

8, 9, 12,

Name : Mr. MANJUNATHA B A

Age: 41 Y

Sex: M

UHID:CMYS.0000060144



OP Number:CMYSOPV123680

Bill No :CMYS-OCR-22738

Date : 21.03.2024 08:32

Address : MYSORE

Plan : ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN  
INDIA OP AGREEMENT

Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324	
1	GAMMA GLUTAMYL TRANSFERASE (GGT)	
2	PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)	
3	2 D ECHO	
4	LIVER FUNCTION TEST (LFT)	
5	GLUCOSE, FASTING	
6	HEMOGRAM + PERIPHERAL SMEAR	
7	DIET CONSULTATION	
8	COMPLETE URINE EXAMINATION	
9	URINE GLUCOSE (POST PRANDIAL)	
10	PERIPHERAL SMEAR	wt - 78
11	ECG	ht - 173
12	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	Bp - 140/90
13	DENTAL CONSULTATION	
14	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	
15	URINE GLUCOSE (FASTING)	
16	HbA1c, GLYCATED HEMOGLOBIN	
17	X-RAY CHEST PA	
18	ENT CONSULTATION	Skip
19	FITNESS BY GENERAL PHYSICIAN	P
20	BLOOD GROUP ABO AND RH FACTOR	
21	LIPID PROFILE	
22	BODY MASS INDEX (BMI)	
23	OPHTHAL BY GENERAL PHYSICIAN	P
24	ULTRASOUND - WHOLE ABDOMEN	P
25	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	

Manjunath PSA 2 days Report

**CERTIFICATE OF MEDICAL FITNESS**

This is to certify that I have conducted the clinical examination

of Mr MANJUNATHA. RA on 21/03/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>Medically Fit</li> </ul>	✓
<ul style="list-style-type: none"> <li>Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> <li>Currently Unfit.</li> <li>Review after _____ recommended</li> </ul>	
<ul style="list-style-type: none"> <li>Unfit</li> </ul>	

Dr. *(Signature)*  
Medical Officer  
The Apollo Clinic, Mysore

**Apollo Health and Lifestyle Limited**

ICPN: URS1107G2000PLC115R19  
 Ring Road Office: 1, 10, 100, 62, Ashoka Raghupathi Chambers, 1st Floor, Ring Road, Mysore - 570002  
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 Kote Maricajala | Sarjapur Road | Mysore: (VV Mohalla)

Online appointments: www.apolloclinic.com

*This certificate is not meant for medico-legal purposes*

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

TO BOOK AN APPOINTMENT

**1860 500 7788**

Date : 21-03-2024  
 MR NO : CMYS.0000060144  
 Name : Mr. MANJUNATHA B A  
 Age/ Gender : 41 Y / Male

Department : GENERAL  
 Doctor : Dr Unmesh HB  
 Registration No : 67084  
 Qualification : MBBS - MCh

Consultation Timing: 08:31

Height : 173	Weight : 78	BMI :	Waist Circum :
Temp :	Pulse : 78	Resp : 20	B.P : 140/90

General Examination /  
 Allergies History

CG  
 AS  
 PA/NON

Clinical Diagnosis & Management Plan

Ad  
 T. Arotor E2 - 30  
 001  
 T ALT D3 600 once 5  
 C.W.U

Review En Caran

Follow up date :

*Unmesh HB*  
 Doctor Signature  
**Apollo Clinic**  
 # 23, 1st Floor,  
 Kalidasa Road, Mysore - 02  
 Ph : 0821-4006040/41

Date : 21-03-2024  
 MR NO : CMYS.0000060144  
 Name : Mr. MANJUNATHA B A  
 Age/ Gender : 41 Y / Male  
 Department : GENERAL (opthal)  
 Doctor :  
 Registration No :  
 Qualification :

Consultation Timing: 08:31

Height : 173	Weight : 78	BMI : (N)	Waist Circum :
Temp : (N)	Pulse : 90/min	Resp : 20/min	B.P : 140/90

General Examination /  
 Allergies History

-NO-

Clinical Diagnosis & Management Plan

wearing Near Vision correc-  
 ted Spectacles - since 2 months -

No H/o T2DM/HTN -  
 on regular R

Past history - NAD.

recurrent kidney stones - B/L  
 on R

vision (R) (L)  
 Far 6/6 6/6

Follow up date :

Doctor Signature

Near N6 N6

Colour (N) (N)

**Apollo Clinic**  
 # 23, 1st Floor,  
 Kalidasa Road, Mysore - 02  
 Ph : 9821-460600/41

Date : 21-03-2024  
MR NO : CMYS.0000060144

Department : GENERAL [Dental]  
Doctor :

Name : Mr. MANJUNATHA B A  
Age/ Gender : 41 Y / Male

Registration No :  
Qualification :

Consultation Timing: 08:31

Height : 173	Weight : 78	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/90

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

O/E

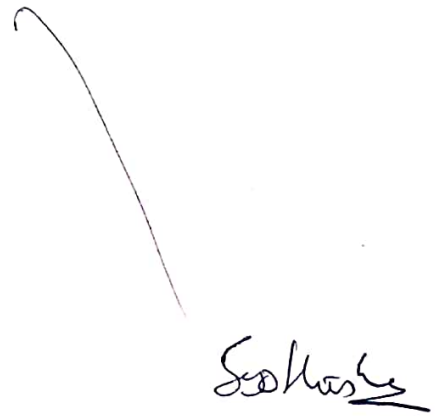
~~7~~ H10 Extraction 5 months back

Adv. - Replacement

Ca-PT, ST-PT

Adv. - Splint/Prostheses

Follow up date :

  
Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0822-4066040/41



Date : 21-03-2024  
 MR NO : CMYS 0000060144

Department : GENERAL Dietetics  
 Doctor : P. Adhura. B.P

Name : Mr. MANJUNATHA B A

Registration No :  
 Qualification : 1986 Nutrition & Dietetics  
 PhD

Age/ Gender : 41 Y / Male

Consultation Timing : 08 31

Wt = 70kg

Height : 173	Weight : 78	BMI : 26.1	Waist Circum : 100
Temp :	Pulse :	Resp :	B.P : 110/90

General Examination / Allergies History

Total cholesterol - 230  
 HDL - 29  
 Non HDL - 201  
 LDL - 172.53  
 Chol/HDL - 7.80

Clinical Diagnosis & Management Plan

- > Advised low fat diet with fiber rich foods.
- > Take small frequent meals, do not skip meals.
- > Include all variety of seasonal fruits, vegetables and green leafy vegetables.
- > Include nuts like Almonds, walnuts & dry-fruits like dried dates & raisins.
- > Include seeds like Flaxseeds, pumpkin seeds, watermelon seeds, sunflower seeds & sesame seeds - 1 teaspoon each, dry roasted.
- > Avoid maida, sugar, too much of salt, baking soda & cream.
- > Avoid red meat.
- > Avoid bakery products, chips, junk foods, deep fried foods, packed & processed food.

Follow up date :

Doctor Signature  
 P. Adhura. B.P  
 21/03/2024

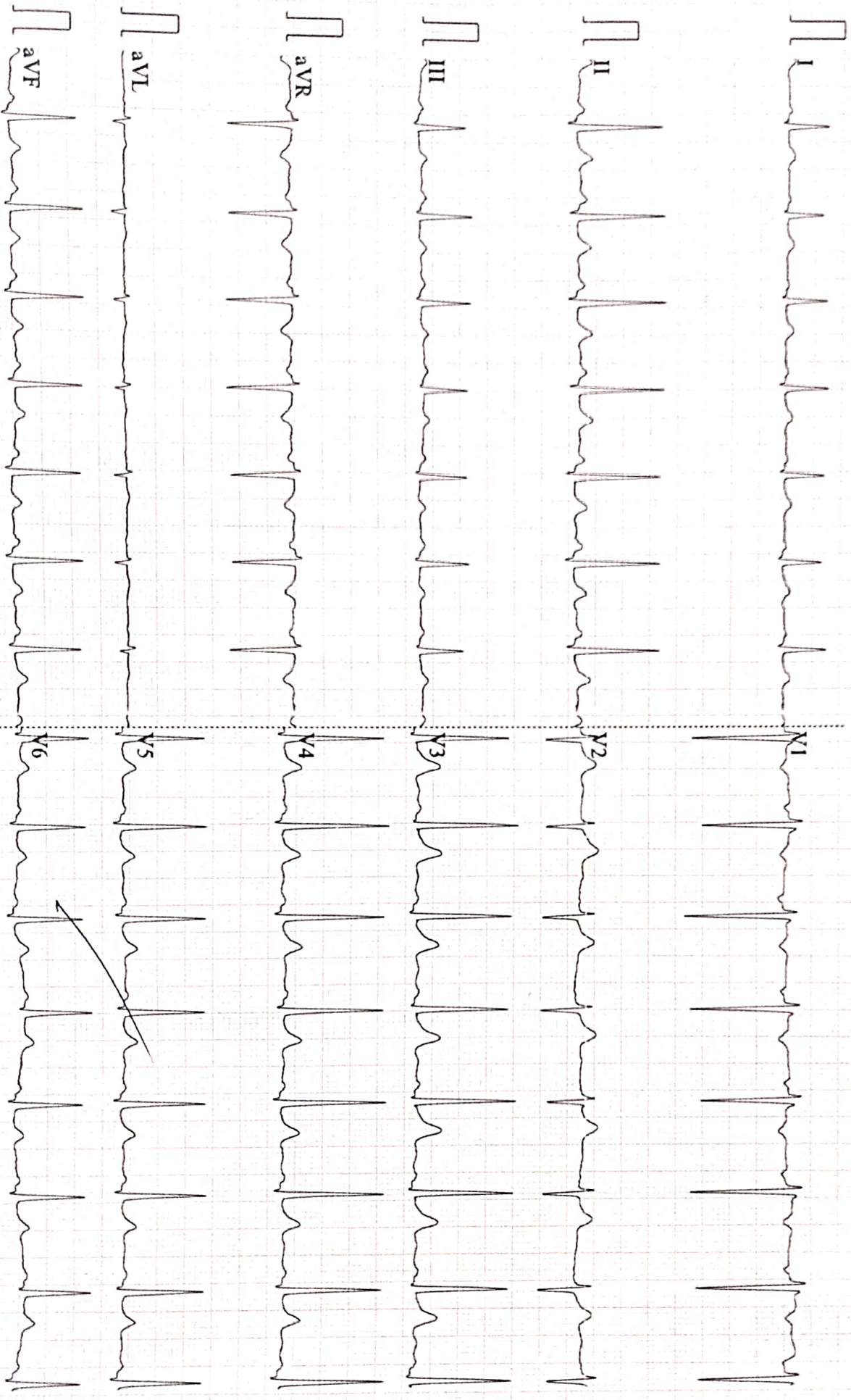
ID: 60144  
MR MANJUNATHA B A  
Male 41Years  
173cm 78kg 140/90 mmHg

21-03-2024 10:05:14 AM

Diagnosis Information:

Unconfirmed Report.

**Apollo Clinic**  
# 23, 1st Floor,  
Kailasa Road, Mysore - 02  
Ph : 0821-4006040/41



0.5-45Hz AC50 25mm/s 10mm/mV 2\*5.0s 89 CARDIART 8 D V1.43 Glasgow V28.6.0 APOLLO CLINIC MYSURU

Patient Name : Mr. MANJUNATHA B A  
UHID : CMYS.0000060144  
Reported on : 21-03-2024 16:58  
Adm/Consult Doctor :

Age : 41 Y M  
OP Visit No : CMYSOPV123680  
Printed on : 21-03-2024 16:59  
Ref Doctor : SELF

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**DEPARTMENT OF RADIOLOGY**

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**X-RAY CHEST PA**

Both lung fields and hila are normal .  
No obvious active pleuro-parenchymal lesion seen .  
Both costophrenic and cardiophrenic angles are clear .  
Both diaphragms are normal in position and contour .  
Thoracic wall and soft tissues appear normal.

**IMPRESSION :NORMAL STUDY .**

Printed on:21-03-2024 16:58

---End of the Report---

  
**Dr. CHETAN HOLEPPAGOL**  
**MBBS, DNB(RADIO DIAGNOSIS)**  
Radiology

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**Apollo Health and Lifestyle Limited**

(CIN : U65110TG2000PLC115819)

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TO BOOK AN APPOINTMENT

 **1860 500 7788**

Page 1 of 1



Patient Name: Mr. MANJUNATHA B A	Date: 21.03.2024	Referring Doctor: Self
Age / Sex : 41yrs /Male	UHID :60144	
<b>ULTRASONOGRAPHY – ABDOMEN &amp; PELVIS</b>		

**LIVER:** It is normal in size, outline and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is distended and normal. No evidence of calculi.

**SPLEEN:** It is normal in size, outline and echopattern. No e/o focal lesions.

**PANCREAS:** It is normal in size, outline and echopattern.

**RIGHT KIDNEY:** It measures 11.8x4.4 cm with parenchymal thickness of 1.4 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.


**LEFT KIDNEY:** It measures 11.7x6.4 cm with parenchymal thickness of 1.8 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**URINARY BLADDER:** It is well distended. The UB wall is normal. No e/o calculi.

**PROSTATE:** It is normal in size, outline and echotexture.

No e/o free fluid in the abdomen.

**IMPRESSION: NORMAL STUDY.**



Dr. Chetan H, DNB  
Consultant Radiologist.

Apollo Health and Lifestyle Limited

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TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient Name : Mr.Manjunath B A

Age & Sex: 41Yrs /Male

Date :21.03.2024

UHID No :60144

**MORPHOLOGICAL DATA:**

Left Atrium	Normal
Left Ventricle	Normal
Right Atrium	Normal
Right Ventricle	Normal
Interatrial septum	Intact
Interventricular septum	Intact
Aorta	Normal
Pulmonary artery	Normal
Mitral valve	Normal
Tricuspid valve	Normal
Aortic valve	Normal
Pulmonary valve	Normal
Pericardium	Normal

**DIMENSIONS:**

RVIDd	1.42 cms
LVIDd	4.03 cms
LVIDs	2.44 cms
IVSd	0.86 Cms
LVPWd	0.89 Cms
AORTA	2.51 cms
LA	3.02 Cms
LVEF	70%

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TO BOOK AN APPOINTMENT

**1860 500 7788**

Patient Name : Mr.Manjunath B A

Age & Sex: 41Yrs /Male

Date :21.03.2024

UHID No :60144

**DOPPLER DATA:**

VALVES	Velocity (Cm/s)	Peak Gradient (mmHg)	Mean Gradient (mmHg)	Regurgitation
Mitral	E : 0.79 A : 0.70 E/A : 1.14 E/e' : 7.51	2.32		NIL
Tricuspid	E: 0.59 A: 0.53			NIL
Aortic	1.29	6.75		NIL
Pulmonary	0.97	3.83		NIL

**IMPRESSION:**

NORMAL VALVES AND CHAMBERS ✓

NO RWMA

NORMAL LV FUNCTION

NO e/o CLOT/ VEGETATION/ PE ✓

  
Dr GOWTHAM H G

MD, DM CARDIOLOGY

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TO BOOK AN APPOINTMENT

 **1860 500 7788**

**Informed Consent/Declaration For Test Exclusion**

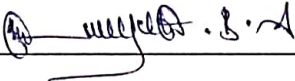
Patient Name: Manjunatha. B A Age: 41 Years

UHID Number: 60144

Please tick and sign the relevant part

I certify that I will skip ENT Consultation Test from my own.

No refund is provided for the above excluded test and i have been informed about the same.

Patient signature:  Date: 21/03/24

Witness signature: Nibla tha Date: 21/03/24