

NAME:	Mr. Poorn Unabgaoker	UHID:	
AGE:	34	DATE OF HEALTHCHECK:	29/3/2024
GENDER:	M		

HEIGHT:	178	MARITAL STATUS:	M
WEIGHT:	70.4	NO OF CHILDREN:	1
BMI:	22.2		

C/O: -

K/C/O: -

PRESENT MEDICATION: - NO

P/M/H: - NO

P/S/H: - NO

ALLERGY: - NO

PHYSICAL ACTIVITY: Active/ Moderate/ Sedentary ✓

H/A: SMOKING:

FAMILY HISTORY FATHER: - CUR, MTH

ALCOHOL:) NO

MOTHER: -

TOBACCO/PAN:

O/E:

LYMPHADENOPATHY:

BP: 110/80 PULSE: - 90/min

PALLOR/ICTERUS/CYNOSIS/CLUBBING:) NO

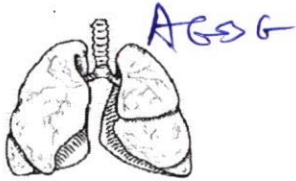
TEMPERATURE: 4 SCARS:

OEDEMA:

S/E:

P/A:) NO

RS:



CVS: S/S +

Extremities & Spine: - NO

CNS:

Coronary Arteries

ENT:) NO

Skin:) NO

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

Name: Mr. Pravin Undegaonkar Age: 34/M Date of Health check-up: 29/3/2024.

Findings and Recommendation:

Findings:-

FL ⊕

Dyslipidaemia ⊕

Recommendation:-

- Diet / Exer

- T. Recheck ≥ 10

→ x 1 met

Signature:

Consultant -



DR. ANIRBAN DASGUPTA
MBBS, D.N.B MEDICINE
DIPLOMA CARDIOLOGY
MMC-2005/02/0920

OPHTHALMIC EVALUATION

UHID No.: _____

Date: 29/3/24

Name: PRAVIN UNDEGAONIKAR Age: 34 Gender: Male/Female

Without Correction :

Distance: Right Eye _____ Left Eye _____

Near : Right Eye _____ Left Eye _____

With Correction :

Distance: Right Eye 6/6 Left Eye 6/6

Near : Right Eye N-6 Left Eye N-6

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance										
Near										

Colour Vision : (BE) - WNL

Anterior Segment Examination : (BE) - WNL

Pupils : (BE) - WNL

Fundus : (BE) - WNL

Intraocular Pressure : _____

Diagnosis : (BE) - WNL

Advice : _____

Re-Check on _____ (This Prescription needs verification every year)

Dr. Sagorika Dey
(Consultant Ophthalmologist)

DR. SAGORIKA DEY
MBBS, DOMS

REGN NO: 2008/04/1182

■ Consultation ■ Diagnostics ■ Health Check-Ups ■ Dentistry

DENTAL CHECKUP

Name: Pravin Undegaonkar	MR NO:
Age/Gender : 34 / M.	Date: 29/3/24.

Medical history: Diabetes Hypertension

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains			✓	✓
Mobility				
Caries (Cavities)				
a) Class 1 (Occlusal)				
b) Class 2 (Proximal)				
c) Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction				

Oral Prophylaxis: Scaling & polishing

Orthodontic Advice for Braces: Yes / No

Prosthetic Advice to Replace Missing Teeth: Denture Bridge Implant

Oral Habits: Tobacco Cigarette Others since ___ years

Advice to quit any form of tobacco as it can cause cancer.

Other Findings: _____

- Scaling & polishing - 1200.

DR. AQSA SHAIKH
B. D. S
Reg. No: A 42611



• ANDHERI • COLABA • NASHIK • VASHI

Name : Mr. Pravin D Undegaonkar Gender : Male Age : 34 Years
UHID : FVAH 11183. Bill No : Lab No : V-3472-23
Ref. by : SELF Sample Col.Dt : 29/03/2024 08:30
Barcode No : 3950 Reported On : 29/03/2024 14:57


TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

HAEMOGRAM(CBC,ESR,P/S)-WB (EDTA)

Haemoglobin(Colorimetric method)	14.0	g/dl	13 - 18
RBC Count (Impedance)	5.03	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	42.2	%	35 - 55
MCV:(Calculated)	83.9	fl	78 - 98
MCH:(Calculated)	27.9	pg	26 - 34
MCHC:(Calculated)	33.3	gm/dl	30 - 36
RDW-CV:	13.9	%	11.5 - 16.5
Total Leucocyte count(Impedance)	7600	/cumm.	4000 - 10500
Neutrophils:	53	%	40 - 75
Lymphocytes:	38	%	20 - 40
Eosinophils:	06	%	0 - 6
Monocytes:	03	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	2.26	Lakhs/c.mm	1.5 - 4.5
MPV	8.4	fl	6.0 - 11.0
ESR(Westergren Method)	10	mm/1st hr	0 - 20
Peripheral Smear (Microscopic examination)			
RBCs:	Normochromic, Normocytic		
WBCs:	Normal		
Platelets	Adequate		
Note:	Test Run on 5 part cell counter. Manual diff performed.		

Vasanti Gondal
Entered By

Ms Kaveri Gaonkar
Verified By

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Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

Name : Mr. Pravin D Undegaonkar Gender : Male Age : 34 Years
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TEST

RESULTS

Blood Grouping (ABO & Rh)-WB(EDTA) Serum

ABO Group: **:A:**
Rh Type: **Positive**
Method : Matrix gel card method (forward and reverse)

Dilpreetkaur S Singh
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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

HbA1c(Glycosylated Haemoglobin)WB-EDTA

(HbA1C) Glycosylated Haemoglobin : 5.3 % Normal <5.7 %
Pre Diabetic 5.7 - 6.5 %
Diabetic >6.5 %
Target for Diabetes on therapy < 7.0 %
Re-evaluation of therapy > 8.0 %

Mean Blood Glucose : 105.41 mg/dL

Corelation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298


Method High Performance Liquid Chromatography (HPLC).

INTERPRETATION

- * The HbA1c levels corelate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose.
- * This Methodology is better then the routine chromatographic methods & also for the daibetic pts.having HEMOGLBINOPATHIES OR UREMIA as Hb varaints and uremia does not INTERFERE with the results in this methodology.
- * It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts.& every 3 - 4 months in well controlled daibetics .
- * Mean blood glucose (MBG) in first 30 days (0-30)before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% in final HbA1c levels

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Fasting Plasma Glucose :	91	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : \geq 126 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)
Post Prandial Plasma Glucose :	109	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : \geq 200 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)

Method : Hexokinase

Pooja Surve
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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

LIPID PROFILE - Serum

S. Cholesterol(Oxidase)	191	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	311	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	62.2	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	25.4	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	103.4	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	7.5		3.5 - 5
Ratio of LDL/HDL	4.1		2.5 - 3.5



Alsaba Shaikh
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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

LFT(Liver Function Tests)-Serum

S.Total Protein (Biuret method)	7.31	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.60	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.71	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.7		0.9 - 2
S.Total Bilirubin (DPD):	0.99	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.27	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.72	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	30	U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P):	50	U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic):	106	U/L	40 - 129
S.GGT(IFCC Kinetic):	30	U/L	11 - 50

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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
BIOCHEMISTRY		
S.Urea(Urease Method)	20.7 mg/dl	10.0 - 45.0
BUN (Calculated)	9.66 mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	0.75 mg/dl	0.50 - 1.3
BUN / Creatinine Ratio	12.88	9:1 - 23:1
S.Uric Acid(Uricase Method)	5.9 mg/dl	3.4 - 7.0

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

Thyroid (T3,T4,TSH)- Serum

Total T3 (Tri-iodo Thyronine) (ECLIA)	2.05	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	101.2	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	2.13	□IU/ml	Euthyroid : 0.35 - 5.50 □IU/ml Hyperthyroid : < 0.35 □IU/ml Hypothyroid : > 5.50 □IU/ml

Grey zone values observed in physiological/therapeutic effect.

Note:

T3 :

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyroidism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

T4 :

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

TSH :

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

URINE REPORT

PHYSICAL EXAMINATION

QUANTITY	30	mL
COLOUR	Pale Yellow	
APPEARANCE	Clear	Clear
SEDIMENT	Absent	Absent

CHEMICAL EXAMINATION(Strip Method)

REACTION(PH)	6.0	4.6 - 8.0
SPECIFIC GRAVITY	1.005	1.005 - 1.030
URINE ALBUMIN	Absent	Absent
URINE SUGAR(Qualitative)	Absent	Absent
KETONES	Absent	Absent
BILE SALTS	Absent	Absent
BILE PIGMENTS	Absent	Absent
UROBILINOGEN	Normal(<1 mg/dl)	Normal
OCCULT BLOOD	Absent	Absent
Nitrites	Absent	Absent

MICROSCOPIC EXAMINATION

PUS CELLS	Occasional	0 - 3/hpf
RED BLOOD CELLS	Nil /HPF	Absent
EPITHELIAL CELLS	Occasional	3 - 4/hpf
CASTS	Absent	Absent
CRYSTALS	Absent	Absent
BACTERIA	Absent	Absent

Anushka Chavan
Entered By

Ms Kaveri Gaonkar
Verified By



Dr. Milind Patwardhan
M.D(Path)

Page 1 of 1 Chief Pathologist

End of Report
Results are to be correlated clinically

Pravin, Undegaonkar
11183

Male

34 Years

29.03.2024 10:35:53
Apollo Clinic
1st Flr, The Emerald, Sector-12,
Vashi, Mumbai-400703.

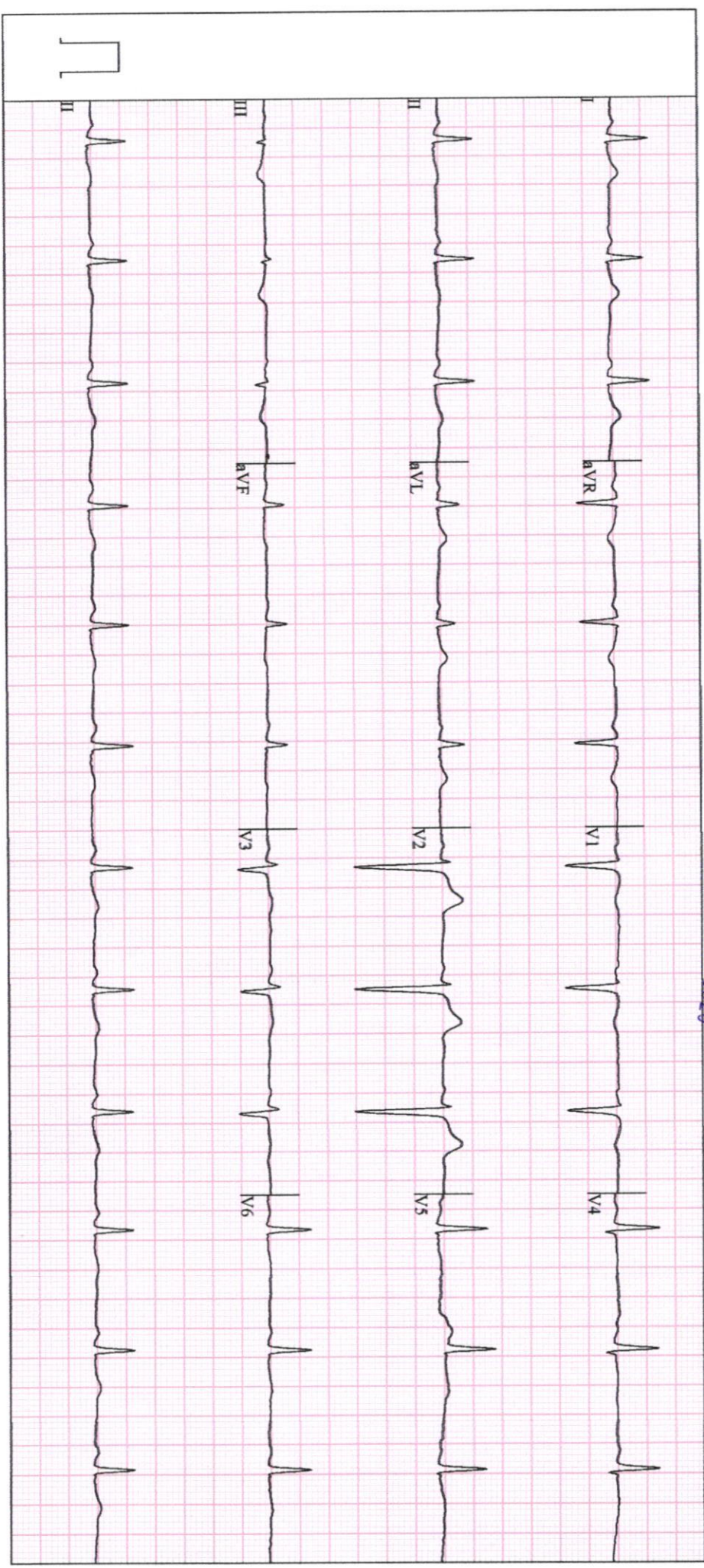
73 bpm
--/-- mmHg

QRS : 80 ms
QT/QTcBaz : 374 / 412 ms
PR : 138 ms
P : 110 ms
RR/PP : 826 / 821 ms
P/QRS/T : 32 / 26 / 8 degrees

Normal sinus rhythm
Nonspecific T wave abnormality
Abnormal ECG

Final ST change

Dr. Anirban Dasgupta
Dr. ANIRBAN DASGUPTA
M.B.B.S., D.N.B. Medicine
Diploma Cardiology
MMC-2005/02/0920



GE MAC2000

1.1

12SL™ v241

25 mm/s

10 mm/mV

ADS

0.56-20 Hz

50 Hz

Unconfirmed
4x2.5x3_25_R1

1/1

Apollo Clinic
The Emerald, Plot No-195/B, Sector-12,
Neel Siddhi Towers, Vashi-400703

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: PRAVIN, UNDEGAONKAR
Patient ID: 11183
Height:
Weight:

DOB: 13.03.1989
Age: 35yrs
Gender: Male
Race: Asian

Study Date: 29.03.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR.ANIRBAN DASGUPTA
Technician: Anita Gaikwad

Medications:
NIL

Medical History:
NIL

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:04	0.00	0.00	87	110/80	
	STANDING	00:14	0.00	0.00	90		
	HYPERV.	00:16	0.00	0.00	88		
EXERCISE	WARM-UP	00:10	0.00	0.00	96		
	STAGE 1	03:00	1.70	10.00	133	120/80	
	STAGE 2	02:02	2.50	12.00	173	140/90	
RECOVERY		01:03	0.00	0.00	125	180/90	

The patient exercised according to the BRUCE for 5:02 min:s, achieving a work level of Max. METS: 7.00. The resting heart rate of 86 bpm rose to a maximal heart rate of 176 bpm. This value represents 95 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/80 mmHg, rose to a maximum blood pressure of 180/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR.ANIRBAN DASGUPTA

Anirban Dasgupta
Dr. ANIRBAN DASGUPTA
M.B.,B.S., D.N.B. Medicine
Diploma Cardiology
MMC -2005/02/0920

PATIENT'S NAME	PRAVIN U UNDEGAONKAR	AGE :- 34Y/M
UHID	11183	DATE :- .30 Mar. 24

X-RAY CHEST PA VEIW

OBSERVATION:

Bilateral lung fields are clear.
Both hila are normal.
Bilateral cardiophrenic and costophrenic angles are normal.
The trachea is central.
Aorta appears normal.
The mediastinal and cardiac silhouette are normal.
Soft tissues of the chest wall are normal.
Bony thorax is normal.

IMPRESSION:

- No significant abnormality seen.



DR. DISHA MINOCHA
DMRE (RADIOLOGIST)

PATIENT'S NAME	PRAVIN D UNDEGAONKAR	AGE :- 34y/M
UHID NO	11183	29 Mar 2024

USG WHOLE ABDOMEN

LIVER is enlarged in size (17.9 cms), shape and shows bright echotexture. No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears well distended with normal wall thickness. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

RIGHT KIDNEY measures 10.1 x 4.0 cm. **LEFT KIDNEY** measures 11.6 x 6.2 cm.

Urinary Bladder is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

PROSTATE is normal in size, shape & echotexture.
It measures approximately 13 gms.

Visualised bowel loops appear normal. There is no free fluid seen.

IMPRESSION –

- **Hepatomegaly with Grade I fatty liver.**
- **No other significant abnormality detected.**

N Patel

DR. NITESH PATEL
DMRE (RADIOLOGIST)