

R

NGASHI 32Y/F PT210814

CHEST PA 13 01 2024 10 21 AM

PATMX III 30 11 00 00

10 11 00 00



UHID	PT210814	LAB No.	XRY2311736
Name	Ms. NGAHSHI	Regn. No.	GEN2401565
Age / Sex	32 Yrs / F	Receiving Dt/Time	13-Apr-2024 10:19
		Reporting Dt/Time	13-Apr-2024 05:50 PM



XRAY

CHEST (PA)
 Both lung fields are normal.

Cp angles are clear.

Hila are normal...

Heart size appears within normal limits.

Soft tissue shadows and bony thorax are normal.

IMP- NORMAL CHEST X-RAY

Advised....please correlate clinically.

***** END OF REPORT *****

DR. K.K. SINHA
 M.B.B.S, D.M.R.D.
 SENIOR CONSULTANT
 Reg. No. 25437 (DMC)

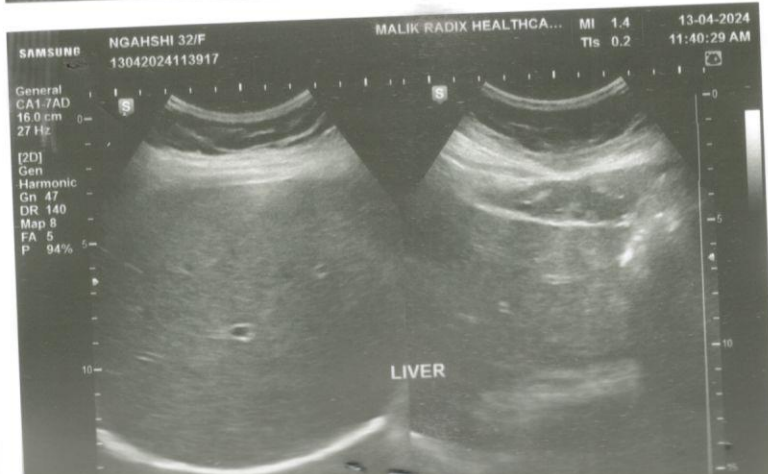
DR. RAJESH MALHOTRA
 MBBS, MD (RADIOLOGY)
 CONSULTANT RADIOLOGY
 Reg.No.DMC9299

DR. T. K VOHRA
 MD (RADIOLOGY)
 SENIOR CONSULTANT
 Reg. No. 3272 (DMC)

DR MUKESH KOSHAL
 MBBS, MD (RADIOLOGY)
 CONSULTANT RADIOLOGY
 Reg.No.DMC10407

DR SHREYASH TIWARY
 MBBS, MD (RADIOLOGY)
 CONSULTANT RADIOLOGY
 Reg.No.DMC85802

Facilities Available





NAME	MS NGAHSHI	AGE	32 Y/F
REFD. BY.	HEALTH CHECK UP	DATE	13.04.24

Ultrasound Examination of Whole Abdomen & Pelvis :

Liver: Liver shows normal parenchymal echotexture. No focal SOL is seen in liver. IHBR & portal radicles are normal.

Gallbladder: Gallbladder shows normal anechoic pattern . No evidence of cholecystitis or cholelithiasis is seen. Common bile duct is normal in course & caliber.

Pancreas: Pancreas shows normal size & echotexture.

Spleen: Spleen shows normal size, outline & echotexture.

Kidneys: Kidneys show normal size, shape, position & echotexture. No calculus, hydronephrosis or SOL is seen in kidneys. Cortico- medullary differentiation and cortical thickness is normal on both sides.

No supra- renal mass seen.

Great abdominal vessels are normal.

Domes of diaphragm are seen to move normally & synchronously in respiration. No supra- or infra diaphragmatic collection is seen.

No ascites or pericardial effusion seen.

No para aortic lymph nodes seen.

Urinary bladder: Urinary bladder shows normal anechoic pattern. No calculus, SOL or diverticulum seen.

Uterus: Uterus is anteverted and normal in size & echotexture. No intrinsic SOL is seen in uterus. Endometrial thickness is 8.5 mm.

Adnexa: Adnexal regions including the ovaries are sonographically normal.


Regards.

Dr Mukesh Koshal MD (Rad- diag)
Regn. No. DMC 10407

RADIOLOGIST :


Facilities Available

Ngaheli



ବରୋଡା ବ୍ୟାଙ୍କ
Bank of Beroda


ନାମ: Ngaheli
Name:

ଅନୁମତି ସଂଖ୍ୟା: 126337
E. C. No.



ସମ୍ପର୍କିତ ବ୍ୟକ୍ତିର ନାମ
Signature of Holder





Bank of Beroda Ltd.
 C-217, C-218, Market Area,
 Cuttack-751001
 Ph: 01-4253756, 01-61581679
 Regd. No. 607

MALIK RADIX HEALTHCARE PVT LTD

UNI-EMC-217/218 NIRMAN VIHAR VIKAS MARG

DELHI 110092

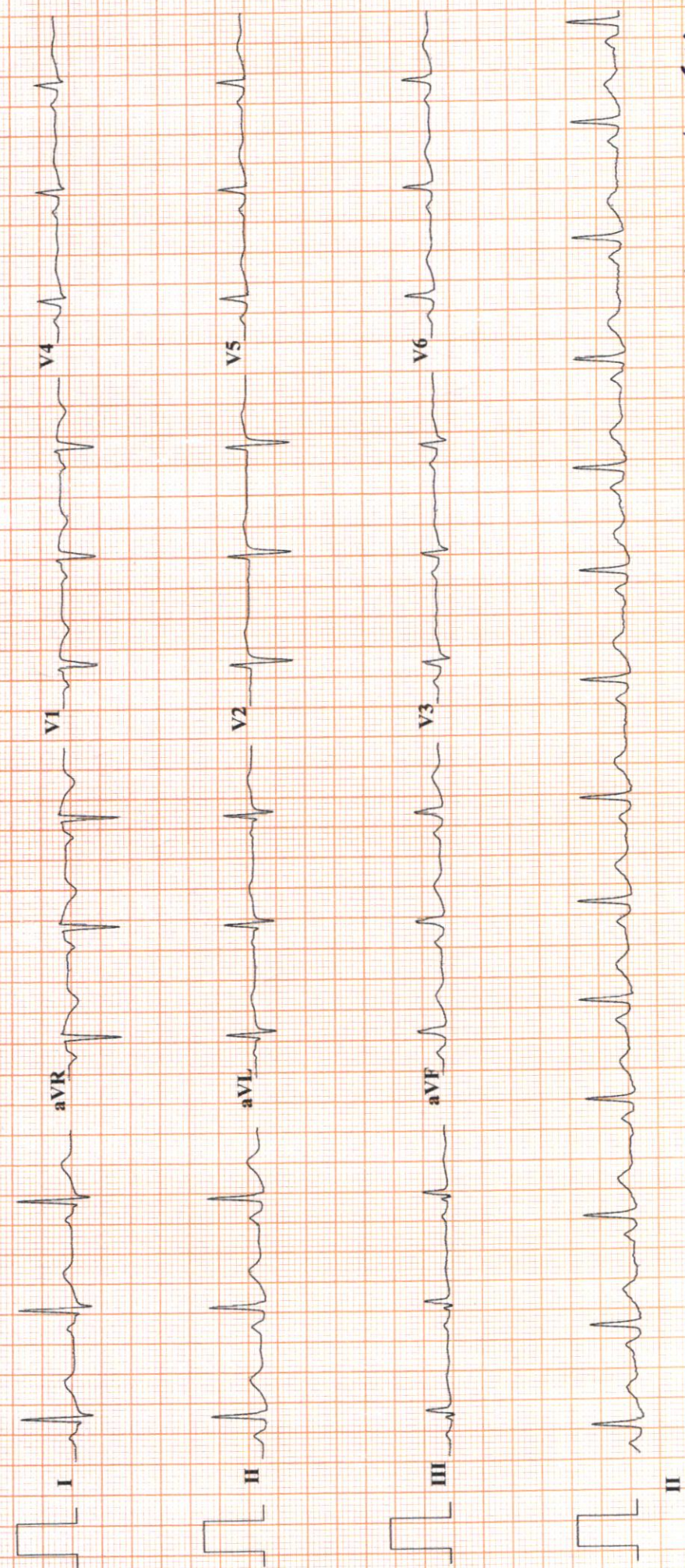
Linked Median

P Duration : 102 ms
PR Duration : 142 ms
QRS Duration : 82 ms
QT Interval : 350 ms
QTc Interval : 391 ms

RATE : 83 bpm
BP : N/A
P Axis : 54 deg.
QRS Axis : 52 deg.
T Axis : 45 deg.

Speed : 25 mm/s
Sensitivity : 10 mm/mV

NGAHSI
I.D. : 3156
AGE/SEX : 32 Yr/F
HT/WT : /
DATE : 13-04-2024 01:34:05 PM
REF BY : Dr.
MACHINE INTERPRETATION : Normal ECG.



Imp :- Normal ECG.

Dr. SHEIKH NAZIR AHMED
M.D. "Physician"
PGDCC

DMC-46499

RADIX MALIK HOSPITAL
RADIX MALIK HOSPITAL
NIRMAN VIHAR DELHI 110092

Dr. Sheikh Nazir Ahmed

TREADMILL TEST REPORT

NGAHSI
 ID : 2640
 DATE : 13-04-2024
 AGE/SEX : 32 / F
 HT/WT : 0 / 0
 REF. BY :

PROTOCOL : Bruce
 HISTORY :
 INDICATION :
 MEDICATION :

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					89	120 / 80	106	0.5	0.1	0.3	0.3
STANDING					89	120 / 80	106	0.5	0.2	0.3	0.3
HYPERVENT					90	120 / 80	108	0.6	0	0.5	0.5
Stage 1	2:55	0:7	2.7	10	127	124 / 80	157	0.2	-0.1	0.4	4.67
Stage 2	5:55	2:55	4	12	147	128 / 80	188	0.7	0	0.4	7.04
PK+EXERCISE	7:9	1:9	5.4	14	169	136 / 84	229	-0.2	0.2	0	8.21
RECOVERY	10:12	2:55			107	134 / 80	143	0.2	0.2	0.1	
RECOVERY	13:12	5:55			96	130 / 80	124	0.1	0.2	0.1	

RESULTS
 EXERCISE DURATION : 7:9
 MAX HEART RATE : 169 bpm 89 % of target heart rate 188 bpm
 MAX BLOOD PRESSURE : 136 / 84 mm Hg
 REASON OF TERMINATION : **THR Achieved.**
 BP RESPONSE : **None,**
 ARRHYTHMIA : **None,**
 H.R. RESPONSE : **None,**
IMPRESSIONS
TMT is negative for provokable myocardial ischemia.

MAX WORK LOAD : 8.21 METS

Dr. SHEIKH NAZIR AHMED
 M.D. "Physician"
 PGDCC
 DMC-46499

Technician :

RADIX MALIK HOSPITAL

ST @ 10mm/mV
80ms PostJ

NGAISHI

I.D. 2640

Age 32/F

Date 13-04-2024

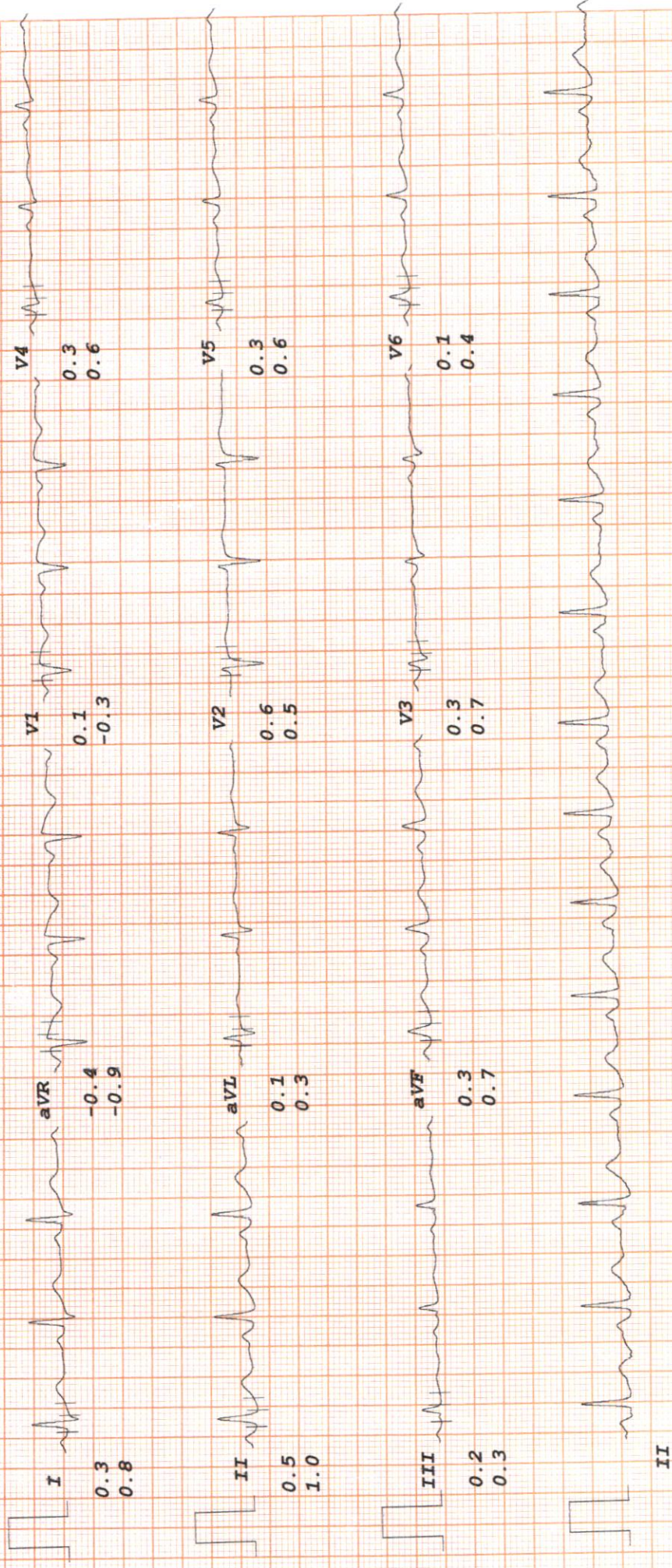
RATE 89bpm

B.P. 120/80

PRETEST

SUPINE

LINKED MEDIAN



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NGAHSI

I.D. 2640

Age 32/F

Date 13-04-2024

RATE 89bpm

B.P. 120/80

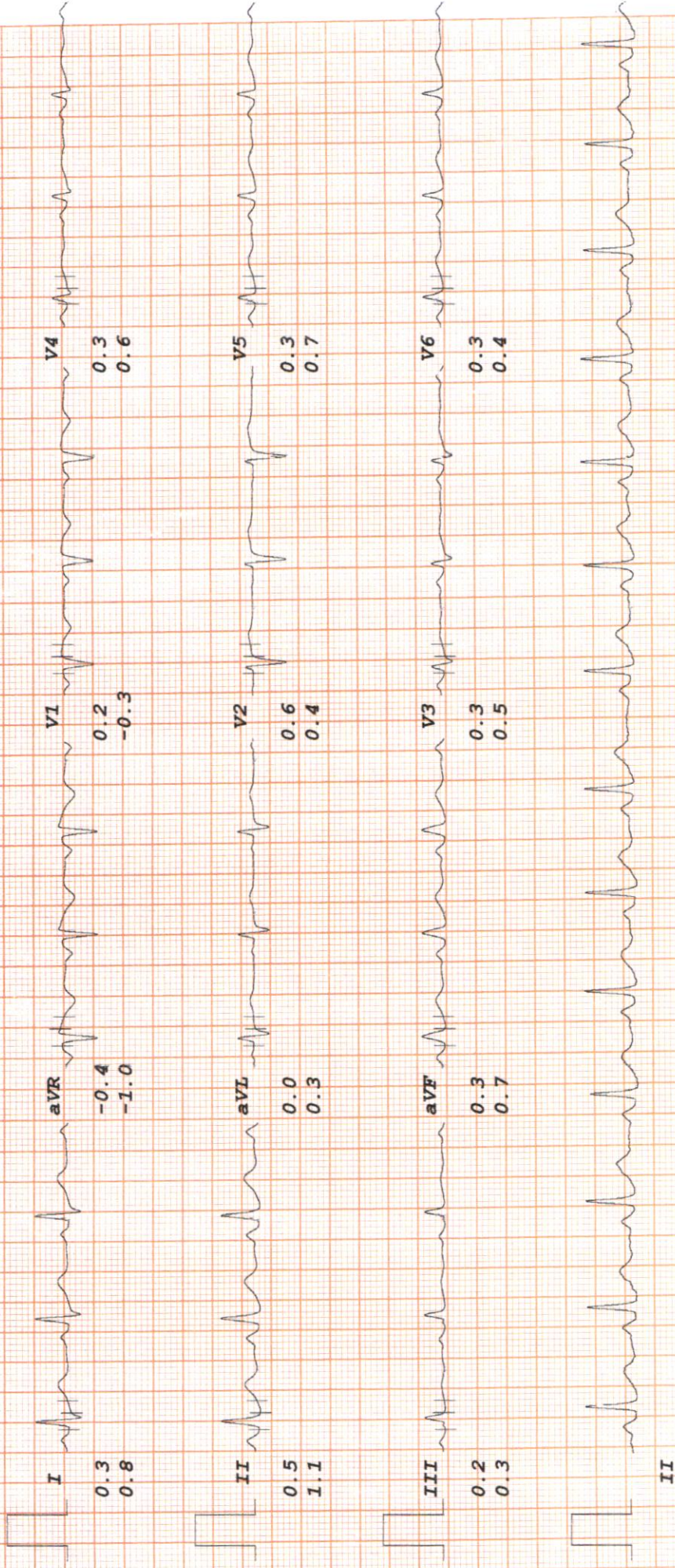
PRETEST

STANDING

ST @ 10mm/mV

80ms PostJ

LINKED MEDIAN



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NGAHSI

I.D. 2640

Age 32/F

Date 13-04-2024

RATE 90bpm

B.P. 120/80

PRETEST

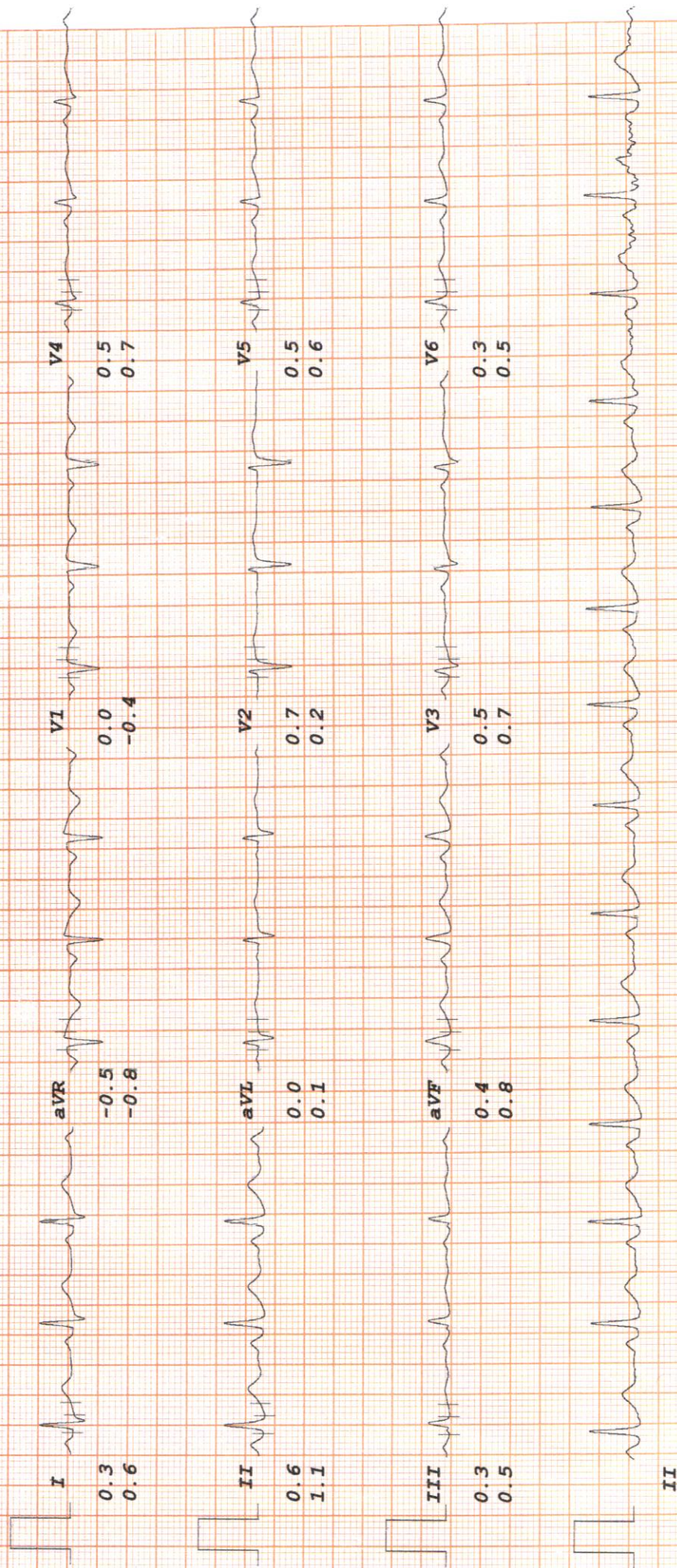
HYPERVENT

PHASE TIME 0:07

ST @ 10mm/mV

80ms PostJ

LINKED MEDIAN



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NGAHSHI

I.D. 2640

Age 32/F

Date 13-04-2024

RATE 127bpm

B.P. 124/80

Bruce

Stage 1

TOTAL TIME 2:55

PHASE TIME 2:55

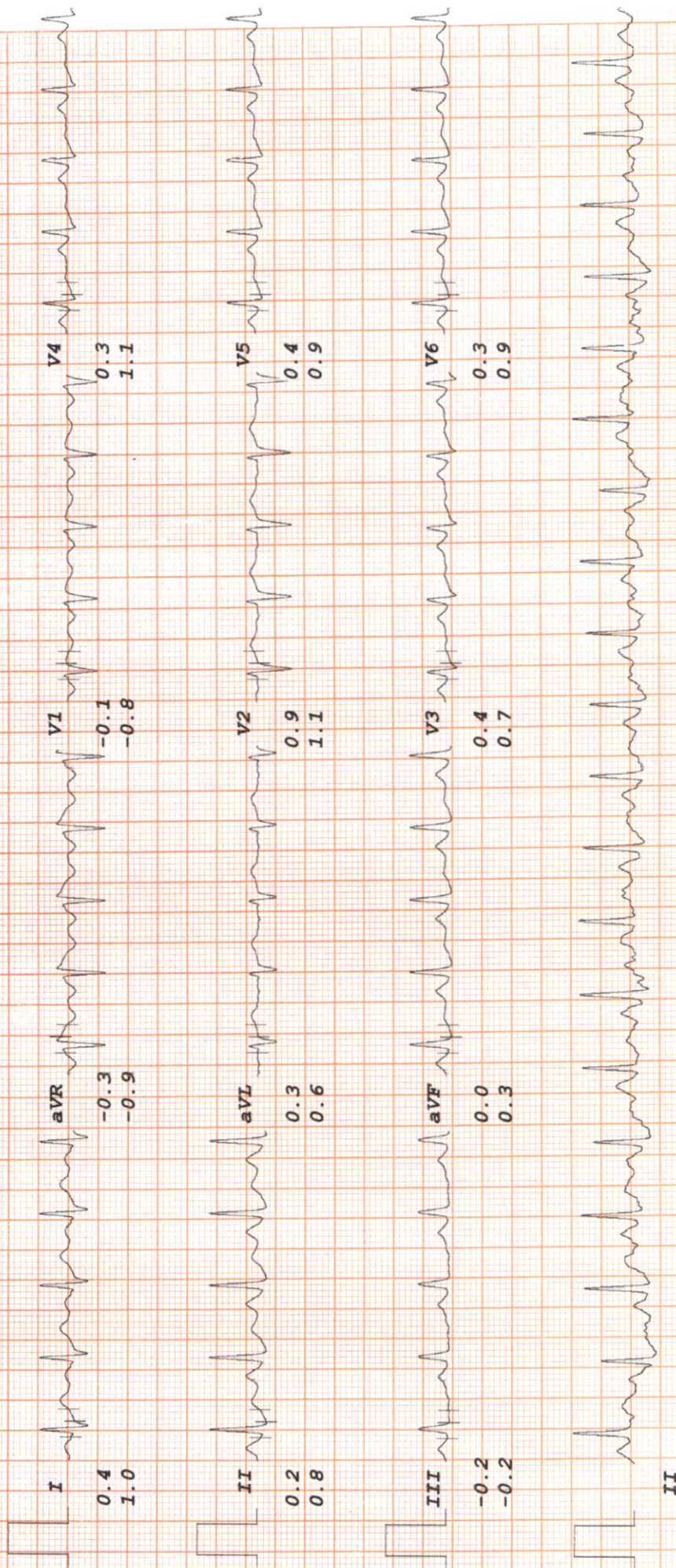
ST @ 10mm/mV

80ms PostJ

Speed 2.7 km/hr

SLOPE 10 %

LINKED MEDIAN



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NGAHSI

I.D. 2640
Age 32/F
Date 13-04-2024

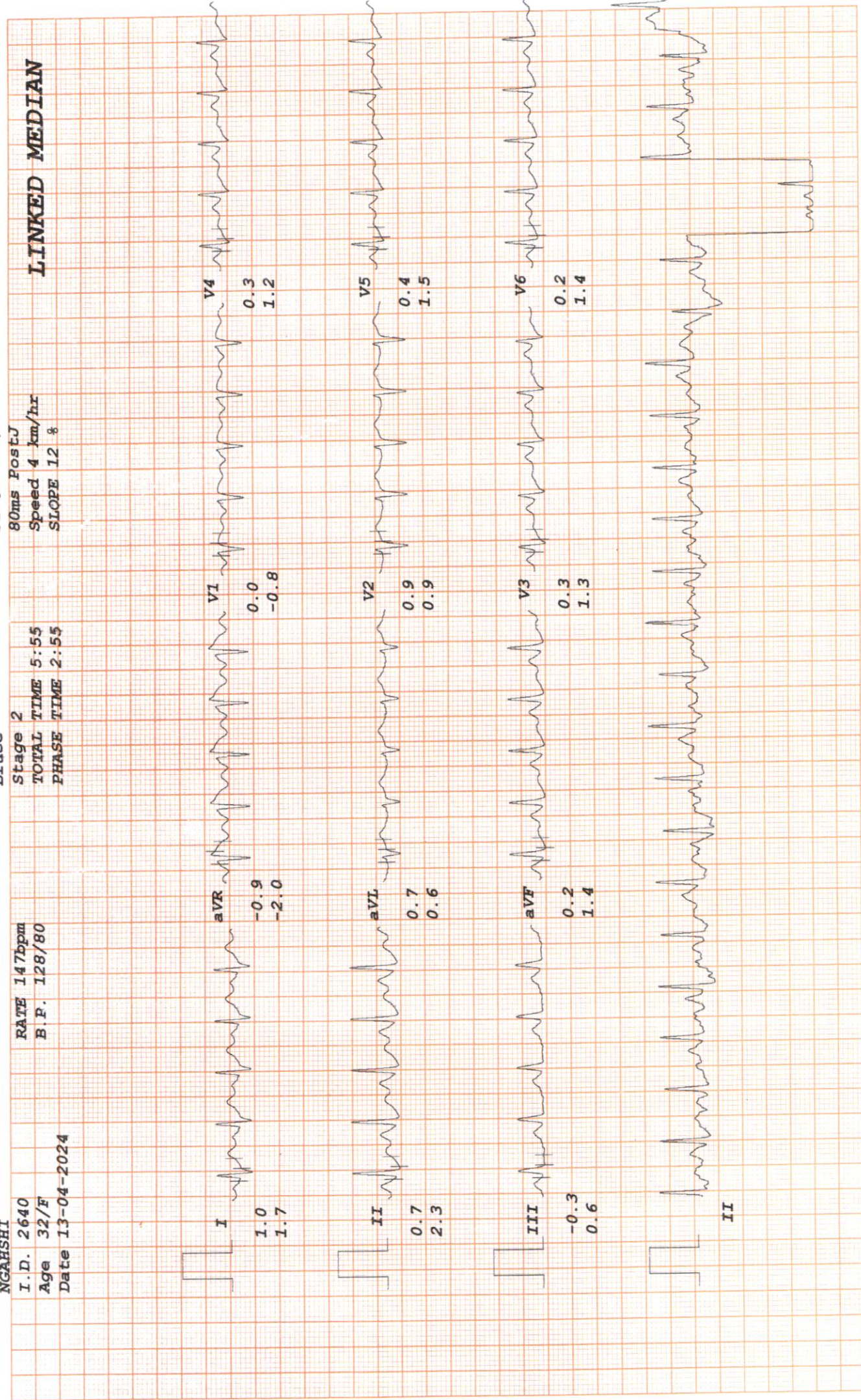
ST @ 10mm/mV

Bruce

RATE 147bpm
B.P. 128/80

Stage 2
TOTAL TIME 5:55
PHASE TIME 2:55

LINKED MEDIAN



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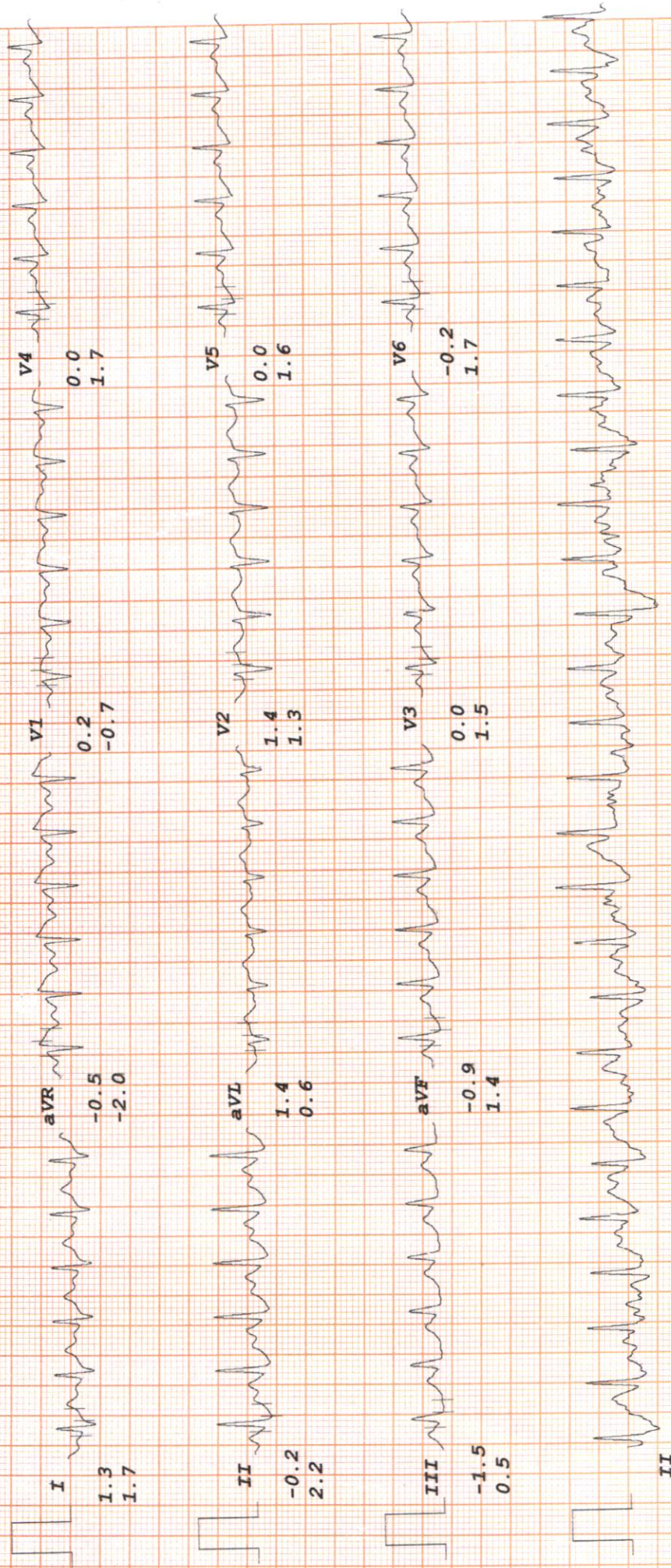
ST @ 10mm/mV
80ms PostJ

NGAHSI
I.D. 2640
Age 32/F
Date 13-04-2024

RATE 169bpm
B.P. 136/84

Bruce
PK-EXERCISE
TOTAL TIME 7:09
PHASE TIME 1:09

LINKED MEDIAN



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ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

NGAISHI

I.D. 2640

Age 32/F

Date 13-04-2024

RATE 107bpm

B.P. 134/80

TOTAL TIME 10:12

PHASE TIME 2:55

Bruce

RECOVERY

I
0.3
1.2

aVR
-0.3
-1.3

II
0.2
1.3

aVL
0.2
0.5

III
-0.1
0.1

aVF
0.0
0.7

V4
0.3
0.7

V5
0.1
0.6

V6
0.1
0.8

V1
0.2
-0.5

V2
0.8
0.3

V3
0.2
0.9

II

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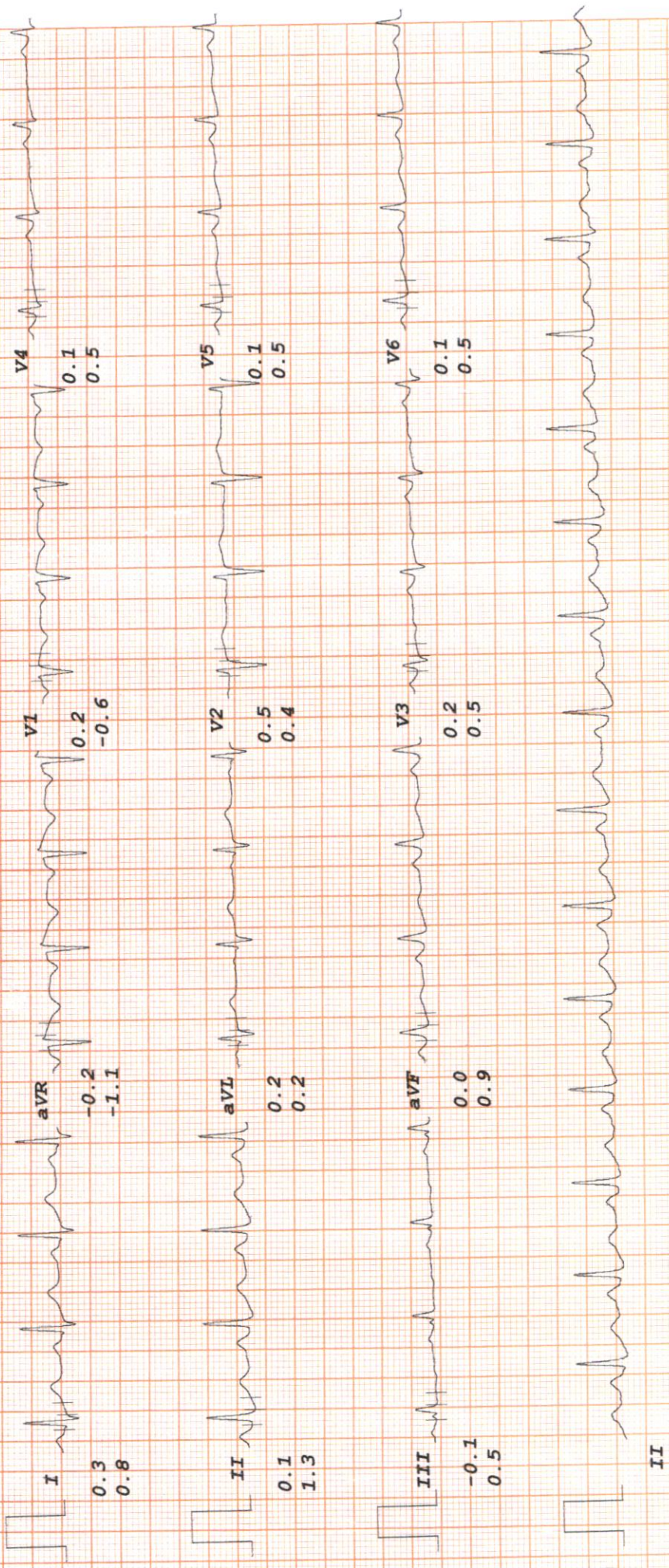
ST @ 10mm/mV
80ms PostJ

NGAHSHI
I.D. 2640
Age 32/F
Date 13-04-2024

RATE 96bpm
B.P. 130/80

RECOVERY
TOTAL TIME 13:12
PHASE TIME 5:55

LINKED MEDIAN



BMI, Eye, Dental

RADIX
HEALTH
care



Malik Radix Healthcare

C/217, C/218, Vikas Marg, Nirman Vihar, New Delhi-110092
A Unit of Malik Radix Healthcare
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Whatsapp No. - 9811550650
E-mail: info@radixhealthcare.org
Website: www.radixhealthcare.org



ANNUAL HEALTH CHECK UP

NAME: Ngahshi

AGE/GENDER: 32yo / F

DATE 13/04/24

Vay 6/18 ~~ET~~
6/18 ~~ET~~

RS (R) - 4.00D - 1.00D x 180

(U) - 4.00E - 1.00D x 180

Cap Berfanga (∞)

Hypertension → → → (RS)

Dr. Nidhi Gupta
MBBS, MS, DNB
Casualtant Ophthalmologist
Malik Radix Healthcare Pvt. Ltd.
DMC No. 121661

Facilities Available

- Multispeciality Hospital - 24 Hours Emergency - X-Ray/ ECG/ Ultrasound/ CT Scan - Dental- Fully Equipped Operation Theatre
- Fully Functional Lab - 24/7 Casualty/ ICU-Nursery 24/7 Pharmacy - Labour Room - All Speciality OPD - Laproscopic Surgery - ECHO - Plastic Surgery



LAB REPORT

Reg. Date	13/04/2024	Patient Id	2404130004	DOB.	
Name	MS. NGAHSHI	Gender	F	Perm. ID	
Age	32 Yrs.	Panel	MEDIWHEEL	Reported	13/04/2024 17:26:53
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
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MEDIWHEEL ANNUAL PLUS CHECK

HAEMATOLOGY

COMPLETE HAEMOGRAM

HAEMOGLOBIN (HB%)	14.1	gm/dl	12 - 15
TOTAL LEUCOCYTE COUNT (TLC)	6,000	/cumm	4000 - 11000

DIFFERENTIAL LEUCOCYTE COUNT (DLC)

NEUTROPHIL	55	%	40 - 80
LYMPHOCYTE	37	%	28 - 55
MONOCYTE	05	%	02 - 10
EOSINOPHIL	03	%	01 - 06
BASOPHIL	00	%	0 - 0
ESR (WESTEGREN'S METHOD)	10	mm/1st hr.	0 - 15
R B C COUNT	4.85	Millions/cmm	4.247 - 5.4
P.C.V / HAEMATOCRIT	42.3	%	35 - 45
M C V	87.2	fl.	80 - 100
M C H	29.1	Picogram	27.0 - 31.0
M C H C	33.3	gm/dl	33 - 37
PLATELET COUNT	2.46	Lakh/cu mm	1.50 - 4.50
BLOOD GROUP ABO	" A "		
RH TYPING	Positive		
BLOOD SUGAR FASTING	100.90	mg/dl	70 - 100
BLOOD SUGAR PP	104.32	mg/dl	90 - 140

THYROID PROFILE

Free T3 ELFA	2.97	ng/ml	02 - 04
Free T4 ELFA	1.08	ug/dl	0.8 - 2.7

Checked by : _____
Page 1 Contd...2

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

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LAB REPORT

Reg. Date	13/04/2024	Patient Id	2404130004	DOB.	
Name	MS. NGAHSHI	Gender	F	Perm. ID	
Age	32 Yrs.	Panel	MEDIWHEEL	Reported	13/04/2024 17:26:53
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
TSH Serum/ELFA	3.180	uIU/ml	0.25 - 5.50 uIU/ml

Interpretation

Clinical Use

- Diagnose Hypothyroidism and Hyperthyroidism
- Monitor T4 replacement or T4 suppressive Therapy
- Quantify TSH levels in the subnormal range

Increased Levels : Primary Hypothyroidism Subclinical Hypothyroidism, TSH dependent, Thyroid Hormone Resistance.

Decreased Levels : Grave's Disease, Autonomous Thyroid Hormone Secretion, TSH Deficiency

LIPID PROFILE

TOTAL CHOLESTEROL	190.00	mg/dL	130.0 - 200.0 (<200)
TRIGLYCERIDES	100.70	mg/dL	80.5 - 150.0 (<150)
H D L CHOLESTEROL DIRECT	48.54	mg/dL	42.0 - 60.0 (<40->59)
V L D L	20.1	mg/dL	4.0 - 30. (23-45)
L D L CHOLESTEROL	121.4	mg/dL	50.0 - 150.0 (50-150)
TOTAL CHOLESTEROL / HDL RATIO	3.9		3.3 - 5.1
LDL / HDL CHOLESTEROL RATIO	2.5		1.5 - 3.5

LIVER FUNCTION TEST (LFT)

BILIRUBIN TOTAL	1.21	mg/dl	0.2 - 1.2
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Checked by : _____
Page 2 Contd...3

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

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LAB REPORT

Reg. Date	13/04/2024	Patient Id	2404130004	DOB.	
Name	MS. NGAHSHI	Gender	F	Perm. ID	
Age	32 Yrs.	Panel	MEDIWHEEL	Reported	13/04/2024 17:26:53
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
CONJUGATED (D. BILIRUBIN)	0.23	mg/dl	0.00 - 0.3
UNCONJUGATED (I.D.BILIRUBIN)	0.98	mg/dl	0.2 - 0.9
SGOT / AST	21.60	IU/L	0 - 35
SGPT / ALT	19.4	IU/L	0 - 35
ALKALINE PHOSPHATASE	68.70	U/L	64 - 306
TOTAL PROTEIN	8.29	gm/dl	6.0 - 8.3
ALBUMIN	4.47	gm/dl	3.2 - 5.0
GLOBULIN	3.82	gm/dl	2.5 - 5.6
A/G RATIO	1.17		0.9 - 2.0
GAMMA GT	20.10	IU/L	0.0 - 35.0
SERUM CREATININE	0.60	mg/dl	0.6 - 1.2
SERUM URIC ACID	6.12	mg/dl	2.4 - 6.0
BLOOD UREA NITROGEN (BUN)	9.21	mg/dl	6.0 - 21.0
BUN/CREAT RATIO	15.3	mg/dl	10 - 20
Urine Routine Examination			

PHYSICAL EXAMINATION

QUANTITY	30	ml.	
COLOUR	Pale Yellow		Pale Yellow
TRANSPARENCY	Clear		
SPECIFIC GRAVITY	1.025		
PH	6.0		

CHEMICAL EXAMINATION

ALBUMIN	Nil
SUGAR	Nil

MICROSCOPIC EXAMINATION

PUS CELLS	1-2	/HPF
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Checked by : _____
Page 3 Contd...4

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

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LAB REPORT

Reg. Date	13/04/2024	Patient Id	2404130004	DOB.	
Name	MS. NGAHSHI	Gender	F	Perm. ID	
Age	32 Yrs.	Panel	MEDIWHEEL	Reported	13/04/2024 17:26:53
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
RBC'S	Nil	/HPF	
CASTS	Nil		
CRYSTALS	NIL		
EPITHELIAL CELLS	1-2	/HPF	
BACTERIA	Nil		
OTHERS	Nil		

Dr. Meenu Aggarwal
DR. MEENU AGGARWAL
 M.B.B.S, MD (Path.)
 Checked by
 Malik Radix Healthcare Pvt. Ltd.
 Page 4 of 4
 C-217, C-218, Nirman Vihar,
 Delhi-92

DR. MEENU AGGARWAL
 M.B.B.S, MD (Path.)

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

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- Fully Functional Lab - 24/7 Casualty/ ICU-Nursery 24/7 Pharmacy - Labour Room - All Speciality OPD - Laproscopic Surgery - ECHO - Plastic Surgery

Patient Name : Ms NGAHSHI
 DOB/Age/Gender : 32 Y/Female
 Patient ID / UHID : 7927068/OF7927068
 Referred By : Dr. DR. SELF
 Sample Type : Whole blood EDTA
 Sample Collected : Apr 13, 2024, 01:51 PM
 Report Date : Apr 13, 2024, 05:55 PM
 Barcode No : HY457789
 Report Status : Final Report



Test Description	Value(s)	Unit(s)	Reference Range
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HbA1C (Glycosylated Haemoglobin)

Glycosylated Hemoglobin (HbA1c) HPLC	5.2	%	< 5.7
Estimated Average Glucose	102.54	mg/dL	Refer Table Below

Interpretation:

Interpretation For HbA1c% As per American Diabetes Association (ADA)

Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate

Comments :

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)	HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126	12	298
8	183	14	355
10	240	16	413

*** End Of Report ***

Sohini Sengupta

Dr. Sohini Sengupta
 MD (Cl Biochemistry), DNB,
 FNB (Lab Medicine)
 Medical Laboratory Director
 HOD (Biochemistry & Special Assays)



Booking Centre :- Malik Radix Healthcare (Delhi), C-218, Nirman Vihar, Vikas Marg

Processing Lab :- Redcliffe Lifetech Pvt. Ltd, H-55 Sector-63, Noida, Uttar Pradesh, 201301

All Lab results are subject to clinical interpretation by qualified medical professional and this report is not subject to use for any medico-legal purpose.