

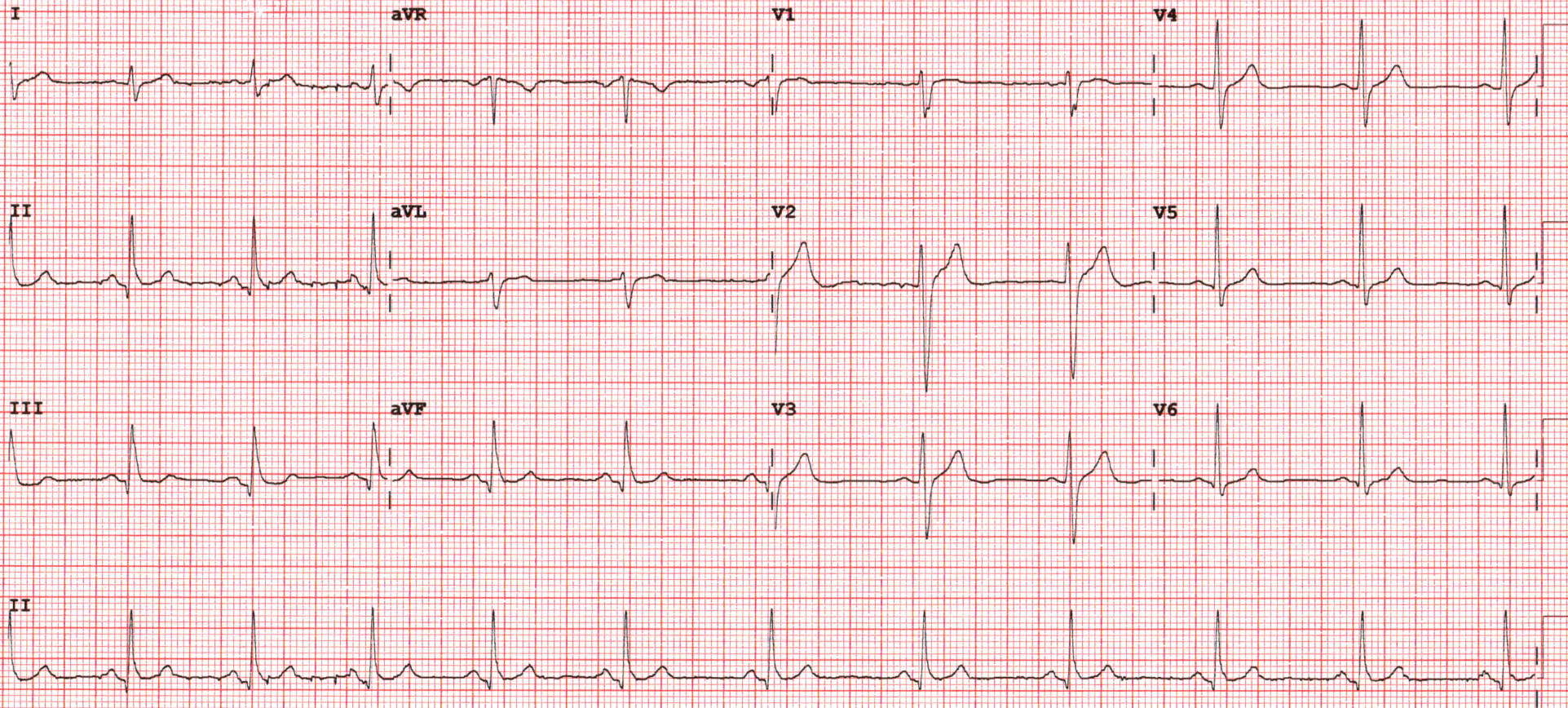
39 Years

Rate 68  
PR 156  
QRSD 108  
QT 364  
QTc 388

--AXIS--

P 68  
QRS 90  
T 46

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

PH09

P?



## **2D-ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT**

**NAME: SANUP KURUP**

**AGE/SEX: 39 YRS/MALE**

**DATE: 23/03/2024**

**REF BY: DIRECT**

### **OBSERVATION:**

- NORMAL LV SIZE AND NORMAL LV SYSTOLIC FUNCTION. LVEF = 60% (VISUAL).
- NO RWMA AT REST.
- GRADE I LV DIASTOLIC DYSFUNCTION.
- TRIVIAL MR. NO MS.
- NO AR. NO AS.
- TRIVIAL TR. NO PAH.
- NORMAL SIZED LA, RA & RV WITH NORMAL RV SYSTOLIC FUNCTION.
- NORMAL SIZED MPA, RPA & LPA.
- IAS : THIN, INTACT IVS.
- NO E/O INTRACARDIAC CLOT/VEGETATION/PE.
- NORMAL IVC.
- NORMAL PERICARDIUM.

**LA: 30MM**

**AO: 26MM**

**IVS: 09/11MM**

**LVPW: 10/12MM**

**LVID: 41/25MM**

### **CONCLUSION:**

- NORMAL LV/RV SIZE AND SYSTOLIC FUNCTION.
- NO RWMA AT REST.
- LVEF = 60% (VISUAL).

**DR.NIRAV BHALANI**  
[CARDIOLOGIST]

**DR.ARVIND SHARMA**  
[CARDIOLOGIST]



**PATIENT NAME: SANUP JAI KRISHNA KURUP**

**AGE/SEX: 39 YRS/M**

**DATE: Saturday, 23 March 2024**

**CHEST X-RAY (PA)**

Both lung fields appear normal.

Both hila appear normal

Bilateral costo-phrenic angles appear grossly clear

Mediastinum and cardiac shadow appear normal

Bony thorax appears unremarkable

No evidence of free gas under domes of diaphragm

**IMPRESSION:**

- NO SIGNIFICANT ABNORMALITY NOTED IN LUNG FIELDS
- NORMAL CARDIAC SHADOW

**DR SHARAD RUNGTA (MD & DNB)**  
**CONSULTANT RADIOLOGIST**

*Not all pathologies can be detected on ultrasound in each scan. Further radiographic evaluation is suggested if required.*



**PATIENT NAME: SANUP JAI KRISHNA KURUP**

**AGE/SEX: 39 YRS/M**

**DATE: Saturday, 23 March 2024**

**ULTRASOUND OF ABDOMEN & PELVIS**

**LIVER** appears normal in size and shows normal parenchymal echogenicity. No evidence of focal lesion. No evidence of dilated IHBR or portal vein. CBD appears normal.

**GALL BLADDER** is distended. No e/o wall thickening, pericholecystic edema or calculus within.

**VISUALIZED PART OF PANCREAS** appears normal. MPD is WNL.

**SPLEEN** appears normal in size and shows normal parenchymal echogenicity. No evidence of focal lesion.

**BOTH KIDNEYS** appear normal in size and position.

Show normal cortical echogenicity. Corticomedullary differentiation is maintained.  
No calculus or hydronephrosis on either side.

**URINARY BLADDER** is full. Mucosal surface appears smooth with no e/o obvious wall thickening or calculus within.

**PROSTATE** appears normal in size. No evidence of focal lesion noted.

**BOWEL LOOPS** appear normal and show normal peristalsis

No evidence of LYMPHADENOPATHY noted.

No evidence of ASCITES or PLEURAL EFFUSION noted.

**IMPRESSION:**

- **NO SIGNIFICANT ABNORMALITY NOTED IN PRESENT SCAN.**

  
**DR SHARAD RUNGTA (MD & DNB)**  
**CONSULTANT RADIOLOGIST**

*Not all pathologies can be detected on ultrasound in each scan. Further radiographic evaluation is suggested if required.*





Patient Name : Sanup Jai Kishan Kurup

Sample No. : 20240314618



Patient ID : 20240309095

Visit No. : OPD20240328991

Age / Sex : 39y/Male

Call. Date : 23/03/2024 09:39

Consultant : DR SAURABH JAIN

S. Coll. Date : 23/03/2024 11:25

Ward : -

Report Date : 23/03/2024 17:27

### CBC, ESR

| Investigation          | Result                      | Normal Value                       |
|------------------------|-----------------------------|------------------------------------|
| Hemoglobin :           | 15.2 gm/dl                  | 13.5 to 18.0 gm/dl                 |
| P.C.V. :               | 46.1 %                      | 42.0 to 52.0 %                     |
| M.C.V. :               | 88.7 fL                     | 78 to 100 fL                       |
| M.C.H. :               | 29.2 pg                     | 27 to 31 pg                        |
| M.C.H.C. :             | 33 g/dl                     | 32 to 36 g/dl                      |
| RDW :                  | 12.6 %                      | 11.5 to 14.0 %                     |
| RBC Count :            | 5.2 X 10 <sup>6</sup> /cumm | 4.7 to 6.0 X 10 <sup>6</sup> /cumm |
| Polymorphs :           | 66 %                        | 38 to 70 %                         |
| Lymphocytes :          | 30 %                        | 15 to 48 %                         |
| Eosinophils :          | 2 %                         | 0 to 6 %                           |
| Monocytes :            | 2 % [L]                     | 3 to 11 %                          |
| Basophils :            | 0 %                         | 0.0 to 1.0 %                       |
| Total :                | 100                         | < 100<br>> 100                     |
| WBC Count :            | 6600 /cmm                   | 4000 to 10000 /cmm                 |
| Platelets Count :      | 241000 /cmm                 | 1,50,000 to 4,50,000 /cmm          |
| ESR - After One Hour : | 5 mm/hr                     | 1 to 13 mm/hr                      |

Dr. Mehul Desai  
M.B.D.C.P  
Reg.No.G-9521



|                       |                        |                        |  |
|-----------------------|------------------------|------------------------|--|
| <b>Patient Name :</b> | Sanup Jai Kishan Kurup | <b>Sample No. :</b>    | 20240314618<br> |
| <b>Patient ID :</b>   | 20240309095            | <b>Visit No. :</b>     | OPD20240328991   |
| <b>Age / Sex :</b>    | 39y/Male               | <b>Call. Date :</b>    | 23/03/2024 09:39   |
| <b>Consultant :</b>   | DR SAURABH JAIN        | <b>S. Coll. Date :</b> | 23/03/2024 11:25   |
| <b>Ward :</b>         | -                      | <b>Report Date :</b>   | 23/03/2024 17:27   |

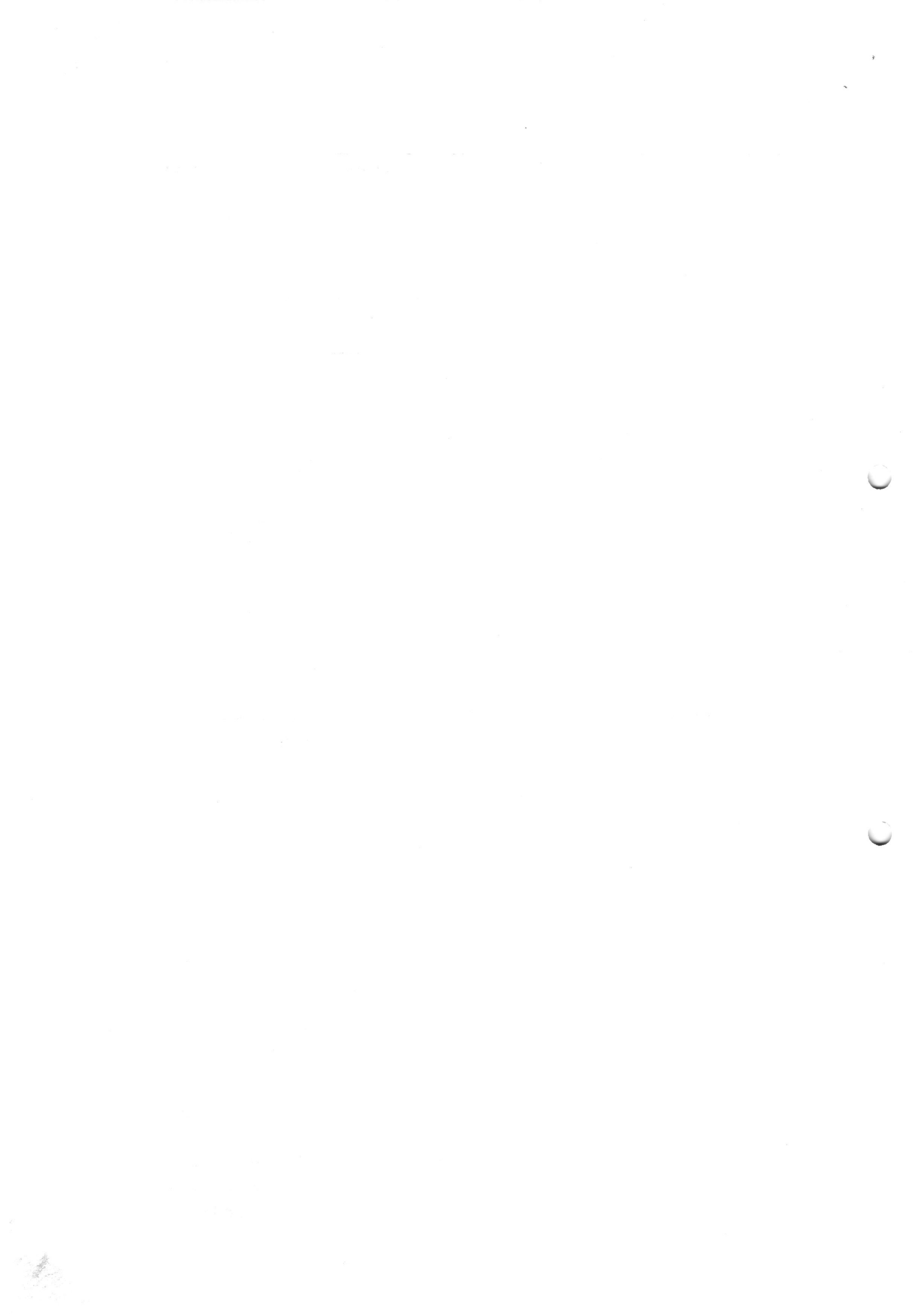
### Blood Group

| Investigation        | Result   | Normal Value |
|----------------------|----------|--------------|
| <b>BLOOD GROUP :</b> |          |              |
| <b>ABO</b>           | O        |              |
| <b>Rh</b>            | Positive |              |

### RENAL FUNCTION TEST


| Investigation       | Result    | Normal Value    |
|---------------------|-----------|-----------------|
| <b>Creatinine :</b> | 0.9 mg/dl | 0.6 - 1.4 mg/dl |
| <b>Urea :</b>       | 24 mg/ dl | 13 - 45 mg/dl   |
| <b>Uric Acid :</b>  | 6 mg/dl   | 3.5 - 7.2 mg/dl |
| <b>Calcium :</b>    | 8.1 mg/dl | 8.5 - 10.5      |

**Dr.Mehul Desai**  
**M.B.D.C.P**  
**Reg.No.G-9521**







|                       |                        |                        |  |
|-----------------------|------------------------|------------------------|--|
| <b>Patient Name :</b> | Sanup Jai Kishan Kurup | <b>Sample No. :</b>    | 20240314618<br> |
| <b>Patient ID :</b>   | 20240309095            | <b>Visit No. :</b>     | OPD20240328991   |
| <b>Age / Sex :</b>    | 39y/Male               | <b>Call. Date :</b>    | 23/03/2024 09:39   |
| <b>Consultant :</b>   | DR SAURABH JAIN        | <b>S. Coll. Date :</b> | 23/03/2024 11:25   |
| <b>Ward :</b>         | -                      | <b>Report Date :</b>   | 23/03/2024 17:27   |

### Lipid Profile

| Investigation            | Result         | Normal Value  |
|--------------------------|----------------|---|
| Sample :                 | Fasting        |   |
| Sample Type :            | Normal         |   |
| Cholesterol (Chol) :     | 150 mg/dl      | Low risk : < 200<br>Moderate risk : 200 - 239<br>High risk : > or = 240                                 |
| Triglyceride :           | 80 mg/dl       | Normal : < 200.0<br>High : 200 - 499<br>Very High : > or = 500  |
| HDL Cholesterol :        | 37 mg/dl [ L ] | Low risk: >or = 60 mg/dL<br>High risk : Up to 35 mg/dL  |
| LDL :                    | 97 mg/dl [ L ] | 131.0 to 159.0(N)<br>< 130.0(L)<br>> 159.0(H)   |
| VLDL :                   | 16 mg/dl       | Up to 0 to 34 mg/dl   |
| LDL/HDL Ratio :          | 2.62           | Low risk : 0.5 to 3.0<br>Moderate risk : 3.0 to 6.0<br>Elevted level high > 6.0                         |
| Total Chol / HDL Ratio : | 4.05           | Low Risk : 3.3 to 4.4<br>Average Risk : 4.4 to 7.1<br>Moderate Risk : 7.1 to 11.0<br>High Risk : > 11.0 |
| Total Lipids :           | 567 mg/dl      | 400 to 700 mg/dl  |

**Note :-** Lipemic samples give high triglyceride value and falsely low LDL value.

**Dr.Mehul Desai**  
**M.B.D.C.P**  
**Reg.No.G-9521**



Patient Name : Sanup Jai Kishan Kurup

Sample No. : 20240314618



Patient ID : 20240309095

Visit No. : OPD20240328991

Age / Sex : 39y/Male

Call. Date : 23/03/2024 09:39

Consultant : DR SAURABH JAIN

S. Coll. Date : 23/03/2024 11:25

Ward : -

Report Date : 23/03/2024 17:27

### LFT (Liver Function Test)

| Investigation                | Result     | Normal Value     |
|------------------------------|------------|------------------|
| Total Bilirubin :            | 0.5 mg/dl  | 0.2 to 1.0 mg/dl |
| Direct Bilirubin :           | 0.2 mg/dl  | 0.0 to 0.2 mg/dl |
| Indirect Bilirubin :         | 0.3 mg/dl  | 0.0 to 0.8 mg/dl |
| AST (SGOT) :                 | 17 U/L     | 5 to 34 U/L      |
| ALT (SGPT) :                 | 11 U/L     | 0 to 55 U/L      |
| Total Protein (TP) :         | 6 g/dL [L] | 6.4 to 8.3, g/dl |
| Albumin (ALB) :              | 3.9 g/dl   | 3.5 to 5.2 g/dl  |
| Globulin :                   | 2.1 g/dl   | 2.3 to 3.5 g/dl  |
| A/G Ratio :                  | 1.86       |                  |
| Alkaline Phosphatase (ALP) : | 85 U/L     | 40 to 150 U/L    |
| GAMMA GT. :                  | 25 U/L     | 7 to 35 U/L      |

Dr. Mehul Desai  
M.B.D.C.P  
Reg.No.G-9521



|  |   |
|--|---|
| <b>Patient Name :</b> Sanup Jai Kishan Kurup | <b>Sample No. :</b> 20240314618<br>     |
| <b>Patient ID :</b> 20240309095              | <b>Visit No. :</b> OPD20240328991       |
| <b>Age / Sex :</b> 39y/Male                  | <b>Call. Date :</b> 23/03/2024 09:39    |
| <b>Consultant :</b> DR SAURABH JAIN          | <b>S. Coll. Date :</b> 23/03/2024 11:25 |
| <b>Ward :</b> -                              | <b>Report Date :</b> 23/03/2024 17:27   |

### Urine R/M

| Investigation      | Result      | Normal Value |
|--------------------|-------------|--------------|
| Quantity - :       | 20 ml       |              |
| Colour - :         | Pale Yellow |              |
| Reaction (pH) :    | 6.0         | 4.6-8.0      |
| Turbidity :        | Clear       |              |
| Deposit :          | Absent      | Absent       |
| Sp.Gravity :       | 1.020       | 1.005-1.010  |
| Protein :          | Absent      | Absent       |
| Glucose :          | Absent      | Absent       |
| Bile Salts :       | Absent      | Absent       |
| Bile pigments :    | Absent      | Absent       |
| Ketones :          | Absent      | Absent       |
| Urobilinogen :     | Absent      |              |
| Blood :            | Absent      | Absent       |
| Pus Cells :        | Absent /hpf | 0-5/hpf      |
| Red Blood Cells :  | Absent /hpf | Absent       |
| Epithelial Cells : | 0-1 /hpf    |              |

**Dr.Mehul Desai**  
**M.B.D.C.P**  
**Reg.No.G-9521**



Unipath Specialty Laboratory (Baroda) LLP - Platinum Complex, Opp. HDFC Bank, Nr. Radha Krishna char rasta, Akota, Vadodara - 390020  
 Unipath Specialty Laboratory (Baroda) LLP - Platinum Complex, Opp. HDFC Bank, Nr. Radha Krishna char rasta, Akota, Vadodara - 390020  
 Mobile: 7228800500 / 8155028222 | Email: info.baroda@unipathllp.in  
 Home Visit / OPD Reception : 9998724579



TEST REPORT

Reg. No. : 40301014681      Reg. Date : 23-Mar-2024 12:13      Collected On : 23-Mar-2024 12:13  
 Name : Mr. SANUP KURUP      Approved On : 23-Mar-2024 13:21  
 Age : 39 Years      Gender : Male      Ref. No. :      Dispatch At :  
 Ref. By :      Tele No. :  
 Location : SAVITA SUPERSPECIALTY HOSPITAL @ WAGHODIYA ROAD

| Test Name                                     | Results | Units  | Bio. Ref. Interval |
|---|---------|--------|--------------------|
| <b>THYROID FUNCTION TEST</b>                  |         |        |                    |
| T3 (triiodothyronine)<br><i>Method: CLIA</i>  | 1.26    | ng/mL  | 0.6 - 1.81         |
| T4 (Thyroxine)<br><i>Method: CLIA</i>         | 8.10    | µg/dL  | 4.5 - 12.6         |
| TSH ( ultra sensitive)<br><i>Method: CLIA</i> | 2.249   | µIU/mL | 0.55 - 4.78        |
| Sample Type: Serum                            |         |        |                    |

**Comments:**  
 Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

- TSH levels During Pregnancy :**
- First Trimester : 0.1 to 2.5 µIU/mL
  - Second Trimester : 0.2 to 3.0 µIU/mL
  - Third trimester : 0.3 to 3.0 µIU/mL

Reference : Carl A. Burtis, Edward R. Ashwood, David E. Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Edition. Philadelphia: WB Saunders, 2012: 2170

----- End Of Report -----


This is an electronically authenticated report.      Test done from collected sample.

Printed On: 23-Mar-2024 13:21

We are open 24 x 7 & 365 days

**Dr. Vishal Jhaveri**  
 M.B.B.S, D.C.P  
 Reg. G-13041  
 LLP Identification Number: AAN-8932  
 Page 1 of 1



|  |   |
|--|---|
| <b>Patient Name :</b> Sanup Jai Kishan Kurup | <b>Sample No. :</b> 20240314618   |
| <b>Patient ID :</b> 20240309095              |  |
| <b>Age / Sex :</b> 39y/Male                  | <b>Visit No. :</b> OPD20240328991   |
| <b>Consultant :</b> DR SAURABH JAIN          | <b>Call. Date :</b> 23/03/2024 09:39  |
| <b>Ward :</b> -                              | <b>S. Coll. Date :</b> 23/03/2024 11:25   |
|  | <b>Report Date :</b> 23/03/2024 19:38   |

### FBS & PPBS

| Investigation           | Result    | Normal Value    |
|-------------------------|-----------|-----------------|
| Blood Sugar (FBS) :     | 102 mg/dl | 74 - 100 mg/dl  |
| Urine Sugar ( FUS ) :   | Nil       |                 |
| Blood Sugar (PP2BS) :   | 95 mg/dl  | 70 to 120 mg/dl |
| Urine Sugar ( PP2US ) : | Nil       |                 |

### HBA1C

| Investigation                             | Result | Normal Value  |
|---|--------|---|
| Glycosylated Hb :                         | 5.8 %  | Near Normal Glycemia : 6 to 7<br>Excellent Control : 7 to 8<br>Good Control : 8 to 9<br>Fair Control : 9 to 10<br>Poor Control : > 10 |
| Average Plasma Glucose of Last 3 Months : | 119.76 |   |

**Dr.Mehul Desai**  
M.B.D.C.P  
Reg.No.G-9521



## Examination by Ophthalmologist

Name: SANUP JAI KISHAN KURUP

Reg. No: 20240309095

Age/ Sex: 39/MALE

DOE: 23/03/2024

Routine check up

### Medical History:

Nil

### Examination of Eye:

Right

LEFT

External Examination:

(N)

(N)

Anti seg Examination:

(N)

(N)

Schiot Tonometry IOP:

14

12

Fundus:

(N)

(N)

Without Glass Distant Vision:

6/12

5/18

Near Vision:

N/6

N/6

With Glass Distant Vision:

6/6

6/6

Near Vision:

N/6

N/6

Colour Vision (With Ishihara Chart):

(N)

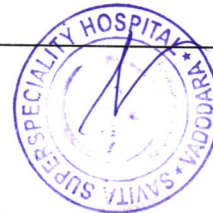
(N)

### Impression:

Normal

### Advice:

Signature: \_\_\_\_\_





### Examination by Physician

Name: SANUP JAI KISHAN KURUP

Reg. No: 20240309095

Age/ Sex: 39/MALE

DOE: 23/03/2024

#### Physical Examination

Height: 168 cm Weight: 70 kg BMI: 24.80

Temperature: Norm Pulse: 100 BP: 130/80

*SpO2 - 97-1.*

#### Chief Complaints:

No complaints

#### Past History:

NAD

#### Examination:

General Examination:

NAD

Systemic Examination:

NAD

#### Investigation:

RBS \_\_\_\_\_

ECG \_\_\_\_\_

Others \_\_\_\_\_

Advice: ✓

T. Pan - MR 1-0-0 x 3 days flb sos.

Signature \_\_\_\_\_



**SUGGESTIVE LIST OF MEDICAL TESTS**

| <b>FOR MALE</b>                     | <b>FOR FEMALE</b>   |
|-------------------------------------|---|
| CBC                                 | CBC   |
| ESR                                 | ESR   |
| Blood Group & RH Factor             | Blood Group & RH Factor   |
| Blood and Urine Sugar Fasting       | Blood and Urine Sugar Fasting                                   |
| Blood and Urine Sugar PP            | Blood and Urine Sugar PP  |
| Stool Routine                       | Stool Routine   |
| <b>Lipid Profile</b>                | <b>Lipid Profile</b>  |
| Total Cholesterol                   | Total Cholesterol   |
| HDL                                 | HDL   |
| LDL                                 | LDL   |
| VLDL                                | VLDL  |
| Triglycerides                       | Triglycerides   |
| HDL / LDL ratio                     | HDL / LDL ratio   |
| <b>Liver Profile</b>                | <b>Liver Profile</b>  |
| AST                                 | AST   |
| ALT                                 | ALT   |
| GGT                                 | GGT   |
| Bilirubin (total, direct, indirect) | Bilirubin (total, direct, indirect)                             |
| ALP                                 | ALP   |
| Proteins (T, Albumin, Globulin)     | Proteins (T, Albumin, Globulin)                                 |
| <b>Kidney Profile</b>               | <b>Kidney Profile</b>   |
| Serum creatinine                    | Serum creatinine  |
| Blood Urea Nitrogen                 | Blood Urea Nitrogen   |
| Uric Acid                           | Uric Acid   |
| HBA1C                               | HBA1C   |
| Routine urine analysis              | Routine urine analysis  |
| USG Whole Abdomen                   | USG Whole Abdomen   |
| <b>General Tests</b>                | <b>General Tests</b>  |
| X Ray Chest                         | X Ray Chest   |
| ECG                                 | ECG   |
| 2D/3D ECHO / TMT                    | 2D/3D ECHO / TMT  |
| Stress Test                         | Thyroid Profile (T3, T4, TSH)                                   |
| PSA Male (above 40 years)           | Mammography (above 40 years)<br>and Pap Smear (above 30 years). |
| Thyroid Profile (T3, T4, TSH)       | Dental Check-up consultation                                    |
| Dental Check-up consultation        | Physician Consultation  |
| Physician Consultation              | Eye Check-up consultation                                       |
| Eye Check-up consultation           | Skin/ENT consultation   |
| Skin/ENT consultation               | Gynaec Consultation   |



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

| PARTICULARS                     | EMPLOYEE DETAILS            |
|---------------------------------|-----------------------------|
| NAME                            | MR. KURUP SANUP JAI KISHAN  |
| EC NO.                          | 78436                       |
| DESIGNATION                     | SINGLE WINDOW OPERATOR A    |
| PLACE OF WORK                   | VADODARA, UNIVERSITY CAMPUS |
| BIRTHDATE                       | 25-02-1985                  |
| PROPOSED DATE OF HEALTH CHECKUP | 23-03-2024                  |
| BOOKING REFERENCE NO.           | 23M78436100100032E          |

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **14-03-2024** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



બેંક ઝોન બરોડા  
Bank of Baroda



નામ **Sanup Kurup**  
Name

કર્મચારી કોડ નં. **78436**  
Employee Code No.



જાહેર કરનાર અધિકારી  
Issuing Authority



કર્મચારી ના સહી  
Signature of Employee