


Name : Mr. RAGHU H Address : MYSORE Plan : ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP AGREEMENT	Age : 35 Y Sex : M	UHID :CMYS.0000060174  OP Number :CMYSOPV123748 Bill No :CMYS-OCR-22770 Date : 23.03.2024 07:55
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Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324	
1	GAMMA GLUTAMYL TRANSFERASE (GGT)	
2	D ECHO	
3	LIVER FUNCTION TEST (LFT)	
4	GLUCOSE, FASTING	
5	HEMOGRAM + PERIPHERAL SMEAR	
6	DIET CONSULTATION	H → 167
7	COMPLETE URINE EXAMINATION	
8	URINE GLUCOSE (POST PRANDIAL)	
9	PERIPHERAL SMEAR	
10	ECG	W → 81
11	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	
12	DENTAL CONSULTATION	
13	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	BP → 110/70
14	URINE GLUCOSE (FASTING)	
15	HbA1c, GLYCATED HEMOGLOBIN	
16	X-RAY CHEST PA	
17	DENT CONSULTATION	
18	FITNESS BY GENERAL PHYSICIAN → P	
19	BLOOD GROUP ABO AND RH FACTOR	
20	LIPID PROFILE	
21	BODY MASS INDEX (BMI)	
22	OPHTHAL BY GENERAL PHYSICIAN	
23	ULTRASOUND - WHOLE ABDOMEN	
24	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of RAAGHU. H on 23/03/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> Medically Fit 	✓
<ul style="list-style-type: none"> Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> Currently Unfit. Review after _____ recommended 	
<ul style="list-style-type: none"> Unfit 	


Dr. Chethan Kumar A
 MD (General Medicine)
 Apollo Clinic, K.D. Road, Mysore.

Apollo Health and Lifestyle Limited

(CIN: U8510TG2000PLC115819)

Head Office: T-10 60 62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

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Online appointments: www.apolloclinic.com

This certificate is not meant for medico-legal purposes

TO BOOK AN APPOINTMENT

1860 500 7788

Date : 23-03-2024
MR NO : CMYS.0000060174

Department : GENERAL
Doctor :

Name : Mr. RAGHU H
Age/ Gender : 35 Y / Male

Registration No :
Qualification :

Consultation Timing: 07:55

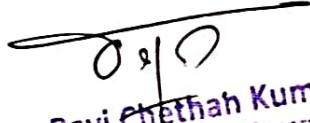
Height: 167cm	Weight: 81kg	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P: 110/70

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

~~AHC~~
No Complaints
O/E or fair
CUG
RS
PI | r/m
Cns : Carries and me

Follow up date :


Dr. Ravi Chethan Kumar A M
M.B.B.S., MD (General Med.)
KMC Reg. No. 82089
Apollo Clinic, K.D. Road, Mysore.
Doctor's Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 23-03-2024
MR NO : CMYS.0000060174
Name : Mr. RAGHU H
Age/ Gender : 35 Y / Male

Department : GENERAL
Doctor :
Registration No :
Qualification :

RNT

Consultation Timing: 07:55

Height : 167	Weight : 81	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/80

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

~~is~~
RNT checkup

Ear canal - normal
throat - Retraction
also ↑ - NAD.

Follow up date :

Doctor Signature
Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 01
Ph : 0821-4006040/41

Date : 23-03-2024
MR NO : CMYS.0000060174

Department : GENERAL Dietetics
Doctor : Madhava . B . P

Name : Mr. RAGHU H
Age/ Gender : 35 Y / Male

Registration No :
Qualification : M.Sc Nutrition & Dietetics
PhD

Consultation Timing: 07:55

IBW - 67kg

Height: 167cm	Weight: 81kg	BMI: 29 kg/m ²	Waist Circum:
Temp:	Pulse:	Resp:	B.P: 110/70

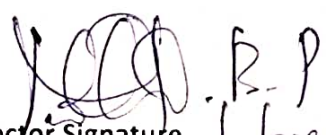
General Examination /
Allergies History

ESR - 20
HDL - 36

Clinical Diagnosis & Management Plan

→ Adviseed low calorie, high protein diet
with fiber rich.

Follow up date :


Doctor Signature 23/3/2024

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 23-03-2024
 MR NO : CMYS.0000060174
 Name : Mr. RAGHU H
 Age/ Gender : 35 Y / Male

Department : GENERAL (Ophthal)
 Doctor :
 Registration No :
 Qualification :

Consultation Timing: 07:55

Height : 67 cm	Weight : 71 kg	BMI :	Waist Circum :
Temp :	Pulse : 92 / min.	Resp : 20 / min	B.P : 110 / 70

General Examination /
 Allergies History

-NO-

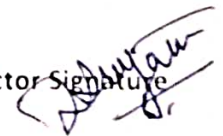
Clinical Diagnosis & Management Plan

undergone Laser correction.
 on 2016

Not on regular Rx

vision	(R)	(L)
Far	6/6	6/6
Near	N6	N6
colour	Not affected	

Follow up date :

Doctor Signature


Regular check up. # 23, 1st Floor,
 Malidasa Road, Mysore - 02
 Ph : 0821-4006040/41

Apollo Clinic
 # 23, 1st Floor,
 Malidasa Road, Mysore - 02
 Ph : 0821-4006040/41

Patient Name	: Mr. RAGHU H	Age	: 35 Y M
UHID	: CMYS.0000060174	OP Visit No	: CMYSOPV123748
Reported on	: 23-03-2024 15:03	Printed on	: 23-03-2024 15:03
Adm/Consult Doctor	:	Ref Doctor	: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY .

Printed on:23-03-2024 15:03

---End of the Report---



Dr. CHETAN HOLEPPAGOL
MBBS, DNB(RADIO DIAGNOSIS)

Radiology

Apollo Health and Lifestyle Limited

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TO BOOK AN APPOINTMENT

1860 500 7788

Patient's Name : Mr.Raghu

Age & sex :35 Yrs /Male

Date : 23.03.2024

UHID No :

2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal chamber volumes
- Normal left ventricular function. EF 62%
- No regional wall motion abnormality
- Normal valves
- No clots. No pericardial effusion

Findings

Left Ventricle:	Normal
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal



Apollo Health and Lifestyle Limited

Dr. C.B. KESHAVAMURTHY MD, DM, DNB

CONSULTANT CARDIOLOGIST
Apollo Health and Lifestyle Limited, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
www.apolloh.com

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Koramangala | Sarjapur Road | Mysore: IVV Mahallai

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient's Name : Mr.Raghu

Age & sex :35 Yrs /Male

Date : 23.03.2024

UHID No :

Measurements

AO : 2.74 cm
LA : 3.18 cm

RV : 2.10 cm
LVIDd : 5.17 cm
LVIDs : 3.84 cm
IVSd : 0.73 cm
IVSs : 1.14 cm
PWd : 0.92 cm
PWs : 1.29 cm
EF : 62.0 %
FS : 32.0 %

Doppler

MV	TV	AV	PV
E: 0.95 m/s	E 0.60 m/s	V max 1.10 m/s	V max 0.78 m/s
A: 0.52 m/s	A 0.40 m/s		
MR Nil	TR Nil	AR Nil	PR Nil

Dr. C.B. KESHAVAMURTHY MD, DM, DNB
CONSULTANT CARDIOLOGIST

1001, East Street, Jubilee Hills, Hyderabad - 500 016
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Online appointments: www.apollohospitals.com

TO BOOK AN APPOINTMENT

1860 500 7788

Patient Name: Mr. RAGHU H	Date: 23.03.2024	Referring Doctor: Self
Age / Sex : 35yrs /Male	UHID :060174	
ULTRASONOGRAPHY – ABDOMEN & PELVIS		

LIVER: It is normal in size, outline and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is distended and normal. No evidence of calculi.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It measures 8.8x3.0 cm with parenchymal thickness of 1.2 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 9.8x3.3 cm with parenchymal thickness of 1.2 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

PROSTATE: It is normal in size, outline and echotexture.

No e/o free fluid in the abdomen.

IMPRESSION: NORMAL STUDY.


Dr. Chetan H, DNB
Consultant Radiologist.

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TO BOOK AN APPOINTMENT

 1860 500 7788

Scanned with CamScanner

Diagnosis Information:

R RAGHU H
Male 35Years
167cm 81kg 110/70 mmHg

Unconfirmed Report.

Apollo Clinic
23, 1st Floor,
Kaldasa Road, Mysore - 52
Ph : 0821-4006040/43

