

OP Slip

UHID No :- UD-232418286 **OP No** :- OP-232444791 **OP Date** :- 09 Mar 2024 1:43F
Pt. Name :- Mr SURENDER KUMAR **Age/Sex** :- 36 Y/Male **Mob. No** :- 9253696000
Pay Type :- Emp. Credit **Token No** :- NOR - 62 **Paid** :- 0.00
Deptt. :- GENERAL MEDICINE **Consultant** :- Dr ANURAG KAUSHAL (MD)
Address :- 493 MAIN ROAD BALRAJ NAGAR, NEAR GALI NO 5, Kaithal **Empanelment** :- Mediwheel

Present Complaints:

K/uo HTN/T2DM

No frust complaints

Past/Family History:

Drug Allergy (If any):

Examination (Vitals):

No P/T/E/P/E

WS: 42 (N)
Chest: B/LUN B/S

BP: 161/101 mmHg PR: 93 BPM RR: _____

Temp: _____ SPO2: 97%

Weight: 90 kg Height: _____

Investigations:

HbA1c: 7.1%

Diagnosis:

HTN/T2DM

Treatment/Preventive Care/Nutrition Advised:

4

Diet as advised

Tab Aritel 40 OD 1 → → →

Tab Metformin SR 500 BD 1 → → →

x 7 day

penkush

Dr. Anurag Kaushal
MD(Medicine)INTENSIVIST
1504-HCMS

Out Time:

Doctor Signatures:

Next Follow-up:

Nutritional Screening: Wt. Loss Loss of Appetite Muscle Wasting Delay Wound Healing Lethargy Decrease Mobility

Pain Scale



OPD Timing : 10:00 AM - 6:00 PM (Sunday Closed)



SHRI BALAJI AAROGYAM HOSPITAL

KURUKSHETRA

Patient Demographics

SURENDAR

Patient ID: 232418286

Gender: M

Performed By: DR RISHABH MARWAH

Comments

NORMAL CHAMBER DIMENSIONS
IAS/IVS INTACT
AORTIC ROOT/MPA NORMAL
NORMAL VALVE MORPHOLOGY
NO SIGNIFICANT REGURGITATION
NO RWMA
NORMAL SYSTOLIC FUNCTION
NORMAL DIASTOLIC FUNCTION
NO CLOT/VEG/PE
IVC- NORMAL

Adult Echo: Measurements and Calculations

2D

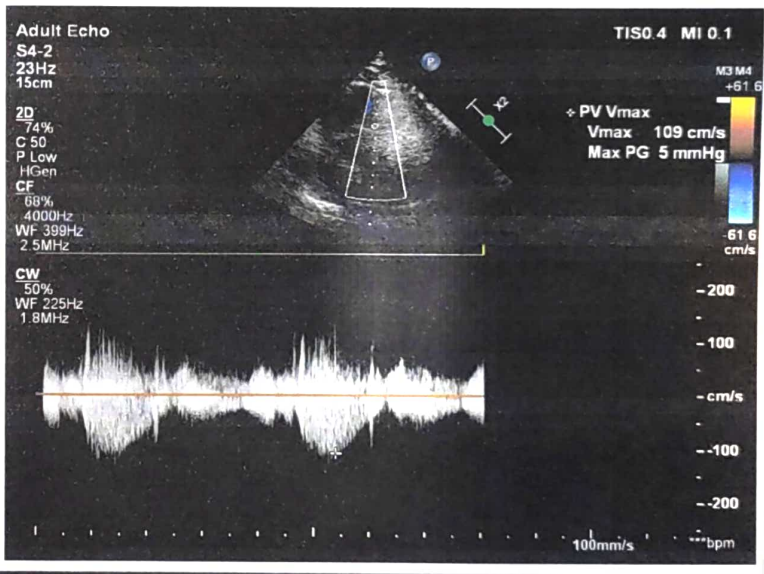
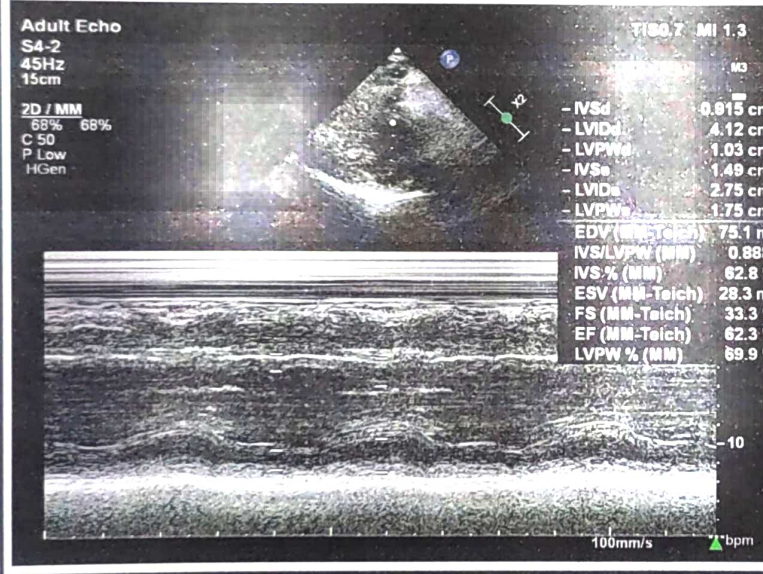
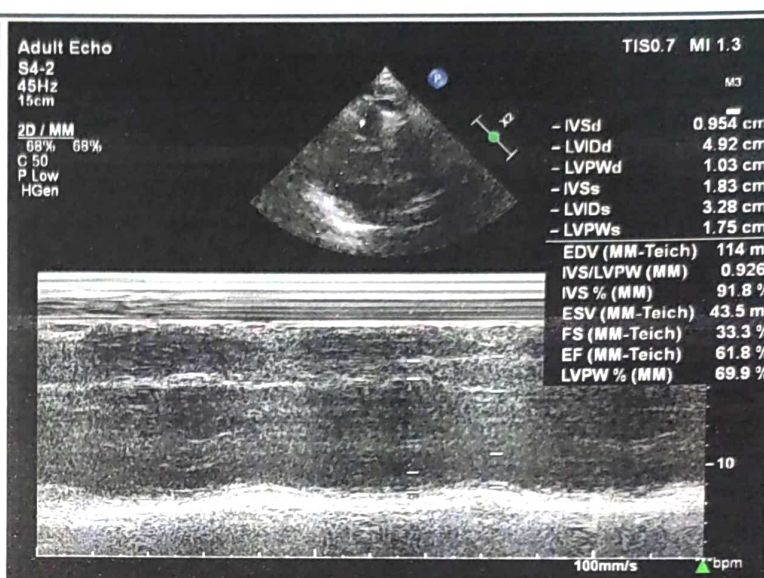
LV Mass (Cubed)	151 g	LA/Ao (2D)	1.00
LA Dimen (2D)	3.0 cm	AoR Diam (2D)	3.0 cm

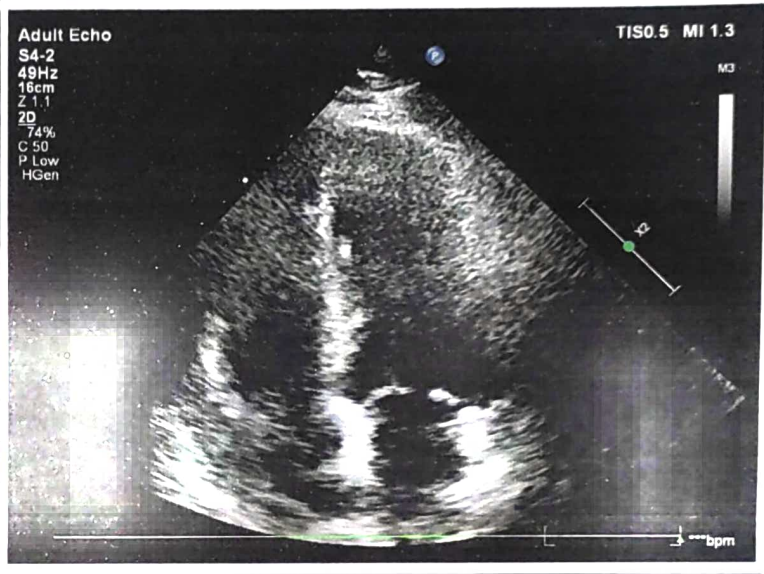
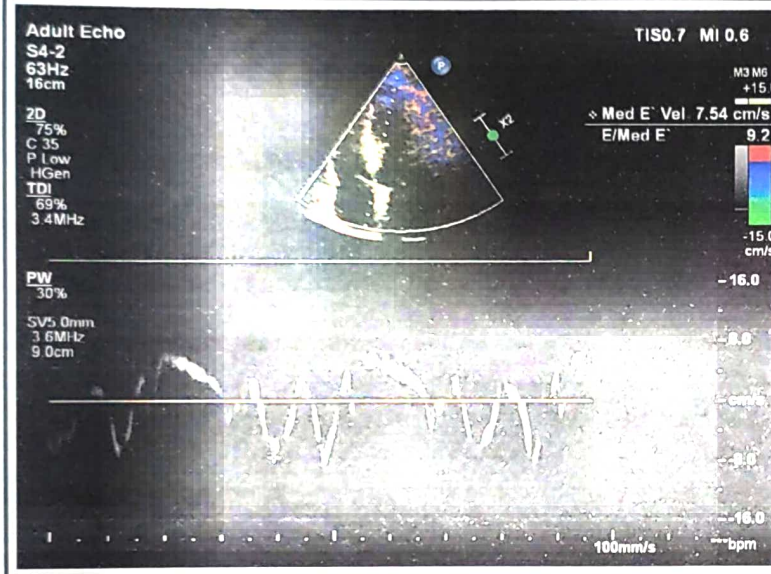
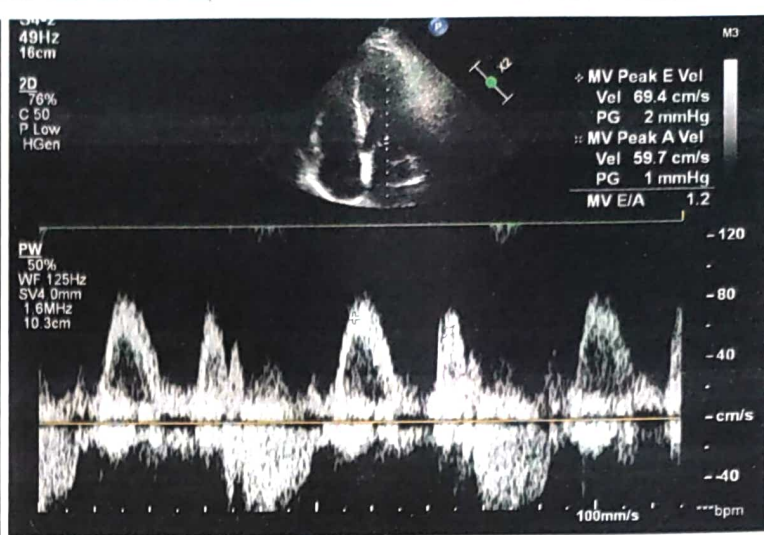
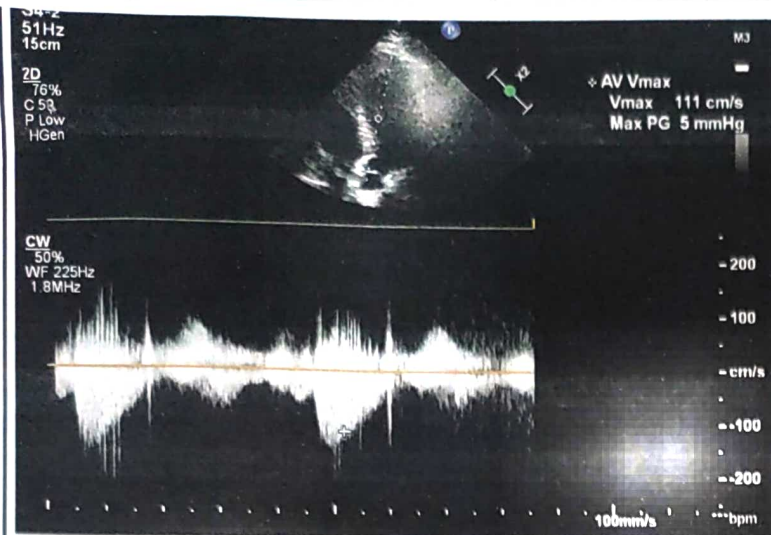
MMode

IVSd (MM)	0.934 cm	EDV (MM-Teich)	93.4 ml	SV (MM-Cubed)	64.8 ml
LVIDd (MM)	4.52 cm	ESV (MM-Teich)	35.6 ml	EF (MM-Cubed)	70.2 %
LVPWd (MM)	1.03 cm	SV (MM-Teich)	57.8 ml	FS (MM-Cubed)	33.2 %
IVSs (MM)	1.66 cm	FS (MM-Teich)	33.2 %	IVS % (MM)	77.7 %
LVIDs (MM)	3.02 cm	EF (MM-Teich)	61.9 %	LVPW % (MM)	69.9 %
LVPWs (MM)	1.75 cm	EDV (MM-Cubed)	92.3 ml		
IVS/LVPW (MM)	0.907	ESV (MM-Cubed)	27.5 ml		

AV Vmax		MV E/A	12	PV Vmax	
Max PG	5 mmHg			Max PG	5 mmHg
Vmax	111 cm/s			Vmax	109 cm/s
MV Peak E Vel		Med E' Vel	7.54 cm/s		
Vel	69.4 cm/s				
PG	2 mmHg				
MV Peak A Vel		E'/Med E'	92		
Vel	59.7 cm/s				
PG	1 mmHg				

Images





Signature
 Signature:
 Name(Print):

Dr. RISHABH MARWAH
 MD DM Cardiology
 Consultant Interventional
 Cardiology
 Shri Bala Ji Aarogyam Hospital,
 Reg.No. HN8708

Date:



SHRI BALAJI
AAROGYAM HOSPITAL
PVT. LTD

01744-270255
99926-30762
99964-44762



Regd. off.: BEHIND OLD BUS STAND, KURUKSHETRA
E-mail : aarogyamkk@gmail.com
CIN : U93000HR2018PTC074193

Typed by: Varsha

PATIENT NAME	MR. SURENDER KUMAR	AGE/SEX	36 Y / MALE
REFERRED BY:	SELF	DATE	24.02.2024

USG WHOLE ABDOMEN

LIVER:-Is normal in size measuring 16.0 cm **with increased echogenicity s/o fatty liver**. No focal lesion is seen in the liver parenchyma. IHBR's are not dilated. The PV is normal.

GALL BLADDER: - normal in size and distensibility. The wall thickness is normal. No evidence of any peri-cholecystic collection is seen. No evidence of calculus is seen.

CBD is normal in course and caliber.

PANCREAS:-Head and proximal body of pancreas are normal in outline and echotexture. Rest of the pancreas obscured by bowel shadows.

SPLEEN: - is normal in size measuring 9.2 cm and echotexture. No focal lesion is seen.

RIGHT KIDNEY:-It is normal in size measuring 9.0 x 3.7 cm, normal in position and echotexture. CMD is maintained. The pelvi-calyceal system is compact. No evidence of calculus or hydronephrosis is seen.

LEFT KIDNEY:-It is normal in size measuring 8.7 x 4.5 cm, normal in position and echotexture. CMD is maintained. The pelvi-calyceal system is compact. No evidence of calculus or hydronephrosis is seen.

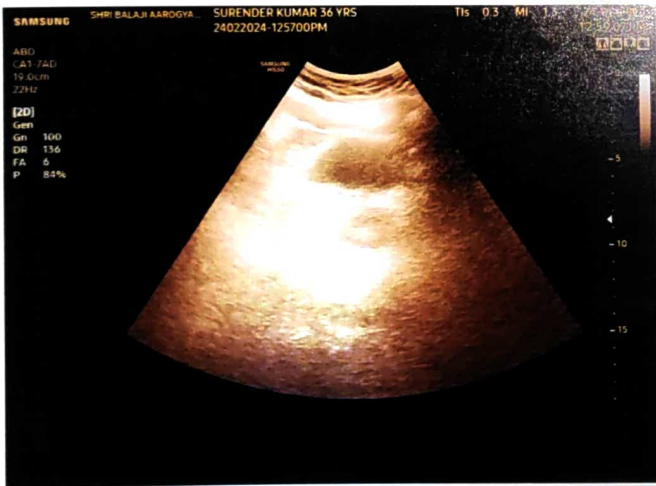
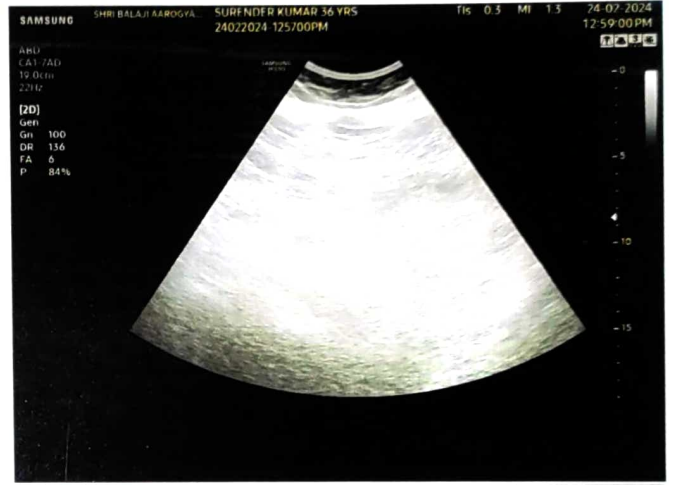
URINARY BLADDER:-Is partially distended. No calculus is seen in its lumen. The wall thickness is within normal limits.

PROSTATE: - is normal in size. Echotexture is normal.
No free fluid is seen in abdomen and pelvis.
No evidence of any mesenteric lymphadenopathy noted.
Visualized bowel loops appear unremarkable.

IMPRESSION:
> **FATTY LIVER GRADE II.**
Please Correlate Clinically.

DR. ISHA GOYAL,
DMRD (CMC LUDHIANA)
Ex. Fortis Hospital Ludhiana
Consultant Radiologist

Not valid for Medico Legal Purposes. Advised further clinical correlations.





SBAH PATH LAB

INSIDE SHRI BALAJI AROGYAM HOSPITAL Pvt. Ltd.
BEHIND OLD BUS STAND, KURUKSHETRA

E-mail : aarogyamkr@gmail.com



UHID No :- UD-232418286 **Reg No** :- 232418286 **Print Date** : 24-Feb-2024 02:27 PM
Receipt No :- 23240024198 **Receipt Date** :- 24 Feb 2024
Patient Name :- Mr SURENDER KUMAR **Father** :- CHANDER PAL **Age/Sex** :- 36 Y/M
Mobile No :- 9253696000 **Consultant** :- Dr ANURAG KAUSHAL (MD)
Address :- 493 MAIN ROAD BALRAJ NAGAR, NEAR GALI NO 5 , Kaiithal

Final Report

Investigations	Observations	Biological Reference Interval	Unit
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Sample No:232446724

Sample Gnt At: (24 Feb 2024 1:25 PM) , Sample Rvd At (24 Feb 2024 1:25 PM) , Report Gnt At : (24 Feb 2024 2:27 PM)

HAEMATOLOGY

CBC

WBC	8.53	4.00 - 11.00	10 ³ /mm ³
RBC <i>Methology / Carm</i>	4.84	4.00 - 5.50	million/cumm
HAEMOGLOBIN	15.3	13.00 - 16.00	gm/dl
HCT <i>DefaultMethodTwo / test Machine</i>	46.0	35.00 - 50.00	%
MCV(MEAN CELL VOLUME)	95.04	83.00 - 101.00	fl
MCH(MEAN CELL HAEMOGLOBIN)	31.61	27.00 - 32.00	pg
MCHC	33.26	31.50 - 35.00	gm%
RDW-CV <i>Method1 / test Machine</i>	12.5	12.00 - 18.00	%
RDW-SD	46.5	37.00 - 56.00	fl
MIC <i>Methology / test Machine</i>	0.4	0.00 - 20.00	%
MAC	8.1	2.00 - 10.00	%
PLATELETS	195	150.00 - 450.00	×10 ³ /μL
MPV	11.1	7.40 - 11.00	fl
PCT <i>Test Method</i>	0.22	0.15 - 0.40	%
PDW	18.0	11.00 - 20.00	fL
P-LCC	95	44.00 - 140.00	10 ⁶ /mm ³
P-LCR	48.77	18.00 - 50.00	%
DLC DIFFERENTIAL LEUCOCYTE COUNT			
NEUTROPHILS	44.9	40.00 - 75.00	%
LYMPHOCYTES	44.9	20.00 - 45.00	%
MONOCYTES	7.2	2.00 - 10.00	%
EOSINOPHILS	3.0	1.00 - 6.00	%
BASOPHILS	0.0	0.00 - 1.00	%

Remarks :-

Sample No:232446725

(Technologist)

Not valid for Medico Legal Purposes. Advised further clinical correlation.

Charu Sethi

Dr. Charu Sethi Sharma
MD-Pathology
Reg. No. HN-19861



SBAH PATH LAB



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BEHIND OLD BUS STAND, KURUKSHETRA

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URINE EXAMINATION

URINE ROUTINE

PHYSICAL EXAMINATION

COLOUR <i>Methology</i>	YELLOW	CLEAR YELLOW	
VOLUME	25		ML
SPECIFIC GRAVITY	1.02	1.00 - 1.03	

CHEMICAL EXAMINATION

PH	6.5	4.60 - 8.00	
PROTEIN.	Negative	NEGATIVE	
GLUCOSE	Negative	NEGATIVE	
KETONE	Negative	NEGATIVE	

MICROSCOPIC EXAMINATION

EPIITHELIAL CELLS	Negative		
PUS CELLS	2-4	2.00 - 3.00	/HPF
RBC <i>Methology / Carm</i>	Negative	4.00 - 5.50	million/cumm
CRYSTALS	Negative	ABSENT	
BACTERIA	Negative	ABSENT	
OTHERS	Negative		

MICROSCOPIC EXAMINATION

CASTS	Negative	ABSENT	
AMORPHOUS DEPOSITS	Negative		

Remarks :-

Sample No:232446726

Sample Gnt At: (24 Feb 2024 1:25 PM) , Sample Rvd At (24 Feb 2024 1:25 PM) , Report Gnt At : (24 Feb 2024 2:27 PM)

HAEMATOLOGY

ESR	35	0.00 - 15.00	mm at 1 hr
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Remarks :-

Sample No:232446727

(Technologist)

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Charu Sethi

Dr. Charu Sethi Sharma
MD-Pathology
Reg. No. HN-19861



SBAH PATH LAB



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BIOCHEMISTRY

BLOOD SUGAR FASTING & PP

BLOOD SUGAR FASTING	100	70.00 - 110.00	mg/dl
BLOOD SUGAR PP	115	70.00 - 150.00	mg/dl

COMPLETE LIPID PROFILE

TOTAL CHOLESTROL	163	120.00 - 200.00	mg/dl
TRIGLYCERIDES	114	35.00 - 160.00	mg/dl
HDL	43	30.00 - 70.00	mg/dl
LDL	97.20	0.00 - 100.00	mg/dl
VLDL CHOLESTEROL	22.80	0.00 - 35.00	mg/dL

CREATININE

0.98 0.70 - 1.40 mg/dl

LFT

TOTAL BILIRUBIN	0.89	0.30 - 1.00	mg/dl
DIRECT BILIRUBIN	0.32	0.00 - 0.30	mg/dl
INDIRECT BILIRUBIN	0.57	0.20 - 0.80	mg/dl
SGOT	52	0.00 - 40.00	U/L
SGPT	42	0.00 - 40.00	U/L
TOTAL PROTIENS	7.2	6.60 - 8.70	gm/dl
ALBUMIN	4.0	3.50 - 5.00	mg/dl
GLOBULIN	3.20	1.50 - 3.60	gms/dl
ALKALINE PHOSPHATE	98	57.00 - 111.00	U/L

HAEMATOLOGY

SERUM URIC ACID 4.8 2.50 - 6.00 mg/dl


Remarks :-

Type of Sample :- SERUM,WHOLE BLOOD,URINE SPOT,

* END OF REPORT *

(Technologist)

Not valid for Medico Legal Purposes. Advised further clinical correlations.


Dr. Charu Sethi Sharma
 MD-Pathology
 Reg. No. HN-19861

Name : Mr. SURENDER KUMAR
Lab No. : 462774543
Ref By : ANURAG KAUSHAL
Collected : 24/2/2024 3:35:00PM
A/c Status : P
Collected at : SHRI BALAJI AAROGYAM HOSPITAL PVT. LTD
PLOT NO 1-2, JYOTI NAGAR NEAR OLD BUS
STAND Kurukshetra 136118

Age : 36 Years
Gender : Male
Reported : 24/2/2024 9:04:16PM
Report Status : Final
Processed at : Dr. Lal PathLabs Ltd.
Kurukshetra-136118,Haryana

Test Report

Test Name	Results	Units	Bio. Ref. Interval
BLOOD GROUP, ABO & RH TYPING (Tube & Slide Agglutination)			
ABO Group	A		
Rh Factor	Positive		

- Note:** 1. Both forward and reverse grouping performed
2. Test conducted on EDTA whole blood



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 Kurukshetra-136118,Haryana

Test Report

Test Name	Results	Units	Bio. Ref. Interval
HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD (HPLC)			
HbA1c	7.1	%	4.00 - 5.60
Estimated average glucose (eAG)	157	mg/dL	

Interpretation

HbA1c result is suggestive of Diabetes/ Higher than glycemc goal in a known Diabetic patient.

Please note, Glycemic goal should be individualized based on duration of diabetes, age/life expectancy, comorbid conditions, known CVD or advanced microvascular complications, hypoglycaemia unawareness, and individual patient considerations

Result Rechecked,
 Please Correlate Clinically.

Interpretation as per American Diabetes Association (ADA) Guidelines

Reference Group	Non diabetic adults >=18 years	At risk (Prediabetes)	Diagnosing Diabetes	Therapeutic goals for glycemc control
HbA1c in %	4.0-5.6	5.7-6.4	>= 6.5	<7.0

Note: Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

FACTORS THAT INTERFERE WITH HbA1C MEASUREMENT	FACTORS THAT AFFECT INTERPRETATION OF HbA1C RESULTS
Hemoglobin variants, elevated fetal hemoglobin (HbF) and chemically modified derivatives of hemoglobin (e.g. carbamylated Hb in patients with renal failure) can affect the accuracy of HbA1c measurements	Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g., recovery from acute blood loss, hemolytic anemia, HbSS, HbCC, and HbSC) will falsely lower HbA1c test results regardless of the assay method used. Iron deficiency anemia is associated with higher HbA1c



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PLOT NO 1-2, JYOTI NAGAR NEAR OLD BUS
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Age : 36 Years
Gender : Male
Reported : 24/2/2024 9:04:16PM
Report Status : Final
Processed at : Dr. Lal PathLabs Ltd.
Kurukshetra-136118, Haryana

Test Report

Test Name	Results	Units	Bio. Ref. Interval
THYROID PROFILE, TOTAL, SERUM (ECLIA)			
T3, Total	1.56	ng/mL	0.80 - 2.00
T4, Total	7.86	µg/dL	5.10 - 14.10
TSH	1.59	µIU/mL	0.27 - 4.20

Note

1. TSH levels are subject to circadian variation, reaching peak levels between 2 - 4 a.m. and at a minimum between 6-10 pm . The variation is of the order of 50% . hence time of the day has influence on the measured serum TSH concentrations.
2. Alteration in concentration of Thyroid hormone binding protein can profoundly affect Total T3 and/or Total T4 levels especially in pregnancy and in patients on steroid therapy.
3. Unbound fraction (Free, T4 /Free, T3) of thyroid hormone is biologically active form and correlate more closely with clinical status of the patient than total T4/T3 concentration
4. Values <0.03 uIU/mL need to be clinically correlated due to presence of a rare TSH variant in some individuals



Dr. Samriti Gupta
MBBS, MD (Pathology)
Chief of Lab

-----End of report-----



Surender Kumar. 38y/M. Height: 5'7" Weight: 95 kg BMI 38 kg/m²



SHRI BALAJI AAROGYAM HOSPITAL PVT LTD

DIET CHART FOR HIGH PROTEIN DIET

6:00 AM: गिलास नींबू पानी + ~~अंजलि मुरब्बा~~ ^{2 glass}

6:30 AM: ~~बादाम + अखरोट + काजू + किशमिश + अंजीर + मूंगफली + 1/2 MILK~~ ^{1 चम्मच}

7:00 AM: सब्जी चपाती + 1 कटोरी दही / मिस्सी चपाती + 1 कटोरी दही ^{(2) रोटी + 1 कटोरी सब्जी}
या ^{(2) कटोरी}

सब्जी दलिया / सब्जी ओट्स / सब्जी पोहा / उबले अंडे का सफेद हिस्सा / बिना तेल का बेसन चीला /

10-11:00 AM: सेब / पपीता / संतरा / नाशपाती / अमरूद / अनार - ^{(1) मोसम का कोड़ा भी}

~~12:00 AM: 1 प्लेट सलाद~~

2:00 PM: चपाती + दाल + दही - 150 G + 1 BOWL NUTRI KEEMA / PANEER BHURJI ^{तस्सी}

5:00 PM: 1 गिलास दूध - ~~भुना हुआ मक्खन~~ ^{4:00 PM - चाय}

7:00 PM: ~~होक्ला / भुने हुए चने / MIXED SEEDS (2 SPOON) / उबले हुए काले चने की चाट / BREAD PEANUT BUTTER~~

या

अंडे का सफेद हिस्सा / 100 ग्राम उबला हुआ चिकन / उबली हुई मछली

8:00 PM: चपाती + सब्जी - ^{(2) कटोरी}

या

सब्जी खिचड़ी / सब्जी दलिया / सब्जी ओट्स

9:30 PM - ^{2 glass दूध}
DIET GUIDELINES

^{Walk + 1/2 चम्मच}

- बेकरी आइटम (बिस्कुट, नमकीन, रस्क, पेस्ट्री) से बचें
- ठंडे पेय, डिब्बाबंद जूस, अन्य पेय पदार्थों से बचें
- तले हुए भोजन (मक्खन, पकौड़ा, पूड़ी, परांठा) से बचें
- शराब, सिगरेट से बचें

MILK - 500 ML

OIL - 3-4 SPOONS

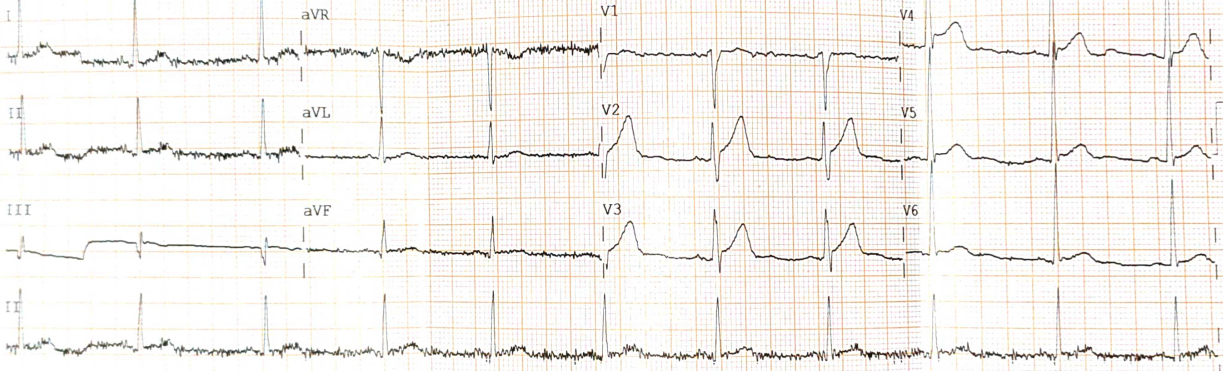
WATER INTAKE - ^{4 liter}

PHYSICAL ACTIVITY - ^{1.5 चम्मच}

12 Lead: Standard Placement

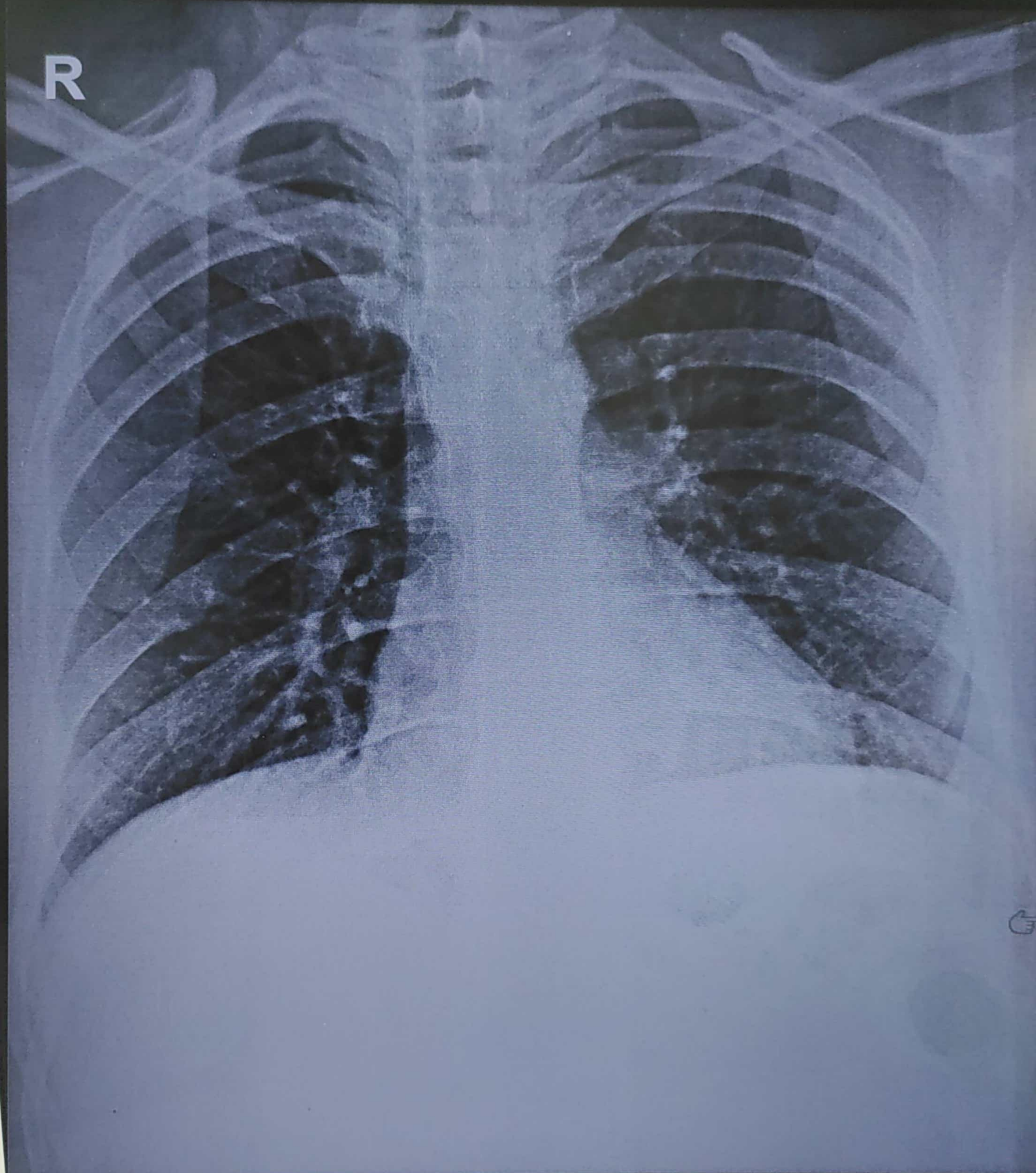
MR. SURENDER KUMAR

Rate	63	QT
PR	161	QTc
QRSD	87	



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10 mm/mV F 60~ 0.15-100 Hz PH10 CL P? PH10 CL P?

R



SURENDER KUMAR 36/Y 24198 M CHEST PA 24-Feb-24 12:00
SHRI BALAJI AAROGYAM HOSPITAL, KURUKSHETRA



Shri Balaji Aarogyam Hospital Pvt.Ltd.
 Behind Old Bus Stand, Jyoti Nagar, Kurukshetra.
 Ph:01744-270255,9992630762



Receipt

UHID No :- UD-232418286 **Reg. No.** :- 232418286
Patient Name :- Mr SURENDER KUMAR **Receipt No/Date** :- 23240024198 / 24 Feb 2024
Age/Sex :- 36 Y/M **Mobile No** :- 9253696000
Address :- 493 MAIN ROAD BALRAJ NAGAR, NEAR JYOTI NAGAR, KAITHAL **Payment Via** :- Emp. Credit
Empanelment :- Mediwheel

Claim ID :-

Service Type	Service Name	Serial No	Price	Emr. Chrg.	Dís.	Unit	Net Amt.
Urine examination	URINE ROUTINE		80.00	0.00	0	1	78.00
Haematology	CBC		120.00	0.00	0	1	117.00
	ESR		80.00	0.00	0	1	78.00
	BLOOD GROUP		50.00	0.00	0	1	49.00
	HBA1C(GLYCOSYLATED HAEMOGLOBIN)		250.00	0.00	0	1	244.00
	SERUM URIC ACID		100.00	0.00	0	1	98.00
Biochemistry	BLOOD SUGAR FASTING & PP		50.00	0.00	0	1	49.00
	COMPLETE LIPID PROFILE		150.00	0.00	0	1	146.00
	CREATININE		50.00	0.00	0	1	49.00
	LFT		150.00	0.00	0	1	146.00
Immunology	THYROID PROFILE (T3,T4,TSH)		150.00	0.00	0	1	146.00
Hospital Charge	ECG		100.00	0.00	0	1	98.00
Cardiology	ECHO		300.00	0.00	0	1	293.00
Ultrasound	Usg Whole Abdomen		250.00	0.00	0	1	244.00
Dietician	Dietitian Consultation		70.00	0.00	0	1	68.00
X-RAYS	Chest X-RAY		100.00	0.00	0	1	97.00
Total Amount							2050.00
Total Discount							50.00
Bill Credit Towards Mediwheel							2000.00

Remarks: mediwheel package pt

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डॉ. मनोज खुराना
एम.बी.बी.एस., एम.एच., एम.एच.डी.एच. (सु.र.ए.ए.), एक बी.एम.एस.
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