

**Fwd: Health Check up Booking Confirmed Request(bobE9730),Package Code-PKG10000366, Beneficiary Code-300046**

From: "raja das" <rajshma.u@gmail.com>  
To: reception\_ash@apexhospitals.in

03/09/24 09:19

----- Forwarded message -----

From: **Mediwheel** <wellness@mediwheel.in>

Date: Fri, 8 Mar, 2024, 17:51

Subject: Health Check up Booking Confirmed Request(bobE9730),Package Code-PKG10000366, Beneficiary Code-300046

To: <rajshma.u@gmail.com>

Cc: <customercare@mediwheel.in>



**Mediwheel**  
...Your wellness partner



011-41195959

Dear **MR. DAS RAJA KUMAR,**

We are pleased to confirm your health checkup booking request with the following details.

**Hospital Package Name :** Mediwheel Full Body Annual Plus

**Patient Package Name :** Mediwheel Full Body Health Checkup Male Below 40

**Name of Diagnostic/Hospital :** Apex Hospital - Borivali west

**Address of Diagnostic/Hospital- :** Behind Punjab and Sindh Bank, LT Road, Babhai naka, Borivali West  
Mumbai - 400092

**City :** Mumbai

**State :**

**Pincode :** 400092

**Appointment Date :** 09-03-2024

**Confirmation Status :** Booking Confirmed

**Preferred Time :** 8:00am-9:00am

**Booking Status :** Booking Confirmed

Member Information		
Booked Member Name	Age	Gender
MR. DAS RAJA KUMAR	39 year	Male

**Note - Please note to not pay any amount at the center.**

**Instructions to undergo Health Check:**

- Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- Bring urine sample in a container if possible (containers are available at the Health Check centre).
- Please bring all your medical prescriptions and previous health medical records with you.
- Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

- Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
- It is advisable not to undergo any Health Check during menstrual cycle.

Request you to reach half an hour before the scheduled time.

In case of further assistance, Please reach out to Team Mediwheel.

Thanks,  
Mediwheel Team

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Tele.: 022 - 2898 6677 / 46 / 47 / 4

## PHYSICIAN CONSULTATION

Mr. Rajakumar Das  
Age/Gex - 39yrs / male.

wt - 64 kg.

Height 158

PRESENT COMPLAINT: No any other complaints.

## PAST MEDICAL / SURGICAL HISTORY:

Sciatic Nerves Rx. on Home pathic  
- No any medical history  
- No any surgical history. 3yrs.

## GENERAL EXAMINATION:

PULSE - 97 / min.  
BP: - 110/80 mmHg  
BMI - 25.6  
APETITE: - Normal  
THIRST: - Normal  
STOOL: - Normal  
URINE: - Normal  
SLEEP: - Normal  
SKIN: - Normal  
NAILS: - Normal  
HABITAT: - No

SYSTEMIC EXAMINATION: -

RESPIRATORY EXAMINATION: AEBE clear

CARDIOVASCULAR EXAMINATION: - S1S2 ⊕ / CNS - conscious & oriented.

ABDOMINAL EXAMINATION: - Soft

GYNACOLOGY / OBST HISTORY ( FOR FEMALE): - NO



CAMP



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**Apex Super Speciality Hospitals**  
Shantagurga Mangesh Charty Trust Medical Centre 193-A, I. T. Road  
Beside Punjab & Sind Bank, Bhubli, Borivli East Mumbai-400097  
Tel: 022-2896627/4647248 Web: apexsuperhospitals.com  
Email: medical.edms@apexhospitals.com

		<b>Diet Chart</b>			
<b>UHID</b>	: ASH232404549	<b>ID</b>	: HC232400018	<b>Age/Sex</b>	: 39/Male
<b>Patient</b>	: Das Raja	<b>Department</b>	: Rmo	<b>Diet Chart</b>	: High protein diet
<b>Address</b>	: Natlnal Park View 1 Borivli East Mumbai	<b>BMI and IBW calculation</b>			
<b>Date</b>	: 09-Mar-2024	<b>Height</b>	: 167 Cms	<b>Weight</b>	: 65 Kgs
<b>Dietician</b>	: GUPTA SAKSHI SATISH	<b>BMI Category</b>	: Normal Weight	<b>IBW</b>	: 67
		<b>MNT</b>	: FULL DIET , HIGH PROTEIN	<b>BMI</b>	: 23.31
				<b>Diagnosis</b>	: c/o- Weight management

- Early morning:** 1 cup tea/ coffee (preferable avoid) + 4 almonds, 2 walnut halves (Soaked)
- Breakfast:** 1 Bowl upma/ poha/ daliya upma **OR** 2 small idli/ 1 dosa with vegetable sambar **OR** 1 roti with bhaji **OR** 1 bowl cornfalkes/ oats in water
- Mid-morning:** 1 Fruit - Include Whole fruits - Papaya , Pear, Banana ,Orange, Muskmelon & Watermelon (No Fruit juices)  
**Supplement :- Truhanz HP - 1 scoop with 100ml water**
- Lunch:** 1 bowl raw vegetable salad (Cucumber ,carrot, tomato, beetroot)  
2 medium whole wheat roti/ 1 bowl rice  
1 bowl bhaji  
1 bowl dal (yellow moong dal, masoor dal, matki, green moong dal)  
1 bowl curd/ 1 glass buttermilk
- Evening snack:** 1 cup tea/ coffee /Green Tea / Black Coffee / **Truhanz HP - 1 scoop in 100ml water**  
1 handful of roasted yellow chana **OR** 1 besan chilla **OR** 1 bowl sprouts chat
- Mid-evening:** 1 bowl dal and vegetable soup + ½ teaspoon dry roasted flax seed powder
- Dinner:** 1 bowl raw vegetable salad (Cucumber ,carrot, tomato, beetroot)  
2 medium whole wheat roti/1 bowl rice  
1 bowl bhaji  
1 bowl dal  
**OR** 1 bowl dal khichadi/ daliya  
1 bowl curd/ 1 glass buttermilk
- Bedtime :-** 1tsp Sesame seed

**Remarks: Drink ample of fluids, upto 3 litres of water daily. Can add sabja seeds to it.**  
Include more of whole pulses, green leafy vegetables and fruits in the diet  
Restrict consumption of non-vegetarian foods and alcohol for about a month.  
Avoid all sources of extra salt, spices and oils like sauces, pickles, papads, chutneys, chips, etc.  
Avoid all sources of simple sugars like white sugar, brown sugar honey, jaggery.  
Avoid processed foods and fried food.  
**Avoid all spicy, oily and refined flour products. Restrict bakery products.**  
**For detailed diet counselling: Consult Dietician Sakshi Gupta in OPD with prior appointment.**

Patient Id : **PVD04223-24/71369**      Sample ID : 24032624  
 Patient : MR RAJA DAS      Reg. Date : 09/03/2024  
 Age/sex : 39 Yrs/ Male      Report Date : 09/03/2024  
 Center : APEX SUPERSPECIALITY HOSPITALS      Case No. :  
 Ref. By : Self



**COMPLETE BLOOD COUNT (CBC) /HAEMOGRAM**

Test Description	Result	Unit	Biological Reference Range
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**Erythrocytes**

Haemoglobin (Hb)	14.6	gm/dL	13.5 - 18.0
Erythrocyte (RBC) Count	5.35	mill/cu.mm	4.7 - 6.0
PCV (Packed Cell Volume)	44.9	%	42 - 52
MCV (Mean Corps. Volume)	83.9	fL	78 - 100
MCH (Mean Corps. Hb)	27.3	pg	27 - 31
MCHC (Mean Corps. Hb Concn.)	32.5	gm/dL	31.5 - 36
RDW (Red Cell Distri. Width)	<b>14.5</b>	%	11.5 - 14.0

**RBC Morphology**

Remark      Normochromic Normocytic

**Leucocytes**

Total Leucocytes (WBC) count	9450	cells/cu.mm	4000 - 10500
Absolute Neutrophils Count	5481	/c.mm	2000 - 7000
Absolute Lymphocyte Count	<b>3402</b>	/c.mm	1000 - 3000
Absolute Monocyte Count	473	/c.mm	200 - 1000
Absolute Eosinophil Count	95	/c.mm	20 - 500
Absolute Basophil Count	0	/c.mm	00 - 100
Neutrophils	58	%	40 - 80
Lymphocytes	36	%	20 - 40
Monocytes	05	%	2.0 - 10
Eosinophils	01	%	1 - 6
Basophils	00	%	0 - 1


**Platelets**

Platelet count	<b>138</b>	10 <sup>3</sup> / µl	150 - 400
MPV (Mean Platelet Volume)	<b>15.7</b>	fL	7.8 - 11
PCT ( Platelet crit)	<b>0.143</b>	%	0.2 - 0.5
PDW (Platelet Distri. Width)	15.5	%	9 - 17

Test done on Mindray BC760- 6 Part Diff Haematolgy Analyser

-----End Of Report-----

**Term & Conditions\*** Test processed at Pathvision Central Processing Laboratory- Dahisar west Mumbai-68 Individual laboratory investigations are never conclusive but should be used along with other relevant clinical examinations to achieve final diagnosis. Any discrepancy with clinical condition the referring doctor or patient must report in 24hr of sample collection and get test redone. Partial reproduction of this report is not permitted The test report is not valid for Medico-legal purpose.

  
**DR. SANDEEP B. PORWAL**  
 MBBS MD (Path) Mumbai  
 MMC Reg no 2001031640

**CENTRAL PROCESSING LABORATORY**

Grandeur 208/209/210, S.V. Road, Dahisar (East), Mumbai - 400 068.

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Tele.:

022 - 2898 6677 / 46 / 47 / 48

Patient	: Das Raja	UHID	: ASH232404549
Age/Sex	: 39/Male	ID	: HC232400018
Consultant Dr	: GUJAR NEERAJ	Registered On	:
Referring Dr	:	Reported On	: 09-Mar-2024
Collection Centre	: Apex Hospital		

## HEMATOLOGY

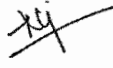
Test	Result	Normal Value
ESR	H <u>35 mm/hr</u>	0 - 10 mm/hr
BLOOD GROUP	" B "	
Rh FACTOR	POSITIVE	

### Remarks : \*

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

Run By  
Lab Technician

Checked By  
Biochemist

  
Pathologist  
DR.GUJAR NEERAJ VILAS  
MD PATHOLOGY



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<b>Consultant Dr</b>	: GUJAR NEERAJ	<b>Registered On</b>	:
<b>Referring Dr</b>	:	<b>Reported On</b>	: 09-Mar-2024
<b>Collection Centre</b>	: Apex Hospital		

### FASTING BLOOD SUGAR

Test	Result	Normal Value
<b>FBS</b>	80.55 Mg/dl	70-110 Mg/dl
<b>URINE SUGAR</b>	ABSENT	
<b>URINE KETONES</b>	ABSENT	

### POST LUNCH BLOOD SUGAR


Test	Result	Normal Value
<b>PLBL (2 HOUR AFTER FOOD)</b>	93.26 Mg/dl	70-140 Mg/dl
<b>URINE SUGAR (PP)</b>	SNR	-
<b>URINE KETONE (PP)</b>	SNR	

**Remarks : \*\***

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Consultant Dr	: GUJAR NEERAJ	Registered On	:
Referring Dr	:	Reported On	: 09-Mar-2024
Collection Centre	: Apex Hospital		

## RENAL FUNCTION TEST

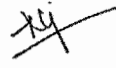
Test	Result	Normal Value
SERUM CREATININE	0.93 Mg/dl	0.6-1.6 Mg/dl
URIC ACID	6.63 Mg/dl	2.5-7.7 Mg/dl
BLOOD UREA NITROGEN / BUN	13.27 Mg/dl	0-23 Mg/dl

### Remarks : \*

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<b>Age/Sex</b>	: 39/Male	<b>ID</b>	: HC232400018
<b>Consultant Dr</b>	: GUJAR NEERAJ	<b>Registered On</b>	:
<b>Referring Dr</b>	:	<b>Reported On</b>	: 09-Mar-2024
<b>Collection Centre</b>	: Apex Hospital		

### LIPID PROFILE

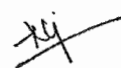
Test	Result	Normal Value
<b>TOTAL CHOLESTEROL</b>	157.3 Mg%	150-250 Mg%
<b>TRIGLYCERIDES</b>	H <u>203.4</u> Mg%	35-160 Mg%
<b>HDL CHOLESTEROL</b>	33.91 Mg%	30-70 Mg%
<b>VLDL CHOLESTEROL</b>	H <u>40.68</u>	7-35
<b>LDL CHOLESTEROL</b>	L <u>82.71</u> Mg%	108-145 Mg%
<b>TC/HDL CHOL RATIO</b>	4.64	3.5-5.0
<b>LDL/HDL RATIO</b>	2.44	1.1-3.9

#### Remarks : \*

**Note:-** The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

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<b>Patient</b>	: Das Raja	UHID	: ASH232404549
Age/Sex	: 39/Male	ID	: HC232400018
Consultant Dr	: GUJAR NEERAJ	Registered On	:
Referring Dr	:	Reported On	: 09-Mar-2024
Collection Centre	: Apex Hospital		

## LIVER FUNCTION TEST

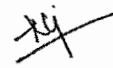
Test	Result	Normal Value
TOTAL BILIRUBIN	0.62 Mg/dl	0.1-1.2 Mg/dl
DIRECT BILIRUBIN	0.13 Mg/dl	0.0-0.3 Mg/dl
INDIRECT BILIRUBIN	0.49 Mg/dl	0.1-1.0 Mg/dl
SGOT	21.86 Iu/l	5-40 Iu/l
SGPT	29.67 Iu/l	5-40 Iu/l
SERUM ALKALINE PHOSPHATES	84.31 U/l	25-147 U/l
SERUM PROTEINS TOTAL	7.63 Gm%	6.0-8.2 Gm%
SERUM ALBUMIN	4.31 Gm%	3.0-5.0 Gm%
SERUM GLOBULIN	3.32 Gm%	1.9-3.5 Gm%
ALBUMIN : GLOBULIN RATIO	1.30 Mg/dl	0.9-2.0 Mg/dl
GAMMA GT	23.85 Iu/l	5-45 Iu/l

### Remarks : \*

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<b>Age/Sex</b>	: 39/Male	ID	: HC232400018
<b>Consultant Dr</b>	: GUJAR NEERAJ	Registered On	:
<b>Referring Dr</b>	:	Reported On	: 09-Mar-2024
<b>Collection Centre</b>	: Apex Hospital		

### URINE ROUTINE

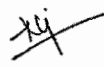
Test	Result	Normal Value
<b>PHYSICAL EXAMINATION</b>		
QUANTITY	15 MI	MI
COLOUR	PALE YELLOW	
APPEARANCE	CLEAR	
DEPOSIT	ABSENT	
REACTION [PH]	ACIDIC	
SPECIFIC GRAVITY	1.015	
<b>CHEMICAL EXAMINATION</b>		
URINE ALBUMIN	ABSENT	
SUGAR	ABSENT	
KETONE BODIES	ABSENT	
OCCULT BLOOD	ABSENT	
BILE PIGMENT	ABSENT	
BILE SALT	ABSENT	
<b>MICROSCOPIC EXAMINATION OF CENTRE</b>		
RED BLOOD CELLS	ABSENT /hpf	/hpf
PUS CELLS	0-1 /hpf	/hpf
EPITHELIAL CELLS	1-2 /hpf	/hpf
CASTS	ABSENT	
CRYSTALS	ABSENT	
SPERMATOZOA	ABSENT	
TRICHOMONAS VAGINALIS	ABSENT	
YEAST CELLS	ABSENT	
AMORPHOS DEPOSITS	ABSENT	
BACTERIA	ABSENT	

**Remarks : \***

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

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Lab Technician

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Biochemist

  
**Pathologist**  
DR.GUJAR NEERAJ VILAS  
MD PATHOLOGY

Patient Id : **PVD04223-24/71369**      Sample ID : 24032432  
 Patient : MR RAJA DAS      Reg. Date : 09/03/2024  
 Age/sex : 39 Yrs/ Male      Report Date : 09/03/2024  
 Center : APEX SUPERSPECIALITY HOSPITALS      Case No. :  
 Ref. By : Self      



**HBA1C-GLYCOSYLATED HAEMOGLOBIN**

Test Description	Result	Unit	Biological Reference Range
HbA1c- (EDTA WB)	6.1	%	< 5.6 Non-diabetic 5.7-6.4 Pre-diabetic > 6.5 Diabetic
Estimated Average Glucose (eAG)	128.37	mg/dL	
Method : HPLC-Biorad D10-USA			

**INTERPRETATION**

1. HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
2. HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association) guidelines 2017, for diagnosis of diabetes using a cut-off point of 6.5%.
3. Trends in HbA1c are a better indicator of diabetic control than a solitary test.
4. Low glycosylated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
5. To estimate the eAG from the HbA1C value, the following equation is used:  $eAG(mg/dl) = 28.7 \times A1c - 46.7$
6. Interference of Haemoglobinopathies in HbA1c estimation.
  - A. For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
  - B. Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status
  - C. Heterozygous state detected (D10/ Tosho G8 is corrected for HbS and HbC trait).
7. In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control.
  - Excellent Control - 6 to 7 %,
  - Fair to Good Control - 7 to 8 %,
  - Unsatisfactory Control - 8 to 10 %
  - and Poor Control - More than 10 %.

**Note** : Haemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy

-----End Of Report-----

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**DR. SANDEEP B. PORWAL**  
MBBS MD (Path) Mumbai  
MMC Reg no 2001031640

Patient Id : **PVD04223-24/71369** Sample ID : 24032432  
 Patient : MR RAJA DAS Reg. Date : 09/03/2024  
 Age/sex : 39 Yrs/ Male Report Date : 09/03/2024  
 Center : APEX SUPERSPECIALITY HOSPITALS Case No. :  
 Ref. By : Self



**IMMUNOASSAY**


Test Description	Result	Unit	Biological Reference Range
<b>TOTAL T3 T4 TSH (TFT)</b>			
T3 (Triiodothyronine)	137.15	ng/dl	83-200  For Pregnant females: First Trim: 104.8 - 229.8 2nd Trim: 128.9 - 262.3 Third trim : 135.4 - 261.7
T4 (Thyroxine)	8.42	ug/dL	5.13 - 14.10  For Pregnant females: First Trim : 7.33 - 14.8 Second Trim : 7.93 - 16.1 Third Trim : 6.95 - 15.7
TSH(Thyroid Stimulating Hormone)	2.09	uIU/ml	0.27 - 4.20
Method : ECLIA			

**INTERPRETATION**

TSH	T3 / FT3	T4 / FT4	Suggested Interpretation for the Thyroid Function Tests Pattern
Within Range	Decreased	Within Range	• Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness. In elderly the drop in T3 level can be upto 25%.
Raised	Within Range	Within Range	• Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. • Subclinical Autoimmune Hypothyroidism • Intermittent T4 therapy for hypothyroidism • Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	• Chronic Autoimmune Thyroiditis • Post thyroidectomy, Post radioiodine • Hypothyroid phase of transient thyroiditis"
Raised or within Range	Raised	Raised or within Range	• Interfering antibodies to thyroid hormones (anti-TPO antibodies) • Intermittent T4 therapy or T4 overdose • Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics"
Decreased	Raised or within Range	Raised or within Range	• Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & associated with Non-Thyroidal illness • Subclinical Hyperthyroidism • Thyroxine ingestion"
Decreased	Decreased	Decreased	• Central Hypothyroidism • Non-Thyroidal illness • Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	• Primary Hyperthyroidism (Graves' disease), Multinodular goitre, Toxic nodule • Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased or within Range	Raised	Within Range	• T3 toxicosis • Non-Thyroidal illness

-----End Of Report-----

**Term & Conditions\*** Test processed at Pathvision Central Processing Laboratory- Dahisar west Mumbai-68 Individual laboratory investigations are never conclusive but should be used along with other relevant clinical examinations to achieve final diagnosis. Any discrepancy with clinical condition the referring doctor or patient must report in 24hr of sample collection and get test redone. Partial reproduction of this report is not permitted The test report is not valid for Medico-legal purpose.

  
**DR. SANDEEP B. PORWAL**  
 MBBS MD (Path) Mumbai  
 MMC Reg no 2001031640

**CENTRAL PROCESSING LABORATORY**

Grandeur 208/209/210, S.V. Road, Dahisar (East), Mumbai - 400 068.

Tel : 2562 7645 • Mob: 86010 17023 / 81042 45064

ASH/QA/FORM/NUR/04/MAR22/V1



# APEX SUPERSPECIALITY HOSPITALS

*Where Healing & Care Comes Naturally*



2898 6677

2898 6646

CASHLESS FACILITY

L. T. Road, Besides Punjab & Sind Bank, Babhai Naka, Borivali (W), Mumbai - 400 092.

ई. सी. जी.

Name Raja Das Date 9/3/24

Age 39 Gender: M  F  UHID NO \_\_\_\_\_ B.P \_\_\_\_\_

## ELECTROCARDIOGRAPHIC OBSERVATIONS

Rate \_\_\_\_\_ Axis \_\_\_\_\_ Q.R.S. Complex \_\_\_\_\_

Rhythm \_\_\_\_\_ P. Wave \_\_\_\_\_ S.T. Segment \_\_\_\_\_

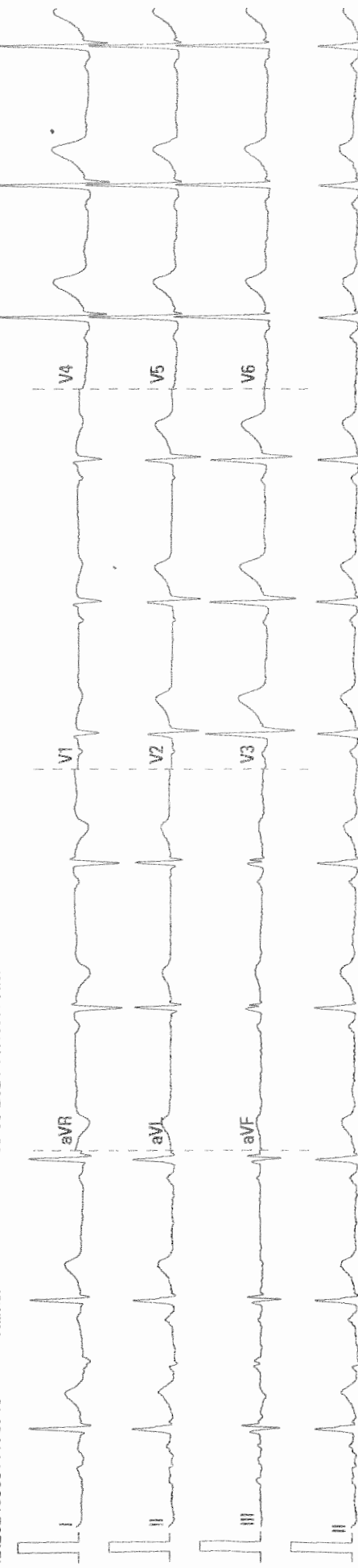
Standardisation : \_\_\_\_\_ P.R. Interval \_\_\_\_\_ T. Wave \_\_\_\_\_

Voltage : \_\_\_\_\_ Q. Wave : \_\_\_\_\_ Q. T. Interval \_\_\_\_\_

Impression : with ECG

ID: 2024030911170740

Name: 09-03-2024 11:17:41 AM



ID: 2024  
Name:  
09-03  
Sinus  
Uncool

25 mm/s 10 mm/mV 50 Hz-- BPR 35 Hz QTc Bazett 02.07.00/V04.00.00 SN:FK-83014036



# UNI-EM

## ELECTRONICS COMPLEX INDORE

### TREADMILL TEST REPORT

**rajakumar das**  
 ID : 22325  
 DATE : 10/03/2024  
 AGE/SEX : 39 / M  
 HT/WT : 158 / 62  
 REF.BY :

PROTOCOL : Bruce  
 HISTORY :  
 INDICATION :  
 MEDICATION :

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					73	120 / 80	87	2.4	-1.3	2.9	
STANDING					76	120 / 80	91	2.8	-1.3	3.4	
HYPERTENT					79	120 / 80	94	1.3	-0.3	1.9	
VALSALVA		0:6			78	120 / 80	93	0.9	-0.2	1.9	
Stage 1	2:55		2.7	10	108	120 / 80	129	0.4	0.1	1.4	4.67
Stage 2	5:55		4	12	136	120 / 80	163	0.4	-0.4	0.5	7.04
Stage 3	8:55		5.4	14	160	130 / 80	208	0.4	0.9	1.5	9.92
Stage 4	11:55		6.7	16	195	130 / 80	253	2.2	0.4	1.6	13.89
PK-EXERCISE	12:13	0:13	8	18	197	130 / 80	256	2	0.2	0.9	14.43
RECOVERY	15:20	2:55			113	120 / 70	135	1.9	-0.6	1.9	

### RESULTS

EXERCISE DURATION : 12:13  
 MAX HEART RATE : 197 bpm  
 MAX BLOOD PRESSURE : 130 / 80 mm Hg  
 REASON OF TERMINATION : *Admission 7:45*  
 BP RESPONSE : *Normal*  
 ARRHYTHMIA : *None*  
 H.R. RESPONSE : *None*  
**IMPRESSIONS** : *See test report for ischemia*

MAX WORK LOAD : 14.43 METS

Technician :



# UNI-EM

rajakumar das  
I.D. 22325  
Age 39/M  
Date 10/03/2024

RATE 73bpm  
B.P. 120/80

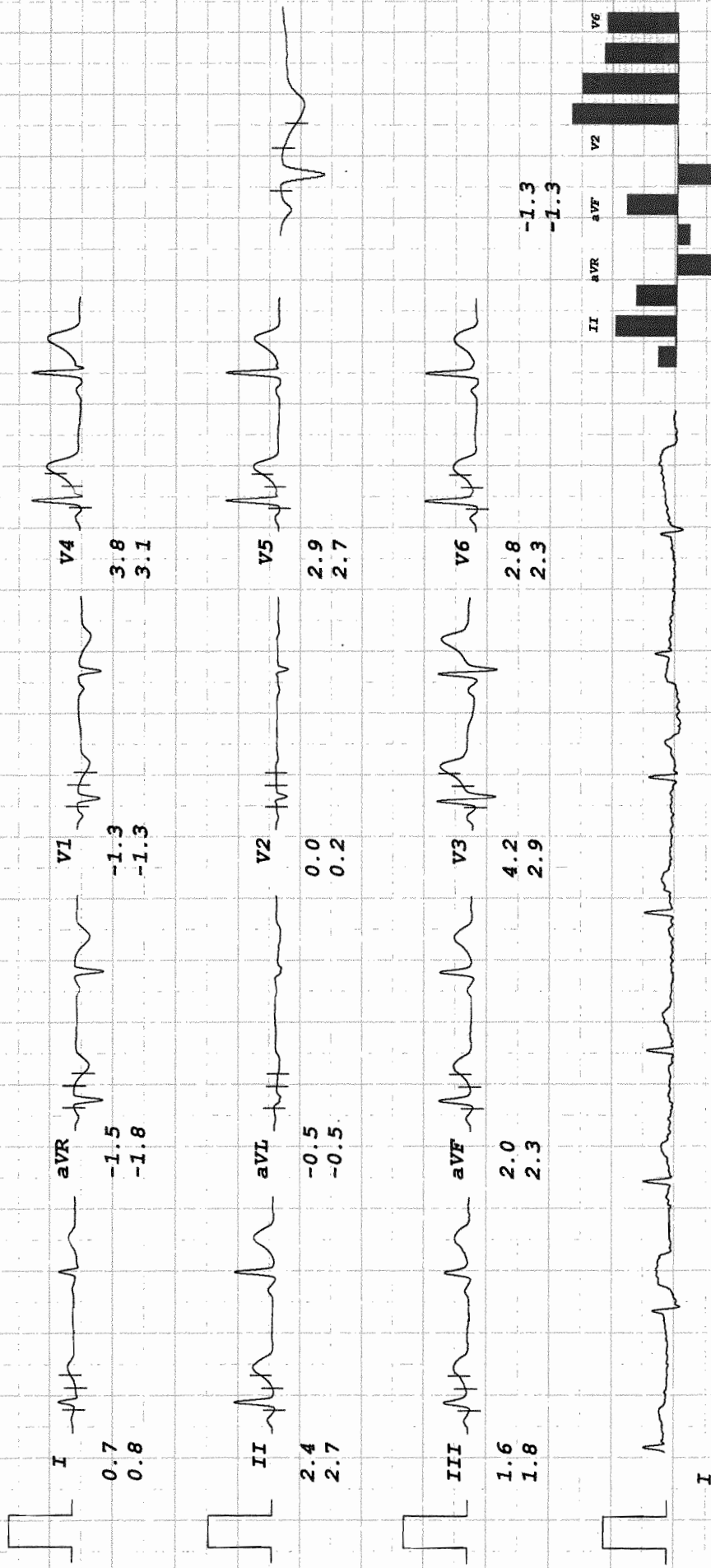
PRETEST  
SUPINE

ST @ 10mm/mV  
80ms PostJ

## LINKED MEDIAN

Mag: X 2

V1



# UNI-EM

**rajakumar das**  
 I.D. 22325  
 Age 39/M  
 Date 10/03/2024

**RATE 76bpm**  
**B.P. 120/80**

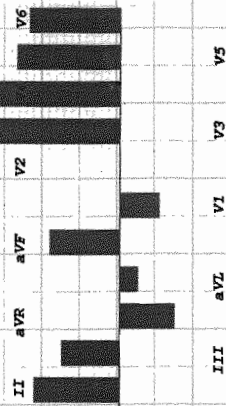
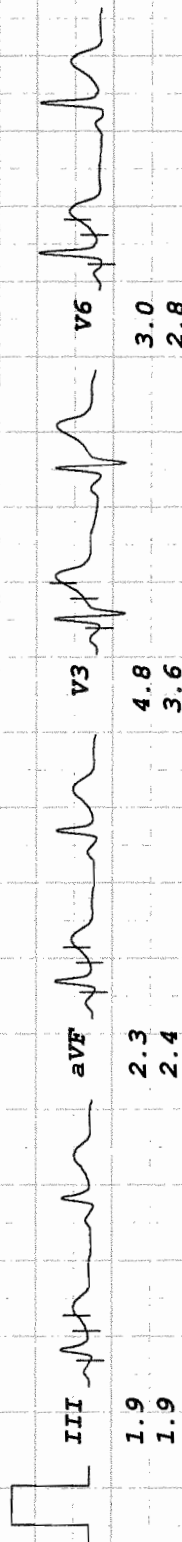
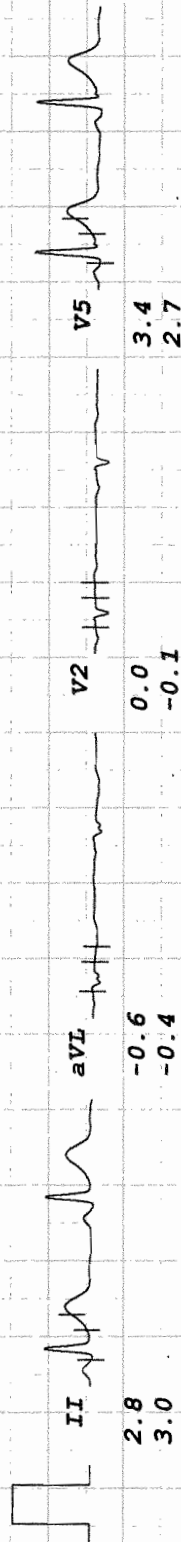
**PRETEST**  
**STANDING**

**ST @ 10mm/mV**  
**80ms PostJ**

**LINKED MEDIAN**

Mag. X 2

V1



# UNI-EM

rajakumar das  
 I.D. 22325  
 Age 39/M  
 Date 10/03/2024

RATE 79bpm  
 B.P. 120/80

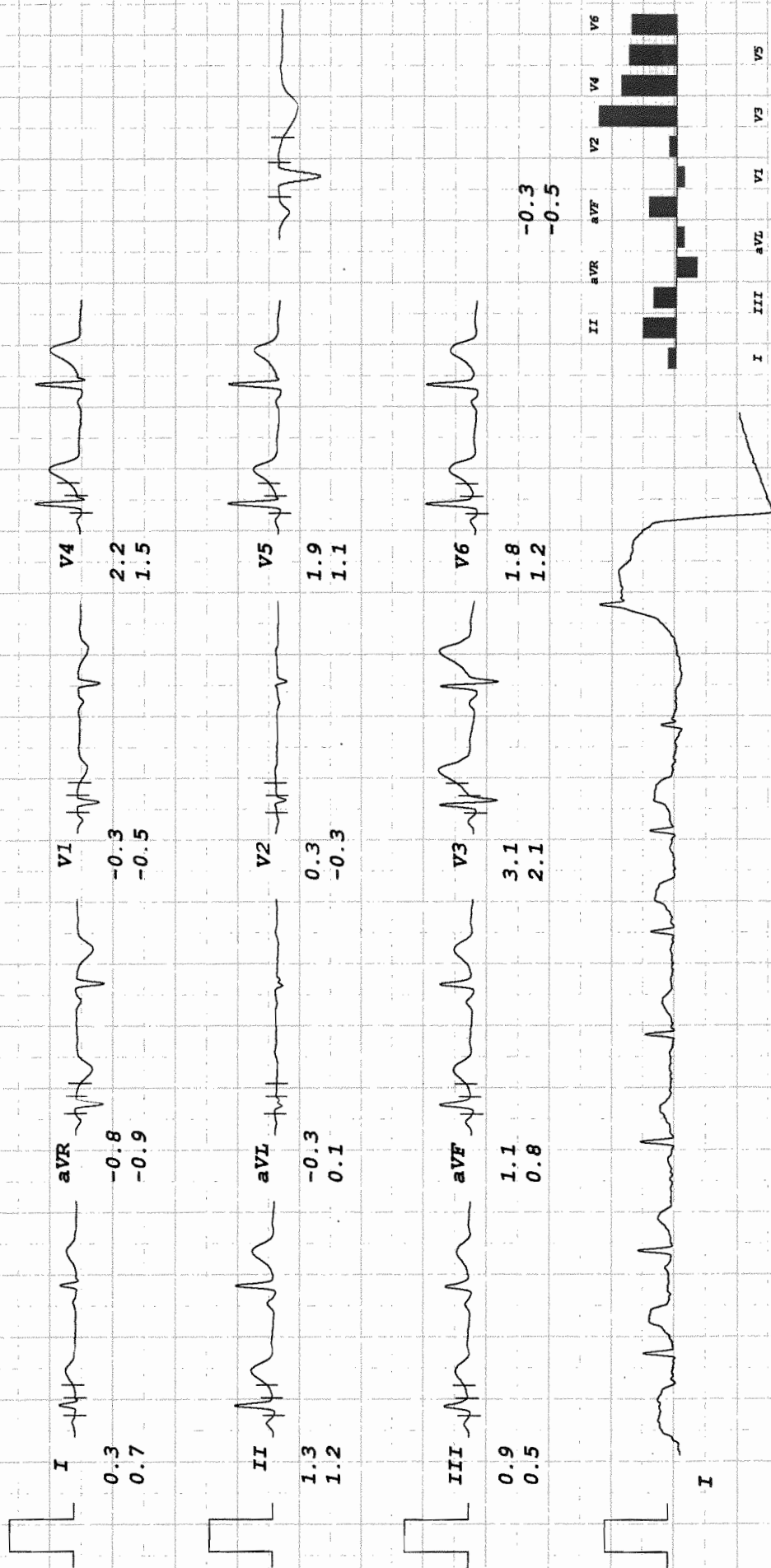
PRETEST  
 HYPERVENT

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



UNI-EM

rajakumar das  
I.D. 22325  
Age 39/M  
Date 10/03/2024

RATE 78bpm  
B.P. 120/80

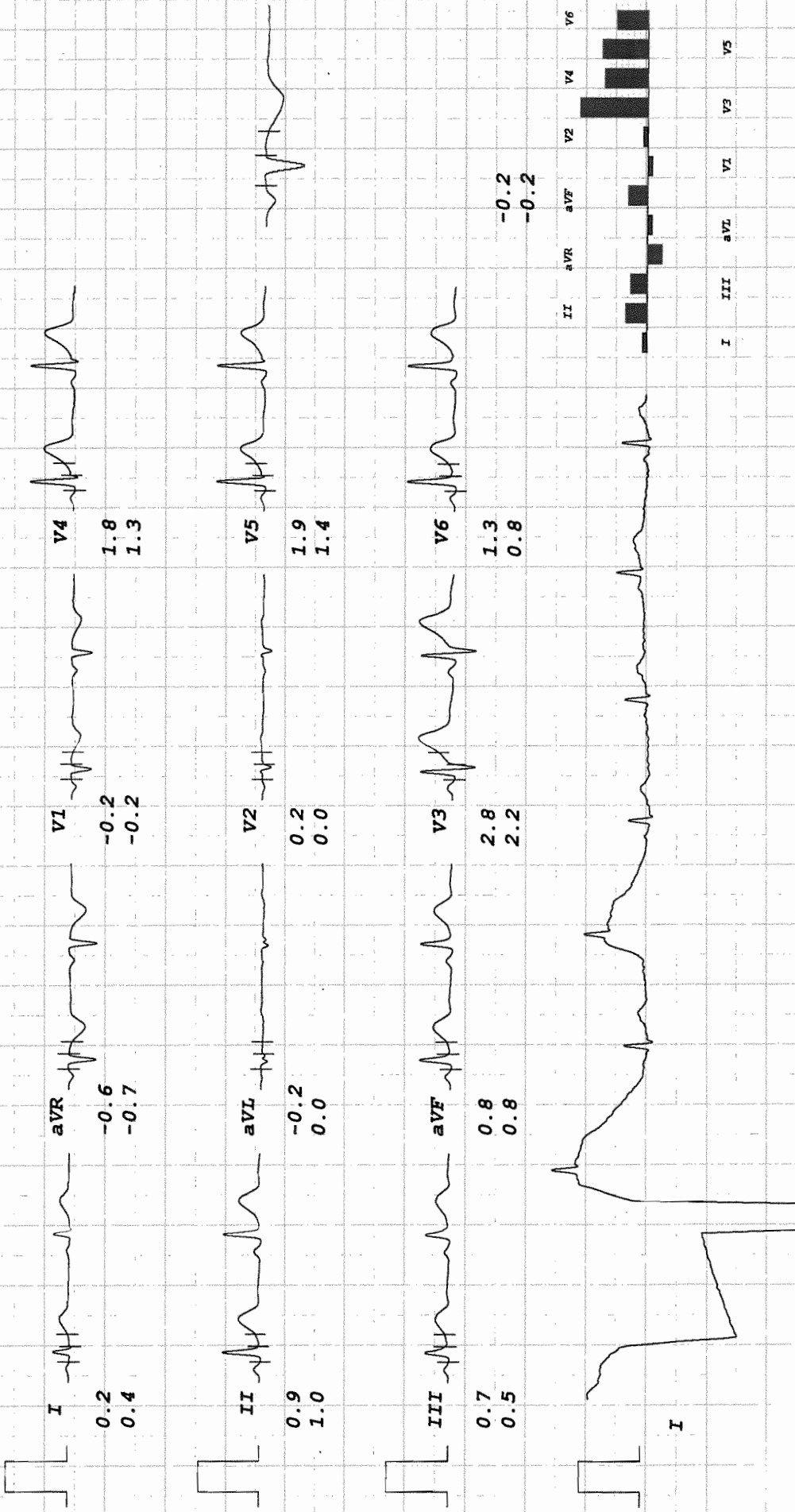
PRETEST  
VALSALVA

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X-2

V1



# UNI-EM

rajakumar das  
 I.D. 22325  
 Age 39/M  
 Date 10/03/2024

RATE 108bpm  
 B.P. 120/80

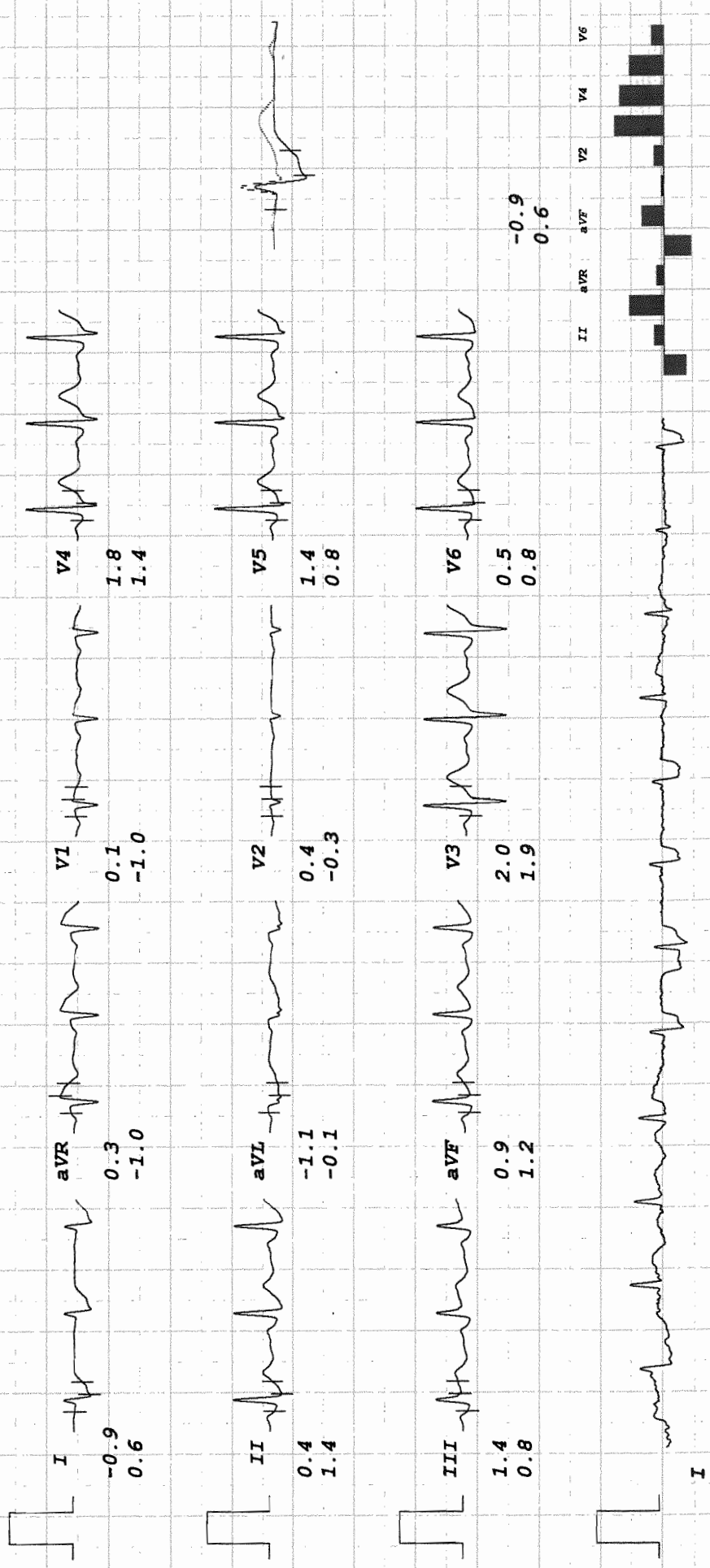
ST @ 10mm/mV  
 80ms PostJ  
 Speed 2.7 km/hr  
 SLOPE 10 %

Bruce  
 Stage 1  
 TOTAL TIME 2:55  
 PHASE TIME 2:55

LINKED MEDIAN

Mag. X 2

I



# UNI-EM

rajakumar das  
 I.D. 22325  
 Age 39/M  
 Date 10/03/2024

RATE 136bpm  
 B.P. 120/80

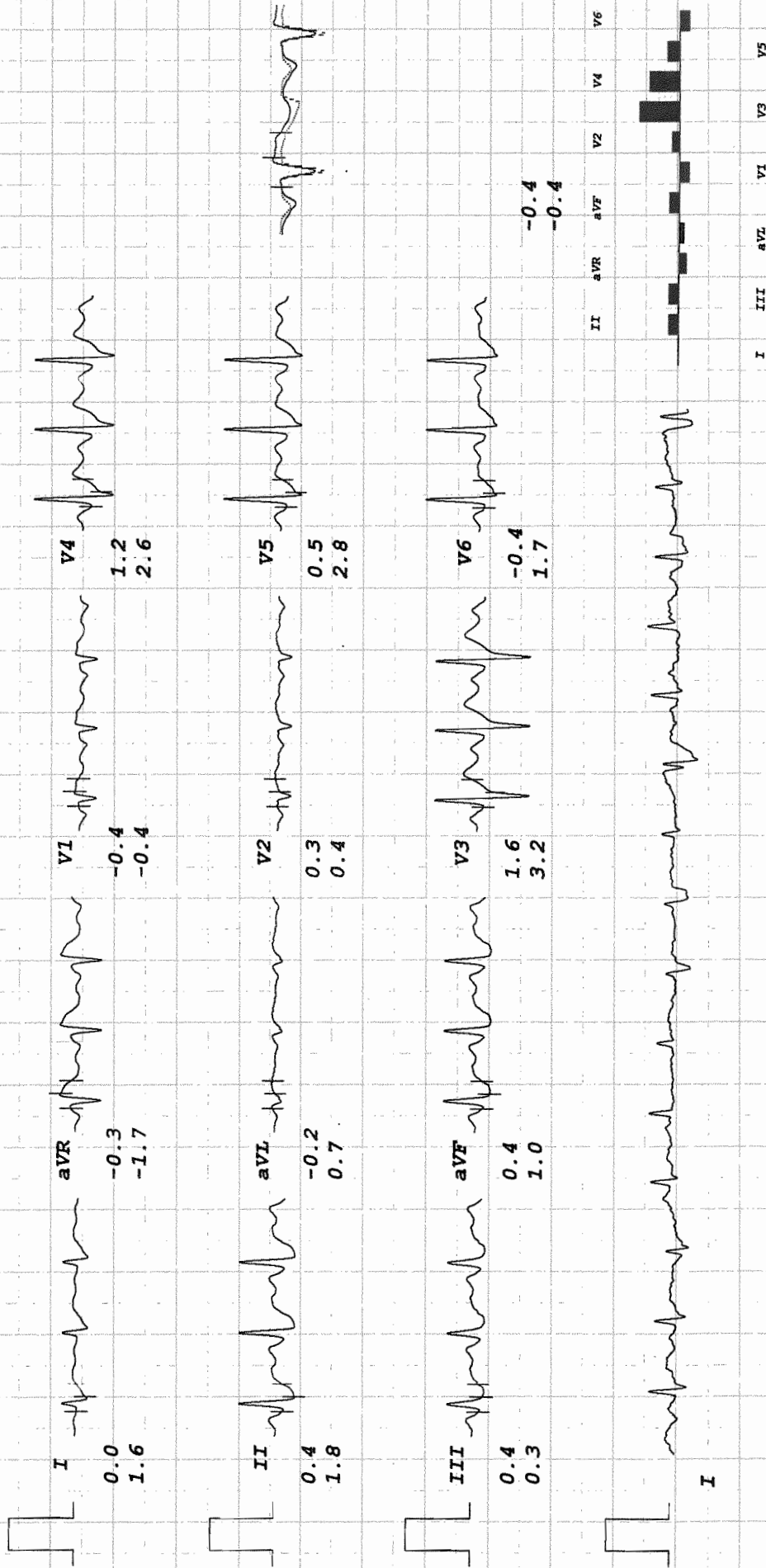
Bruce  
 Stage 2  
 TOTAL TIME 5:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2

V1



# UNI-EM

rajakumar das  
I.D. 22325  
Age 39/M  
Date 10/03/2024

Rate 160bpm  
B.P. 130/80

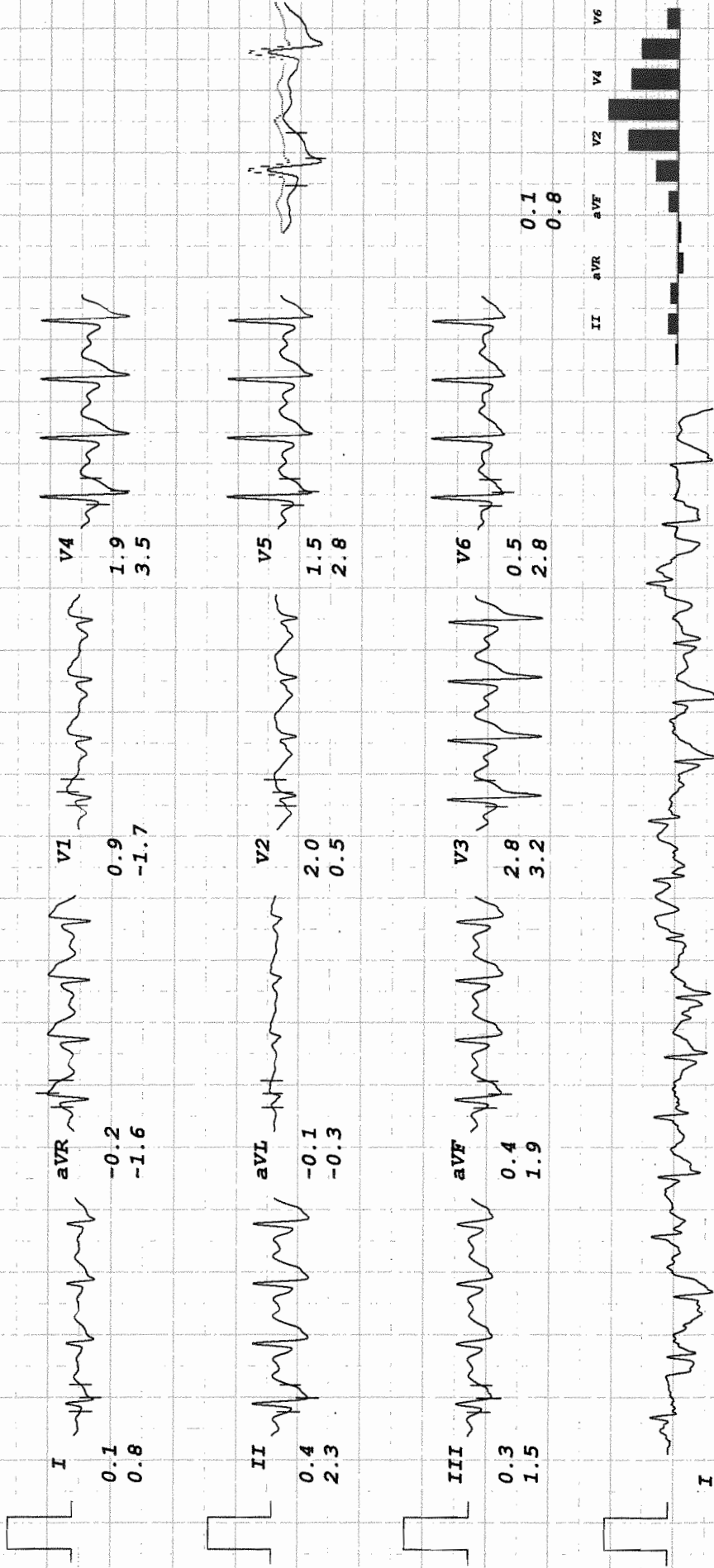
Bruce  
Stage 3  
TOTAL TIME 8:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ  
Speed 5.4 km/hr  
SLOPE 14 %

## LINKED MEDIAN

Mag. X 2

I



II aVR aVF V2 V4 V6  
I III aVL V1 V3 V5



# UNI-EM

rajakumar das  
 I.D. 22325  
 Age 39/M  
 Date 10/03/2024

RATE 195bpm  
 B.P. 130/80

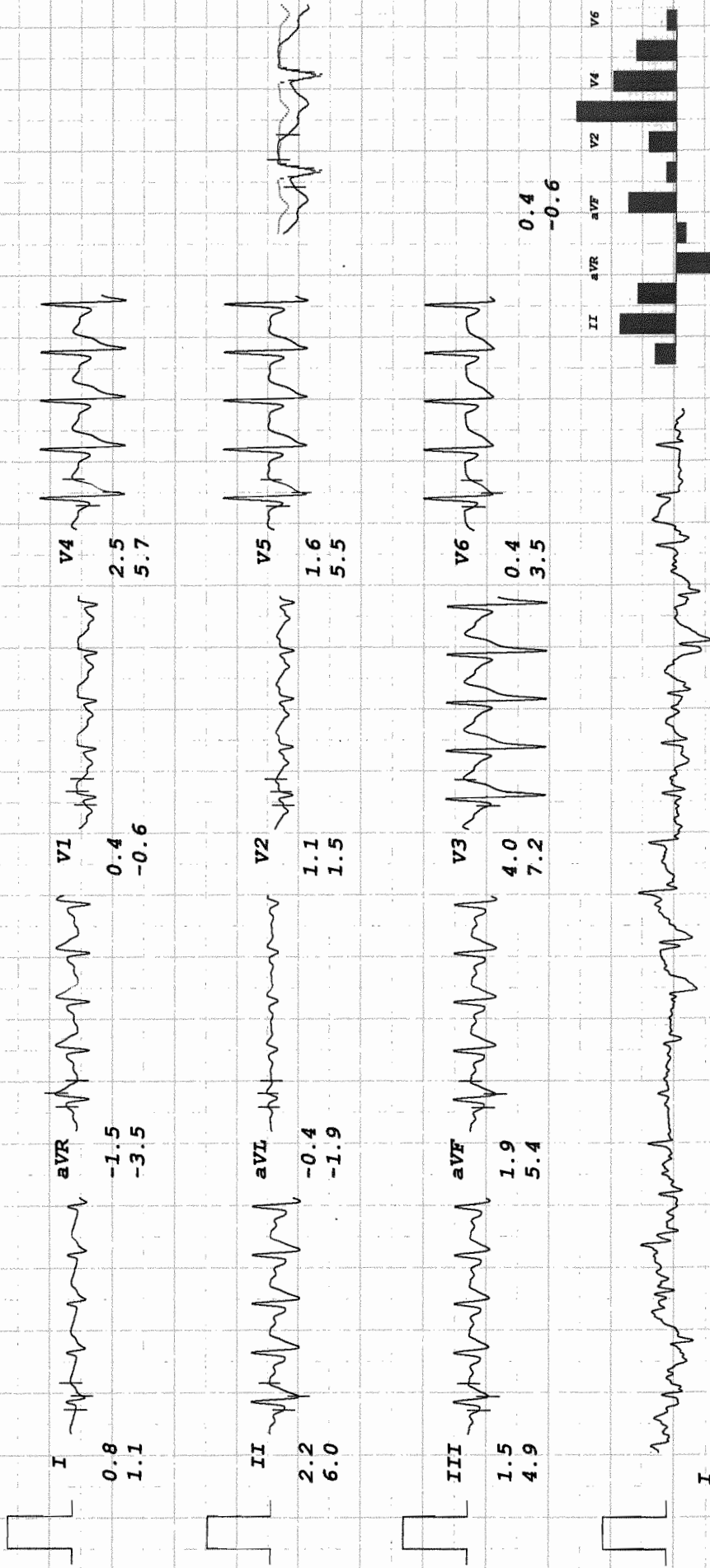
Bruce  
 Stage 4  
 TOTAL TIME 11:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 6.7 km/hr  
 SLOPE 16 %

**LINKED MEDIAN**

Mag: X 2

V1



0.4  
-0.6



# UNI-EM

rajakumar das  
I.D. 22325  
Age 39/M  
Date 10/03/2024

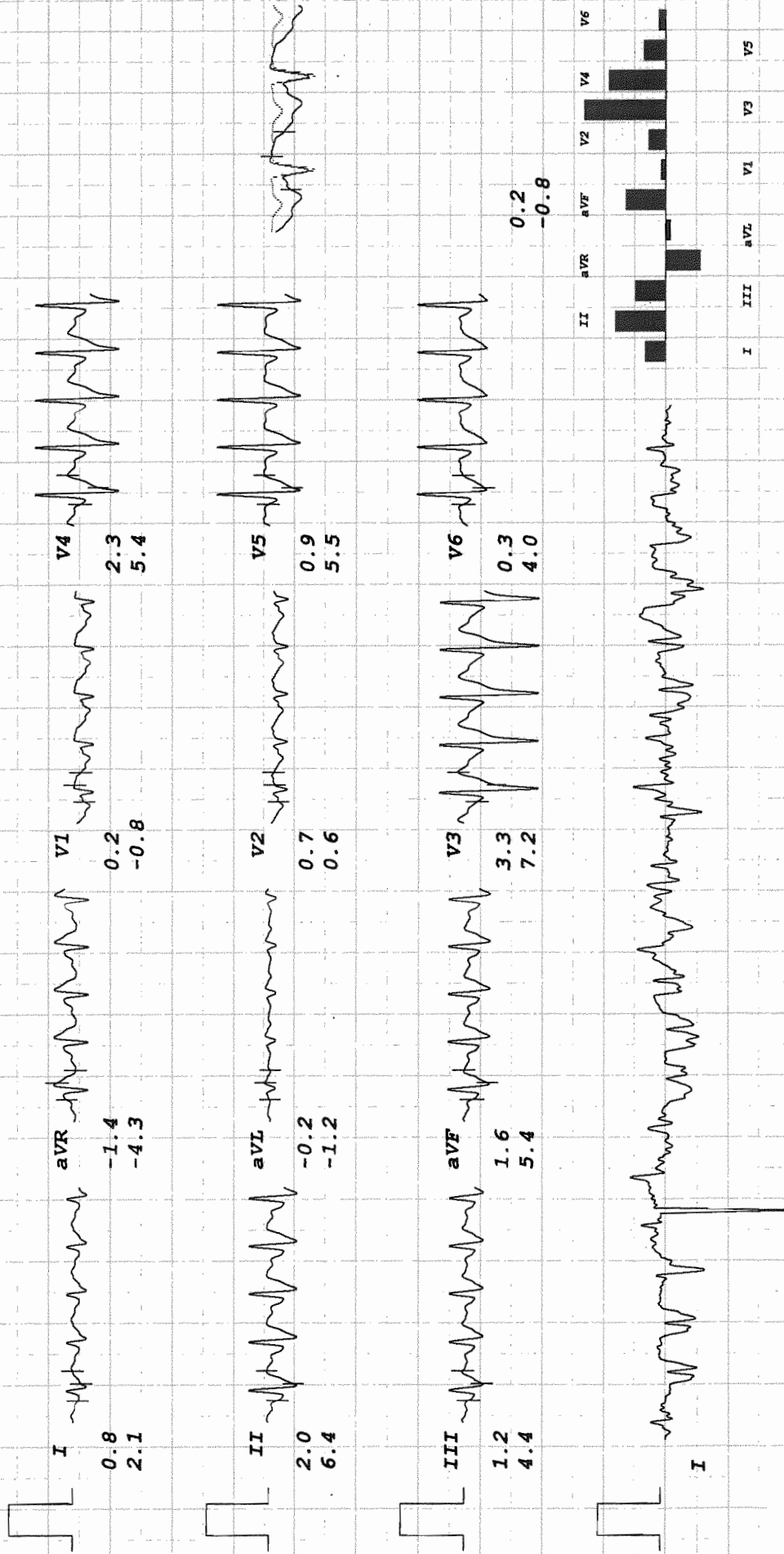
Bruce  
RATE 197bpm  
B.P. 130/80

ST @ 10mm/mV  
80ms PostJ  
Speed 8 km/hr  
SLOPE 18 %

## LINKED MEDIAN

Mag. X 2

V1



# UNI-EM

rajakumar das  
I.D. 22325  
Age 39/M  
Date 10/03/2024

Rate 113bpm  
B.P. 120/70

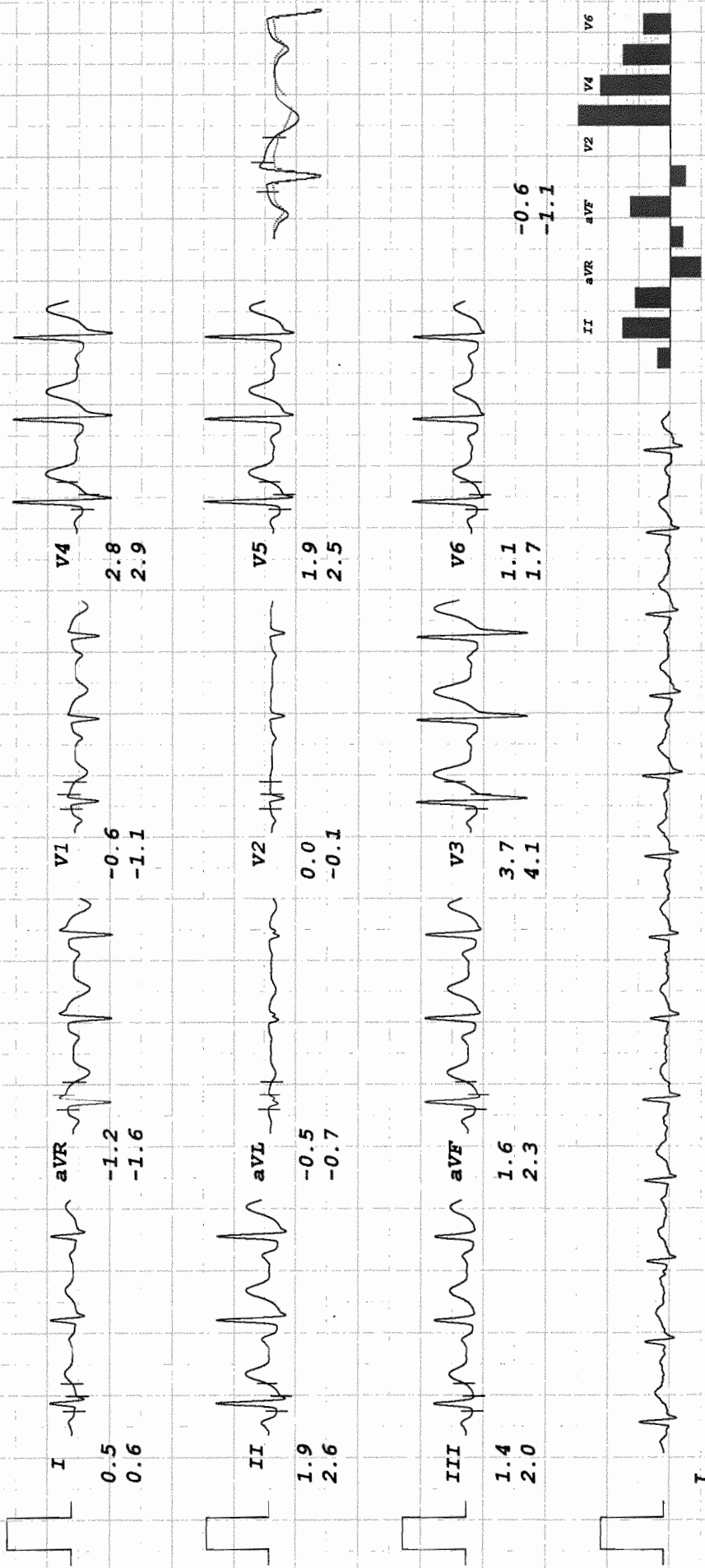
Bruce  
RECOVERY  
TOTAL TIME 15:20  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X-2

V1





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# APEX SUPERSPECIALITY HOSPITALS DIAGNOSTICS



CASHLESS  
FACILITY

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Borivali (W), Mumbai 400091.  
email: info@apexhospitals.in | www.apexgroupofhospitals.com

visit website  
googlemap



Tele.:  
022 - 2898 6677 / 46 / 47 / 48

UHID : ASH232404549 ID : HC232400018 Date : 09-Mar-2024  
Patient : Das Raja Age/Sex : 39/Male Referred By : Rmo  
Company :

## DIGITAL X-RAY CHEST <PA> VIEW

The lung on either side shows equal translucency and exhibit normal vasculature

The pleural spaces are normal.

Both hila are normal in size, have equal density and bear normal relationship.

The cardiac size is normal.

Trachea is central in position and no mediastinal abnormality is visible.

Bony thorax is normal.

### IMPRESSION:

- o No significant abnormality.

DR. PANDYA SAUMIL  
MD,D.N.B  
RADIOLOGIST