MEDICOVER HOSPITALS

MEDICOVER HOSPITALS

MEDICAL HEALTH CHECK- UP ASSESMENT FORM

NAME : Mr / Mrs Kavita Dhakad DATE: 29/3/24

AGE : 34 Y SEX: Male/ Female

NMU: NMU000 49426 DOCTOR'S NAME:

TEMP :	°f	BP :	113/70 mmHg
PULSE :	84 b/m	HEIGHT :	164 cm
RR :	24 b/m	WEIGHT :	49.7 kg
SPO2 :	99 %	HGT:	—

REMARK:

DEPARTMENT OF OPHTHALMOLOGY

MEDICOVER HOSPITALS
NAVI MUMBAI

DATE: 29/03/24

PATIENT NAME: Mrs. kavita Dhakad AGE / SEX: 34/F

UMR NO: NMU0049428

	RE	LE
VA (DISTANCE)	6/6	6/6
VA(NEAR)	N6	N6
COLOUR VISION	Normal	Normal

			SPHERE	CYLINDER	AXIS	VA
MRx	O	D	Plano	———		6/6 PH6
	O	S	Plano	———		6/6 PH6

HISTORY :

No h/o HT/DM/Thyroid.
No h/o spectacle use
No h/o ocular Trauma (BE).

OCULAR FINDINGS :

(BE) - Ant seg WNL
(Undilated) Disc C:D 0.3, 0.2, Venous tortuosity +T superior to disc

ADVICE:

Refresh tears eld q1d 1 7 7 X 1 month
- Fundoscopy (BE)

Dr
CDR-ANUSHREE VANKAR

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MEDICOVER HOSPITALS
NAVI MUMBAI

DEPARTMENT OF LABORATORY

Patient Name	: Mrs. KAVITA DHAKAD	**Age /Gender**	: 34 Y(s)/Female
Bill No/ UMR No	: NMBC64177/NMU0049426	**Referred By**	: Dr. DMO
Received Dt	: 29-Mar-24 11:10 am	**Report Date**	: 29-Mar-24 06:23 pm

FINAL REPORT

Parameters	Specimen	Result	Biological Reference Intervals	Method
CUE(COMPLETE URINE EXAMINATION)				
PHYSICAL EXAMINATION				
VOLUME	Urine	30ML		
COLOUR		PALE YELLOW	PALE YELLOW	
APPEARANCE		CLEAR	CLEAR	
DEPOSIT		ABSENT	ABSENT	
CHEMICAL EXAMINATION				
SPECIFIC GRAVITY	Urine	1.010	1.000 - 1.030	Dipstick
PH		6.0	5.0 - 8.0	Dipstick
PROTEIN		NEGATIVE	NEGATIVE	Dipstick/Heat coagulation test
GLUCOSE		ABSENT	ABSENT	Dipstick/Benedict's test
UROBILINOGEN		NORMAL	NORMAL	Dipstick
KETONE		NEGATIVE	NEGATIVE	Dipstick/Rothera's Nitroprusside test.
BILIRUBIN		NEGATIVE	NEGATIVE	Dipstick/Fouchet's test
BILE SALT		NEGATIVE	NEGATIVE	Hay's sulpher powder test
BILE PIGMENT		NEGATIVE	NEGATIVE	Fouchet test
NITRITE		NEGATIVE	NEGATIVE	Dipstick
LEUCOCYTE ESTERASE		NEGATIVE	NEGATIVE	
MICROSCOPIC EXAMINATION				
PUS CELLS	Urine	OCCASIONAL	0 - 5 /hpf	
RBC		NIL	0 - 5 /hpf	
EPITHELIAL CELLS		3-4	0 - 5 /hpf	
CRYSTALS		NIL	NIL	
CASTS		NIL	NIL	
BACTERIA		ABSENT		MICROSCOPIC EXAMINATION
YEAST		ABSENT		MICROSCOPIC EXAMINATION
AMORPHOUS DEPOSITS		ABSENT		MICROSCOPIC EXAMINATION
SPERMATOZOA				MICROSCOPIC EXAMINATION
MUCUS THREAD		ABSENT		MICROSCOPIC EXAMINATION
NOTE		Microscopic examination of urine is carried out on centrifuged urinary sediment.		

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DEPARTMENT OF LABORATORY

Patient Name	: Mrs. KAVITA DHAKAD	**Age /Gender**	: 34 Y(s)/Female
Bill No/ UMR No	: NMBC64177/NMU0049426	**Referred By**	: Dr. DMO
Received Dt	: 29-Mar-24 11:10 am	**Report Date**	: 29-Mar-24 06:23 pm

Parameters	Specimen	Result	Biological Reference In	Method

*** End Of Report ***

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MEDICOVER HOSPITALS
NAVI MUMBAI

DEPARTMENT OF LABORATORY

Patient Name	: Mrs. KAVITA DHAKAD	**Age /Gender**	: 34Y(s)/Female
Bill No/ UMR No	: NMBC64177/NMU0049426	**Referred By**	: Dr. DMO
Received Dt	: 29-Mar-24 11:10 am	**Report Date**	: 29-Mar-24 01:50 pm

FINAL REPORT

Parameter	Specimen	Result Values	Biological Reference	Method
COMPLETE BLOOD COUNT				
RBC				
R B C COUNT	Blood	4.45	3.8 - 4.8 10^6/µL	
HEMOGLOBIN		13.6	12.0 - 15.0 g/dl	
PCV/HCT		40.7	40 - 50 % 36 - 46 %	
MCV		92	83 - 101 fl 83 - 101 fl	
MCH		30.5	27 - 32 pg	
MCHC		33.3	31.5 - 34.5 g/dL	
RDW(cv)		12.2	11.6 - 14.0 %	
PLATELETS				
PLATELET COUNT	Blood	151	150 - 400 10^3/µL	
MPV		10.1	7.5 - 11.5 fl	
WBC				
TC (TOTAL LEUCOCYTE COUNT)	Blood	5.6	4.0 - 11.0 10^3/µl	
DIFFERENTIAL COUNT				
NEUTROPHILS	Blood	70	40 - 80 %	
LYMPHOCYTES		23	20 - 40 %	
MONOCYTES		06	02 - 10 %	
EOSINOPHILS		01	00 - 06 %	
BASOPHILS		00	00 - 01 %	
ESR	CITRATED BLOOD	21	0 - 20 mm/1st hour	WESTERGREN`S METHOD
BLOOD GROUPING AND RH				
BLOOD GROUP		" AB "		TUBE AGGLUTINATION
RH TYPE		POSITIVE		

*** End Of Report ***

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MEDICOVER HOSPITALS
NAVI MUMBAI

DEPARTMENT OF LABORATORY

Patient Name	: Mrs. KAVITA DHAKAD	**Age /Gender**	: 34 Y(s)/Female
Bill No/ UMR No	: NMBC64177/NMU0049426	**Referred By**	: Dr. DMO
Received Dt	: 29-Mar-24 11:10 am	**Report Date**	: 29-Mar-24 05:25 pm

Parameters	Specimen	Result	TUBE AGGLUTINATI

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DEPARTMENT OF LABORATORY

Patient Name	: Mrs. KAVITA DHAKAD	**Age /Gender**	: 34Y(s)/Female
Bill No/ UMR No	: NMBC64177/NMU0049426	**Referred By**	: Dr. DMO
Received Dt	: 29-Mar-24 11:10 am	**Report Date**	: 29-Mar-24 02:03 pm

FINAL REPORT

Parameters	Specimen	Result	Biological Reference Intervals	Method
SERUM ELECTROLYTES				
SERUM SODIUM		141	136 - 145 mmol/L	ISE INDIRECT
SERUM POTASSIUM		4.7	3.5 - 5.1 mmol/L	ISE INDIRECT
SERUM CHLORIDES		105	98 - 107 mmol/L	ISE INDIRECT
FBS (FASTING BLOOD GLUCOSE WITH URINE GLUCOSE)				
FASTING BLOOD GLUCOSE		94	Normal Range : 70 - 99 mg/dL	Hexokinase
T3,T4 AND TSH				
T3		68.15	70 - 204 ng/dL	Method : ECLIA
T4		6.40	5.1 - 14.1 ug/dL	Method : ECLIA
TSH(THYROID STIMULATING HORMONE)		2.46	0.270 - 4.20 uIU/mL	
SERUM CREATININE				
CREATININE		0.73	0.6 - 1.2 mg/dl	Method : jaffe
BUN / CREATININE RATIO				
BUN (Blood Urea Nitrogen.)		10	7.0 - 21.0 mg/dL	Calculated
SERUM CREATININE		0.73	0.6 - 1.2 mg/dL	
BUN / CREATININE RATIO		13.69	10 - 20	
LFT(LIVER FUNCTION TEST)				
TOTAL BILIRUBIN		1.3	< 1.2 mg/dL	Method : Diazo Method
DIRECT BILIRUBIN		0.3	<= 0.20 mg/dL	Method: Diazo Method
INDIRECT BILIRUBIN		1.0	<= 1.0 mg/dL	
SGPT (ALT)		14	<= 33 U/L	Method : UV without P5P
SGOT (AST)		16	<= 32 U/L	Method : UV without P5P
ALKALINE PHOSPHATASE (ALP)		58	40 - 129 U/L 35 - 105 U/L	Method : PNPP, AMP Buffer - IFCC Ref.
TOTAL PROTEINS		8.0	6.0 - 8.0 g/dL	Method : Biuret method
SERUM ALBUMIN		5.0	3.5 - 5.2 g/dL	Method : Bromcresol Green (BCG)
GLOBULINS		3.0	2.5 - 3.5 g/dL	
A/G RATIO		1.67	1.2 - 2.5	
GAMMA GLUTAMYL TRANSFERASE(GGT)		16	6 - 42 U/L	Method : G-glutamyl-carboxy-nitroanilide - IFCC Ref.

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DEPARTMENT OF LABORATORY

Patient Name	: Mrs. KAVITA DHAKAD	**Age /Gender**	: 34Y(s)/Female
Bill No/ UMR No	: NMBC64177/NMU0049426	**Referred By**	: Dr. DMO
Received Dt	: 29-Mar-24 11:10 am	**Report Date**	: 29-Mar-24 05:50 pm

Specimen

BUN(BLOOD UREA NITROGEN)			
BUN (Blood Urea Nitrogen.)	10	7.0 - 21.0 mg/dL	Calculated
TOTAL PROTEIN			
TOTAL PROTEINS	8.0	6.0 - 8.0 g/dL	Method : Biuret method
LIPID PROFILE			
TOTAL CHOLESTEROL	208	Desirable : : < 200 mg/dL Borderline High : : 200 - 239 mg/dL High risk : > 240 mg/dL	METHOD : Enzymatic colorimetric
HDL CHOLESTEROL	71	Low : : < 40 mg/dL High : : > 60 mg/dL	Homogeneous enzymatic colorimetric
LDL CHOLESTEROL	121	Optimal : - < 100 mg/dL Near Optimal : 100 - 129 mg/dL Borderline High : 130 - 159 mg/dL High : 160 - 189 mg/dL Very High : - > 190 mg/dL	
VLDL	20		
SERUM TRYGLYCERIDES	99	< 150 mg/dL Borderline High : 150 - 199 mg/dL High : 200 - 499 mg/dL	METHOD: Enzymatic colorimetric
CHO/HDL RATIO	2.93	Normal : - < 3.5 High Risk : - > 5.0	
LDL/HDL RATIO	1.7		
SERUM URIC ACID	3.0	2.4 - 5.7 mg/dL	uricase
PLBS (POST LUNCH BLOOD SUGAR WITH URINE SUGAR)			
PLBS (POST LUNCH BLOOD GLUCOSE)	96	110 - 180 mg/dL	Hexokinase
HBA1C (GLYCOSYLATED HAEMOGLOBIN)			
HBA1C	5.0	< 5.7 Normal Prediabetic 5.7 - 6.4 & >/=6.5 Diabetic %	TINIA
MPG(Mean Plasma Glucose)	97	Excellent Control : 90 - 120 mg/dL Good Control : 121 - 150 mg/dL	

*** End Of Report ***

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MEDICOVER HOSPITALS
NAVI MUMBAI

DEPARTMENT OF LABORATORY

Patient Name	: Mrs. KAVITA DHAKAD	**Age /Gender**	: 34Y(s)/Female
Bill No/ UMR No	: NMBC64177/NMU0049426	**Referred By**	: Dr. DMO
Received Dt	: 29-Mar-24 11:10 am	**Report Date**	: 30-Mar-24 09:43 am

Parameters	Specimen	Result	Biological Reference In	Method

Lab Incharge

Dr. VISHAL MEHROTRA, MD Pathology
Head, Laboratory Services
Consultant Hematopathologist

Verified By : : 026979

Test results related only to the item tested.

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MEDICOVER
HOSPITALS

Patient ID:	*NMU0049426*	*Patient Name:*	*KAVITA DHAKAD*
Age:	*34 Years*	*Sex:*	*F*
Accession Number:	*NMBC64177*	*Modality:*	*DX*
Referring Physician:	*DR.DMO*	*Study:*	*CHEST*
Study Date:	*29-Mar-2024*	*Study Time:*	*12:08:36*

X RAY CHEST PA VIEW

Both lungs are clear.

The frontal cardiac dimensions are normal.

The pleural spaces are clear.

,th hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

Impression:

- **No significant abnormality is seen.**

DR. ANUPKUMAR AGRAWAL
Consultant & HOD Radiology
MBBS, MD

Date: 29-Mar-2024 15:35:22

MEDICOVER HOSPITALS

Patient ID:	*NMU0049426*	*Patient Name:*	*KAVITA DHAKAD*
Age:	*34 Years*	*Sex:*	*F*
Accession Number:	*NMBC64177*	*Modality:*	*US*
Referring Physician:	*DR.DMO*	*Study:*	*USG ABDOMEN WHOLE*
Study Date:	*29-Mar-2024*	*Study Time:*	*12:28:42*

USG ABDOMEN & PELVIS

The Liver is normal in size (13.3 cm) and shows normal echotexture. No focal lesion is seen. The Hepatic veins appear normal. There is no IHBR dilatation. The portal vein appears normal.

The gall bladder is physiologically distended with normal wall thickness. There is no evidence of gallstones. C.B.D. is of normal caliber.

The Pancreas is normal in size and echotexture.

The spleen is normal size (9.1 cm). No focal lesion is seen.

Horseshoe shaped kidney noted. **Both kidneys** are normal in size and echotexture. They shows normal cortical echogenicity with maintained cortico-medullary distinction.
The Right Kidney measures 9.7 x 3.1 cm.
The Left Kidney measures 10.7 x 3.5 cm.
There is no evidence of a calculus, hydronephrosis, or hydroureter.

The Urinary bladder is adequately distended and shows normal wall thickness. No evidence of any intraluminal mass or calculi.

The uterus is normal in size and echotexture. It measures 7.9 x 4.6 x 5.7 cm.
I focal lesion is seen. The Endometrial thickness is 10 mm.

Both ovaries are well visualized and appear normal in size and echotexture.
The Right ovary measures 3.9 x 1.8 cm
The Left ovary measures 3.3 x 1.5 cm
There is no evidence of any ovarian or adnexal mass lesion.

Visualised bowel loops are unremarkable.
There is no evidence of significant lymphadenopathy.
No ascitis is seen.

IMPRESSION:

- **Horseshoe shaped kidney.**
- **No significant abnormality is seen.**

DR. ANUPKUMAR AGRAWAL
Consultant & HOD Radiology
MBBS, MD

MEDICOVER HOSPITALS
NAVI MUMBAI

2D ECHO CARDIOGRAPHY WITH COLOR DOPPLER

Name	: **Mrs. Kavita Dhakad**	**Date:-29/03/2024**
Age / Sex	: **34 Yrs / Female**	**UMR No. 0049426**
Referred By	: **Health check up**	

FINDINGS:

- No left ventricle regional wall motion abnormality.
- Normal left ventricle systolic function. LVEF = 60%.
- Grade I left ventricle diastolic dysfunction.
- Trivial mitral regurgitation.
- No aortic regurgitation. No aortic stenosis.
- Trivial tricuspid regurgitation. No pulmonary hypertension. PASP = 28 mm Hg.
- No left ventricle clot / vegetation/pericardial effusion.
- Intact IAS and IVS.
- Normal left atrium and left ventricle dimensions.
- Normal right atrium and right ventricle dimensions.
- Normal right ventricle systolic function. No hepatic congestion.

IMP:

- **No RWMA.**
- **Grade I left ventricle diastolic dysfunction.**
- **Trivial MR and TR. No PH.**
- **Normal LV and RV systolic function.**

DR. SAMEER VANKAR
MD DM CARDIOLOGY

M-MODE MEASURMENTS:

LA	35	mm
AO root	29	mm
AO CUSP SEP	18	mm
LVID(s)	31	mm
LVID(d)	43	mm
IVS(d)	11	mm
LVPW(d)	10	mm
RVID(d)	29	mm
RA	31	mm
LVEF	60	%

	PEAK	MEAN	Vmax	Gradient of Regurgitation
MITRAL	N			Trivial
AORTIC	7			Nil
TRICUSPID	28			Trivial
PULMONERY	4.4			Nil

HC 49426 KAVITA DHAKAD 3/29/2024 12:43:59 PM
34 Years Female

Rate	101	. Sinus tachycardia	rate> 99
		. Borderline left axis deviation	QRS axis (-15,-29)
PR	116	. RSR' in V1 or V2, probably normal variant	small R' only
QRSD	89		
QT	335		
QTc	435		

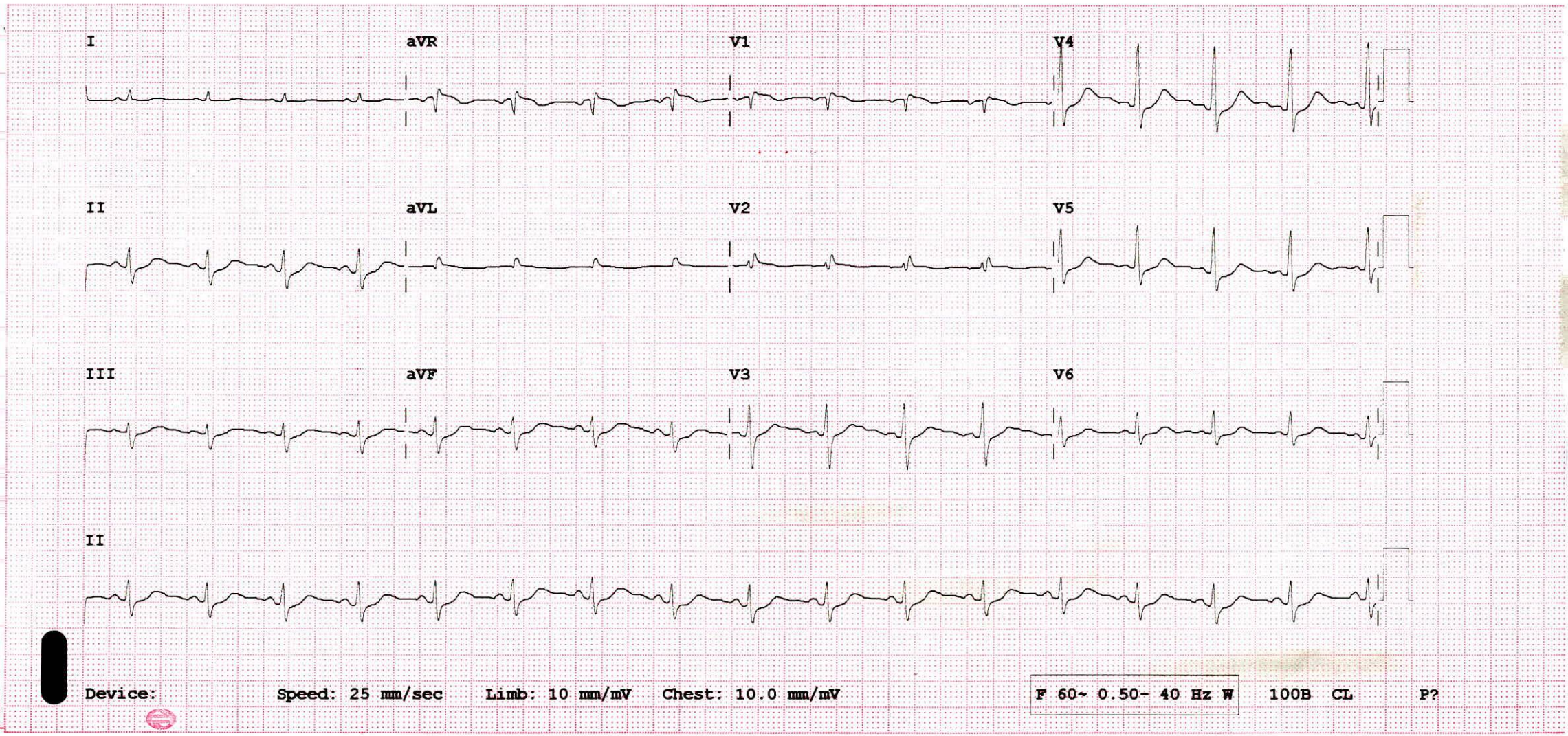
--AXIS--
P 54
QRS -17
T 67

- BORDERLINE ECG -

12 Lead; Standard Placement

Unconfirmed Diagnosis

Sinus tachycardia



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV F 60~ 0.50- 40 Hz W 100B CL P?