

Name : Mr. RAJ KUMAR JAISWAL

Age: 38 Y

Sex: M

UHID: CMYS.0000060294

OP Number: CMYSOPV124000

Bill No: CMYS-OCR-22880

Date: 29.03.2024 09:57

Address: MYSORE

Plan: ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP AGREEMENT

Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324	
1	GAMMA GLUTAMYL TRANSFERASE (GGT)	
2	D ECHO → P	
3	LIVER FUNCTION TEST (LFT)	
4	GLUCOSE, FASTING	
5	HEMOGRAM + PERIPHERAL SMEAR	
6	DIET CONSULTATION → P	
7	COMPLETE URINE EXAMINATION	
8	URINE GLUCOSE(POST PRANDIAL)	
9	PERIPHERAL SMEAR	
10	ECG	
11	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	test - 85.8
12	DENTAL CONSULTATION	
13	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	Hk - 168
14	URINE GLUCOSE(FASTING)	
15	HbA1c, GLYCATED HEMOGLOBIN	BP - 110/80
16	X-RAY CHEST PA	
17	ENT CONSULTATION → P	
18	FITNESS BY GENERAL PHYSICIAN → P	
19	BLOOD GROUP ABO AND RH FACTOR	
20	LIPID PROFILE	
21	BODY MASS INDEX (BMI)	
22	OPHTHAL BY GENERAL PHYSICIAN	
23	ULTRASOUND - WHOLE ABDOMEN → P	
24	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Raj Kumar Jainwal on 29-3-24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> Medically Fit 	✓
<ul style="list-style-type: none"> Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> Currently Unfit. <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> Unfit 	

Dr. [Signature]
Medical Officer
The Apollo Clinic, Mysore.

Apollo Health and Lifestyle Limited

ICR No. UB1110TQ2000PLC1158191
Apollo Clinic - 1, 10-62 62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
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Online appointments: www.apolloclinic.com

Apollo Clinic
#23, 1st Floor,
Rajdasa Road, Mysore - 02
Ph : 0821-4006040
TO BOOK AN APPOINTMENT
1860 500 7788

Date : 29-03-2024
MR NO : CMYS.0000060294

Department : GENERAL
Doctor : ROHITH. H. K.

Name : Mr. RAJ KUMAR JAISWAL

Registration No :

Age/ Gender : 38 Y / Male

Qualification :

Consultation Timing: 09:56

Height : 168	Weight : 85.8	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/80

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Pt came for Annual Health Check up
No fresh complaints
No h/o DM, HTN



Follow up date :

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 29-03-2024

Department : GENERAL

MR NO : CMYS.0000060294

Doctor :

Name : Mr. RAJ KUMAR JAISWAL

Registration No : *Dr Pradeep Kumar*

Age/ Gender : 38 Y / Male

Qualification : *MSc*

Consultation Timing: 09:56

Height: <i>168</i>	Weight: <i>85.8</i>	BMI: <i>30.5</i>	Waist Circum: <i>110/30</i>
Temp: <i>37.5</i>	Pulse: <i>72</i>	Resp: <i>16</i>	BP: <i>110/80</i>

General Examination/
Allergic History

Clinical Diagnosis & Management Plan

Come for malar. weekly check

Ear bilateral PM @

NOE - ward mono @

med cavity in oropharynx @

new @

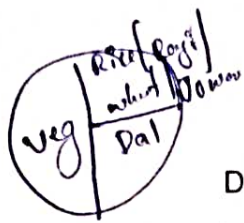
Az heard

flc

Follow up date :

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41



Date : 29-03-2024
 MR NO : CMYS.0000060294

Department : GENERAL Dietetic
 Doctor : Madhura . P . P

Name : Mr. RAJ KUMAR JAISWAL

Registration No :

Age/ Gender : 38 Y / Male

Qualification : M.Sc Nutrition & Dietetic
 PhD

Consultation Timing: 09:56

TBW - 68kg

Height : 168	Weight : 85.8	BMI : 30 kg/m ²	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/50

General Examination /
 Allergies History

Clinical Diagnosis & Management Plan

Total cholesterol - 219
 HDL - 35
 Non HDL - 184
 LDL - 163.85
 Cholesterol/HDL - 6.30

Δ^{stc} - Grade I fatty liver
 → Advised low fat diet with fiber rich foods.
 → Dietary guideline chart is given.

Follow up date :

Doctor Signature

Apollo Clinic
 # 23, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph : 0821-4006040/41

29/3/2024

Date : 29-03-2024
MR NO : CMYS.0000060294

Department : GENERAL [dental]
Doctor :

Name : Mr. RAJ KUMAR JAISWAL
Age/ Gender : 38 Y / Male

Registration No :
Qualification :

Consultation Timing: 09:56

168

85,8

110/80

dB

Ca-H SE-H

Adv: - oral prophylaxis

+ 8

Horizontal Impaction noted

Adv: - extraction

Dr. Jyothika

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 29-03-2024 Department : GENERAL (opthal)
 MR NO : CMYS.0000060294 Doctor :
 Name : Mr. RAJ KUMAR JAISWAL Registration No :
 Age/ Gender : 38 Y / Male Qualification :

Consultation Timing: 09:56

Height : 168	Weight : 85.5	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/80

General Examination /
Allergies History


-NO-

Clinical Diagnosis & Management Plan

Not wearing spectacle.
 No fresh complaints.
 Not on any treatment.
 No HTN DM LFTN.

vision	(R)	(L)
Far	N6	N6
Near	6/6	6/6
colour	(N)	(N)

Follow up date :

Doctor Signature 

Apollo Clinic
 # 23, 1st Floor,
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Regular Eye checks.

Patient Name	: Mr. RAJ KUMAR JAISWAL	Age	: 38 Y M
UHID	: CMYS.0000060294	OP Visit No	: CMYSOPV124000
Reported on	: 29-03-2024 15:38	Printed on	: 29-03-2024 15:39
Adm/Consult Doctor	:	Ref Doctor	: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .
No obvious active pleuro-parenchymal lesion seen .
Both costophrenic and cardiophrenic angles are clear .
Both diaphragms are normal in position and contour .
Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY .

Printed on:29-03-2024 15:38

---End of the Report---



Dr. CHETAN HOLEPPAGOL
MBBS, DNB(RADIO DIAGNOSIS)
Radiology

Apollo Health and Lifestyle Limited

(CIN: U65110TG2000PLC115819)

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TO BOOK AN APPOINTMENT

 **1860 500 778**

Patient's Name : Mr. RAJ KUMAR JAISWAL	Age & Sex; 38Yrs /Male
Date : 29.03.2024	UHID No:0060294

2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal chambers and valves
- No regional wall motion abnormality
- Normal left ventricular systolic function. EF 66 %
- No clots. No pericardial effusion

Findings

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

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TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient's Name : Mr. RAJ KUMAR JAISWAL	Age & Sex: 38YRS / Male
Date : 29.03.2024	UHID No:0060294

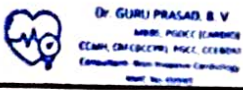
Measurements

AO : 2.6 cm
 LA : 2.6 cm

 RV : 2.2 cm
 LVIDd 4.44 cm
 LVIDs : 2.81 cm
 IVSd : 0.90 cm
 IVSs : 1.36 cm
 PWd : 0.90 cm
 PWs : 1.31 cm
 EF : 66.0 %
 FS : 36.0 %

Doppler
 MV TV AV PV
 E 0.78 m/s E --- m/s V max 0.74 m/s V max 0.86 m/s
 :
 A: 0.62 m/s A --- m/s

Dr. GURU PRASAD. B. V, MBBS, PGDCC
CONSULTANT – NON-INVASIVE CARDIOLOGY



Apollo Health and Lifestyle Limited
 (CIN: U85110TG2000PLC115810)
 Regd. Office: 1-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
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TO BOOK AN APPOINTMENT
1860 500 7788

Patient Name: Mr. RAJ KUMAR JAISWAL	Date: 29.03.2024	Referring Doctor: Self
Age / Sex :38yrs /Male	UHID :0060294	
ULTRASONOGRAPHY – ABDOMEN & PELVIS		

LIVER: It is normal in size and shows increased echogenicity. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is distended and normal. No evidence of calculi.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It measures 9.9cm with parenchymal thickness of 1.3 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 10.1cm with parenchymal thickness of 1.3 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

PROSTATE: It is normal in size, outline and echotexture.

No e/o free fluid in the abdomen.

IMPRESSION:

- Grade 1 fatty liver.
- Otherwise normal study.


Dr. Raghuveer Subhas Prasad, DNB
Consultant Radiologist.

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TO BOOK AN APPOINTMENT

 **1860 500 7788**

MR RAJKUMAR JAISWAL

Male 38Years

168cm 85kg 110/80 mmHg

Diagnosis Information:

Unconfirmed Report.

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