

MER- MEDICAL EXAMINATION REPORT

Date of Examination	29/3/24	
NAME	DEEPAK JAIN	
AGE	35	Gender M
HEIGHT(cm)	178	WEIGHT (kg) 88 BMS-27.8
B.P.	110/68	
ECG	Normal	
X Ray	Normal	
Vision Checkup	-	
Present Ailments	None	
Details of Past ailments (If Any)	None	
Comments / Advice : She /He is Physically Fit	MEDICALLY FIT	



Dr. Suresh Rastogi  
MBBS, DCP  
No. 137370

Signature with Stamp of Medical Examiner

You have been informed that ent ,diet, ophthal consultation facility is not available at our centre. If you are ready then your test can be start

2D echo test facility is not available at our center, instead we do TMT test.

Deepak An Jainwal



भारत सरकार  
Government of India

जाधार

22/01/2012



दीपक कुमार जायसवाल  
Deepak Kumar Jaiswal  
जन्म तिथि / DOB : 24/05/1990  
पुरुष / Male



7838 9703 3574

मेरा आधार, मेरी पहचान



Deepak K. Jaiswal



# MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi  
M.B.B.S., M.D. (Path & Bact)



## CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)  
Gomti Nagar, Lucknow - 226 010  
Ph.: 0522-4008184, 4308184 • 8112323230  
Mob.: 7618884441, 9450389932, 8177063877

Date	: 29-Mar-2024		
Name	: Mr. DEEPAK JAISWAL	Age	: 33 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

Haemoglobin	14.4	gm%	14 - 17
-------------	------	-----	---------

Total Leucocyte Count	7800	Cells/cumm.	4000-11000
-----------------------	------	-------------	------------

Differential Leucocyte Count			
Polymorphs	59	%	45 - 70
Lymphocytes	32	%	20 - 45
Eosinophils	03	%	0 - 6
Monocytes	06	%	0 - 8
Basophils	00	%	0 - 1

Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	06	mm in 1st Hr.	0 - 9
PCV	44.9	cc%	40 - 52
Corrected ESR	00	mm in 1st Hr.	0 - 9

Platelet Count	1.10	lakh/cumm.	1.5 - 4.0
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Red Cells Count	5.25	million/cmm	3.90 to 5.80
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Absolute values			
MCV	85.5	fL	77 - 97
MCH	27.4	pg	27 - 31
MCHC	32.1	gm /dl	31 - 34

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Dr. Smita Rastogi  
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

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Date : 29-Mar-2024  
Name : **Mr. DEEPAK JAISWAL**  
Ref.By : APOLLO HEALTH  
Age : 33 Yrs.  
Sex : Male

Plasma Glucose - F  
GOD-POD Method 102 mg/dl 70 - 110

Plasma Glucose - PP  
GOD POD Method 124 mg/dl 110 - 170

Blood Group & Rh "B" Positive

**KFT**  
UREA 22.4 mg % 15 - 50  
CREATININE 0.86 mg % 0.5 - 1.5  
URIC ACID 5.2 mg % 2 - 7  
CALCIUM 9.8 mg % 8.8 - 10.0

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Name	: <b>Mr. DEEPAK JAISWAL</b>	Age	: 33 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

LFT T&D			
Total Bilirubin	0.61	mg%	0.2 - 1.0
Direct Bilirubin	0.28	mg%	0.0 to 0.40
Indirect Bilirubin	0.33	mg%	0.10 to 0.90
S.G.P.T	<b>93</b>	IU/L	5 - 40
S.G.O.T	<b>78</b>	IU/L	5 - 50
ALP	102	IU/L	40 to 129

Serum Gamma G.T.	31	IU/L	11 - 50
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Urine Sugar (Fasting)	NIL
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Urine Sugar (PP)	NIL
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Date	: 29-Mar-2024		
Name	: <b>Mr. DEEPAK JAISWAL</b>	Age	: 33 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

### LIPID PROFILE

Triglycerids	496	mg%	70 - 190
S. Cholestrol S.	206	mg%	130 - 230
S. HDL Cholestrol	46.1	mg%	35 - 75
S. LDL Cholestrol	60.7	mg%	75 - 150
VLDL	99.2	mg%	0 - 34
Chol / HDL factor	4.47		
LDL / HDL Factor	1.32		

### COMMENTS

\* Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).

\* LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.

\* Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

### TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date : 29-Mar-2024  
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Ref.By : APOLLO HEALTH  
Age : 33 Yrs.  
Sex : Male

Glycosylated Haemoglobin	Glycosylated Haemoglobin	Glycosylated Haemoglobin
=====	6.3	%
=====		4.5 TO 6.0

INTERPRETATION AND COMMENTS

=====

NON DIABETIC : 4.5 to 6.0 %  
 GOOD CONTROL: 6.0 to 7.0  
 FAIR CONTROLLED 7.0 AND 8.0  
 UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

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Date	: 29-Mar-2024	Age	: 33 Yrs.
Name	: <b>Mr. DEEPAK JAISWAL</b>	Sex	: Male
Ref.By	: APOLLO HEALTH		

	THYROID TEST		
Tri-iodothyronine (T3)	1.80	nmol/L	0.50 to 2.50
Thyroxine (T4)	6.50	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	2.68	mIU/ ml	0.3 to 6.0

=====

COMMENTS

=====

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and esterogen therapy, while depressed levels maybe encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date	: 29-Mar-2024		
Name	: <b>Mr. DEEPAK JAISWAL</b>	Age	: 33 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

## Urine Examination

<b>PHYSICAL</b>			
Colour	Straw		
Turbidity	Nil		
Deposit	Nil		
Reaction	Acidic		
*Specific Gravity	1.030		
<b>CHEMICAL</b>			
Protein	Nil		
Sugar	Nil		
*Bile Salts	Nil		
*Bile Pigments	Nil		
Phosphate	Nil		
<b>MICROSCOPIC</b>			
Pus Cells	Nil	/hpf	
Epithelial Cells	0-1	/hpf	
Red Blood Cells	Nil	/hpf	
Casts	Nil		
Crystals	Nil		
Others	Nil		

Page 6 (End of Report)  
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Date	: 29-Mar-2024		
Name	: <b>Mr. DEEPAK JAISWAL</b>	Age	: 33 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

**General Blood Picture**

<b>RBCs</b>	RBCs are Normocytic & Normochromic. No Normoblasts are seen.
<b>WBCs</b>	TLC is within normal range. DLC shows normal counts. No immature cells of WBC seen.
<b>PLATELETS</b>	Platelets are reduced in number and morphology.
<b>QTHERS</b>	No haemoparasites are seen.
<b>IMPRESSION</b>	THROMBOCYTOPENIA



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TEST REQUEST ID	:012403290048	SAMPLE DATE	:29/Mar/2024 09:55AM
NAME	:Mr. DEEPAK JAISWAL	SAMPLE REC. DATE	:29/Mar/2024 09:55AM
AGE/SEX	:35 YRS/MALE	REPORTED DATE	:29/Mar/2024 01:11PM
REFERRED BY	: Apollo Health and Lifestyle Limited,	BARCODE NO	:01290048

**USG WHOLE ABDOMEN-MALE**

**Liver:** is enlarged in size (162 mm). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

**Gall Bladder:** is well distended. Lumen is anechoic. Wall is of normal thickness.

**CBD:** is normal in diameter. Portal vein is normal in diameter.

**Pancreas:** is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

**Spleen:** is normal in size (105 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

**Both Kidneys:** are normal in size (RK- 102 x 49 mm & LK – 90 x 47 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

**Urinary bladder:** is well distended. Lumen is anechoic. **Wall thickness is mildly increased with a echogenic shadow seen at left lateral part.**

**Prostate:** is normal in size (40 x 34 x 28 mms, wt = 20 gms), shape and echotexture. No focal echovariant lesion is seen. Prostatic capsule appears to be intact. Median

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AGE/SEX :35 YRS/MALE	REPORTED DATE	:29/Mar/2024 01:11 PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01290048

lobe is not projecting in UB lumen. Both seminal vesicles appear normal.

Both iliac fossae are clear. No obvious bowel pathology is noted.  
There is no free fluid in peritoneal cavity.

## OPINION:

- HEPATOMEGALY.
- ..? CYSTITIS

**ADVISE : Urine R/M & C/S**

\*\*\* End Of Report \*\*\*

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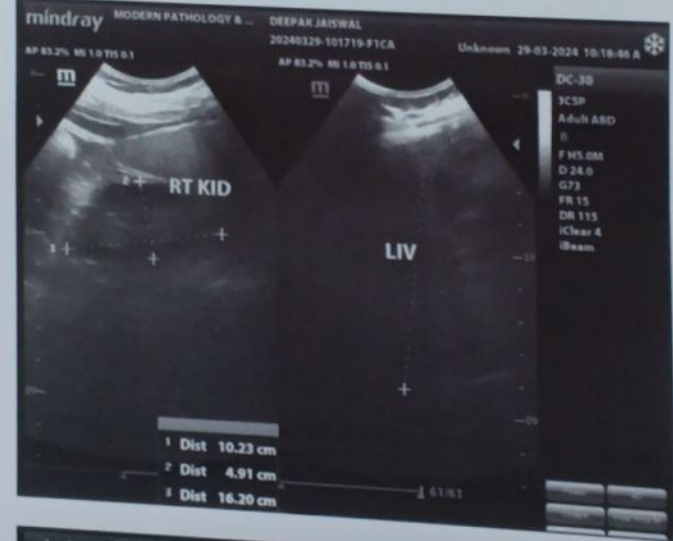
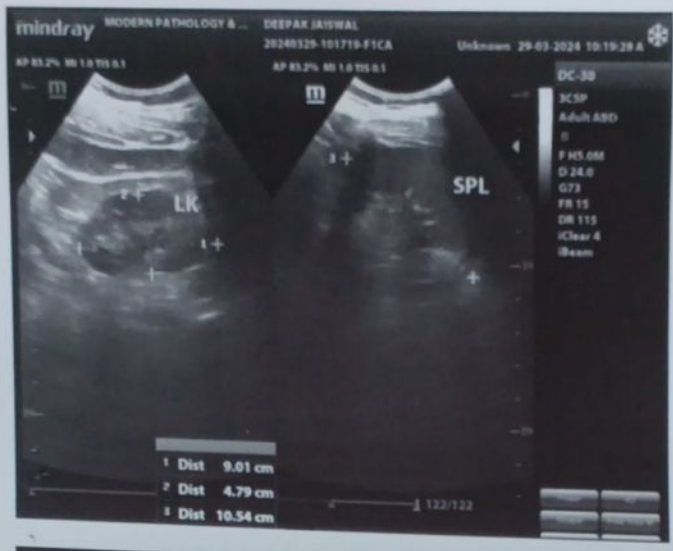
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mindray

MODERN PATHOLOGY & ...

DEEPAK

20240329-105159-F1CA

Unknown 29-03-2024 10:53:26 A



AP 83.2% MI 0.9 TIS 0.1

AP 83.2% MI 0.9 TIS 0.1

DC-30

3C5P

Adult ABD

B

F H5.0M

D 18.5

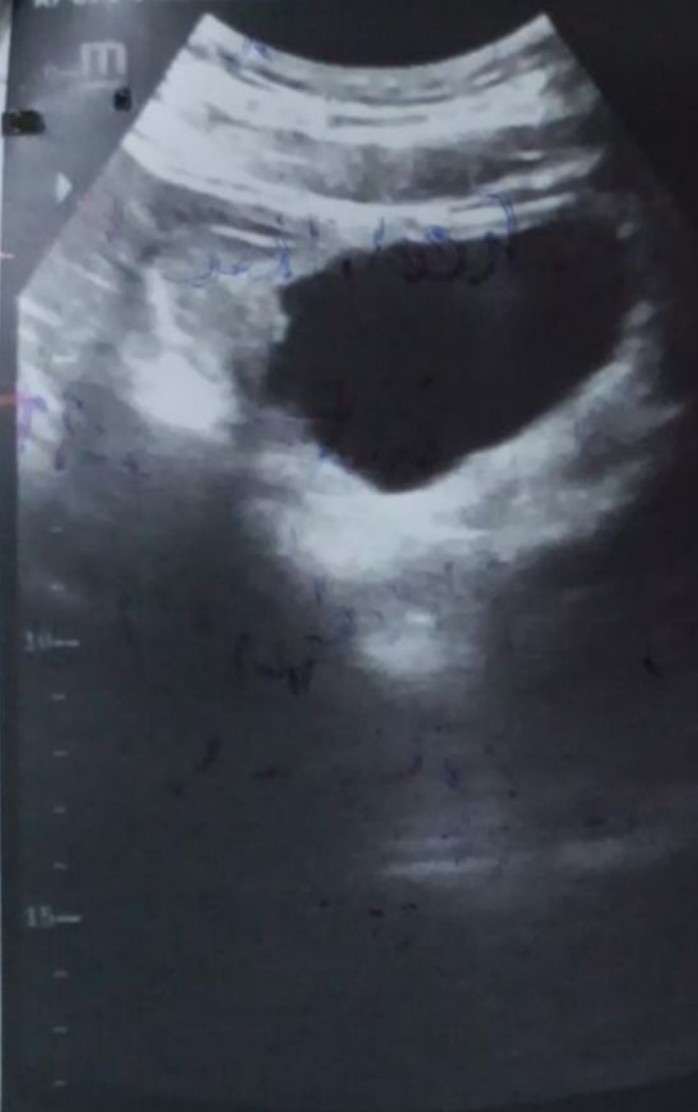
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DR 115

iClear 4

iBeam



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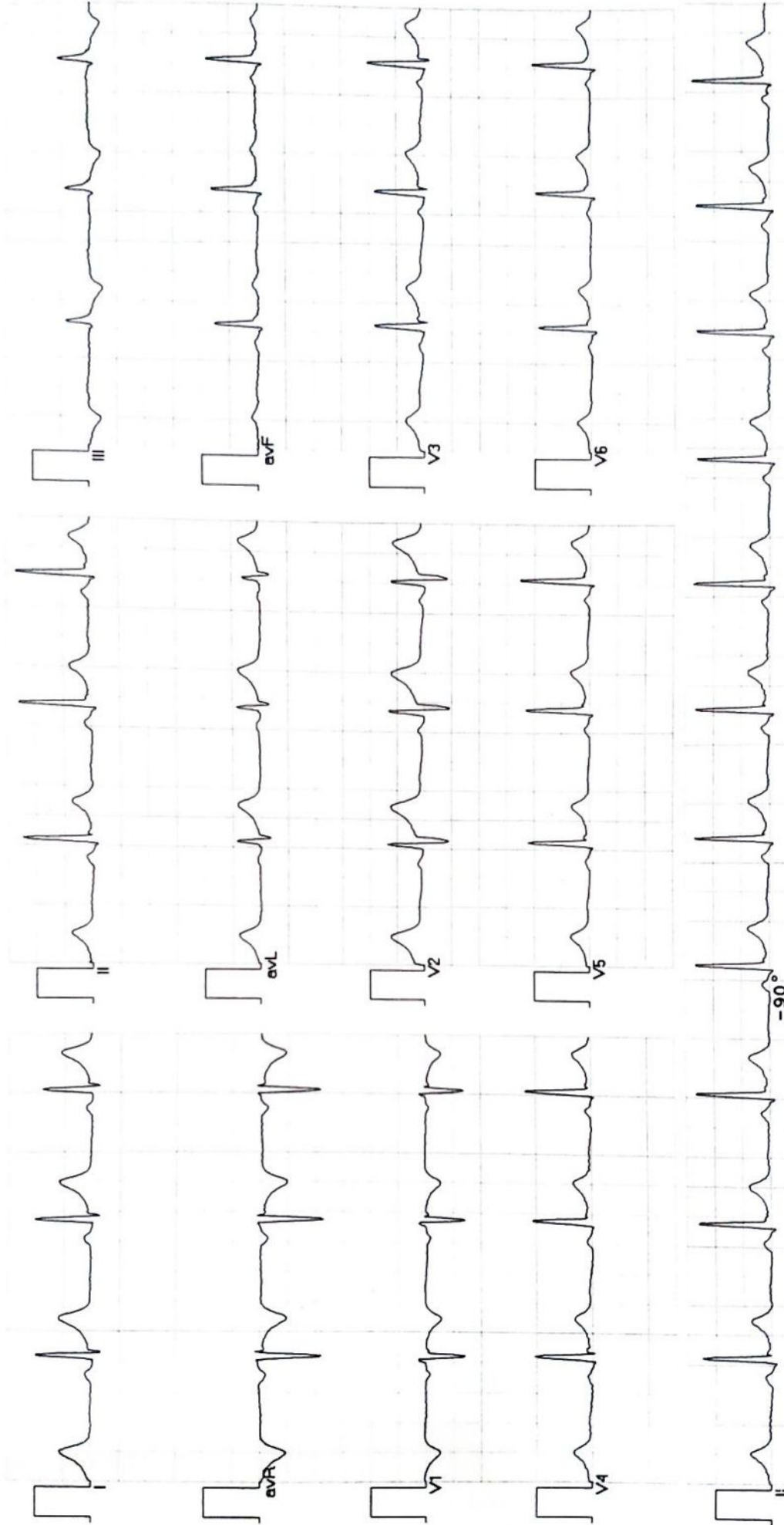
340/340

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Scope	Free Zoom M

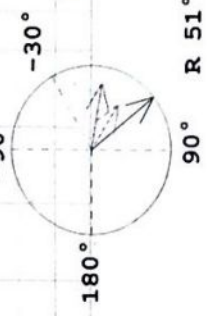
# Modern Pathology And Diagnostic Centre

167 / DEEPAK JAISWAL / 33 Yrs / M / 178Cms. / 88Kgs. / Non Smoker  
Heart Rate : 69 bpm / Tested On : 29-Mar-24 11:28:19 / HF 0.05 Hz - LF 100 Hz / Notch 50 Hz / Sn 1.00 Cm/mV / Sw 25 mm/s  
/ Refd By.: APOLLO HEALTH

# ECG



Vent Rate : 69 bpm  
PR Interval : 136 ms  
QRS Duration: 86 ms  
QT/QTc Int : 390/406 ms  
P-QRS-T axis: 32.00° 51.00° 9.00°



Allergens ECG (Pisces)(PIS215191030)

Axis  
Dr. AMIT MOHAN  
T 9° P 32° QRS 51°  
Reg. No. 44559

Deepak for Jaiswal





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AGE/SEX :35 YRS/MALE	REPORTED DATE	:29/Mar/2024 01:38PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01290048

**XRAY CHEST PA**

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

**OPINION: NORMAL STUDY.**

Please correlate clinically.

\*\*\* End Of Report \*\*\*

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Gomti Nagar Lucknow

Report



DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg  
 Date: 29 - 03 - 2024 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:03	0:03	00.0	00.0	01.0	083	44 %	110/68	091	00	
Standing	00:07	0:04	00.0	00.0	01.0	083	44 %	110/68	091	00	
HV	00:11	0:04	00.0	00.0	01.0	080	43 %	110/68	088	00	
ExStart	00:23	0:12	00.0	00.0	01.0	080	43 %	110/68	088	00	
BRUCE Stage 1	03:23	3:00	02.7	10.0	04.7	129	69 %	126/82	162	00	
BRUCE Stage 2	06:23	3:00	04.0	12.0	07.1	155	83 %	132/86	204	00	
PeakEx	06:49	0:26	05.5	14.0	07.6	164	88 %	140/90	229	00	
Recovery	07:49	1:00	00.0	00.0	01.2	133	71 %	138/88	183	00	
Recovery	08:49	2:00	00.0	00.0	01.0	108	58 %	132/84	142	00	
Recovery	09:49	3:00	00.0	00.0	01.0	108	58 %	126/82	136	00	
Recovery	09:55	3:06	00.0	00.0	01.0	108	58 %	122/80	131	00	

## FINDINGS :

Exercise Time : 06:26  
 Max HR Attained : 164 bpm 88% of Target 187  
 Max BP Attained : 140/90 (mm/Hg)  
 Max WorkLoad Attained : 7.6 Fair response to induced stress  
 Test End Reasons : Test Complete

## REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

*(Signature)*  
 Dr. Anil Kumar  
 Reg. No. 44659

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 83

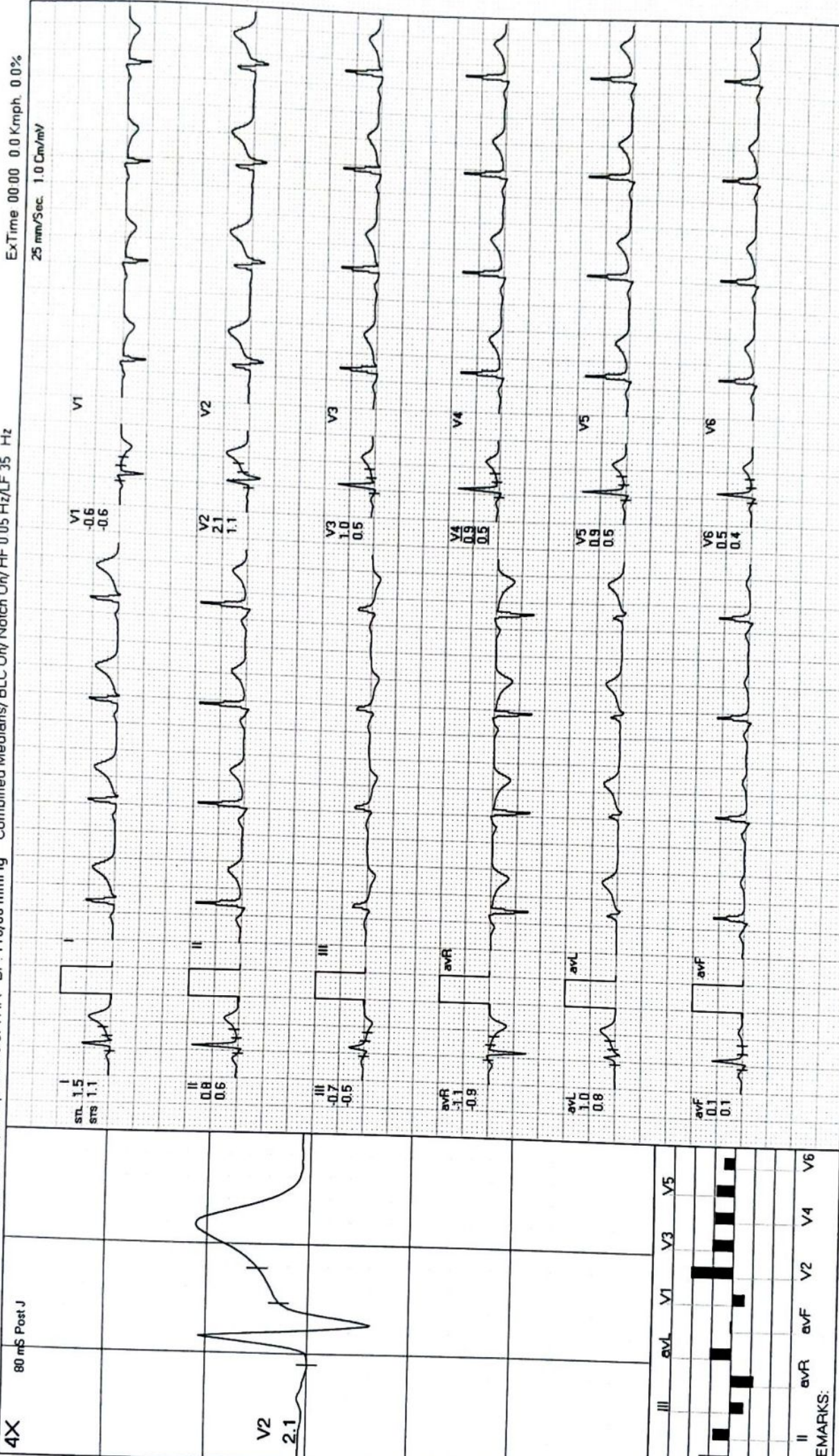
BRUCE:Supine(0:05)



Date: 29 - 03 - 2024

METS: 1.0 / 83 bpm 44% of THR BP: 110/68 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Kmph. 0.0%  
25 mm/Sec. 1.0 Cm/mV



REMARKS:

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 83

BRUCE: Standing(0:04)

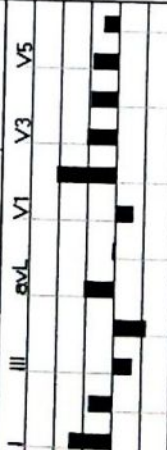
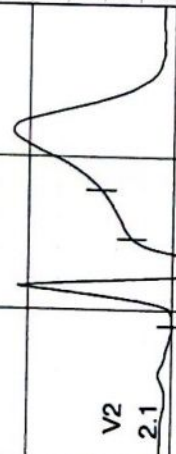
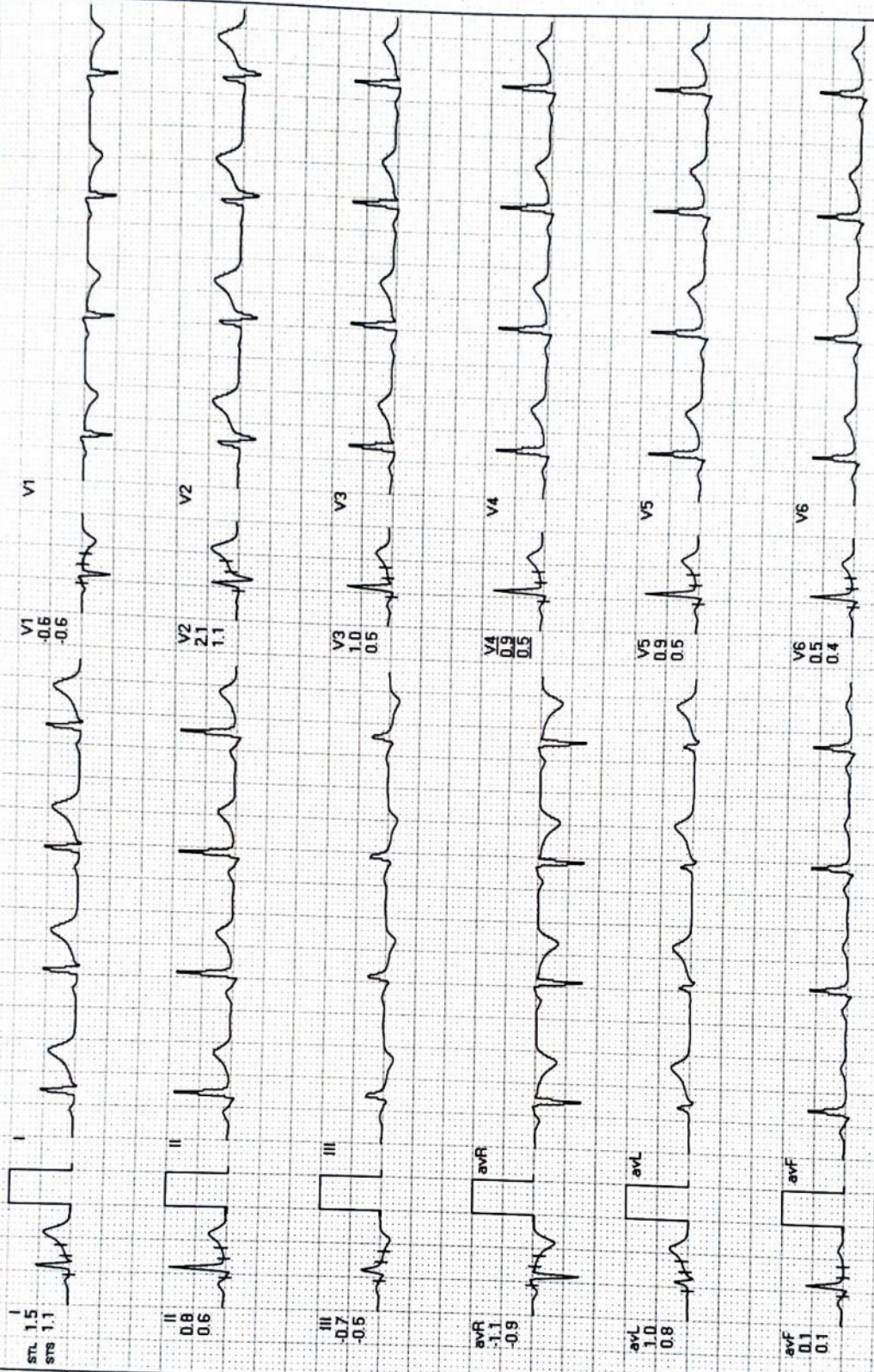


Date: 29-03-2024

METS: 1.07/83 bpm 44% of THR BP: 110/68 mmHg Combined Medians/BLC On/ Natch On/HF 0.05 Hz/LF 35 Hz

4X 80 mS Post J

ExtTime 00:00 0.0 KmPh. 0.0%  
25 mm/Sec. 1.0 Cm/mV



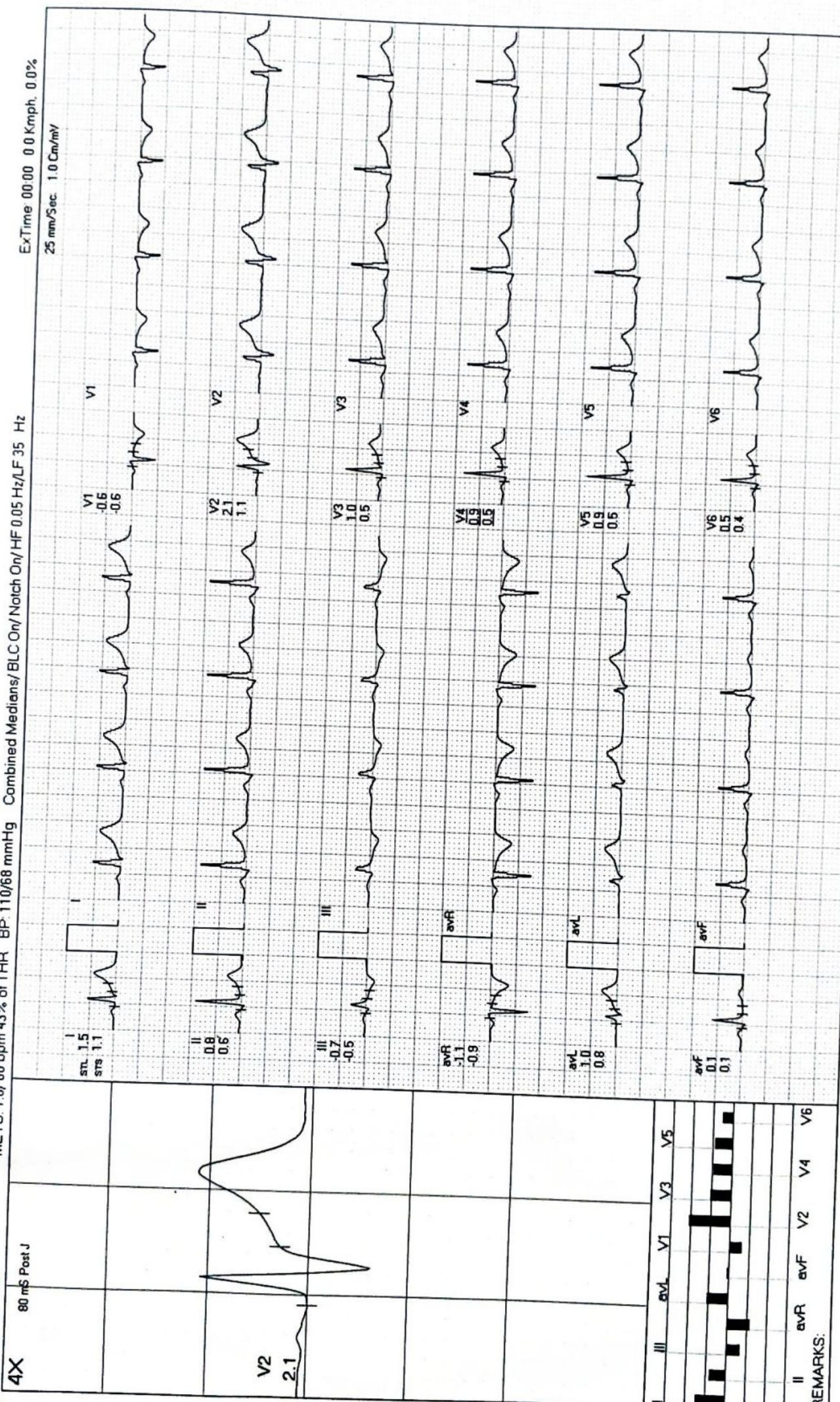
REMARKS:  
II aVR aVF V2 V4 V6

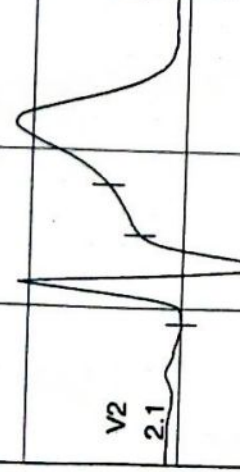


Date: 29-03-2024

METS: 1.0/80 bpm 43% of THR BP: 110/68 mmHg Combined Medians/BLC On/ Hatched On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Kmph. 0.0%  
25 mm/Sec. 1.0 Cm/mV



4X	80 mS Post J	 <p>V2 2.1</p>					
			III	avL	V1	V3	V5
 <p>II avR avF V2 V4 V6</p>							
REMARKS:							



**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 129

BRUCE: Stage 1 (3:00)

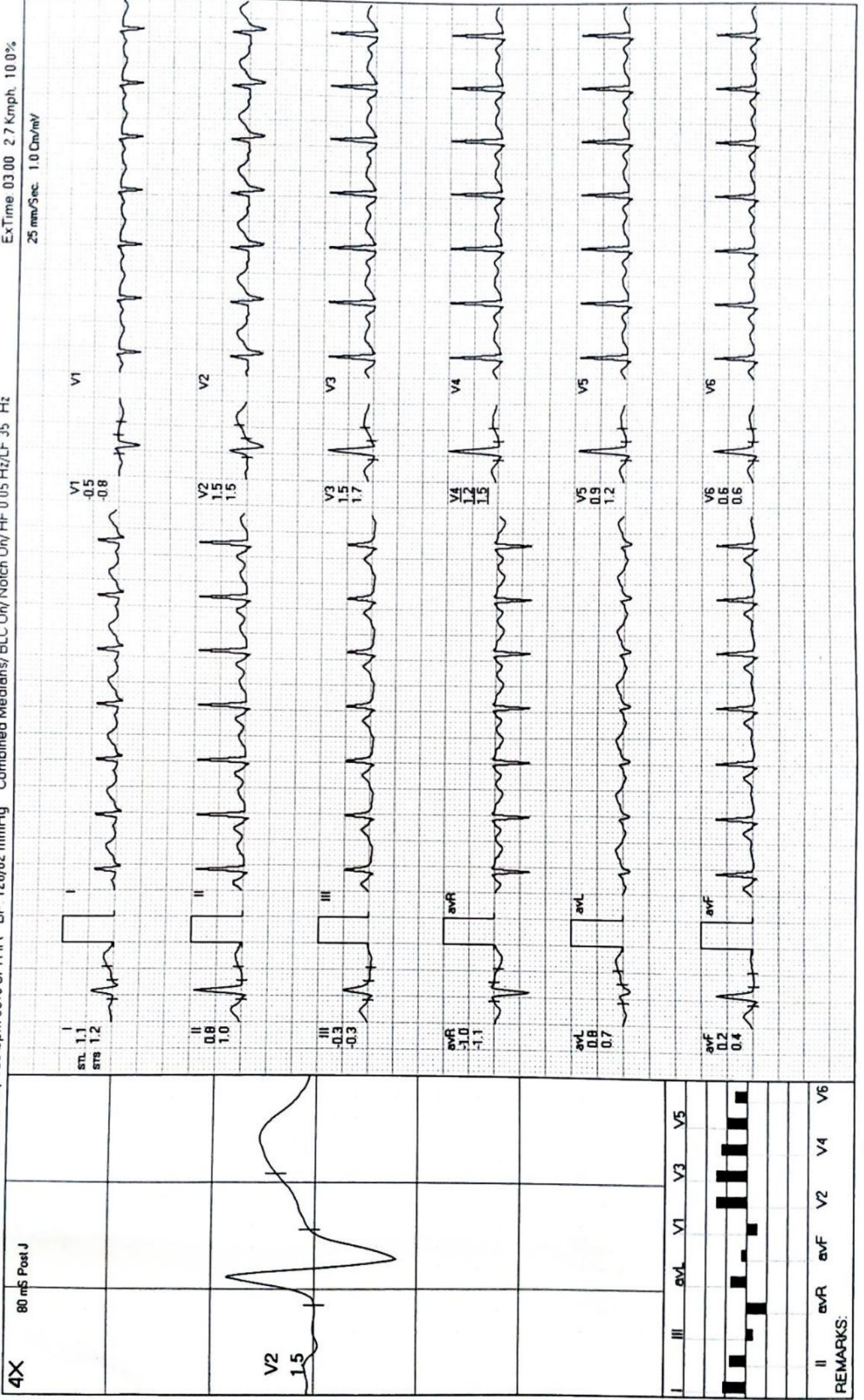


Date 29 - 03 - 2024

METS: 4.7 / 129 bpm 69% of THR BP 126/82 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime 03:00 2.7 Kmph 10.0%

25 mm/Sec. 1.0 Cm/mV



REMARKS:

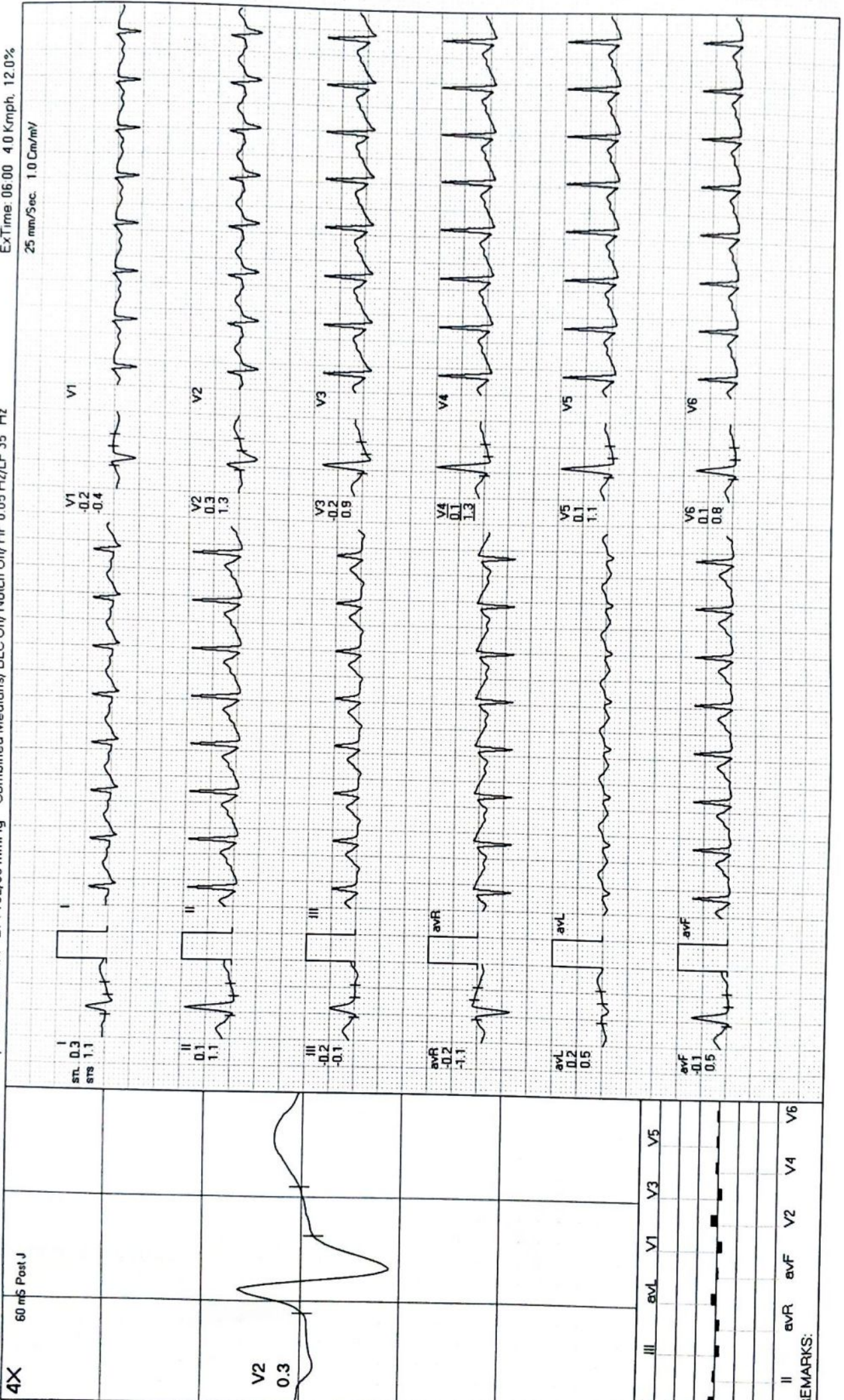
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 155

**BRUCE: Stage 2(3:00)**



Date 29-03-2024  
 METS: 7.1/155 bpm 83% of THR BP: 132/86 mmHg Combined Medions/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz  
 ExTime: 06:00 4.0 Kmph. 12.0%  
 25 mm/Sec. 1.0 Cm/mV



REMARKS:  
 II aVR aVF V2 V4 V6  
 III aVL V1 V3 V5



# MODERN PATHOLOGY AND DIAGNOSTIC CENTER

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 164

PeakEx

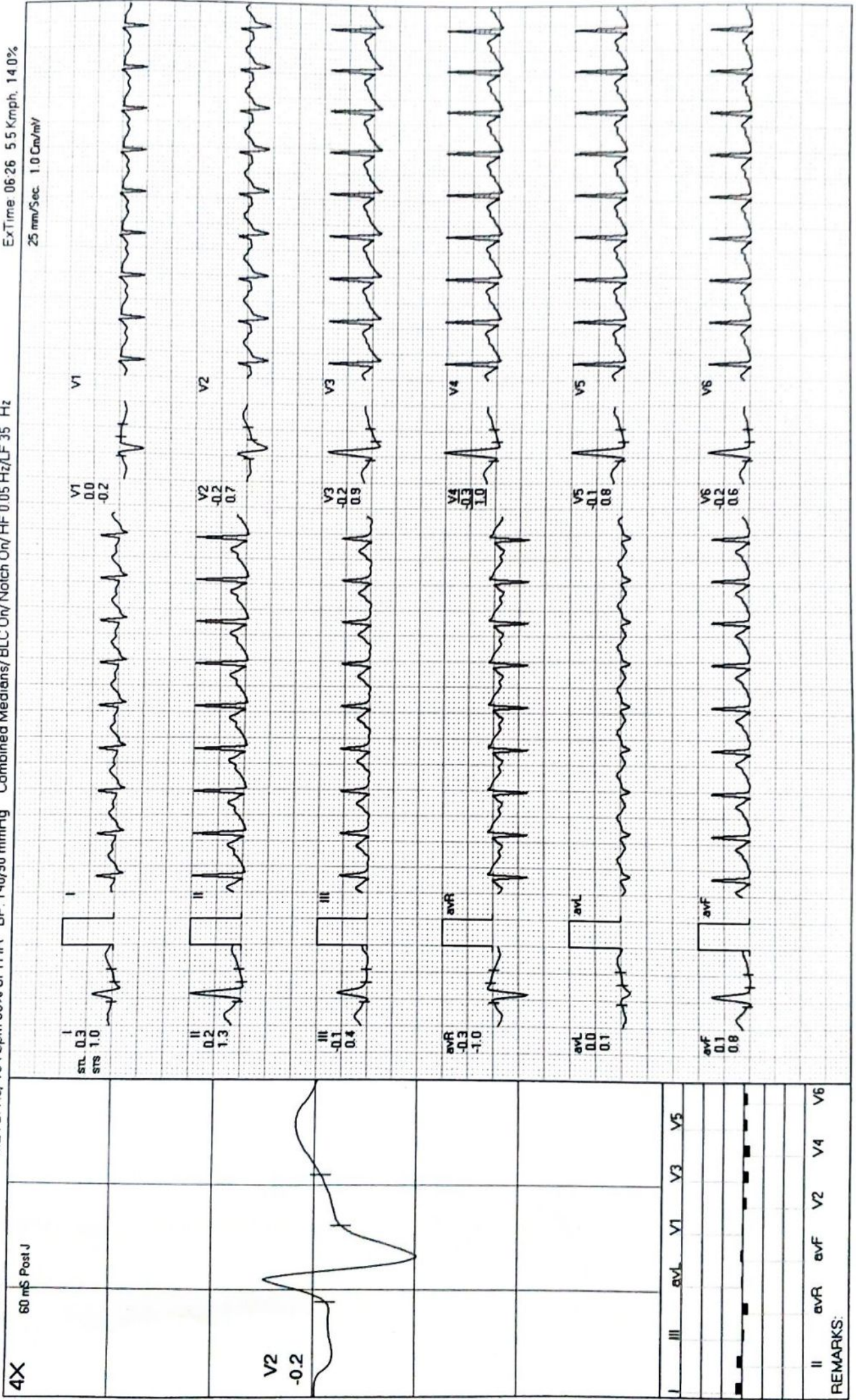


Date: 29-03-2024

METS: 7.6 / 164 bpm 88% of THR BP: 140/90 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 06:26 5.5 Km/h, 14.0%

25 mm/Sec 1.0 Cm/mV



REMARKS:  
II avR avF V2 V4 V6

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 133

Recovery(1:00)

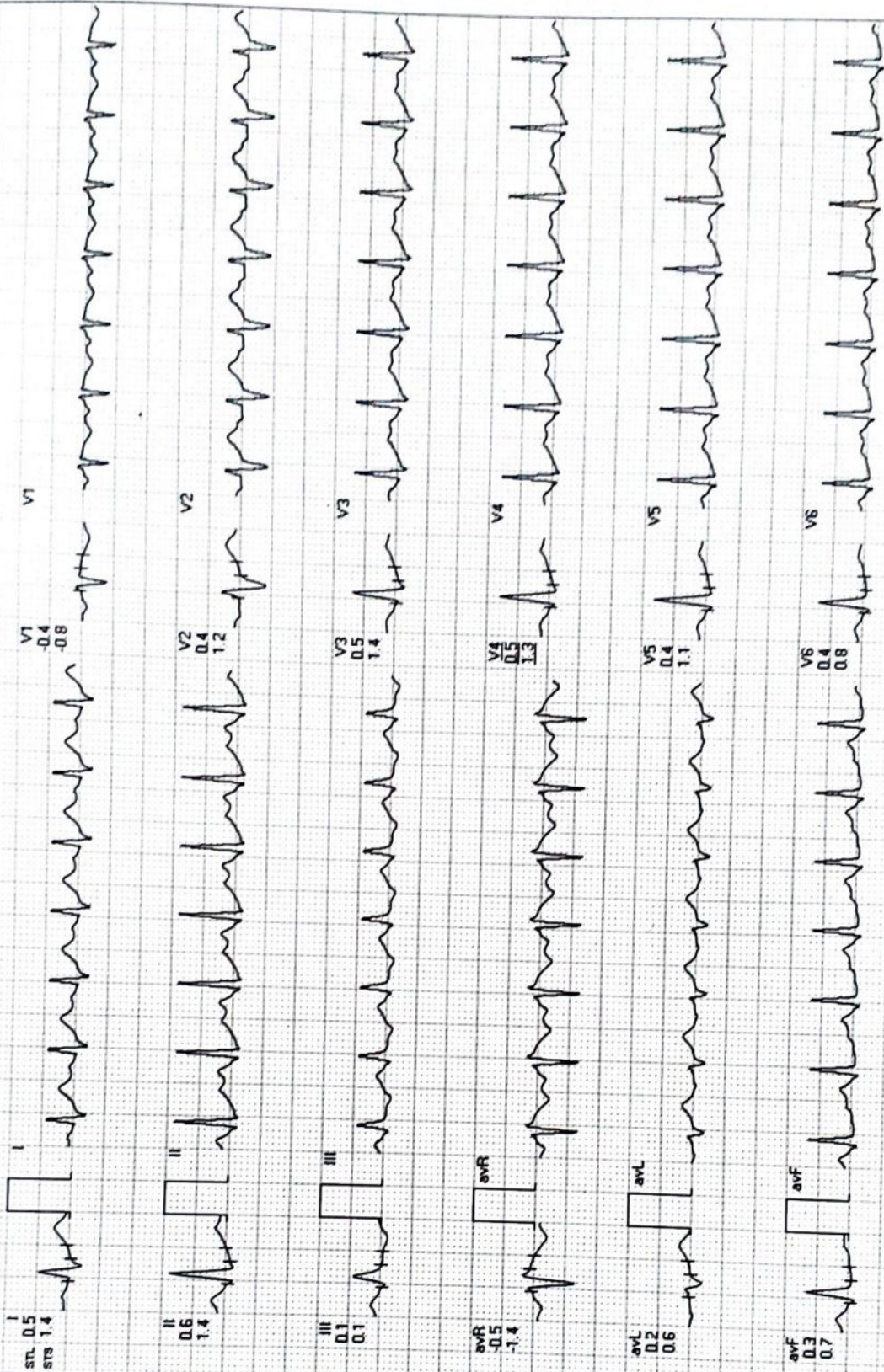


Date: 29-03-2024

METS 1.2/133 bpm 71% of THR BP: 138/88 mmHg Combined Medians/BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

4X 60 mS Post J

ExTime 06:26 0.0 Km/h, 0.0%  
25 mm/Sec. 1.0 Cm/mV



I  
STL 0.5  
STR 1.4

II  
0.6  
1.4

III  
0.1  
0.1

aVR  
-0.5  
-1.4

aVL  
0.2  
0.6

aVF  
0.3  
0.7

V1  
0.4  
-0.8

V2  
0.4  
1.2

V3  
0.5  
1.4

V4  
0.5  
1.3

V5  
0.4  
1.1

V6  
0.4  
0.8

V2  
0.4

I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6

REMARKS:

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 108

Recovery(2:00)



Date: 29-03-2024

METS: 1.0/108 bpm 58% of THR BP: 132/84 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz

ExTime 06:26 0.0 KmPh. 0.0%  
25 mm/Sec. 1.0 Cm/mV



REMARKS:

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 108

Recovery(3:00)



Date: 29-03-2024

METS: 1.0/108 bpm 58% of THR BP: 126/82 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz

ExTime 06:26 0.0 Km/h, 0.0%  
25 mm/5sec 1.0 Cm/mV



REMARKS:

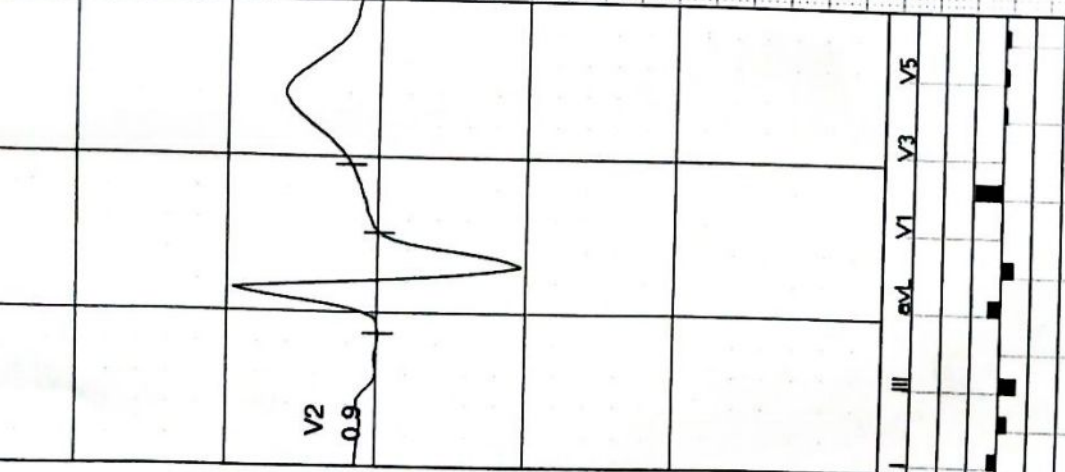
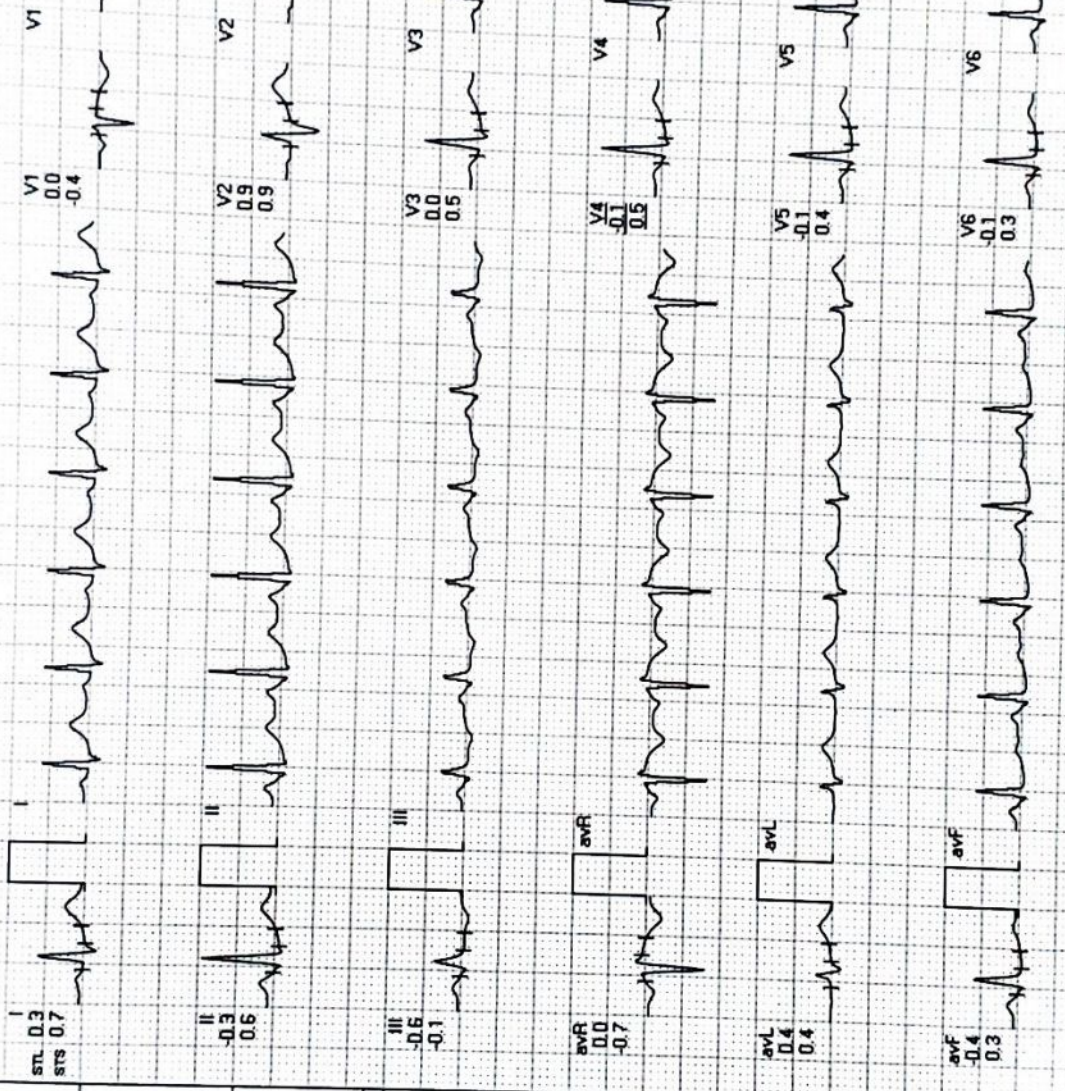
**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 108

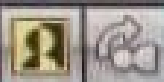
Recovery(3:06)



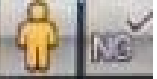
Date: 29-03-2024 METS 1.0/108 bpm 58% of THR BP: 122/80 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz  
 4X 80 mS Post J ExTime 0626 0.0 KmPh. 0.0%  
 25 mm/Sec. 1.0 Cm/mV



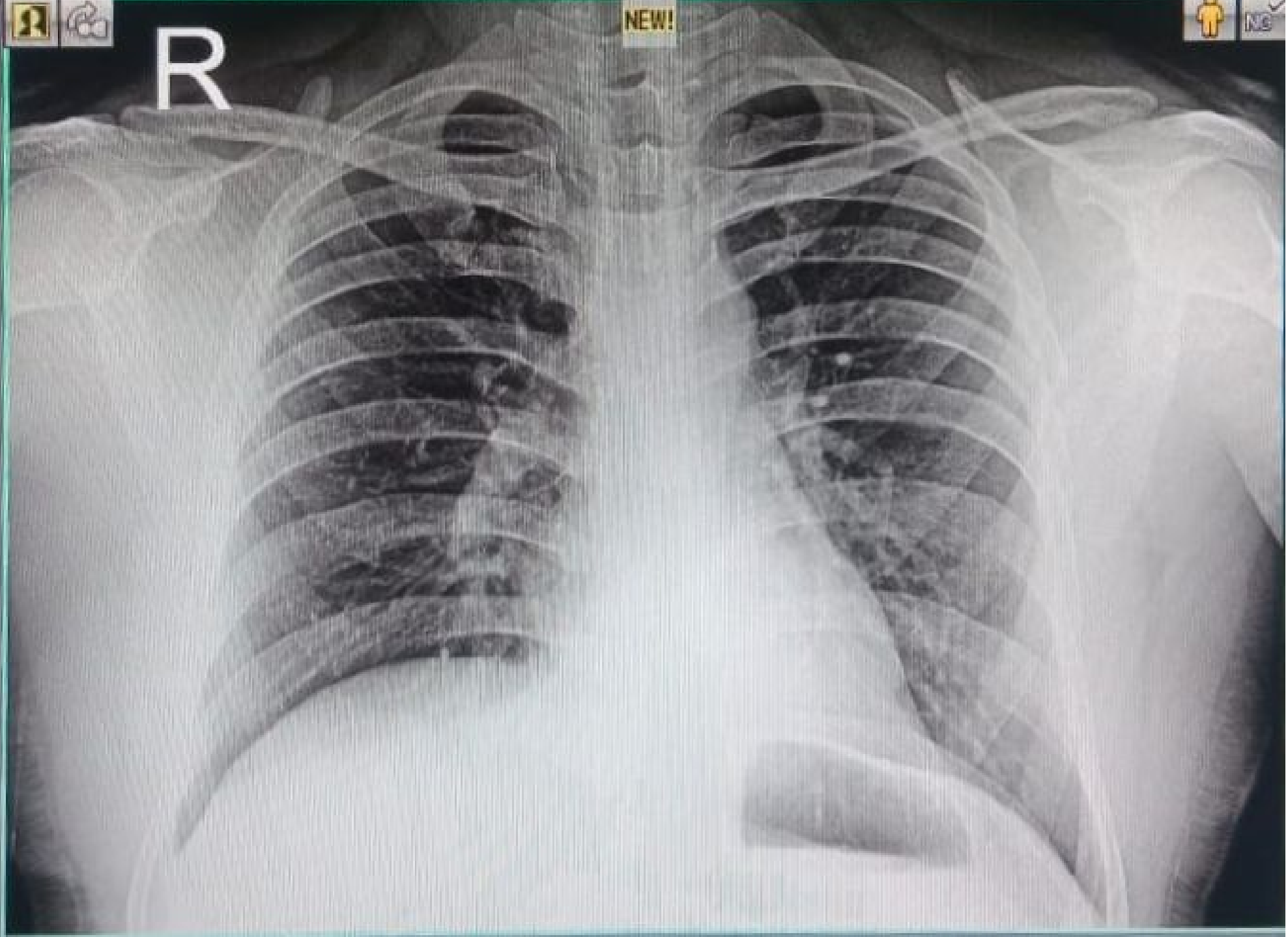
REMARKS:



NEW!



R



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