

MAC600 1.02

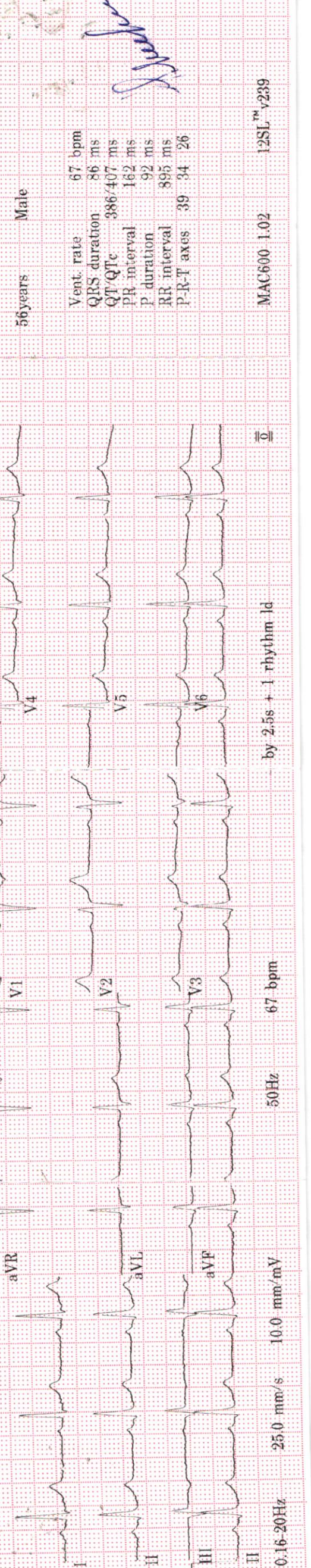
ID: 9818990688

Apr-2024 12:04:09

ID: 9818990688

56years Male

Purusatam



Vent. rate 67 bpm

QRS duration 86 ms

QT/QTc 386/407 ms

PR interval 162 ms

P duration 92 ms

RR interval 895 ms

P-R-T axes 39 34 26

MAC600 1.02

12SL™ v239

by 2.5s + 1 rhythm Id

67 bpm

50Hz

25.0 mm/s

10.0 mm/mV

0.16-20Hz



भारतीय विशिष्ट पहचान प्राधिकरण  
भारत सरकार  
Unique Identification Authority of India  
Government of India



नामांकन क्रमांक/Enrolment No.: 1428/21003/01571

Purusotam Nyoupane (पुरुषोत्तम न्यौपने)  
S/O Chandra Kanta Nyoupane, House Number-  
61/A, Gali Number-4, Bank Colony, Mandoli, North  
East Delhi,  
Delhi - 110093

सूचना

- आधार पहचान का प्रमाण है, नागरिकता का नहीं।
- पहचान का प्रमाण ऑनलाइन ऑथेंटिकेशन द्वारा प्राप्त करें।
- यह एक इलेक्ट्रॉनिक प्रक्रिया द्वारा बना हुआ पत्र है।

INFORMATION

- Aadhaar is a proof of identity, not of citizenship.
- To establish identity, authenticate online.
- This is electronically generated letter.

आपका आधार क्रमांक/ Your Aadhaar No.:

7997 6866 9990



मेरा आधार, मेरी पहचान



1947



help@uidai.gov.in



www.uidai.gov.in

Signature Not Verified

Digitally signed by DS UNIQUE  
IDENTIFICATION AUTHORITY OF INDIA 01  
Date: 2016.06.03 09:36:36 IST

- आधार देश भर में मान्य है।
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भारतीय विशिष्ट पहचान प्राधिकरण  
UNIQUE IDENTIFICATION AUTHORITY OF INDIA



पुरुषोत्तम न्यौपने  
Purusotam Nyoupane  
जन्म तिथि/ DOB: 02/05/1967  
पुरुष / MALE



पता:

S/O चंद्र कांता न्यौपने,  
मकान नंबर-61/ए, गली  
नंबर-4, बैंक कॉलोनी,  
मंडोली, उत्तर पूर्वी दिल्ली,  
दिल्ली - 110093

Address:

S/O Chandra Kanta Nyoupane,  
House Number-61/A, Gali  
Number-4, Bank Colony,  
Mandoli, North East Delhi,  
Delhi - 110093

7997 6866 9990

7997 6866 9990

मेरा आधार, मेरी पहचान

MALIK RADIX HEALTH CARE PVT. LTD.  
C-217, C-218, Nirmal Vihar,  
Delhi-110092  
Ph.: 011-49287456, 011-61381379  
Regd. No. 607

# Malik Radix HealthCare.

## ELECTROCARDIOGRAM

Name: MR. PURUSOTAM NYOUPANE

Age & Sex: 56YR/MALE

Ref By: MEDIWHEEL

Date: 27/04/2024

### ECG FINDINGS:

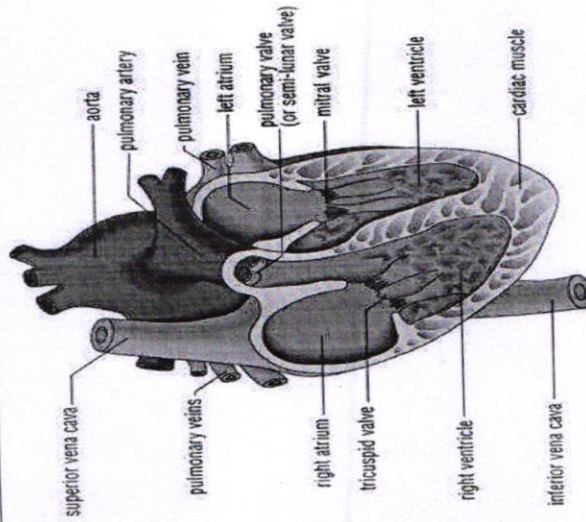
Rate 67bpm Rhythm Normal Mechanism Normal

Axis Normal P Wave Normal PR Interval 0.16/Sec

QRS Complex Normal QT Interval Normal Q Wave Normal

ST Segment Normal T Wave Normal

Conclusion Sinus Rhythm, Normal Axis, WNL, To be correlate.



Doctors Signature Dr. SHEKHAR AHMED  
M.D. "Physician"  
PGDCC  
DMC-46499



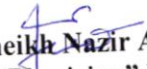
## Echocardiogram Report

<b>Patient Name</b>	<b>MR. PURUSOTAM NYOUPANE</b>
<b>Date of Test</b>	<b>27/04/2024</b>
<b>Age</b>	<b>56 YRS/ MALE</b>
<b>Ref. by</b>	<b>MEDIWHEEL</b>

<b>Dimensions</b>	<b>Result</b>	<b>Normal Range</b>
AO (ed)	2.6 cm	( 2.1 -3.7cm)
LA (es)	3.0 cm	(2.1 -3.7cm)
RVID (ed)	2.4 cm	(1.1-3.0cm)
LVID (ed)	3.5 cm	(3.6 – 5.5 cm)
LVID (es)	2.5 cm	(2.3-3.9cm)
IVS (ed)	1.1 cm	(0.6 – 1-2 cm)
LVPW (ed)	1.1 cm	(0.6 – 1-2 cm)
EF	56 %	
FS	28 %	(28 % - 42 %)

### Impression:

- NO REGIONAL WALL MOTION ABNORMALITY SEEN.
- LVEF= 56 %
- NORMAL CHAMBER DIMENSIONS.
- STAGE I LV DISTOLIC DYSFUCTION.
- NORMAL COLOR FLOW.
- NO INTRA CARDIAC CLOT/MASS/ VEGETATION/PERICARDIAL EFFUSION SEEN.

  
**Dr. Sheikh Nazir Ahmed**  
 M.D. "Physician" PGDCC  
 (Consultant Non – Invasive Cardiologist)

### Facilities Available

- Multispeciality Hospital - 24 Hours Emergency - X-Ray/ ECG/ Ultrasound/ CT Scan - Dental- Fully Equipped Operation Theatre  
 - Fully Functional Lab - 24/7 Casualty/ ICU-Nursery 24/7 Pharmacy - Labour Room - All Speciality OPD - Laproscopic Surgery -  
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BMI, Dental, Eye

RADIX HEALTH care



Malik Radix Healthcare

C/217, C/218, Vikas Marg, Nirman Vihar, New Delhi-110092  
A Unit of Malik Radix Healthcare  
Toll Free - 1800-120-5457, Tel.: 011 49287456, 61381379  
Whatsapp No. - 9811550650  
E-mail: info@radixhealthcare.org  
Website: www.radixhealthcare.org



ANNUAL HEALTH CHECK UP

NAME: Mr. Purusotam Nyoopane

AGE/GENDER: 56yr/Male

DATE 27/04/24

Dental checking

Revised FPD  $\oplus$  out

321 | 123

O/E - missing 7 | 67

- Carious 87 | 78

- Stains +

- Gen Attention

Adv - OPG

- Fkit

Greeter

Facilities Available

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ANNUAL HEALTH CHECK UP

NAME: Mr. Puriwhotam

AGE/GENDER: 56 Y/M

DATE 27/4/24

Exp eye  
Exp eye

DMV  
X says

Mean - not bright green

Color -  
and

Am

Pradus  
Chakras

Dr. Nidhi Gupta  
MBBS, MS, DNB  
Casualtant Ophthalmologist  
Malik Radix Healthcare Pvt. Ltd.  
DMC No. 121661

Facilities Available

- Multispeciality Hospital - 24 Hours Emergency - X-Ray/ ECG/ Ultrasound/ CT Scan - Dental- Fully Equipped Operation Theatre
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**LAB REPORT**

Reg. Date	27/04/2024	Patient Id	2404270005	DOB.	02/05/1967
Name	MR. PURUSOTAM NYOUPANE			Perm. ID	
Age	56 Yrs. 11 Mn. 27 Day	Gender	M	Reported	27/04/2024 18:32:32
Ref. By	MEDIWHEEL	Panel	MEDIWHEEL		

Test Name	Result	Units	Ref. Range
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MW FULL BODY ANNUAL PLUS ABOVE 50 MALE

**HAEMATOLOGY**

**COMPLETE HAEMOGRAM**

HAEMOGLOBIN (HB%)	12.3	gm/dl	13 - 18
TOTAL LEUCOCYTE COUNT (TLC)	5,800	/cumm	4000 - 11000

**DIFFERENTIAL LEUCOCYTE COUNT (DLC)**

NEUTROPHIL	57	%	40 - 80
LYMPHOCYTE	36	%	28 - 55
MONOCYTE	05	%	02 - 10
EOSINOPHIL	02	%	01 - 06
BASOPHIL	00	%	0 - 0
ESR (WESTEGREN'S METHOD)	18	mm/1st hr.	0 - 10
R B C COUNT	4.36	Millions/cmm	4.247 - 5.4
P.C.V / HAEMATOCRIT	37.3	%	40 - 54
M C V	85.6	fl.	80 - 100
M C H	28.2	Picogram	27.0 - 31.0
M C H C	33.0	gm/dl	33 - 37
PLATELET COUNT	2.09	Lakh/cu mm	1.50 - 4.50

BLOOD GROUP ABO " A "

RH TYPING Positive

BLOOD SUGAR FASTING 166.57 mg/dl 70 - 100

URINE SUGAR FASTING NIL NIL

BLOOD SUGAR PP 326.62 mg/dl 90 - 140

**THYROID PROFILE**

Free T3	2.24	ng/ml	02 - 04
ELFA			

Checked by : \_\_\_\_\_  
Page 1 Contd...2

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

**Facilities Available**

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**LAB REPORT**

Reg. Date	27/04/2024	Patient Id	2404270005	DOB.	02/05/1967
Name	MR. PURUSOTAM NYOUPANE	Gender	M	Perm. ID	
Age	56 Yrs. 11 Mn. 27 Day	Panel	MEDIWHEEL	Reported	27/04/2024 18:32:32
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
Free T4 ELFA	1.06	ug/dl	0.8 - 2.7
TSH Serum/ELFA	3.330	uIU/ml	0.25 - 5.50 uIU/ml

**Interpretation**

**Clinical Use**

- Diagnose Hypothyroidism and Hyperthyroidism
- Monitor T4 replacement or T4 suppressive Therapy
- Quantify TSH levels in the subnormal range

Increased Levels : Primary Hypothyroidism Subclinical Hypothyroidism, TSH dependent, Thyroid Hormone Resistance.

Decreased Levels : Grave's Disease, Autonomous Thyroid Hormone Secretion, TSH Deficiency

**LIPID PROFILE**

TOTAL CHOLESTEROL	205.10	mg/dL	130.0 - 200.0 (<200)
TRIGLYCERIDES	203.90	mg/dL	80.5 - 150.0 (<150)
H D L CHOLESTEROL DIRECT	59.64	mg/dL	35.0 - 60.0 (<40->59)
V L D L	40.8	mg/dL	4.0 - 30. (23-45)
L D L CHOLESTEROL	104.7	mg/dL	50.0 - 150.0 (50-150)
TOTAL CHOLESTEROL / HDL RATIO	3.4		3.3 - 5.1
LDL / HDL CHOLESTEROL RATIO	1.8		1.5 - 3.5
SERUM URIC ACID	5.38	mg/dl	3.4 - 7.0

Checked by : \_\_\_\_\_  
Page 2 Contd...3

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

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**LAB REPORT**

Reg. Date	27/04/2024	Patient Id	2404270005	DOB.	02/05/1967
Name	MR. PURUSOTAM NYOUPANE	Gender	M	Perm. ID	
Age	56 Yrs. 11 Mn. 27 Day	Panel	MEDIWHEEL	Reported	27/04/2024 18:32:32
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
BLOOD UREA NITROGEN (BUN)	8.80	mg/dl	6.0 - 21.0
SERUM CREATININE	0.70	mg/dl	0.7 - 1.4
BUN/CREAT RATIO	12.5	mg/dl	10 - 20
<b><u>LIVER FUNCTION TEST (LFT)</u></b>			
BILIRUBIN TOTAL	0.83	mg/dl	0.2 - 1.2
CONJUGATED (D. BILIRUBIN)	0.21	mg/dl	0.00 - 0.3
UNCONJUGATED (I.D. BILIRUBIN)	0.62	mg/dl	0.2 - 0.9
SGOT / AST	26.40	IU/L	0 - 35
SGPT / ALT	30.3	IU/L	0 - 35
ALKALINE PHOSPHATASE	100.10	U/L	64 - 306
TOTAL PROTEIN	7.07	gm/dl	6.0 - 8.3
ALBUMIN	4.64	gm/dl	3.2 - 5.0
GLOBULIN	4.64	gm/dl	2.5 - 5.6
A/G RATIO	1.00		0.9 - 2.0
GAMMA GT	25.60	IU/L	0.0 - 45.0
TOTAL PSA	0.98	ng/ml	
Chemiluminescence			

**INTERPRETATION :**

**Expected Values :**

99%	:	of Healthy males	0.0-4.0 ng/ml
80%	:	of Benign prostatic hypertrophy	0.0-4.0 ng/ml
81%	:	of Prostatic Carcinomas	Above 4.0 ng/ml

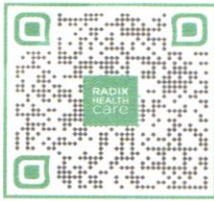
**PSA** is reliable tumour marker for already diagnosed prostatic carcinomas. It is uniquely associated only with prostatic tissue, and therefore is specific for it. Baseline levels measured prior to therapeutic intervention and followed later by serial periodical measurements will predict the outcome of therapy. It also helps in early discovery of recurrences, relapses and metastases.

Checked by : -----  
 Page 3 Contd...4

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**LAB REPORT**

Reg. Date	27/04/2024	Patient Id	2404270005	DOB.	02/05/1967
Name	MR. PURUSOTAM NYOUPANE	Gender	M	Perm. ID	
Age	56 Yrs. 11 Mn. 27 Day	Panel	MEDIWHEEL	Reported	27/04/2024 18:32:32
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
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Urine Routine Examination

**PHYSICAL EXAMINATION**

QUANTITY	30	ml.	
COLOUR	Pale Yellow		Pale Yellow
TRANSPARENCY	Clear		
SPECIFIC GRAVITY	1.010		
PH	6.5		

**CHEMICAL EXAMINATION**

ALBUMIN	Nil
SUGAR	Nil

**MICROSCOPIC EXAMINATION**

PUS CELLS	1-2	/HPF
RBC'S	Nil	/HPF
CASTS	Nil	
CRYSTALS	NIL	
EPITHELIAL CELLS	1-2	/HPF
BACTERIA	Nil	
OTHERS	Nil	

**Dr. REEMA DAHIYA**  
 DR. REEMA DAHIYA  
 M.B.B.S, MD (Path)  
 Checked by:   
 Malik Radix Healthcare Pvt. Ltd.  
 C/217, C/218, Vikas Marg, Nirman Vihar,  
 Delhi-110092

**DR. MEENU AGGARWAL**  
 M.B.B.S, MD (Path.)

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

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 ECHO - Plastic Surgery

Patient Name : Mr NYOUPANE PURUSOTAM	Sample Collected : Apr 27, 2024, 04:04 PM
DOB/Age/Gender : 56 Y/Male	Report Date : Apr 27, 2024, 08:29 PM
Patient ID / UHID : 8079239/OF8079239	Barcode No : HY532545
Referred By : Self	Report Status : Final Report
Sample Type : Whole blood EDTA	



Test Description	Value(s)	Unit(s)	Reference Range
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### HbA1C (Glycosylated Haemoglobin)

Glycosylated Hemoglobin (HbA1c) HPLC	9.5	%	< 5.7
Estimated Average Glucose	225.95	mg/dL	Refer Table Below

#### Interpretation:

Interpretation For HbA1c% As per American Diabetes Association (ADA)

Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Age < 19 years Goal of therapy: <7.5

#### Note:

- Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.
- Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate

#### Comments :

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)	HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126	12	298
8	183	14	355
10	240	16	413

\*\*\* End Of Report \*\*\*

*Sohini Sengupta*

Dr. Sohini Sengupta  
MD (Cl Biochemistry), DNB,  
FNB (Lab Medicine)  
Medical Laboratory Director  
HOD (Biochemistry & Special Assays)

Booking Centre :- Malik Radix Healthcare (Delhi), C-218, Nirman Vihar, Vikas Marg

Processing Lab :- Redcliffe Lifetech Pvt. Ltd., H-55, Sector-63, Noida, Uttar Pradesh - 201301  
[928-909-0609](tel:928-909-0609)    [ccsupport@redcliffelabs.com](mailto:ccsupport@redcliffelabs.com)    [www.redcliffelabs.com](http://www.redcliffelabs.com)

All Lab results are subject to clinical interpretation by qualified medical professional and this report is not subject to use for any medico-legal purpose.



R

MURSO TAM NYOUPANE 56 Y/M P1911831 CHEST PA 07 04 2024 10 10 AM

QUALITY OF LIFE SCALE



UHID	PT211834	LAB No.	XRY2312123
Name	Mr. PURUSOTAM NYOUPANE	Regn. No.	GEN2403379
Age / Sex	56 Yrs / M	Receiving Dt/Time	27-Apr-2024 10:34
		Reporting Dt/Time	27-Apr-2024 04:13 PM



**XRAY**

CHEST (PA)  
 Both lung fields are normal.

Cp angles are clear.

Hila are normal...

Heart size appears within normal limits.

Soft tissue shadows and bony thorax are normal.

**IMP- NORMAL CHEST X-RAY**

Advised....please correlate clinically.

\*\*\*\*\* END OF REPORT \*\*\*\*\*

DR. K. K. SINHA  
 M.B.B.S., D.M.R.D.  
 SENIOR CONSULTANT  
 Reg. No. 25437 (DMC)

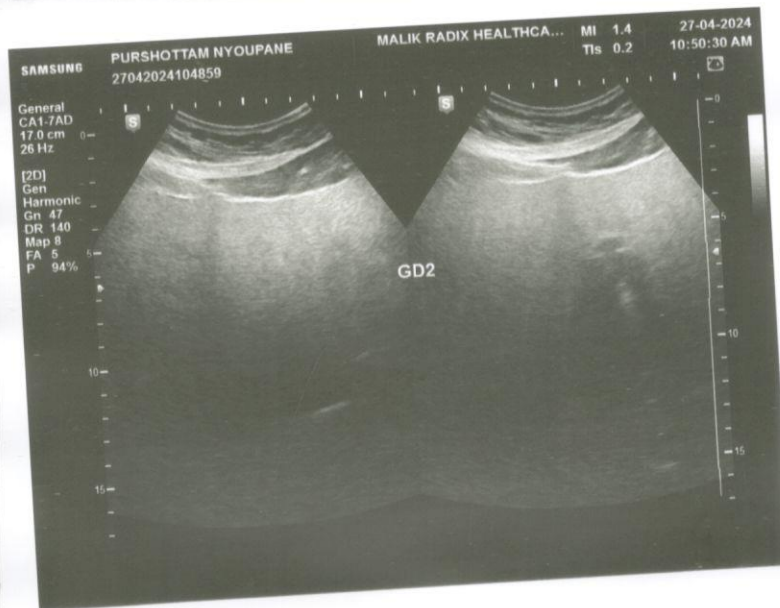
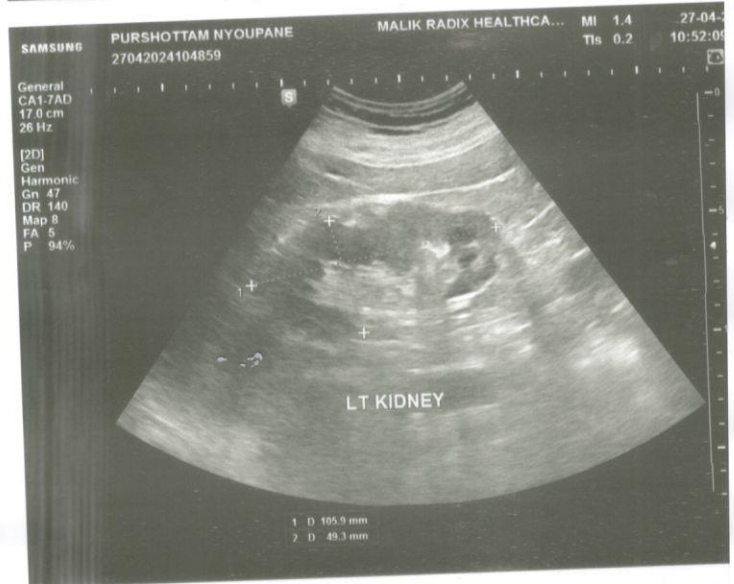
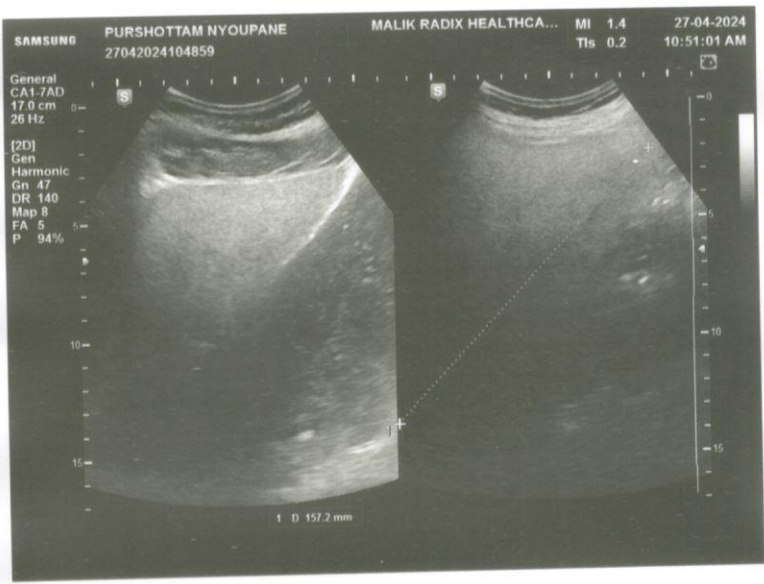
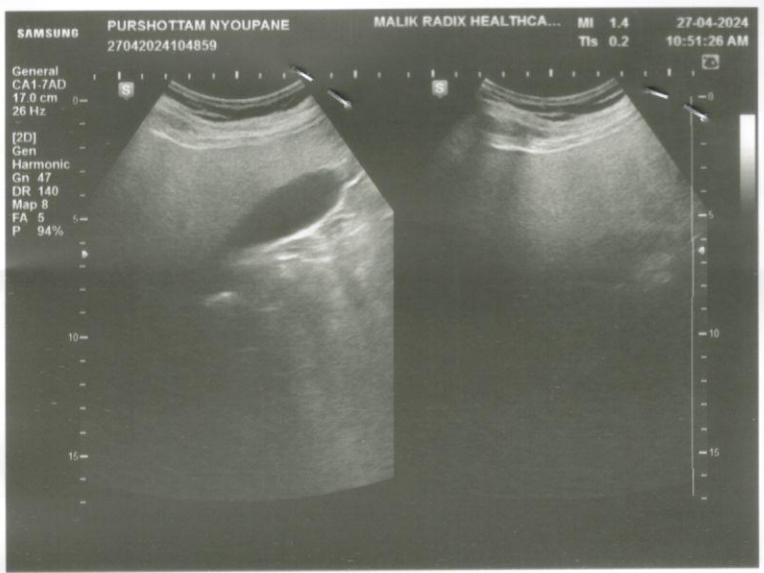
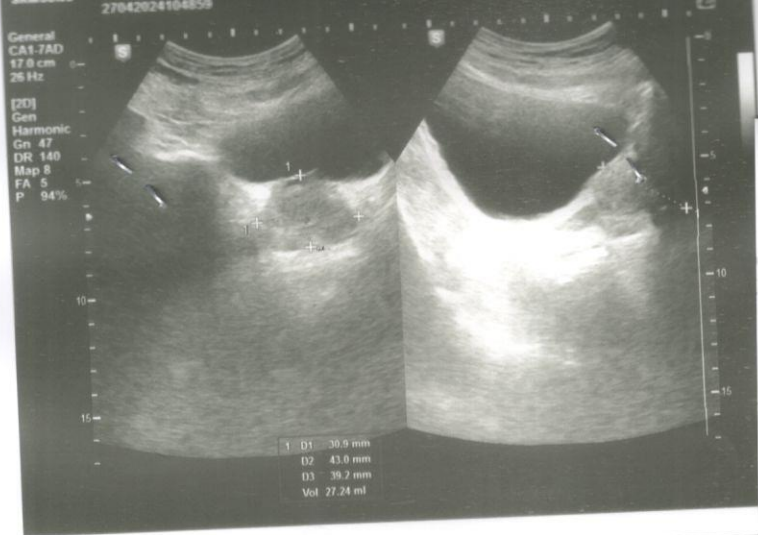
DR. RAJESH MALHOTRA  
 MBBS, MD (RADIOLOGY)  
 CONSULTANT RADIOLOGY  
 Reg.No.DMC9299

DR. T. K VOHRA  
 MD (RADIOLOGY)  
 SENIOR CONSULTANT  
 Reg. No. 3272 (DMC)

DR. MUKESH KOSHAL  
 MBBS, MD (RADIOLOGY)  
 CONSULTANT RADIOLOGY  
 Reg.No.DMC10407

DR. SHREYASH TIWARY  
 MBBS, MD (RADIOLOGY)  
 CONSULTANT RADIOLOGY  
 Reg.No.DMC85802

**Facilities Available**





NAME	MR. PURUSOTAM NYOUPANE	AGE	52 YRS/M
REFD. BY.	HEALTH CHECK UP	DATE	27.04.24

### Ultrasound Examination of Whole Abdomen & Pelvis:

**Liver:** Liver appears enlarged in size (15.7 cm) with normal outlines and shows increased parenchymal echotexture. No focal SOL is seen in liver. IHBR & portal radicles are normal.

**Gallbladder:** Gallbladder is well distended. No evidence of cholecystitis or cholelithiasis seen. Common bile duct is normal in course & caliber.

**Pancreas:** Pancreas shows normal size, outlines & echotexture. No focal lesion is seen. MPD is not dilated.

**Spleen:** Spleen shows normal size (9.0 cm), outline & echotexture.

**Kidneys:** Kidneys show normal size, shape, position & echotexture. No calculus/ hydronephrosis or SOL is seen in kidneys. Cortico- medullary differentiation and cortical thickness is normal on both sides.

Right kidney measures -10.1 x 5.1 cm

Left kidney measures -10.6 X 4.9 cm

Great abdominal vessels are normal.

No ascites seen.

No para-aortic lymph nodes seen.

**Urinary bladder** Urinary bladder is well distended. Walls and lumen appear normal.

Prostate is enlarged in size (27.2 cc) with normal outline and echotexture. No focal lesion is seen.

### **IMPRESSION:**

Hepatomegaly with Grade III Fatty Changes

Grade I Prostatomegaly

  
Dr Shreyash Tiwary MD ( Rad- diag)

Regn. No. DMC 85802

**RADIOLOGIST :**

### Facilities Available

- Multispeciality Hospital - 24 Hours Emergency - X-Ray/ ECG/ Ultrasound/ CT Scan - Dental - Fully Equipped Operation Theatre - Fully Functional Lab - 24/7 Casualty/ ICU-Nursery 24/7 Pharmacy - Labour Room - All Speciality OPD - Laproscopic Surgery - ECHO - Plastic Surgery