

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS LATA NIKAM
Referred By Dr : MEDIWHEEL
Sex : FEMALE Age : 48 Years
Collected At : YOGI NAGAR MAIN BRANCH

Lab No. : LCB0061 *LCB0061*
Reg. Date : 23-Mar-2024 8:43 am
Report Date : 23-Mar-2024 2:33 pm
Print Date : 29-Mar-2024 2:56 pm

BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	11.20		5 - 20 mg/dl
CREATININE	1.04	mg/dl	0.5 - 1.3 mg/dl
Serum Uric Acid	4.20	mg%	Female : 2.6 - 6.0 mg%
Age of the Patient	48		
eGFR	60.11	ml/min	

eGFR calculation based on MDRD guideline 2012
 More than 90 ml / min / 1.73 Sqm - Normal eGFR
 60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .
 Suggest reapt testing in 6 to 12 months.
 Exclude kidney disease in those at high risk (Diabetes & Hypertension
 30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over
 three month .
 Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.
 15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology
 referral

----- End of Report -----

Checked By
JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM

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BLOOD GROUP

TEST	RESULT
Blood Group	'A'
Rh Factor	Positive

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BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	102.5	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: \geq 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	120.4	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: \geq 200 (on more than one occasion)
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	12	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes (Total RBCs)	5.03	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	39.2	%	Female : 32 - 47 %
MCV	78.00	fl	80- 96 fl
MCH	23.90	pg	27 - 32 pg
MCHC	30.60	gm%	32 - 37 gm%
RDW	16.1	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	10250	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	65	%	40 - 75
Lymphocytes	30	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Platelet count	231000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	10	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

----- End of Report -----

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GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.5	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	111.15		
METHOD : NEPHELOMETRY			

DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%

Impaired glucose tolerance: 5.8% to 6.4%

Diabetes: 6.5% or more

CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less

Fair control: 7.0% to 8.0%

Poor control: More than 8.0%

Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

* RECHECKED & CONFIRMED

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LIPID PROFILE


TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	190	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	114.4	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	45	mg / dl	35.3 - 79.5 mg / dl
VLDL	22.88	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	122.12	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	4.22		< 5
LDL / HDL	2.71		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

----- End of Report -----

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LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.46	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.24	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.22	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	10	U / L	Up to 45 U / L
S.G.O.T.	18.30	U / L	Up to 46 U / L
Alkaline Phosphatase	84.00	U/l	4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l
Total Proteins	6.89	gm / dl	6.4 - 8.3 gm / dl
Albumin	4.04	gm / dl	3.5 - 5.2 gm / dl
Globulin	2.85	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.42		1.0- 2.3
GGT	31.1	IU/L	55 IU/L

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STOOL ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Colour	Brown
Form (Consistency)	Semisolid
Mucus	Absent
Blood (Frank)	Absent
Parasites	Absent
<u>CHEMICAL EXAMINATION</u>	
Reaction	Acidic
Occult Blood	Absent
Reducing Substance	Absent
<u>MICROSCOPIC EXAMINATION</u>	
Red Blood Cells	Not seen
Epithelial Cells	Not seen
Pus Cells	Occasional
Macrophages	Not seen
Cyst/Ova/Trophozoites	Not seen
Fat globules	Absent

----- End of Report -----

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VAIBHAV

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T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [Tri - iodothyronine]	157.127	ng/dl	91.14 - 237.61 ng/dl HYPOTHYROID : Less than 35 ng/dl HYPERTHYROID : Above 193 ng/dl
T4 [Thyroxine]	8.073	ug/dl	4.71 - 13.20 ug/dl µg/dl HYPOTHYROID : Less than 4.87 µg/dl HYPERTHYORID : Above 11.72 µg/dl
TSH [Thyroid Stimulating Hormone]	2.119	uIU/mL	0.3 - 4.3 uIU/ml Hypothyroid > 15.0 Hyperthyroid : < 0.35 First Trimester : 0.1 - 2.5 Second Trimester : 0.2 - 3.0 Third Trimester : 0.3 - 3.0

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

Page 9 of 11

Checked By
JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM



Patient's Name : MRS LATA NIKAM
Referred By Dr : MEDIWHEEL
Sex : FEMALE Age : 48 Years
Collected At : YOGI NAGAR MAIN BRANCH

Lab No. : LCB0061 *LCB0061*
Reg. Date : 23-Mar-2024 8:43 am
Report Date : 23-Mar-2024 7:46 pm
Print Date : 29-Mar-2024 2:56 pm

URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	Slightly Hazy
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	1-2/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

Checked By
JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM

• COMPU. PATHOLOGY • ALLERGY TESTING
• DIGITAL WHOLE BODY X-RAYS
• DIGITAL 3D SONOGRAPHY
• DIGITAL WHOLE BODY COLOUR DOPPLER
• DIGITAL 2-D ECHO WITH COLOUR DOPPLER
• E.C.G. • LUNG FUNCTION TEST
• MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

• COMPUTERISED STRESS TEST
• DENTAL
• ADVANCED DENTISTRY
• PHYSIOTHERAPY
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• FULL BODY HEALTH CHECK-UPS
• CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS LATA NIKAM

Referred By Dr : MEDIWHEEL

Sex : FEMALE Age : 48 Years

Collected At : YOGI NAGAR MAIN BRANCH

Lab No. : LCB0061 *LCB0061*

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----- End of Report -----

Page 11 of 11

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DR. BHAVINI KAMDAR
MD (PATH) MUM

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KANDIVALI CENTRE MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
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GOREGAON CENTRE M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

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- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY (BMD)
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



HEALTHCARE
MEDICAL CENTRE & DIAGNOSTICS

MRS LATA NIKAMI

ELCB0061 23-Mar-2024



ELECTROCARDIOGRAM (ECG)

PATIENT MRS. LATA NIKAMI

AGE. 48 SEX F

REF. BY DR. MEDJ WHEEL

DATE 23/03/2024

INTERPRETATION :

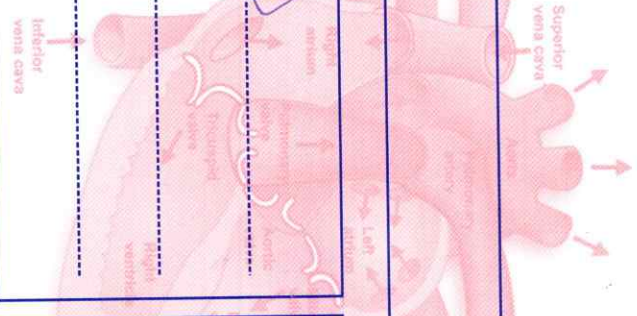
LAD

Dr.

[Signature]

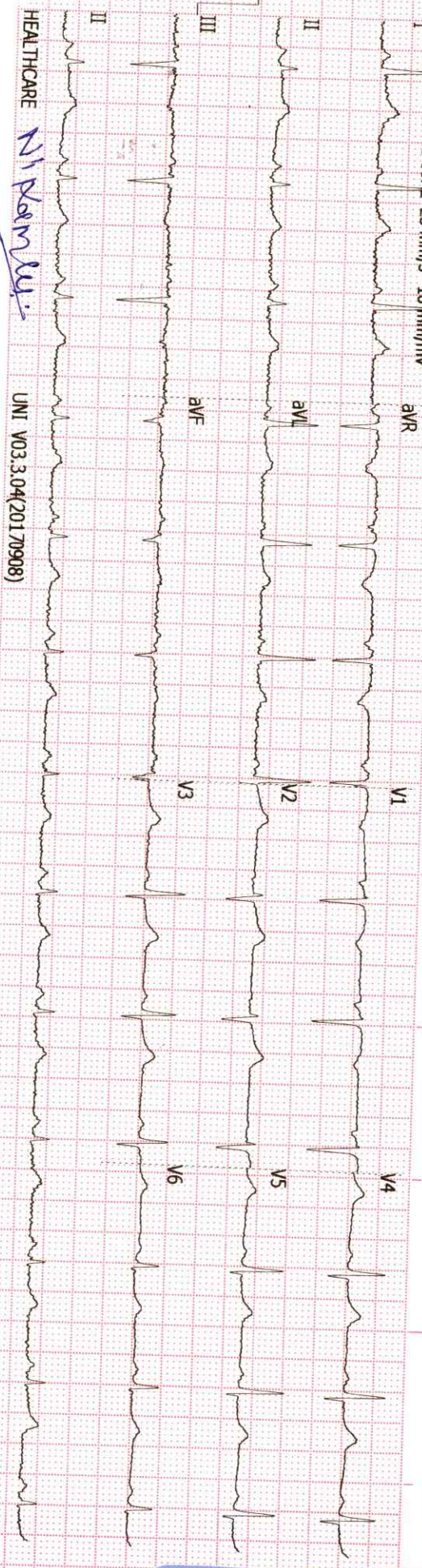
HEALTHCARE

Medical Centre And Diagnostics
Yogi Avenue, Yogi Nagar,
Borivali West, Mumbai - 400 092
Tel : 28996557 28996535



DR. **DR. RAJESH K. PATIL**
MBBS, MD, DNB (GENERAL PHYSICIAN)
REG. NO. - 240185693

0.67Hz - 35Hz AC 60Hz 25 mm/s 10 mm/mv



HEALTHCARE

Ni Palm Suji

UNI V03.3.04(20170908)

History :

B.P. :

Drugs :

Standard :

Auricular Rate : 75 bpm

Ventricular Rate : 75 bpm

Rhythm : NS

Mechanism :

Voltage :

Axis : LAD

P. Waves :

PR Interval :

Q. Waves : Q

QRS Interval :

ST Segment :

T. Waves :

QT Interval :

Extra Systoles :

REMARKS & CONCLUSIONS : LAD

Health Check up Booking Request(bobS15639), Beneficiary Code-128857

Mediwheel <wellness@mediwheel.in>
To: healthcare.medicals@gmail.com
Cc: customercare@mediwheel.in

Thu, Mar 14, 2024 at 5:35 PM

**011-41195959**

Dear Healthcare Medical Centre and Diagnostic

We have received a booking request with the following details. Provide your confirmation by clicking on the Yes button.

You confirm this booking? Yes No

Name : MR. NIKAM UMESH GULABRAO
Contact Details : 9167189694
Hospital Package Name : Mediwheel Full Body Health Checkup Female Above 40
Location : 1st Floor, Yogi Avenue, Yogi Nagar, behind Vakharia institute, Borivali (W)
Appointment Date : 23-03-2024

Member Information		
Booked Member Name	Age	Gender
Lata nikam	54 year	Female

Tests included in this Package -

- Mammography
- Stool Test
- Gynae Consultation
- Thyroid Profile
- ESR
- Blood Glucose (Fasting)
- General Physician Consultation
- TMT OR 2D ECHO
- Blood Group
- Blood Glucose (Post Prandial)
- Chest X-ray
- ECG
- USG Whole Abdomen
- Eye Check-up consultation
- Urine Sugar Fasting
- Urine Sugar PP
- Dental Consultation
- Urine analysis
- CBC
- Lipid Profile
- Kidney Profile
- Liver profile



भारत सरकार
GOVERNMENT OF INDIA



लता उमेश निकम
Lata Umesh Nikam

जन्म वर्ष / Year of Birth : 1976
स्त्री / Female



6509 0069 3964

आधार - सामान्य माणसाचा अधिकार

Nikam

R

प्रति,

समन्वयक,
Mediwheel (Arcofemi Healthcare Limited)
हेल्पलाइन नंबर: 011-41195959

महोदय/ महोदया,

विषय: बैंक ऑफ़ बड़ौदा के कर्मचारियों के लिए वार्षिक स्वास्थ्य जांच।

हम आपको सूचित करना चाहते हैं कि हमारे कर्मचारी की पत्नी/पति जिनके विवरण निम्नानुसार हैं हमारे करार के अनुसार आपके द्वारा उपलब्ध कराई गई कैशलेस वार्षिक स्वास्थ्य जांच सुविधा का लाभ लेना चाहते हैं।

स्वास्थ्य जांच लाभार्थी के विवरण	
नाम	NIKAM LATA UMESH
जन्म की तारीख	03-12-1977
कर्मचारी की पत्नी/पति के स्वास्थ्य जांच की प्रस्तावित तारीख	23-03-2024
बुकिंग संदर्भ सं.	23M60552100100578S
पत्नी/पति के विवरण	
कर्मचारी का नाम	MR. NIKAM UMESH GULABRAO
कर्मचारी की क.कू संख्या	60552
कर्मचारी का पद	HEAD CASHIER "E" II
कर्मचारी के कार्य का स्थान	MUMBAI, DAHISAR EAST
कर्मचारी के जन्म की तारीख	18-10-1969

यह अनुमोदन/ संस्तुति पत्र तभी वैध माना जाएगा जब इसे बैंक ऑफ़ बड़ौदा के कर्मचारी आईडी कार्ड की प्रति के साथ प्रस्तुत किया जाएगा। यह अनुमोदन पत्र दिनांक 15-03-2024 से 31-03-2024 तक मान्य है। इस पत्र के साथ किए जाने वाले चिकित्सा जांच की सूची अनुलग्नक के रूप में दी गई है। कृपया नोट करें कि उक्त स्वास्थ्य जांच हमारी टाई-अप व्यवस्था के अनुसार कैशलेस सुविधा है। हम अनुरोध करते हैं कि आप हमारे कर्मचारी के पत्नी/पति की स्वास्थ्य जांच संबंधी आवश्यकताओं पर उचित कार्रवाई करें तथा इस संबंध में अपनी सर्वोच्च प्राथमिकता तथा सर्वोत्तम संसाधन उपलब्ध कराएं। उपर्युक्त सारणी में दी गई कर्मचारी कूट संख्या एवं बुकिंग संदर्भ संख्या का उल्लेख अनिवार्य रूप से इनवॉइस में किया जाना चाहिए।

हम इस संबंध में आपके सहयोग की अपेक्षा करते हैं।

भवदीय,

हस्ता/-

(मुख्य महाप्रबंधक)

मानव संसाधन प्रबंधन विभाग

बैंक ऑफ़ बड़ौदा

(नोट: यह कंप्यूटर द्वारा जनरेट किया गया पत्र है। हस्ताक्षर की आवश्यकता नहीं है। कृपया किसी भी स्पष्टीकरण के लिए Mediwheel (Arcofemi Healthcare Limited) से संपर्क करें।)

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation

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- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MRS LATA NIKAM	DATE	23/3/2024
HEIGHT: 149CM	WT: 79KGS	AGE	48YRS
REFERRED BY	MEDIWHEEL	SEX	FEMALE

PRESENT COMPLAINTS: NIL

CURRENT MEDICATION: NIL

PAST HISTORY: TONSILLECTOMY AT AGE OF 18 YRS

ALLERGY: NIL HABIT: NIL

SLEEP: GOOD BLADDER: NAD BOWEL: NAD

FAMILY HISTORY - FATHER HAS DM

GENERAL EXAMINATION:

ADVICE-

P: 90/min BP: 140/90mmHg

PALLOR: NAD ICTERUS: NIL

OEDEMA: NIL OTHERS: NIL

RS: NAD

CVS: NAD CNS: NAD

PA: NAD

INVESTIGATION:

Daily exercise @
- Reduce weight
- Avoid fatty/oily food

Dr. NUPUR RAI
MBBS, DIPLOMA IN CAFFEINOLOGY (PGDCC)
Reg. No.: 2018115643

HEALTHCARE
Medical Centre And Diagnostics
Yogi Bhanu, Yogi Nagar,
Borivli (West) Mumbai - 400 092
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OPHTHALMIC REPORT

NAME <i>Lata Nikam</i>	DATE <i>28/3/24</i>
R- NO	AGE <i>48</i>
REF. BY DR.	SEX <i>Female</i>

RIGHT EYE **LEFT EYE**

V.A. WITHOUT GLASSES: *6/12* *6/6*

V.A. WITH GLASSES: *6/6* *6/6*

SLIT LAMP EXAMINATION:

IOP – SCHIOTZ TONOMETER: _____

FUNDUS:

COLOUR VISION: (ISHIHARA CHART) *Normal* *Normal*

OCULAR MOVEMENTS: *[Hand-drawn arcs]*

RETINOSCOPY:

Prescription:

	SPH	CYL	AXIS	SPH	CYL	AXIS
DISTANCE	<i>0.50</i>			_____		
NEAR <i>Add</i>	<i>+2.00</i>			<i>+2.00</i>		

CLINICAL IMPRESSION:
ADVICE:

DR *[Signature]*

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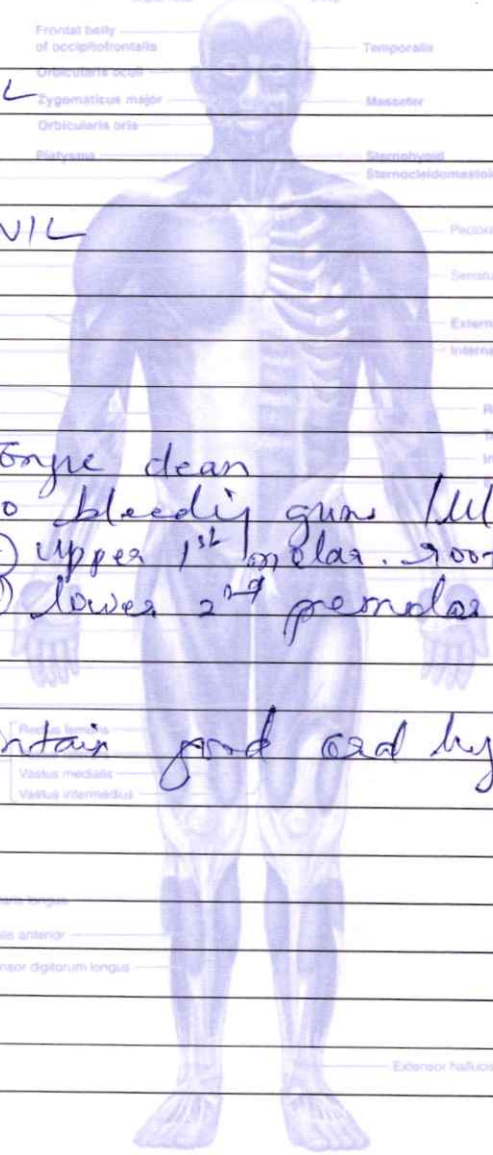
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DENTAL CHECK UP

NAME	MRS. LATA. NIKAM	DATE	23/3/2024.
REFERRED BY	Mediwheel	AGE	48 YRS
		SEX	Female

CHIEF COMPLAINT :	NIL
PAST DENTAL HISTORY :	NIL
HABITS :	NIL
ORAL EXAMINATION :	Tongue clean → no bleeding gums / ulcerations. → (D) upper 1 st molar. root canal done → (D) lower 2 nd premolar absent
TREATMENT :	→ maintain good oral hygiene.



(a) Anterior view

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Borivali
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DR TEJANG SHINDE

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GYNEAC / OBST CHECK UP

NAME Mrs LATA. NIKAM. DATE 23/3/2024.
 PATIENT ID _____ AGE 48
 REFERRED BY PEDIWHEEL SEX FEMALE

PRESENT COMPLAINTS: NIL

CURRENT MEDICATION : NIL

PRESENT MENSTRUAL HISTORY: LMP 2mth ago

GYNAEC HISTORY: LMP : 2mth ago.

OBST HISTORY: LD:
FTND : <u>2. FTND , In 2001 , 2003 .</u>
FTCS :

BREAST EXAM: Normal, no nipple discharge, no swelling or axilla.

ADVICE:

DR. _____

(GYNAEC & OBSTETRICS)

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MRS LATA NIKAM	DATE	23.03.2024
		AGE	48 YRS
REF. BY DR	MEDIWHEEL	SEX	FEMALE

USG OF BOTH BREASTS

High frequency USG of both breasts was done using 11.5 MHz probe.

Bilateral breast parenchyma appears normal.

A dilated duct of caliber 65 mm is noted at left upper quadrant at 1 'o clock position with no echogenic content or thickened wall . No solid component or calcification seen.

There is no evidence of abnormal solid or cystic lesions in the right breasts.

Bilateral nipple areola complexes with retro areolar regions appear normal.

No evidence of bilateral retro areolar duct ectasia in right.

Overlying skin subcutaneous tissue & underlying muscles appears unremarkable.

No evidence of bilateral axillary lymphadenopathy seen.

IMPRESSION:

*** A dilated duct at left upper quadrant - 1 'o clock position with no echogenic content within - BIRADS 3 ; suggested follow after 3months .**

➤ RIGHT BREAST (BI-RADS I)

BI-RADS CLASSIFICATION:

BI-RADS 0 - Incomplete evaluation

BI-RADS 1 - Negative for malignancy

BI-RADS 2 - Benign etiology (0% Probability of malignancy)

BI-RADS 3 - Probably benign etiology (< 2% Probability of malignancy-short interval follow up is suggested)

BI-RADS 4 - Suspicious for malignancy (2-94% Probability of malignancy-Biopsy should be considered) BI-RADS 4A - Low (2-9%), 4B - (10-49%), 4C - (50-94%)

BI-RADS 5 - Highly suggestive of malignancy (> 95% probability of malignancy-appropriate action should be taken)

BI-RADS 6 - Known biopsy proven malignancy.

**DR. AISHA LAKHANI
CONSULTANT RADIOLOGIST**

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MRS LATA NIKAM	DATE	23.03.2024
		AGE	48 YRS
REF. BY DR	MEDIWHEEL	SEX	FEMALE

REAL TIME ABDOMINAL SONOGRAPHY SHOWS,

LIVER : Liver is enlarged in size (~16.3cm) showing raised parenchymal echotexture . There is no evidence of solid or cystic mass .The portal and the hepatic venous system appears normal.

Gall bladder : The Gall bladder is well distended .The gall bladder wall of normal thickness . No evidence of gall stones.

PANCREAS : Pancreas is normal in size with smooth margin and homogenous paranchymal echotexture. No focal lesion seen.

KIDNEYS : Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appear normal. There is no evidence of hydronephrosis or renal calculus.

- (a) Right kidney measures:9.2x3.6 cms
- (b) Left kidney measures: 10x4.3 cms.

SPLEEN : The spleen is normal in size with homogenous parenchymal echotexture. No focal lesion are seen.

AORTA : The upper aorta and para aortic regions appear normal.

URINARY BLADDER : Urinary bladder is minimally distended. No evidence of calculus or intraluminal mass seen in the bladder.

UTERUS (TAS):

Uterus is anteverted and normal. Endometrial lining (5 mm) appears normal. No evidence of focal lesion.

Uterus measures: 3.7x2.4x7.2cms.

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NAME	MRS LATA NIKAM	DATE	23.03.2024
		AGE	48 YRS
REF. BY DR	MEDIWHEEL	SEX	FEMALE

ADNEXA :

Right ovary is normal in size and shows homogenous echo pattern. No evidence of focal lesion. Right ovary measures: 1.4x1.6 cm.
 Left ovary is normal in size and shows homogenous echo pattern. No evidence of focal lesion. Left ovary measures: 1.5x2.3 cm.
 No evidence of free fluid.

IMPRESSION :

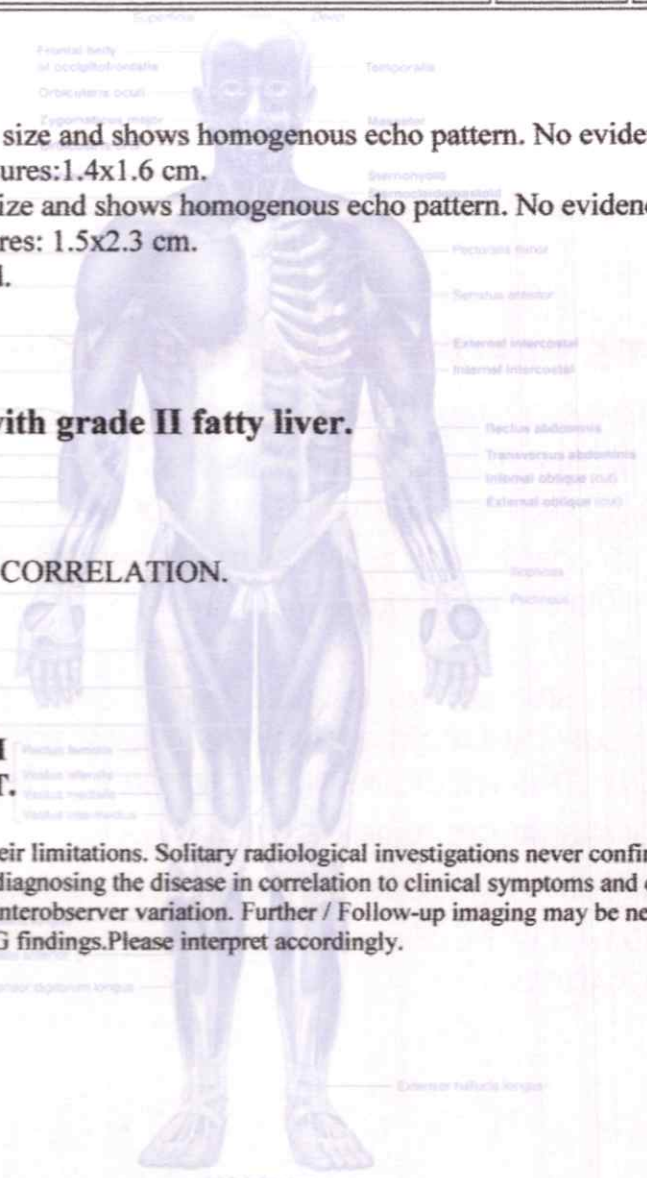
- **Hepatomegaly with grade II fatty liver.**

SUGGEST: CLINICAL CORRELATION.

A. Lakhani

DR. AISHA LAKHANI
CONS. RADIOLOGIST.

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings. Please interpret accordingly.



HEALTHCARE BORIVALI

MRS LATA NIKAM

ID : 985
 DATE : 23/03/2024
 AGE/SEX : 48 / F
 HT/WT : 149 / 79
 REF. BY : MEDIMWHEEL

TREADMILL TEST REPORT

PROTOCOL : Bruce
 HISTORY : Checkup/Physical fitness,
 INDICATION : CARDIAC EVALUATION
 MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			MET
								I	II	III	
SUPINE					92	140 / 90	128	0.5	-0.5	-1.1	
STANDING					91	140 / 90	127	0.5	-0.3	-0.8	
HYPERVENT					87	140 / 90	121	0.5	-0.3	-0.8	
Stage 1	2:55	2:55	2.7	10	146	140 / 90	204	0.2	-0.9	-1	4.6
Stage 2	5:55	2:55	4	12	165	150 / 90	247	0.5	-0.3	-0.8	7.0
PK-EXERCISE	6:13	0:13	5.4	14	171	160 / 90	273	-0.1	-0.6	-0.5	7.3
RECOVERY	7:35	1:14			131	170 / 90	222	0.6	0.4	-0.3	
RECOVERY	8:26	2:5			113	160 / 90	180	0.2	-0.1	-0.2	
RECOVERY	9:16	2:55			107	150 / 90	160	0	-0.1	-0.7	

RESULTS

EXERCISE DURATION : 6:13
 MAX HEART RATE : 174 bpm 101 % of target heart rate 172 bpm
 MAX BLOOD PRESSURE : 170 / 90 mm Hg
 REASON OF TERMINATION : Achieved THR,
 BP RESPONSE : Normal,
 ARRHYTHMIA : None,
 H.R. RESPONSE : Normal Chronotropic Response,
IMPRESSIONS :
 Fair effort tolerance,
 No angina, No arrhythmia,
 No significant ST change noted,
 Normal HR, Normal BP response,
 Stress test negative for inducible ischemia

MAX WORK LOAD : 7.31 METS

HEALTHCARE

Medical Centre And Diagnostics
 Yogi Avenue, Yogi Nagar
 Borivali (West), Mumbai - 400 092
 Tel :- 28990555 / 28996555

Dr. NUPUR RAI

MBBS, DIPLOMA CARDIOLOGY (PGDCC)
 Reg. No. : 2018115643

Technician : 1

HEALTHCARE BORIVALLI

MRS LATA NIKAM
I.D. 985
Age 48/F
Date 23/03/2024

RATE 92bpm
B.P. 140/90

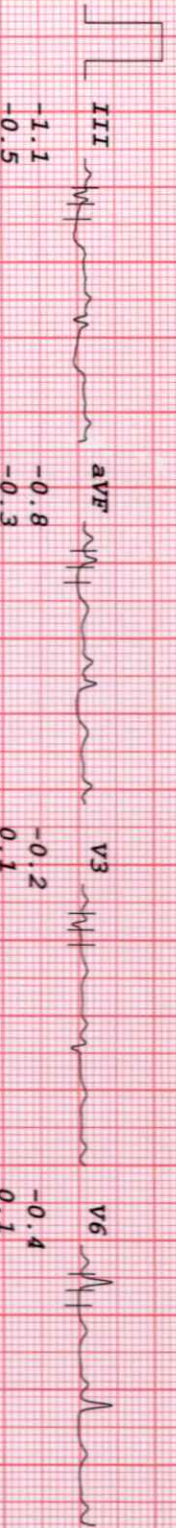
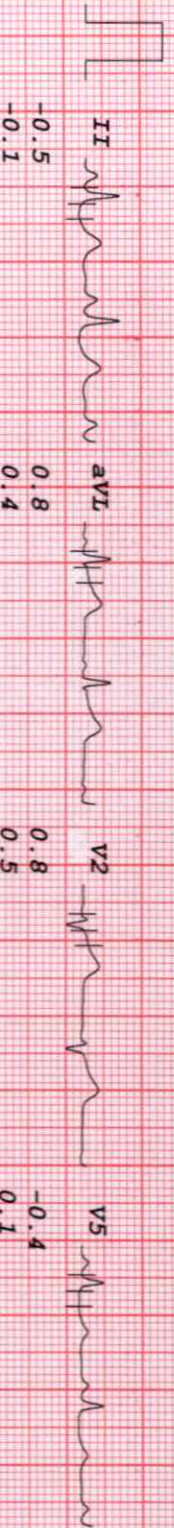
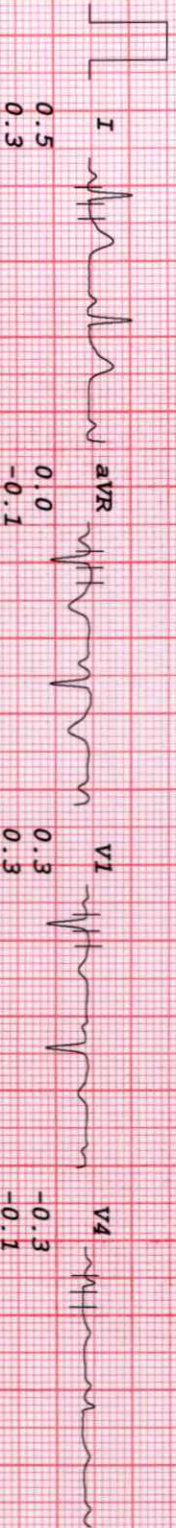
PRETEST
SUPINE

ST @ 10mm/mV
80ms Post J

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE BORIVALLI

MRS LATA NIKAM
I.D. 985
Age 48/F
Date 23/03/2024

RATE 91bpm
B.P. 140/90

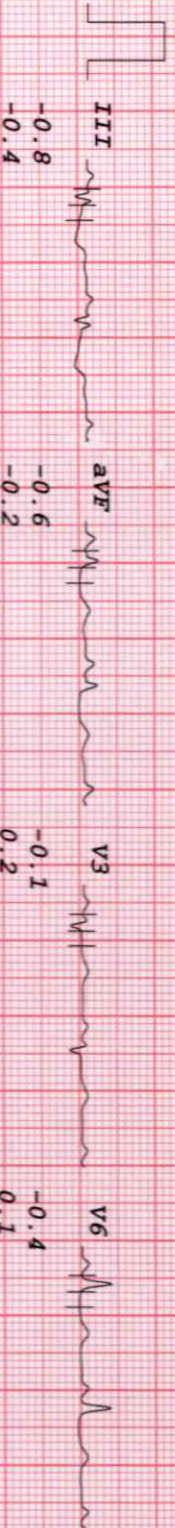
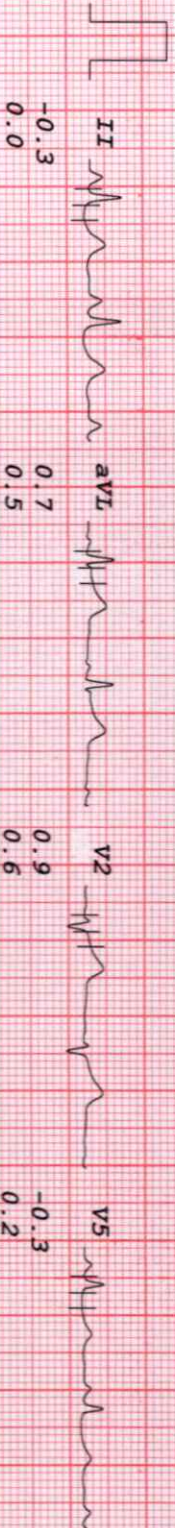
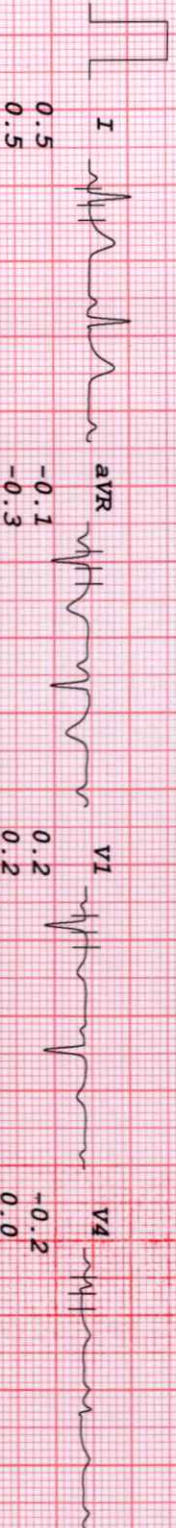
PRETEST
STANDING

ST @ 10mm/mV
80ms PostU

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE BORIVALI

MRS LATA NIKAM
I.D. 985
Age 48/F
Date 23/03/2024

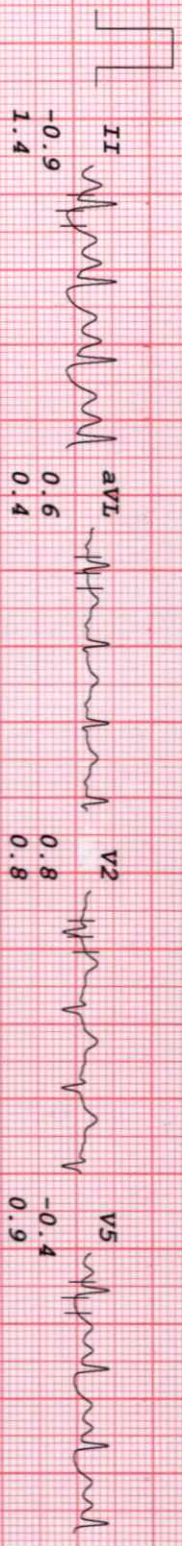
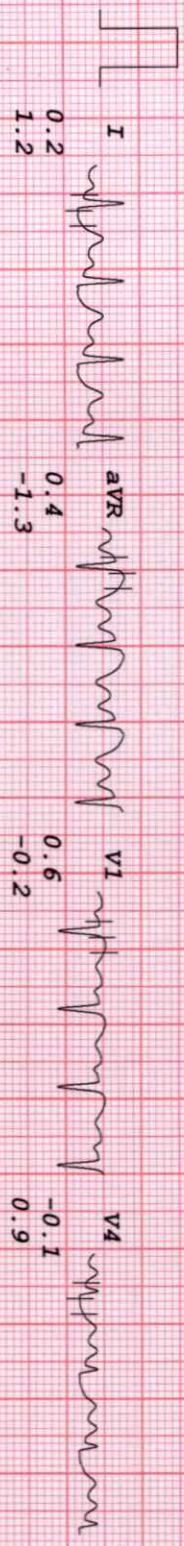
RATE 146bpm
B.P. 140/90

Bruce
Stage 1
TOTAL TIME 2:55
PHASE TIME 2:55

ST @ 10mm/mV
80ms PostJ
Speed 2.7 km/hr
SLOPE 10 %

LINKED MEDIAN

Mag. X 2



HEALTHCARE BORIVALI

MRS LATA NIKAM
I.D. 985
Age 48/F
Date 23/03/2024

RATE 165bpm
B.P. 150/90

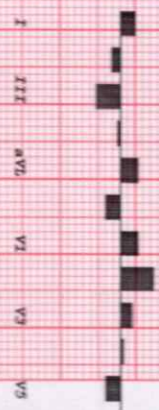
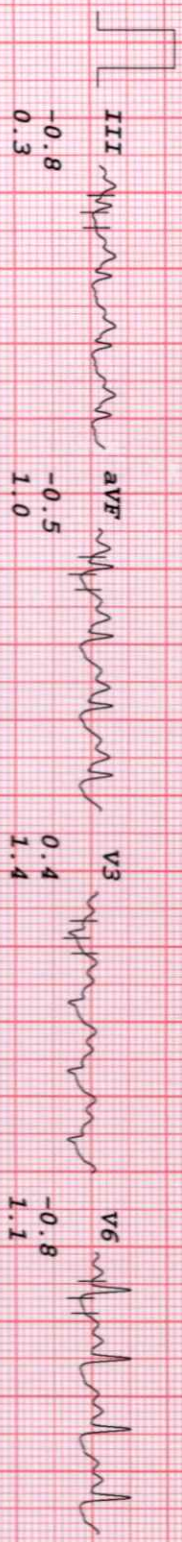
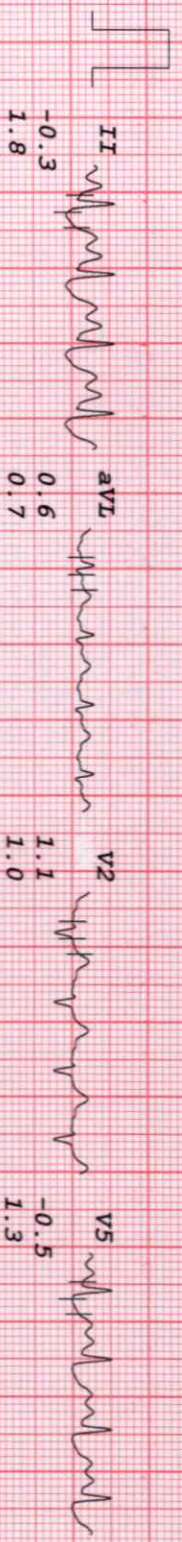
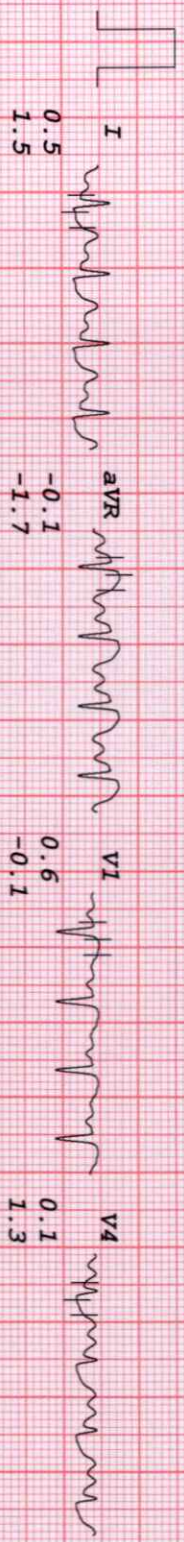
Bruce
Stage 2
TOTAL TIME 5:55
PHASE TIME 2:55

ST @ 10mm/mV
80ms PostJ
Speed 4 km/hr
SLOPE 12 %

Mag. X 2

LINKED MEDIAN

V6



HEALTHCARE BORIVALLI

MRS LATA NIKAM
I.D. 985
Age 48/F
Date 23/03/2024

RATE 131bpm
B.P. 170/90

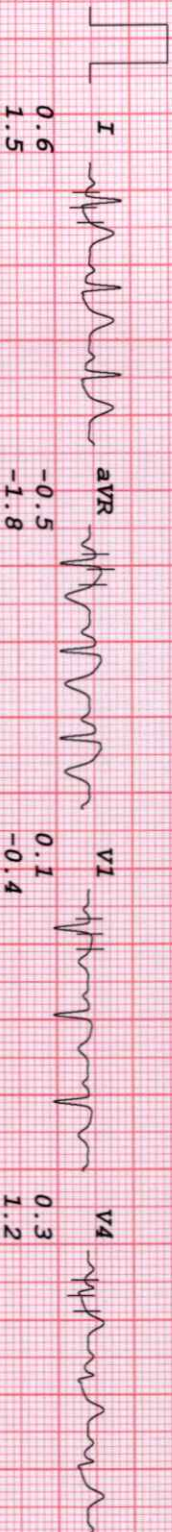
Bruce
RECOVERY
TOTAL TIME 7:35
PHASE TIME 1:14

ST @ 10mm/mV
80ms Post-T

LINKED MEDIAN

Mag. X 2

III



HEALTHCARE BORIVALI

MRS LATA NIKAM
I.D. 985
Age 48/F
Date 23/03/2024

RATE 113bpm
B.P. 160/90

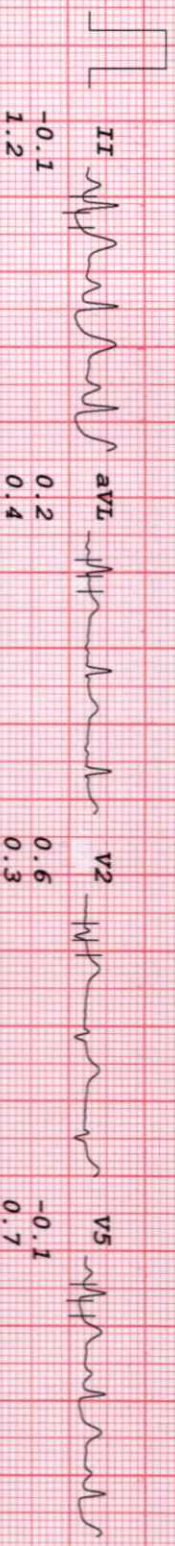
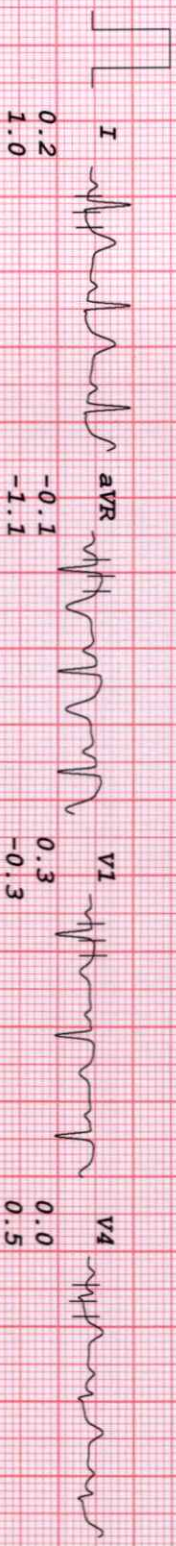
Bruce
RECOVERY
TOTAL TIME 8:26
PHASE TIME 2:05

ST @ 10mm/mV
80ms Post-T

LINKED MEDIA

Mag. X 2

III



HEALTHCARE BORIVALI

MRS LATA NIKAM
I.D. 985
Age 48/F
Date 23/03/2024

RATE 107bpm
B.P. 150/90

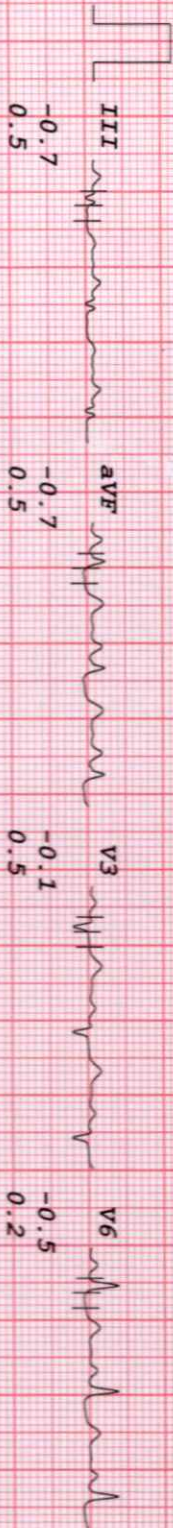
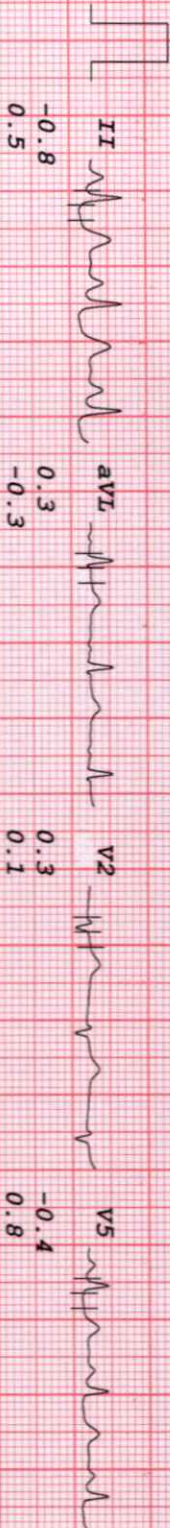
Bruc
RECOVERY
TOTAL TIME 9:16
PHASE TIME 2:55

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

II



I II III aVR aVL V1 V2 V3 V4 V5

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS LATA NIKAM

Referred By Dr : MEDIWHEEL

Sex : FEMALE Age : 48 Years

Collected At : YOGI NAGAR MAIN BRANCH

Lab No. : LCB0061*LCB0061*

Reg. Date : 23-Mar-2024 8:43 am

Report Date: 29-Mar-2024 3:16 pm

Print Date : 29-Mar-2024 3:16 pm

X-RAY CHEST P. A. VIEW

The lungs on the either side show equal translucency.

The peripheral pulmonary vasculature is normal.

No focal lung lesion is seen.

The pleural spaces are normal.

Both hila are normal in size, have equal density and bear normal relationship.

The heart and trachea are central in position.

No mediastinal abnormality is visible.

The cardiac size is normal.

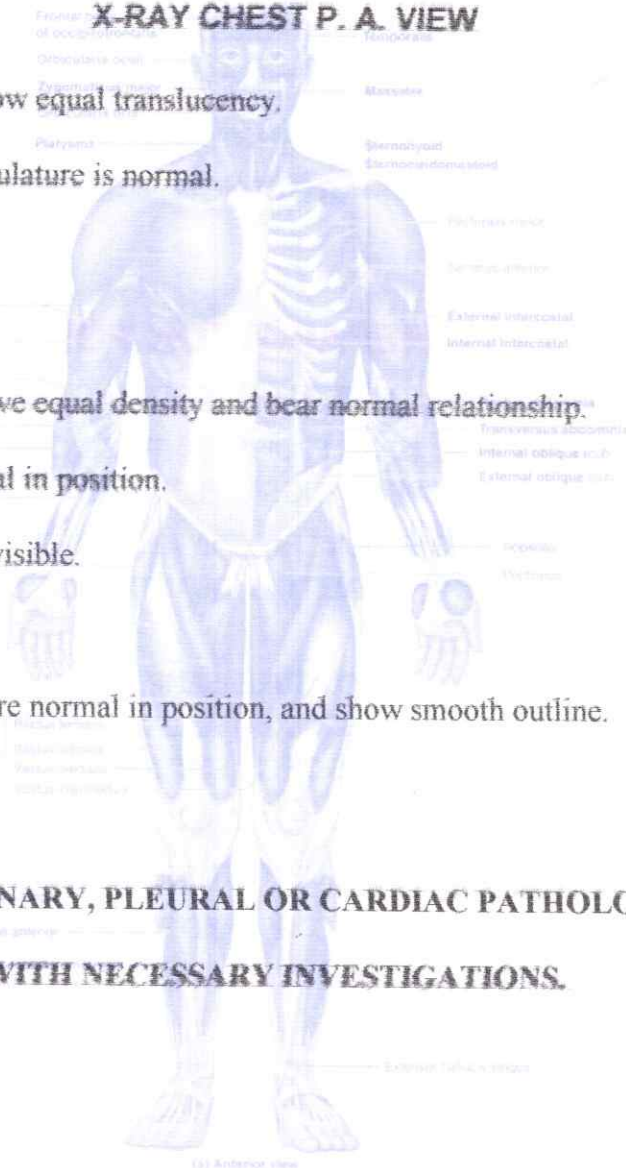
The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

IMPRESSION :

NO EVIDENCE OF PULMONARY, PLEURAL OR CARDIAC PATHOLOGY IS NOTED.

CLINICAL CORELATION WITH NECESSARY INVESTIGATIONS.



(Signature)

DR. SHAILESH SANGALE
CONS. RADIOLOGIST

DR. SHRIKANT BODKE
CONS. RADIOLOGIST

DR. NIKUNJ KOTHIA
CONS. RADIOLOGIST

DR. BHAGYA SANNANANJA
CONS. RADIOLOGIST