



# MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi  
M.B.B.S., M.D. (Path & Bact)

**CLINIC :**

1/4A, Vineet Khand, (Opp Jaipuria Management)  
Gomti Nagar, Lucknow - 226 010  
Ph.: 0522-4008184, 4308184 ☎ 8112323230  
Mob.: 7618884441, 9450389932, 8177063877



DATE : 24/08/2024

NAME : Mr Ashutosh Rai

AGE : 45 Years                      SEX : M

HEIGHT : 178 CMS

WEIGHT : 76 KGS

BMI : 24.0

Blood Pressure : 120/70

  
Dr. Smita Rastogi  
MBBS, DCP  
Reg. No. 37370



Dr. Sanjay Rastogi  
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi  
M.B.B.S., DCP

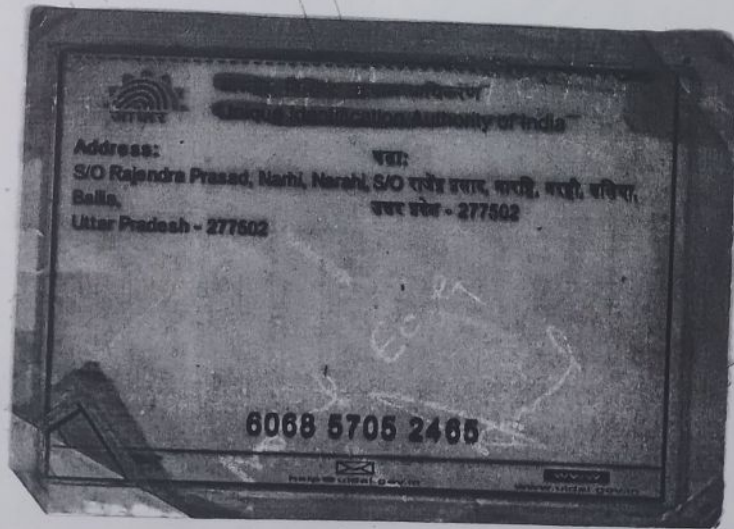
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Ashutosh

You have been informed that, ophthal, dental consultation, Ent or Dietician facility is not available at our centre .If you are ready then your test can be start.

2D echo test facility is not available at our centre, instead we do TMT test.

*Ashutosh*





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Date	: 24-Aug-2024		
Name	: <b>Mr. ASHUTOSH RAI</b>	Age	: 45 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

Haemoglobin	<b>13.0</b>	gm%	14 - 17
-------------	-------------	-----	---------

Total Leucocyte Count	4800	Cells/cumm.	4000-11000
-----------------------	------	-------------	------------

<b>Differential Leucocyte Count</b>			
Polymorphs	62	%	45 - 70
Lymphocytes	28	%	20 - 45
Eosinophils	04	%	0 - 6
Monocytes	06	%	0 - 8
Basophils	00	%	0 - 1

<b>Erythrocyte Sedimentation Rate (Wintrobe)</b>			
ESR	<b>12</b>	mm in 1st Hr.	0 - 9
PCV	40.0	cc%	40 - 52
Corrected ESR	06	mm in 1st Hr.	0 - 9

Platelet Count	1.70	lakh/cumm.	1.5 - 4.0
----------------	------	------------	-----------

Red Cells Count	4.56	million/cmm	3.90 to 5.80
-----------------	------	-------------	--------------

<b>Absolute values</b>			
MCV	87.9	fL	77 - 97
MCH	28.4	pg	27 - 31
MCHC	32.4	gm /dl	31 - 34

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Date	: 24-Aug-2024		
Name	: <b>Mr. ASHUTOSH RAI</b>	Age	: 45 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

## General Blood Picture

<b>RBCs</b>	RBCs are Normocytic & Normochromic. No Normoblasts are seen.
<b>WBCs</b>	TLC is within normal range. DLC shows normal counts. No immature cells of WBC seen.
<b>PLATELETS</b>	Platelets are adequate in number and morphology.
<b>OTHERS</b>	No haemoparasites are seen.
<b>IMPRESSION</b>	Normal GBP

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Ref.By	: APOLLO HEALTH	Sex	: Male

Plasma Glucose - F GOD-POD Method	99	mg/dl	70 - 110
--------------------------------------	----	-------	----------

Plasma Glucose - PP GOD POD Method	152	mg/dl	110 - 170
---------------------------------------	-----	-------	-----------

Blood Group & Rh	"A" Positive		
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LFT T&D			
Total Bilirubin	0.53	mg%	0.2 - 1.0
Direct Bilirubin	0.18	mg%	0.0 to 0.40
Indirect Bilirubin	0.35	mg%	0.10 to 0.90
S.G.P.T	24	IU/L	5 - 40
S.G.O.T	18	IU/L	5 - 50
ALP	84	IU/L	40 to 129

Serum Gamma G.T.	31	IU/L	11 - 50
------------------	----	------	---------

KFT			
UREA	19.2	mg %	15 - 50
CREATININE	1.07	mg %	0.5 - 1.5
URIC ACID	5.4	mg %	2 - 7
CALCIUM	9.6	mg %	8.8 - 10.0

Urine Sugar (Fasting)	NIL		
-----------------------	-----	--	--

Urine Sugar (PP)	NIL		
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Date	: 24-Aug-2024		
Name	: <b>Mr. ASHUTOSH RAI</b>	Age	: 45 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

### PSA

PSA 0.52 ng/ml  
Electro CLIA

#### Expected values and Comments

NORMAL :	0.00 to 4.0
Less than 40 years	0.6 to 1.3
41 to 50 Years	0.6 to 2.0
51 to 60 Years	0.8 to 3.0
61 to 70 Years	1.0 to 4.0
Over 70 years	1.6 to 4.5

- \* PSA is a reliable Tumor Marker for already diagnosed Prostatic Carcinomas .Though present in many tissues including breast, salivary glands etc.,
- \* PSA production is the glandular epithelium of the prostate gland. PSA is,therefore,remarkably specific for the prostate.
- \* Baseline levels measured prior to therapeutic intervention and followed later by serial, periodical measurements will predict the outcome of the therapy. It also helps in early discovery of recurrences, relapses and metastases.
- \* In general, Tumour Marker levels are directly related to the tumour mass and the stage of the cancer.
- \* However, it i s the rate of change of the tumour marker level which is more important, rather than its absolute value. A 50 % change may be considered clinically significant.
- \* It must be emphasized that PSA may also be elevated in Benign Prostatic Hyperplasia and Inflammatory conditions of the surrounding Genito-Urinary Tract.
- \* PSA may be done along with Free PSA that provides additional information

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Ref.By	: APOLLO HEALTH	Sex	: Male

**LIPID PROFILE**

Triglycerids	1.53	mg%	70 - 190
S. Cholestrol S.	220	mg%	130 - 230
S. HDL Cholestrol	48.1	mg%	35 - 75
S. LDL Cholestrol	141.3	mg%	75 - 150
VLDL	30.6	mg%	0 - 34
Chol / HDL factor	4.57		
LDL / HDL Factor	2.94		

=====

**COMMENTS**

=====

\* Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).

\* LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lowers LDL and raises HDL. Raised chol. in females is mostly due to disturbed thyroid function.

\* Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Beta-blocker therapy.

**TYPES OF HYPERLIPOPROTEINEMIAS**

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date	: 24-Aug-2024		
Name	: <b>Mr. ASHUTOSH RAI</b>	Age	: 45 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

### Glycosylated Haemoglobin

<b>Glycosylated Haemoglobin</b>	6.0	%	4.5 TO 6.0
=====			
INTERPRETATION AND COMMENTS			
=====			
NON DIABETIC :	4.5 to 6.0 %		
GOOD CONTROL:	6.0 to 7.0		
FAIR CONTROLLED	7.0 AND 8.0		
UNCONTROLLED	8.0 AND ABOVE		
<p>Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.</p>			

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Date	: 24-Aug-2024		
Name	: <b>Mr. ASHUTOSH RAI</b>	Age	: 45 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

### Urine Examination

<b>PHYSICAL</b>			
Colour	Straw		
Turbidity	Nil		
Deposit	Nil		
Reaction	Acidic		
*Specific Gravity	1.010		
<b>CHEMICAL</b>			
Protein	Nil		
Sugar	Nil		
*Bile Salts	Nil		
*Bile Pigments	Nil		
Phosphate	Nil		
<b>MICROSCOPIC</b>			
Pus Cells	Nil	/hpf	
Epithelial Cells	Occasional	/hpf	
Red Blood Cells	Nil	/hpf	
Casts	Nil		
Crystals	Nil		
Others	Nil		

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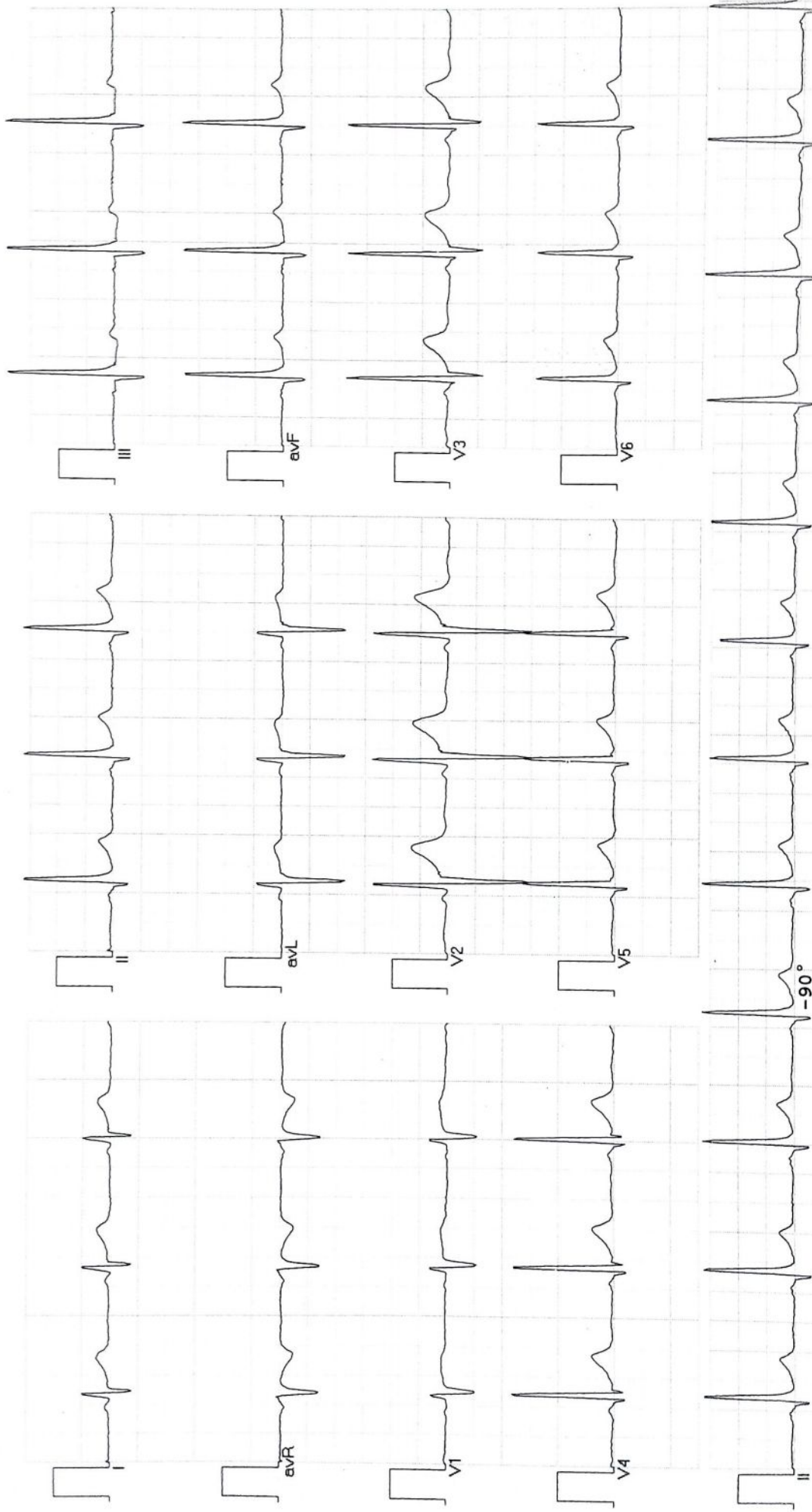
Modern Pathology And Diagnostic Centre

281 / ASHUTOSH RAI / 45 Yrs / M / 178Cms. / 76Kgs. / Non Smoker

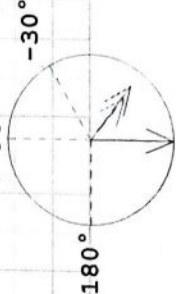
Heart Rate : 69 bpm / Tested On : 24-Aug-24 11:36:17 / HF 0.05 Hz - LF 100 Hz / Notch 50 Hz / Sn 1.00 Cm/mV / Sw 25 mm/s

/ Refd By : APOLLO HEALTH

ECG



Vent Rate : 69 bpm  
 PR Interval : 112 ms  
 QRS Duration: 102 ms  
 QT/QTc Int : 388/406 ms  
 P-QRS-T axis: 39.00 • 90.00 • 37.00 •



Axis

90° R 90° T 37° P 39°

Normal ECG

Dr. AMIT MOHAN MD

Reg. No. 44559

ASHUTOSH

Allergens ECG (Pisces)(PIS215191030)



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TEST REQUEST ID :012408240023	SAMPLE DATE	:24/Aug/2024 09:25AM
NAME :Mr. ASHUTOSH RAI	SAMPLE REC. DATE	:24/Aug/2024 09:25AM
AGE/SEX :45 YRS/MALE	REPORTED DATE	:24/Aug/2024 11:04AM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01240023

## USG WHOLE ABDOMEN-MALE

**Liver:** is normal in size ( 132 mm). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

**Gall Bladder:** is well distended. Lumen is anechoic. Wall is of normal thickness.

**CBD:** is normal in diameter. Portal vein is normal in diameter.

**Pancreas:** is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

**Spleen:** is normal in size ( 114 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

**Right Kidney:** is normal in size 99x45 mm, shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst, or calculi is seen. Pelvicalyceal systems are not dilated. Ureter is not dilated.

**Left Kidney:** is normal in size 94x52 mm, shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst, or calculi is seen. Pelvicalyceal systems are not dilated. Ureter is not dilated.



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*Surbhi*  
**Dr. Surbhi**  
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AGE/SEX :45 YRS/MALE	REPORTED DATE	:24/Aug/2024 11:04AM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01240023

**Urinary bladder:** is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

**Prostate:** is normal in size ( 28x29x38 mms, wt = 17.0 gms), shape and echotexture. No focal echovariant lesion is seen. Prostatic capsule appears to be intact. Median lobe is not projecting in UB lumen. Both seminal vesicles appear normal.

Both iliac fossae are clear. No obvious bowel pathology is noted.  
There is no free fluid in peritoneal cavity.

## OPINION:

- **NORMAL STUDY.**

\*\*\* End Of Report \*\*\*



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MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Gomti Nagar Lucknow

Report



ASHUTOSH RAI / 45 Yrs / M / 178 Cms / 76 Kg

Date: 24 - 08 - 2024 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:05	0:05	00.0	00.0	01.0	069	39 %	120/70	082	00	
Standing	00:10	0:05	00.0	00.0	01.0	069	39 %	120/70	082	00	
HV	00:14	0:04	00.0	00.0	01.0	069	39 %	120/70	082	00	
ExStart	00:19	0:05	02.7	10.0	01.1	072	41 %	120/70	086	00	
BRUCE Stage 1	03:19	3:00	02.7	10.0	04.7	120	69 %	128/80	153	00	
BRUCE Stage 2	06:19	3:00	04.0	12.0	07.1	145	83 %	136/84	197	00	
PeakEx	08:36	2:17	05.5	14.0	09.5	164	94 %	140/90	229	00	
Recovery	09:36	1:00	00.0	00.0	01.2	123	70 %	138/88	169	00	
Recovery	10:36	2:00	00.0	00.0	01.0	102	58 %	134/86	136	00	
Recovery	11:36	3:00	00.0	00.0	01.0	088	50 %	130/82	114	00	
Recovery	11:57	3:21	00.0	00.0	01.0	090	51 %	126/80	113	00	

FINDINGS :

Exercise Time : 08:17  
 Max HR Attained : 164 bpm 94% of Target 175  
 Max BP Attained : 140/90 (mm/Hg)  
 Max WorkLoad Attained : 9.5 Good response to induced stress  
 Test End Reasons : Test Complete, Fatigue

REPORT :

Significant ST depression in lead 3, AVF during Peak exercise indicating inferior myocardial ischemia.  
 Stress test is Positive for exercise induced ischemic heart disease.  
**ABNORMAL STUDY**

*(Signature)*  
 Dr. ANIL KUMAR  
 Reg. No. 44559

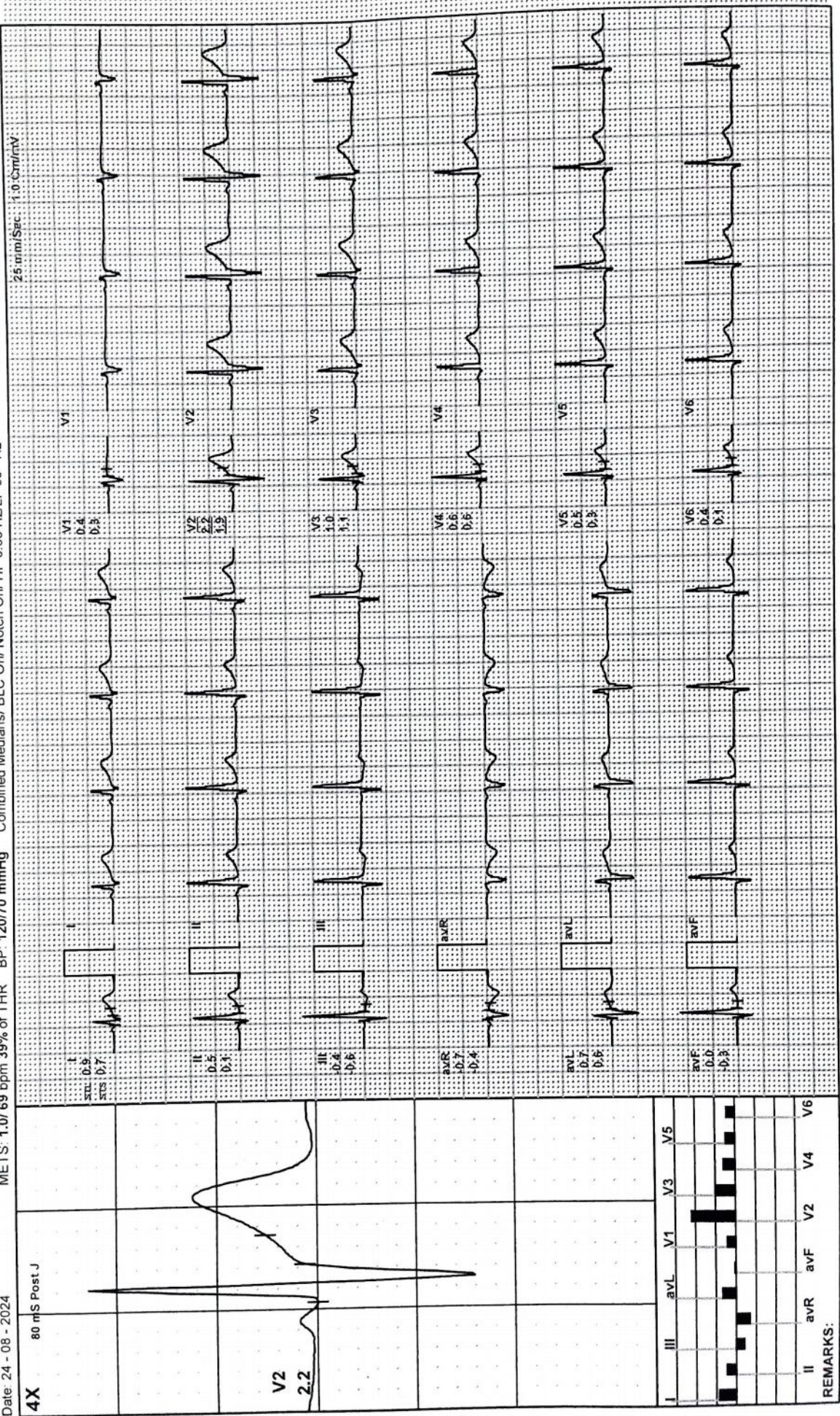


BRUCE:Supine(0:06)

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ASHUTOSH RAI / 45 Yrs / M / 178 Cms / 76 Kg / HR : 69

Date: 24 - 08 - 2024 METS: 1.0/ 69 bpm 39% of THR BP: 120/70 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz  
ExTime: 00:00 0.0 KmPh, 0.0%







BRUCE: Standing(0:05)

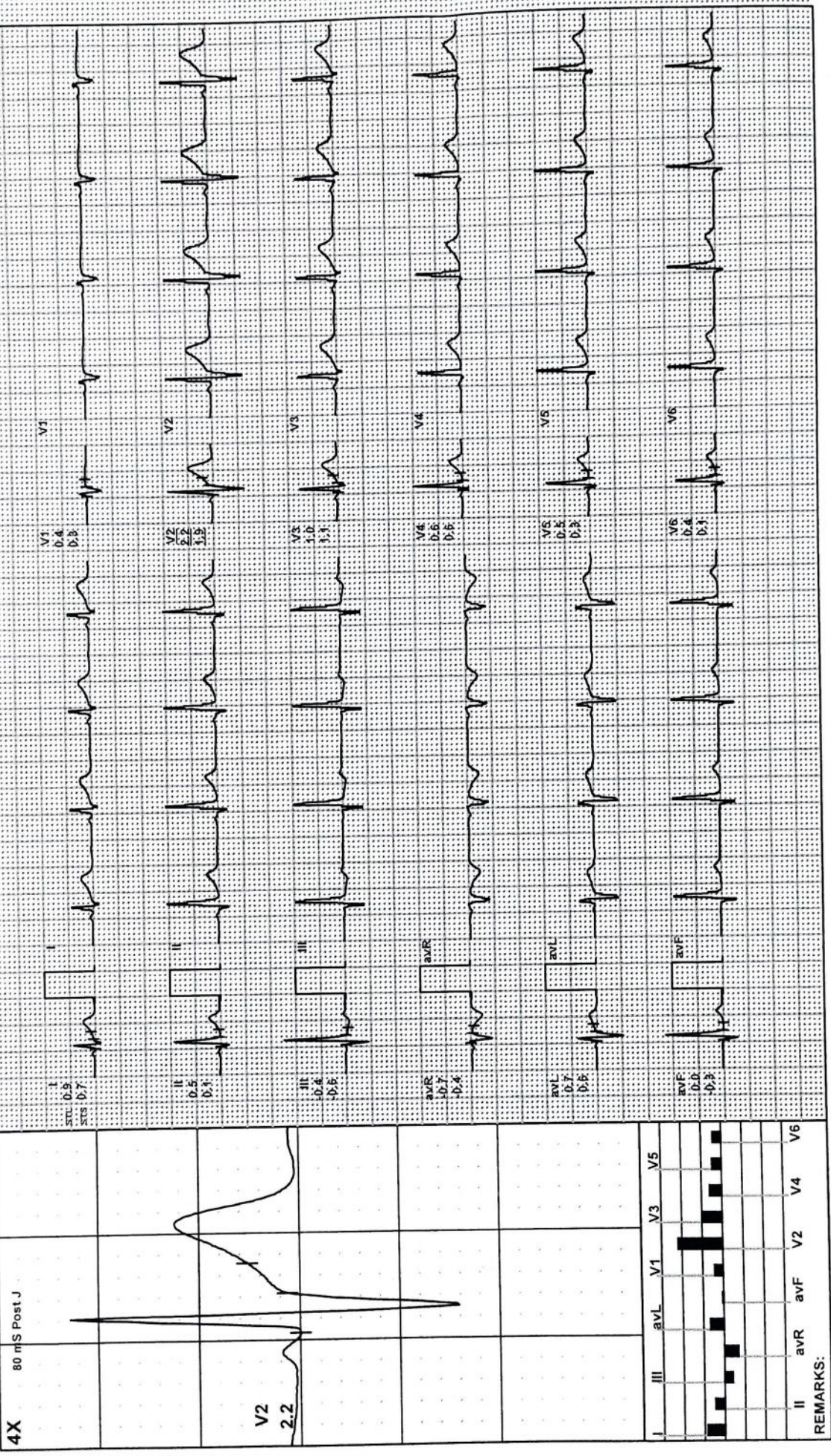
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ASHUTOSH RAI / 45 Yrs / M / 178 Cms / 76 Kg / HR : 69

ExTime: 00:00 0.0 KmPh. 0.0%

25 mm/Sec. 1.0 Cm/mV

MEETS: 1.0/ 69 bpm 39% of THR BP: 120/70 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



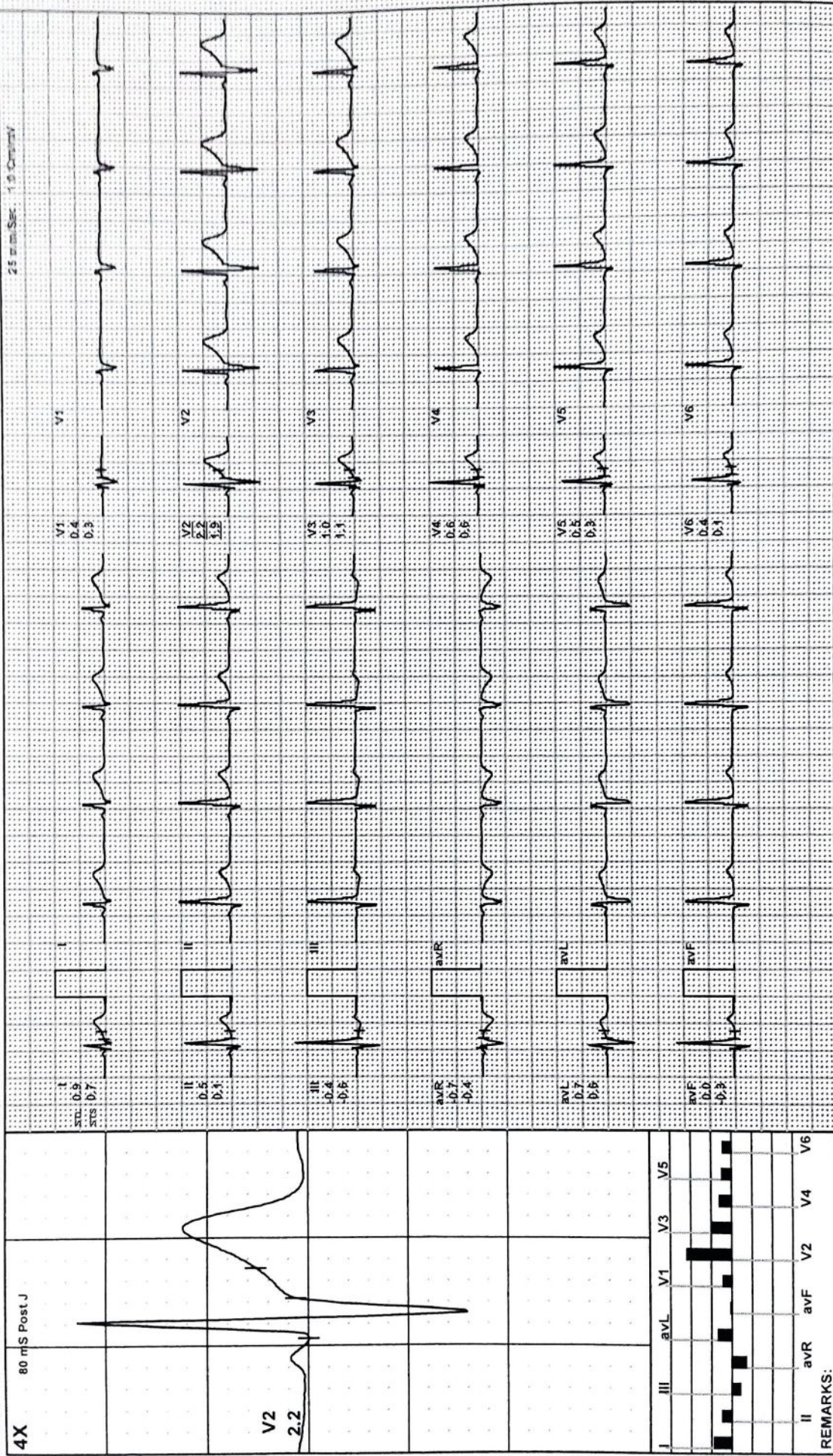
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ASHUTOSH RAI / 45 Yrs / M / 178 Cms / 76 Kg / HR : 69

BRUCE:HV(0:05)



Date: 24 - 08 - 2024 METS: 1.0/ 69 bpm 39% of THR BP: 120/70 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz  
 4X 80 mS Post J ExTime: 00:00 0.0 Km/h 0.0% 2.5 mm/Sec 1.9 Cm/mV



Lead	III	avL	V1	V3	V5
II	avR	avF	V2	V4	V6

REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

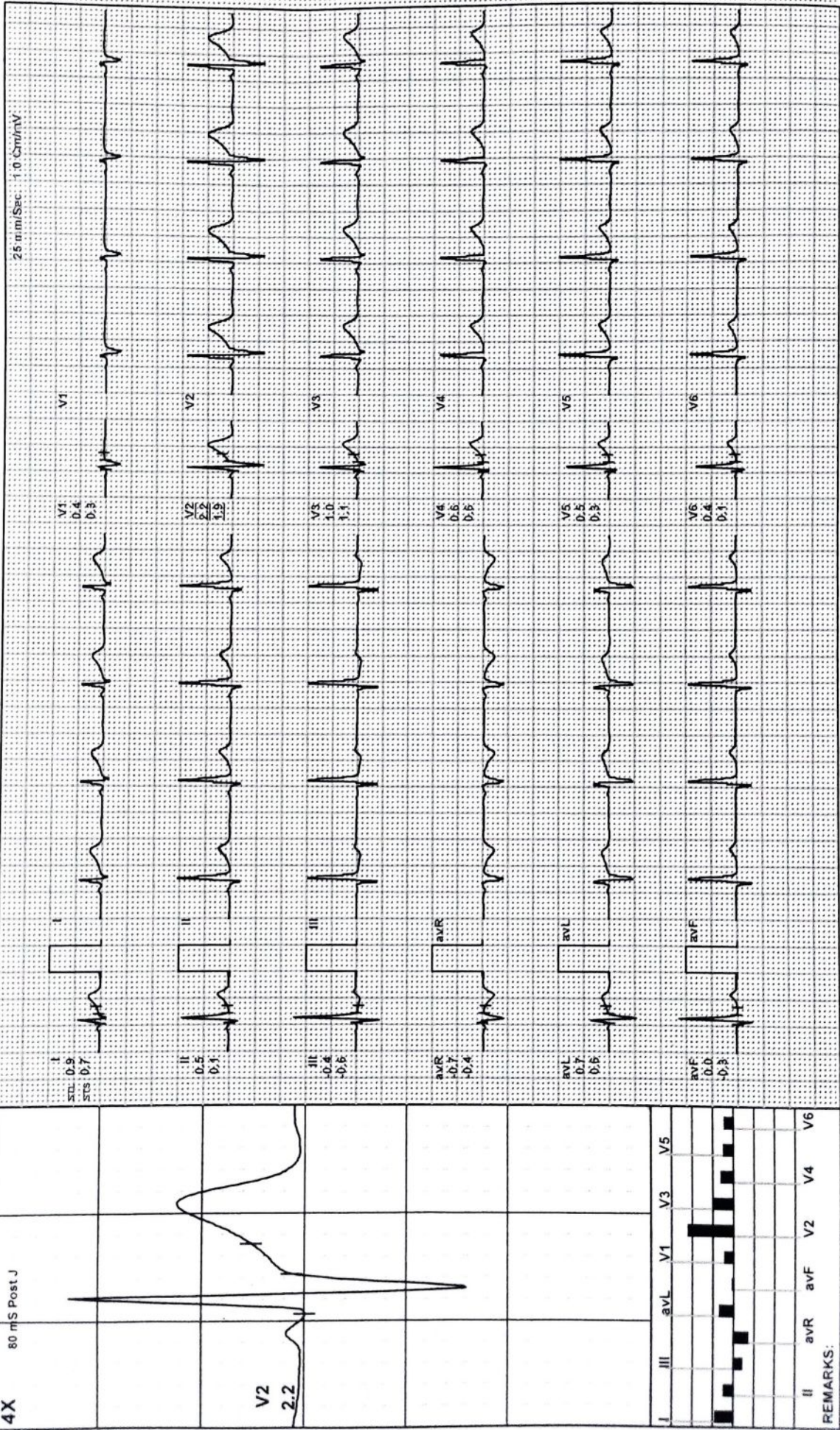
ASHUTOSH RAI / 45 Yrs / M / 178 Cms / 76 Kg / HR : 72

ExStart  
AGHPL

Date: 24 - 08 - 2024

MEETS: 1.1/72 bpm 41% of THR BP: 120/70 mmHg Combined Medians/ BLC Or/ Notch Or/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 2.7 Kmph. 10.0%



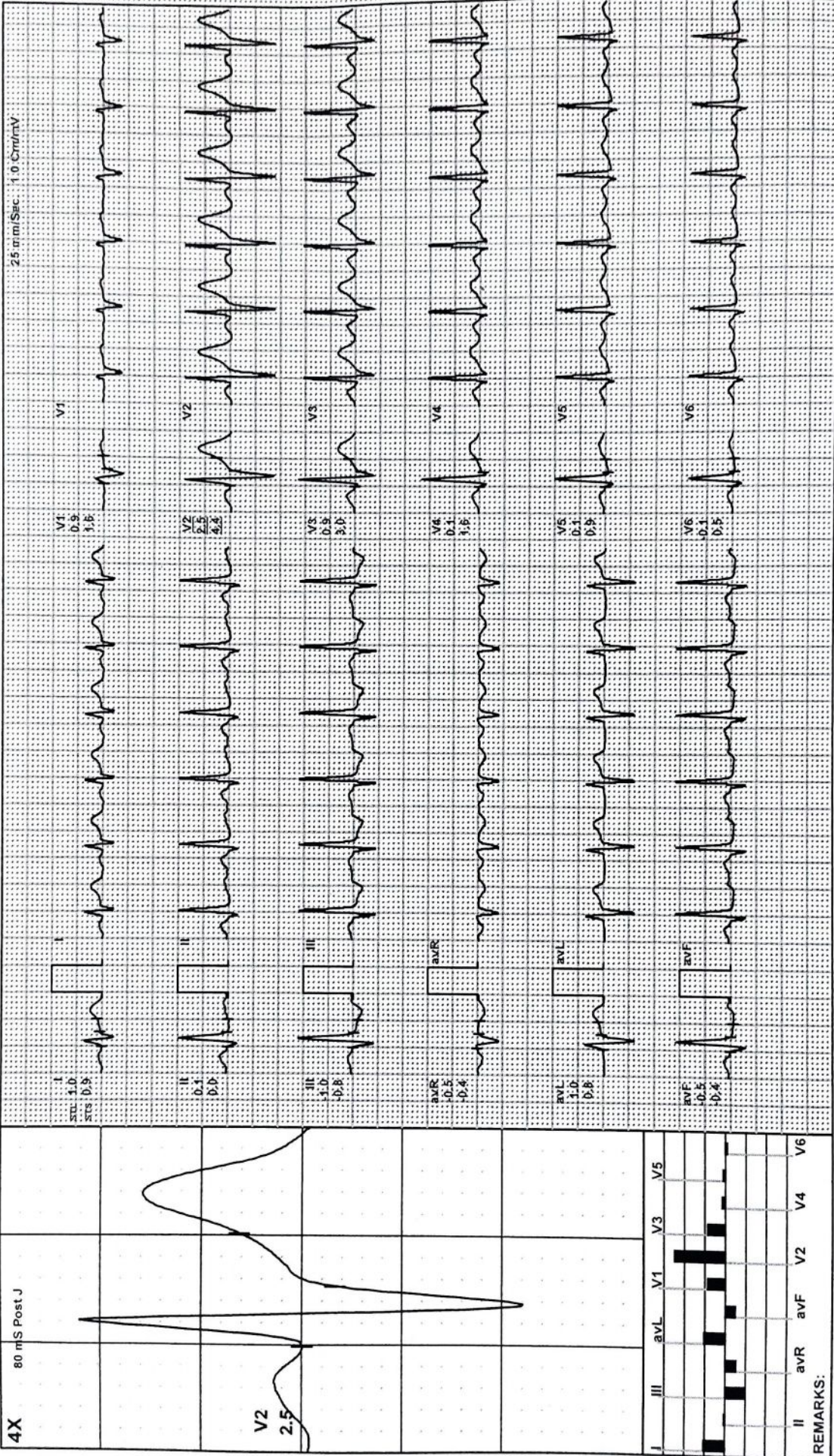


BRUCE:Stage 1(3:00)

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ASHUTOSH RAI / 45 Yrs / M / 178 Cms / 76 Kg / HR : 120

Date: 24 - 08 - 2024 METS: 4.7/ 120 bpm 69% of THR BP: 128/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 03:00 2.7 Kmph. 10.0%



REMARKS:

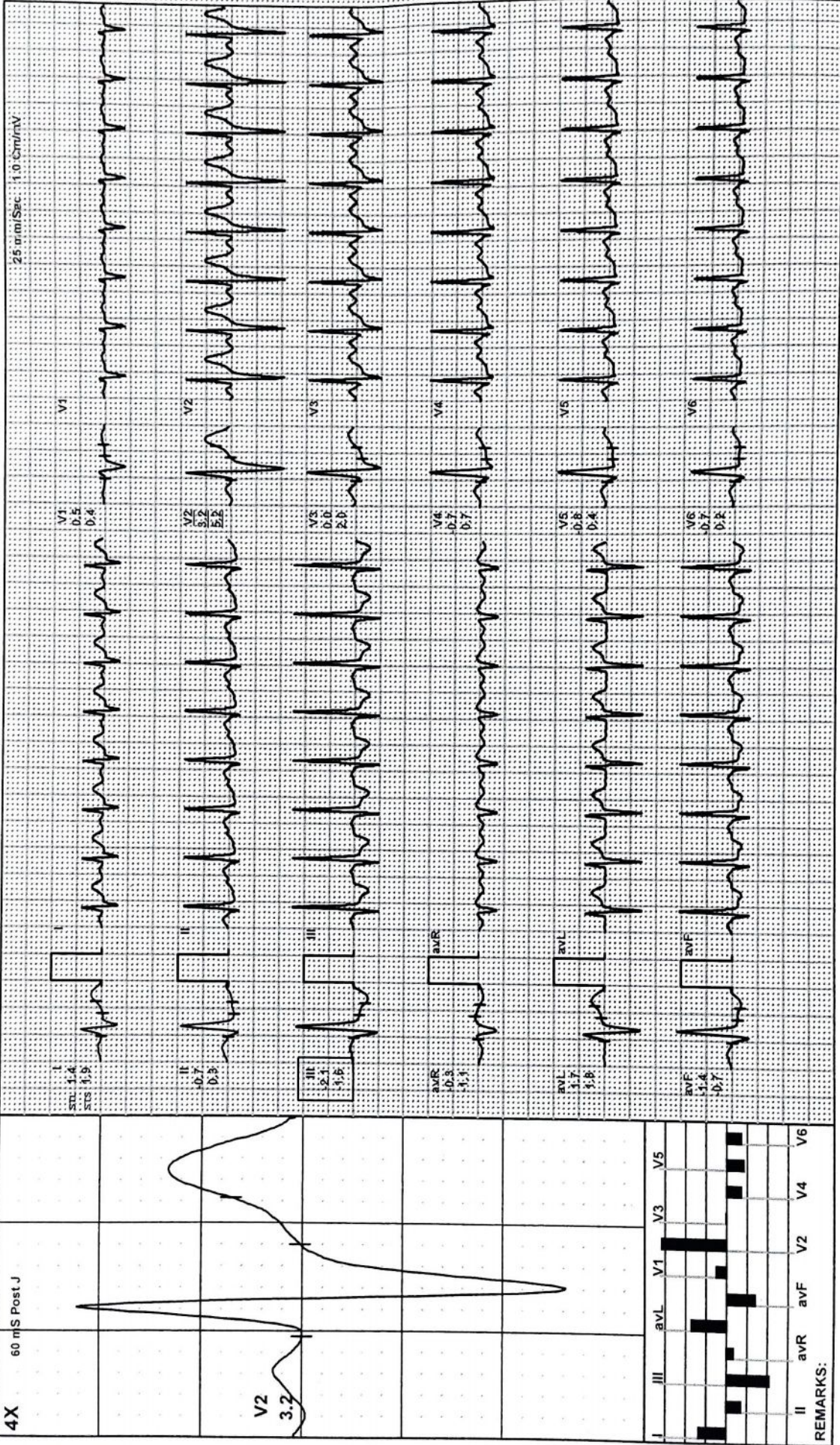
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ASHUTOSH RAI / 45 Yrs / M / 178 Cms / 76 Kg / HR : 145

BRUCE: Stage 2(3:00)



Date: 24 - 08 - 2024 METS: 7.1/ 145 bpm 83% of THR BP: 136/84 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz ExTime: 06:00 4.0 Kmph. 12.0%



REMARKS:

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ASHUTOSH RAI / 45 Yrs / M / 178 Cms / 76 Kg / HR : 164

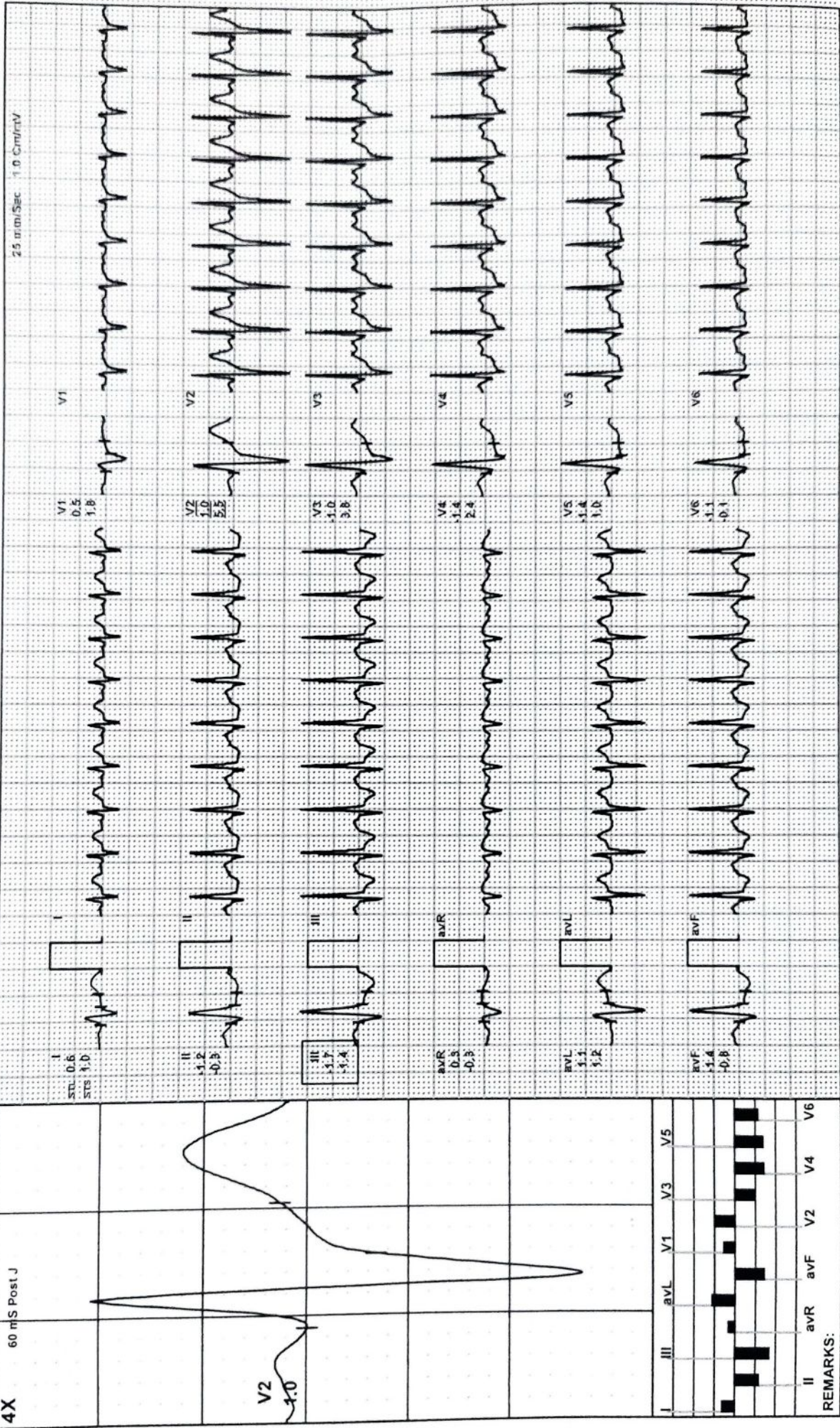
PeakEx



Date: 24 - 08 - 2024

METS: 9.5/ 164 bpm 94% of THR BP: 140/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 08:17 5.5 Kmph 14.0%





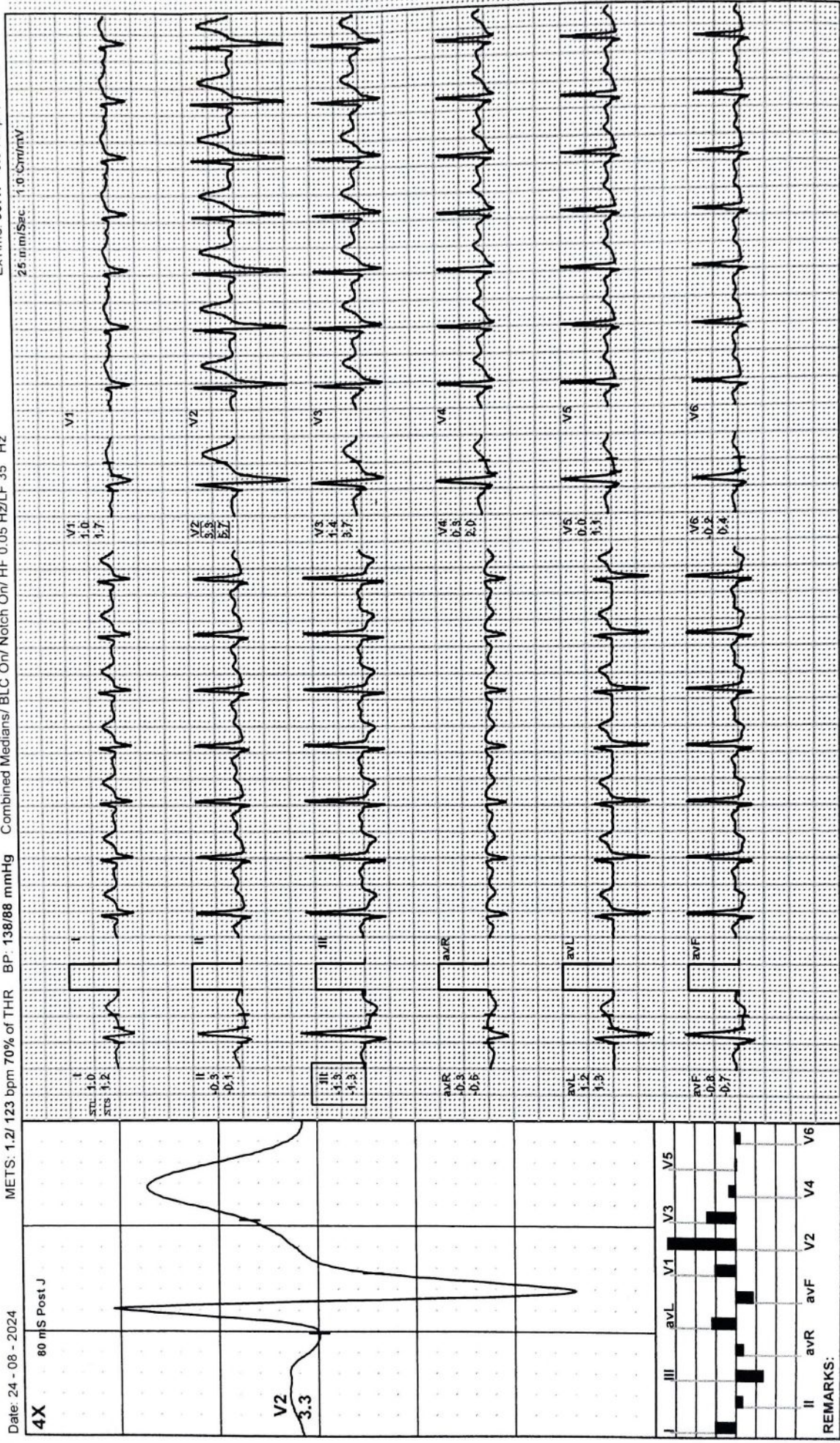
Recovery(1:00)

# MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ASHUTOSH RAI / 45 Yrs / M / 178 Cms / 76 Kg / HR : 123

ExTime: 08:17 0.0 KmPh. 0.0%

Date: 24 - 08 - 2024 METS: 1.2/ 123 bpm 70% of THR BP: 138/88 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



4X 80 mS Post J

I  
STL: 1.0  
STR: 1.2

V1  
1.0  
1.7

II  
0.5  
0.1

V2  
3.3  
5.7

III  
1.5  
1.3

V3  
1.4  
3.7

aVR  
0.8  
0.5

V4  
0.5  
2.0

aVL  
1.2  
1.3

V5  
0.0  
3.3

aVF  
0.8  
0.7

V6  
0.2  
0.4

I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
0.5	0.5	1.5	0.8	1.2	0.8	1.0	3.3	1.4	0.5	0.0	0.2
1.2	0.1	1.3	0.5	1.3	0.7	1.7	5.7	3.7	2.0	3.3	0.4

REMARKS:

**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

ASHUTOSH RAI / 45 Yrs / M / 178 Cms / 76 Kg / HR : 102

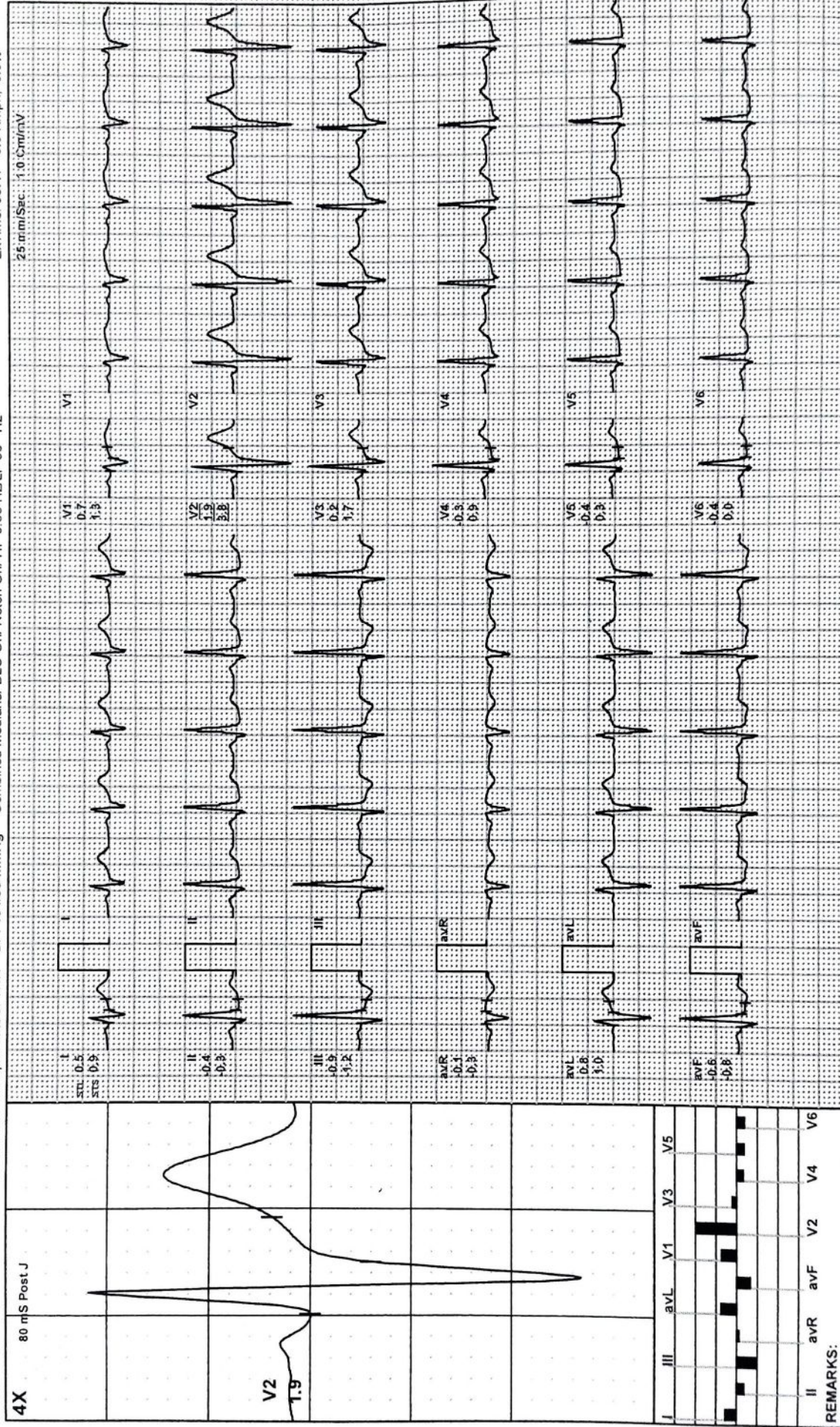
Recovery(2:00)



Date: 24 - 08 - 2024

METS: 1.0/ 102 bpm 58% of THR BP: 134/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 08:17 0.0 Kmph, 0.0%





**MODERN PATHOLOGY AND DIAGNOSTIC CENTER**

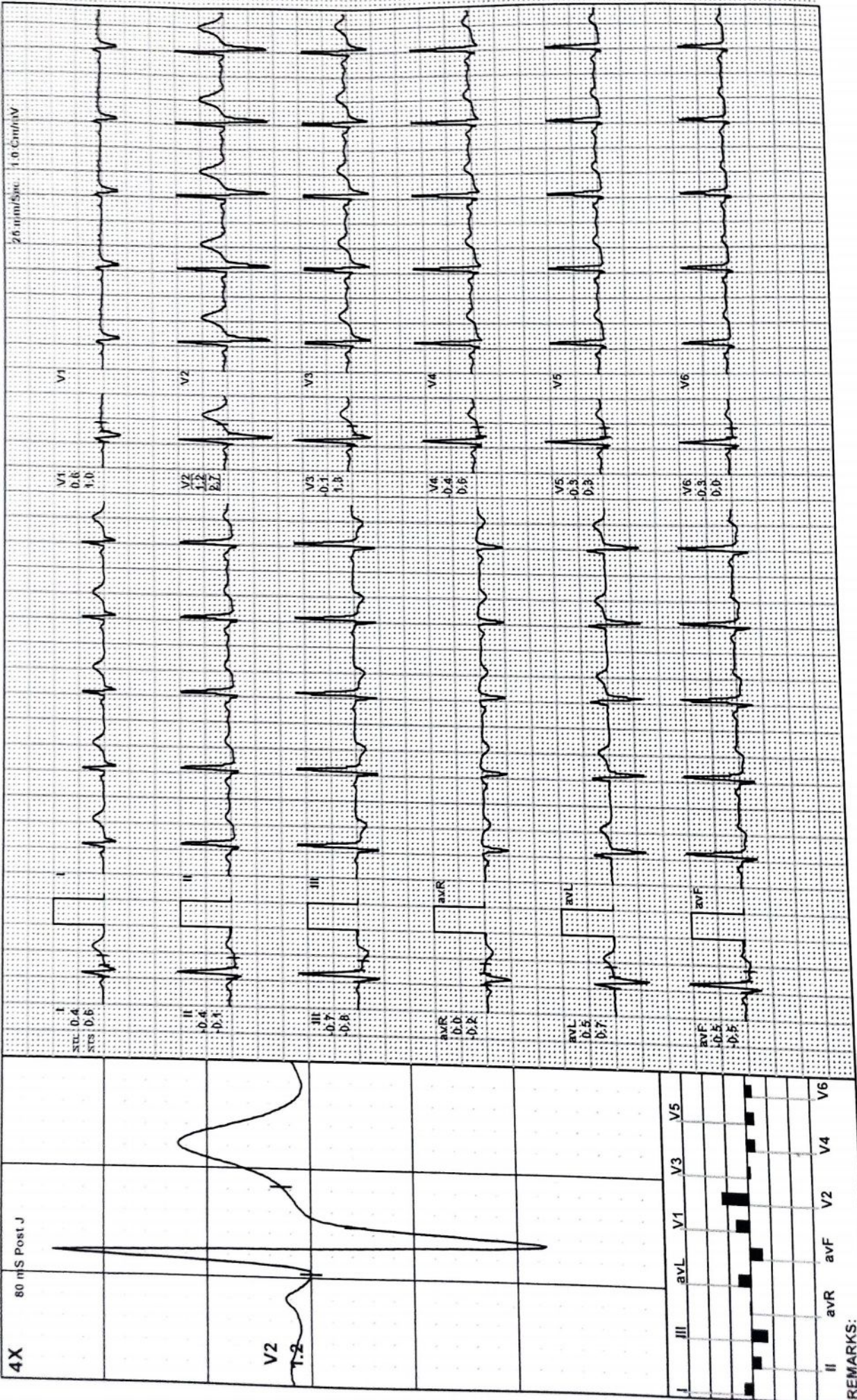
ASHUTOSH RAI / 45 Yrs / M / 178 Cms / 76 Kg / HR : 88

Recovery(3:00)

Date 24 - 09 - 2024

METS: 1.0/ 88 bpm 50% of THR BP: 130/82 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/L/F 35 Hz

ExTime 08:17 0.0 KmPh, 0.0%



REMARKS:



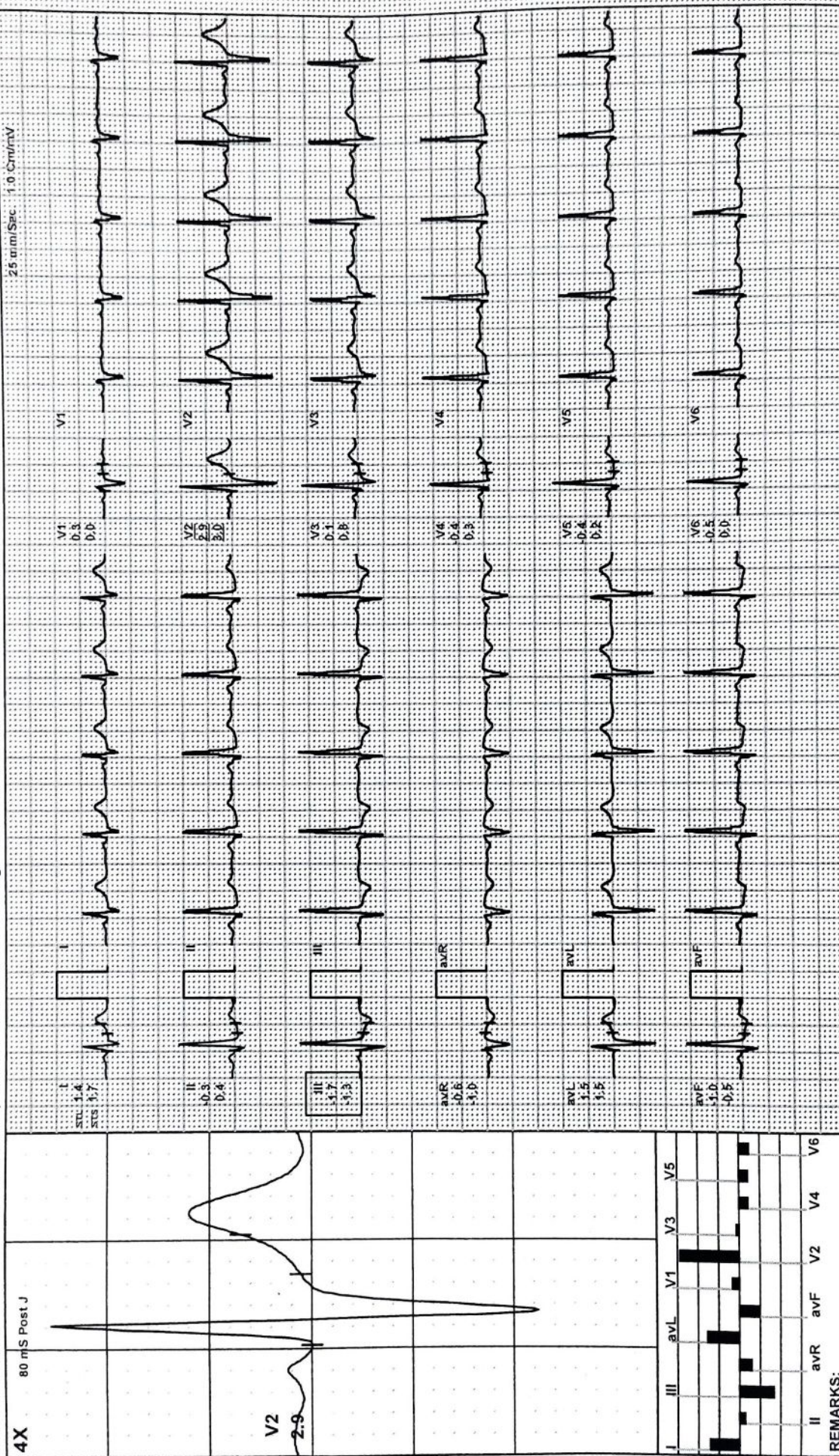
Recovery(3:21)

# MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ASHUTOSH RAI / 45 Yrs / M / 178 Cms / 76 Kg / HR : 90

ExTime 08:17 0.0 Kmph, 0.0%

MEETS: 1.0/ 90 bpm 51% of THR BP: 126/80 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



REMARKS:



# MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi  
M.B.B.S., M.D. (Path & Bact)



### CLINIC :

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Gomti Nagar, Lucknow - 226 010  
Ph.: 0522-4008184, 4308184 ☎ 8112323230  
Mob.: 7618884441, 9450389932, 8177063877



TEST REQUEST ID :012408240023	SAMPLE DATE	:24/Aug/2024 09:25AM
NAME :Mr. ASHUTOSH RAI	SAMPLE REC. DATE	:24/Aug/2024 09:27AM
AGE/SEX :45 YRS/MALE	REPORTED DATE	:24/Aug/2024 01:25PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01240023

### XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

Please correlate clinically.

\*\*\* End Of Report \*\*\*



**Sanjay Rastogi**

M.B.B.S., DCP, CRIAT (BARC)

*Surbhi*

**Dr.Surbhi**  
MBBS,MD (Radiodiagnosis)

**Dr. Smita Rastogi**

M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

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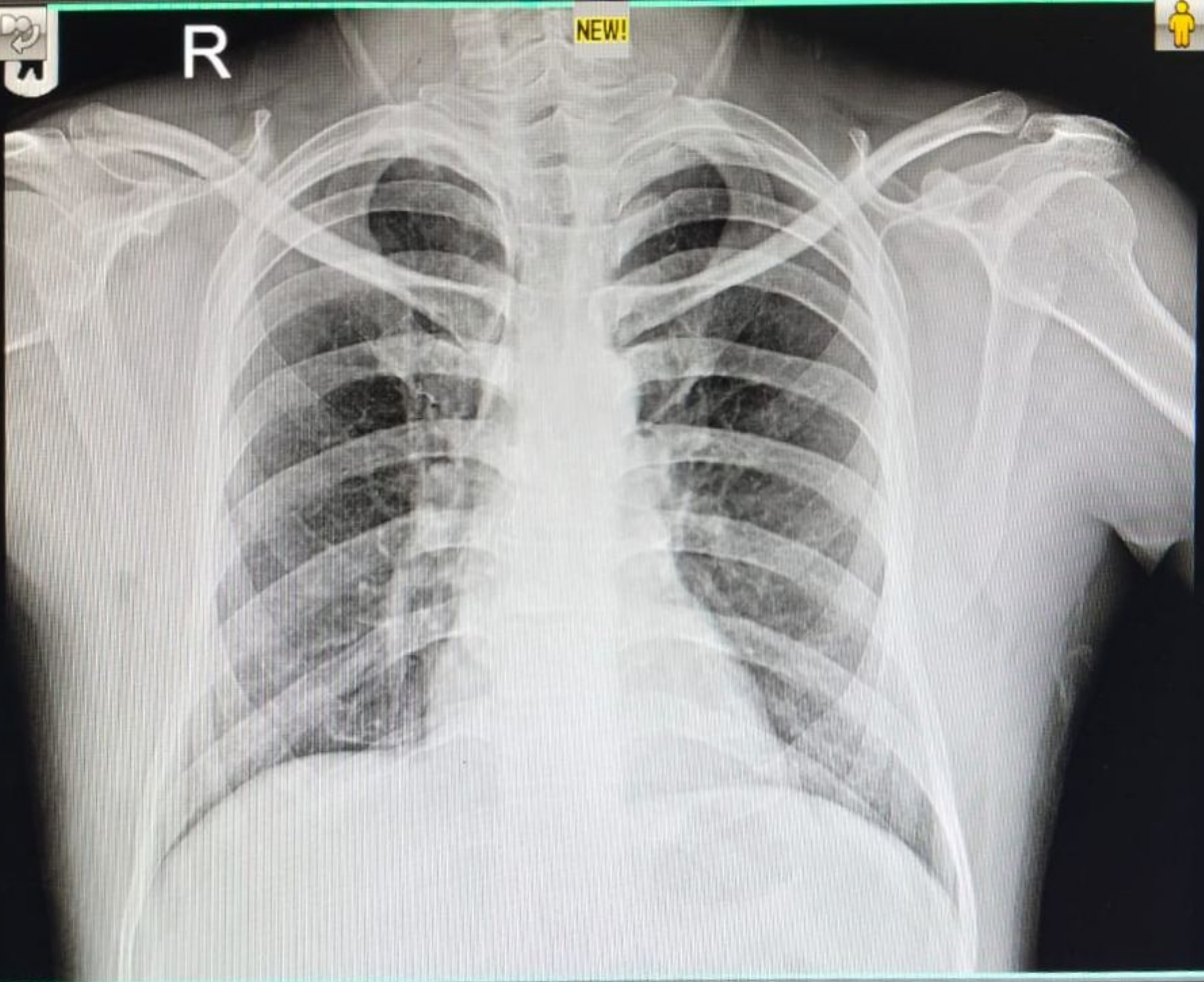


R

NEW!



NG



24082405629 MR ASHUTOSH RAI 45YRS M SELF CHEST PA  
08/24/2024 MODERN PATHOLOGY & DIAGNOSTIC CENTRE GOMTI NAGAR LUCKNOW