Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR VIJAY KUMAR RAISETIA Age : 35 Yr(s) Sex :Male

**Referred By**: HEALTH CHECK MHD **Reporting Date**: 29 Mar 2024 16:05

**Receiving Date** : 29 Mar 2024 10:54

#### **Department of Transfusion Medicine (Blood Bank)**

BLOOD GROUPING, RH TYPING & ANTIBODY SCREEN (TYPE & SCREEN) Specimen-Blood

Blood Group & Rh Typing (Agglutinaton by gel/tube technique)

Blood Group & Rh typing B Rh(D) Positive

Antibody Screening (Microtyping in gel cards using reagent red cells)

Final Antibody Screen Result Negative

#### Technical Note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique. Antibody screening is done using a 3 cell panel of reagent red cells coated with Rh, Kell, Duffy, Kidd, Lewis, P, MNS, Lutheran and Xg antigens using gel technique.

Page 1 of 4

-----END OF REPORT-----

Damba

Dr Himanshu Lamba

Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR VIJAY KUMAR RAISETIA Age : 35 Yr(s) Sex :Male

**Referred By**: HEALTH CHECK MHD **Reporting Date**: 29 Mar 2024 13:44

**Receiving Date** : 29 Mar 2024 10:32

#### **BIOCHEMISTRY**

Specimen: EDTA Whole blood

As per American Diabetes Association (ADA) 2010

HbA1c (Glycosylated Hemoglobin) 5.0 % [4.0-6.5]

HbA1c in %

Non diabetic adults : < 5.7 %

Prediabetes (At Risk ) : 5.7 % - 6.4 %

Diabetic Range : > 6.5 %

Estimated Average Glucose (eAG) 97 mg/dl

#### Use

- 1.Monitoring compliance and long-term blood glucose level control in patients with diabetes.
- 2. Index of diabetic control (direct relationship between poor control and development of complications).
- 3. Predicting development and progression of diabetic microvascular complications.

#### Limitations :

- 1. AlC values may be falsely elevated or decreased in those with chronic kidney disease.
- 2.False elevations may be due in part to analytical interference from carbamylated hemoglobin formed in the presence of elevated concentrations of urea, with some assays.
- 3. False decreases in measured A1C may occur with hemodialysis and altered red cell turnover, especially in the setting of erythropoietin treatment

References: Rao.L.V., Michael snyder.L.(2021). Wallach's Interpretation of Diagnostic Tests. 11th Edition. Wolterkluwer. NaderRifai, Andrea Rita Horvath, Carl T. wittwer. (2018) Teitz Text book

of Clinical Chemistry and Molecular Diagnostics. First edition, Elsevier, South Asia.

Page 2 of 4

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Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR VIJAY KUMAR RAISETIA Age : 35 Yr(s) Sex :Male

**Referred By**: HEALTH CHECK MHD **Reporting Date**: 29 Mar 2024 13:52

**Receiving Date** : 29 Mar 2024 10:29

#### **BIOCHEMISTRY**

#### Lipid Profile (Serum)

TOTAL CHOLESTEROL (CHOD/POD)	141	mg/dl	<pre>[&lt;200] Moderate risk:200-239 High risk:&gt;240</pre>
TRIGLYCERIDES (GPO/POD)	94	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL - CHOLESTEROL (Direct) Methodology: Homogenous Enzymatic	50	mg/dl	[30-60]
VLDL - Cholesterol (Calculated)	19	mg/dl	[10-40]
LDL- CHOLESTEROL	72	mg/dl	[<100] Near/Above optimal-100-129 Borderline High:130-159 High Risk:160-189
T.Chol/HDL.Chol ratio	2.8		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio	1.4		<3 Optimal 3-4 Borderline >6 High Risk

#### Note:

Reference ranges based on ATP III Classifications. Recommended to do fasting Lipid Profile after a minimum of 8 hours of overnight fasting.

#### Technical Notes:

Lipid profile is a panel of blood tests that serves as initial broad medical screening tool for abnormalities in lipids, the results of these tests can identify certain genetic diseases and determine approximate risks for cardiovascular disease, certain forms of

Page 3 of 4

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Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR VIJAY KUMAR RAISETIA Age : 35 Yr(s) Sex :Male

**Referred By**: HEALTH CHECK MHD **Reporting Date**: 29 Mar 2024 13:52

**Receiving Date** : 29 Mar 2024 10:29

**BIOCHEMISTRY** 

pancreatitis and other diseases.

Page 4 of 4

-----END OF REPORT------

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY

Neelan Luge

Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR VIJAY KUMAR RAISETIA Age : 35 Yr(s) Sex :Male

Referred By: HEALTH CHECK MHD Reporting Date: 29 Mar 2024 23:23

**Receiving Date** : 29 Mar 2024 10:29

#### **BIOCHEMISTRY**

THYROID PROFILE, Serum		S	pecimen Type : Serum
T3 - Triiodothyronine (ECLIA)	1.530	ng/ml	[0.800-2.040]
T4 - Thyroxine (ECLIA)	9.410	μg/dl	[4.600-10.500]
Thyroid Stimulating Hormone (ECLIA)	1.630	μIU/mL	[0.340-4.250]

Note: TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

- \* References ranges recommended by the American Thyroid Association
- 1) Thyroid. 2011 Oct; 21(10):1081-125.PMID .21787128
- 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

Test Name	Result	Unit	Biological Ref. Interval
LIVER FUNCTION TEST (Serum)			
BILIRUBIN-TOTAL (Diazonium Ion)	0.86	mg/dl	[0.10-1.20]
BILIRUBIN - DIRECT (Diazotization)	0.42 #	mg/dl	[0.00-0.30]
BILIRUBIN - INDIRECT (Calculated)	0.44	mg/dl	[0.20-1.00]
SGOT/ AST (UV without P5P)	16.5	U/L	[10.0-50.0]
SGPT/ ALT (UV without P5P)	12.6	U/L	[0.0-41.0]
ALP (p-NPP, kinetic) *	87	U/L	[45-135]
TOTAL PROTEIN (Biuret)	7.9	g/dl	[7.0-9.0]
SERUM ALBUMIN (BCG-dye)	4.6	g/dl	[3.5-5.2]
SERUM GLOBULIN (Calculated)	3.3	g/dl	[1.8-3.4]
ALB/GLOB (A/G) Ratio(Calculated)	1.39		[1.10-1.80]

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Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR VIJAY KUMAR RAISETIA Age : 35 Yr(s) Sex :Male

Referred By: HEALTH CHECK MHD Reporting Date: 29 Mar 2024 13:52

**Receiving Date** : 29 Mar 2024 10:29

#### **BIOCHEMISTRY**

#### Technical Notes:

Liver function test aids in diagnosis of various pre hepatic, hepatic and post hepatic causes of dysfunction like hemolytic anemia's, viral and alcoholic hepatitis and cholestasis of obstructive causes.

Test Name	Result	Unit Bi	ological Ref. Interval
KIDNEY PROFILE (Serum)			
BUN (Urease/GLDH)	8.00	mg/dl	[6.00-20.00]
SERUM CREATININE (Jaffe's method)	0.74 #	mg/dl	[0.80-1.60]
SERUM URIC ACID (Uricase)	4.8	mg/dl	[3.5-7.2]
SERUM CALCIUM (NM-BAPTA)	9.50	mg/dl	[8.00-10.50]
SERUM PHOSPHORUS (Molybdate, UV)	3.0	mg/dl	[2.5-4.5]
SERUM SODIUM (ISE)	141.0	mmol/l	[134.0-145.0]
SERUM POTASSIUM (ISE)	4.53	mmol/l	[3.50-5.20]
SERUM CHLORIDE (ISE Indirect)	103.0	mmol/L	[95.0-105.0]
eGFR	119.5	ml/min/1.73sq.	m [>60.0]

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis / Icterus / Lipemia.

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-----END OF REPORT-----

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY



Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR VIJAY KUMAR RAISETIA Age : 35 Yr(s) Sex :Male

Referred By: HEALTH CHECK MHD Reporting Date: 29 Mar 2024 15:29

**Receiving Date** : 29 Mar 2024 13:44

#### **BIOCHEMISTRY**

Specimen Type : Plasma
PLASMA GLUCOSE - PP

Plasma GLUCOSE - PP (Hexokinase) 126 mg/dl [70-140]

Note: Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying,

brisk glucose absorption , post exercise

Specimen Type : Serum/Plasma

Plasma GLUCOSE-Fasting (Hexokinase) 89 mg/dl [74-106]

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-----END OF REPORT-----

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY

Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR VIJAY KUMAR RAISETIA Age : 35 Yr(s) Sex :Male

Referred By: HEALTH CHECK MHD Reporting Date: 29 Mar 2024 13:05

**Receiving Date** : 29 Mar 2024 10:36

#### HAEMATOLOGY

#### ERYTHROCYTE SEDIMENTATION RATE (Automated) Specimen-Whole Blood

ESR 4.0 mm/1sthour [0.0-10.0]

#### Interpretation :

Erythrocyte sedimentation rate (ESR) is a non-specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants (e.g. pyogenic infections, inflammation and malignancies). The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week postpartum.

ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives).

It is especially low (0 - 1mm) in polycythemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Test Name	Result	Unit Bio	ological Ref. Interval
COMPLETE BLOOD COUNT (EDTA Blood)			
WBC Count (Flow cytometry)	7030	/cu.mm	[4000-10000]
RBC Count (Impedence)	5.52 #	million/cu.mm	[4.50-5.50]
Haemoglobin (SLS Method)	14.7	g/dL	[13.0-17.0]
Haematocrit (PCV)	44.7	%	[40.0-50.0]
(RBC Pulse Height Detector Method)			
MCV (Calculated)	81.0 #	fL	[83.0-101.0]
MCH (Calculated)	26.6	pg	[25.0-32.0]
MCHC (Calculated)	32.9	g/dL	[31.5-34.5]
Platelet Count (Impedence)	208000	/cu.mm	[150000-410000]
RDW-CV (Calculated)	14.0	%	[11.6-14.0]
DIFFERENTIAL COUNT			
Neutrophils (Flowcytometry)	58.8	%	[40.0-80.0]
Lymphocytes (Flowcytometry)	29.9	%	[20.0-40.0]

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Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR VIJAY KUMAR RAISETIA Age : 35 Yr(s) Sex : Male

Referred By: HEALTH CHECK MHD Reporting Date: 29 Mar 2024 11:30

**Receiving Date** : 29 Mar 2024 10:36

#### **HAEMATOLOGY**

Monocytes (Flowcytometry)	8.5		9	[2.0-10.0]
Eosinophils (Flowcytometry)	2.7	:	ଖ	[1.0-6.0]
Basophils (Flowcytometry)	0.1 #	!	%	[1.0-2.0]
IG	0.40	:	%	
Neutrophil Absolute (Flouroscence flo	ow cytometry)	4.1	/cu mm	$[2.0-7.0] \times 10^{3}$
Lymphocyte Absolute (Flouroscence flo	ow cytometry)	2.1	/cu mm	$[1.0-3.0] \times 10^{3}$
Monocyte Absolute(Flouroscence flow	cytometry)	0.6	/cu mm	$[0.2-1.2] \times 10^{3}$
Eosinophil Absolute (Flouroscence flo	ow cytometry)	0.2	/cu mm	$[0.0-0.5] \times 10^{3}$
Basophil Absolute(Flouroscence flow	cytometry)	0.0	/cu mm	$[0.0-0.1] \times 10^{3}$

Complete Blood Count is used to evaluate wide range of health disorders, including anemia, infection, and leukemia. Abnormal increase or decrease in cell counts as revealed may indicate that an underlying medical condition that calls for further evaluation.

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Dr. Shalakha Agrawal Associate Consultant,M.B.B.S,M.D. Pathology --2020



Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR VIJAY KUMAR RAISETIA Age : 35 Yr(s) Sex :Male

**Referred By**: HEALTH CHECK MHD **Reporting Date**: 29 Mar 2024 13:22

**Receiving Date** : 29 Mar 2024 10:38

#### **CLINICAL PATHOLOGY**

Test Name	Result	Biological Ref. Interval
ROUTINE URINE ANALYSIS		
MACROSCOPIC DESCRIPTION		
Colour (Visual)	YELLOW	(Pale Yellow - Yellow)
Appearance (Visual)	CLEAR	
CHEMICAL EXAMINATION		
Reaction[pH]	8.0	(5.0-9.0)
(Reflectancephotometry(Indicator Met	hod))	
Specific Gravity	1.015	(1.003-1.035)
(Reflectancephotometry(Indicator Met	hod))	
Bilirubin	Negative	NEGATIVE
Protein/Albumin	Negative	(NEGATIVE-TRACE)
(Reflectance photometry(Indicator Me	thod)/Manual SSA)	
Glucose	NOT DETECTED	(NEGATIVE)
(Reflectance photometry (GOD-POD/Ben	edict Method))	
Ketone Bodies	NOT DETECTED	(NEGATIVE)
(Reflectance photometry(Legal's Test	)/Manual Rotheras)	
Urobilinogen	NORMAL	(NORMAL)
Reflactance photometry/Diazonium sal	t reaction	
Nitrite	NEGATIVE	NEGATIVE
Reflactance photometry/Griess test		
Leukocytes	NIL	NEGATIVE
Reflactance photometry/Action of Est	erase	
BLOOD	NIL	NEGATIVE
(Reflectance photometry(peroxidase))		
MICROSCOPIC EXAMINATION (Manual)	Method: Light microscopy or	n centrifuged urine
WBC/Pus Cells	2-4 /hpf	(4-6)
Red Blood Cells	NIL	(1-2)
Epithelial Cells	0-1/hpf	(2-4)
Casts	NIL	(NIL)
Crystals	NIL	(NIL)
Bacteria	NIL	
Yeast cells	NIL	

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Interpretation:

Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR VIJAY KUMAR RAISETIA Age : 35 Yr(s) Sex : Male

Referred By: HEALTH CHECK MHD Reporting Date: 29 Mar 2024 13:22

**Receiving Date** : 29 Mar 2024 10:38

#### **CLINICAL PATHOLOGY**

 $\textit{URINALYSIS-Routine urine analysis assists in screening and diagnosis of various metabolic , urological, kidney and liver disorders \\$ 

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urina tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine.

Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine.

Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys Most Common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration duri infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased Specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decrease Specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.

Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis,

bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in case of hemolytic anemia.

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Dr. Shalakha Agrawal Associate Consultant,M.B.B.S,M.D. Pathology --2020



Name: VIJAY KUMAR RAISETIA Hospital No: MH011809256

Age: 35Yrs Sex: M Episode No: H03000061811

Doctor: Health Check MHD Result Date: 01 Apr 2024 11:33

Order: Tread Mill Test

### **EXERCISE STRESS TEST REPORT (TMT)**

**Findings:** 

Baseline ECG NSR Premedications Nil

Protocol	Bruce	MPHR	185
Duration of exercise	12 minutes 21 sec	85% OF MPHR	156
Reason for termination	THR achieved	METS	14.80
Peak achieved	164	%of MPHR achieved	88 %

Stage	Time	Heart rate (bpm)	BP (mmHg)	ECG(ST/T changes/arrhythmia	) Symptoms
Control	0.00	66	130/80	No ST-T changes seen	Nil
Stage 1	3.00	91	130/80	No ST-T changes seen	Nil
Stage II	3.00	109	130/80	No ST-T changes seen	Nil
Stage III	3.00	130	140/80	No ST-T changes seen	Nil
Stage IV	3.00	153	140/80	No ST-T changes seen	Nil
Stage V	0.21	164	150/80	No ST-T changes seen	Nil
Recovery	3.00	96	130/80	No ST-T changes seen	Nil
Decult.					

- Result:
- Normal heart rate and BP response
- No significant ST-T changes were seen during exercise or recovery period.
- No symptomatic of angina/ chest pain during the test
- No significant arrhythmia during the test

### **FINAL IMPRESSION.**

- Exercise stress test is **Negative** for reversible myocardial Ischemia.
- Good effort tolerance.

Name: VIJAY KUMAR RAISETIA Hospital No: MH011809256

Age: 35Yrs Sex: M Episode No: H03000061811

Doctor: Health Check MHD Result Date: 01 Apr 2024 11:33

Order: Tread Mill Test

DR. BIPIN KUMAR DUBEY HEAD OF DEPARTMENT CARDIOLOGY

> **Dr. Bipin Dubey** CONSULTANT MBBS ,MD,DM

Sector-6, Dwarka, New Delhi 110 075



GST: 07AAAAH3917LIZM PAN NO: AAAAH3917L

NAME	MR, VIJAY KUMAR RAISETIA	STUDY DATE	29/03/2024 9:42AM
AGE / SEX	35 y / M	HOSPITAL NO.	MH011809256
ACCESSION NO.	R7142707	MODALITY	US
REPORTED ON	29/03/2024 10:28AM	REFERRED BY	Health Check MHD

### **USG WHOLE ABDOMEN**

#### Results:

Liver is normal in size (13.8 cm) and echopattern. No focal intra-hepatic lesion is detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

Gall bladder is distended and shows small immobile polyp along posterior wall measuring 3.6 x 3.0 mm. Wall thickness is normal.

Common bile duct is normal in calibre.

Pancreas is normal in size and echopattern.

Spleen is normal in size (9 cm) and echopattern.

Both kidneys are normal in position, size and outline. Cortico-medullary differentiation of both kidneys is maintained. No focal lesion or calculus seen on either side. Bilateral pelvicalyceal systems are not dilated.

Urinary bladder is normal in wall thickness with clear contents. No significant intra or extraluminal mass is seen.

Prostate is normal in size, shape and echopattern. It measures 16 cc in volume.

No significant free fluid is detected.

IMPRESSION: USG findings are suggestive of gall bladder polyp.

Kindly correlate clinically

Dr. Nipun Gumber MBBS, MD DMC No.90272

ASSOCIATE CONSULTANT

\*\*\*\*\*End Of Report\*\*\*\*\*











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