



Name : Dibya Prakash Jena

Age/Sex: 38 Y/M

Date: 24/08/2024

USG OF WHOLE ABDOMEN/PELVIS

Liver appears normal in size (measures 13.3cm in the mid-clavicular line), shape and contour. Normal homogeneous parenchymal echotexture noted. No evidence of focal lesion seen. Intra-hepatic vascular & biliary radicles appear normal in caliber. Portal vein measures 10mm in caliber.

Gall Bladder is normal in size, shape and position. Wall thickness appears normal. No evidence of any intraluminal mass lesion or calculi noted.

CBD is normal in caliber (4mm). Distal duct is not visualized due to overlying bowel gas.

Pancreas is normal in size, shape and echopattern. Pancreatic tail is not visualized. PD is not dilated.

Spleen shows normal size (8.8cm), shape and homogeneous echopattern. No focal lesion is seen.

Kidneys are normal in shape, position and axis. Cortical echo pattern and parenchymal thickness is normal bilaterally. CM differentiation is maintained. No hydronephrotic changes or cortical cysts or calculi are seen on either side.

RK Measures: 9.2 x 3.8 cm. LK Measures: 9.9 x 4.5 cm.

Urinary Bladder is normal in outline. No intra-luminal lesion noted.

Prostate is enlarged in size; shape and parenchymal echo pattern. Prostate measures 30cc in volume.


RIF: Appendix is not visible. **Excessive intra-abdominal gases seen.**

No evidence of fluid collections noted in peritoneal space.

IMPRESSION

- Grade-I Prostatomegaly.
- PVRU-Nil.

Suggested further evaluation if clinically indicated.


Consultant Sonologist

: Facilities :

- Pathology with Biochemistry
- Microbiology, Histopathology
- 5d Ultrasound
- Digital X-ray
- FNAC, Culture, Biopsy
- NCV
- EEG, ECG, 2D ECHO
- Thyroid, Colour Doppler
- Holter
- PFT
- Video Endoscopy
- Video Colonoscopy
- TMT
- Colour Doppler
- Uroflometry





Date: 24 - 08 - 2024 11:19:08 AM METs : 1.0 HR : 122 Target HR : 67% of 182 BP : 134/94

ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

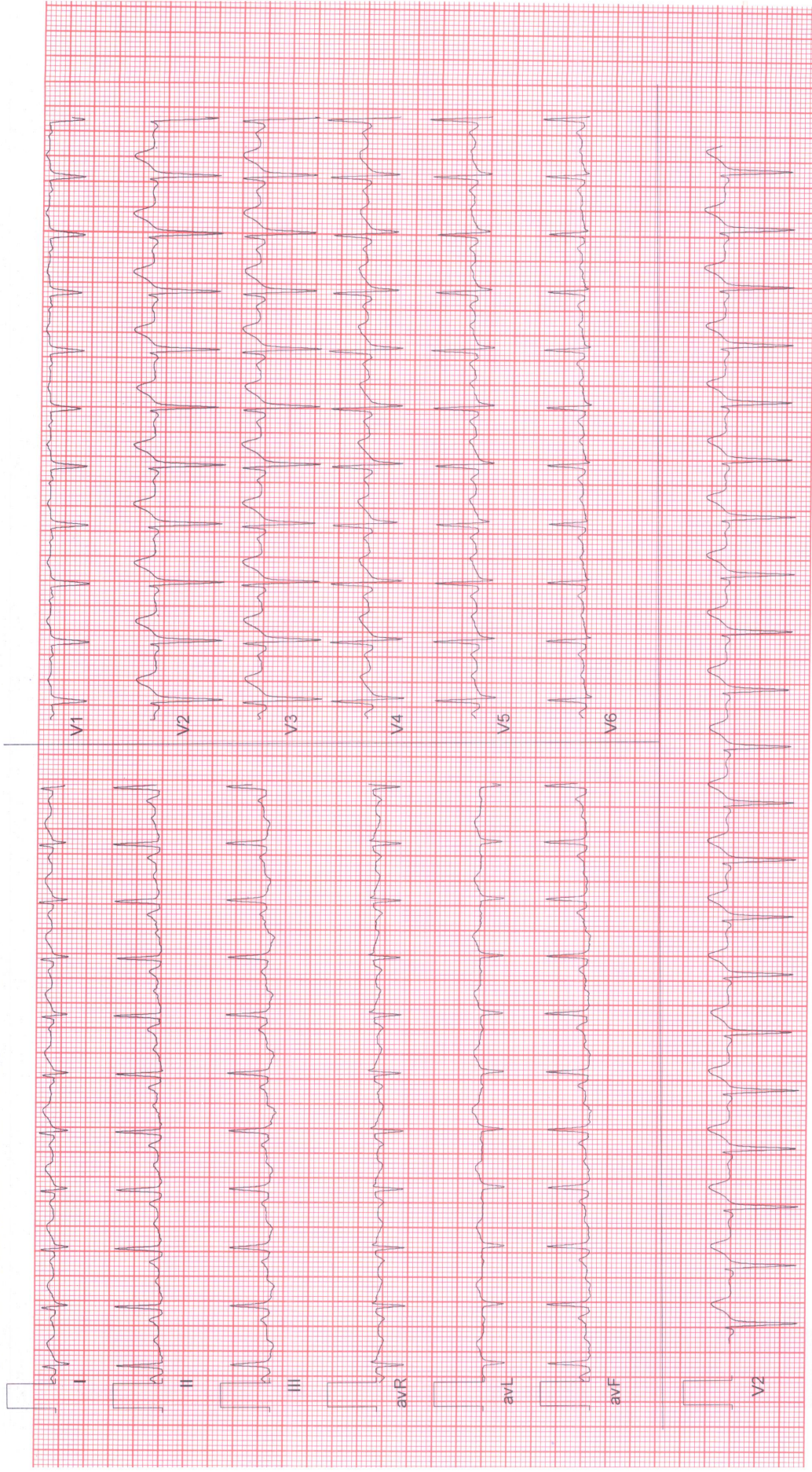
1122 / DIBYA PRAKASH JENA / 38 Yrs / Male / 158 Cm / 50 Kg

6 x 2 + Rhythm
BRUCE: Standing(0:15)



Date: 24 - 08 - 2024 11:19:08 AM METs : 1.0 HR : 123 Target HR : 68% of 182 BP : 134/94

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



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1122 / DIBYA PRAKASH JENA / 38 Yrs / Male / 158 Cm / 50 Kg

6 x 2 + Rhythm
BRUCE:HV(0:16)



Date: 24 - 08 - 2024 11:19:08 AM METs : 1.0 HR : 128 Target HR : 70% of 182 BP : 134/94

Ex Time : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



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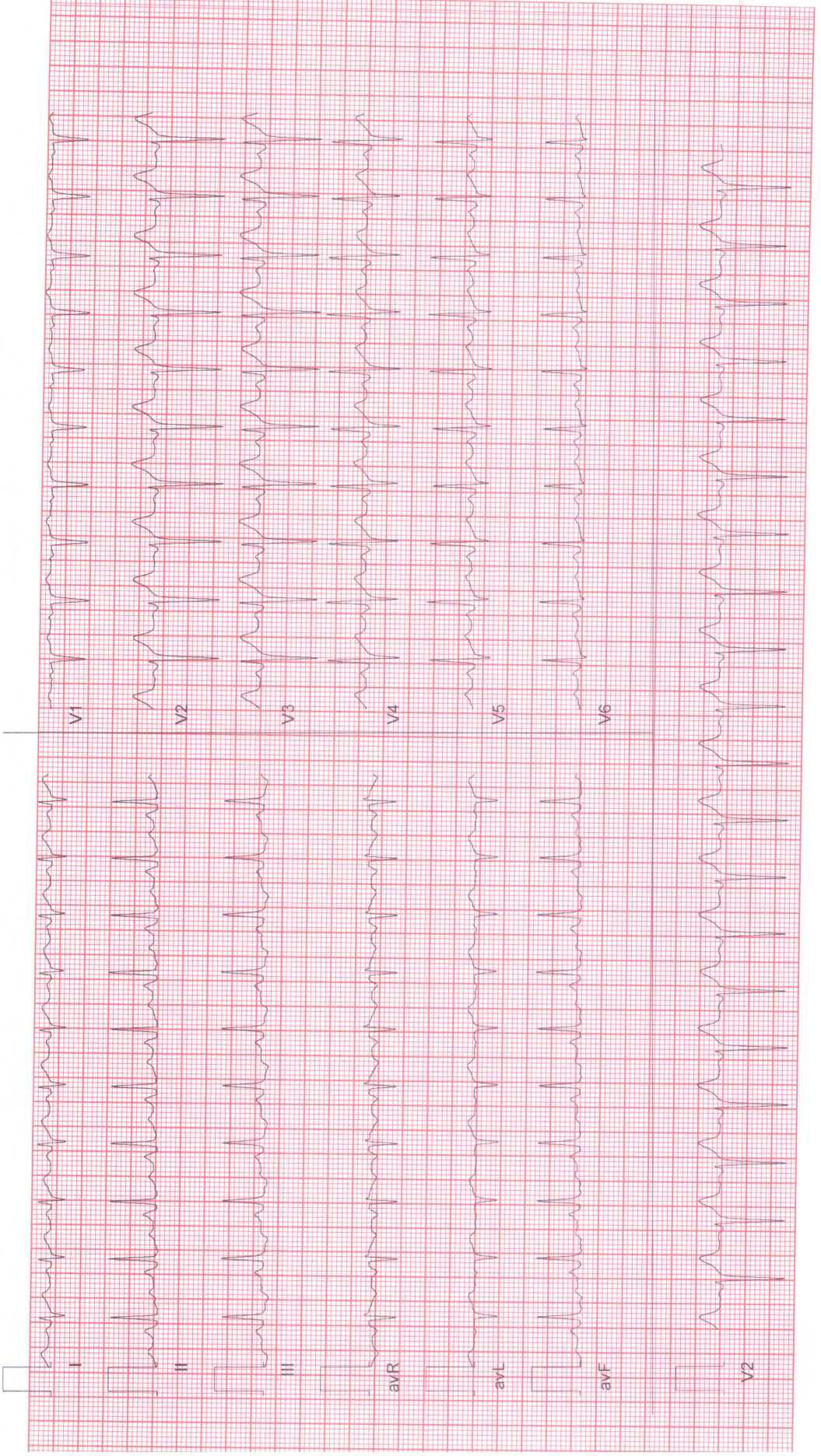
1122 / DIBYA PRAKASH JENA / 38 Yrs / Male / 158 Cm / 50 Kg

6 x 2 + Rhythm
ExStart



Date: 24 - 08 - 2024 11:19:08 AM METs : 1.0 HR : 122 Target HR : 67% of 182 BP : 134/94

Ex Time : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



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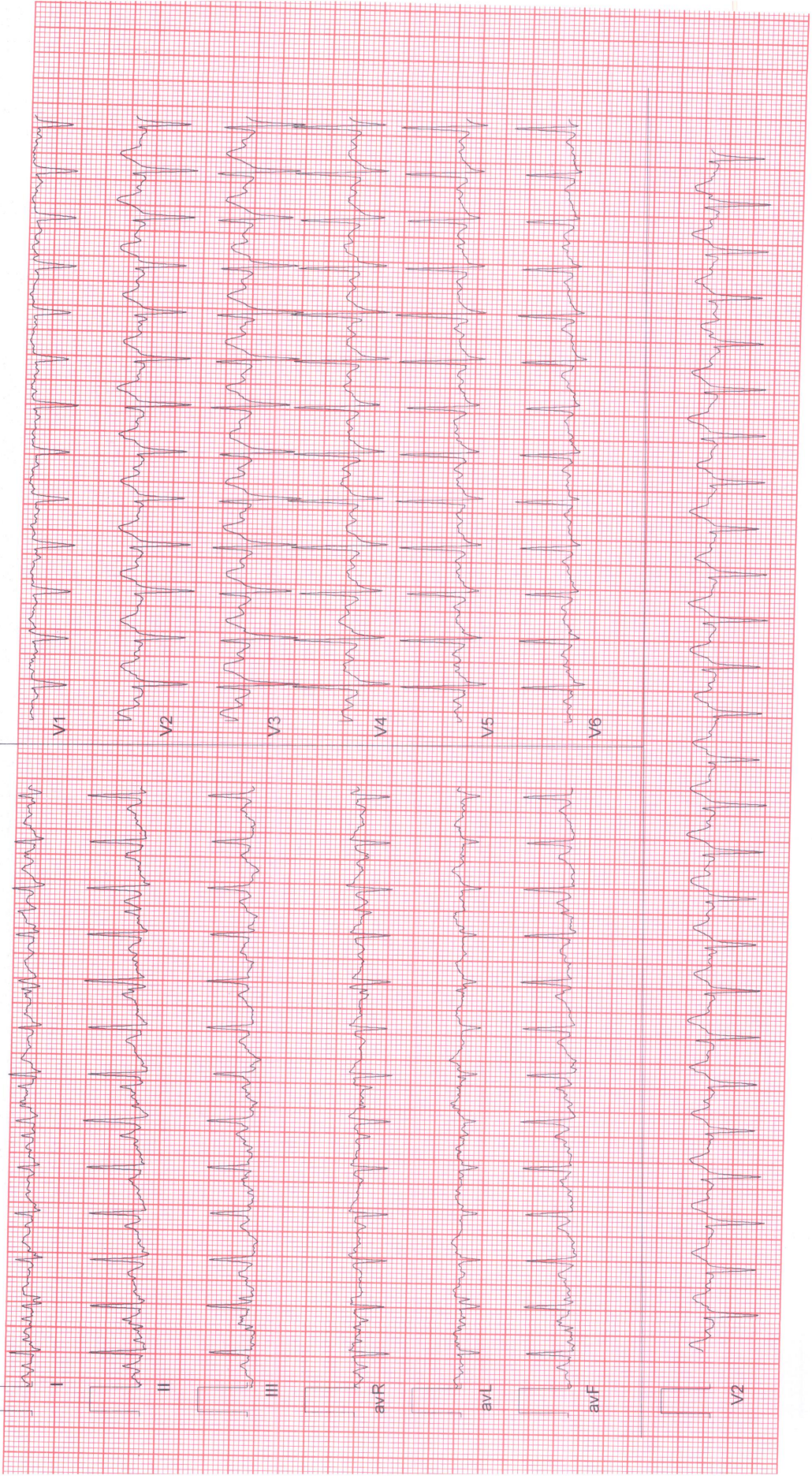
SAHIDNAGAR, BHUBANESWAR

1122 / DIBYA PRAKASH JENA / 38 Yrs / Male / 158 Cm / 50 Kg

6 x 2 + Rhythm
BRUCE: Stage 1 (3:00)



Date: 24 - 08 - 2024 11:19:08 AM METs : 4.7 HR : 155 Target HR : 85% of 182 BP : 136/96 Ex Time : 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



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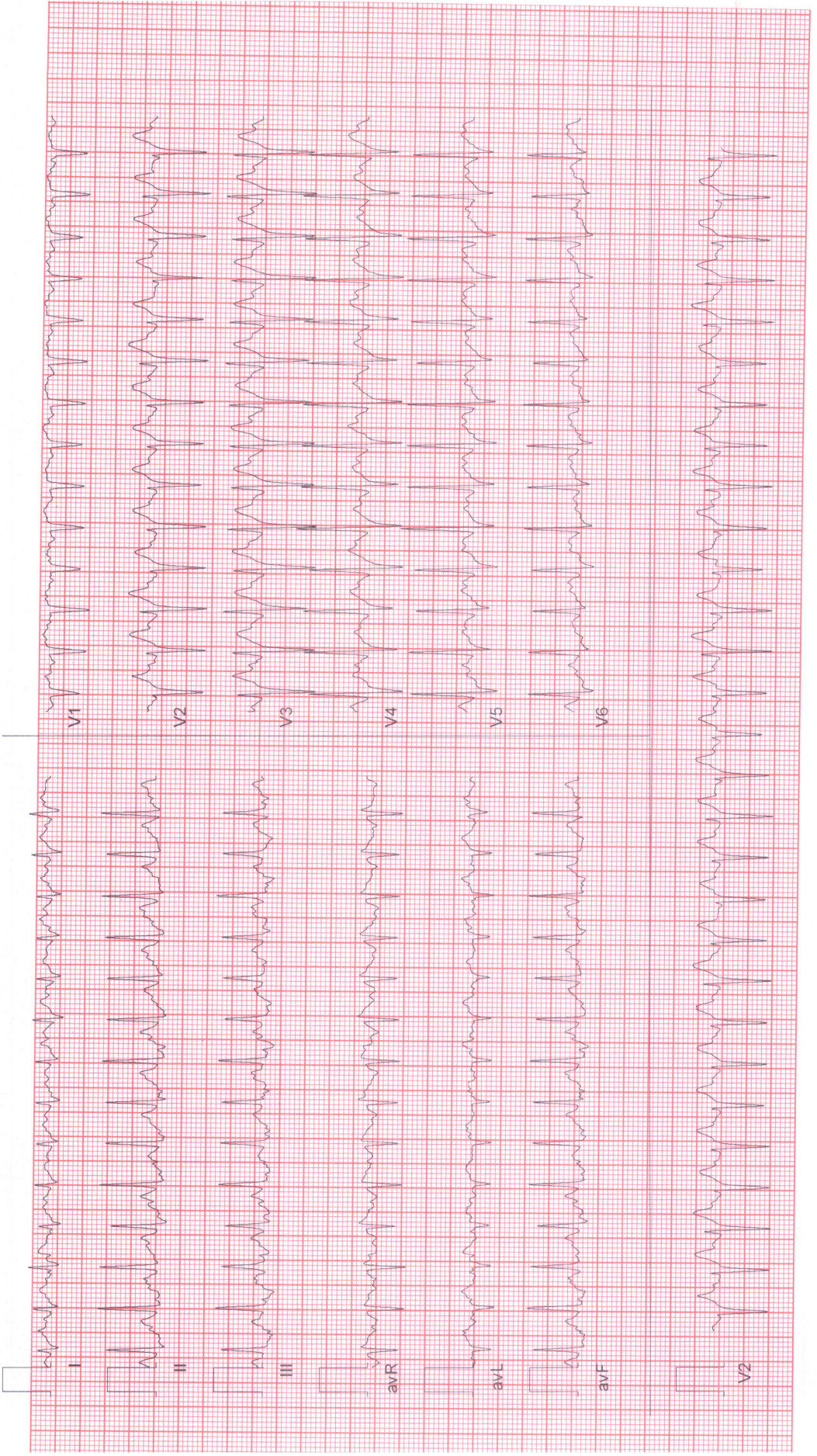
1122 / DIBYA PRAKASH JENA / 38 Yrs / Male / 158 Cm / 50 Kg

6 x 2 + Rhythm
BRUCE: Stage 2(3:00)



Date: 24 - 08 - 2024 11:19:08 AM METs : 7.1 HR : 171 Target HR : 94% of 182 BP : 138/98

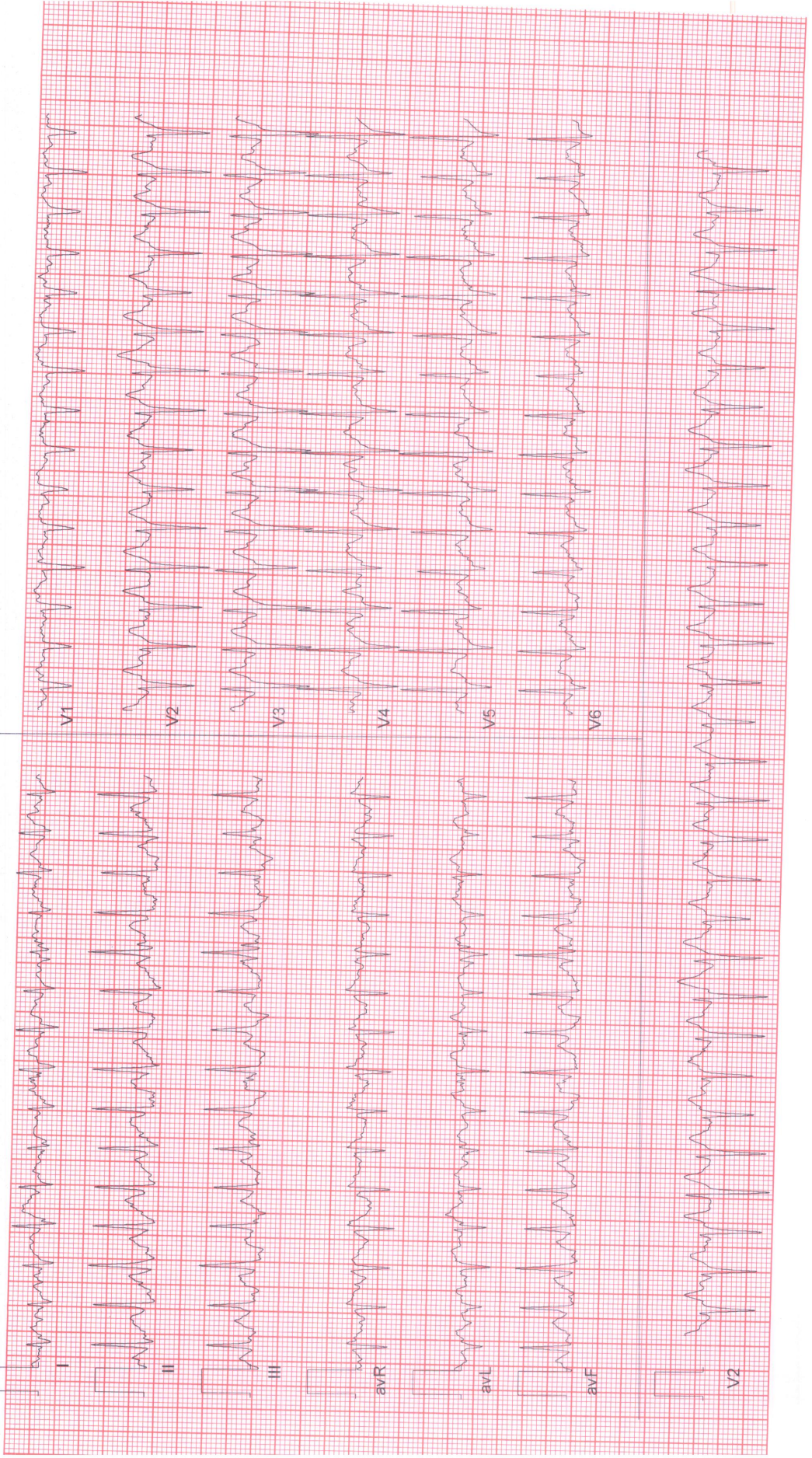
Ex Time : 06:00 2.5 mph 12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 24-08-2024 11:19:08 AM METs : 9.3 HR : 181 Target HR : 99% of 182 BP : 140/98

Ex Time : 08:08 3.4 mph 14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



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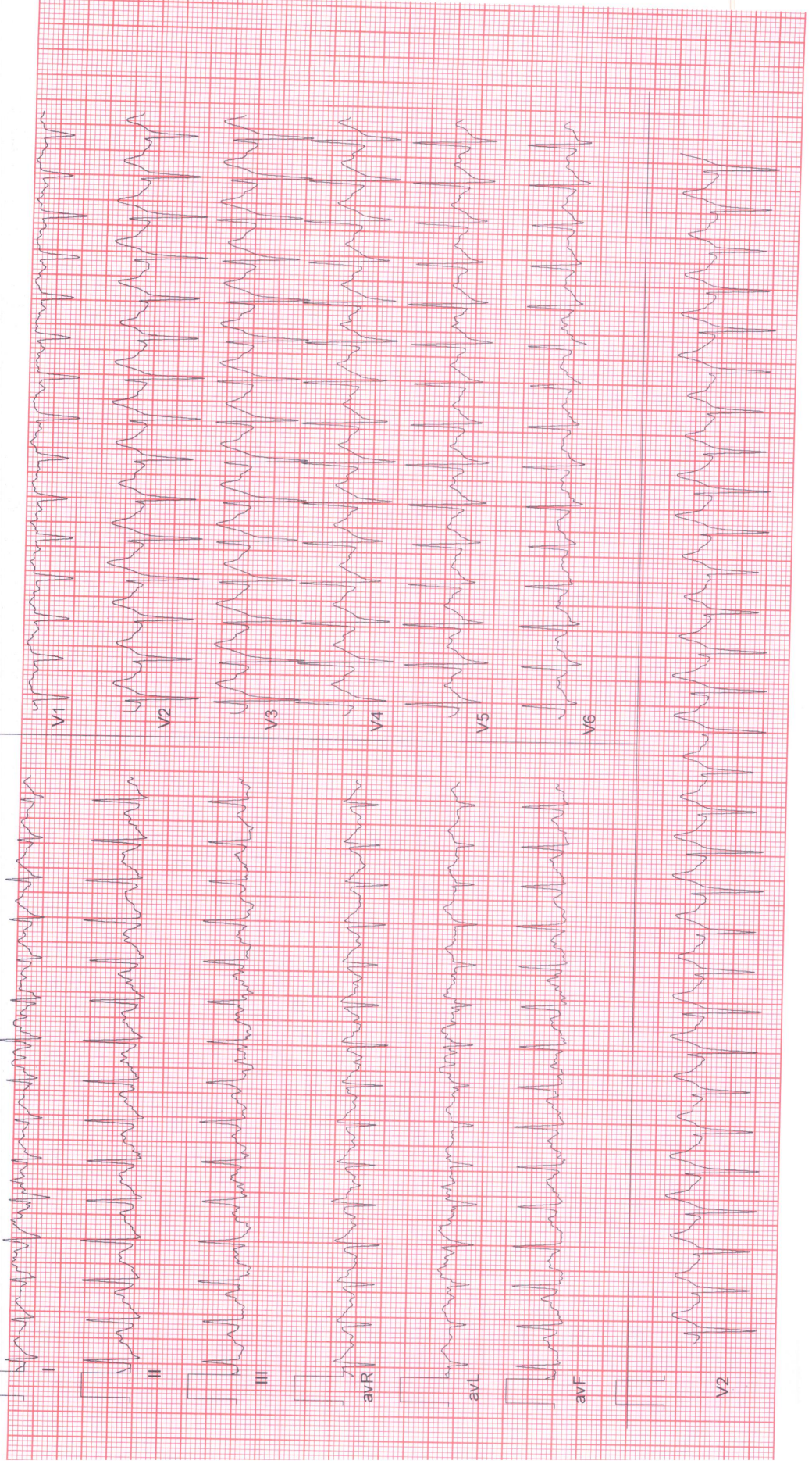
1122 / DIBYA PRAKASH JENA / 38 Yrs / Male / 158 Cm / 50 Kg

**6 x 2 + Rhythm
Recovery(0:30)**



Date: 24 - 08 - 2024 11:19:08 AM METs : 4.2 HR : 179 Target HR : 98% of 182 BP : 140/98

ExTime : 08:08 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz



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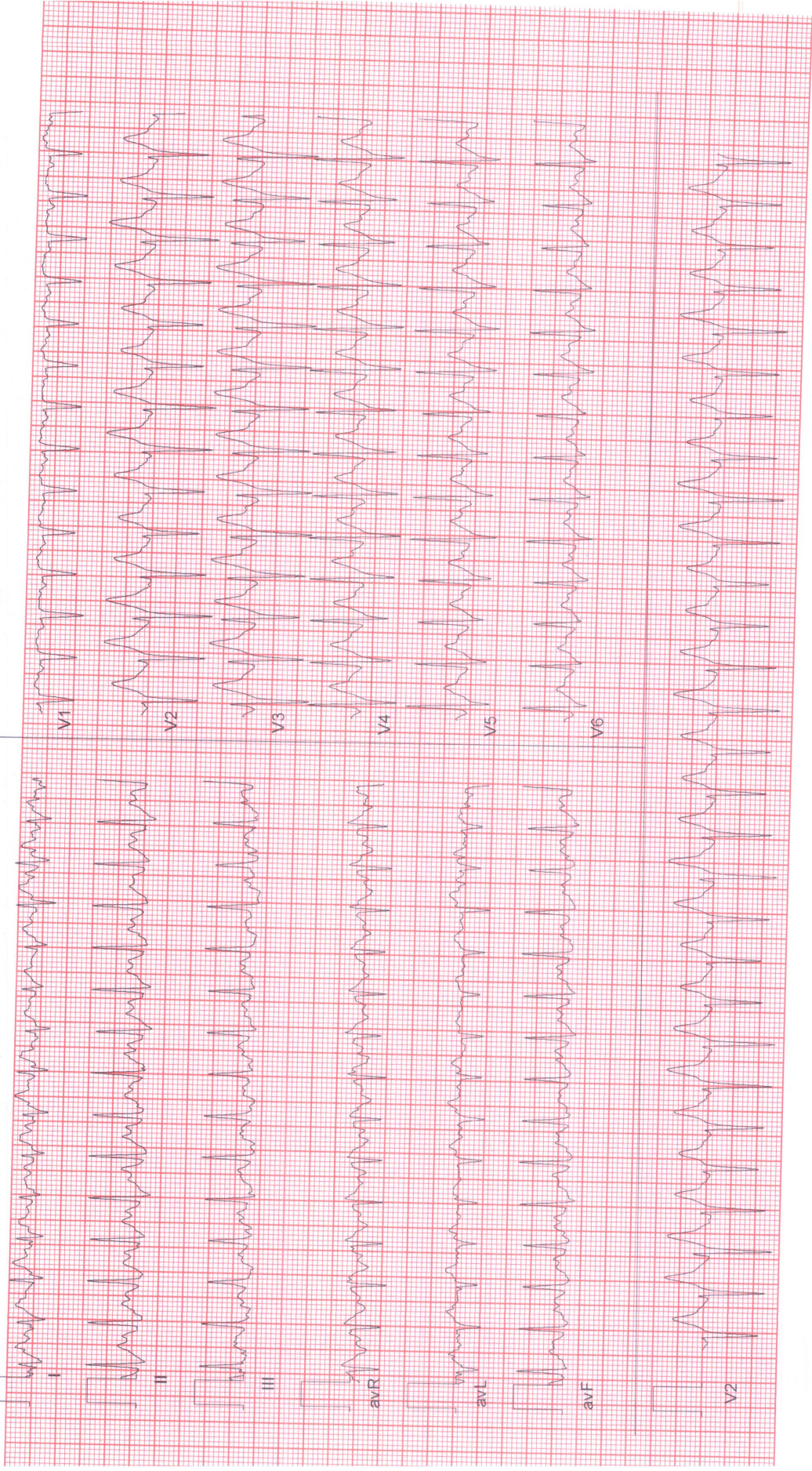
1122 / DIBYA PRAKASH JENA / 38 Yrs / Male / 158 Cm / 50 Kg

6 x 2 + Rhythm
Recovery(1:00)



Date: 24 - 08 - 2024 11:19:08 AM METs : 1.2 HR : 171 Target HR : 94% of 182 BP : 138/88

ExTime : 08:08 1.1 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



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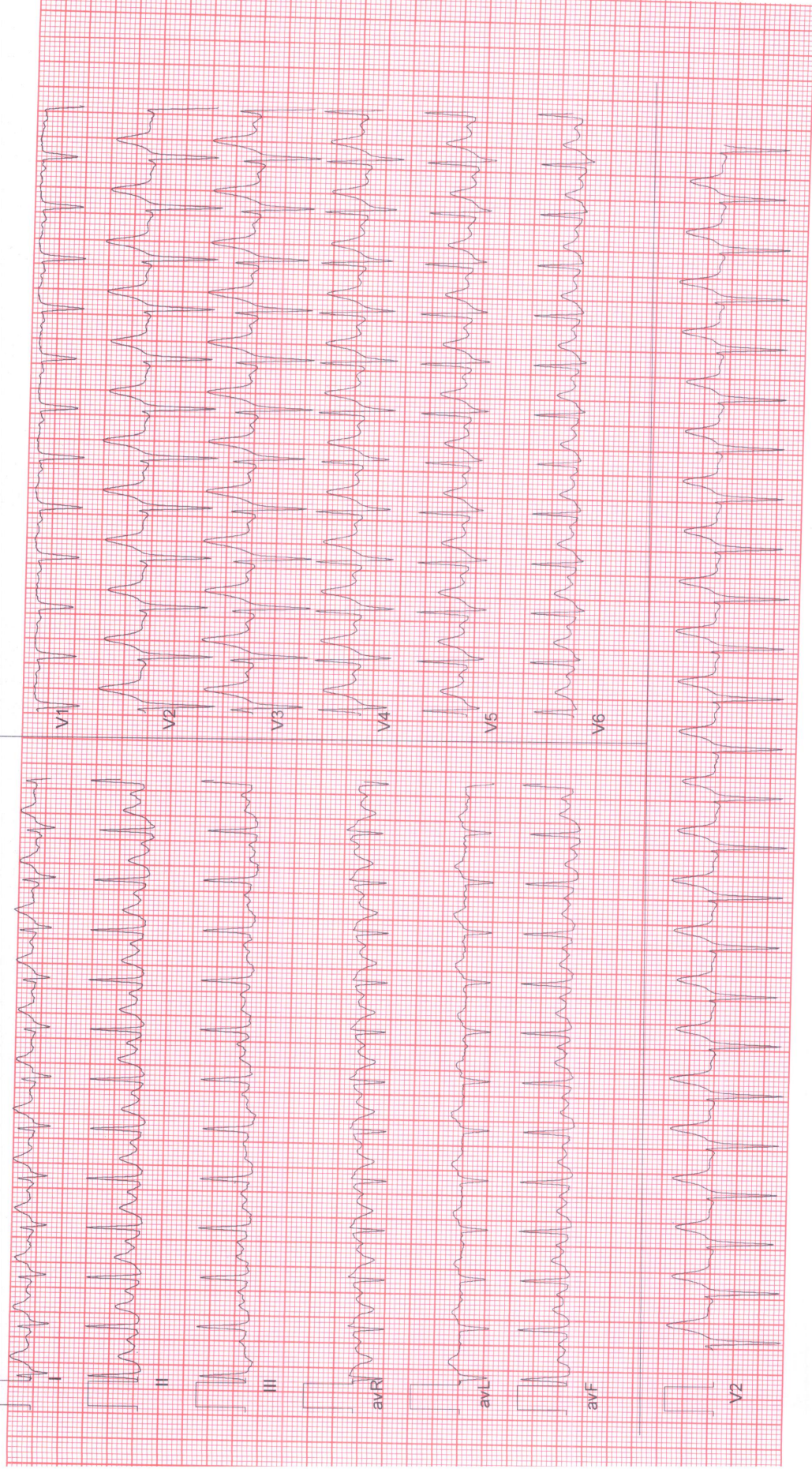
1122 / DIBYA PRAKASH JENA / 38 Yrs / Male / 158 Cm / 50 Kg

6 x 2 + Rhythm
Recovery(3:00)



Date: 24 - 08 - 2024 11:19:08 AM METs : 1.0 HR : 147 Target HR : 81% of 182 BP : 136/96

ExTime : 08:08 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



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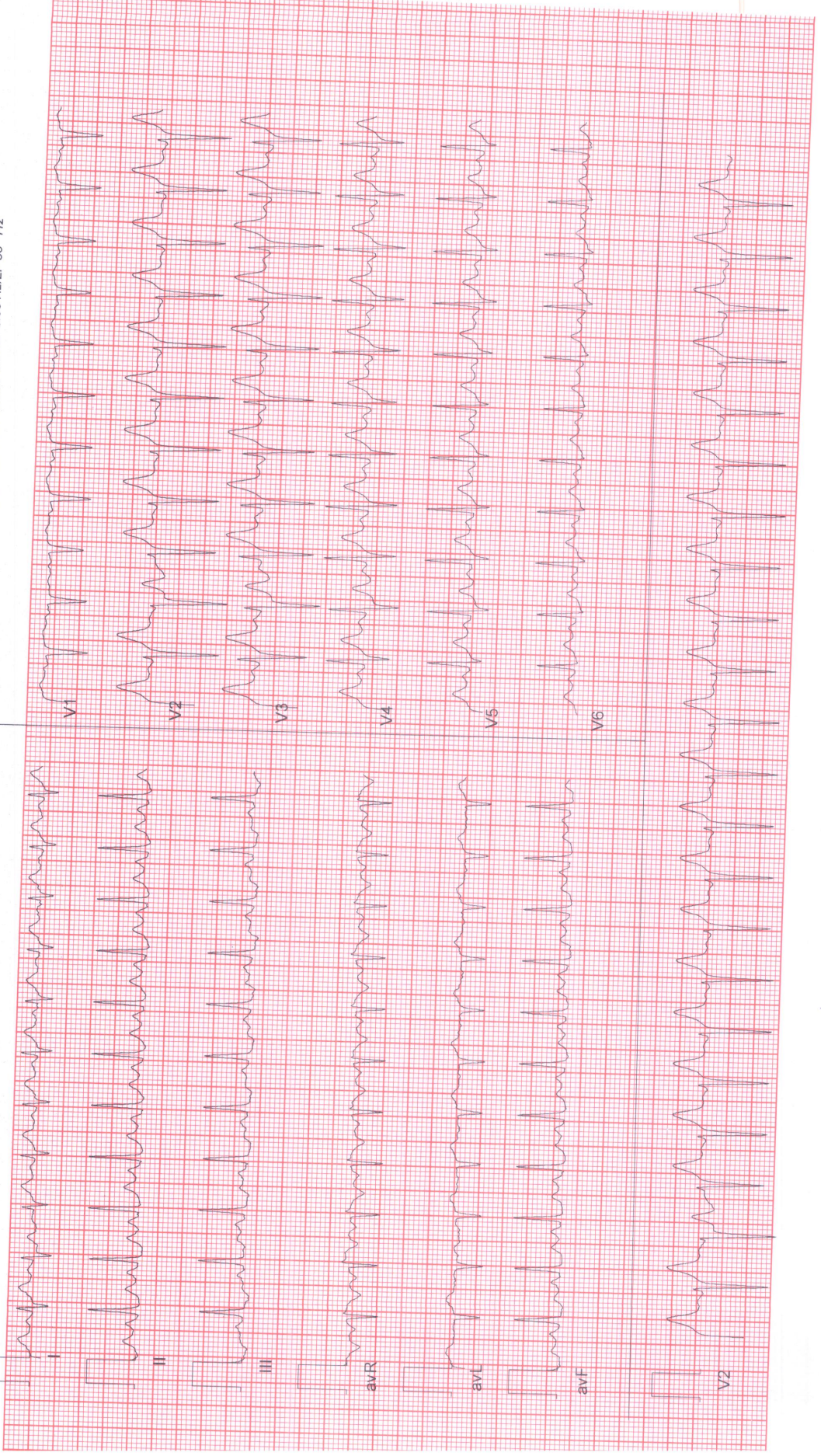
1122 / DIBYA PRAKASH JENA / 38 Yrs / Male / 158 Cm / 50 Kg

6 x 2 + Rhythm
Recovery(5:04)



Date: 24 - 08 - 2024 11:19:08 AM METs : 1.0 HR : 136 Target HR : 75% of 182 BP : 134/94

Ex Time : 08:08 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Patient Name : MR. DIBYA PRAKASH JENA

Age / Gender : 37 years / Male

Patient ID : 22646

Referral : MEDI WHEEL

Collection Time : 24/08/2024, 12:17 PM

Reporting Time : 25/08/2024, 09:16 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
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Routine Examination of Stool

Routine Examination of Stool

PHYSICAL EXAMINATION	
COLOUR	Brown
CONSISTENCY	Semisolid
BLOOD	Nil
MUCUS	Absent
pH	7.0
MICROSCOPIC EXAMINATION	
OVA	Absent
CYSTS	Nil
RED BLOOD CELLS	Nil
PUS CELLS	6-8
VEGETABLE CELLS	++
BACTERIA	+++
Fat	Absent

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Regd. No. : 1834

NAME:-DIBYA PRAKASH JENA
AGE:- 38YRS
Patient ID:-07

REFERRAL:-MEDIWHEEL
DATE:-24.08.2024
SEX:-MALE

CHEST X-RAY PA VEIW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

B. Pradhan

Dr.Bhagaban Pradhan
M.D.(Radio diagnosis)

ConsultantRadiologist

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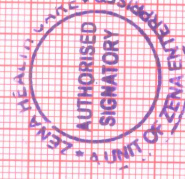
1122 / DIBYA PRAKASH JENA / 38 Yrs / M / 158 Cms / 50 Kg Date: 24-Aug-2024 Refd By : MEDIWHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:12	0:12	00.0	00.0	01.0	122	67 %	134/94	163	00	
Standing	00:27	0:15	00.0	00.0	01.0	123	68 %	134/94	164	00	
HV	00:43	0:16	00.0	00.0	01.0	128	70 %	134/94	171	00	
ExStart	00:58	0:15	00.0	00.0	01.0	122	67 %	134/94	163	00	
BRUCE Stage 1	03:58	3:00	01.7	10.0	04.7	155	85 %	136/96	210	00	
BRUCE Stage 2	06:58	3:00	02.5	12.0	07.1	171	94 %	138/98	235	00	
PeakEx	09:06	2:08	03.4	14.0	09.3	181	99 %	140/98	253	00	
Recovery	09:36	0:30	01.1	00.0	04.2	179	98 %	140/98	250	00	
Recovery	10:06	1:00	01.1	00.0	01.2	171	94 %	138/98	235	00	
Recovery	12:06	3:00	00.0	00.0	01.0	147	81 %	136/96	199	00	
Recovery	14:10	5:04	00.0	00.0	01.0	136	75 %	134/94	182	00	

FINDINGS :

Exercise Time : 08:08
 Initial HR (ExStrt) : 122 bpm 67% of Target 182
 Initial BP (ExStrt) : 134/94
 Max WorkLoad Attained : 9.3 Good response to induced stress
 Test End Reasons : Test Complete
 Max HR Attained : 181 bpm 99% of Target 182
 Max BP Attained : 140/98

REPORT :



ID: 2418

CASE

DI BYA

PRAKASH

JENA

24/08/2024 11:42:25

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PLOT -119, SAHIDNAGAR, BHUBANESWAR

AGE 37 Y M D

GMS

K9

RAYE 94 bpm SINUS RHYTHM

R-R 636 ms

P-R 122 ms

QRS 72 ms

QT 344 ms

QTc 404 ms

AXIS--

P 64°

QRS 57°

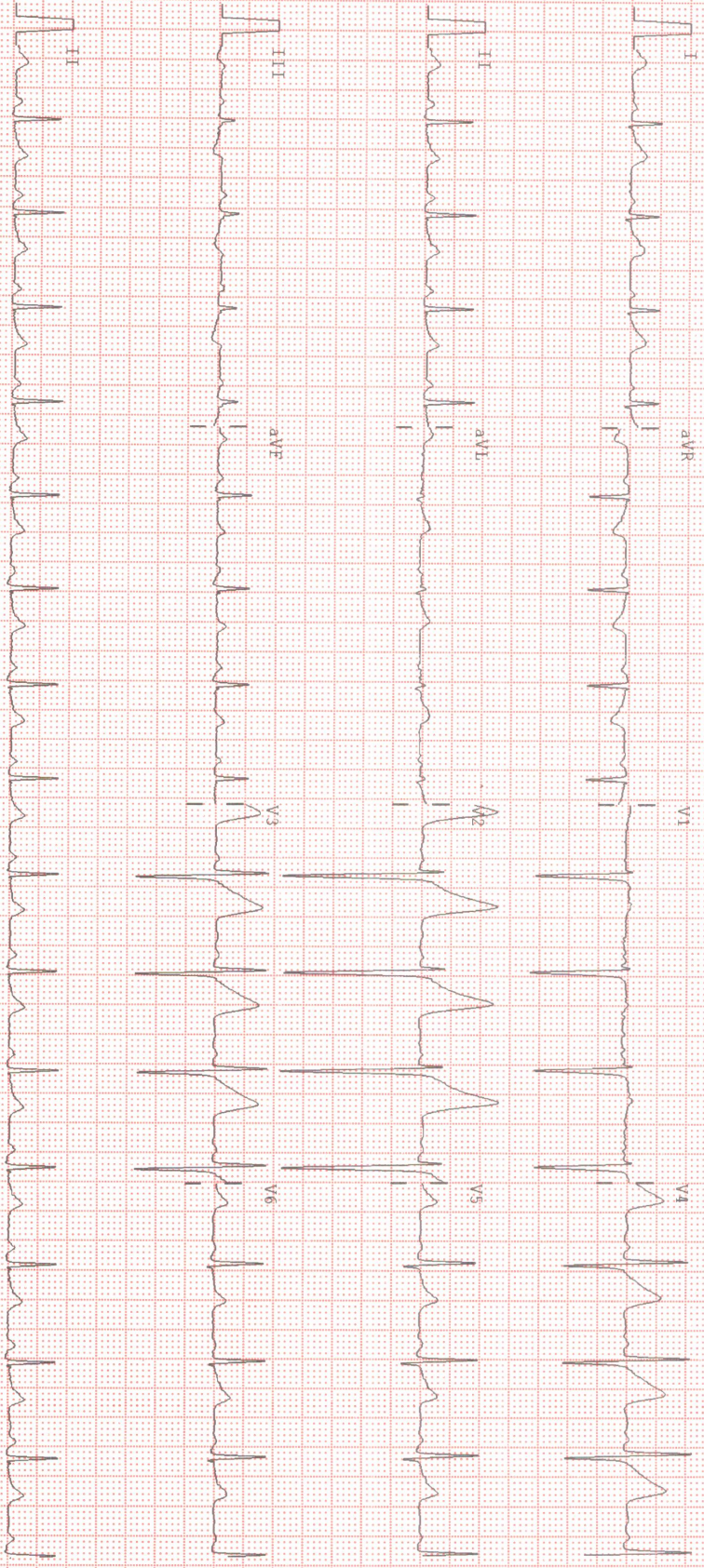
T 33°

NORMAL ECG

12 SL. REPORT FORMAT 3x4+1L SQ

REF.

DT



25mm/sec 10mm/mV Notch: ON BIC ON 0.05-35Hz ALLEGERS PISCES: 1012(VER-1.9):CLINICALLY CORRELATE THE FINDINGS



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Regd. No. : 1834

ZENA HEALTHCARE SERVICES

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Patient Name : MR. DIBYA PRAKASH JENA

Age / Gender : 37 years / Male

Patient ID : 22646

Referral : MEDI WHEEL

Collection Time : 24/08/2024, 12:17 PM

Reporting Time : 25/08/2024, 04:08 PM

Sample ID :



25815

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	12.6	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	4.55	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	42.0	42 - 52	%
Mean Cell Volume (MCV)	92.31	78 - 100	fL
Mean Cell Haemoglobin (MCH)	27.69	27 - 31	pg
Mean Corpuscular Hb Conc. (MCHC)	30	32 - 36	g/dL
Red Cell Distribution Width (RDW)	12.8	11.5 - 14.0	%
Total Leucocytes (WBC) Count	6600	4000-10000	cell/cu.mm
Neutrophils	69	40 - 80	%
Lymphocytes	27	20 - 40	%
Monocytes	03	2 - 10	%
Eosinophils	01	1 - 6	%
Basophils	00	1-2	%
Platelet Count	229	150 - 450	10 ³ /ul
Mean Platelet Volume (MPV)	12.5	7.2 - 11.7	fL
PCT	0.29	0.2 - 0.5	%
PDW	18.2	9.0 - 17.0	%

END OF REPORT

Lab technician

K. Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Website : www.zenacare.in

Wishing Good Health



Patient Name : MR. DIBYA PRAKASH JENA

Age / Gender : 37 years / Male

Patient ID : 22646

Referral : MEDI WHEEL

Collection Time : 24/08/2024, 12:17 PM

Reporting Time : 25/08/2024, 04:11 PM

Sample ID :



25815

Test Description	Value(s)	Reference Range	Unit
<u>LFT, Liver Function Test</u>			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.79	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.18	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.61	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	19.86	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	28.45	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	8.59	< 55	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	84.47	53-128	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	7.21	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	4.10	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	3.11	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.32	1.2 - 2.2	

END OF REPORT

Lab technician

Wah
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Patient Name : MR. DIBYA PRAKASH JENA
Age / Gender : 37 years / Male
Patient ID : 22646

Referral : MEDI WHEEL
Collection Time : 24/08/2024, 12:17 PM
Reporting Time : 25/08/2024, 04:09 PM
Sample ID :



25815

Test Description	Value(s)	Reference Range	Unit
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Thyroid Profile (T3, T4, TSH)

T3-Total Method : CLIA	1.36	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	8.47	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	2.16	0.45 - 4.50	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism . Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

END OF REPORT

Lab technician

Kundant
Dr. Kundant Kumar Sahoo
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MICROBIOLOGIST

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Patient Name : MR. DIBYA PRAKASH JENA
Age / Gender : 37 years / Male
Patient ID : 22646

Referral : MEDI WHEEL
Collection Time : 24/08/2024, 12:17 PM
Reporting Time : 25/08/2024, 05:56 PM
Sample ID :



25815

Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total Method : Spectrophotometry	218.82	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	302.02	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	47.30	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	111.12	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	60.40	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.63	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.35	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

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Lab technician

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Patient Name : MR. DIBYA PRAKASH JENA
Age / Gender : 37 years / Male
Patient ID : 22646

Referral : MEDI WHEEL
Collection Time : 24/08/2024, 12:17 PM
Reporting Time : 25/08/2024, 04:12 PM
Sample ID :



25815

Test Description	Value(s)	Reference Range	Unit
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Urine(R/M) Routine Examination of Urine

General Examination

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.015	1.005 - 1.030	

Chemical Examination

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

Microscopic Examination

Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	2 - 4 /HPF	0-9	/hpf
Epithelial cells	1 - 2 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Bacteria	Absent	Absent	

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Age / Gender : 37 years / Male
Patient ID : 22646

Referral : MEDI WHEEL
Collection Time : 24/08/2024, 12:17 PM
Reporting Time : 25/08/2024, 04:10 PM
Sample ID :



25815

Test Description	Value(s)	Reference Range	Unit
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HbA1C, Glycosylated Hemoglobin

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD	5.36		%
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	107.13	-	mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Professional Accuracy Precision

Regd. No. : 1834

ZENA HEALTHCARE SERVICES
(A Unit of Zena Enterprises)

Patient Name : MR. DIBYA PRAKASH JENA

Age / Gender : 37 years / Male

Patient ID : 22646

Referral : MEDI WHEEL

Collection Time : 24/08/2024, 12:17 PM

Reporting Time : 25/08/2024, 04:10 PM

Sample ID :



25815

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		
<u>Glucose, Fasting (FBS)</u>			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	94.66	75 - 115	mg/dL
<u>Glucose, Post Prandial (PP)</u>			
Blood Glucose-Post Prandial Method : Hexokinase	125.47	70 - 140	mg/dL
<u>Creatinine</u>			
Creatinine Method : Serum, Jaffe	0.82	0.6 - 1.5	mg/dL
<u>Uric acid, Serum</u>			
Uric Acid Method : Uricase, Colorimetric	5.21	3.4 - 7.0	mg/dL
<u>BUN, Serum</u>			
BUN-Blood Urea Nitroge Method : Serum, Urease	11	06 - 24	mg/dL

END OF REPORT

Lab technician

K. Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health



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Patient Name : MR. DIBYA PRAKASH JENA
Age / Gender : 37 years / Male
Patient ID : 22646

Referral : MEDI WHEEL
Collection Time : 24/08/2024, 12:17 PM
Reporting Time : 25/08/2024, 04:12 PM
Sample ID :



25815

Test Description	Value(s)	Reference Range	Unit
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Blood Group ABO & Rh Typing, Blood

Blood Group (ABO typing)
Method : Manual-Hemagglutination
RhD Factor (Rh Typing)
Method : Manual hemagglutination

"O"
Positive

ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate 14 0 - 15 mm/hr
Method : EDTA Whole Blood, Manual Westergren

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
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MEDICAL REPORT

Date :- 24.08.2024

NAME

Mr. DIBYA PRAKASH JENA

MEDICAL INFORMATION

Height:- 158 cm	Age:- 37 Yrs
Weight:- 50 kg	Sex:-MALE
Blood Pressure:-145 /71 mmhg	Pulse:-100 /min

Body Mass Index(BMI)

20.0

EYE CHECK UP (WITHOUT GLASSES)

	RT EYE	LT EYE
COLOUR	NORMAL	NORMAL
NEAR	6/6	6/6
FAR	6/6	6/6

Physical fitness certificate

This is to certify that Mr. DIBYA PRAKASH JENA, aged 37 years, report is normal and I found him fit.

DR. M. K. HOTA
M.B.B.S.
Signature REGD. NO. 6993

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1122 / DIBYA PRAKASH JENA / 38 Yrs / M / 158 Cms / 50 Kg Date: 24-Aug-2024 Refd By : MEDIWHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:12	0:12	00.0	00.0	01.0	122	67 %	134/94	163	00	
Standing	00:27	0:15	00.0	00.0	01.0	123	68 %	134/94	164	00	
HV	00:43	0:16	00.0	00.0	01.0	128	70 %	134/94	171	00	
ExStart	00:58	0:15	00.0	00.0	01.0	122	67 %	134/94	163	00	
BRUCE Stage 1	03:58	3:00	01.7	10.0	04.7	155	85 %	136/96	210	00	
BRUCE Stage 2	06:58	3:00	02.5	12.0	07.1	171	94 %	138/98	235	00	
PeakEx	09:06	2:08	03.4	14.0	09.3	181	99 %	140/98	253	00	
Recovery	09:36	0:30	01.1	00.0	04.2	179	98 %	140/98	250	00	
Recovery	10:06	1:00	01.1	00.0	01.2	171	94 %	138/98	235	00	
Recovery	12:06	3:00	00.0	00.0	01.0	147	81 %	136/96	199	00	
Recovery	14:10	5:04	00.0	00.0	01.0	136	75 %	134/94	182	00	

FINDINGS :

Exercise Time : 08:08
 Initial HR (ExStrt) : 122 bpm 67% of Target 182
 Initial BP (ExStrt) : 134/94
 Max WorkLoad Attained : 9.3 Good response to induced stress
 Test End Reasons : Test Complete
 Max HR Attained : 181 bpm 99% of Target 182
 Max BP Attained : 140/98

REPORT :

