



**PATIENT NAME : LITTY MARIA MATHEW**

**REF. DOCTOR : DR. MEDIWHEEL**

**CODE/NAME & ADDRESS :** CA00010147 -  
MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED  
F701A, LADO SARAI, NEW DELHI,SOUTH DELHI,  
DELHI,  
SOUTH DELHI 110030  
8800465156

**ACCESSION NO :** **4036XC003193**  
**PATIENT ID :** LITTF1007954036  
**CLIENT PATIENT ID:**  
**ABHA NO :**

**AGE/SEX :** 28 Years Female  
**DRAWN :**  
**RECEIVED :** 19/03/2024 09:39:23  
**REPORTED :** 25/03/2024 13:50:35

Test Report Status	<u>Final</u>	Results	Biological Reference Interval	Units
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**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**

**OPHTHAL**

OPHTHAL COMPLETED

**PHYSICAL EXAMINATION**

PHYSICAL EXAMINATION COMPLETED

**PRASEEDA S NAIR**  
**BIOCHEMIST**



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**PERFORMED AT :**  
DDRC AGILUS PATHLABS LIMITED

GANDHI NAGAR, KTM  
KERALA, INDIA  
Tel : 93334 93334  
Email : customercare.ddrc@agilus.in



**Patient Ref. No. 66600008262486**


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**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**
**ECG WITH REPORT**
**REPORT**

COMPLETED

**USG ABDOMEN AND PELVIS**
**REPORT**

COMPLETED

**CHEST X-RAY WITH REPORT**
**REPORT**

COMPLETED

**HAEMATOLOGY**
**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**
**GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

HBA1C	5.2	Normal	: 4.0 -	%
			5.6%.	
		Non-diabetic level	: < 5.7%.	
		Diabetic	: >6.5%	

**Glycemic control goal**

More stringent goal : &lt; 6.5 %.

General goal : &lt; 7%.

Less stringent goal : &lt; 8%.

**Glycemic targets in CKD :-**

If eGFR &gt; 60 : &lt; 7%.

If eGFR &lt; 60 : 7 - 8.5%.

METHOD : HPLC

**PRASEEDA S NAIR**  
**BIOCHEMIST**
**Prof. Dr. A. VIJAYALAKSHMI**  
**MBBS ,MD (path)**  
**Formerly Professor of Pathology**  
**MCH**  
**Reg.No-2306**


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**BLOOD COUNTS,EDTA WHOLE BLOOD**

HEMOGLOBIN METHOD : AUTOMATED CELL COUNTER NON-CYANIDE	13.6	12.0 - 15.0	g/dL
RED BLOOD CELL COUNT METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE	4.61	3.8 - 4.8	mil/ $\mu$ L
WHITE BLOOD CELL COUNT METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE	<b>12.90 High</b>	4.0 - 10.0	thou/ $\mu$ L
PLATELET COUNT METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE	310	150 - 410	thou/ $\mu$ L

**RBC AND PLATELET INDICES**

HEMATOCRIT METHOD : RBC PULSE HEIGHT DETECTION	40.8	36 - 46	%
MEAN CORPUSCULAR VOL METHOD : AUTOMATED CELL COUNTER / CALCULATED	88.0	83 - 101	fL
MEAN CORPUSCULAR HGB. METHOD : AUTOMATED CELL COUNTER / CALCULATED	29.5	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION METHOD : AUTOMATED CELL COUNTER / CALCULATED	33.4	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH METHOD : CALCULATED PARAMETER	<b>10.5 Low</b>	11.6 - 14.0	%
MENTZER INDEX METHOD : CALCULATED PARAMETER	19.1		

**WBC DIFFERENTIAL COUNT**

SEGMENTED NEUTROPHILS METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE	80	40 - 80	%
LYMPHOCYTES METHOD : AUTOMATED CELL COUNTER	20	20 - 40	%
MONOCYTES	<b>00 Low</b>	2 - 10	%
EOSINOPHILS	<b>00 Low</b>	1 - 6	%

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METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE <b>BASOPHILS</b>	00	0 - 2	%
METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE <b>ABSOLUTE NEUTROPHIL COUNT</b>	<b>10.32 High</b>	2.0 - 7.0	thou/ $\mu$ L
METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE <b>ABSOLUTE LYMPHOCYTE COUNT</b>	2.58	1.0 - 3.0	thou/ $\mu$ L
METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE <b>ABSOLUTE MONOCYTE COUNT</b>	<b>00 Low</b>	0.2 - 1.0	thou/ $\mu$ L
METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE <b>ABSOLUTE EOSINOPHIL COUNT</b>	<b>00 Low</b>	0.02 - 0.50	thou/ $\mu$ L
METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE <b>ABSOLUTE BASOPHIL COUNT</b>	<b>00 Low</b>	0.02 - 0.10	thou/ $\mu$ L
<b>NEUTROPHIL LYMPHOCYTE RATIO (NLR)</b>	4		
METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE			

**ERYTHROCYTE SEDIMENTATION RATE (ESR),EDTA BLOOD**

<b>SEDIMENTATION RATE (ESR)</b>	<b>78 High</b>	0 - 20	mm at 1 hr
METHOD : WESTERGREN METHOD			

**SUGAR URINE - POST PRANDIAL**

SUGAR URINE - POST PRANDIAL	<b>DETECTED (TRACE)</b>	NOT DETECTED
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**SUGAR URINE - FASTING**

SUGAR URINE - FASTING	NOT DETECTED	NOT DETECTED
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**IMMUNOHAEMATOLOGY**

**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**

**ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**

**PRASEEDA S NAIR**  
**BIOCHEMIST**

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**ABO GROUP**

METHOD : COLUMN AGGLUTINATION TECHNOLOGY

**RH TYPE**

METHOD : COLUMN AGGLUTINATION TECHNOLOGY

TYPE O

POSITIVE

&lt;b&gt;Interpretation(s)&lt;/b&gt;

ABO GROUP &amp; RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

**BIO CHEMISTRY**
**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**
**BLOOD UREA NITROGEN (BUN), SERUM**

BLOOD UREA NITROGEN	15	Adult(<60 yrs) : 6 to 20	mg/dL
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**BUN/CREAT RATIO**

BUN/CREAT RATIO	29.4	5 - 15
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**CREATININE, SERUM**

CREATININE	0.51	18 - 60 yrs : 0.6 - 1.1	mg/dL
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METHOD : KINETIC COLORIMETRIC

**GLUCOSE, POST-PRANDIAL, PLASMA**

GLUCOSE, POST-PRANDIAL, PLASMA	<b>191 High</b>	Diabetes Mellitus : > or = 200. Impaired Glucose tolerance/ Prediabetes : 140 - 199. Hypoglycemia : < 55.	mg/dL
--------------------------------	-----------------	--	-------

METHOD : HEXOKINASE

**PRASEEDA S NAIR**  
**BIOCHEMIST**
**DILEP C KURIEM M.Sc(Medical**  
**Micro)**  
**MICROBIOLOGIST**

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**GLUCOSE FASTING,FLUORIDE PLASMA**

**FBS (FASTING BLOOD SUGAR)** **128 High** Diabetes Mellitus : > or = 126. mg/dL  
Impaired fasting Glucose/  
Prediabetes : 101 - 125.  
Hypoglycemia : < 55.

METHOD : HEXOKINASE

**LIVER FUNCTION TEST WITH GGT**

<b>BILIRUBIN, TOTAL</b>	0.41	General Range : < 1.1	mg/dL
METHOD : DIAZO METHOD			
<b>BILIRUBIN, DIRECT</b>	0.15	General Range : < 0.3	mg/dL
METHOD : DIAZO METHOD			
<b>BILIRUBIN, INDIRECT</b>	0.26	0.00 - 1.00	mg/dL
<b>TOTAL PROTEIN</b>	7.8	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
<b>ALBUMIN</b>	4.5	20-60yrs : 3.5 - 5.2	g/dL
<b>GLOBULIN</b>	3.3	2.0 - 4.1	g/dL
<b>ALBUMIN/GLOBULIN RATIO</b>	1.4	1.0 - 2.0	RATIO
<b>ASPARTATE AMINOTRANSFERASE (AST/SGOT)</b>	31	Adults : < 33	U/L
<b>ALANINE AMINOTRANSFERASE (ALT/SGPT)</b>	55	Adults : < 34	U/L
<b>ALKALINE PHOSPHATASE</b>	105	Adult(<60yrs) : 35 - 105	U/L
<b>GAMMA GLUTAMYL TRANSFERASE (GGT)</b>	44	Adult (female) : < 40	U/L

**TOTAL PROTEIN, SERUM**

**TOTAL PROTEIN** 7.8 Ambulatory : 6.4 - 8.3 g/dL  
Recumbant : 6 - 7.8

METHOD : COLORIMETRIC

**PRASEEDA S NAIR**  
**BIOCHEMIST**



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**URIC ACID, SERUM**

URIC ACID 4.6 Adults : 2.4-5.7 mg/dL  
METHOD : URICASE

**BIOCHEMISTRY - LIPID**

**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**

**LIPID PROFILE, SERUM**

CHOLESTEROL 144 Desirable : < 200 mg/dL  
Borderline : 200-239  
High : >or= 240  
METHOD : CHOD-POD

TRIGLYCERIDES 62 Normal : < 150 mg/dL  
High : 150-199  
Hypertriglyceridemia : 200-499  
Very High : > 499  
METHOD : GPO - PAP

HDL CHOLESTEROL **38 Low** General range : 40-60 mg/dL

LDL CHOLESTEROL, DIRECT 93 Optimum : < 100 mg/dL  
Above Optimum : 100-129  
Borderline High : 130-159  
High : 160-189  
Very High : >or= 190  
METHOD : HOMOGENOUS DIRECT ENZYMATIC COLORIMETRIC

NON HDL CHOLESTEROL 106 Desirable: Less than 130 mg/dL  
Above Desirable: 130 - 159  
Borderline High: 160 - 189  
High: 190 - 219  
Very high: > or = 220  
METHOD : CALCULATED PARAMETER

VERY LOW DENSITY LIPOPROTEIN 12.4 < or = 30.0 mg/dL  
METHOD : CALCULATED PARAMETER

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CHOL/HDL RATIO	3.8	3.30 - 4.40	
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METHOD : CALCULATED PARAMETER

LDL/HDL RATIO	2.5	0.5 - 3.0	
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METHOD : CALCULATED PARAMETER

**SPECIALISED CHEMISTRY - HORMONE**
**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**
**THYROID PANEL, SERUM**

T3	75.27	Non-Pregnant : 60-181	ng/dL
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Pregnant Trimester-wise

1st : 81-190

2nd : 100-260

3rd : 100-260

METHOD : CLIA

T4	8.10	>20 yrs : 3.2-12.6	µg/dl
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METHOD : CLIA

TSH 3RD GENERATION	0.630	18-49 yrs(Non-Pregnant) : 0.4-4.2	µIU/mL
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Pregnant (Trimester wise):

1st : 0.1-2.5

2nd : 0.2-3.0

3rd : 0.3-3.0

METHOD : CLIA

**CLINICAL PATH - URINALYSIS**
**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**
**PHYSICAL EXAMINATION, URINE**

COLOR	PALE YELLOW
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METHOD : MACROSCOPY

APPEARANCE	CLEAR
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METHOD : MACROSCOPY

**CHEMICAL EXAMINATION, URINE**

PH METHOD : DIPSTICK	6.0	4.8 - 7.4	
SPECIFIC GRAVITY METHOD : PKA CHANGE IN RELATION TO IONIC CONCENTRATION	1.025	1.015 - 1.030	
PROTEIN METHOD : PROTEIN ERROR OF INDICATORS WITH REFLECTANCE	<b>DETECTED (+)</b>	NOT DETECTED	
GLUCOSE METHOD : GOD-POD METHOD	NOT DETECTED	NOT DETECTED	
KETONES METHOD : NITROPRUSSIDE REACTION	NOT DETECTED	NOT DETECTED	
BILIRUBIN METHOD : AZO COUPLING METHOD	NOT DETECTED	NOT DETECTED	
UROBILINOGEN METHOD : EHRlich REACTION REFLECTANCE	NORMAL	NORMAL	

**MICROSCOPIC EXAMINATION, URINE**

RED BLOOD CELLS	<b>1 - 2</b>	NOT DETECTED	/HPF
WBC	2-3	0-5	/HPF
EPITHELIAL CELLS	2-3	0-5	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	
YEAST METHOD : LIGHT MICROSCOPY	NOT DETECTED	NOT DETECTED	

**Comments**

NOTE - Kindly correlate clinically.

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MC-6221

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**\*\*End Of Report\*\***

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If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

- |                           |   |  |
|---------------------------|---|--|
| 1. Name of the examinee   | : | Mr./Mrs./Ms. <u>Litty Maria Mathew</u>                           |
| 2. Mark of Identification | : | (Mole/Scar/any other (specify location)): <u>Mole below lips</u> |
| 3. Age/Date of Birth      | : | <u>28 yx</u> Gender: <u>F/M</u>                                  |
| 4. Photo ID Checked       | : | (Passport/Election Card/PAN Card/Driving Licence/Company ID)     |

### PHYSICAL DETAILS:

a. Height ..... <u>160</u> ..... (cms)	b. Weight ..... <u>64</u> ..... (Kgs)	c. Girth of Abdomen ..... <u>83</u> ..... (cms)
d. Pulse Rate ..... <u>90</u> ..... (/Min)	e. Blood Pressure:	Systolic <u>120</u> Diastolic <u>80</u>
	1 <sup>st</sup> Reading	<u>120</u> <u>80</u>
	2 <sup>nd</sup> Reading	<u>120</u> <u>80</u>

### FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	<u>74</u>	<u>Healthy</u>	
Mother	<u>69</u>	<u>Healthy</u>	
Brother(s)	<u>39</u>	<u>Healthy</u>	
Sister(s)	<u>41</u>	<u>Healthy</u>	

### HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
<u>No</u>	<u>No</u>	<u>No</u>

### PERSONAL HISTORY

- |   |   |
|---|---|
| a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. <u>Y/N</u> | c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? <u>Y/N</u> |
| b. Have you undergone/been advised any surgical procedure? <u>Y/N</u>   | d. Have you lost or gained weight in past 12 months? <u>Y/N</u>   |

### Have you ever suffered from any of the following?

- |  |   |
|--|---|
| • Psychological Disorders or any kind of disorders of the Nervous System? <u>Y/N</u> | • Any disorder of Gastrointestinal System? <u>Y/N</u>                               |
| • Any disorders of Respiratory system? <u>Y/N</u>                                    | • Unexplained recurrent or persistent fever, and/or weight loss <u>Y/N</u>          |
| • Any Cardiac or Circulatory Disorders? <u>Y/N</u>                                   | • Have you been tested for HIV/HBsAg / HCV before? If yes attach reports <u>Y/N</u> |
| • Enlarged glands or any form of Cancer/Tumour? <u>Y/N</u>                           | • Are you presently taking medication of any kind? <u>Y/N</u>                       |
| • Any Musculoskeletal disorder? <u>Y/N</u>   |   |

• Any disorders of Urinary System?

Y/N ✓

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N ✓

**FOR FEMALE CANDIDATES ONLY**

a. Is there any history of diseases of breast/genital organs?

Y/N ✓

d. Do you have any history of miscarriage/abortion or MTP

Y/N ✓

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N ✓

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N ✓

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N ✓

f. Are you now pregnant? If yes, how many months?

Y/N ✓

**CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER**

➤ Was the examinee co-operative?

Y/N

➤ Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job?

Y/N

➤ Are there any points on which you suggest further information be obtained?

Y/N

➤ Based on your clinical impression, please provide your suggestions and recommendations below;

..... *Di DM detected - physician consultation advised* .....

➤ Do you think he/she is MEDICALLY FIT or UNFIT for employment.

*FIT*

**MEDICAL EXAMINER'S DECLARATION**

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

*Dr. Austin Varghees*  
*Austin Varghees*

Seal of Medical Examiner :

**Dr. Austin Varghees**  
**MBBS**  
**TCMC Reg. No:77017**

Name & Seal of DDRC SRL Branch :



Date & Time :

**DDRC agilus Pathlabs Limited.**

Corp. Office : Express House, Second Floor, Opp. Pothys Silks, Banerjee Road, Kaloor -682017

Contact :- 93334 93334, Web :- www.ddrcagilus.com Email :- info.ddrc@agilus.in

**OPHTHALMOLOGY REPORT**

ACCESSION NO: 4036XC003193

This is to certify that I have examined

MR /MS LITTY-MARIA-MATHEW Aged 28/F and

His / her visual standard is as follows.

Acuity of Vision

For Far

R 6/8

With Specs Rt - 6/6

L 6/6

For Near

R N6

L N6

Colour Vision

NORMAL

DATE 19/02/2024



*Vreelka*  
OPTOMETRIST

**X - RAY CHEST - PA**

ACCESSION NO : 4036XC003193  
NAME : LITTY MARIA MATHEW  
AGE : 28  
SEX : FEMALE  
DATE : 19/03/2024  
COMPANY : MEDIWHEEL

EXPOSURE : GOOD

POSITIONING : CENTRAL

SOFT TISSUES : NORMAL

LUNG FIELDS : NORMAL

HEART SHADOW : NORMAL

CARDIOPHRENIC ANGLE : NO OBLITERATION

COSTOPHRENIC ANGLE : NO OBLITERATION

HILUM : NORMAL

OTHERS : NIL

OPINION : NORMAL CHEST X- RAY



*Austin*  
**Dr. Austin Varghees**  
MBBS  
TCMC Reg. No:77017

R



LITTY MARIA MATHEW 28Y 6881 F CHEST-PA 19-03-2024  
DDRC AGILUS GANDHINAGAR KOTTAYAM

**ECG REPORT**

ACCESSION NO : 4036XC003193

NAME : LITTY MARIA MATHEW

AGE : 28

SEX : FEMALE

DATE : 19/03/2024

COMPANY : MEDIWHEEL

RATE : 90 BPM

RHYTHM : NORMAL SINUS RHYTHM

P. WAVE : NORMAL

P-R INTERVAL : 150 MS

Q,R,S,T. WAVES : NORMAL

AXIS : NORMAL

ARRHYTHMIAS : NIL

QT INTERVAL : 368 MS

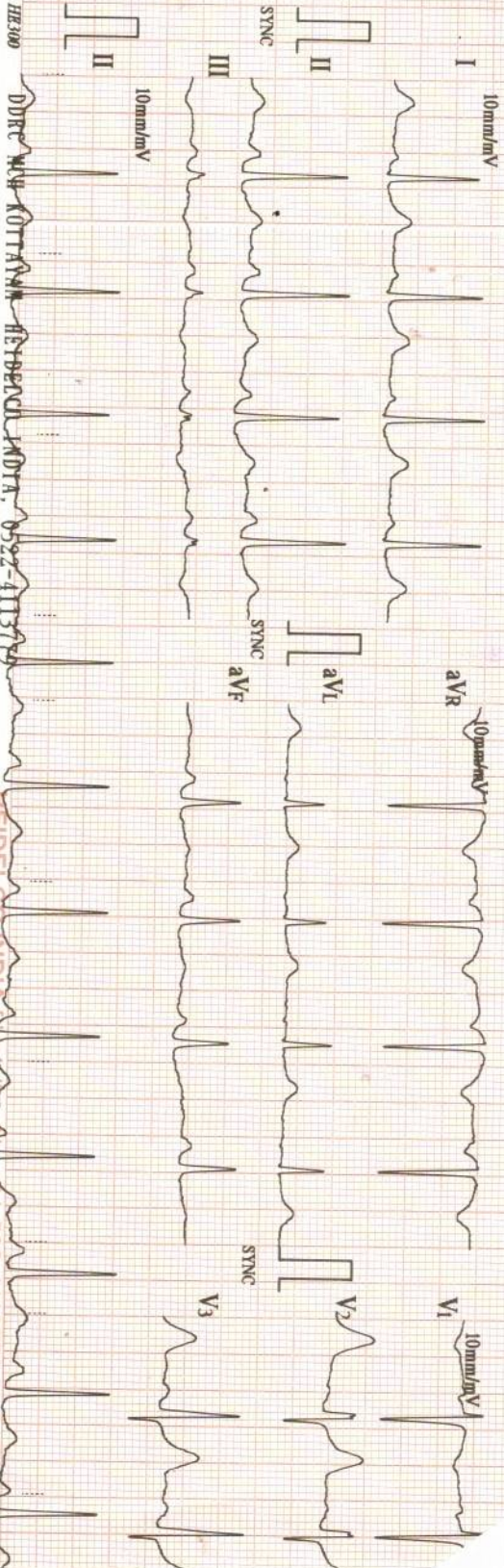
OTHERS : NIL

OPINION : NORMAL ECG

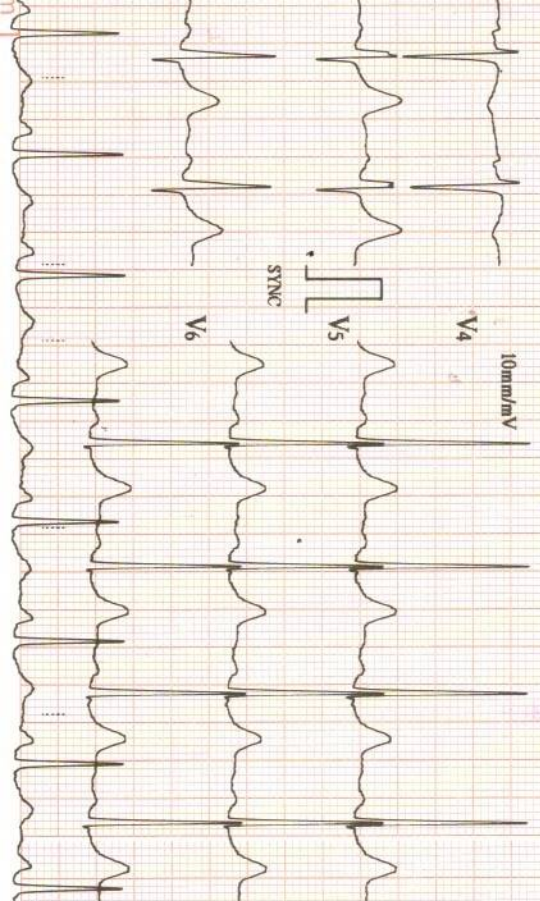
  
**Dr. Austin Varghees**  
MBBS  
TCMC Reg. No:77017



25mm/s 0.5-25Hz



HE 300  
DITC WAVE KOTTAMM HEIDEL INDIA 0522-4113779  
HEIDEL CO INDIA 11 pipeline No. +91-522-4113779 | info@heidelco.in



19/03/2024 13:30

ID : 4922

Name: LITTY

MATEW

Sex : **Female**

Age : 28

HR : 90 bpm

R-R : 666 ms

P-R : 150 ms

QRS : 86 ms

QT/QTc : 368/450 ms

P/QRS/T : 72/43/26 °

RV5/SV1 : 2.040/1.190 mV

RV5-SV1 : 3.230 mV

V2.002 (BIOS: V2.004 / AMP: V1.006)



**\*Machine Interpretation Only\***

Confirm with Physician

Physician:

**Name: LITTY MARIA MATHEW**  
**Age/Sex: 28 yrs/ F**  
**Accession No:4036XC003193**

**Report Date: 19.03.2024**  
**Ref.by: Mediwheel**

### USG ABDOMEN & PELVIS

#### OBSERVATIONS:

**Liver:** Normal in size (12.6 cm). Shows normal parenchymal echotexture. No focal parenchymal lesion noted. The biliary radicals appear normal. Portal vein is normal.

**Gall bladder:** Partially distended.

**CBD:** Not dilated.

**Spleen:** Normal in size (9.2 cm) and echotexture. No focal lesion.

**Pancreas:** Obscured.

**Kidneys:** Right kidney measures 9.8 x 3.9 cm.  
 Normal in position & size. Cortical echogenicity is normal. There is good cortico-medullary differentiation. No calculus or mass lesion seen. No hydronephrosis.  
 Left kidney measures 11.3 x 5.2 cm.  
 Normal in position & size. Cortical echogenicity is normal. There is good cortico-medullary differentiation. No calculus or mass lesion seen. No hydronephrosis.

**Ureters:** Not dilated.

**Urinary Bladder:** Empty.

**Uterus/ Ovaries:** Not evaluated.

**Adnexa:** No adnexal lesions.

**Others:** No free fluid in the peritoneal cavity.

#### IMPRESSION:

➤ No significant abnormality detected.



**Dr. JACOB PAUL, MBBS, DMRD (DNB)**  
 Radiologist

Note: This is radiological opinion and not the final diagnosis. Ultrasound is limited by patient adiposity, bowel gas and correlate clinically and investigate further as needed.

## Patient

ID 85  
Name LITTY  
Birth Date  
Gender Other

## Exam

Accession # 19032024  
Exam Date  
Description  
Sonographer

