

Place Label Here
 Pt. Name : _____
 UMR : _____
 Age : _____ Sex : _____
 IP : _____
 If label not available, write Pt. Name, IP No., Sex, Date, Name of Treating Physician

OPD Nursing Assessment - Adult

Name: Sushant Khairnar Date of Birth : Age/Sex: 40/M UMR No.: PVU21524

Assessment :

Height: 167 cms Weight: 80 kg. BMI: 28.7 Respiration: 21 /min Pulse H/R : 88 /min
 BP: 124/80 mmHG Temperature : °F/°C SpO2 98 % BSL

Chief Complaints :

Health check up

Tick Appropriate :

Interpreter Needed

Yes No

Nutritional Status: Weight Loss/Gain in Last 3 Months

Yes No

If Weight Loss / Gain-Dietary Referral

Yes No

Psychological Assessment Agitated Anxious

Yes No Normal

(If Agitated, Inform Physician)

Irritable

Any Allergies Known Including Drugs : Nil

Past History: Any Surgeries Explain : Nil

Any Other illness: Explain : Nil

Pain Score: Numerical Scales (1-10) Location Characteristics

Need to be seen immediately by the Doctor Yes No

Fall risk: Age 65Yrs. Tremors High Grade Fever H/O Fall in last 3 months

Cardiac Medicines Seizure Medications Fall Prevention Education Done Yes

Name of Nurse	ID No. of Nurse	Signature of Nurse	Date & Time
<u>Suryakanta</u>	<u>027711</u>	<u>[Signature]</u>	<u>11/4/24</u>



Mr. Shashank Khairnar

11/04/2024

41 yr

NADI-

Q/E:

Agf Rest fracture etc

Stain PP cal cul + 1

PPM T657.

Adv:

- Scaling & Polishing

- Restorations

Dr. Roshani J. Kotian
B.D.S (NHDC)
Consultant General Dentist
Reg. : A-28340



DEPARTMENT OF LABORATORY

Patient Name : Mr. SUSHANT KHAIRNAR	Age / Gender : 40 Y(s)/Male
Bill No/ UMR No : PUBC21528/PUU21524	Referred By : Dr. GENERAL MEDICINE CONSULTANT
Received Dt : 11-Apr-24 12:43 pm	Report Date : 11-Apr-24 02:24 pm

FINAL REPORT

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>	<u>Method</u>
T3,T4 AND TSH				
T3		1.18	0.8 - 2.0 ng/mL	Method : ECLIA
T4		10.55	5.1 - 14.1 ug/dL	Method : ECLIA
TSH(THYROID STIMULATING HORMONE)		2.23	0.27 - 4.2 uIU/mL	Method : ECLIA
BUN(BLOOD UREA NITROGEN)				
BUN (Blood Urea Nitrogen.)		8.1	7.0 - 21.0 mg/dL	Calculatead
PSA (PROSTATE SPECIFIC ANTIGEN).				
PROSTATE SPECIFIC ANTIGEN (PSA)		1.39	0 - 4.0 ng/mL	Method : ECLIA
HBA1C (GLYCOSYLATED HAEMOGLOBIN)				
HBA1C		5.6	Normal < 5.7 Pre diabetic 5.7 - 6.5 Diabetic > 6.5 : 5.7 - 6.5	TINIA
FBS (FASTING BLOOD SUGAR)				
FASTING BLOOD GLUCOSE		91.1	Normal Range : 70 - 99 mg/dL Impaired Glucose tolerance : 100 - 125 mg/dL Diabetes Mellitus : - > 126 mg/dL	Hexokinase
SERUM CREATININE				
		0.91	0.8 - 1.3 mg/dL	Jaffe
LFT(LIVER FUNCTION TEST)				
TOTAL BILIRUBIN		0.64	0.1 - 1.2 mg/dL	Colorimetric diazo method
DIRECT BILIRUBIN		0.24	<= 0.20 mg/dL	Method: Diazo Method
INDIRECT BILIRUBIN		0.4	<= 1.0 mg/dL	
SGPT (ALT)		21.0	<= 41 U/L	Enzymatic
SGOT (AST)		13.0	<= 40 U/L	Enzymatic
ALKALINE PHOSPHATASE (ALP)		107	40 - 129 U/L	PNPP
TOTAL PROTEINS		7.13	6.4 - 8.3 g/dL	Method : Biuret method
SERUM ALBUMIN		4.59	3.5 - 5.2 g/dL	Method : Bromcresol Green (BCG)
GLOBULINS		2.54	1.8 - 3.6 g/dL	
A/G RATIO		1.81	1.1 - 2.2	
GAMMA GLUTAMYL TRANSFERASE(GGT)		19	10 - 71 U/L	Enzymatic colorimetric assay (IFCC)

System Name : m



DEPARTMENT OF LABORATORY

Patient Name : Mr. SUSHANT KHAIRNAR	Age / Gender : 40 Y(s)/Male
Bill No/ UMR No : PUBC21528/PUU21524	Referred By : Dr. GENERAL MEDICINE CONSUL
Received Dt : 11-Apr-24 12:22 pm	Report Date : 11-Apr-24 02:24 pm

FINAL REPORT

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>
CUE (COMPLETE URINE EXAMINATION)			
<u>GENERAL EXAMINATION</u>			
VOLUME	Urine	25	10 ml to 25 ml
COLOUR		PALE YELLOW	PALE YELLOW
APPEARANCE		CLEAR	CLEAR
SPECIFIC GRAVITY		1.005	1.010 - 1.030
PH		5.5	4.5 - 8.0
<u>CHEMICAL EXAMINATION</u>			
PROTEIN	Urine	ABSENT	ABSENT
GLUCOSE		ABSENT	ABSENT
BLOOD		ABSENT	ABSENT
LEUCOCYTES		NEGATIVE	NEGATIVE
UROBILINOGEN		NORMAL	NORMAL
KETONE		ABSENT	ABSENT
BILIRUBIN		NEGATIVE	NEGATIVE
NITRITE		NEGATIVE	NEGATIVE
<u>MICROSCOPIC EXAMINATION</u>			
PUS CELLS	Urine	1-2	0 - 5 /hpf
RBC		NIL	0 - 2 /hpf
EPITHELIAL CELLS		1-2	0 - 5 /hpf
CRYSTALS		NIL	ABSENT
CASTS		ABSENT	ABSENT
OTHERS		ABSENT	ABSENT

*** End Of Report ***





DEPARTMENT OF LABORATORY

Patient Name : Mr. SUSHANT KHAIRNAR	Age / Gender : 40 Y(s)/Male
Bill No/ UMR No : PUBC21528/PUU21524	Referred By : Dr. GENERAL MEDICINE CONSUL
Received Dt : 11-Apr-24 12:22 pm	Report Date : 11-Apr-24 02:24 pm

FINAL REPORT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
COMPLETE BLOOD COUNT				
COMPLETE BLOOD COUNT				
HAEMOGLOBIN	EDTA Blood	14.6	13.2 - 17.3 g/dL	Spectrophotometry
WHITE BLOOD CELLS (WBC)		5,490	4000 - 11000 Cells/cumm	Impedance, optical Absorbance, DHSS
PLATELET COUNT		242000	150000 - 450000 /cumm	Impedance
RED BLOOD CELLS		5.29	4.5 - 6 milli/cumm	Impedance
HEMATOCRIT/HCT (PCV)		41.6	40 - 50 %	Analogical integration
MCV		78.6	82 - 95 fl	Calculated
MCH		27.6	27 - 32 pg	Calculated
MCHC		35.0	32 - 36 g/dL	Calculated
RDW(cv)		11.9	11.5 - 14.0 %	Calculated
MPV		8.2	6 - 9.5 fl	Calculated
DIFFERENTIAL COUNT				
NEUTROPHILS	EDTA Blood	54.0	50 - 75 %	DHSS/Microscopy
LYMPHOCYTES		24.2	20 - 40 %	DHSS/Microscopy
EOSINOPHILS		16.0	00 - 06 %	DHSS/Microscopy
MONOCYTES		5.2	00 - 10 %	DHSS/Microscopy
BASOPHILS		0.6	00 - 01 %	DHSS/Microscopy
PERIPHERAL SMEAR EXAMINATION				
RBC morphology	EDTA Blood	Normocytic Normochromic, few microcytic		
WBC morphology		Eosinophilia		
PLATELETS		Adequate On Smear		
BLOOD GROUPING AND RH				
BLOOD GROUP	Blood	" O "		SLIDE AGGLUTINATION
RH TYPE		POSITIVE		
ESR		7	0 - 15 mm/1st hour	WESTERGREN`S METHOD

*** End Of Report ***





DEPARTMENT OF LABORATORY

Patient Name : Mr. SUSHANT KHAIRNAR
Age / Gender : 40 Y(s)/Male
Bill No/ UMR No : PUBC21528/PUU21524
Referred By : Dr. GENERAL MEDICINE CONSULTANT
Received Dt : 11-Apr-24 12:42 pm
Report Date : 11-Apr-24 04:10 pm

Parameters **Specimen** **Result** **Biological Reference In Method**





DEPARTMENT OF LABORATORY

Patient Name : Mr. SUSHANT KHAIRNAR
Age / Gender : 40 Y(s)/Male
Bill No/ UMR No : PUBC21528/PUU21524
Referred By : Dr. GENERAL MEDICINE CONSULTANT
Received Dt : 11-Apr-24 12:43 pm
Report Date : 11-Apr-24 02:24 pm

Table with 4 columns: Parameters, Specimen, Result, Biological Reference In Method. Includes sections for Lipid Profile (Total, HDL, LDL, VLDL, SERUM TRYGLYCERIDES, CHO/HDL RATIO, LDL/HDL RATIO, COMMENT, SERUM URIC ACID) and PPBS (POST PRANDIAL BLOOD SUGAR).

*** End Of Report ***






DEPARTMENT OF LABORATORY

Patient Name : Mr. SUSHANT KHAIRNAR	Age / Gender : 40 Y(s)/Male
Bill No/ UMR No : PUBC21528/PUU21524	Referred By : Dr. GENERAL MEDICINE CONSUL
Received Dt : 11-Apr-24 01:41 pm	Report Date : 11-Apr-24 02:24 pm

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference In Method</u>
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Lab Incharge


Dr. PAWAR PRIYA VASANTRAO, MBBS, DNB
CONSULTANT PATHOLOGIST

Test results related only to the item tested.
No part of the report can be reproduced without written permission of the laboratory.



System Name : m



DEPARTMENT OF RADIOLOGY



Patient Name : Mr. Sushant Khairnar	Age : 40 yrs / M
Ref. By : Health checkup	OPD No: PUU: 21524
Date of x-ray: 11/04/2024	Date of Reporting: 11/04/2024

X RAY CHEST PA VIEW

FINDINGS & IMPRESSION:

- **Mild patchy non-homogeneity noted in right lower zone para-cardiac region – Needs clinical correlation.**
- **Prominent bronchovascular markings noted in bilateral lung fields.**
- Rest of the visualized lung fields are clear.
- No obvious consolidation is seen.
- There is no pleural effusion or pneumothorax seen.
- No pneumoperitoneum is seen.
- The cardiac silhouette appears within normal limits.
- The diaphragmatic shadow and mediastinal structures are within normal limits.
- Visualized osseous structures demonstrate no obvious abnormality.

Clinical/ lab parameter correlation & further evaluation recommended.

Dr. Madhuri Avhad (MBBS DMRD)

Consultant Radiologist

(typed & printed by sk)





Date:- 11/04/24.

Name:- Ms. Sushant Khairnar

Age/Sex:- 41/M

S/B: Ophthalmologist: Dr Kish Mane

Eye	UCVA	PGVA	Pinhole	NEAR	COLOR VISION
Right	6/6				
Left	6/6	> no glasses	> 6/6	N.C out glasses.	1/16

Other findings:-

Squint

Nystagmus

Night blindness:-

} no

Impression:-

Eye exam is within acceptable limits

for desired fitness for work.

Dr Kish Mane
200510512708





DEPARTMENT OF RADIOLOGY

Patient Name : Mr. Sushant Kahairnar	Age : yrs / M
Ref. By : Health check up	OPD/IPD No: PUU:
Date of USG: 11/04/2024	Date of Reporting: 11/04/2024

USG ABDOMEN AND PELVIS

CLINICAL DETAILS: Routine screening.

FINDINGS:

Liver : It is normal in size and shape. It measures 134 mm along maximum craniocaudal axis. It shows raised parenchymal echotexture in both the lobes. No obvious focal lesion is seen. No evidence of intrahepatic biliary radicle dilatation. Common bile duct appears undilated. The hepatic veins and inferior vena cava appears unremarkable. The portal vein appears unremarkable.

Gall Bladder : It is partially distended. No evidence of obvious intraluminal calculus/ mass seen. No evidence of obvious wall thickening or pericholic collection.

Pancreas : It is partial visualised. The head, body and tail appears normal in size and shows homogenous echotexture. The pancreatic duct appears undilated.

Spleen : is normal in size & shape. It measures 97 mm along its maximum length. It shows normal parenchymal echotexture. No obvious focal lesion is noted.

Kidneys : Right kidney measures 96 x 42mm in size & Left kidney measures 104 x 49 mm in size. They appear normal in size, shape, location and axis. They show normal parenchymal echotexture with well maintained corticomedullary differentiation. No evidence of hydronephrosis on either side. No focal lesion or calculus is noted on right side. *Left kidney shows tiny calcyceal calculus of size 2-3 mm at lower pole.*

Urinary Bladder: It is well distended. It shows smooth outlines and internal mucosal regularity with normal wall thickness. No obvious intraluminal calculus/focal lesion is seen.

Prostate : It is normal in size and shows homogenous echotexture. It measures 15 cc in volume. No obvious focal lesions / calcification / abnormal vascularity.

Retro peritoneum is obscured by bowel gases. No obvious enlarged retro peritoneal or mesenteric lymph nodes noted. The visualised bowel loops appear unremarkable. No evidence of obvious bowel wall thickening. No ascites seen.

IMPRESSION:

- Grade I fatty infiltration of liver.
- Tiny left renal calcyceal calculus as described above.

Clinical/ lab parameter correlation/ further evaluation and follow up recommended.

Dr. Sunita Shewale
Consultant Radiologist

(Because of technical and technological limitation complete diagnosis cannot be assured on imaging sonography. Sonography has its limitation for evaluation of GIT lesion. Clinical correlation, consultation if required repeat imaging required in the event of controversies.)



NAME OF PATIENT: MR. SUSHANT KHAIRNAR	AGE/SEX: 40YRS/M
REF BY: Dr. PRASHANT SHINDE	DATE: 11/04/2024
PRN NO: PUU21524	WARD: HC

2D ECHOCARDIOGRAPHY & COLOR DOPPLER STUDY

All chambers normal sized.
No regional wall motion anomaly at rest.
Good LV and RV systolic function, LVEF= 60 %
IAS/IVS intact.
All valves normal.
Great artery origins normal.
No clot/vegetation/effusion.
No coarctation of aorta.
IVC collapsible.

MEASUREMENTS: -

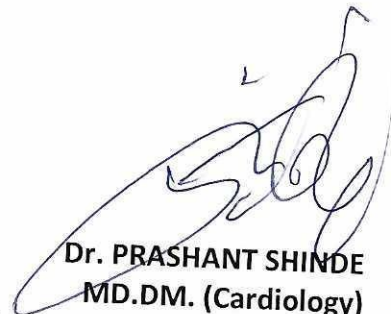
Aortic annulus	LA	IVS	PW(D)	LVIDd	LVIDs	LVEF
19	28	10	10	40	24	60%

COLOR DOPPLER STUDY: -

Normal flow velocity patterns across all valves.
No pulmonary hypertension.

CONCLUSION:-

Normal chamber dimensions.
Good biventricular function. (LVEF = 60%).
Normal flow velocity patterns across all valves.
No pulmonary hypertension.
IVC collapsible.


Dr. PRASHANT SHINDE
MD.DM. (Cardiology)

Consultant and interventional Cardiologist



301 **SUSHANT KHAIRNAR**
 40 Yrs / M 80 Kg / Ht-167 cms R. f. No.:

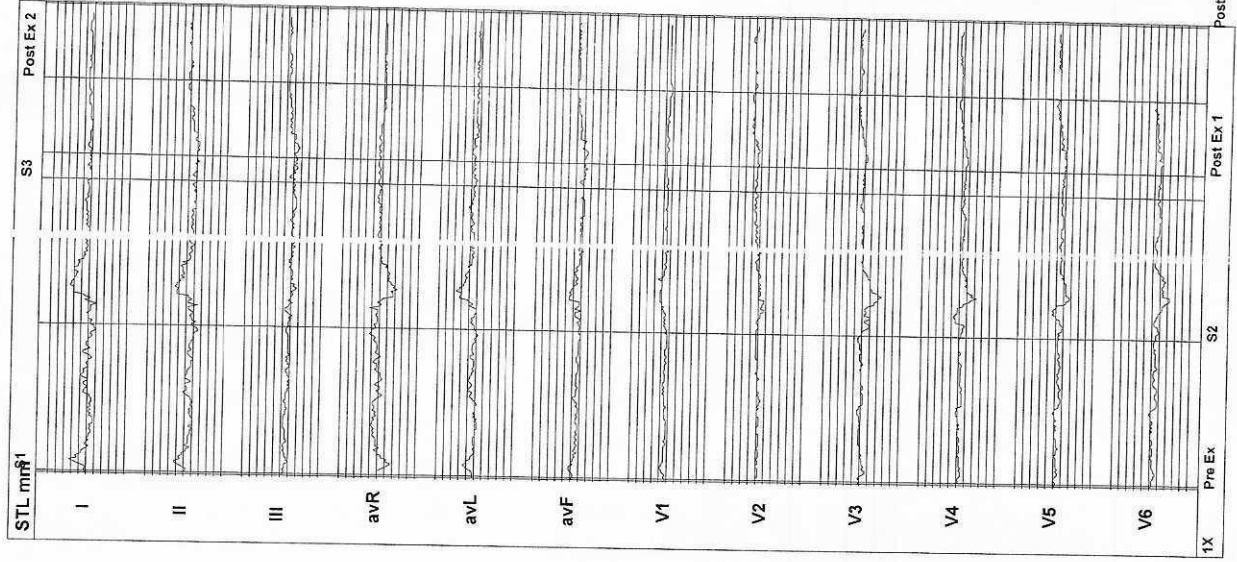
Date: 11-04-2022 Ref By: **Bruce**
 Time: 11:11 AM Protocol:

Summary

History:

Medication:

Stage	Stg Time min.sec	Speed mph	Grade %	METs	HR bpm	EP r. mmHg	RPP	PVCs
Pre Ex					104	120/80	125	
S1	02:00	1.7	10.0	3.9	134	120/80	161	1
S2	02:00	2.5	12.0	4.5	147	122/82	179	11
Peak Ex	00:20	3.4	14.0	4.7	155	124/84	192	11
Post Ex 1	01:00			1	131	120/80	157	11
Post Ex 2	01:00			1	112	120/80	134	11
Post Ex 3	00:02			1	110	120/80	132	11
Finish				1	116	120/80	139	11



Findings: Exercise Time : 04:20 mins
 Max HR attained : 155 bpm 86 % of Target 180 bpm
 Max BP : 124/84mmHg
 Max Workload attained : 4.7 METs (Poor Effort Tolerance)
 Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.
 No Angina / Arrhythmia / S3 / Murmur
 Final Impression : Test is negative for inducible ischaemia.



Dr. Prashant Shinde
Dr. Prashant Shinde

301
 40 Yrs / M
 80 Kg / Ht-167 cms Ref.No.:

SI SHANT KHAIRNAR
 INDRAYANI NAGR RD,BHOSARI, PIMPRI C-HINCHWAD, PUNE, MAHARASHTRA

Date: 11-04-2024
 Time: 11:11 AM
 Protocol: I ruce
 Notch: (in)
 Filter: 0.1 - 100 Hz
 Gain: 10 mm / mV
 Sweep: 25 mm / S

Average 6 Leads
 Frontal

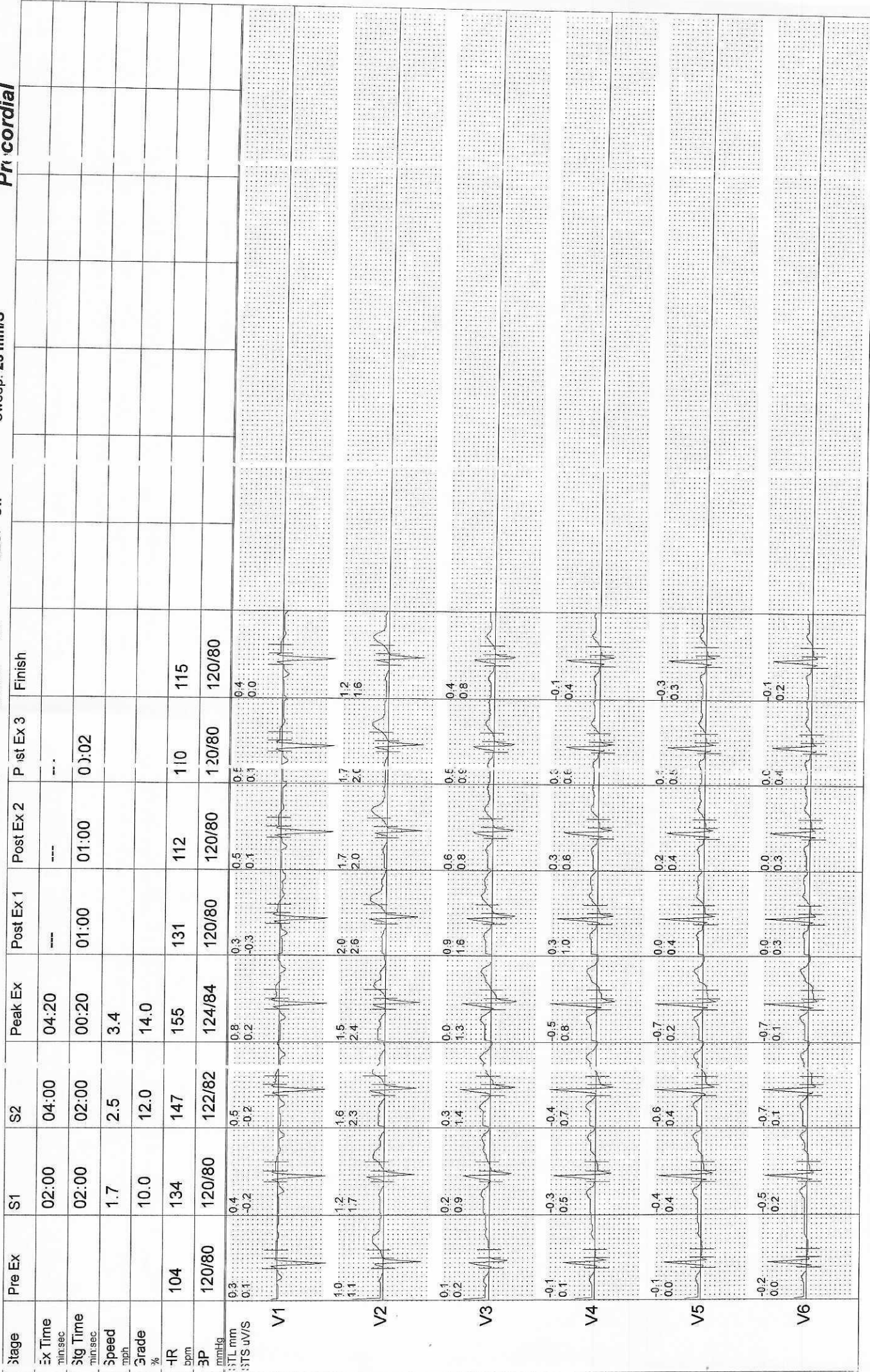
Stage	Pre Ex	S1	S2	Peak Ex	Post Ex 1	Post Ex 2	Post Ex 3	Finish
Ex Time		02:00	04:00	04:20	---	---	---	
Stg Time		02:00	02:00	00:20	01:00	01:00	00:02	
Speed		1.7	2.5	3.4				
Grade		10.0	12.0	14.0				
HR	104	134	147	155	131	112	110	115
BP	120/80	120/80	122/82	124/84	120/80	120/80	120/80	120/80
STL mm	0.2	-0.2	0.0	0.0	0.1	0.1	0.1	0.1
STS uV/S	0.4	-0.3	0.7	0.2	1.0	0.5	0.5	0.3
I		-0.1	-0.8	-1.0	0.2	-0.1	-0.1	-0.2
II		-0.1	-0.3	0.0	1.2	0.6	0.6	0.3
III		-0.3	-0.7	-1.1	-0.3	-0.2	-0.2	-0.4
avR		-0.4	-0.3	-0.3	0.2	0.1	0.1	0.0
avL		-0.1	-0.9	-0.1	-0.3	-0.2	-0.2	-0.4
avF		-0.3	-0.1	-0.2	0.2	0.1	0.1	0.0
		-0.1	0.4	0.5	-0.3	0.0	0.0	-0.1
		-0.3	-0.7	-0.2	-1.1	-0.6	-0.5	-0.3
		0.3	0.4	0.6	0.2	0.2	0.2	0.3
		0.4	0.4	0.2	0.2	0.2	0.2	0.2
		-0.2	-0.8	-1.1	-0.1	-0.1	-0.1	-0.3
		-0.1	0.2	-0.1	0.7	0.4	0.4	0.1

301
 SUSHANT KHAIRNAR
 80 Kg / Ht-167 cms Ref.N.:

INDRAYANI NAGR RD, HOSARI, PIMPRI CHINCHWAD, PUNE, MAHARASHTRA

Date: 11-04-202
 Protocol: Bruce
 Filter: 0.1 - 100 Hz
 Gain: 10 mm/mV
 Time: 11:11 AM
 Notch: On
 BLC: On
 Sweep: 25 mm/S

Average 6 Leads
 Precordial



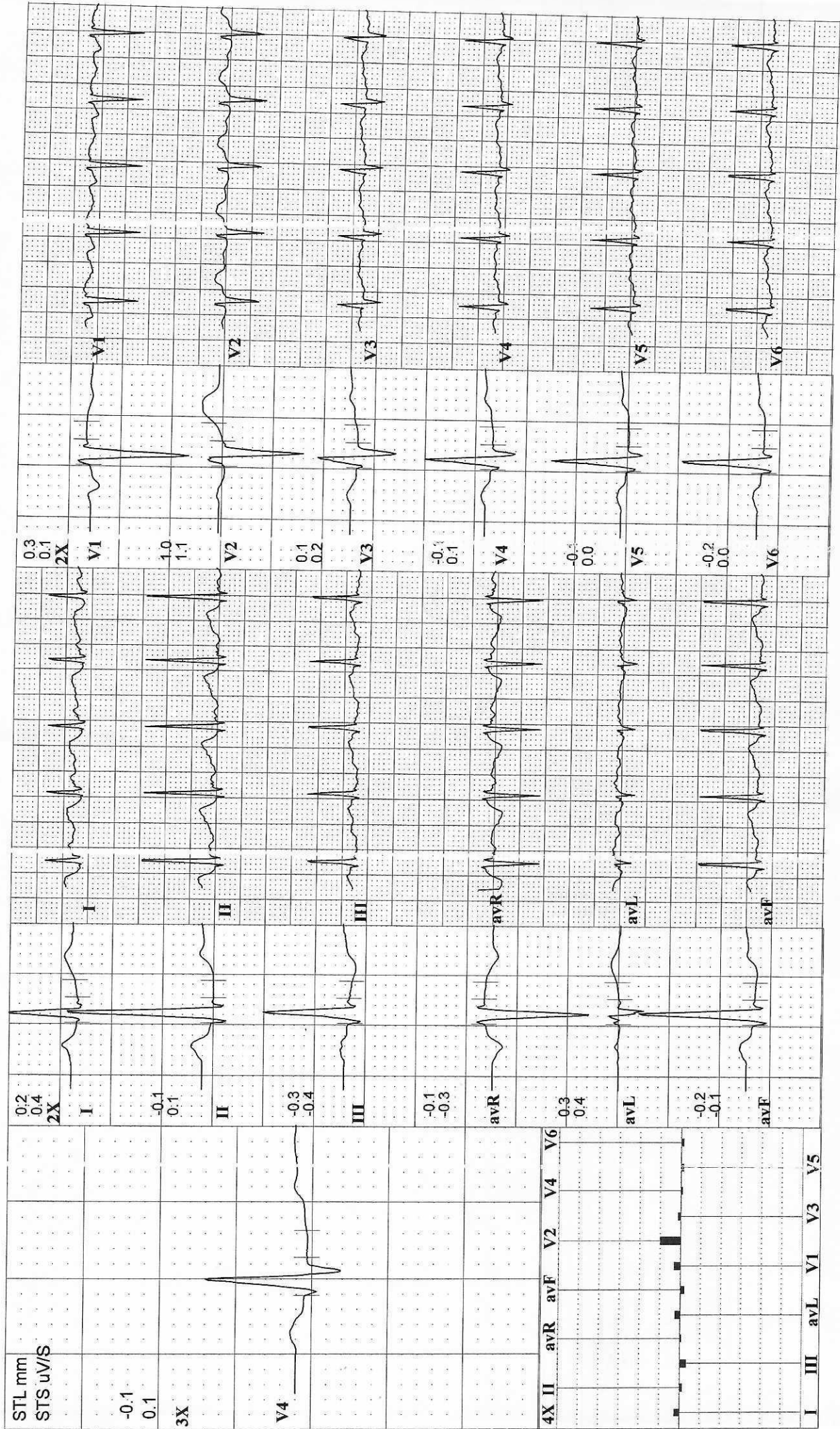
301 SUSHANT KHAIRNAR
 40 Yrs/M 80 Kg / Ht-167 cms Ref.No.:
 Date: 11-04-2024 Time: 11:11 AM

Speed: --- mph Hr: 104
 Grade: --- % Mets: 1
 Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:03

filter: 0.1 - 100 Hz Gain: 10 mm/mV
 ILC: On Sweep: 25 mm/s
 Median Sweep: 25 mm/s

Linked Medians
 Pre Ex

Post J: 70 ms



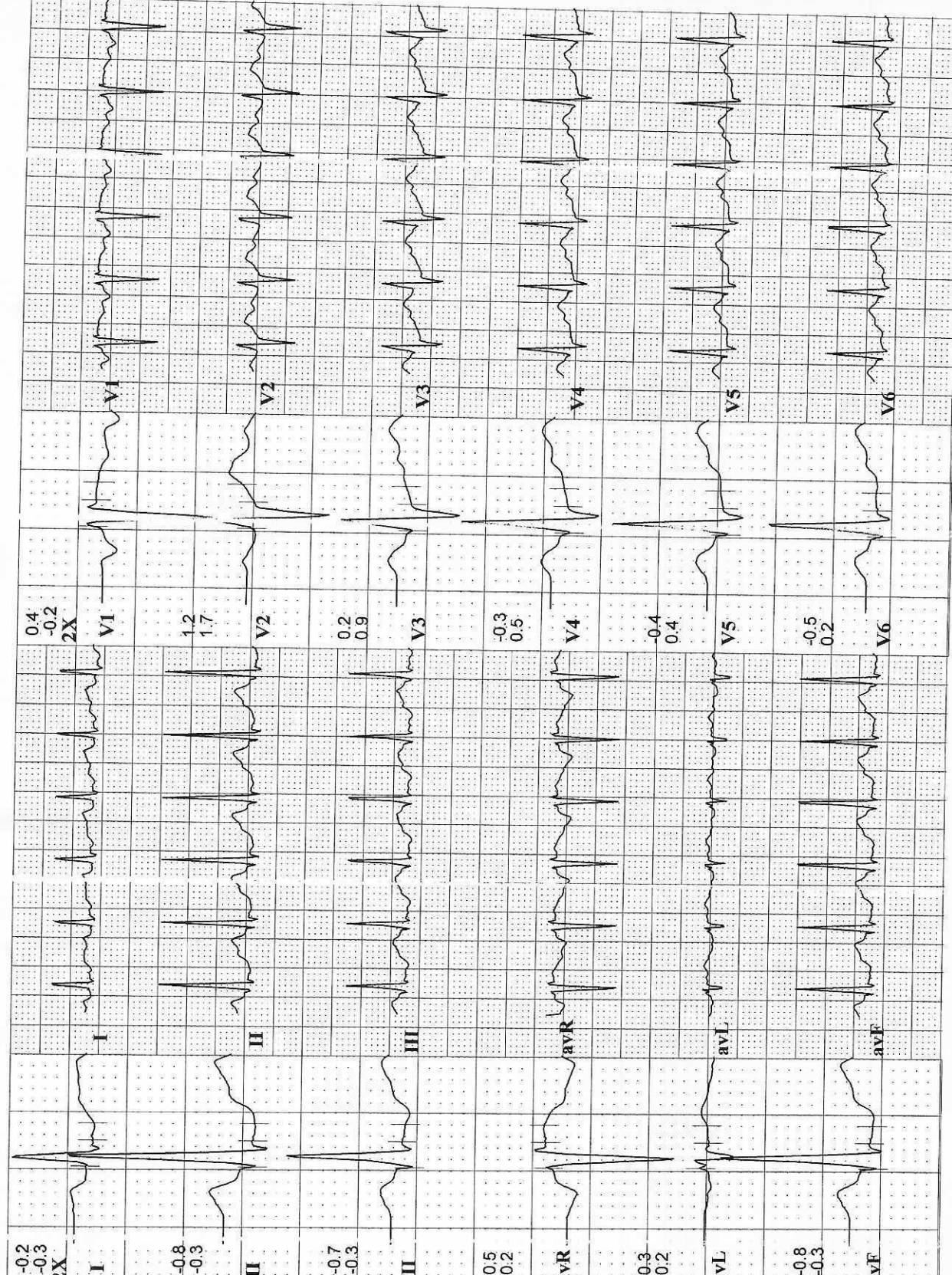
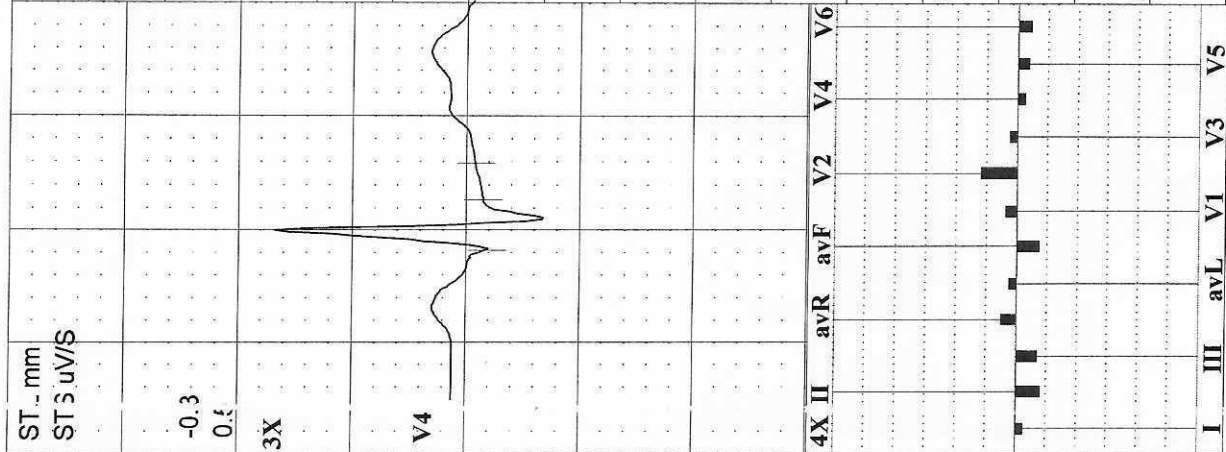
301 SUSHANT KHAIRNAR
 40 /rs/M 80 Kg / Ht-167 cms Ref.No.:
 Date: 11-04-2024 Time: 11:11 AM

Speed: 1.7 mph Hr: 134
 Grade: 10 % Mets: 3.9
 Protocol: Bruce BP: 120/80 mmHg Curr Time: 02:03

Target Hr: 74 % of 180 Filter: 0.1 - 1.0 Hz Gain: 10 mm/mV
 BLC: On Sweep: 25 mm/S
 Notch: On Median Sweep: 25 mm/S

Lined Medians
S1

Post J: 62 ms

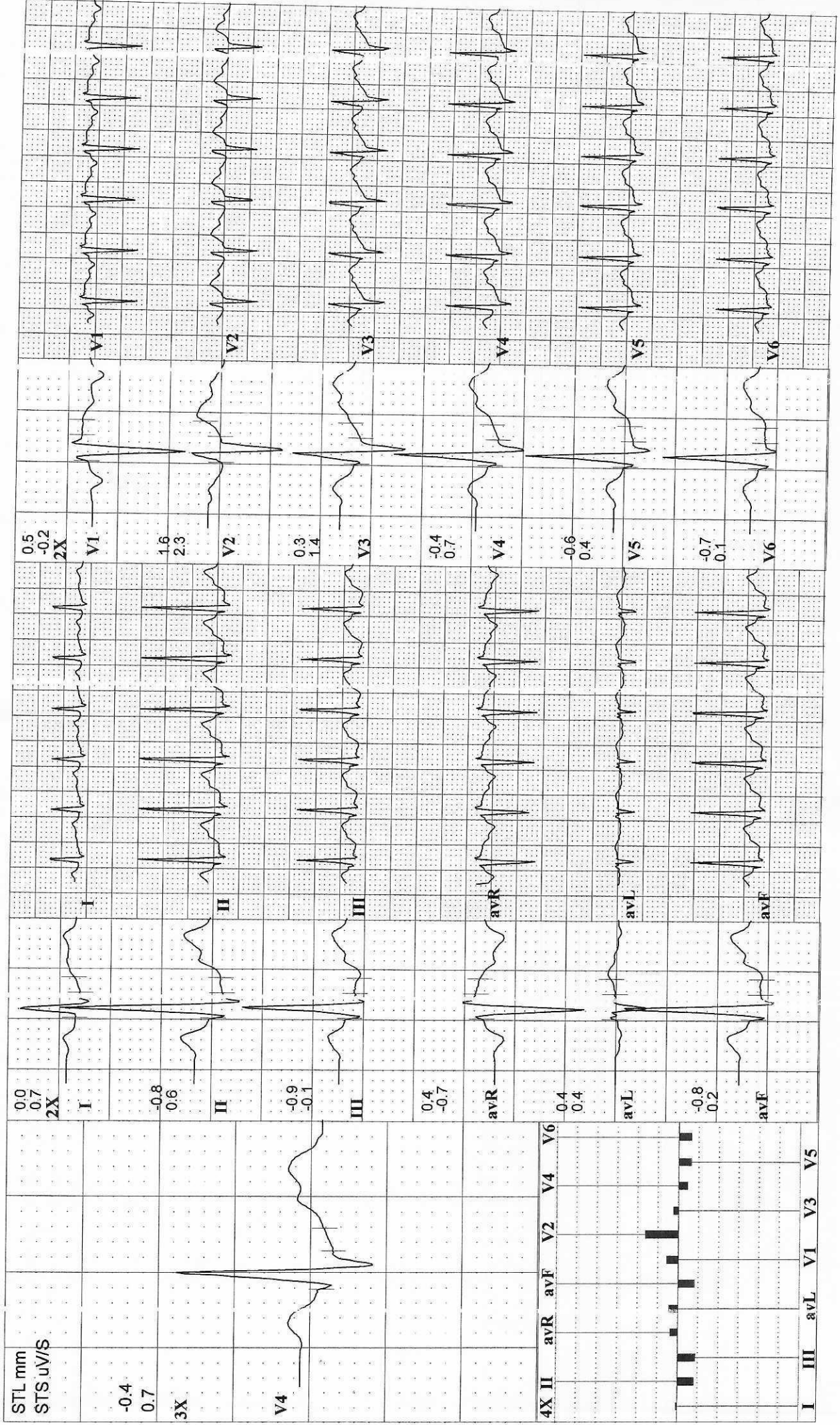


301 SUSHANT KHAIRNAR
 40 Yrs/ M 80 Kg / Ht-167 cms Ref.No.:
 Date: 11-04-2022 . Time: 11:11 AM

Speed: 2.5 mph Hr: 147 Target Hr: 81 % of 180 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
 Grade: 12 % Mets: 4.5 E. Time: 04:00 BLC: On Sweep: 25 mm/S
 Protocol: Bruce BP: 122/82 mmHg C. Irr Time: 04:03 NotchOn Medi: n Sweep: 25 mm/S

Linked Med ans
 S2

Post J: 60 mS



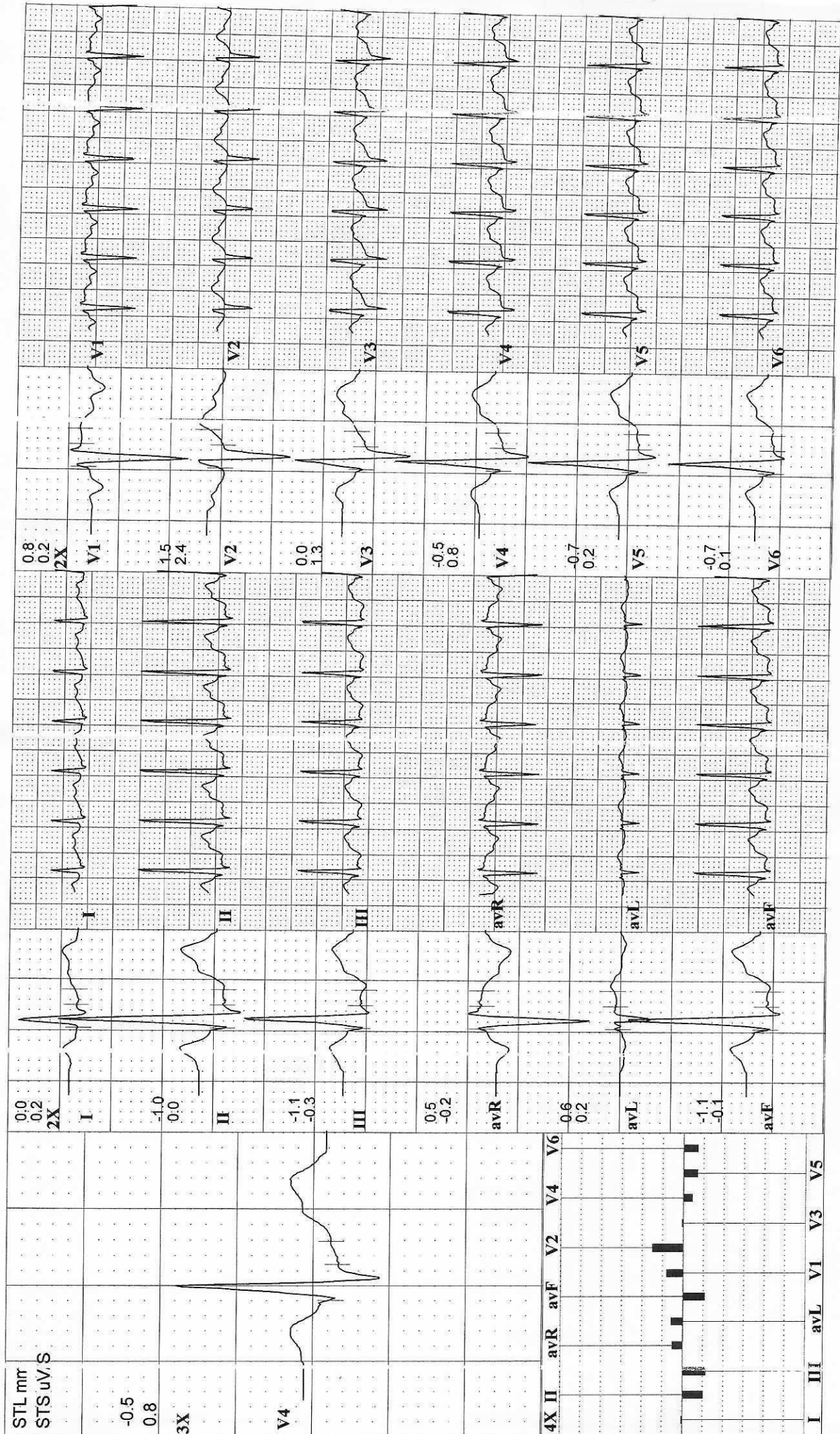
301
 40 Yrs/ M
 Date: 11-4-2024 Time: 11:11 AM
 Post J: 60 ms

SUSHANT KHAIARNAR
 80 Kg / Ht-167 cms
 Ref.No.:

Speed: 3.4 mph Hr: 155
 Grade: 14 % Mets: 4.7
 Protocol: Bruce BP: 124/84 mm-1g Curr Time: 04:23

Target Hr: 86 % of 180
 Filter: 0.1 - 100 Hz
 Gain: 10 mm/mV
 BLC: On
 NotchOn
 Sweep: 25 mm/S
 Median Sweep: 25 mm/S

Linked Medians
Peak E

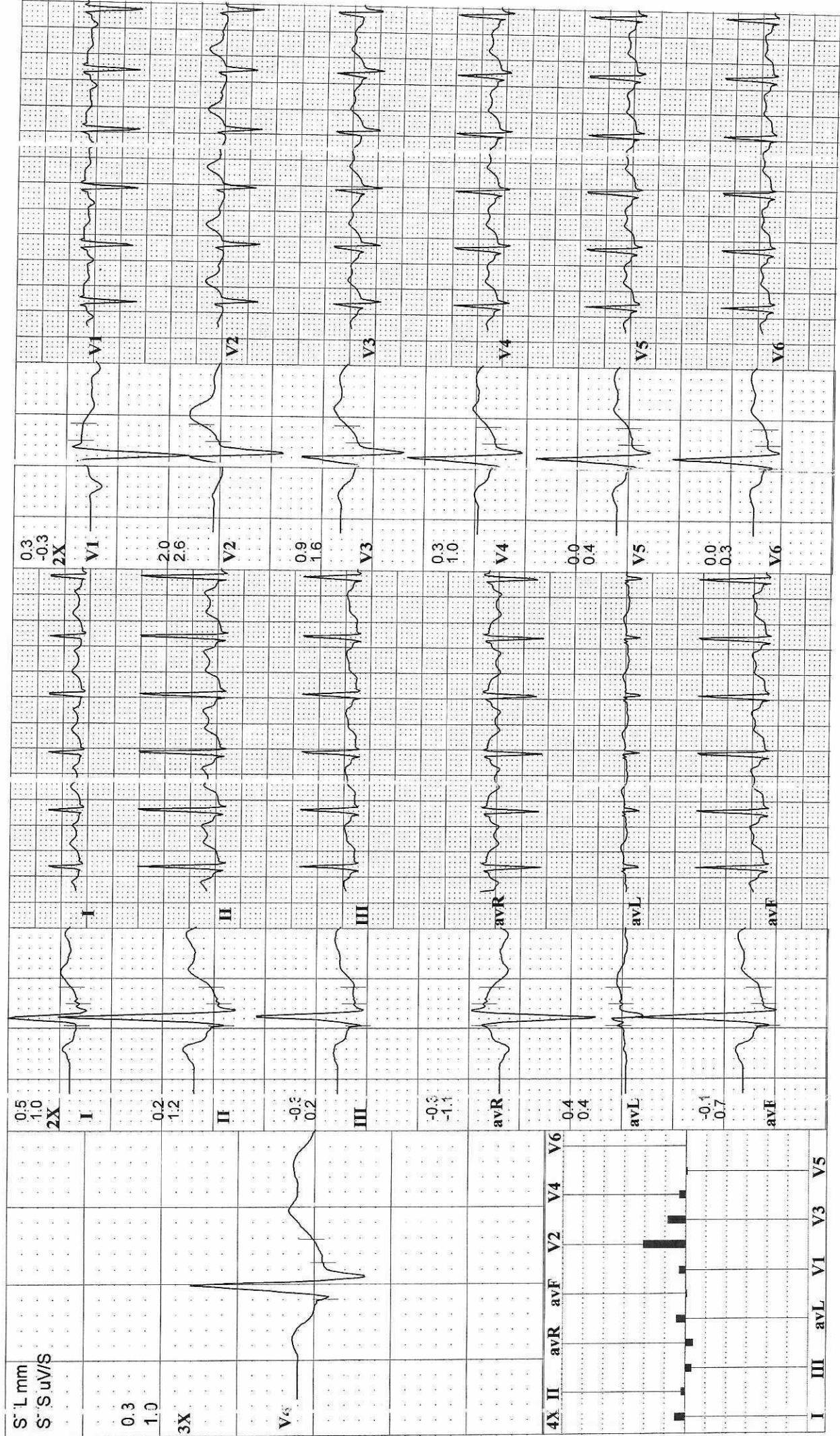


30. SUSHANT KHAIRNAR
 40 Yrs/M 80 Kg / Ht-167 cms Ref.No.:
 Date: 11-04-2024 Time: 11:11 AM

Pc st J: 63 mS

Speed: --- mph Hr: 131 Target Hr: 72 % of 180 Filter: 0.1 - 0.0 Hz Gain: 10 mm/mV
 Grade: --- % Mets: 1 Ex Time: 04:20 BLC: On Sweep: 25 mm/S
 Protocol: Bruce BP: 120/30 mmHg Curr Time: 05:23 Median Sweep: 25 mm/S

Linked Medians
 Post Ex 1



11-04-2024 10:20:38 AM

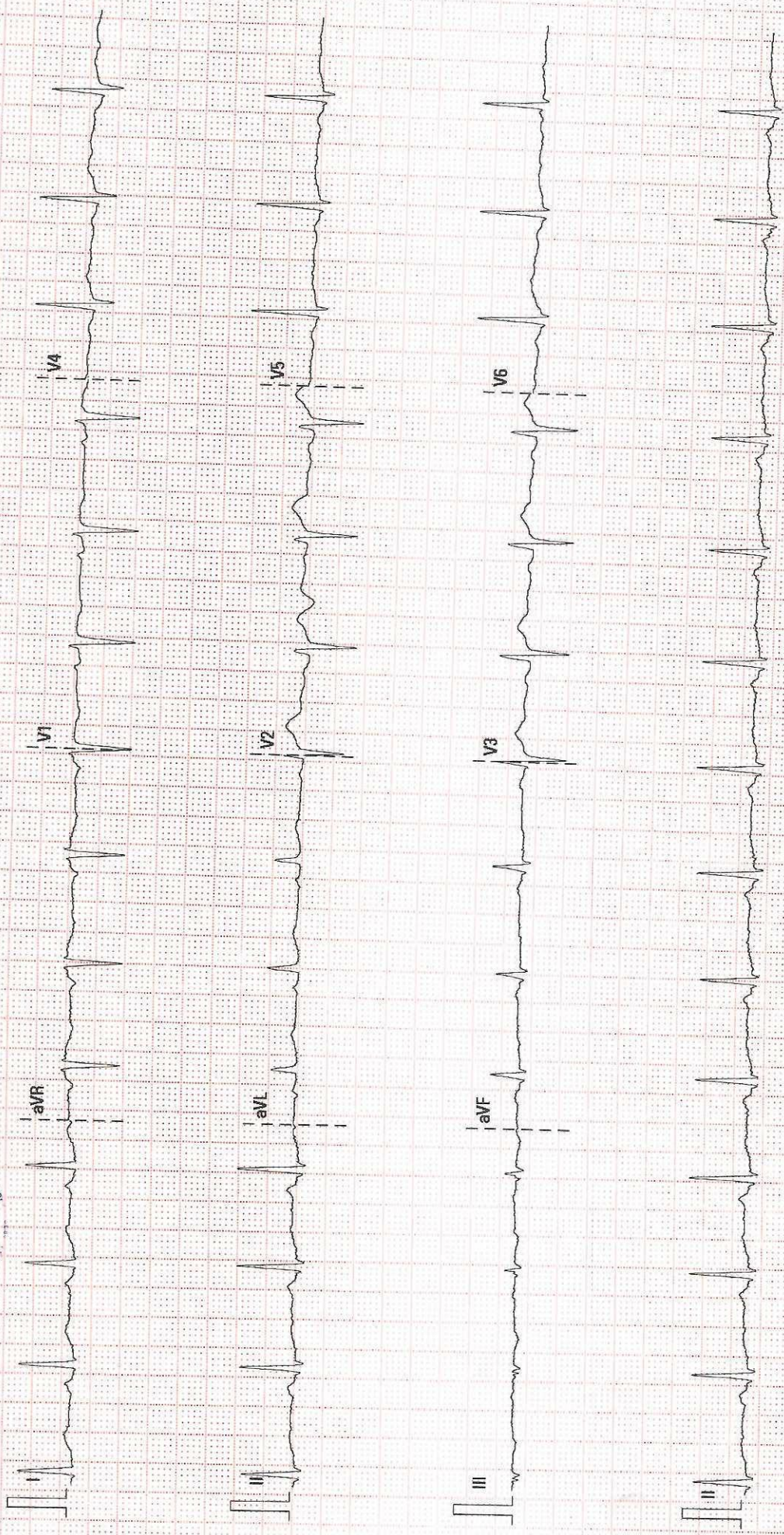
Name: Khamar, Sushant
Age: 40 Years
Gender: Male

Vent. Rate 83 bpm
PR Interval 152 ms
QRS Duration 96 ms
QT/QTc Interval 354/394 ms
P/QRS/T Axes 35/24/5 deg
QTc Hodges

Sinus rhythm
Inferior T wave abnormality is nonspecific
Borderline ECG

Unconfirmed Diagnosis

BP: 124/80
40405/m



25 mm/s 10 mm/mV 50 Hz BDR 35 Hz

MEDICOVER KLE PUNE

DZ:10.00VZ8.4.1

SN:FN-20056806