

Dr. Anand Sankar
MBBS, MD, DNB (General Medicine)
Fellowship in Internal Medicine
Fellowship in Geriatrics

Preventive Health Check up
2020-2021
Phone No. 7828712222



1. Mr. Anand Sankar, 65 years old, male, Hindu, married, residing at 123, Main Road, Chennai-600 001. He is a retired government employee. He has a history of hypertension since 2010 and is on treatment with Amlodipine 5mg daily. He has a family history of diabetes mellitus in his father. He is a non-smoker and a moderate alcohol consumer. He has no known drug allergies. He is currently asymptomatic. He is seeking a preventive health check-up.



KIMS - Kingsway Hospitals
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)
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DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

MINAKSHI BISANE 29Y(S) 0M(S) 0D(S)/F MRNP2425001284 7972768988 MARRIED	CONSULT DATE : 12-04-2024 CONSULT ID : OPC2425004420 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
-- °F -- /min -- %RA -- /10 -- cms

Weight : BMI :
-- kgs --

CHIEF COMPLAINTS

ROUTINE CHECK UP

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	00	00	00	6/6

LEFT EYE	00	00	00	6/6
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NEAR ADDITION

RIGHT EYE			00	N6
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LEFT EYE			00	N6
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REMARK-

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On :12-04-2024 11:25:57



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. MINAKSHI BISANE	Age /Gender : 29 Y(s)/Female
Bill No/ UMR No : BIL2425003165/MRNP2425001284	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 12-Apr-24 08:43 am	Report Date : 12-Apr-24 10:06 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	13.0	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		38.5	36.0 - 46.0 %	Calculated
RBC Count		4.53	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		85	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		28.7	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.8	31.5 - 35.0 g/l	Calculated
RDW		14.9	11.5 - 14.0 %	Calculated
Platelet count		318	150 - 450 10^3 /cumm	Impedance
WBC Count		6600	4000 - 11000 cells/cumm	Impedance

DIFFERENTIAL COUNT

Neutrophils	49.8	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	43.6	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	2.4	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	4.2	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	3286.8	2000 - 7000 /cumm	Calculated



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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2877.6	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		158.4	20 - 500 /cumm	Calculated
Absolute Monocyte Count		277.2	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
RBC		Normochromic Normocytic		
Anisocytosis		Anisocytosis +(Few)		
WBC		As Above		
Platelets		Adequate		
ESR		24	0 - 20 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100499

Test results related only to the item tested.

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. MINAKSHI BISANE	Age /Gender : 29 Y(s)/Female
Bill No/ UMR No : BIL2425003165/MRNP2425001284	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 12-Apr-24 08:42 am	Report Date : 12-Apr-24 10:21 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	92	< 100 mg/dl	GOD/POD,Colorimetric
Post Prandial Plasma Glucose		101	< 140 mg/dl	GOD/POD, Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c	5.1	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
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*** End Of Report ***

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Dr. VAIDEHEE NAIK, MBBS,MD

CONSULTANT PATHOLOGIST

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CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

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LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	197 < 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		83 < 150 mg/dl	Enzymatic
HDL Cholesterol Direct		46 > 50 mg/dl	(Lipase/GK/GPO/POD)
LDL Cholesterol Direct		134.60 < 100 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
VLDL Cholesterol		17 < 30 mg/dl	Enzymatic
Tot Chol/HDL Ratio		4 3 - 5	Calculated
			Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%		<100
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160
		>190, optional at 160-189
		<160

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

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THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.30	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		0.87	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		4.91	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. MINAKSHI BISANE **Age / Gender** : 29 Y(s)/Female
Bill No/ UMR No : BIL2425003165/MRNP2425001284 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 12-Apr-24 08:43 am **Report Date** : 12-Apr-24 10:21 am

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	21	15.0 - 36.0 mg/dl	Urease with indicator dye
Creatinine		0.7	0.52 - 1.04 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		120.0	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		146	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.60	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. MINAKSHI BISANE
Age / Gender : 29 Y(s)/Female
Bill No/ UMR No : BIL2425003165/MRNP2425001284
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 12-Apr-24 08:43 am
Report Date : 12-Apr-24 10:21 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.76	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.26	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.50	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric
Alkaline Phosphatase		60	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		12	13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		18	13 - 35 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		8.06	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.71	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.34	2.0 - 4.0 gm/dl	Calculated
A/G Ratio		1.4		

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST





CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. MINAKSHI BISANE **Age / Gender** : 29 Y(s)/Female
Bill No/ UMR No : BIL2425003165/MRNP2425001284 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 12-Apr-24 09:31 am **Report Date** : 12-Apr-24 11:52 am

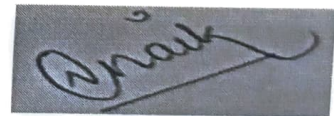
<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent	
*** End Of Report ***			

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. VAIDEHEE NAIK, MBBS,MD

CONSULTANT PATHOLOGIST

HOSPITAL NO. 12-04-2024 10:24:29
MRNP2425001284
DX



KIMS-KINGSWAY
HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. MINAKSHI BISANE
Bill No/ UMR No : BIL2425003165/MRNP2425001284
Received Dt : 12-Apr-24 09:31 am
Age /Gender : 29 Y(s)/Female
Referred By : Dr. Vimmi Goel MBBS,MD
Report Date : 12-Apr-24 12:29 pm

USF(URINE SUGAR FASTING)

Parameter
Urine Glucose

Specimen
Urine

Result Values
Negative

Biological Reference

Method
STRIP

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss
Verified By : : 11100400
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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	MINAKSHI BISANE	STUDY DATE	12-04-2024 10:24:29
AGE/ SEX	29Y 1D / F	HOSPITAL NO.	MRNP2425001284
ACCESSION NO.	BIL2425003165-10	MODALITY	DX
REPORTED ON	12-04-2024 11:15	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.



DR R.R KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

N.B : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

PATIENT NAME:	MRS. MINAKSHI BISANE	AGE /SEX:	29 Y /FEMALE
UMR NO:	2425001284	BILL NO:	2425003165
REFERRED BY	DR. VIMMI GOEL	DATE	12/04/2024

USG ABDOMEN AND PELVIS

LIVER is normal in size and echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size, shape and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal.
No focal myometrial lesion seen.
Endometrial echo-complex appear normal.
No adnexal mass lesion seen.


There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

No significant visceral abnormality seen.
Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]



DR. JUHI MESHAM
RESIDENT DOCTOR

Kingway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mrs. Minakshi , Bisane
Patient ID: 001284
Height:
Weight:
Study Date: 12.04.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 08.10.1994
Age: 29yrs
Gender: Female
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

--

Medical History:

NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	02:17	0.00	0.00	99	110/70	
	HYPERV.	00:01	0.00	0.00	99		
	WARM-UP	00:06	0.70	0.00	106		
EXERCISE	STAGE 1	03:00	1.70	10.00	122	110/70	
	STAGE 2	03:00	2.50	12.00	136	120/70	
	STAGE 3	01:54	3.40	14.00	166		
RECOVERY		01:00	0.00	0.00	131	130/70	
		02:00	0.00	0.00	96	120/70	
		00:14	0.00	0.00	131		

The patient exercised according to the BRUCE for 7:53 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 98 bpm rose to a maximal heart rate of 166 bpm. This value represents 86 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 130/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: T wave inversion.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.


ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

Baseline T wave inversion.

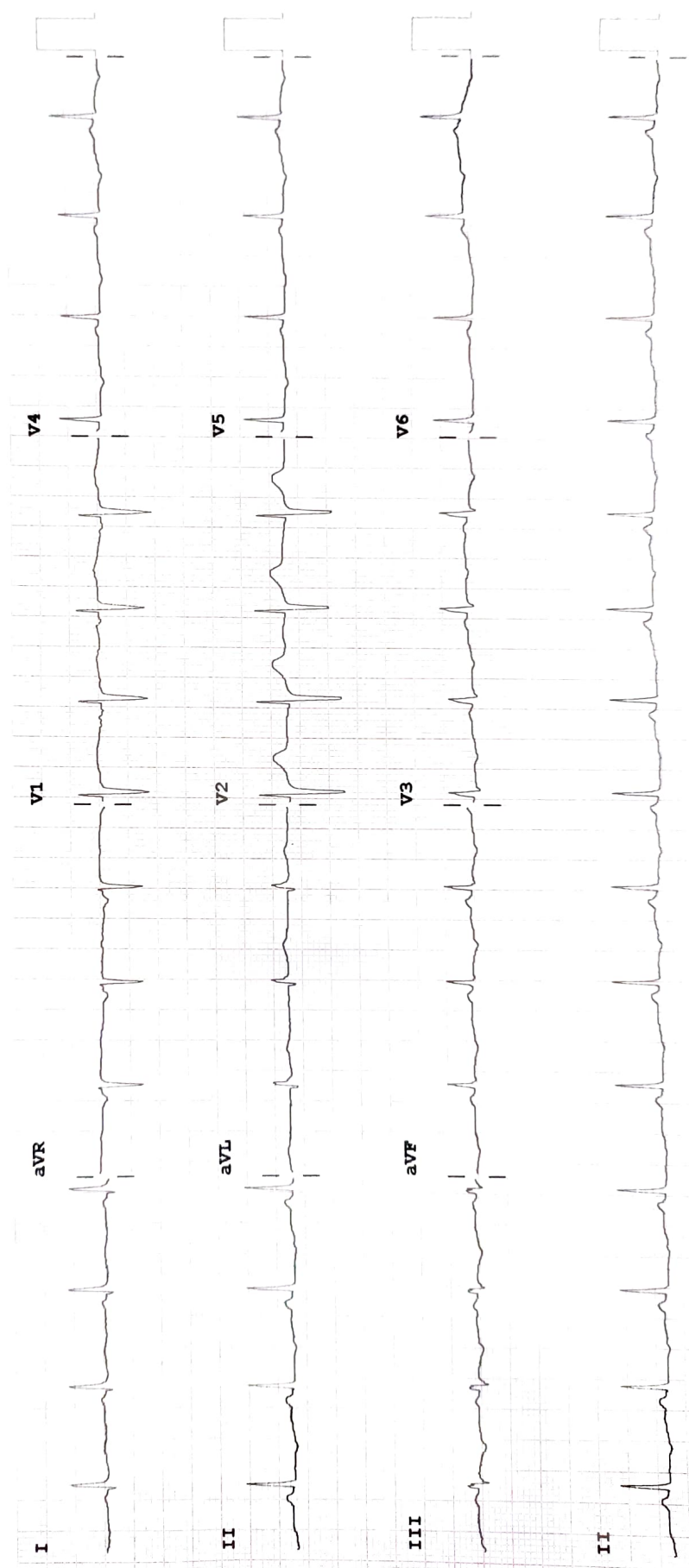

Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg.No.: 2014/01/0113

Rate 92 . Sinus rhythm.....normal P axis, V-rate 50- 99
 . Borderline short PR interval.....PR int <120ms
 . Nonspecific T abnormalities, diffuse leads.....T <-0.10mV, ant/lat/inf
 . Prolonged QT interval.....QTc >495ms

--AXIS--
 P 57
 QRS 39
 T -80
 12 Lead; Standard Placement

- ABNORMAL ECG -

Unconfirmed Diagnosis



Device: F 50~ 0.50-150 Hz W 100B CL P?

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

for PHILIPS