



: Mr.RAVINDER KAPOOR

Age/Gender UHID/MR No : 41 Y 9 M 9 D/M : SCHI.0000019254

Visit ID

: SCHIOPV28011

Ref Doctor

Emp/Auth/TPA ID

: Dr.SELF

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: 23/Mar/2024 10:32AM

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Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF HAEMATOLOGY**

PERIPHERAL SMEAR, WHOLE BLOOD EDTA

: gdfgd

Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:BED240080178



Page 1 of 15





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# **DEPARTMENT OF HAEMATOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	15.1	g/dL	13-17	CYANIDE FREE COLOUROMETER
PCV	45.30	%	40-50	PULSE HEIGHT AVERAGE
RBC COUNT	5.05	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	89.8	fL	83-101	Calculated
MCH	29.9	pg	27-32	Calculated
MCHC	33.3	g/dL	31.5-34.5	Calculated
R.D.W	13.6	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,880	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT	Γ (DLC)	<u>'</u>		<u>'</u>
NEUTROPHILS	57.2	%	40-80	Electrical Impedance
LYMPHOCYTES	33	%	20-40	Electrical Impedance
EOSINOPHILS	3.6	%	1-6	Electrical Impedance
MONOCYTES	5.5	%	2-10	Electrical Impedance
BASOPHILS	0.7	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	4507.36	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2600.4	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	283.68	Cells/cu.mm	20-500	Calculated
MONOCYTES	433.4	Cells/cu.mm	200-1000	Calculated
BASOPHILS	55.16	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	1.73		0.78- 3.53	Calculated
PLATELET COUNT	251000	cells/cu.mm	150000-410000	IMPEDENCE/MICROSCOPY
ERYTHROCYTE SEDIMENTATION RATE (ESR)	04	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				

RBCs ARE NORMOCYTIC NORMOCHROMIC.

TLC , DLC WITHIN NORMAL LIMIT. NO IMMATURE CELLS ARE SEEN. PLATELETS ARE ADEQUATE.

Page 2 of 15



Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:BED240080178





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# **DEPARTMENT OF HAEMATOLOGY**

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

NO HEMOPARASITES SEEN

Page 3 of 15







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# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR	R , WHOLE BLOOD EDTA		<u>'</u>	<u>'</u>
BLOOD GROUP TYPE	В			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination

Page 4 of 15









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: ARCOFEMI HEALTHCARE LIMITED

## **DEPARTMENT OF BIOCHEMISTRY**

## ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING, NAF PLASMA	111	mg/dL	70-100	GOD - POD

### **Comment:**

As per American Diabetes Guidelines, 2023

P,	
Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

### Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	143	mg/dL	70-140	GOD - POD

## **Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 5 of 15



Dr. SHWETA GUPTA
MBBS,MD (Pathology)
Consultant Pathology
SIN No:PLP1436761





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## **DEPARTMENT OF BIOCHEMISTRY**

### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method	
HBA1C (GLYCATED HEMOGLOBIN), WHOLE BLOOD EDTA					
HBA1C, GLYCATED HEMOGLOBIN	5.5	%		HPLC	
ESTIMATED AVERAGE GLUCOSE (eAG)	111	mg/dL		Calculated	

### **Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 - 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 - 10
POOR CONTROL	>10

**Note:** Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

- B: Homozygous Hemoglobinopathy.
- (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Page 6 of 15

Dr.Manju Kumari M.B.B.S, M.D (Pathology) Consultant Pathologist.

Dr. Tanish Mandal M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:EDT240036838







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## **DEPARTMENT OF BIOCHEMISTRY**

## ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method		
LIPID PROFILE, SERUM						
TOTAL CHOLESTEROL	145	mg/dL	<200	CHE/CHO/POD		
TRIGLYCERIDES	166	mg/dL	<150	Enzymatic		
HDL CHOLESTEROL	38	mg/dL	>40	CHE/CHO/POD		
NON-HDL CHOLESTEROL	107	mg/dL	<130	Calculated		
LDL CHOLESTEROL	73.8	mg/dL	<100	Calculated		
VLDL CHOLESTEROL	33.2	mg/dL	<30	Calculated		
CHOL / HDL RATIO	3.82		0-4.97	Calculated		
ATHEROGENIC INDEX (AIP)	0.28		<0.11	Calculated		

## **Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100; Near Optimal 100- 129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220
ATHEROGENIC INDEX(AIP)	<0.11	0.12 - 0.20	>0.21	

# Note:

- 1) Measurements in the same patient on different days can show physiological and analytical variations.
- 2) NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3) Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.

Page 7 of 15



Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:SE04673309





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# **DEPARTMENT OF BIOCHEMISTRY**

## ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

- 4) Low HDL levels are associated with coronary heart disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5) As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6) VLDL, LDL Cholesterol Non-HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dl. When

Triglycerides are more than 400 mg/dl LDL cholesterol is a direct measurement.

7) Triglycerides and HDL-cholesterol in Atherogenic index (AIP) reflect the balance between the atherogenic and protective lipoproteins. Clinical studies have shown that AIP (log (TG/HDL) & values used are in mmol/L) predicts cardiovascular risk and a useful measure of response to treatment (pharmacological intervention).

Page 8 of 15



Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:SE04673309





Patient Name : Mr.RAVINDER KAPOOR

Age/Gender : 41 Y 9 M 9 D/M UHID/MR No : SCHI.0000019254

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# **DEPARTMENT OF BIOCHEMISTRY**

Status

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT), SERUM				
BILIRUBIN, TOTAL	0.80	mg/dL	0.20-1.20	DIAZO METHOD
BILIRUBIN CONJUGATED (DIRECT)	0.30	mg/dL	0.0-0.3	Calculated
BILIRUBIN (INDIRECT)	0.50	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	62	U/L	<50	Visible with P-5-P
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	34.0	U/L	17-59	UV with P-5-P
ALKALINE PHOSPHATASE	95.00	U/L	38-126	p-nitrophenyl phosphate
PROTEIN, TOTAL	7.70	g/dL	6.3-8.2	Biuret
ALBUMIN	4.40	g/dL	3.5 - 5	Bromocresol Green
GLOBULIN	3.30	g/dL	2.0-3.5	Calculated
A/G RATIO	1.33		0.9-2.0	Calculated

# **Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

# 1. Hepatocellular Injury:

- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI .• Disproportionate increase in AST, ALT compared with ALP. • Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

## 2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.• ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.
- 3. Synthetic function impairment: Albumin- Liver disease reduces albumin levels. Correlation with PT (Prothrombin Time) helps.

Page 9 of 15



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# **DEPARTMENT OF BIOCHEMISTRY**

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION	TEST (RFT/KFT), SEF	RUM		
CREATININE	0.90	mg/dL	0.66-1.25	Creatinine amidohydrolase
UREA	24.80	mg/dL	19-43	Urease
BLOOD UREA NITROGEN	11.6	mg/dL	8.0 - 23.0	Calculated
URIC ACID	7.70	mg/dL	3.5-8.5	Uricase
CALCIUM	9.50	mg/dL	8.4 - 10.2	Arsenazo-III
PHOSPHORUS, INORGANIC	3.40	mg/dL	2.5-4.5	PMA Phenol
SODIUM	147	mmol/L	135-145	Direct ISE
POTASSIUM	4.8	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	99	mmol/L	98 - 107	Direct ISE
PROTEIN, TOTAL	7.70	g/dL	6.3-8.2	Biuret
ALBUMIN	4.40	g/dL	3.5 - 5	Bromocresol Green
GLOBULIN	3.30	g/dL	2.0-3.5	Calculated
A/G RATIO	1.33		0.9-2.0	Calculated

Page 10 of 15

Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology





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# **DEPARTMENT OF BIOCHEMISTRY**

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT), SERUM	34.00	U/L	15-73	Glyclyclycine Nitoranalide

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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF IMMUNOLOGY**

## ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
THYROID PROFILE TOTAL (T3, T4, TSH	I) , SERUM			
TRI-IODOTHYRONINE (T3, TOTAL)	1.29	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	9.73	μg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	2.510	μIU/mL	0.34-5.60	CLIA

## **Comment:**

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

- **1.** TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.

4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	Т3	T4	FT4	Conditions			
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis			
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.			
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism			
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy			
Low	N	N	N	linical Hyperthyroidism			
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism			
Low	N	High	High	Thyroiditis, Interfering Antibodies			
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes			
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma			

Page 12 of 15

Dr.Manju Kumari M.B.B.S,M.D(Pathology) Consultant Pathologist.

Dr.Tanish Mandal M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:SPL24053849







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# **DEPARTMENT OF IMMUNOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
TOTAL PROSTATIC SPECIFIC ANTIGEN (tPSA) , SERUM	0.430	ng/mL	0-4	CLIA

Page 13 of 15







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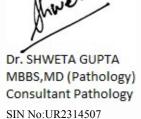
# **DEPARTMENT OF CLINICAL PATHOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method	
COMPLETE URINE EXAMINATION (C	UE) , URINE				
PHYSICAL EXAMINATION					
COLOUR	YELLOW		PALE YELLOW	Visual	
TRANSPARENCY	CLEAR		CLEAR	Visual	
рН	6.0		5-7.5	Bromothymol Blue	
SP. GRAVITY	1.030		1.002-1.030	Dipstick	
BIOCHEMICAL EXAMINATION					
URINE PROTEIN	NEGATIVE	ATIVE NEGATIVE		PROTEIN ERROR OF INDICATOR	
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD	
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING	
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE	
UROBILINOGEN	NORMAL		NORMAL	EHRLICH	
NITRITE	NEGATIVE		NEGATIVE	Dipstick	
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS	
CENTRIFUGED SEDIMENT WET MO	OUNT AND MICROSCOP	Υ			
PUS CELLS	2-3	/hpf	0-5	Microscopy	
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY	
RBC	ABSENT	/hpf	0-2	MICROSCOPY	
CASTS	ABSENT		0-2 Hyaline Cast	MICROSCOPY	
CRYSTALS	ABSENT		ABSENT	MICROSCOPY	

Page 14 of 15









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SCHIOPV2

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or Name : ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF CLINICAL PATHOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick
Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

\*\*\* End Of Report \*\*\*

Page 15 of 15







Name : Mr. Ravinder Kapoor

Age: 41 Y

Sex: M

Address: east of kailash south delhi

Plan

: ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN

INDIA OP AGREEMENT

UHID:SCHI.0000019254

OP Number:SCHIOPV28011 Bill No :SCHI-OCR-10066

Date : 23.03.2024 10:12 Sno Serive Type/ServiceName Department ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324 I GAMMA GLUTAMYL TRANFERASE (GGT) 2 PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) 3 LIVER FUNCTION TEST (LFT) 4 GLUCOSE, FASTING 5 HEMOGRAM + PERIPHERAL SMEAR 6 DIET CONSULTATION 7 COMPLETE URINE EXAMINATION 8 URINE GLUCOSE(POST PRANDIAL) 9 PERIPHERAL SMEAR 10 ECG 11 RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT) 12 DENTAL CONSULTATION V 13 GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL) 14 URINE GLUCOSE(FASTING) 15 HbA1c, GLYCATED HEMOGLOBIN 16 X-RAY CHEST PA 17 ENT CONSULTATION 18 CARDIAC STRESS TEST(TMT) 19 FITNESS BY GENERAL PHYSICIAN 20 BLOOD GROUP ABO AND RH FACTOR 21 LIPID PROFILE 22 BODY MASS INDEX (BMI) 23 OPTHAL BY GENERAL PHYSICIAN 24 ULTRASOUND - WHOLE ABDOMEN 25 THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)

x-Rey



Consullation lending.

# CERTIFICATE OF MEDICAL FITNESS

er i	reviewing the medical history and on clinical examination it has been found by she is	
		1
æ.	Medically Fit	-
0	Fit with restrictions/recommendations	-
	Though following restrictions have been revealed, in my opinion, these are not impediments to the job.	-
v 941	1	OCCUPANT OF THE PARTY OF THE PA
	2	CALC STANDARD CARDON
	3	Annual Company of the London
	However the employee should follow the advice/medication that has been communicated to him/her.	AND THE PERSON NAMED IN COLUMN TO SERVICE AND ADDRESS OF THE PERSON NAMED ADDRESS OF THE PERSON NAMED IN COLUMN TO SERVICE AND ADDRESS OF
	Review after	COPPE CONTRACTOR OF
0	Currently Unfit.	1
	Review after recommended	

Medical Officer
The Apollo Clinic, Uppal

This certificate is not meant for medico-legal purposes

PREVENTIVE HEALTH CARE SUMMARY

	ZATTE HEA	LIHCARE	SUMMARY
NAME :-	0 1		
AGE/GENDER :-	tella	0/	VO Y
PANEL:	9 yy		IPT No : -
4	colemi	EXAM	INED ON: - 23 3
			10-
	P.		
Chief Complaints:		<b>-</b>	
Past History:			
DM .	New		
Hypertension	JAII JAIP	CVA	: NIT
CAD :	Nil	Cancer Other	Nil Nil
Personal History:			: Nil
	g a series in		
Alcohol OCC : Smoking :	Nil Nil	Activity	: Active
Family History:		Allergies	: <del>N</del> il
General Physical Exami	nation:		
Height 173 :	cms	9.1	
Weight 100101	Kgs	Pulse 14/1	bpm
Rest of examination was w		12-8	S mmHg
	rium normal limits.		
Systemic Examination:			
CVS :	Normal		
Respiratory system : Abdominal system :	Normal		
CNS :	Normal		
Others	Normal Normal		

# PREVENTIVE HEALTH CARE SUMMARY

NAME: - Roundles AGE:-	UHID No:	
DLA:	RECEIPT No : -	
PANEL:	EXAMINED ON:-	

# Investigations:

All the reports of tests and investigations are attached herewith

ling

# Recommendation:

low fat / sugar predict

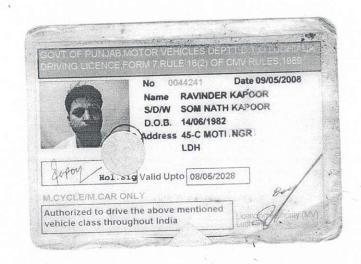
Cap O Achine 102 e1-2 mors

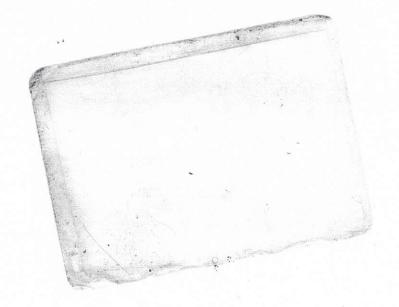
My vite D3 60 k once 9 week

2 morsels

Remo To Reports

Consultant Physician





# PHC\_Desk

From:

Mediwheel < wellness@mediwheel.in >

Sent:

20 March 2024 17:15

To:

phc.klc@apollospectra.com customercare@mediwheel.in

Cc: Subject:

Health Check up Booking Confirmed Request(bobE16720), Package Code-

PKG10000367, Beneficiary Code-311328





# Hi Apollo Spectra - Nehru Enclave,

The following booking has been confirmed. It is requested to honor the said booking & provide priority services to our client

Hospital

Package Name

: Mediwheel Full Body Annual Plus Above 50 Male

Name

Patient Package: Mediwheel Full Body Health Checkup Male Above 40

Hospital

: R-2, Nehru Enclave, Near Nehru Place Flyover, New Delhi - 110019

Address

Contact Details: 8587081726

**Appointment** 

Date

: 23-03-2024

Confirmation

Status

: Booking Confirmed

Preferred Time: 8:30am

	Member Inf	formation	
Booked Member Name	Age	Gender	
MR. KAPOOR RAVINDER	41 year	Male	

We request you to facilitate the employee on priority.

Thanks,

Mediwheel Team

Please Download Mediwheel App







# LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator, Mediwheel (Arcofemi Healthcare Limited) Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS		
NAME	MR. KAPOOR RAVINDER		
EC NO.	159424		
DESIGNATION	BRANCH HEAD		
PLACE OF WORK	NEW DELHI,NEHRU PLACE		
BIRTHDATE	14-06-1982		
PROPOSED DATE OF HEALTH CHECKUP	23-03-2024		
BOOKING REFERENCE NO.	23M159424100102258E		

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 19-03-2024 till 31-03-2024 The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a cashless facility as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

Ramales Rapors

Apollo Spectra
HOSPITALS
Specialists in Surgery

20/0/24

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Apollo Spectra Hospitals: Plot No. A-2, Chirag Enclave, Greater Kailash -1, New Delhi 110048

Ph: 011-40465555, 9910995018 | www.apollospectra.com

# Apollo Specialty Hospital Pvt. Ltd.

# Dr. Prachi Sharma

BDS, MDS - Prosthodontics and Crown & Bridge DDC No: A-14151

For Appointment: +91 11 4046 5555

Mob.:+91 9910995018

Email: drusha.maheshwari@apollospectra.com

03 2024 1



Mer. Rawinder Kapoor. 414 Female.

CC!- Regular Devilal Ehrek-up,

PDH! - FPD met upper front engion, 13 years.

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· Scaling of Oral Perophylanis

Warm Salin Rinses 60

Apollo Spectra Hospitals: Plot No. A-2, Chirag Enclave, Greater Kailash -1, New Delhi -110048 Ph: 011-40465555, 9910995018 | www.apollospectra.com

# Apollo Specialty Hospital Pvt. Ltd.

Regd. Office: 7-1-617/A, 615 & 616, Imperial Towers, 7th Floor, Ameerpet, Hyderabad, Telangana - 500038 Ph No: 040-4904 7777 | www.apollohl.com

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Apollo Spectra Hospitals: Plot No. A-2, Chirag Enclave, Greater Kailash -1, New Delhi -110048
Ph: 011-40465555, 9910995018 | www.apollospectra.com

Dr. Nayeem Ahmad

MBBS (Patna), DLOMS (Patna) DNB (I) New Delhi Consultant ENT Surgeon

For Appointment : +91 11 40465555 Mob.: +91 9910995018



Mr Ravinder Kapoor 414 M

Rear small of anterior (Ptcsom)

Ho Ear dorchige in childhood:

Ho, tonsilletony done in childhood

Tonnillenforsa-Clear.

Adv PTA

- PTA

- HRCT femporal bane

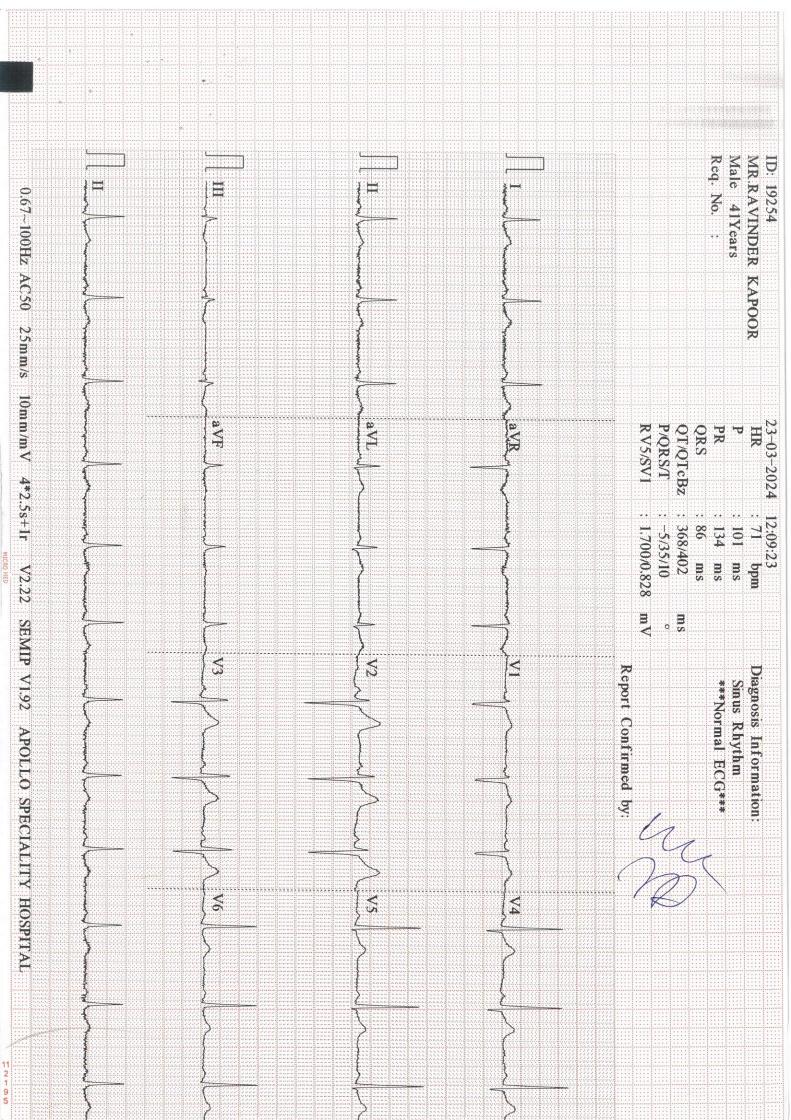
(Aprial + coronal + Saggetal)

0.6 mm luli

26/3/2024

**Apollo Spectra Hospitals:** Plot No. A-2, Chirag Enclave, Greater Kailash -1, New Delhi -110048 Ph: 011-40465555, 9910995018 | www.apollospectra.com

# **Apollo Specialty Hospital Pvt. Ltd.**





NAME:	RAVINDRA KAPOOR	AGE/SEX:	41	YRS./M
UHID:	19254			
REF BY:	APOLLO SPECTRA	DATE:-	23.03	3.2024

# **ULTRASOUND WHOLE ABDOMEN**

Liver: Appears normal in size, shows increased parenchymal echogenicity which is most likely due to fatty changes. Intrahepatic biliary radicles are not dilated. CBD and portal vein are normal in calibre.

Gall Bladder: normally distended with clear lumen and normal wall thickness. No calculus or sludge is seen.

Pancreas and Spleen: Appears normal in size and echotexture.

**Both Kidneys**: are normal in size, shape, and echopattern. The parenchymal thickness is normal and cortico-medullary differentiation is well maintained. Pelvicalyceal systems are not dilated. No calculus or mass lesion is seen. Urefer is not dilated.

Urinary Bladder: is moderately distended and shows no obvious calculus or sediments. Bladder wall thickness is normal.

Prostate: normal in size, weight 15.6Gms. It is normal in echotexture with no breech in the capsule.

No free fluid seen.

IMPRESSION: FATTY CHANGES IN LIVER GRADE II

Please correlate clinically and with lab. Investigations.

DR. MONICA CHHABRA Consultant Radiologist

3

**Apollo Spectra Hospitals:** Plot No. A-2, Chirag Enclave, Greater Kailash -1, New Delhi -110048 Ph: 011-40465555, 9910995018 | www.apollospectra.com





# **Apollo Clinic**

# **CONSENT FORM**

Patient Name: Novinder Age: 41
UHID Number: 19254 Company Name: Ar Cofem
I Mr/Mrs/Ms Rewinder  Employee of Arcofemi  (Company) Want to inform you that I am not interested in getting
Tests done which is a part of my routine health check package.
And I claim the above statement in my full consciousness.
Patient Signature: Date: Date:







: Mr.RAVINDER KAPOOR

Age/Gender UHID/MR No : 41 Y 9 M 9 D/M : SCHI.0000019254

Visit ID

: SCHIOPV28011

Ref Doctor

Emp/Auth/TPA ID

: Dr.SELF

Collected

: 23/Mar/2024 10:32AM

Received Reported : 23/Mar/2024 11:28AM : 23/Mar/2024 03:22PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF HAEMATOLOGY**

PERIPHERAL SMEAR, WHOLE BLOOD EDTA

: gdfgd

Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:BED240080178



Page 1 of 15





: Mr.RAVINDER KAPOOR

Age/Gender

: 41 Y 9 M 9 D/M

UHID/MR No Visit ID

: SCHI.0000019254

Ref Doctor

: SCHIOPV28011

Emp/Auth/TPA ID

: Dr.SELF : gdfgd Collected

: 23/Mar/2024 10:32AM

Received

: 23/Mar/2024 11:28AM

Reported

: 23/Mar/2024 03:22PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF HAEMATOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	15.1	g/dL	13-17	CYANIDE FREE COLOUROMETER
PCV	45.30	%	40-50	PULSE HEIGHT AVERAGE
RBC COUNT	5.05	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	89.8	fL	83-101	Calculated
MCH	29.9	pg	27-32	Calculated
MCHC	33.3	g/dL	31.5-34.5	Calculated
R.D.W	13.6	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,880	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT	Γ (DLC)	<u>'</u>		<u>'</u>
NEUTROPHILS	57.2	%	40-80	Electrical Impedance
LYMPHOCYTES	33	%	20-40	Electrical Impedance
EOSINOPHILS	3.6	%	1-6	Electrical Impedance
MONOCYTES	5.5	%	2-10	Electrical Impedance
BASOPHILS	0.7	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	4507.36	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2600.4	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	283.68	Cells/cu.mm	20-500	Calculated
MONOCYTES	433.4	Cells/cu.mm	200-1000	Calculated
BASOPHILS	55.16	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	1.73		0.78- 3.53	Calculated
PLATELET COUNT	251000	cells/cu.mm	150000-410000	IMPEDENCE/MICROSCOPY
ERYTHROCYTE SEDIMENTATION RATE (ESR)	04	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				

RBCs ARE NORMOCYTIC NORMOCHROMIC.

TLC , DLC WITHIN NORMAL LIMIT. NO IMMATURE CELLS ARE SEEN. PLATELETS ARE ADEQUATE.

Page 2 of 15



Dr. SHWETA GUPTA
MBBS,MD (Pathology)
Consultant Pathology
SIN No:BED240080178





: Mr.RAVINDER KAPOOR

Age/Gender

: 41 Y 9 M 9 D/M : SCHI.0000019254

UHID/MR No Visit ID

: SCHIOPV28011

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : gdfgd Collected

: 23/Mar/2024 10:32AM : 23/Mar/2024 11:28AM

Received Reported

: 23/Mar/2024 03:22PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF HAEMATOLOGY**

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

NO HEMOPARASITES SEEN

Page 3 of 15







: Mr.RAVINDER KAPOOR

Age/Gender

: 41 Y 9 M 9 D/M

UHID/MR No

: SCHI.0000019254

Visit ID Ref Doctor : SCHIOPV28011

Emp/Auth/TPA ID

: Dr.SELF : gdfgd Collected

: 23/Mar/2024 10:32AM

Received Reported : 23/Mar/2024 11:28AM

Status

: 23/Mar/2024 03:22PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF HAEMATOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR	R , WHOLE BLOOD EDTA		<u>'</u>	<u>'</u>
BLOOD GROUP TYPE	В			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination

Page 4 of 15









: Mr.RAVINDER KAPOOR

Age/Gender

: 41 Y 9 M 9 D/M

UHID/MR No Visit ID : SCHI.0000019254 : SCHIOPV28011

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID : gdfgd

Collected

: 23/Mar/2024 03:40PM

Received

: 23/Mar/2024 04:11PM

Reported

: 23/Mar/2024 08:59PM

Status Sponsor Name : Final Report

: ARCOFEMI HEALTHCARE LIMITED

## **DEPARTMENT OF BIOCHEMISTRY**

## ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING, NAF PLASMA	111	mg/dL	70-100	GOD - POD

### **Comment:**

As per American Diabetes Guidelines, 2023

P,	
Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

### Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	143	mg/dL	70-140	GOD - POD

## **Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 5 of 15



Dr. SHWETA GUPTA
MBBS,MD (Pathology)
Consultant Pathology
SIN No:PLP1436761





: Mr.RAVINDER KAPOOR

Age/Gender

: 41 Y 9 M 9 D/M

UHID/MR No

: SCHI.0000019254

Visit ID Ref Doctor : SCHIOPV28011

: Dr.SELF

Emp/Auth/TPA ID : gdfgd Collected

: 23/Mar/2024 10:32AM

Received

: 23/Mar/2024 03:34PM

Reported

Status

: 23/Mar/2024 06:29PM

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

## **DEPARTMENT OF BIOCHEMISTRY**

### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method		
HBA1C (GLYCATED HEMOGLOBIN), WHOLE BLOOD EDTA						
HBA1C, GLYCATED HEMOGLOBIN	5.5	%		HPLC		
ESTIMATED AVERAGE GLUCOSE (eAG)	111	mg/dL		Calculated		

# **Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 - 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 - 10
POOR CONTROL	>10

**Note:** Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic
- Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

- B: Homozygous Hemoglobinopathy.
- (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Page 6 of 15

Dr.Manju Kumari M.B.B.S, M.D (Pathology) Consultant Pathologist.

Dr. Tanish Mandal M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:EDT240036838







: Mr.RAVINDER KAPOOR

Age/Gender

: 41 Y 9 M 9 D/M

UHID/MR No Visit ID : SCHI.0000019254

Ref Doctor

: SCHIOPV28011

Emp/Auth/TPA ID

: Dr.SELF : gdfgd Collected

: 23/Mar/2024 10:32AM

Received

: 23/Mar/2024 11:28AM

Reported

: 23/Mar/2024 10:46PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF BIOCHEMISTRY**

## ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
L <b>IPID PROFILE</b> , SERUM		<u>'</u>	1	
TOTAL CHOLESTEROL	145	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	166	mg/dL	<150	Enzymatic
HDL CHOLESTEROL	38	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	107	mg/dL	<130	Calculated
LDL CHOLESTEROL	73.8	mg/dL	<100	Calculated
VLDL CHOLESTEROL	33.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.82		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.28		<0.11	Calculated

## **Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High	
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240		
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500	
LDL	Optimal < 100; Near Optimal 100- 129	130 - 159	160 - 189	≥ 190	
HDL	≥ 60				
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220	
ATHEROGENIC INDEX(AIP)	<0.11	0.12 - 0.20	>0.21		

# Note:

- 1) Measurements in the same patient on different days can show physiological and analytical variations.
- 2) NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3) Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.

Page 7 of 15



Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:SE04673309





Patient Name : Mr.RAVINDER KAPOOR

: 41 Y 9 M 9 D/M

Age/Gender UHID/MR No

: SCHI.0000019254

Visit ID Ref Doctor : SCHIOPV28011

Emp/Auth/TPA ID

: Dr.SELF : gdfgd Collected

: 23/Mar/2024 10:32AM

Received

: 23/Mar/2024 11:28AM

Reported Status : 23/Mar/2024 10:46PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF BIOCHEMISTRY**

## ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

- 4) Low HDL levels are associated with coronary heart disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5) As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6) VLDL, LDL Cholesterol Non-HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dl. When

Triglycerides are more than 400 mg/dl LDL cholesterol is a direct measurement.

7) Triglycerides and HDL-cholesterol in Atherogenic index (AIP) reflect the balance between the atherogenic and protective lipoproteins. Clinical studies have shown that AIP (log (TG/HDL) & values used are in mmol/L) predicts cardiovascular risk and a useful measure of response to treatment (pharmacological intervention).

Page 8 of 15









Patient Name : Mr.RAVINDER KAPOOR

Age/Gender : 41 Y 9 M 9 D/M UHID/MR No : SCHI.0000019254

: SCHIOPV28011 Visit ID

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : gdfgd

Collected : 23/Mar/2024 10:32AM Received : 23/Mar/2024 11:28AM

Reported : 23/Mar/2024 08:56PM

: Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF BIOCHEMISTRY**

Status

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT), SERUM				
BILIRUBIN, TOTAL	0.80	mg/dL	0.20-1.20	DIAZO METHOD
BILIRUBIN CONJUGATED (DIRECT)	0.30	mg/dL	0.0-0.3	Calculated
BILIRUBIN (INDIRECT)	0.50	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	62	U/L	<50	Visible with P-5-P
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	34.0	U/L	17-59	UV with P-5-P
ALKALINE PHOSPHATASE	95.00	U/L	38-126	p-nitrophenyl phosphate
PROTEIN, TOTAL	7.70	g/dL	6.3-8.2	Biuret
ALBUMIN	4.40	g/dL	3.5 - 5	Bromocresol Green
GLOBULIN	3.30	g/dL	2.0-3.5	Calculated
A/G RATIO	1.33		0.9-2.0	Calculated

# **Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

# 1. Hepatocellular Injury:

- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI .• Disproportionate increase in AST, ALT compared with ALP. • Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

## 2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.• ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.
- 3. Synthetic function impairment: Albumin- Liver disease reduces albumin levels. Correlation with PT (Prothrombin Time) helps.

Page 9 of 15



Dr. SHWETA GUPTA MBBS, MD (Pathology) Consultant Pathology SIN No:SE04673309





: Mr.RAVINDER KAPOOR

Age/Gender

: 41 Y 9 M 9 D/M

UHID/MR No Visit ID : SCHI.0000019254 : SCHIOPV28011

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID : gdfgd

Collected : 23/Mar/2024 10:32AM Received : 23/Mar/2024 11:28AM

Reported : 23/Mar/2024 08:56PM

Status : Final Report Sponsor Name : ARCOFEMI F

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF BIOCHEMISTRY**

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION	TEST (RFT/KFT), SEF	RUM		
CREATININE	0.90	mg/dL	0.66-1.25	Creatinine amidohydrolase
UREA	24.80	mg/dL	19-43	Urease
BLOOD UREA NITROGEN	11.6	mg/dL	8.0 - 23.0	Calculated
URIC ACID	7.70	mg/dL	3.5-8.5	Uricase
CALCIUM	9.50	mg/dL	8.4 - 10.2	Arsenazo-III
PHOSPHORUS, INORGANIC	3.40	mg/dL	2.5-4.5	PMA Phenol
SODIUM	147	mmol/L	135-145	Direct ISE
POTASSIUM	4.8	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	99	mmol/L	98 - 107	Direct ISE
PROTEIN, TOTAL	7.70	g/dL	6.3-8.2	Biuret
ALBUMIN	4.40	g/dL	3.5 - 5	Bromocresol Green
GLOBULIN	3.30	g/dL	2.0-3.5	Calculated
A/G RATIO	1.33		0.9-2.0	Calculated

Page 10 of 15

Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology





: Mr.RAVINDER KAPOOR

Age/Gender

: 41 Y 9 M 9 D/M

UHID/MR No Visit ID

: SCHI.0000019254

Ref Doctor

: SCHIOPV28011

Emp/Auth/TPA ID

: Dr.SELF

: gdfgd

Collected

: 23/Mar/2024 10:32AM

Received

: 23/Mar/2024 11:28AM : 23/Mar/2024 07:21PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF BIOCHEMISTRY**

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	34.00	U/L	15-73	Glyclyclycine Nitoranalide

Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology

SIN No:SE04673309









Patient Name : Mr.RAVINDER KAPOOR

Age/Gender : 41 Y 9 M 9 D/M

UHID/MR No : SCHI.0000019254

Visit ID : SCHIOPV28011

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : gdfgd Collected : 23/Mar/2024 10:32AM

Received : 23/Mar/2024 04:34PM

Reported : 23/Mar/2024 06:12PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF IMMUNOLOGY**

## ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method		
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM						
TRI-IODOTHYRONINE (T3, TOTAL)	1.29	ng/mL	0.7-2.04	CLIA		
THYROXINE (T4, TOTAL)	9.73	μg/dL	5.48-14.28	CLIA		
THYROID STIMULATING HORMONE (TSH)	2.510	μIU/mL	0.34-5.60	CLIA		

## **Comment:**

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

- **1.** TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.

4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	Т3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma

Page 12 of 15

Dr.Manju Kumari M.B.B.S,M.D(Pathology) Consultant Pathologist.

Dr.Tanish Mandal M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:SPL24053849







: Mr.RAVINDER KAPOOR

Age/Gender

Emp/Auth/TPA ID

: 41 Y 9 M 9 D/M

UHID/MR No Visit ID

: SCHIOPV28011

Ref Doctor

: gdfgd

: SCHI.0000019254

: Dr.SELF

Collected

: 23/Mar/2024 10:32AM

Received Reported : 23/Mar/2024 04:34PM : 23/Mar/2024 05:50PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF IMMUNOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
TOTAL PROSTATIC SPECIFIC ANTIGEN (tPSA) , SERUM	0.430	ng/mL	0-4	CLIA

Page 13 of 15







: Mr.RAVINDER KAPOOR

Age/Gender

: 41 Y 9 M 9 D/M

UHID/MR No

: SCHI.0000019254

Visit ID Ref Doctor : SCHIOPV28011

Emp/Auth/TPA ID

: Dr.SELF : gdfgd Collected

: 23/Mar/2024 10:32AM

Received

: 23/Mar/2024 04:31PM : 23/Mar/2024 06:14PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

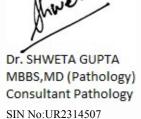
# **DEPARTMENT OF CLINICAL PATHOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (C	<b>UE)</b> , URINE		<u>'</u>	
PHYSICAL EXAMINATION				
COLOUR	YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
рН	6.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.030		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRLICH
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
CENTRIFUGED SEDIMENT WET MO	OUNT AND MICROSCOP	Υ		
PUS CELLS	2-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	ABSENT		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Page 14 of 15









: Mr.RAVINDER KAPOOR

Age/Gender

: 41 Y 9 M 9 D/M

UHID/MR No

: SCHI.0000019254

Visit ID Ref Doctor : SCHIOPV28011

Emp/Auth/TPA ID

: Dr.SELF

SCHIOPV2

: gdfgd

Collected

Reported

Status

: 23/Mar/2024 10:32AM

Received : 23/Mar/2024 04:31PM

: 23/Mar/2024 06:14PM

Sponsor Name

: Final Report

or Name : ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF CLINICAL PATHOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick
Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

\*\*\* End Of Report \*\*\*

Page 15 of 15





Patient Name : Mr. Ravinder Kapoor Age : 41 Y/M

UHID : SCHI.0000019254 OP Visit No : SCHIOPV28011 Conducted By: : Dr. MUKESH K GUPTA Conducted Date : 26-03-2024 16:21

Referred By : SELF

**Protocol** : Bruce Protocol

Medication

Target Heart Rate:179 BPMHeart Rate Achieved:173 BPMPercentage of THR Achieved:96%

Maximum Blood Pressure:144/90 mmHgTotal Exercise Duration:09:42 Min.Maximum Worked Attained:12.40 MetsReason for termination:Max HR attained.

## **Comments**

- Basal ECG NSR.
- Appropriate HR response.
- Appropriate BP response.
- No significant changes with standing and hyperventilation.
- Good exercise tolerance.
- No significant ST segment depression over baseline during exercise or recovery period.
- No crepts or rhonchi.
- Arrhythmia none.
- Chest pain absent.

## **Summary**

- Test is negative for provocable myocardial ischemia.
- Good exercise tolerance.
- Appropriate BP response.

Please correlate clinically

Not valid for medico legal purpose.

Dr. M K Gupta M.B.B.S, MD,FIACM Senior Consultant Cardiologist Patient Name : Mr. Ravinder Kapoor Age : 41 Y/M

UHID : SCHI.0000019254 OP Visit No : SCHIOPV28011 Conducted By: : Dr. MUKESH K GUPTA Conducted Date : 26-03-2024 16:21

Referred By : SELF