

MEDICAL EXAMINATION REPORT (MER)

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. SANOS, CH
2. Mark of Identification	:	(Mole/Scar/any other (specify location)):
3. Age/Date of Birth	:	30/11-05-1993 Gender: m F/M
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID)

PHYSICAL DETAILS:

a. Height 175 (cms)	b. Weight 90 (Kgs)	c. Girth of Abdomen 87 (cms)
d. Pulse Rate 70 (/Min)	e. Blood Pressure: 120/80	Systolic Diastolic
	1 st Reading	
	2 nd Reading	

FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father		/ n/s	
Mother			
Brother(s)			
Sister(s)			

HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
—	—	—

PERSONAL HISTORY

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. Y/N
- b. Have you undergone/been advised any surgical procedure? Y/N
- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? Y/N
- d. Have you lost or gained weight in past 12 months? Y/N

Have you ever suffered from any of the following?

- Psychological Disorders or any kind of disorders of the Nervous System? Y/N
- Any disorders of Respiratory system? Y/N
- Any Cardiac or Circulatory Disorders? Y/N
- Enlarged glands or any form of Cancer/Tumour? Y/N
- Any Musculoskeletal disorder? Y/N
- Any disorder of Gastrointestinal System? Y/N
- Unexplained recurrent or persistent fever, and/or weight loss Y/N
- Have you been tested for HIV/HBsAg / HCV before? If yes attach reports Y/N
- Are you presently taking medication of any kind? Y/N

• Any disorders of Urinary System?

Y/N

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N

FOR FEMALE CANDIDATES ONLY NA

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

➤ Was the examinee co-operative?

Y/N

➤ Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job?

Y/N

➤ Are there any points on which you suggest further information be obtained?

Y/N

➤ Based on your clinical impression, please provide your suggestions and recommendations below;

Adv. medical consult

➤ Do you think he/she is **MEDICALLY FIT** or UNFIT for employment.

FIT

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

Dr. GEORGE THOMAS
MD, FCSI, FIAE
MEDICAL EXAMINER
Reg: 86614

Seal of Medical Examiner :

Name & Seal of DDRC SRL Branch :

Date & Time :



13/04/2024



बैंक ऑफ बड़ौदा
Bank of Baroda



नाम स्नोज सी. एस.

Name SANOJ C.H.

कार्डवरी यूट क्र.

E.C. No 127267



जारीकर्ता अधिकारी

Issuing Authority

धारक के हस्ताक्षर

Signature of Holder



To,
Authorized person
DDRE.

From,
SANTOSH
BOB.

Dear Sir,

Due to some personal issue, I hereby
requested for cancelling
Health package.

Thanks & Regards,

SANTOSH





PATIENT NAME : SANOJ.C.H

REF. DOCTOR : DR. MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED

CODE/NAME & ADDRESS : CA00010147 -
MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
F701A, LADO SARAI, NEW DELHI, SOUTH DELHI,
DELHI,
SOUTH DELHI 110030
8800465156

ACCESSION NO : **4126XD003602**
PATIENT ID : SANOM1105934126
CLIENT PATIENT ID:
ADHA NO

AGE/SEX : 30 Years Male
DRAWN :
RECEIVED : 12/04/2024 08:24:33
REPORTED : 12/04/2024 13:47:46

Test Report Status	Final	Results	Biological Reference Interval	Units
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MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

OPHTHAL

OPHTHAL

COMPLETED

TREADMILL TEST

TREADMILL TEST

COMPLETED



Smitha
DR.SMITHA PAULSON,MD
(PATH),DPB
(Reg No - TCMC:35960)
LAB DIRECTOR & HEAD-
HISTOPATHOLOGY & CYTOLOGY

Nilad
DR.NILA THERESA DAVIS,MBBS
MD(PATH)
(Reg No - TCMC:47450)
CONSULTANT PATHOLOGIST

Prasad
DR.TEJAS PRASAD
VIDWANS ,MBBS MD(PATH)(Reg
No -MMC 2017/08/3919)
CONSULTANT PATHOLOGIST



View Details



View Report

PERFORMED AT :

DDRC AGILUS PATHLABS LIMITED
DDRC Agilus TOWER, G-131,PANAMPILLY NAGAR,
ERNAKULAM, 682036
KERALA, INDIA
Tel : 93334 93334
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Patient Ref. No. 666000008522439



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ECG WITH REPORT
REPORT
COMPLETED

USG ABDOMEN AND PELVIS
REPORT
COMPLETED

CHEST X-RAY WITH REPORT
REPORT
COMPLETED

HAEMATOLOGY

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

HBA1C	5.2	Normal	: 4.0 -	%
		5.6%.		
		Non-diabetic level	: < 5.7%.	
		Diabetic	: >6.5%	

Glycemic control goal
More stringent goal : < 5.5 %.
General goal : < 7%.
Less stringent goal : < 8%.

Glycemic targets in CKD :-
If eGFR > 60 : < 7%.
If eGFR < 60 : 7 - 8.5%.
< 116.0 mg/dL

MEAN PLASMA GLUCOSE 102.5

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Comments

As the presence of a variant hemoglobin is suspected; HbA1c cannot be considered as a reliable Glycemic marker in this individual.
Suggestive of

- 1:- Alternative glycemc marker Fructosamine, if total protein and albumin levels are normal.
- 2:- Hb variant analysis

BLOOD COUNTS, EDTA WHOLE BLOOD

HEMOGLOBIN	15.6	13.0 - 17.0	g/dL
RED BLOOD CELL COUNT	5.33	4.50 - 5.50	mil/ μ L
WHITE BLOOD CELL COUNT	5.77	4.0 - 10.0	thou/ μ L
PLATELET COUNT	248	150 - 410	thou/ μ L

RBC AND PLATELET INDICES

HEMATOCRIT	45.9	40.0 - 50.0	%
MEAN CORPUSCULAR VOL	86.1	83.0 - 101	fL
MEAN CORPUSCULAR HGB,	29.3	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	34.0	31.50 - 34.50	g/dL
RED CELL DISTRIBUTION WIDTH	12.0	11.60 - 14.0	%
MENTZER INDEX	16.2		
MEAN PLATELET VOLUME	9.2	6.80 - 10.90	fL

WBC DIFFERENTIAL COUNT

SEGMENTED NEUTROPHILS	52	40.0 - 80.0	%
LYMPHOCYTES	39	20.0 - 40.0	%
MONOCYTES	5	2.0 - 10.0	%
EOSINOPHILS	4	1.0 - 6.0	%
BASOPHILS	0	0.0 - 1.0	%

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ABSOLUTE NEUTROPHIL COUNT	3.00	2.0 - 7.0	thou/ μ L
ABSOLUTE LYMPHOCYTE COUNT	2.25	1.0 - 3.0	thou/ μ L
ABSOLUTE MONOCYTE COUNT	0.29	0.20 - 1.0	thou/ μ L
ABSOLUTE EOSINOPHIL COUNT	0.23	0.02 - 0.50	thou/ μ L
ABSOLUTE BASOPHIL COUNT	0.00	0.00 - 0.10	thou/ μ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.3		

ERYTHROCYTE SEDIMENTATION RATE (ESR), EDTA BLOOD

SEDIMENTATION RATE (ESR)	02	0 - 14	mm at 1 hr
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METHOD : WESTERGREIN METHOD

SUGAR URINE - POST PRANDIAL

SUGAR URINE - POST PRANDIAL	NOT DETECTED	NOT DETECTED
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SUGAR URINE - FASTING

SUGAR URINE - FASTING	NOT DETECTED	NOT DETECTED
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IMMUNOHAEMATOLOGY

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP	TYPE O
RH TYPE	POSITIVE

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MC-5897

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Interpretation(s)

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: *Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.*

The test is performed by both forward as well as reverse grouping methods.

BIO CHEMISTRY**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT****BUN/CREAT RATIO**

BUN/CREAT RATIO 11.60

CREATININE, SERUM

CREATININE 0.86 18 - 60 yrs : 0.9 - 1.3 mg/dL

GLUCOSE, POST-PRANDIAL, PLASMA
 GLUCOSE, POST-PRANDIAL, PLASMA 71
 Diabetes Mellitus : > or = 200. mg/dL
 Impaired Glucose tolerance/
 Prediabetes : 140 - 199.
 Hypoglycemia : < 55.
GLUCOSE FASTING, FLUORIDE PLASMA
 FBS (FASTING BLOOD SUGAR) 109
 Diabetes Mellitus : > or = 126. mg/dL
 Impaired fasting Glucose/
 Prediabetes : 101 - 125.
 Hypoglycemia : < 55.
LIVER FUNCTION TEST WITH GGT

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BILIRUBIN, TOTAL		0.42	General Range : < 1.1 mg/dL
BILIRUBIN, DIRECT		0.22	General Range : < 0.3 mg/dL
BILIRUBIN, INDIRECT		0.20	General Range : <0.85 mg/dL
TOTAL PROTEIN		7.3	Ambulatory : 6.4 - 8.3 g/dL Recumbant : 6 - 7.8
ALBUMIN		4.6	20-60yrs : 3.5 - 5.2 g/dL
GLOBULIN		2.7	General Range : 2 - 3.5 g/dL Premature Neonates : 0.29 - 1.04
ALBUMIN/GLOBULIN RATIO		1.7	General Range : 1.1 - 2.5 RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)		23	Adults : < 40 U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)		39	Adults : < 45 U/L
ALKALINE PHOSPHATASE		84	Adult(<60yrs) : 40 -130 U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)		47	Adult (Male) : < 60 U/L
TOTAL PROTEIN, SERUM			
TOTAL PROTEIN		7.3	Ambulatory : 6.4 - 8.3 g/dL Recumbant : 6 - 7.8
URIC ACID, SERUM			
URIC ACID		7.2	Adults : 3.4-7 mg/dL
BLOOD UREA NITROGEN (BUN), SERUM			
BLOOD UREA NITROGEN		10	Adult(<60 yrs) : 6 to 20 mg/dL

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BIOCHEMISTRY - LIPID

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

LIPID PROFILE, SERUM

CHOLESTEROL	190	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
TRIGLYCERIDES	153 High	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL
HDL CHOLESTEROL	40	General range : 40-60	mg/dL
LDL CHOLESTEROL, DIRECT	132	Optimum : < 100 Above Optimum : 100-129 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
NON HDL CHOLESTEROL	150	Desirable : < 130 Above Desirable : 130 -159 Borderline High : 160 - 189 High : 190 - 219 Very high : > / = 220	mg/dL
VERY LOW DENSITY LIPOPROTEIN CHOL/HDL RATIO	30.6 4.8	</= 30.0 Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0	mg/dL
LDL/HDL RATIO	3.3	Desirable/Low Risk - 0.5-3 Borderline/Moderate Risk- 3.1-6 High Risk- >6.0	

SPECIALISED CHEMISTRY - HORMONE

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THYROID PANEL, SERUM

T3	136.00	Adult : 80-200	ng/dL
T4	9.45	Adults : 4.5-12.1	µg/dl
TSH 3RD GENERATION	0.887	21-50 yrs : 0.4 - 4.2	µIU/mL

CLINICAL PATH - URINALYSIS

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

PHYSICAL EXAMINATION, URINE

COLOR	AMBER
APPEARANCE	CLEAR

CHEMICAL EXAMINATION, URINE

PH	5.0	4.8 - 7.4
SPECIFIC GRAVITY	1.030	1.015 - 1.030
PROTEIN	DETECTED (TRACE)	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NOT DETECTED	NOT DETECTED
NITRITE	NORMAL	NORMAL
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED
	NOT DETECTED	NOT DETECTED

MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
-----------------	--------------	--------------	------

[Signature]
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(Reg No - TCMC:45399)
CONSULTANT PATHOLOGIST

[Signature]
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(Reg No - TCMC:62092)
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WBC		5-7	
EPITHELIAL CELLS		2-3	/HPF
CASTS		NOT DETECTED	/HPF
CRYSTALS		CALCIUM OXALATE PRESENT	
BACTERIA		NOT DETECTED	NOT DETECTED
YEAST		NOT DETECTED	NOT DETECTED

****End Of Report****
Please visit <https://ddrcagilus.com> for related Test Information for this accession



DR.NISHA G,MBBS MD(PATH),
(Reg No - TCMC:45399)
CONSULTANT PATHOLOGIST



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Date...12/4/24

OPHTHALMOLOGY REPORT

This is to certify that I have examined

Mr / Ms : Sanej C.H Aged 30 and his / her

visual standards is as follows :

Visual Acuity:

For far vision

R: 6/24 ^B

L: 6/24 ^B

2Pg { 6/6
6/6

For near vision

R: N6

L: N6

Color Vision : Normal



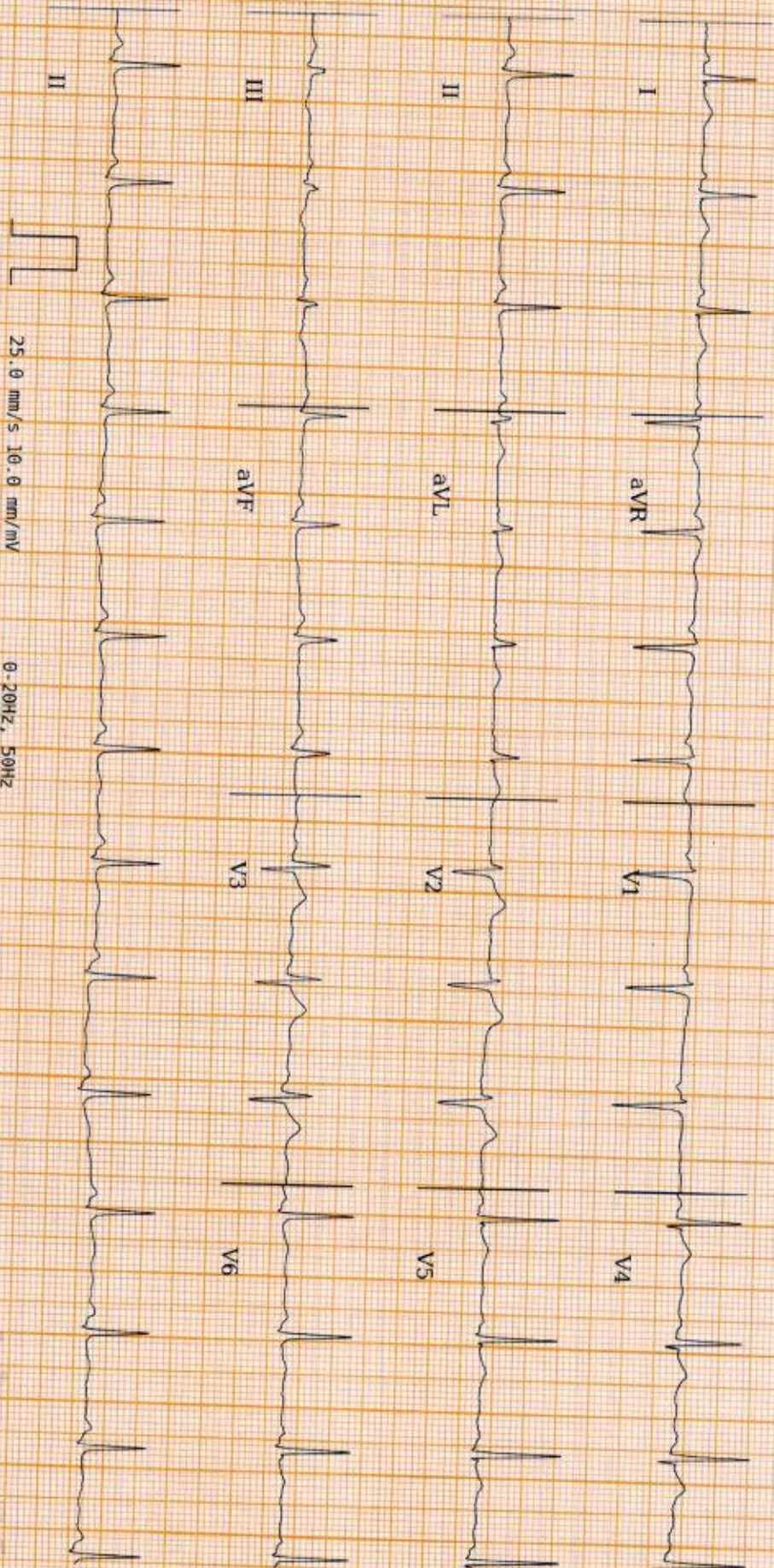
[Signature]
CIYA MARY P ROCKY
(OPTOMETRIST)



DDRC Agilus Panampilly Nagar

Age / Gender: 30/Male
Patient ID: 3602
Patient Name: Sanoj C H

Date and Time: 12th Apr 24 9:46 AM



Sinus Rhythm, Non-specific ST/T Wave Changes. Please correlate clinically.

AR: 83bpm VR: 85bpm QRSd: 78ms QT: 320ms QTcB: 380.88ms P-R-T: 59° 41° NA

REPORTED BY

Dr. Vigneshan J
MBBS



Disclaimer: Analysis in this report is based on ECG alone and should only be used as an adjunct to clinical history, symptoms and results of other diagnostic and non-invasive tests and must be interpreted by a qualified physician

DDRC AGILUS PATHLABS LTD

K.M.L. 133015

NAME: MR.SANOJ C.H	STUDY DATE 12.04.2024
AGE / SEX : 30 YRS /M	REPORTINGDATE :12.04.2024
REFERRED BY :MEDIWHEEL	ACC NO: 4126XD003602

X - RAY - CHEST PA VIEW

- Both the lung fields are clear.
- B/L hila and mediastinal shadows are normal.
- Cardiac silhouette appears normal.
- Cardio - thoracic ratio is normal.
- Bilateral CP angles and domes of diaphragm appear normal.

IMPRESSION: NORMAL STUDY.

Kindly correlate clinically


Dr. HRISHIKESH C MBBS,DMRD
Consultant Radiologist.

NAME	MR SANOJ C H	AGE	30 YRS
SEX	MALE	DATE	April 12, 2024
REFERRAL	MEDIWHEEL	ACC NO	4126XD003602

USG ABDOMEN AND PELVIS

LIVER	Measures ~ 16.2 cm, shows increased echoes Smooth margins and no obvious focal lesion within. No IHBR dilatation. Portal vein normal in caliber .
GB	No calculus within gall bladder. Normal GB wall caliber.
SPLEEN	Measures ~ 9.7 cm, normal to visualized extent. Splenic vein normal.
PANCREAS	Normal to visualized extent. PD is not dilated.
KIDNEYS	RK: 10.5 x 4.6 cm, appears normal in size and echotexture LK: 11.9 x 6.5 cm, appears normal in size and echotexture. Subtle bilateral renal concretions noted. Maintained corticomedullary differentiation and normal parenchymal thickness. No hydroureteronephrosis.
BLADDER	Partially distended, no internal echoes/calculus within
PROSTATE	Normal in volume and echopattern.
FLUID	Nil to visualized extent.
BOWEL	Visualized bowel loops appear normal
IMPRESSION	<ul style="list-style-type: none"> ↓ Hepatomegaly with grade II Fatty liver. ↓ Subtle bilateral renal concretions.

Kindly correlate clinically.

Dr. Hrishikesh C
Dr. HRISHIKESH C MBBS DMRD
 Consultant Radiologist

Thank you for referral. Your feedback will be appreciated.
In case of typing error please bring the report back correction.





SANOJ C H (30 M)

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

Bruce Protocol

ID: XD003602

Date: 12-04-2024

Exec Time: 0:00:00

Stage Time: 00:21

HR: 70 bpm

BP: 110/80 mmHg

STLevel(mm) STSlope(mV/s)

Stage: Supine

Speed: 0 kmph

Grade: 0%

THR: 161 bpm

STLevel(mm) STSlope(mV/s)

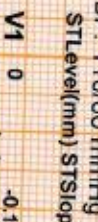


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R: 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovit CS-10 Version: 3.5

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SANOJ C H (30 M)

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: XD003602

Stage: Standing

Date: 12-04-2024

Speed: 0 kmph

Exec Time : 0:00:00

Grade: 0%

Stage Time: 00:24

THR: 161 bpm

HR: 89 bpm

BP: 110/80 mmHg

STLevel(mm) STSlope(mV/s)

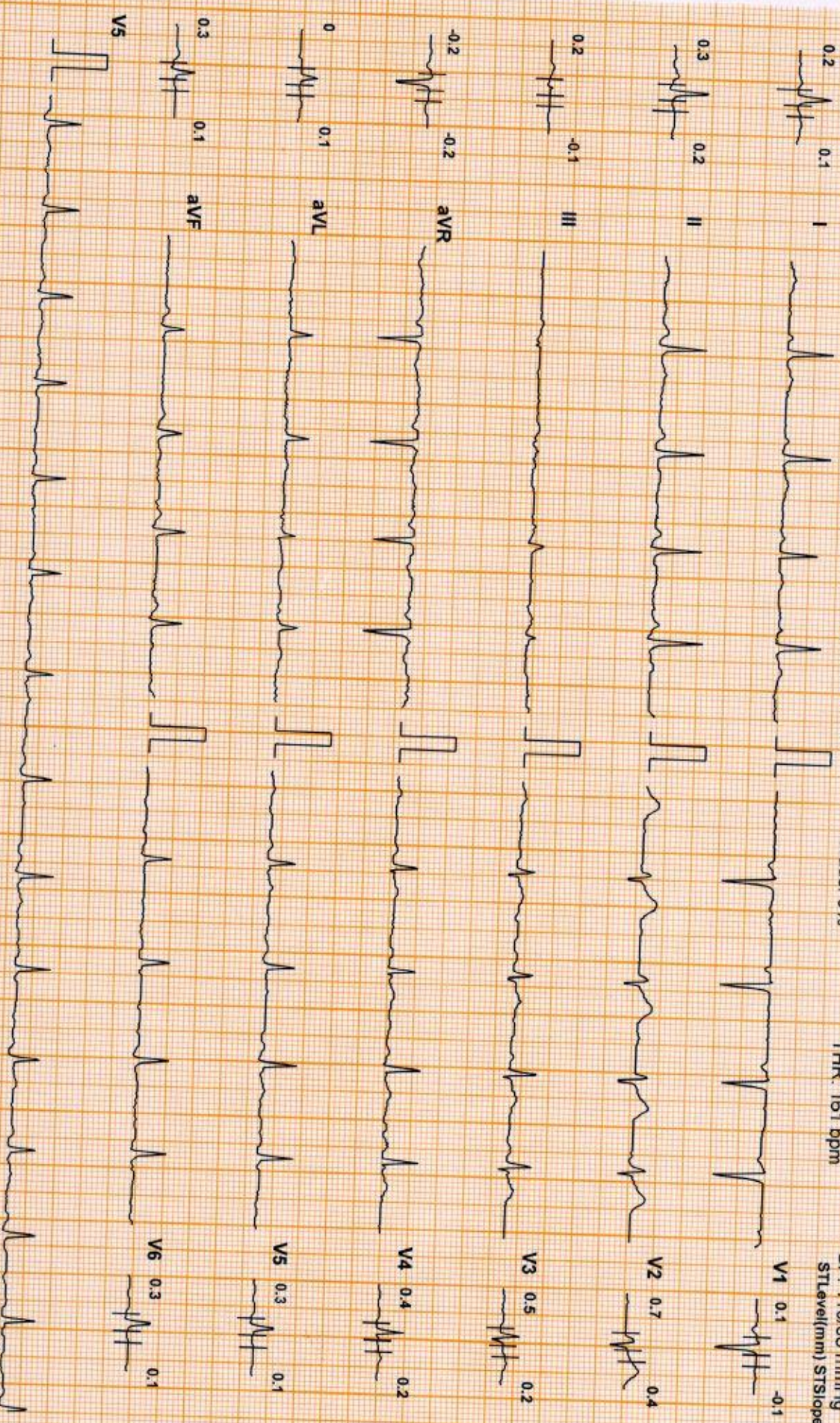


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovt CS-10 Version:3.5

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SANOJ C H (30 M)

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

Bruce Protocol

ID: XD003602

Date: 12-04-2024

Exec Time: 0:00:00

Stage Time: 00:31

HR: 88 bpm

STLevel(mm) STSlope(mV/s)

Stage: PreTest

Speed: 1.6 kmph

Grade: 0%

THR: 161 bpm

BP: 110/80 mmHg

STLevel(mm) STSlope(mV/s)

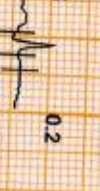
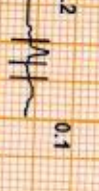
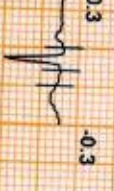
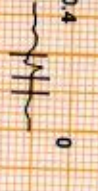
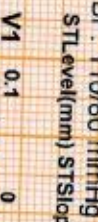


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller CardioInt CS-10 Version:3.5

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SANOJ C H (30 M)

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: XD0003602

Stage: 1

Date: 12-04-2024

Speed: 2.7 kmph

Exec Time: 0:03:00

Grade: 10%

Stage Time: 03:00

THR: 161 bpm

HR: 110 bpm

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

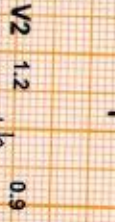
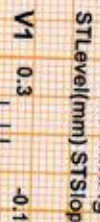
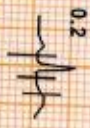


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovit CS-10 Version 3.5

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SANOJ C H (30 M)

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: XD003602
Stage: 2

Date: 12-04-2024
Speed: 4 kmph

Exec Time: 0:06:00
Grade: 12%

Stage Time: 03:00
THR: 161 bpm

HR: 136 bpm

BP: 130/80 mmHg
STLevel(mm) STSlope(mV/s)

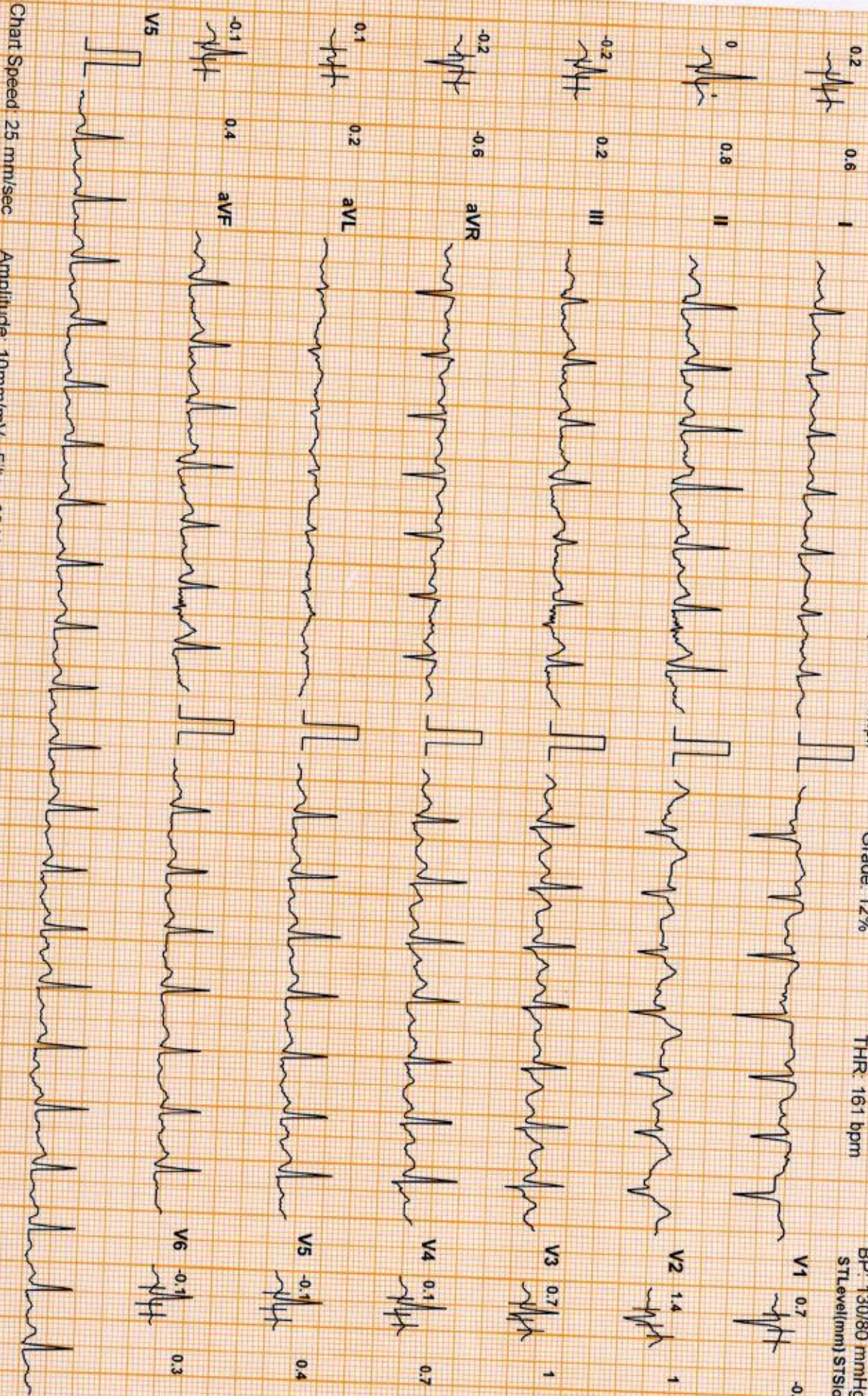


Chart Speed 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovit CS-10 Version 3.5

SANOJ C H (30 M)

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Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: XD003602

Stage: Peak Exercise

Date: 12-04-2024
Speed: 5.5 kmph

Exec Time: 0:07:45
Grade: 14%

Stage Time: 01:45
THR: 161 bpm

HR: 146 bpm

BP: 130/80 mmHg
STLevel(mm) STSlope(mV/s)

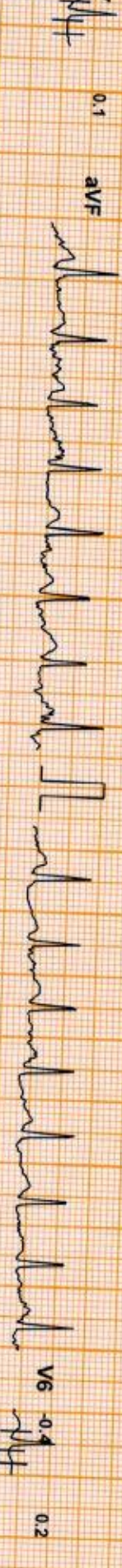


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovit CS-10 Version 3.5

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SANOJ C H (30 M)

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

Bruce Protocol
STLevel(mm) STSlope(mV/s)

ID: XD003602
Stage: Recovery1

Date: 12-04-2024
Speed: 0 kmph

Exec Time: 0:00:00
Grade: 0%

Stage Time: 01:00
THR: 161 bpm

HR: 105 bpm

BP: 170/80 mmHg
STLevel(mm) STSlope(mV/s)



0.1 0.4



0.2 0.7



0.1 0.2



0.1 0.2



0.1 0.2



0.1 0.2



0.1 0.1



0.1 0.5



0.1 0.5



0.1 0.5



Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISC = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

SANOJ C H (30 M)

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

Bruce Protocol

ID: XD003602

Date: 12-04-2024

HR: 100 bpm

STLevel(mm) STSlope(mV/s)

Stage: Recovery2

Speed: 0 kmph

Exec Time: 0:00:00

Sage Time: 01:00

BP: 160/80 mmHg

STLevel(mm) STSlope(mV/s)

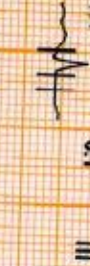
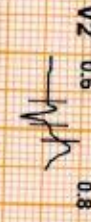
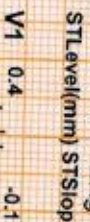


Chart Speed 25 mm/sec

Amplitude 10mm/mV

Filter 35 Hz Mains Filter ON

ISO = R : 60 ms J = R + 60 ms Post J = J + 81 ms

Schiller Cardiovit CS-10 Version 3.5

DDRC AGILUS PATHLABS LTD

SANOJ C H (30 M)

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

Bruce Protocol

ID: XD003602

Date: 12-04-2024

Exec Time: 0:00:00

Stage Time: 01:00

HR: 88 bpm

STLevel(mm) STSlope(mV/s)

Stage: Recovery3

Speed: 0 kmph

Grade: 0%

THR: 161 bpm

BP: 150/80 mmHg

STLevel(mm) STSlope(mV/s)

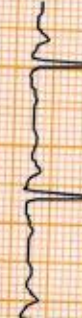
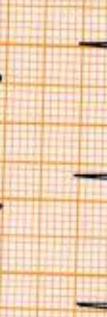
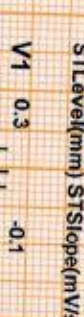


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms J = R + 60 ms Post J = J + 80 ms

Schiller Cardiofil CS-10 Version:3.5

SANOJ C H (30 M)

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

Bruce Protocol

ID: XD003602

Date: 12-04-2024

Exec Time: 0:00:00

Stage Time: 00:22

HR: 95 bpm

STLevel(mV) STSlope(mV/s)

Stage: Recovery⁴

Speed: 0 kmph

Grade: 0%

THR: 161 bpm

BP: 140/80 mmHg
STLevel(mV) STSlope(mV/s)

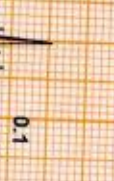
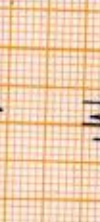
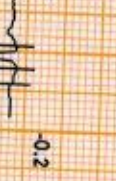
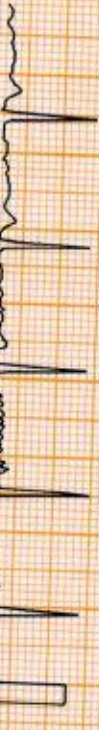


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovit CS-10 Version: 3.5

DDRC AGILUS PATHLABS LTD

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

Name: SANOJ C H

Date: 12-04-2024 Time: 10:28

Age: 30 Gender: M

Height: 175 cms Weight: 90 Kg

ID: XD003602

Clinical History: NIL

Medications: NIL

Test Details:

Protocol: Bruce

Predicted Max HR: 190

Target HR: 161 (85% of Pr. MHR)

Exercise Time: 0:07:45

Achieved Max HR: 146 (77% of Pr. MHR)

Max BP: 170/80

Max BP x HR: 24820

Max Mets: 8.7

Test Termination Criteria: Patient Fatigue


Protocol Details:

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	Max ST Level mm	Max ST Slope mV/s
Supine	00:21	1	0	0	70	110/80	7700	0.8 V3	0.4 V2
Standing	00:24	1	0	0	89	110/80	9790	0.7 V2	0.4 V2
PreTest	00:31	1	1.6	0	88	110/80	9680	0.9 V3	0.6 V2
Stage: 1	03:00	4.7	2.7	10	110	120/80	13200	1.2 V2	0.9 V2
Stage: 2	03:00	7	4	12	136	130/80	17680	1.4 V2	1 V2
Peak Exercise	01:45	8.7	5.5	14	146	130/80	18980	1.1 V2	1.2 V3
Recovery1	01:00	1	0	0	105	170/80	17650	0.9 V3	1.3 V3
Recovery2	01:00	1	0	0	100	160/80	16000	0.6 V2	0.8 V2
Recovery3	01:00	1	0	0	88	150/80	13200	0.5 V2	0.5 V2
Recovery4	00:22	1	0	0	95	140/80	13300	0.5 V2	0.6 V3

Interpretation

The Patient Exercised according to Bruce Protocol for 0:07:45 achieving a work level of 8.7 METS.
 Resting Heart Rate, initially 70 bpm rose to a max. heart rate of 146bpm (77% of Predicted Maximum Heart Rate)
 Resting Blood Pressure of 110/80 mmHg, rose to a maximum Blood Pressure of 170/80 mmHg. No Angina.
 No Arrhythmia.

- Good effort tolerance
- No significant ST changes on exercise
- Test negative for inducible ischemia at the achieved HR
- To correlate clinically.


 DR GEORGE THOMAS
 MD, FCSI, FIAE
 CARDIOLOGIST



Ref. Doctor: MEDIWHEEL

SCHILLER

The Art of Diagnostics

Doctor: MEDIWHEEL

(Summary Report edited by User)
 Cardioit CS-10 Version:3.5