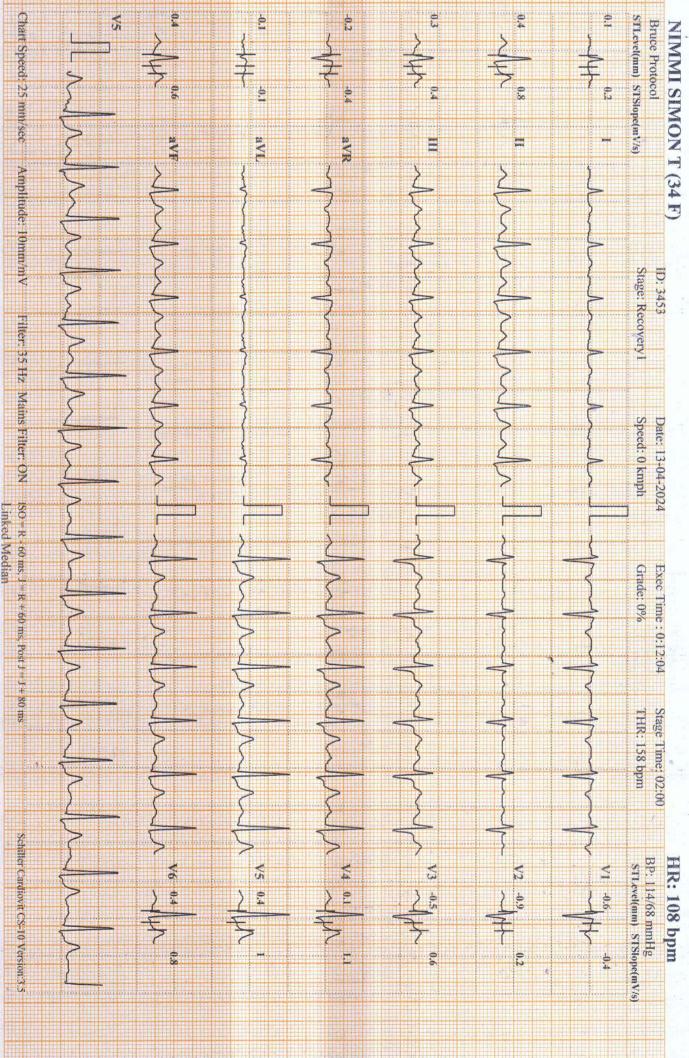


DDRC AGILUS PATHLABS LTD

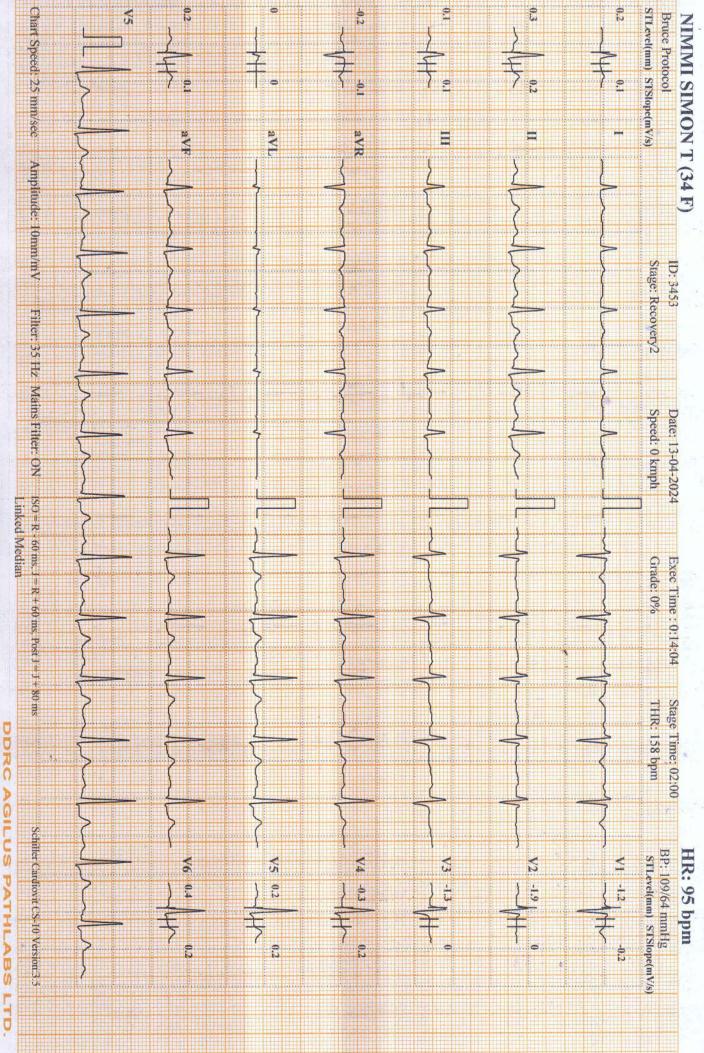


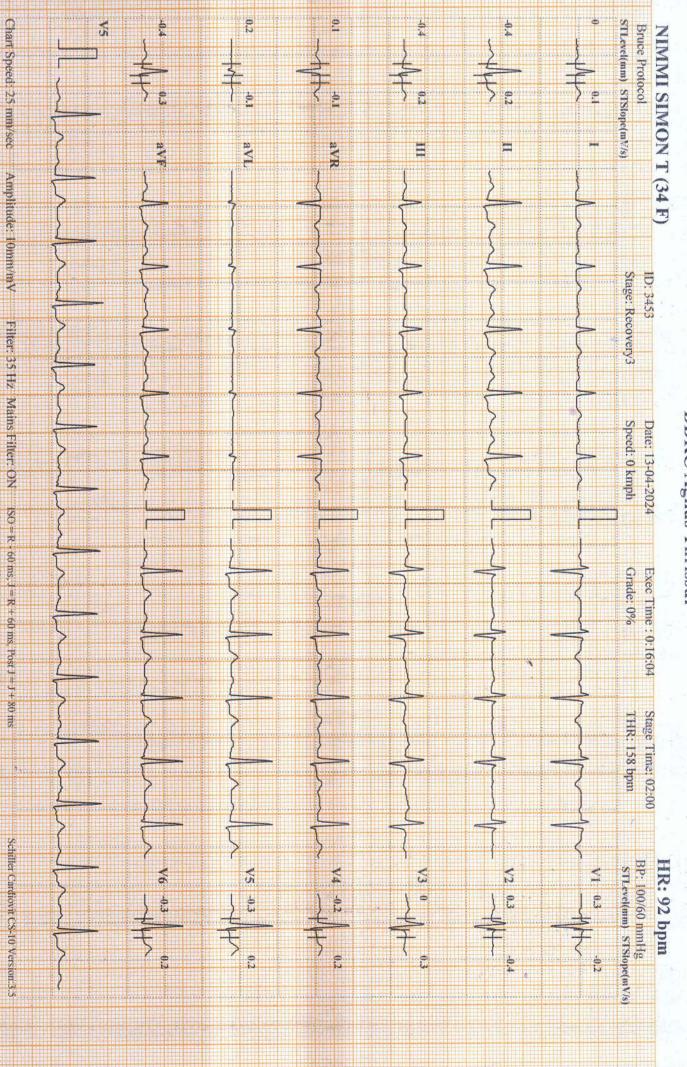


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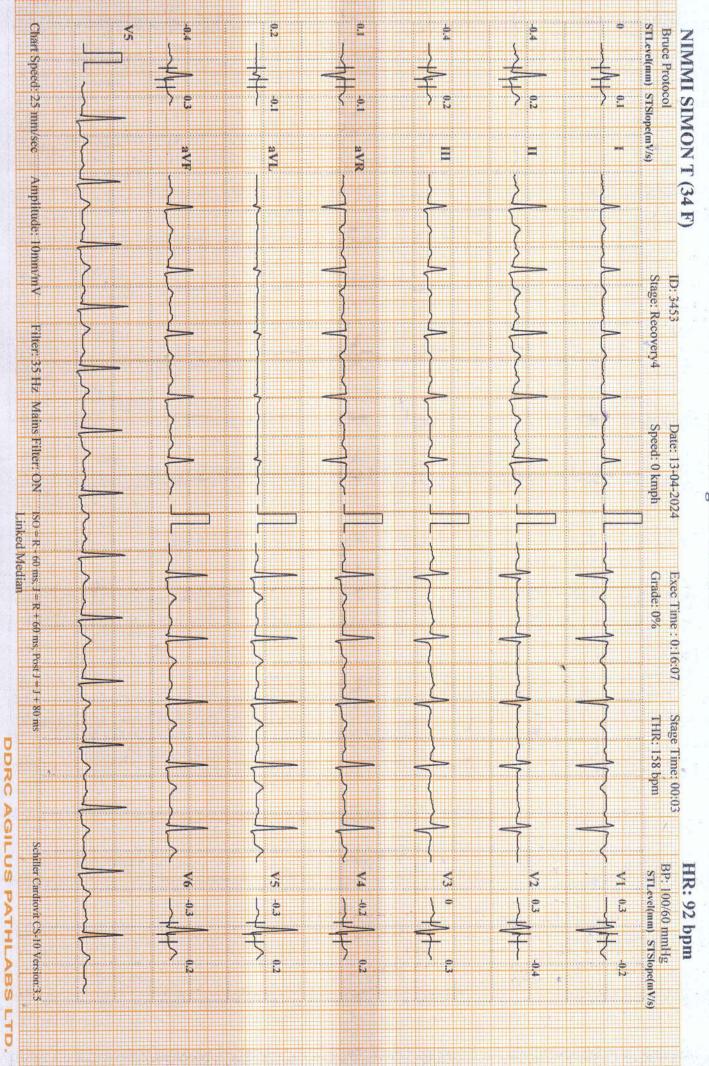
DDRC AGILUS PATHLABS LTD





Linked Median

DDRC AGILUS PATHLABS LTD.



Name: NIMMI SIMON T

Date: 13-04-2024 Time: 11:19

Age: 34

Gender: F

Height: 157 cms

Max BP x HR:

Weight: 53 Kg

ID: 3453

Clinical History:

Medications:

Test Details:

Protocol: Bruce

Predicted Max HR: 186

Target HR: 158 (85% of Pr. MHR)

Exercise Time:

Max BP:

0:10:04 120/71

Achieved Max HR: 167 (90% of Pr. MHR)

20040

Max Mets: 11.3

Test Termination Criteria:

Protocol Details:

Stage Name	Stage Time	METS	Speed	Grade %	Heart Rate	BP mmHg	RPP	Max ST Level	Max ST Slope mV/s
Supine	00:21		0	0 4	77	100/60	7700	0.4 V1	0.4 V3
Standing	00:21	ī	0	0	84	100/60	8400	-0.7 V2	0.1 I
PreTest	00:09	1	1.6	0	81	100/60	8100	-1.1 V2	0.1 II
Stage: 1	03:00	4.7	2.7	10	114	105/62	11970	-1.4 V2	0.6 V5
Stage: 2	03:00	7	4	12	133	110/66	14630	-1.3 V2	0.4 II
Stage: 3	03:00	10.1	5.5	14	141	115/69	16215	-0.7 V1	0.9 V4
Peak Exercise	01:04	11.3	6.8	16	167	120/71	20040	-1.5 V5	1.4 V5
Recoveryl	02:00	1	0	0	108	114/68	12312	-0.9 V2	1.1 V4
Recovery2	02:00	1	0	0	95	109/64	10355	-1.9 V2	0.2 11
Recovery3	02:00	1	0	0	92	100/60	9200	-0.4 II	-0.4 V2
Recovery4	00:03	i i	0	0	92	100/60	9200	-0.4 11	-0.4 V2

Interpretation

Exercised uppo commutes y second manyone of anyone

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Ref. Doctor: ---

Dr. PRAMOD. V. K. MD (Medicine), DM (Card) Reg. No: 27263 Consultant Cardiologis

Doctor: ---

The Art of Diagnostics

ISWINI HOSPITAL, THRISSIN Mah: 9447524800

(Summary Report edited by User) Cardiovit CS-10 Version:3.5