



CHIEF COMPLAINTS

Package Name: MediWheel Full Body Health Check up-Female below 40Yrs



DRUG ALLERGY

NO KNOWN ALLERGY :24/08/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Adv: Scaling and polishing

Gastrointestinal system

Appetite - normal; Abdominal pain - no; Dyspepsia - yes; Peptic ulcer - no; Bowel habits - regular; Piles - no

Genitourinary system

- Nil Significant

Central nervous system

Dizziness - no; Concentration - good; Sleep - good

Musculoskeletal system

Spine and joints

- Nil Significant

Weight

- stable



Surgical history

Caesarian section - 2022

Immunization history

- Covid Dose2



Personal history

Marital status - Married
 No. of children - 1
 Female - 1
 Diet - Vegetarian
 Alcohol - does not consume alcohol
 Smoking - No
 Chews tobacco - No
 Physical activity - Mild



Family history

Father - alive
 Aged - 72 UYRS
 Mother - alive
 Aged - 62 YRS
 Brothers - 2
 Sisters - 3
 Coronary artery disease - none
 Cancer - None

PHYSICAL EXAMINATION



General

Height - 158
 Weight - 74.9
 BMI - 30
 Waist circumference - 93
 Hip - 103
 Waist/ Hip ratio - 0.9
 Pallor - No
 Oedema - no
 SpO2 - 100%



Head and ENT

Others - Nose Bilateral HIT +



Cardiovascular system

Heart rate (Per minute) - 72

Name : Mrs. RANI KUMARI (31 /F)

UHID : AHLG2.0000044075

Date : 24/08/2024


Package : MediWheel Full Body Health Check up-Female below 40Yrs

AHC No : APHCAH27700

Rhythm - Regular
 • - B.P. Sitting
 Systolic(mm of Hg) - 120
 Diastolic(mm of Hg) - 80
 Heart sounds - S1S2+

Respiratory system

Rate of respiration(per minute) - 20
 Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No
 Tenderness - No

 **Eyes**

Eye vision - BE 6/6. N6
 Colour vision - Normal
 Pupil - Normal
 Intraocular pressure - 19 mmHg (R), 15 mmHg (L)
 Advice for spectacle - No

Printed By : HEALTH CHECK REPORT

Name : Mrs. RANI KUMARI (31 /F)




UHID : AHLG2.0000044075

Date : 24/08/2024

Package : MediWheel Full Body Health Check up-Female below 40Yrs

AHC No : APHCAH27700

Executive Summary

-  1. Overweight (BMI 30)
-  2. Normochromic normocytic Anaemia (Hb 11.2 g/dL)
-  3. Eosinophilia (E 19.5%)

Wellness Prescription

Advice On Diet :-



Dietician consultation

Advice On Physical Activity :-



Regular exercise

Medications

- 1. TAB NOWORM 400 MG (2) 1 tab at bedtime today, repeat after 2 weeks

Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
VITAMIN D-SERUM	Immediate/Urgent		
IGE (TOTAL)	Immediate/Urgent		

Dr.PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

Printed By : HEALTH CHECK REPORT

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Dr. Prabin Kumar Saikia
 MD (Gen Medicine), FCGP, FICP, PGDHHM
 Registration No.-7523, Assam
 Consultant Physician, APHC
 Apollo Hospitals Guwahati-781005

Medications

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1 tab at bedtime today, repeat after 2 weeks

Dr.PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

Dr. Prabin Kumar Saikia
MD (Gen Medicine), FCGP, FICP, PGDHHM
Registration No.-7523, Assam
Consultant Physician, APHC
Apollo Hospitals Guwahati-781005



MC-3480

Name : Mrs. RANI KUMARI Age : 31Yr 0Mth 0Days Gender : Female
 UHID : AHLG2.0000044075 / APHCAH27700 W/BNo/RefNo : AHC
 SIN \ LRN : 125107570 \ 125107577 \ 125107572 \ 10959729
 Specimen : Serum
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 24-AUG-2024 11:14:34 AM Received on : 24-AUG-2024 12:50:39 PM Reported on : 24-AUG-2024 02:14:01 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
ALT(SGPT) - SERUM (UV With P5P-IFCC)	34	Healthy Females:14-59 U/L	U/L
ALBUMIN - SERUM (Brom Cresol Green)	3.7	Healthy Adults-3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	4.0 *	Healthy Adults: 1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	1 *	0 - 0	
ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	94	Healthy Adults:40-150	U/L
AST (SGOT) - SERUM (UV With P5P-IFCC)	27	Healthy Adults:15 - 37	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	0.5	Healthy Adults:<=1.0	mg/dL
CHOLESTEROL - SERUM (Cholesterol Oxidase)	156	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	17	Healthy Women:5 - 55	U/L

CONSULTANTS

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DR. D.J. LAHON, MD (MICRO) DR. M. SARMA, MD (MICRO) DR. POOJA KESHAN, MD (PATHO) DR. N. MAHANTA, MD (PATHO)

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GLUCOSE -PLASMA (FASTING)

Hexokinase **83** Non-Diabetic: <=100 mg/dL
 Pre-Diabetic: 100-125
 Diabetic: >=126

HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)

60 Low: <40 mg/dL
 High: >=60

TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)

2.6 Desirable :< 4.5

LDL CHOLESTEROL - SERUM(DIRECT LDL) (Homogenous Method)

89 Optimal:<100 mg/dL
 Near Optimal:100-129
 Borderline High:130-159
 High:160-189
 Very High:>=190

PROTEIN, TOTAL - SERUM (Biuret)

7.7 Healthy Adults:6.4-8.3 mg/dl

TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)

54 Normal : <150 mg/dL
 Borderline High :150-199
 High : 200-499
 Very High : >=500

UREA - SERUM (Enzymatic,Urease-GLDH)

23 <50 years:15-40 mg/dL

URIC ACID - SERUM (Modified Uricase)

4.9 Healthy Women:2.6 - 6.0 mg/dL

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VLDL CHOLESTEROL - SERUM CALCULATED.	11	Desirable:<30	
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof)	0.2	Healthy Adults:0.0-0.5	mg/dL
CREATININE - SERUM JAFFE METHOD	0.7	Healthy Women: 0.57 - 1.11	mg/dL
TOTAL T3: TRI IODOTHYRONINE - SERUM (Eclia)	1.6	Healthy Adults Euthyroid:1.3-3.1	nmol/L
TOTAL T4: THYROXINE - SERUM (Eclia)	104	Healthy Adults Euthyroid: 66-181	nmol/L
TSH: THYROID STIMULATING HORMONE - SERUM (Eclia)	4.14	Healthy Adults Euthyroid: 0.270-4.20	uIU/mL
GLUCOSE - PLASMA (POST PRANDIAL) Hexokinase	141 *	Normal: <140 Pre-Diabetic: 140-199 Diabetic :->=200	mg/dL

Report Status:Final

* END OF REPORT *

CHECKED BY 1078452
1078550

First Report Printed On : 25-AUG-2024 11:59:59 AM
Printed On : 25-AUG-2024 11:59:59 AM

Dr. MOUSHUMI SAIKIA,
MBBS,MD
REG NO.14979 AMC
CONSULTANT BIOCHEMIST

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 UHID : AHLG2.0000044075 / APHCAH27700 W/BN/RefNo : AHC
 SIN \ LRN : 125107575 \ 10959729
 Specimen : Whole blood
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 24-AUG-2024 11:14:34 AM Received on : 24-AUG-2024 12:51:10 PM Reported on : 24-AUG-2024 02:56:53 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD	4.8	GOAL:<6.5% Prediabetic:5.7-6.4% Diabetic:>6.5% Non-diabetic:<5.7% Uncontrolled-diabetics>8%	%
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD			
Mean Plasma Glucose (MPG) Estimate:	91.0600		mg/dL
Methodology Type	Ion Exchange High Performance Liquid Chromatography		

Report Status:Final

*** END OF REPORT ***

CHECKED BY 1078450
1078550

Printed On : 25-AUG-2024 12:00:24 PM

Dr. MOUSHUMI SAIKIA,
MBBS,MD
REG NO.14979 AMC
CONSULTANT BIOCHEMIST

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 UHID : AHLG2.0000044075 / APHCAH27700 W/BNNo/RefNo : AHC
 SIN \LRN : 125107571 \ 125107574 \ 10959729
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 24-AUG-2024 11:14:34 AM Received on : 24-AUG-2024 01:43:12 PM Reported on : 24-AUG-2024 01:48:31 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
URINE- BENCE JONES PROTEINS	Negative	Negative	
URINE ROUTINE (CUE)			
Color,:	Pale yellow	Pale Yellow/amber	
Transparency:	Clear	Clear	
Specific Gravity(Strip Method)	1.025	1.016 - 1.026	
pH(Strip Method+ Ph Paper)	5.0	4.6 - 8	
Glucose:(Benedicts+Strip Method)	Nil	Negative	
Protein :(Strip+Heat Method)	Nil	Negative	
DEPOSITS:(Microscopy)			
RBC	Not seen	Upto 3 Cells/hpf	
WBC/Pus Cells	1-2 /HPF	Upto to 5 Cells/hpf	
Squamous epithelial cells	+	Up to 20	
Casts:(Microscopy)	Not Detected	Absent	/lpf
Crystals:	Not Detected	Absent	/lpf
Nitrite	Negative	Negative	
URINE SUGAR	Nil		
HEMOGRAM(CBC+ESR+RECTIC+PS)			
Hemoglobin	11.2 *	12.0 - 15.0	g/dl
RBC COUNT	4.29	3.8 - 4.8	Million/ul
MCV	85.8	82.0 - 92.0	fl
MCH	26.1	26.0 - 32.0	pg
MCHC	30.4 *	31.0 - 36.0	g/dl
RDW-CV	13.2	11.6 - 14	%
RETICULOCYTE COUNT	2.12	Healthy Adult -:0.5-2.5%	%

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 UHID : AHLG2.0000044075 / APHCAH27700 W/BNNo/RefNo : AHC
 SIN \LRN : 125107571 \ 125107574 \ 10959729
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 24-AUG-2024 11:14:34 AM Received on : 24-AUG-2024 01:43:12 PM Reported on : 24-AUG-2024 01:48:31 PM

Platelet Count	181	150 - 400	10 ³ /mm ³
TLC/WBC Count	8.02	4.0 - 11.0	10 ³ /mm ³
ERYTHROCYTE SEDIMENTATION RATE (ESR)	38 *	0 - 20	mm/1st hr
Differential Count			
Neutrophils	50.9	40 - 70	%
Lymphocytes	25.1	20 - 40	%
Eosinophils	19.5 *	1 - 6	%
Monocytes	3.9	2 - 10	%
Basophils	0.6	0 - 2	%
PERIPHERAL SMEAR			
RBC:	Normocytic with hypochromia +		
WBC:	Eosinophilia 2+		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME [PCV]	36.8	36 - 46	%
Report Status:Final			

* END OF REPORT *

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First Report Printed On : 25-AUG-2024 12:00:45 PM

Printed On : 25-AUG-2024 12:00:45 PM

(Signature)
 DR. ASHWIN VERMA, D.C.P
 ASSOCIATE CONSULTANT PATHOLOGIST
 REGD NO. 5340 AMC

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Page 2 of 2

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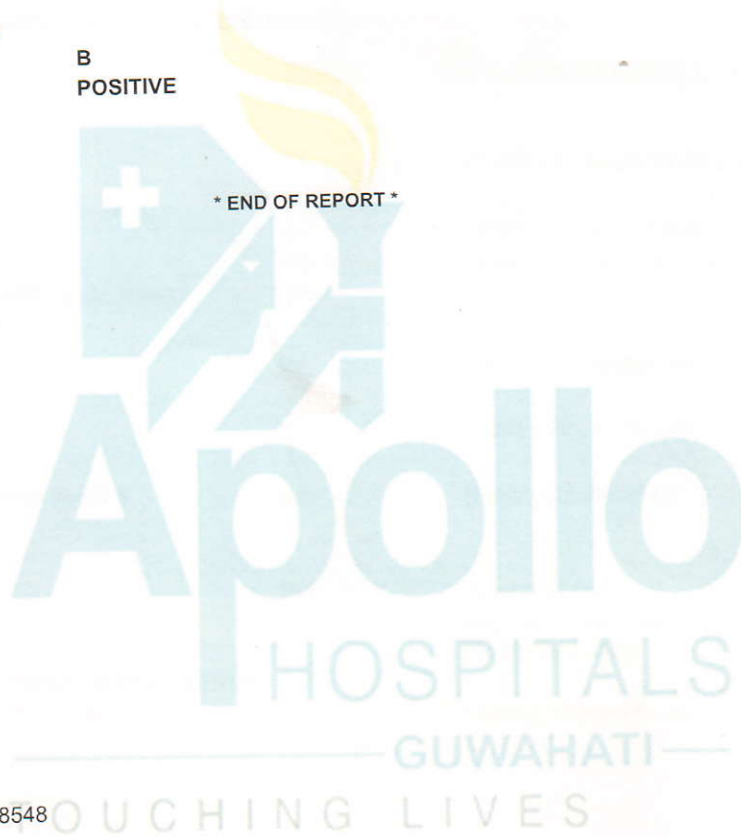
Name : Mrs. RANI KUMARI Age : 31Yr 0Mth 0Days Gender : Female
UHID : AHLG2.0000044075 / APHCAH27700 W/BNo/RefNo : AHC
SIN \LRN : 125107576 \ 10959729
Specimen : Blood
Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 24-AUG-2024 11:14:34 AM Received on : 24-AUG-2024 01:17:21 PM Reported on : 24-AUG-2024 01:18:03 PM

TEST NAME	RESULT
BLOOD GRQPING AND TYPING	
ABO Group:	B
Rh (D) Type:	POSITIVE
Report Status:Final	

* END OF REPORT *



CHECKED BY : 1078548

First Report Printed On : 24-AUG-2024 01:18:09 PM
Printed On : 24-AUG-2024 01:18:27 PM

CONSULTANTS
DR. DEEPA BHUYAN
MOIC, BLOOD BANK

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DEPARTMENT OF RADIOLOGY & IMAGING

Division of Colour Doppler & Ultrasonography

Patient ID:	AHLG2.0000044075	Patient Name:	RANI KUMARI
Age:	31 Years	Sex:	F
Accession Number:	17002.124221012	Modality:	DX
Study Date:	24-Aug-2024	Study:	X-RAY CHEST PA
Referring Physician:	Prabin Kumar Saikia		

CHEST PA VIEW

- No active parenchymal lesion is seen in the lung fields.
- Hilar shadows are normal.
- Cardiac size is normal.
- Hemidiaphragms are normal. CP angles are normal.
- Bony thorax is intact.

Meghali Gohain

Dr. Meghali Gohain, MD
Consultant Radiology

Date: 24-Aug-2024 16:53:24

Apollo
HOSPITALS
GUWAHATI
TOUCHING LIVES



APOLLO HOSPITALS GUWAHATI

Unit : International Hospital
(A unit of Assam Hospitals Ltd.)

CHECKED AND VERIFIED

DEPARTMENT OF RADIOLOGY & IMAGING

Division of Colour Doppler & Ultrasonography

Patient ID:	0000044075	Patient Name:	RANI KUMARI
Age:	31	Sex:	F
Accession Number:		Modality:	US
Study Date:	24-Aug-2024	Study:	W/A
Referring Physician:	DR P KR SAIKIA		

USG OF WHOLE ABDOMEN

LIVER

The liver is normal in size with homogenous midlevel parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

GALL BLADDER

The gall bladder is normally distended and shows smooth contour. There is no obvious echoreflexive calculus in the gall-bladder. GB wall thickness is within normal limit.

CBD

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

SPLEEN

The spleen is normal in size and echotexture. No focal lesion is noted.

PANCREAS

The pancreas is normal in size and echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

KIDNEYS

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures – 103 mm Left kidney measures – 104 mm

URINARY BLADDER

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

UTERUS

The uterus is normal in size and is anteverted in position. The midline endometrial echo is normal. The myometrium shows homogenous echotexture. No focal myometrial lesion is seen. Cervix appears normal.

ADNEXAE

Both the ovaries are normal in size and echoanatomy. There is no evidence of any abnormal solid or cystic lesion in the ovaries.

No ascites is seen.

Impression: No significant abnormality is noted on this scan.

Dr. Meghali Gohain, MD
Consultant Radiology

Date: 24-Aug-2024 13:17:09

S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB
Discrepancy or transcription error if detected should be sent for correction

Patient Details : Mrs. RANI KUMARI | Female | 31Yr 0Mth 0Days

UHID : AHLG2.0000044075

Patient Location: AHC

Patient Identifier: APHCAH27700



DRN : 100163444


Completed on : 24-AUG-2024 13:27

Ref Doctor : Dr. Prabin Kumar Saikia

ECG

IMPRESSION .:

ECG TRACING IS WITHIN NORMAL LIMITS


DR. MOITREYEE BARUAH
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit: International Hospital

--- END OF THE REPORT ---