



870 / DEBASIS BARIK / 35 Yrs / M / 165 Cms / 132 Kg Date: 27-Apr-2024 Refd By : MEDI-WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:21	0:21	00.0	00.0	01.0	088	48 %	130/82	114	00	
Standing	00:37	0:16	00.0	00.0	01.0	096	52 %	130/82	124	00	
HV	00:55	0:18	00.0	00.0	01.0	098	53 %	130/82	127	00	
ExStart	01:12	0:17	00.0	00.0	01.0	100	54 %	130/82	130	00	
BRUCE Stage 1	04:12	3:00	01.7	10.0	04.7	144	78 %	131/83	188	00	
BRUCE Stage 2	07:12	3:00	02.5	12.0	07.1	158	85 %	133/84	210	00	
PeakEx	09:05	1:53	03.4	14.0	09.1	171	92 %	134/84	229	00	
Recovery	09:35	0:30	01.1	00.0	04.2	169	91 %	134/84	226	00	
Recovery	10:05	1:00	01.1	00.0	01.2	159	86 %	134/83	213	00	
Recovery	12:05	3:00	00.0	00.0	01.0	117	63 %	133/83	155	00	
Recovery	14:10	5:05	00.0	00.0	01.0	108	58 %	133/82	143	00	

FINDINGS :

Exercise Time : 07:53
 Initial HR (ExStrt) : 100 bpm 54% of Target 185
 Initial BP (ExStrt) : 130/82
 Max WorkLoad Attained : 9.1 Good response to induced stress
 Test End Reasons : Test Complete
 Max HR Attained : 171 bpm 92% of Target 185
 Max BP Attained : 134/84

REPORT :



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

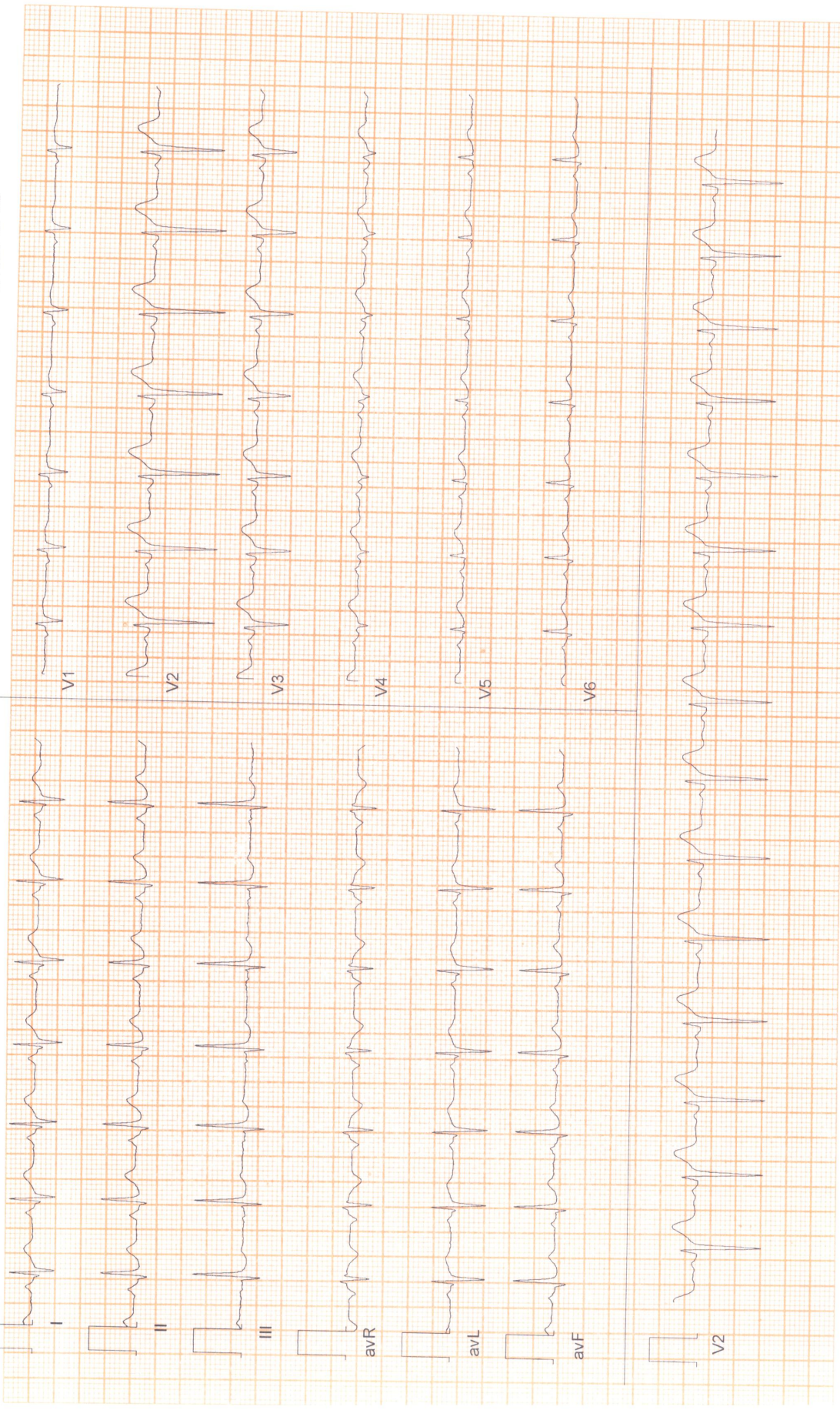
870 / DEBASIS BARIK / 35 Yrs / Male / 165 Cm / 132 Kg

6 x 2 + Rhythm
BRUCE:Supine(0:21)



Date: 27-04-2024 01:48:16 PM METs : 1.0 HR : 88 Target HR : 48% of 185 BP : 130/82

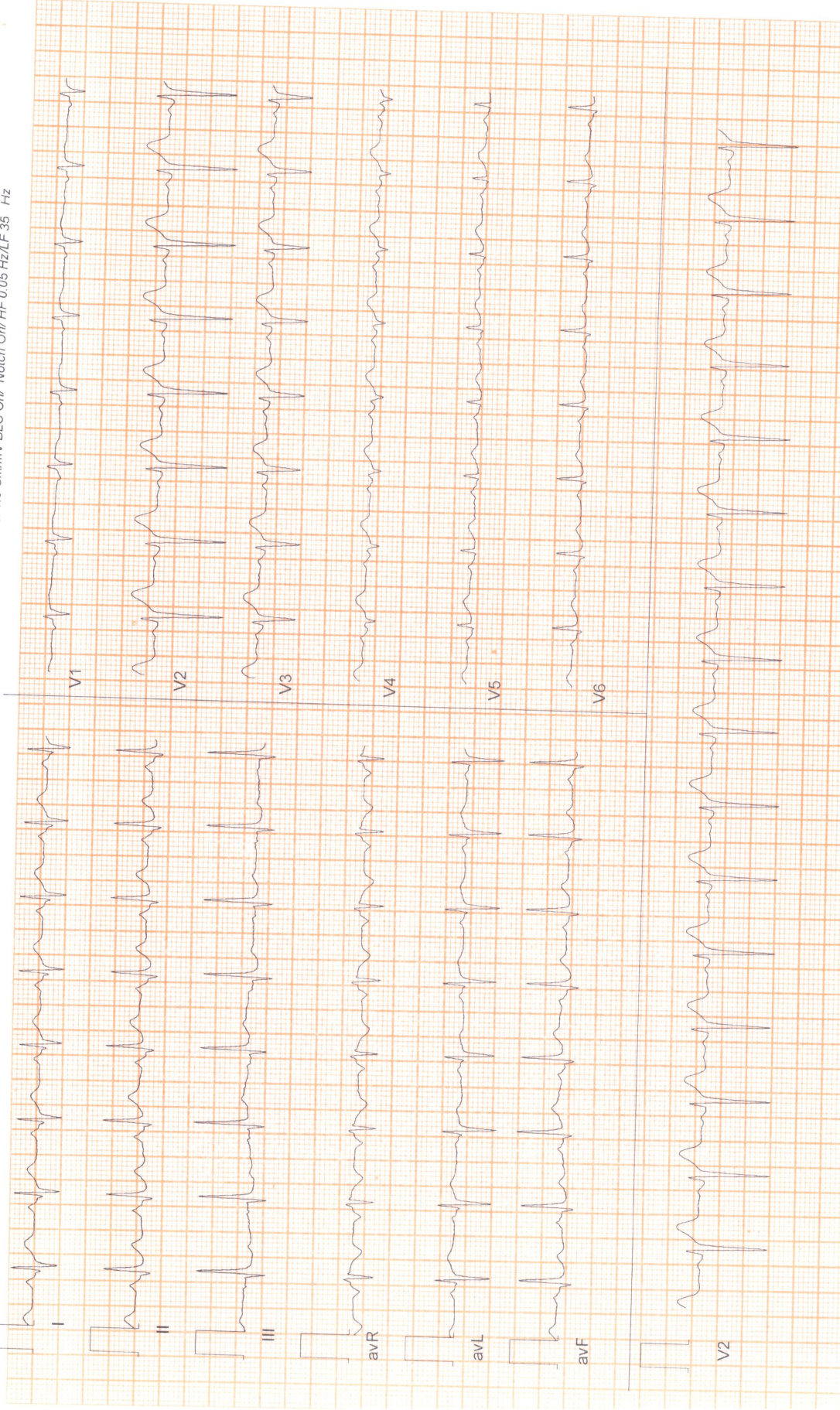
ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 27 - 04 - 2024 01:48:16 PM METs : 1.0 HR : 96 Target HR : 52% of 185 BP : 130/82

Ex Time : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



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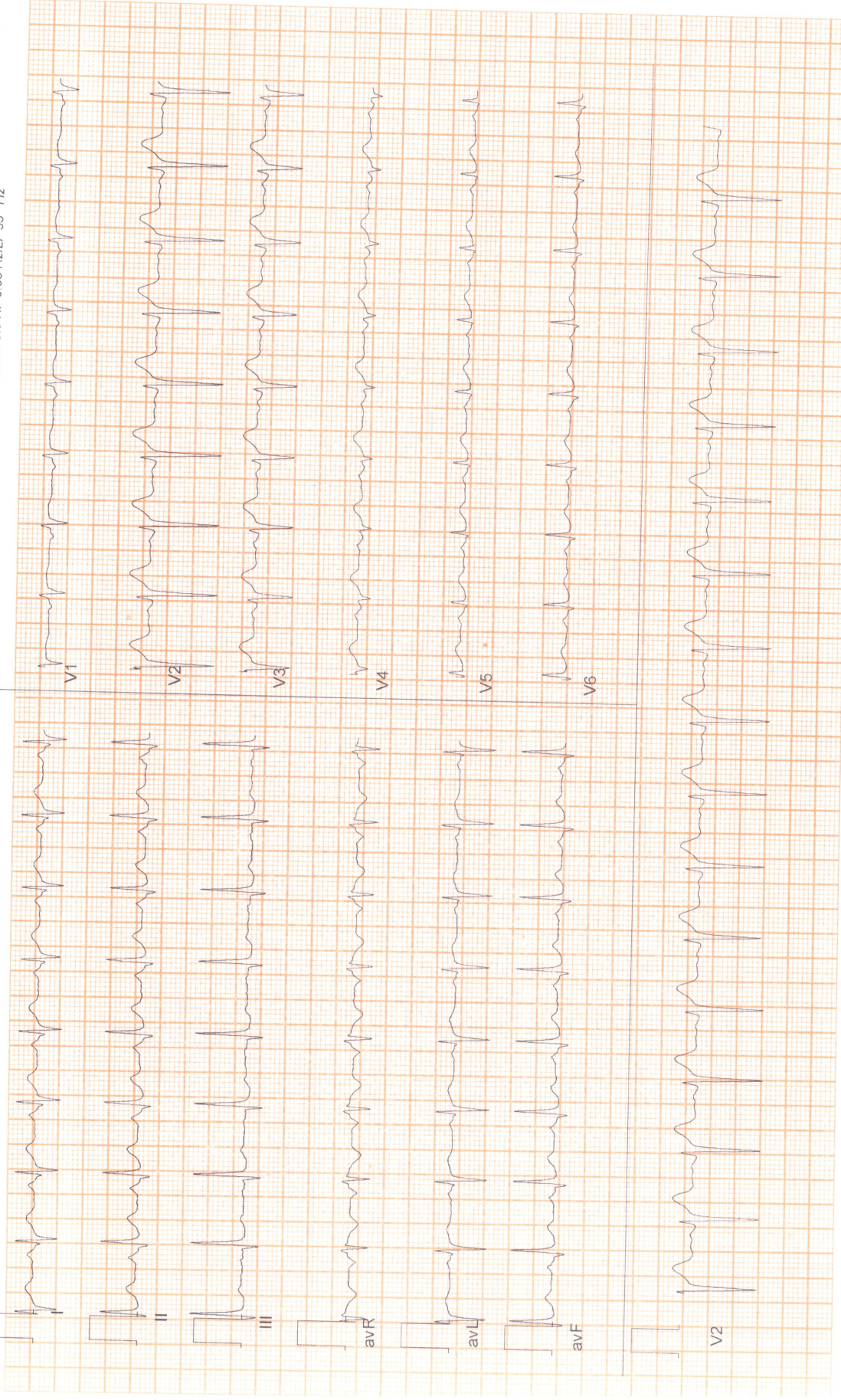
870 / DEBASIS BARIK / 35 Yrs / Male / 165 Cm / 132 Kg

6 x 2 + Rhythm
BRUCE:HV(0.18)



Date: 27-04-2024 01:48:16 PM METs : 1.0 HR : 98 Target HR : 53% of 165 BP : 130/82

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



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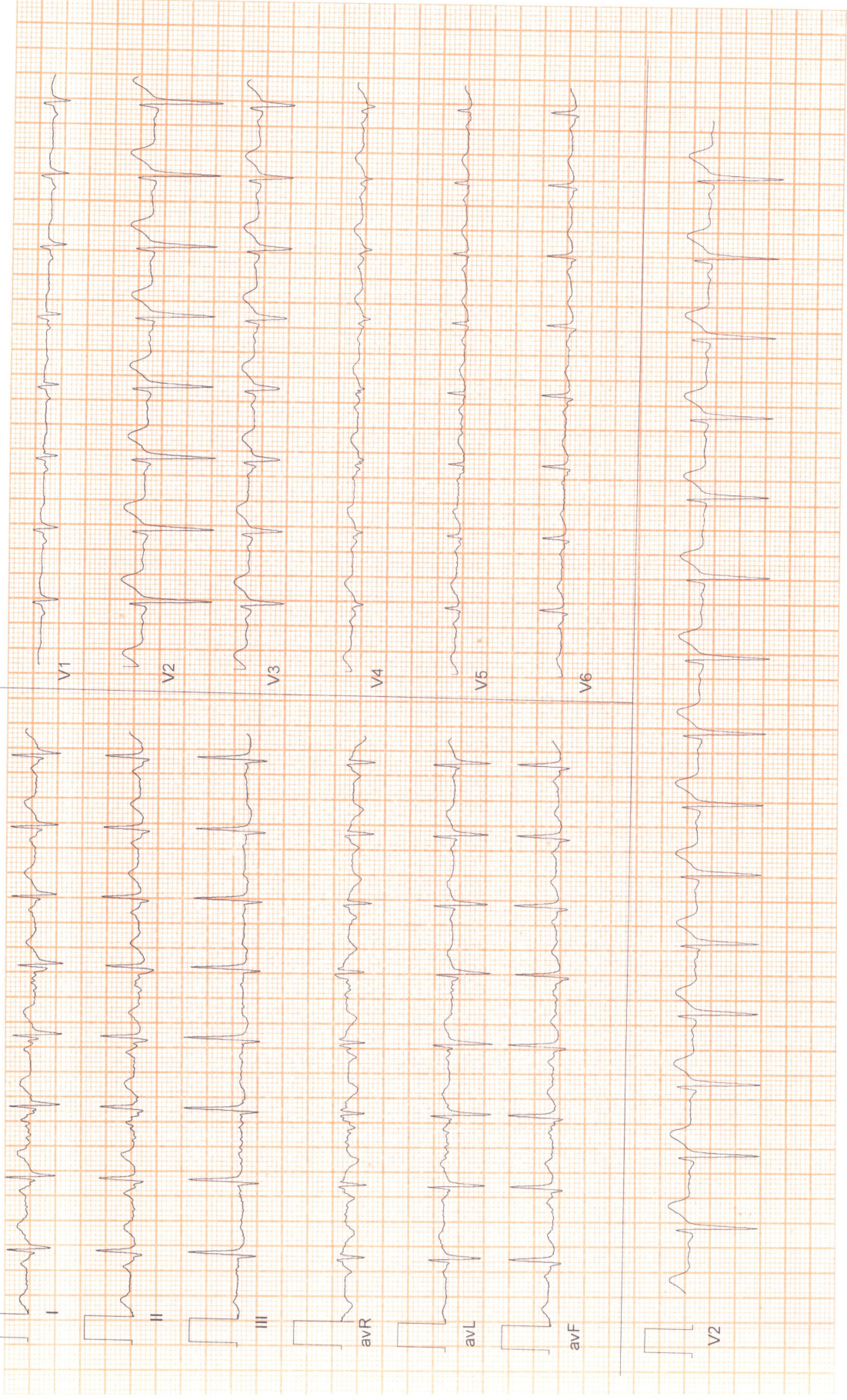
870 / DEBASIS BARIK / 35 Yrs / Male / 165 Cm / 132 Kg

6 x 2 + Rhythm
ExStart



Date: 27-04-2024 01:48:16 PM METs: 1.0 HR: 100 Target HR: 54% of 185 BP: 130/82

ExTime: 00:00 0.0 mph 0.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



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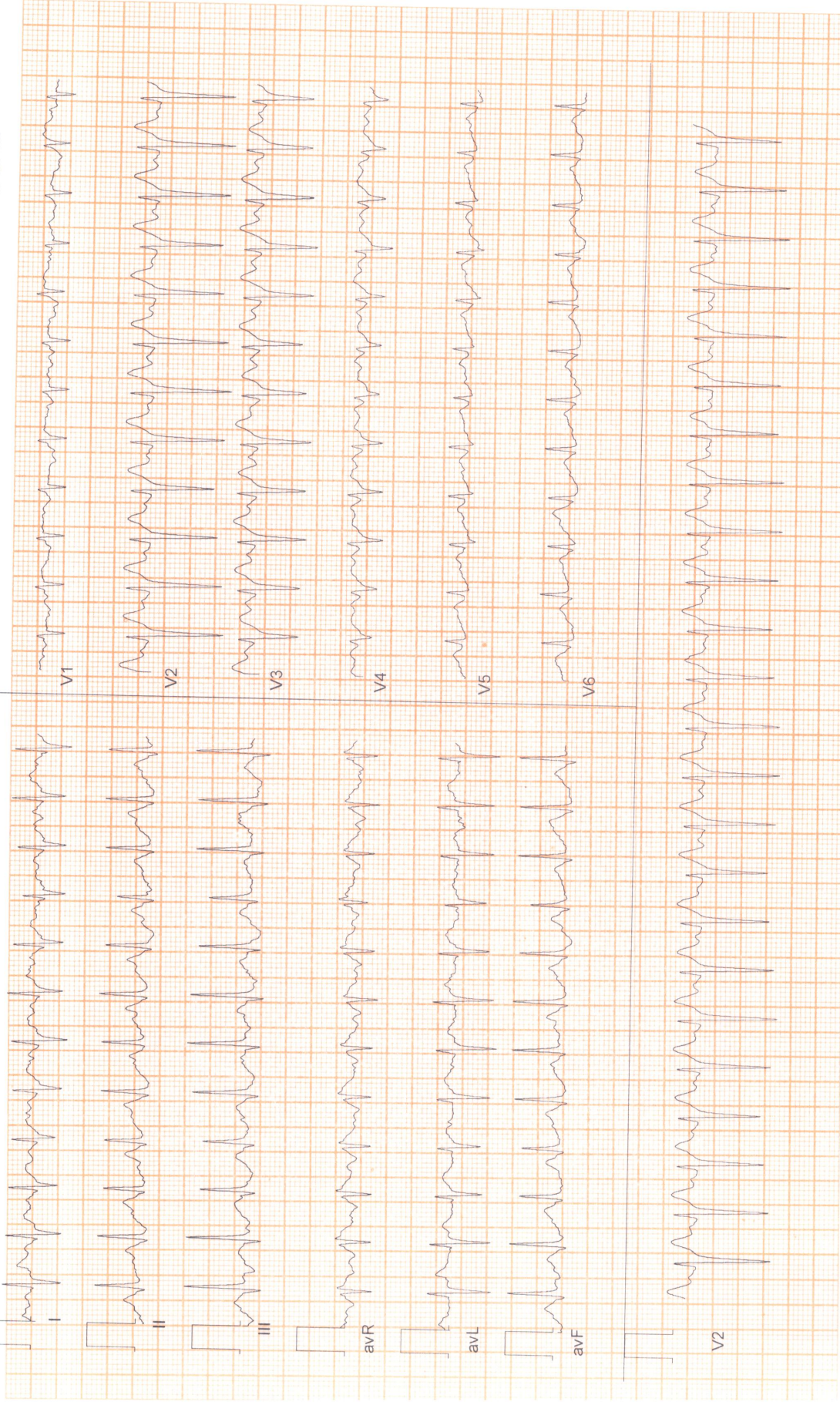
870 / DEBASIS BARIK / 35 Yrs / Male / 165 Cm / 132 Kg

6 x 2 + Rhythm
BRUCE: Stage 1 (3:00)



Date: 27-04-2024 01:48:16 PM METs : 4.7 HR : 144 Target HR : 78% of 185 BP : 131/83

ExTime : 03:00 1.7 mph/10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Match On/ HF 0.05 Hz/LF 35 Hz



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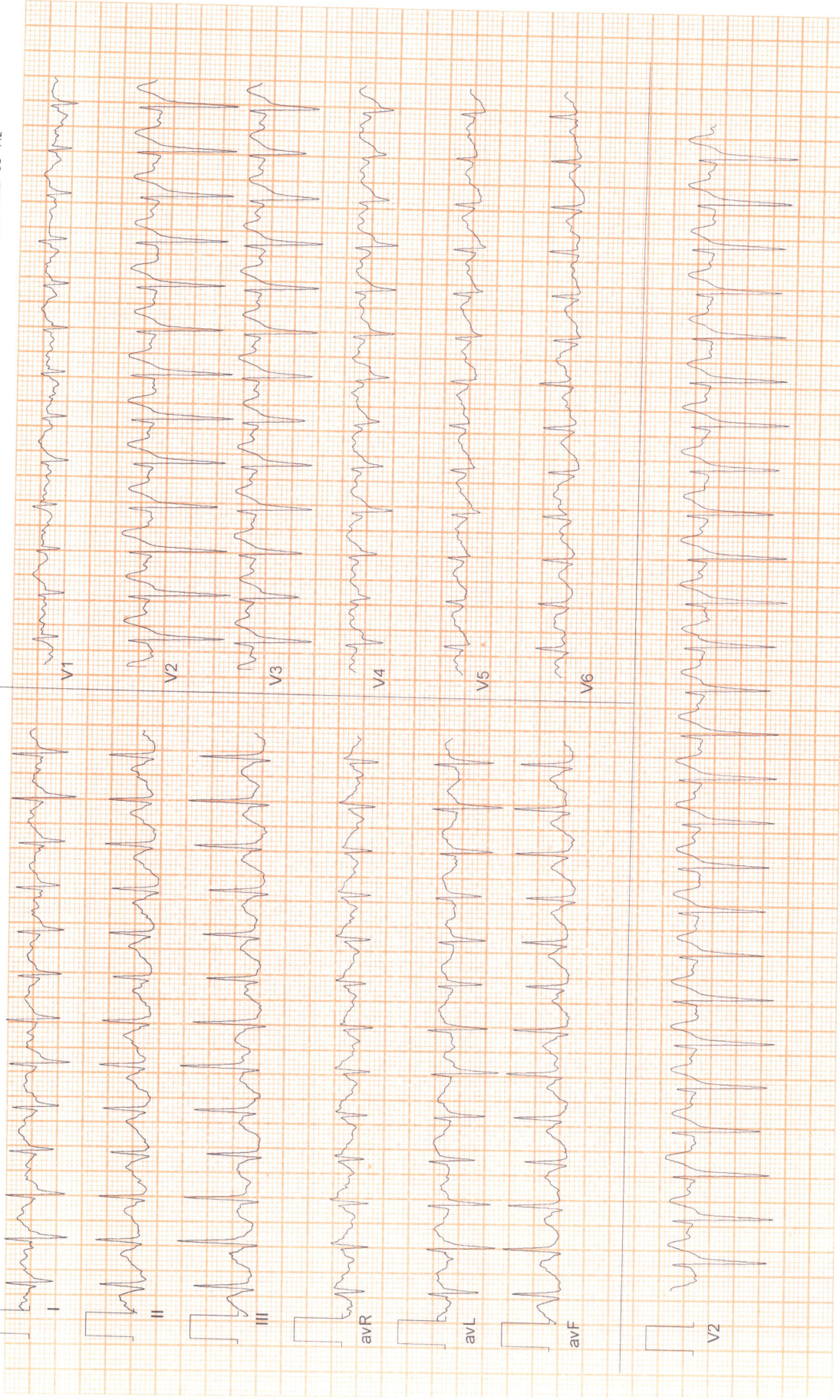
870 / DEBASIS BARIK / 35 Yrs / Male / 165 Cm / 132 Kg

6 x 2 + Rhythm
BRUCE: Stage 2(3:00)



Date: 27 - 04 - 2024 01:48:16 PM METs : 7.1 HR : 158 Target HR : 85% of 185 BP : 133/84

Ext Time : 06:00 2.5 mph/12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

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870 / DEBASIS BARIK / 35 Yrs / Male / 165 Cm / 132 Kg

6 x 2 + Rhythm
PeakEx



Date: 27 - 04 - 2024 01:48:16 PM METs : 9.1 HR : 171 Target HR : 92% of 185 BP : 134/84

ExTime : 07:53 3.4 mph 14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



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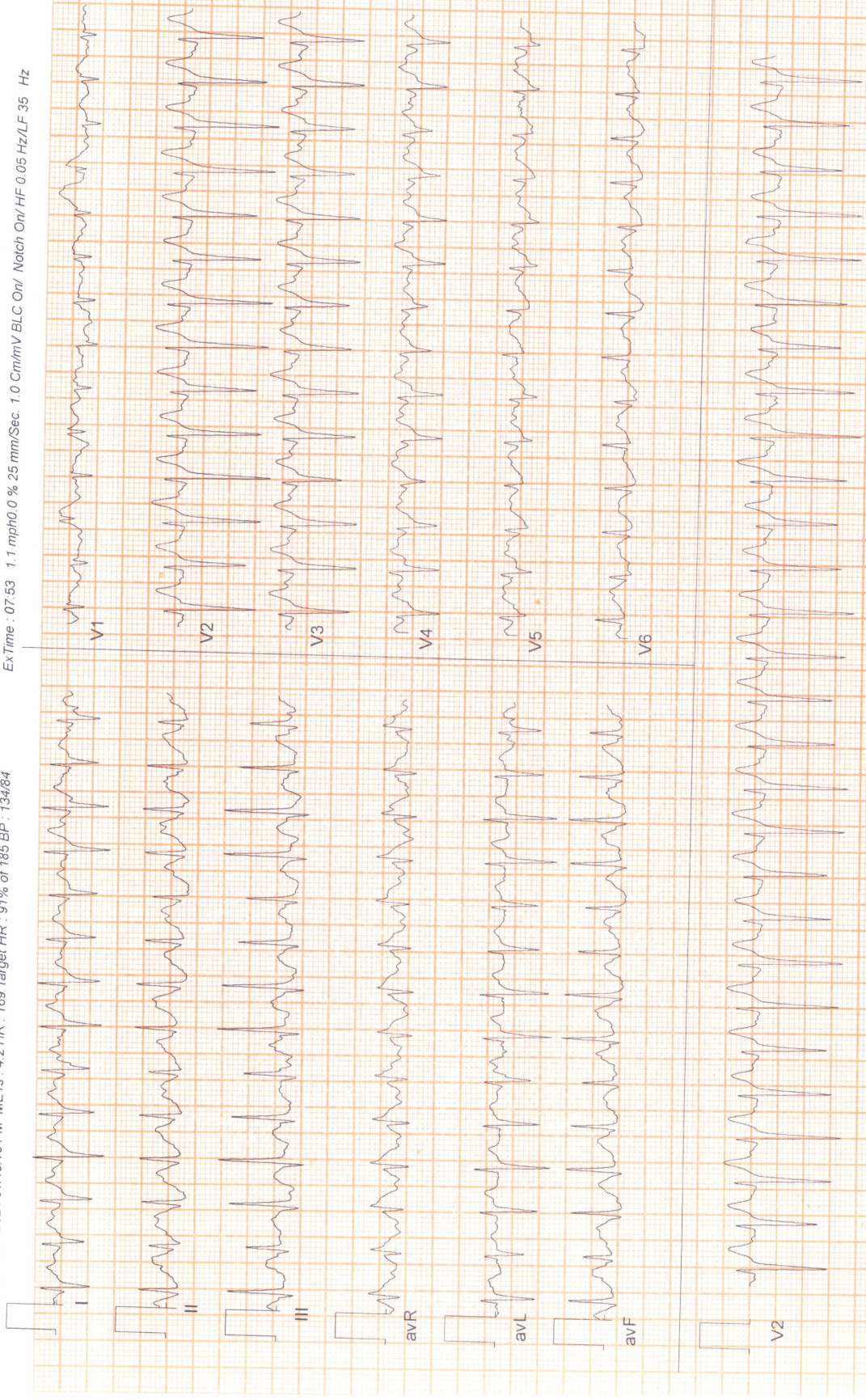
870 / DEBASIS BARIK / 35 Yrs / Male / 165 Cm / 132 Kg

**6 x 2 + Rhythm
Recovery(0:30)**



Date: 27 - 04 - 2024 01:48:16 PM METs : 4.2 HR : 169 Target HR : 91% of 185 BP : 134/84

Ext Time : 07:53 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



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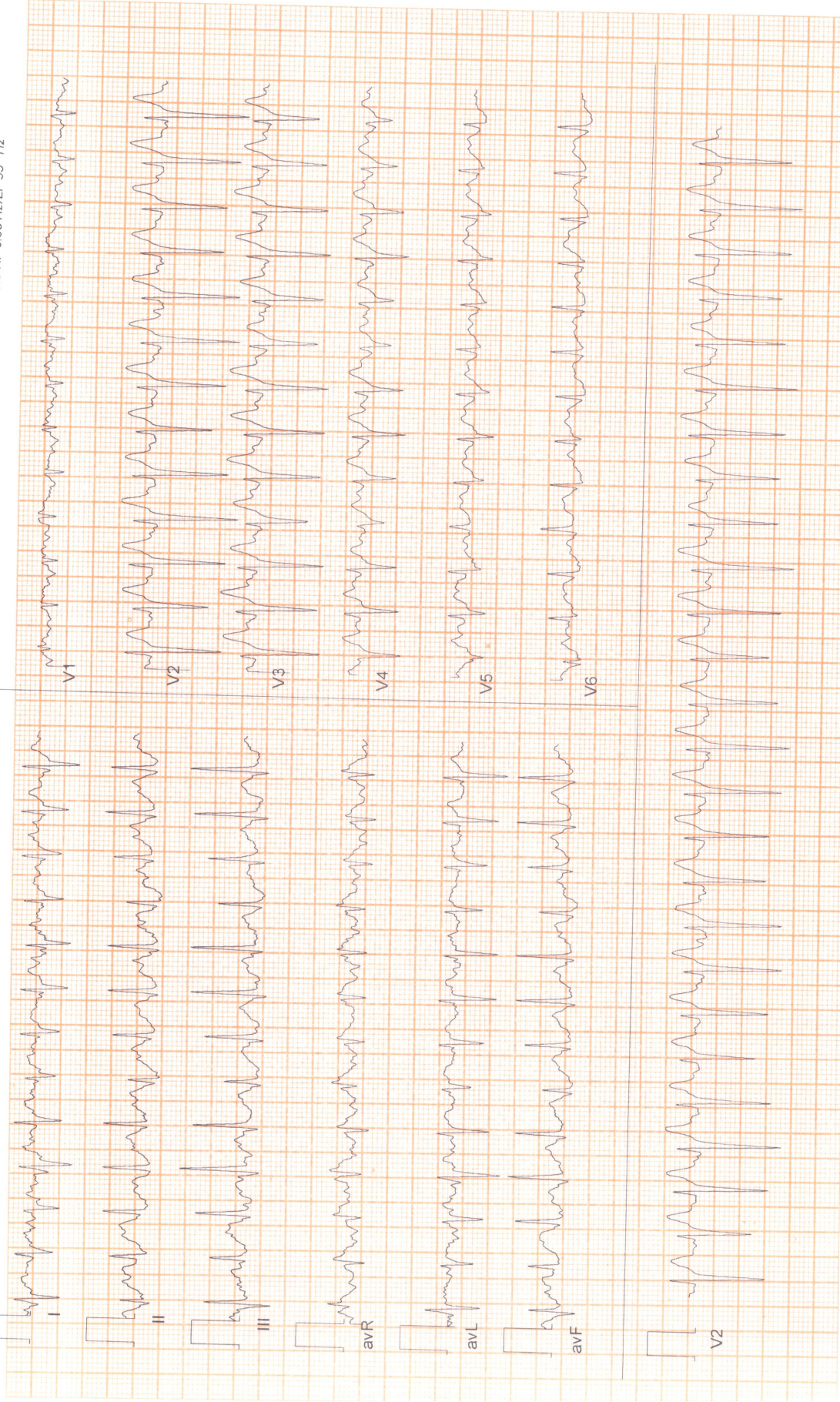
6 x 2 + Rhythm

Recovery(1:00)



Date: 27-04-2024 01:48:16 PM METs : 1.2 HR : 159 Target HR : 86% of 185 BP : 134/83

Ext Time : 07:53 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

870 / DEBASIS BARIK / 35 Yrs / Male / 165 Cm / 132 Kg

6 x 2 + Rhythm

Recovery(3:00)



Date: 27-04-2024 01:48:16 PM METs : 1.0 HR : 117 Target HR : 63% of 185 BP : 133/83

ExTime : 07:53 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

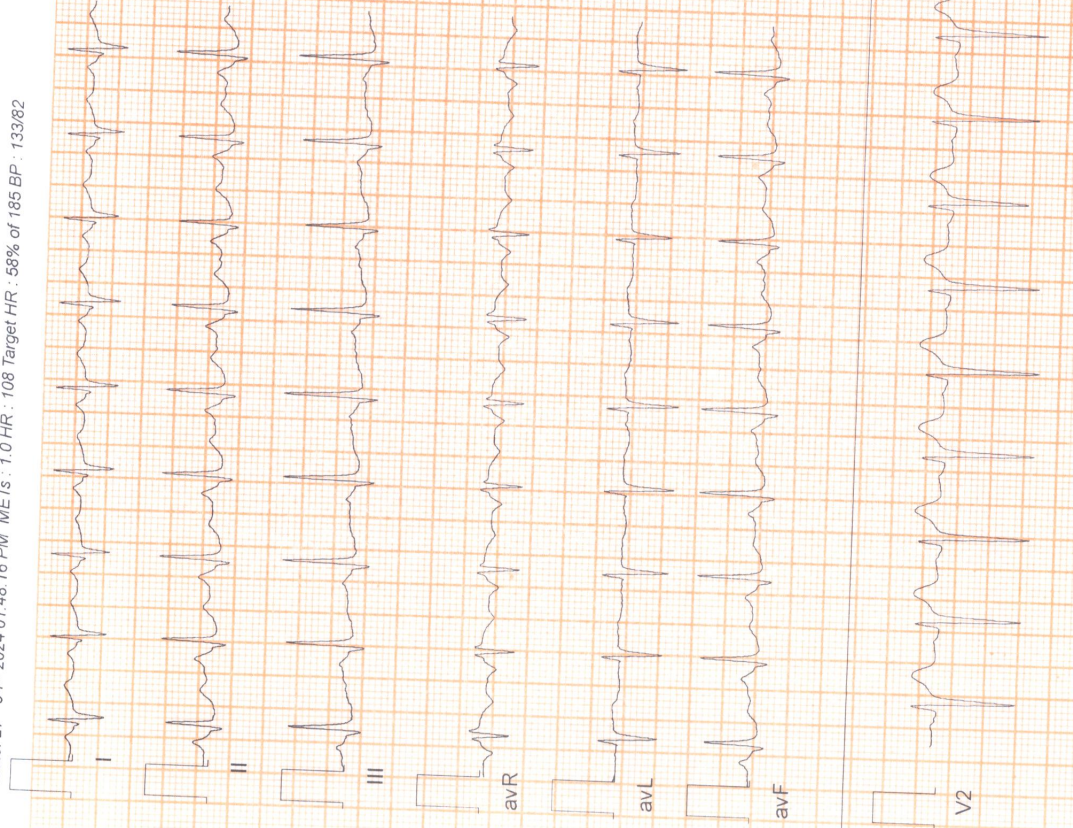


6 x 2 + Rhythm
Recovery(5:05)



Date: 27 - 04 - 2024 01:48:16 PM METs : 1.0 HR : 108 Target HR : 58% of 185 BP : 133/82

ExTime : 07:53 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ID 2063 CASE DEBASIS BARIK
AGE 35Y M D MALE
Cms Kg

27/04/2024 15:10:45
ZENA HEALTHCARE
PLOT-119, SAHIDNAGAR, BHUBANESWAR

RATE : 99 bpm
R-R : 602 ms
P-R : 134 ms
QRS : 90 ms
QT : 340 ms
QTc : 408 ms
SINUS RHYTHM
POOR R WAVE PROGRESSION

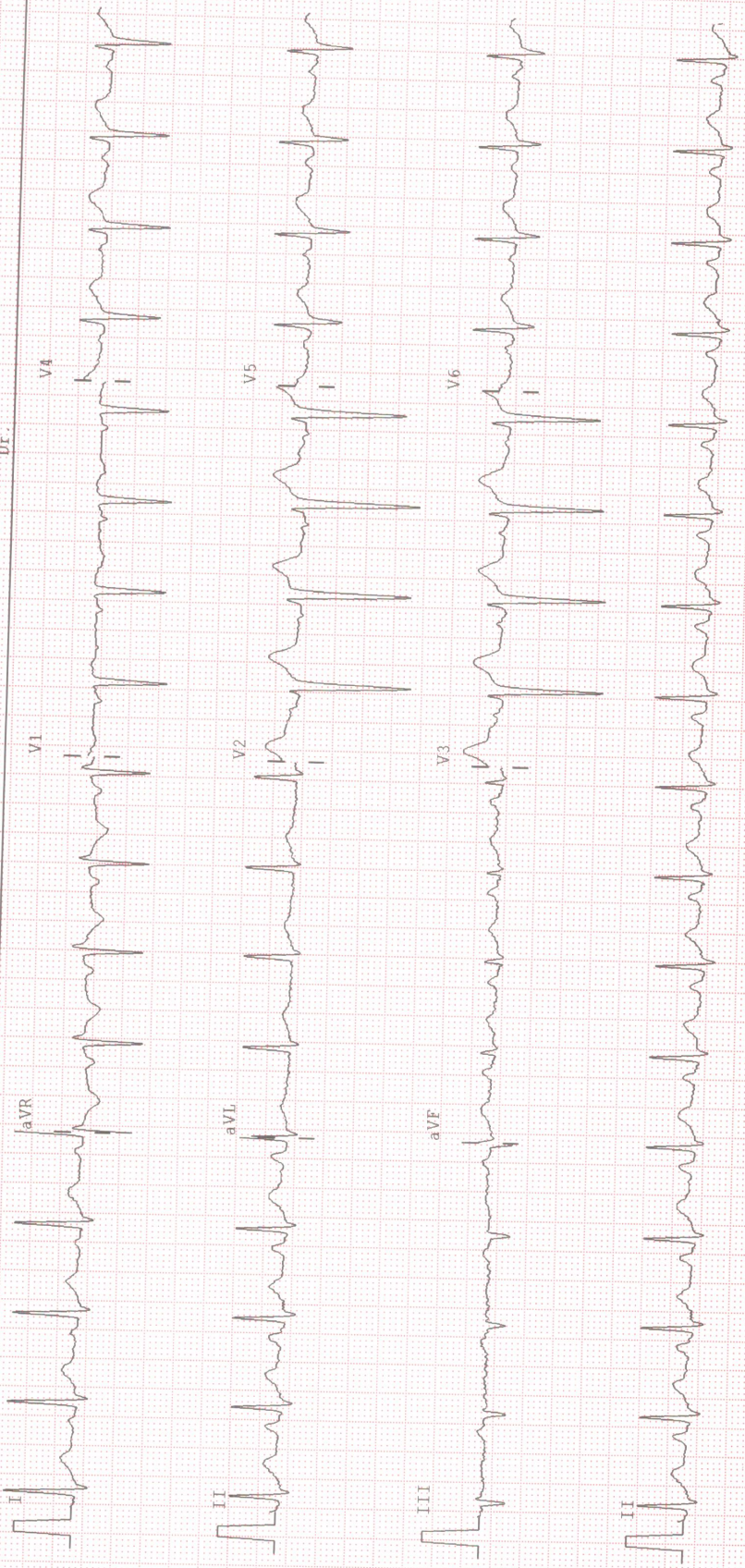
Dr. [Signature]

--AXIS--
P : 61°
QRS : 13°
T : 34°

12 SL: REPORT FORMAT 3x4+1L SQ

REF.

Dr.





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Regd. No. : 1834

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NAME:-DEBASIS BARIK
AGE:- 35 YRS
Patient ID: 05

REFERAL-MEDIWHEEL
DATE:-27.04.2024
SEX:-MALE

CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMP:-NORMAL STUDY.

B. Pradhan

Dr. Bhagaban Pradhan
M.D. (Radio diagnosis)
Consultant Radiologist

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Website : www.zenacare.in

Wishing Good Health



Patient Name : MR. DEBASHIS BARIK

Age / Gender : 35 years / Male

Patient ID : 21018

Referral : MEDI WHEEL

Collection Time : 27/04/2024, 12:53 PM

Reporting Time : 27/04/2024, 07:57 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
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HbA1c, Glycosylated Hemoglobin

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD 5.27 %

Method : (HPLC, NGSP certified)

Estimated Average Glucose : 104.55 mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Patient Name : MR. DEBASHIS BARIK

Age / Gender : 35 years / Male

Patient ID : 21018

Referral : MEDI WHEEL

Collection Time : 27/04/2024, 12:53 PM

Reporting Time : 27/04/2024, 07:57 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate 9 0 - 15 mm/hr
Method : EDTA Whole Blood, Manual Westergren

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Regd. No. : 1834

Patient Name : MR. DEBASHIS BARIK

Age / Gender : 35 years / Male

Patient ID : 21018

Referral : MEDI WHEEL

Collection Time : 27/04/2024, 12:53 PM

Reporting Time : 27/04/2024, 07:55 PM

Sample ID :



24023

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	14.8	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	5.06	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	46.3	42 - 52	%
Mean Cell Volume (MCV)	91.50	78 - 100	fL
Mean Cell Haemoglobin (MCH)	29.25	27 - 31	pg
Mean Corpuscular Hb Conc. (MCHC)	31.97	32 - 36	g/dL
Red Cell Distribution Width (RDW)	12.4	11.5 - 14.0	%
Total Leucocytes (WBC) Count	12000	4000-10000	cell/cu.mm
Neutrophils	78	40 - 80	%
Lymphocytes	18	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	02	1 - 6	%
Basophils	00	1-2	%
Platelet Count	286	150 - 450	10 ³ /ul
Mean Platelet Volume (MPV)	8.9	7.2 - 11.7	fL
PCT	0.25	0.2 - 0.5	%
PDW	18.7	9.0 - 17.0	%

END OF REPORT

Lab technician

Wah
Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Patient Name : MR. DEBASHIS BARIK

Age / Gender : 35 years / Male

Patient ID : 21018

Referral : MEDI WHEEL

Collection Time : 27/04/2024, 12:53 PM

Reporting Time : 27/04/2024, 07:54 PM

Sample ID :



24023

Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total Method : Spectrophotometry	176.36	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	97.82	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	40.31	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	116.49	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	19.56	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.38	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.89	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

END OF REPORT

Lab technician

K. Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Regd. No. : 1834

Patient Name : MR. DEBASHIS BARIK

Age / Gender : 35 years / Male

Patient ID : 21018

Referral : MEDI WHEEL

Collection Time : 27/04/2024, 12:53 PM

Reporting Time : 27/04/2024, 07:56 PM

Sample ID :



24023

Test Description	Value(s)	Reference Range	Unit
<u>LFT, Liver Function Test</u>			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.84	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazoization	0.19	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.65	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with PSP, IFCC 37 degree	15.36	8 - 33	U/L
SGPT Method : Serum, UV with PSP, IFCC 37 degree	27.24	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-gutamyl-carboxy-nitroanilide	9.32	< 55	U/L
Alkaline Phosphatase Method : PNP-AMP Buffer/Kinetic	116.3	53-128	U/L
Total Protein Method : Serum, Bituret, reagent blank end point	7.02	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	3.85	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	3.17	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.21	1.2 - 2.2	g/dL

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Lab technician

Wah
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Patient Name : MR. DEBASHIS BARIK

Age / Gender : 35 years / Male

Patient ID : 21018

Referral : MEDI WHEEL

Collection Time : 27/04/2024, 12:53 PM

Reporting Time : 27/04/2024, 07:56 PM

Sample ID :



24023

Test Description	Value(s)	Reference Range	Unit
Thyroid Profile (T3, T4, TSH)			
T3-Total Method : CLIA	1.05	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	10.2	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	0.95	0.45 - 4.50	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

END OF REPORT

Lab technician

K. Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Page 1 of 1



Patient Name : MR. DEBASHIS BARIK

Age / Gender : 35 years / Male

Patient ID : 21018

Referral : MEDI WHEEL

Collection Time : 27/04/2024, 12:53 PM

Reporting Time : 27/04/2024, 07:58 PM

Sample ID :



24023

Test Description

Value(s)

Reference Range

Unit

Urine(R/M) Routine Examination of Urine

General Examination

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.015	1.005 - 1.030	

Chemical Examination

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

Microscopic Examination

Red blood cells	Absent	0-4	
Pus cells (WBCs)	2 - 4 /HPF	0-9	/hpf
Epithelial cells	1 - 2 /HPF	0-4	/hpf
Crystals	Absent	Absent	/hpf
Cast	Absent	Absent	
Bacteria	Absent	Absent	

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Lab technician

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GENERAL PHYSICIAN EXAMINATION REPORT

Date :- 27.04.2024

NAME

Mr. DEBASIS BARIK

MEDICAL INFORMATION

Height:- 165 cm	Age:- 35 yrs
Weight:- 132 kg	Sex:- MALE
Blood Pressure:- 134/87 mmhg	Pulse:- 100 /min

Body Mass Index(BMI)

48.5

EYE CHEKUP (WITHOUT GLASSES)

	RT EYE	LT EYE
COLOUR	NORMAL	NORMAL
NEAR	6/6	6/6
FAR	6/6	6/6

DR. M. K. HOTA
M.B.B.S.
REGD. NO. 6993

Signature

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Regd. No. : 1834

Patient Name : MR. DEBASHIS BARIK

Age / Gender : 35 years / Male

Patient ID : 21018

Referral : MEDI WHEEL

Collection Time : 27/04/2024, 12:53 PM

Reporting Time : 27/04/2024, 07:54 PM

Sample ID :



24023

Test Description	Value(s)	Reference Range	Unit
Glucose, Fasting (FBS)			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	90.82	75 - 115	mg/dL
Glucose, Post Prandial (PP)			
Blood Glucose-Post Prandial Method : Hexokinase	117.21	70 - 140	mg/dL
Creatinine			
Creatinine Method : Serum, Jaffe	0.95	0.60 - 1.30	mg/dL
BUN, Serum			
BUN-Blood Urea Nitroge Method : Serum, Urease	14.2	10 - 50	mg/dL
Uric acid, Serum			
Uric Acid Method : Uricase, Colorimetric	3.75	3.4 - 7.0	mg/dL
Blood Group ABO & Rh Typing, Blood			
Blood Group (ABO typing) Method : Manual-Hemagglutination	"B"		
RhD Factor (Rh Typing) Method : Manual hemagglutination	Positive		

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
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