

Name : Mr. B N SATHISH BALIGA

Age: 59 Y

Sex: M

UHID: CMYS.0000060069



OP Number: CMYSOPV123478

Bill No : CMYS-OCR-22667

Date : 16.03.2024 08:16

Address : MYSORE
Plan : ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN
INDIA OP AGREEMENT

Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324	
1	GAMMA GLUTAMYL TRANSFERASE (GGT)	
2	PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)	
3	2D ECHO → P	
4	LIVER FUNCTION TEST (LFT)	
5	GLUCOSE, FASTING	
6	HEMOGRAM + PERIPHERAL SMEAR	
7	DIET CONSULTATION → P	H → 153
8	COMPLETE URINE EXAMINATION	
9	URINE GLUCOSE (POST PRANDIAL)	
10	PERIPHERAL SMEAR	
11	ECG	H → 58.1
12	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	
13	DENTAL CONSULTATION	
14	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	BP → 120/90
15	URINE GLUCOSE (FASTING)	
16	HbA1c, GLYCATED HEMOGLOBIN	
17	X-RAY CHEST PA	
18	ENT CONSULTATION → P	
19	FITNESS BY GENERAL PHYSICIAN → P	
20	BLOOD GROUP ABO AND RH FACTOR	
21	LIPID PROFILE	
22	BODY MASS INDEX (BMI)	
23	OPHTHAL BY GENERAL PHYSICIAN	
24	ULTRASOUND - WHOLE ABDOMEN → P	
25	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	

PSA - pending 2 days

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Mr B. N. S. Ashish Sulega on 16/03/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> Medically Fit 	✓
<ul style="list-style-type: none"> Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> Currently Unfit. <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> Unfit 	

Dr. *B. N. S. Ashish Sulega*
Medical Officer
The Apollo Clinic, Mysore.

Apollo Health and Lifestyle Limited

(CIN: UR511070200000115819)

Regd Office: T-10/60/02, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
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This certificate is not meant for medico-legal purposes.

Apollo Clinic

23, 1st Floor,

Kalidasa Road, Mysore - 02

Ph : 0821-4006940/41

BOOK AN APPOINTMENT
1860 500 7788

Date : 16-03-2024

Department : GENERAL

MR NO : CMYS.0000060069

Doctor :

Name : Mr. B N SATHISH BALIGA

Registration No :

Age/ Gender : 59 Y / Male

Qualification :

Consultation Timing: 08:16

Height : 153	Weight : 58.1	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 120/90

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Come for regular ENT checkup

Ear - (R) TM - (N)

(L) Ev wax - removed

TM - (N)

nose - nasal mucosa (N)

oral cavity & oropharynx (N)

neck (N)

As learned

Follow up date :

Doctor Signature
Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4000040/41

Date : 16-03-2024
MR NO : CMYS.0000060069

Department : GENERAL
Doctor : Dr. Umesh HB

Name : Mr. B N SATHISH BALIGA

Registration No : 67084

Age/ Gender : 59 Y / Male

Qualification : MBBS MD

Consultation Timing: 08:16

Height : 153	Weight : 58.1	BMI :	Waist Circum :
Temp :	Pulse : 74	Resp : 22/w	B.P : 120/90

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Cos
RS
AD / 203

Ad

Regular Exercise / Dieting

T- Bentamun plus - (20)
010

T- ALT D₃ 60k one (10)
U/W

Follow up date :


Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 16-03-2024

Department : GENERAL

MR NO : CMYS.0000060069

Doctor :

Name : Mr. B N SATHISH BALIGA

Registration No :

Age/ Gender : 59 Y / Male

Qualification :

Consultation Timing: 08:16

Height : 153	Weight : 58.1	BMI :	Waist Circum :
Temp : No	Pulse : 90/min	Resp : 20/min	B.P : 120/90

General Examination / Allergies History

Clinical Diagnosis & Management Plan .

- NO -

16/4/24

Wearing Spectacle. - Since 2006 onwards.

No fresh complaints.

vision	(R)	(L)
Far	6/6	6/6
Near	- wearing	Spectacles
colour	(N)	(N)

Follow up date :

Doctor Signature

- Regular Eye check up required

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 16-03-2024
MR NO : CMYS.0000060069

Department : GENERAL Dietetics
Doctor : M. Madhura. B.P

Name : Mr. B N SATHISH BALIGA

Registration No :
Qualification : M.Sc Nutrition & Dietetics
PhD⁺

Age/ Gender : 59 Y / Male

Consultation Timing: 08:16

7BW - 53kg

Height : 153	Weight : 58-1	BMI : 28 g/m ²	Waist Circum :
Temp :	Pulse :	Resp : 12	B.P : 120/90


General Examination /
Allergies History

ESR - 30
HBA1C - 5.9
Total cholesterol - 240
Triglycerides - 214
HDL - 39
NON HDL - 201
LDL - 158.57
VLDL - 42.9
chol/HDL - 6.23
TSH - 5.420

Clinical Diagnosis & Management Plan

- Advised low fat, diabetic diet with fiber rich foods.
- Avoid fruits like Mango, Sapota, Jack fruits, custard apple & big banana.

Follow up date :


Doctor Signature 16/3/2024
Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 16-03-2024
MR NO : CMYS.0000060069
Name : Mr. B N SATHISH BALIGA
Age/ Gender : 59 Y / Male

Department : GENERAL Dental
Doctor : Dr. Sathish Kumar
Registration No :
Qualification :

Consultation Timing: 08:16

Height : 153	Weight : 58.1	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 120/80

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

O/E

6/ R-S.

Adv:- Extraction.

~~15608~~ Missing Bridge present

Ca++ , St+

Adv:- Oral Prophylaxis

Follow up date :

Sathish Kumar
Doctor Signature
Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Patient Name : Mr. B N SATHISH BALIGA

Age : 59 Y M

UHID : CMYS.0000060069

OP Visit No : CMYSOPV123478

Reported on : 16-03-2024 15:46

Printed on : 16-03-2024 15:47

Adm/Consult Doctor :

Ref Doctor : SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .


Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY. ✓

Printed on:16-03-2024 15:46

---End of the Report---


Dr. CHETAN HOLEPPAGOL
MBBS, DNB(RADIO DIAGNOSIS)
Radiology

Apollo Health and Lifestyle Limited

REGD. CO. NO. 105/11/2010/PTC/115819

Regd. Office: 1, 10th & 12, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

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TO BOOK AN APPOINTMENT

 **1860 500 7788**

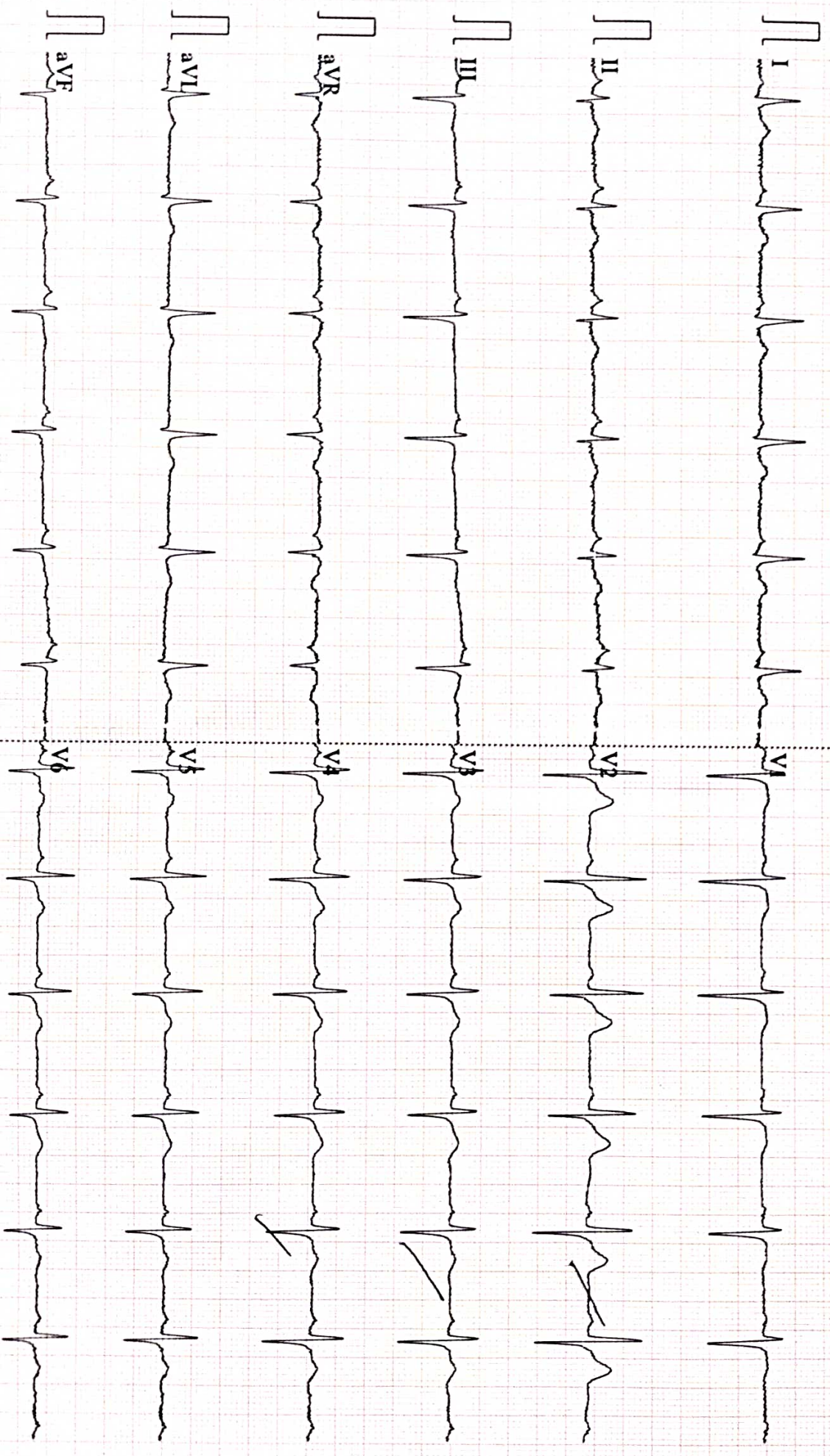
ID: 60069
MR SATHISH BALIGA
Male 59Years
153cm 58kg 120/90 mmHg

16-03-2024 10:44:14 AM

Diagnosis Information:

Unconfirmed Report.

Apollo Clinic
23, 1st Floor,
Kallidasa Road, Mysore - 02
Ph : 0821-4006040/41



0.5~45Hz AC50 25mm/s 10mm/mV 2*5.0s 73 CARDIART 8 D V1.43 Glasgow V28.6.0 APOLLO CLINIC MYSURU

Patient Name: Mr. B N SATHISH BALIGA	Date:16.03.2024	Referring Doctor: Self
Age / Sex :59yrs /Male	UHID :060069	
ULTRASONOGRAPHY – ABDOMEN & PELVIS		

LIVER: It is normal in size, outline and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is distended and normal. No evidence of calculi.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It measures 9.1x3.9cm with parenchymal thickness of 1.1 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

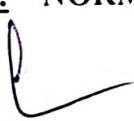
LEFT KIDNEY: It measures 8.8x3.9cm with parenchymal thickness of 1.2 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

PROSTATE: It is normal in size, outline and echotexture.

No e/o free fluid in the abdomen.

IMPRESSION: NORMAL STUDY.



Dr. Chetan H, DNB
Consultant Radiologist.

Apollo Health and Lifestyle Limited

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Patient's Name : MrSathish Baliga B N	Age & Sex: 59Yrs /Male
Date :16/03/2024	UHID No:60069

2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal chamber volumes
- No regional wall motion abnormality
- Normal left ventricular systolic function. EF 64 %
- No clots. No pericardial effusion

Findings

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal.

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(CIN: URS110TG2000PLC115819)

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Patient's Name : MrSathish Baliga B N	Age & Sex: 59Yrs /Male
Date :16/03/2024	UHID No:60069

Measurements

AO : 2.4 cm
 LA : 2.6 cm

RV : 2.1 cm
 LVIDd : 4.01 cm
 LVIDs : 2.61 cm
 IVSd : 0.77 cm
 IVSs : 1.40 cm
 PWd : 0.99 cm
 PWs : 1.14 cm

EF : 64.0 %
 FS : 34.0 %

Doppler

MV	TV	AV	PV
E: 0.80 m/s	E --- m/s	V max 1.30 m/s	V max 0.98 m/s
A: 0.64 m/s	A --- m/s		
MR Nil	TR Nil	AR Nil	PR Nil

Dr. GURU PRASAD. B. V, MBBS, PGDCC
CONSULTANT – NON-INVASIVE CARDIOLOGY

Dr. GURU PRASAD. B. V
 MBBS, PGDCC (CARDIO)
 CCMH, CRFC (CCPR), PGCC, CCEBDM
 Cardiology, Non-Invasive Cardiology
 KMC No 69949

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