



भारत सरकार
GOVERNMENT OF INDIA



पद्मा न्यौपाने
Padma Nyoupane
DOB: 28-07-1974
Gender: Female



4032 5559 0816

आधार - आम आदमी का अधिकार

पद्मा

पद्मा

MALIK RADIX HEALTH CARE PVT. LTD.
C-217, C-218, Nirman Vihar,
Delhi-110092
Ph.: 011-49287458, 011-61381379
Regd. No. 607

Padma Nyasipane

ID: 2807197427

27-Apr-2024 13:14:44

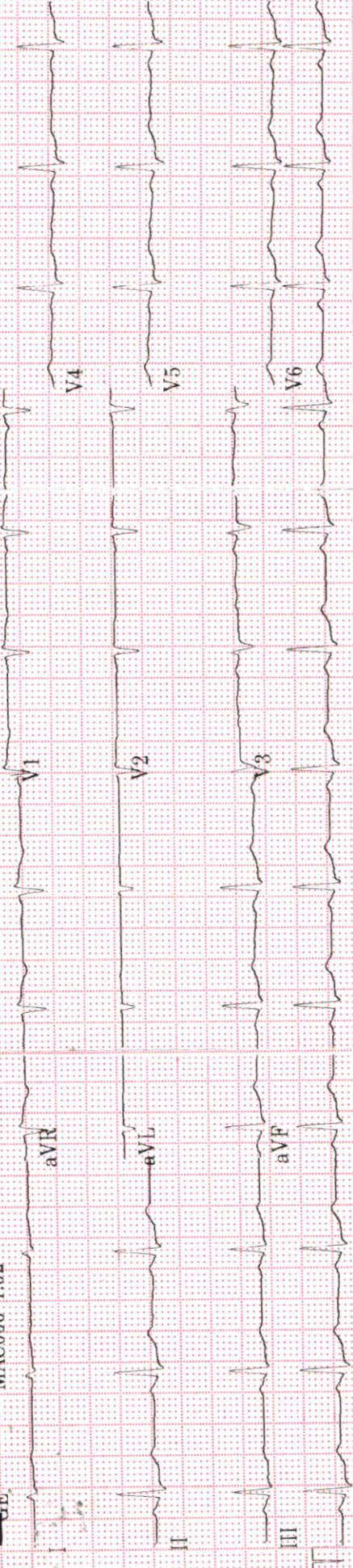
ID: 2807197427

MAC600 1.02

49years Female

Vent. rate 77 bpm
 QRS duration 88 ms
 QT/QTc 378/427 ms
 PR interval 126 ms
 P duration 108 ms
 RR interval 779 ms
 P-R-T axes 80 84 66

46311



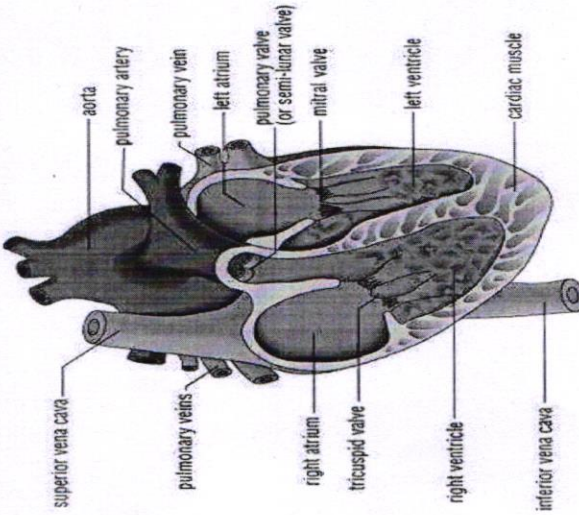
Auto gain applied 25.0 mm/s
 0.16-20Hz 5.0||5.0 mm/mV
 50Hz 77 bpm
 4 by 2.5s + 1 rhythm Id

MAC600 1.02 12SL™ v239

Malik Radix HealthCare.

ELECTROCARDIOGRAM

Name: MRS. PADMA NYOUPANE Age & Sex: 49YR/FEMALE Ref By: MEDIWHEEL Date: 27/04/2024



ECG FINDINGS:

Rate 77bpm Rhythm Normal Mechanism Normal

Axis Normal P Wave Normal PR Interval 0.12/Sec

QRS Complex Normal QT Interval Normal Q Wave Normal

ST Segment Normal T Wave Normal

Conclusion Sinus Rhythm, Suspected Anterolateral & Inferior ischemia, To be correlate.

Doctors Signature Dr. SHEKH-WAZIR AHMED
M.D. "Physician"
PGDCC
DMC-46499



Echocardiogram Report

Patient Name	MRS. PADMA NYOUPANE
Date of Test	27/04/2024
Age	49 YRS/ FEMALE
Ref. by	BOB

Dimensions	Result	Normal Range
AO (ed)	2.4 cm	(2.1 -3.7cm)
LA (es)	2.6 cm	(2.1 -3.7cm)
RVID (ed)	2.4 cm	(1.1-3.0cm)
LVID (ed)	4.2 cm	(3.6 – 5.5 cm)
LVID (es)	3.0 cm	(2.3-3.9cm)
IVS (ed)	1.1 cm	(0.6 – 1-2 cm)
LVPW (ed)	1.1 cm	(0.6 – 1-2 cm)
EF	58 %	
FS	29 %	(28 % - 42 %)

Impression:

- NO REGIONAL WALL MOTION ABNORMALITY SEEN.
- LVEF= 58 %
- NORMAL CHAMBER DIMENSIONS.
- STAGE I LV DISTOLIC DYSFUCTION.
- NORMAL COLOR FLOW.
- NO INTRA CARDIAC CLOT/MASS/ VEGETATION/PERICARDIAL EFFUSION SEEN.

Dr. Sheikh Nazir Ahmed
 M.D. "Physician" PGDCC
 (Consultant Non – Invasive Cardiologist)

Facilities Available

- Multispeciality Hospital - 24 Hours Emergency - X-Ray/ ECG/ Ultrasound/ CT Scan - Dental- Fully Equipped Operation Theatre
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 ECHO - Plastic Surgery

BMI, Dental, Eye



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A Unit of Malik Radix Healthcare
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Whatsapp No. - 9811550650
E-mail: info@radixhealthcare.org
Website: www.radixhealthcare.org



ANNUAL HEALTH CHECK UP

NAME: Mrs. Padma
Nyoupane

AGE/GENDER: 49yrs / Female

DATE 27/04/24

calculus - ++

stains - ++

caries $\frac{762}{7} \mid \frac{2357}{7}$

Missing $\frac{\quad}{6542} \mid \frac{46}{56}$

Mobility+ $\frac{\quad}{1} \mid \frac{\quad}{12}$

Adv - P-kit

[Signature]

Adv - OPG
[Signature]

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ANNUAL HEALTH CHECK UP

NAME: Mrs. Padma

AGE/GENDER: 49y/F

DATE 27/4/24

Weg 8/18
8/18

Not brought glasses

Neary N 36
N 36

Cosmet. wmc
Adv

- Bring Glasses

- Cap Benfomega (B) X/MB

- 9 Tearned

(B)

Facilities Available

Dr. Nidhi Gupta
MBBS, MS, DNB

Casualty Ophthalmologist

Malik Radix Healthcare Pvt. Ltd.

DMC No. 121661



LAB REPORT

Reg. Date	27/04/2024	Patient Id	2404270002	DOB.	28/07/1974
Name	MRS. PADMA NYOUPANE	Gender	F	Perm. ID	
Age	49 Yrs. 8 Mn. 31 Day	Panel	MEDIWHEEL	Reported	27/04/2024 18:23:05
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
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MW FULL BODY ANNUAL PLUS CHECK AD. F

HAEMATOLOGY

COMPLETE HAEMOGRAM

HAEMOGLOBIN (HB%)	11.2	gm/dl	12 - 15
TOTAL LEUCOCYTE COUNT (TLC)	7,500	/cumm	4000 - 11000

DIFFERENTIAL LEUCOCYTE COUNT (DLC)

NEUTROPHIL	52	%	40 - 80
LYMPHOCYTE	36	%	28 - 55
MONOCYTE	06	%	02 - 10
EOSINOPHIL	06	%	01 - 06
BASOPHIL	00	%	0 - 0

ESR (WESTEGREN'S METHOD)	10	mm/1st hr.	0 - 15
R B C COUNT	4.33	Millions/cmm	4.247 - 5.4
P.C.V / HAEMATOCRIT	36.3	%	35 - 45
M C V	83.8	fl.	80 - 100
M C H	25.9	Picogram	27.0 - 31.0
M C H C	30.9	gm/dl	33 - 37
PLATELET COUNT	2.16	Lakh/cu mm	1.50 - 4.50

BLOOD GROUP ABO " A "

RH TYPING	Positive		
BLOOD SUGAR FASTING	102.03	mg/dl	70 - 100
BLOOD SUGAR PP	165.38	mg/dl	90 - 140

THYROID PROFILE

Free T3 ELFA	2.71	ng/ml	02 - 04
Free T4 ELFA	1.19	ug/dl	0.8 - 2.7

Checked by : _____
Page 1 Contd...2

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

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Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
TSH Serum/ELFA	4.480	uIU/ml	0.25 - 5.50 uIU/ml

Interpretation

Clinical Use

- Diagnose Hypothyroidism and Hyperthyroidism
- Monitor T4 replacement or T4 suppressive Therapy
- Quantify TSH levels in the subnormal range

Increased Levels : Primary Hypothyroidism Subclinical Hypothyroidism, TSH dependent, Thyroid Hormone Resistance.

Decreased Levels : Grave's Disease, Autonomous Thyroid Hormone Secretion, TSH Deficiency

LIPID PROFILE

TOTAL CHOLESTEROL	150.10	mg/dL	130.0 - 200.0 (<200)
TRIGLYCERIDES	122.70	mg/dL	80.5 - 150.0 (<150)
H D L CHOLESTEROL DIRECT	43.52	mg/dL	42.0 - 60.0 (<40->59)
V L D L	24.5	mg/dL	4.0 - 30. (23-45)
L D L CHOLESTEROL	82.1	mg/dL	50.0 - 150.0 (50-150)
TOTAL CHOLESTEROL / HDL RATIO	3.4		3.3 - 5.1
LDL / HDL CHOLESTEROL RATIO	1.9		1.5 - 3.5
SERUM URIC ACID	5.20	mg/dl	2.4 - 6.0
BLOOD UREA NITROGEN (BUN)	9.12	mg/dl	6.0 - 21.0

Checked by : _____
Page 2 Contd...3

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Age	49 Yrs. 8 Mn. 31 Day	Panel	MEDIWHEEL	Reported	27/04/2024 18:23:05
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
SERUM CREATININE	0.80	mg/dl	0.6 - 1.2
BUN/CREAT RATIO	11.4	mg/dl	10 - 20

LIVER FUNCTION TEST (LFT)

BILIRUBIN TOTAL	0.88	mg/dl	0.2 - 1.2
CONJUGATED (D. BILIRUBIN)	0.25	mg/dl	0.00 - 0.3
UNCONJUGATED (I.D. BILIRUBIN)	0.63	mg/dl	0.2 - 0.9
SGOT / AST	29.50	IU/L	0 - 35
SGPT / ALT	23.9	IU/L	0 - 35
ALKALINE PHOSPHATASE	159.20	U/L	64 - 306
TOTAL PROTEIN	8.15	gm/dl	6.0 - 8.3
ALBUMIN	4.53	gm/dl	3.2 - 5.0
GLOBULIN	4.53	gm/dl	2.5 - 5.6
A/G RATIO	1.00		0.9 - 2.0
GAMMA GT	24.10	IU/L	0.0 - 35.0

Pap Smear (Above 40 years)

Urine Routine Examination

PHYSICAL EXAMINATION

QUANTITY	30	ml.	
COLOUR	Pale Yellow		Pale Yellow
TRANSPARENCY	Clear		
SPECIFIC GRAVITY	1.015		
PH	6.5		

CHEMICAL EXAMINATION

ALBUMIN	Nil
SUGAR	Nil

Checked by : _____

Page 3 Contd...4

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Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
MICROSCOPIC EXAMINATION			
PUS CELLS	1-2	/HPF	
RBC'S	Nil	/HPF	
CASTS	Nil		
CRYSTALS	NIL		
EPITHELIAL CELLS	0-1	/HPF	
BACTERIA	Nil		
OTHERS	Nil		

Dr. Reema Dahiyia
Dr. REEMA DAHIYA
 M.B.B.S, MD (Path.)
 Checked by: _____
 Page 4 of 4
 Malik Radix Healthcare Pvt. Ltd.
 C-217, Nirman Vihar,
 Delhi-110092

DR. MEENU AGGARWAL
 M.B.B.S, MD (Path.)

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Patient Name : Ms PADMA	Sample Collected : Apr 27, 2024, 04:02 PM
DOB/Age/Gender : 49 Y/Female	Report Date : Apr 27, 2024, 08:29 PM
Patient ID / UHID : 8079219/OF8079219	Barcode No : HY532546
Referred By : Self	Report Status : Final Report
Sample Type : Whole blood EDTA	



Test Description	Value(s)	Unit(s)	Reference Range
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HbA1C (Glycosylated Haemoglobin)

Glycosylated Hemoglobin (HbA1c) HPLC	6.1	%	< 5.7
Estimated Average Glucose	128.37	mg/dL	Refer Table Below

Interpretation:

Interpretation For HbA1c% As per American Diabetes Association (ADA)

Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Age < 19 years Goal of therapy: <7.5

Note:

- Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.
- Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate

Comments :

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)	HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126	12	298
8	183	14	355
10	240	16	413

*** End Of Report ***

Sohini Sengupta

Dr. Sohini Sengupta
MD (Cl Biochemistry), DNB,
FNB (Lab Medicine)
Medical Laboratory Director
HOD (Biochemistry & Special Assays)

Booking Centre :- Malik Radix Healthcare (Delhi), C-218, Nirman Vihar, Vikas Marg

Processing Lab :- Redcliffe Lifetech Pvt. Ltd., H-55, Sector-63, Noida, Uttar Pradesh - 201301

928-909-0609

ccsupport@redcliffelabs.com

www.redcliffelabs.com

All Lab results are subject to clinical interpretation by qualified medical professional and this report is not subject to use for any medico-legal purpose.





UHID	PT211835	LAB No.	XRY2312124
Name	Mrs. PADMA NYOUPANE	Regn. No.	GEN2403380
Age / Sex	49 Yrs / F	Receiving Dt/Time	27-Apr-2024 10:06
		Reporting Dt/Time	27-Apr-2024 04:12 PM



XRAY

CHEST (PA)

B/L Prominent bronchovascular marking seen.

Cp angles are clear.

Hila are normal...

Heart size appears within normal limits.

Soft tissue shadows and bony thorax are normal.

Advised....please correlate clinically.

***** END OF REPORT *****

DR. K.K. SINHA
 M.B.B.S. D.N.R.D.
 SENIOR CONSULTANT
 Reg. No. 25437 (DMC)

DR. RAJESH MALHOTRA
 MBBS, MD (RADIOLOGY)
 CONSULTANT RADIOLOGY
 Reg.No.DMC9299

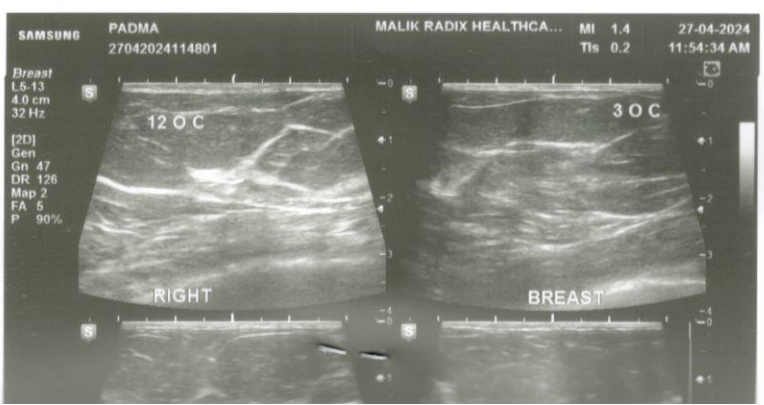
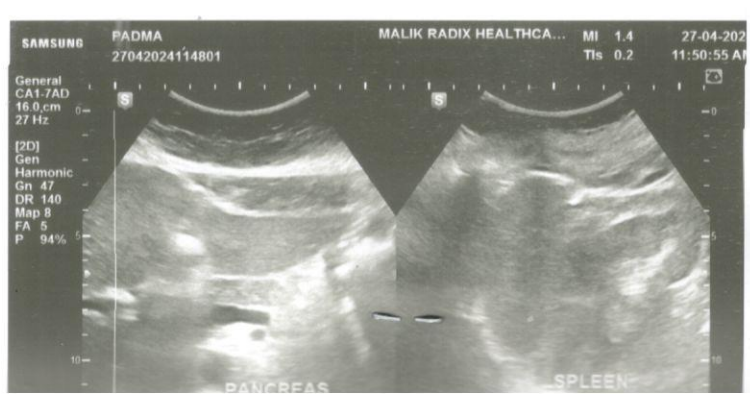
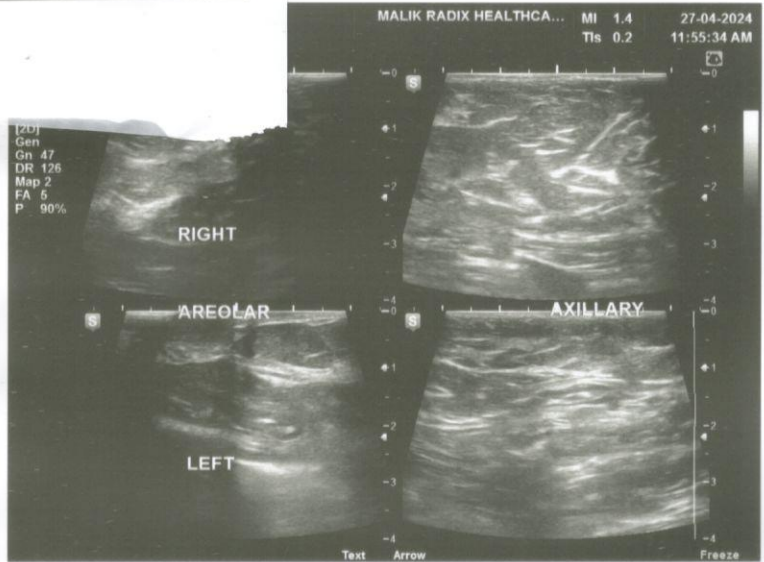
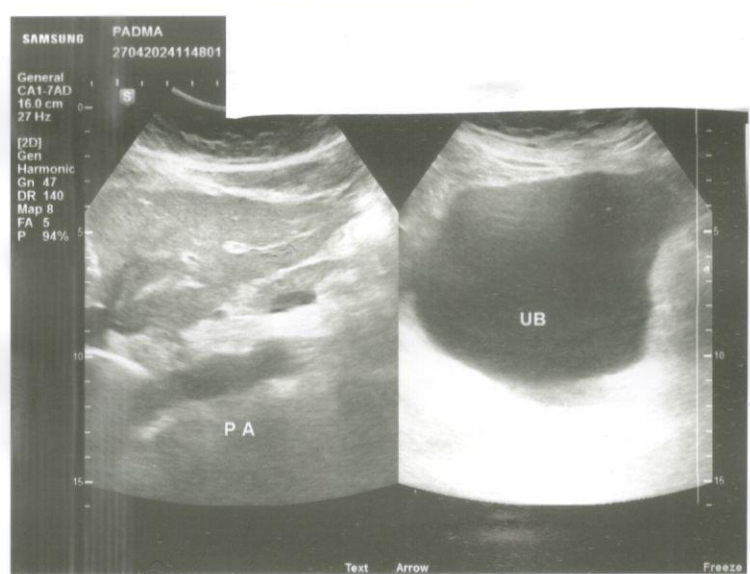
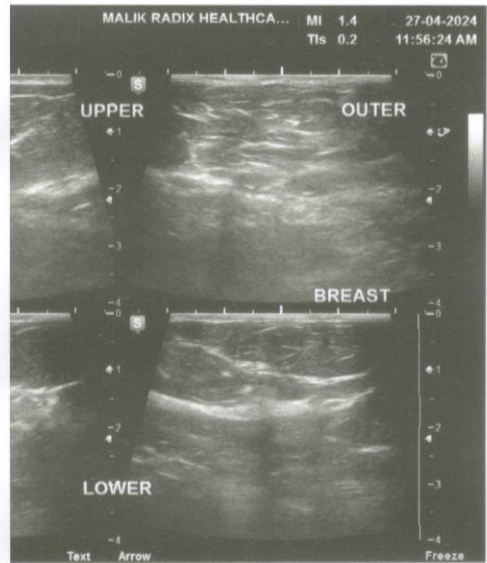
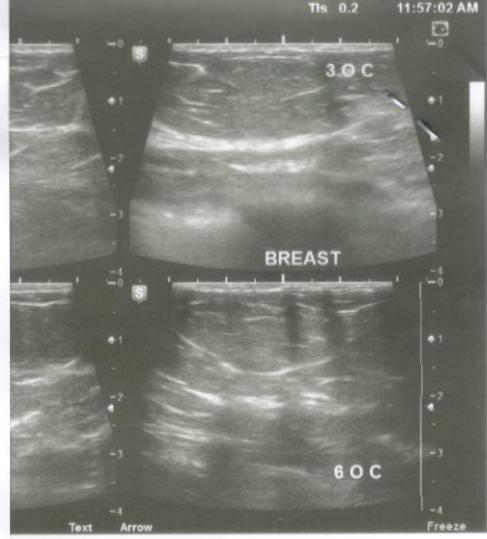
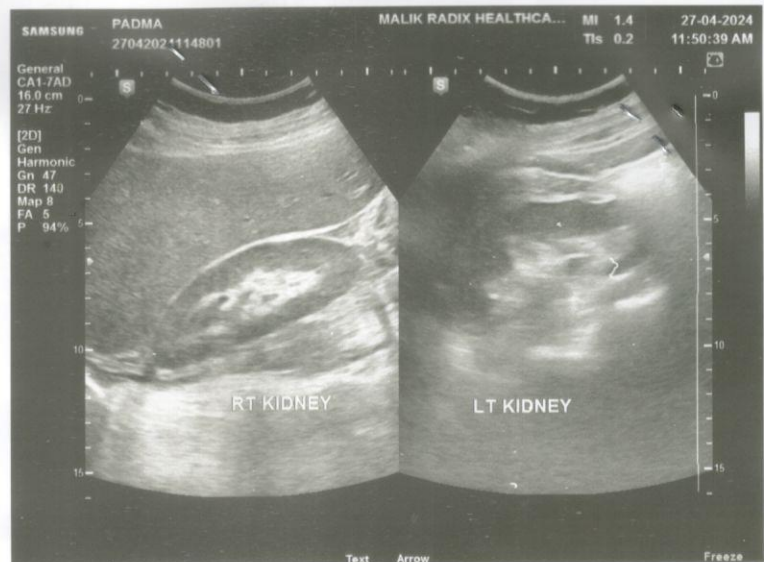
DR. T. K VOHRA
 MD (RADIOLOGY)
 SENIOR CONSULTANT
 Reg. No. 3272 (DMC)

DR. MUKESH KOSHAL
 MBBS, MD (RADIOLOGY)
 CONSULTANT RADIOLOGY
 Reg.No.DMC10407

DR. SHREYASH TIWARY
 MBBS, MD (RADIOLOGY)
 CONSULTANT RADIOLOGY
 Reg.No.DMC85802

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Website: www.radixhealthcare.org



NAME	MRS PADMA NYOUPANE	AGE	49 Y/F
REFD. BY.	HEALTH CHECK UP	DATE	27.04.24

Ultrasound Examination of Breasts:

US examination of both breasts was performed using a high frequency probe.

On US both breasts show the normal appearances of post-menopausal adult breasts. Normal echogenic adipose tissue is seen. The glandular elements are sparse. The fibrous tissue stroma is well defined. No evidence of any SOL or abnormal calcification seen. No evidence of any abscess seen. Areolar and axillary regions are normal.

NORMAL STUDY.

Regards.

Dr Mukesh Koshal MD (Rad- diag)
Regn. No. DMC 10407

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NAME	MRS PADMA NYOUPANE	AGE	49 Y/F
REFD. BY.	HEALTH CHECK UP	DATE	27.04.24

Ultrasound Examination of Whole Abdomen & Pelvis :

Liver: Liver shows normal parenchymal echotexture. No focal SOL is seen in liver. IHBR & portal radicles are normal.

Gallbladder: Gallbladder not visualized (Post-cholecystectomy)

Pancreas: Pancreas shows normal size & echotexture.

Spleen: Spleen shows normal size, outline & echotexture.

Kidneys: Kidneys show normal size, shape, position & echotexture. No calculus, hydronephrosis or SOL is seen in kidneys. Cortico- medullary differentiation and cortical thickness is normal on both sides.

No supra- renal mass seen.

Great abdominal vessels are normal.

Domes of diaphragm are seen to move normally & synchronously in respiration. No supra- or infra diaphragmatic collection is seen.

No ascites or pericardial effusion seen.

No para aortic lymph nodes seen.

Urinary bladder: Urinary bladder shows normal anechoic pattern. No calculus, SOL or diverticulum seen.

Uterus: Uterus is not visualized (Post-hysterectomy)

Regards.

Dr Mukesh Koshal MD (Rad- diag)

Regn. No. DMC 10407

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