

14.09.2022, 10:07:27

Location:  
F m:  
Order NL ar:  
Indication:  
Medication 1:  
Medication 2:  
Medication 3:

70 bpm  
-- / -- mmHg

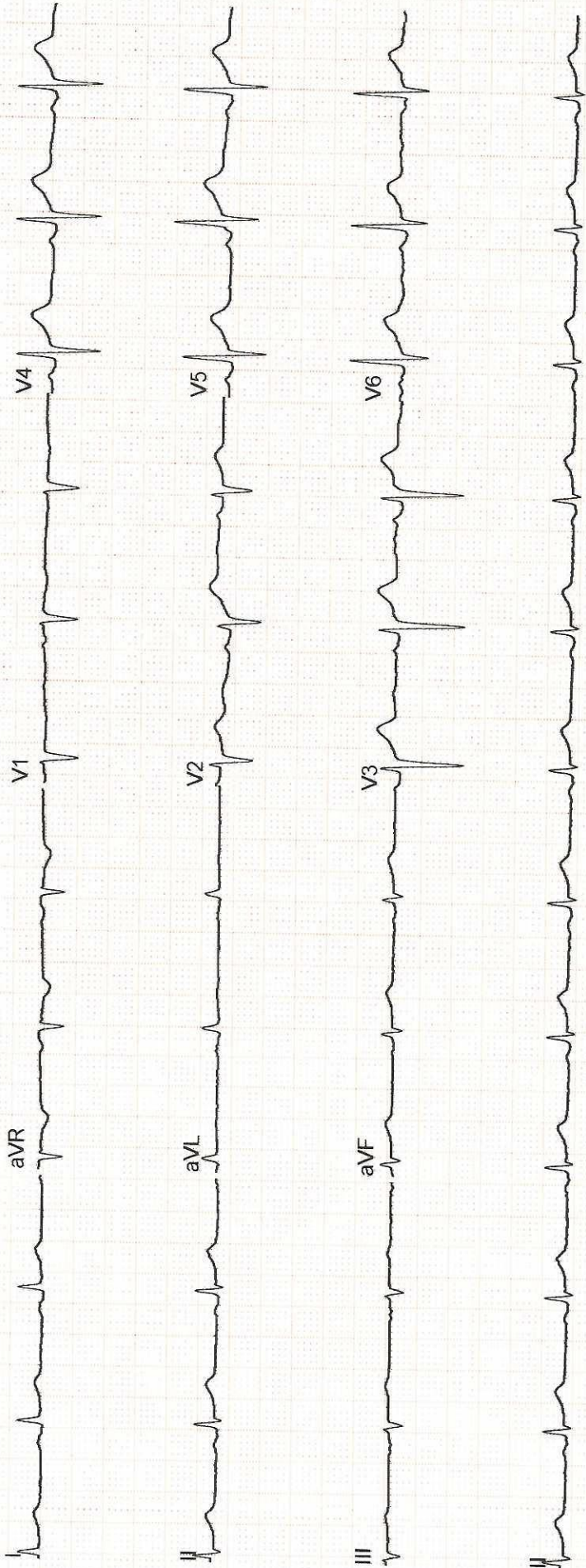
Normal sinus rhythm  
Normal ECG

QRS : 74 ms  
QT / QTcBaz : 382 / 412 ms  
PR : 142 ms  
P : 94 ms  
RR / PP : 858 / 857 ms  
P / QRS / T : 12 / 19 / 40 degrees

Technician:  
Ordering Ph:  
Referring Ph:  
Attending Ph:

Male

ears



Apollo Sage Hospital

Station

Bhopal

Telephone:

**EXERCISE STRESS TEST REPORT**

Patient Name: ASHISH KUMAR SHRIVASTAVA,

DOB: 16.02.1988

Patient ID: HC 45650

Age: 36 yrs

Height: 168 cm

Gender: Male

Weight: 94 kg

Race: Indian

Study Date: 14.09.2024

Referring Physician: hc

Test Type: Treadmill Stress Test

Attending Physician: Dr. Akhil Tiwari

Protocol: BRUCE

Technician: Radha Prajapati

Medications:

Medical History:

NONE

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed [ km/h ]	Grade [ % ]	HR [ bpm ]	BP [ mmHg ]	Comment
PRETEST	SUPINE	00:19	0.00	0.00	77	120/80	
	STANDING	00:15	0.00	0.00	73	120/80	
	HYPERV.	00:05	0.00	0.00	74	120/80	
	WARM-UP	00:04	0.00	0.00	73		
EXERCISE	STAGE 1	03:00	2.80	10.00	116	130/80	
	STAGE 2	03:00	4.00	12.00	137	140/80	
	STAGE 3	03:00	5.40	14.00	166	150/80	
	STAGE 4	00:17	6.70	16.00	169		
RECOVERY		02:14	0.00	0.00	105	130/80	

The patient exercised according to the BRUCE for 9:16 min:s, achieving a work level of Max. METS: 10.80. The resting heart rate of 80 bpm rose to a maximal heart rate of 171 bpm. This value represents 92 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

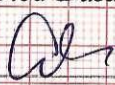
Conclusions

-No ST-T Changes Noted During Exercise &amp; Recovery

-Negative Stress Test

Physician

Technician




Patient Name:	ASHISH KUMAR SRIVASTAVA	Patient ID:	MILL.0000045650
Age:	36 Years	Sex:	M
Accession Number:	17101.224010289	Modality:	US
Referring Physician:	Akhil Kumar Tiwari	Study:	ULTRASOUND - WHOLE ABDOMEN
Study Date:	14-Sep-2024		

### ULTRA SONOGRAPHY ABDOMEN

**Liver:-** is enlarged in size (17.2cm) and shows mild increase in hepatic parenchymal echotexture. Portal and hepatic venous system appears normal. Intra and extra hepatic biliary radicals are not dilated.

**Gall Bladder:-** is normal in size and shape. Its lumen is echofree.

**Pancreas** is normal in size outline and echopattern.

**Spleen** is normal in size and echopattern.

**Both kidneys** are normal in size, shape and echogenicity. Central pelvicalyceal sinus and corticomedullary ratio are normal.

Right kidney measures:- 10.5x4.7cm

Left kidney measures:- 10.8x5.5cm

**Urinary bladder** is normal in shape and contour. Its wall is normal.

**Prostate** is normal in size and shape and echotexture. Estimated volume is- 22cc.

No evidence of ascites is seen.

#### IMPRESSION:- Sonography Study Reveals:-

- **Hepatomegaly with grade-I fatty liver.**
- **No other significant abnormality detected.**

**ADV:-** Clinical Correlation.



**DR. KRATI KHANDELWAL**  
**CONSULTANT RADIOLOGIST**



Patient ID:	MILL.0000045650	Patient Name:	ASHISH KUMAR SRIVASTAVA
Age:	36 Years	Sex:	M
Accession Number:	17101.124015288	Modality:	DX
Referring Physician:	Akhil Kumar Tiwari	Study:	CHEST
Study Date:	14-Sep-2024		

### X-RAY CHEST (PA VIEW)

Few linear horizontal atelectatic bands in left lower zone.

Rest of the both lung fields are clear.

The hila, mediastinum, bony thoracic cage and the diaphragmatic domes are normal.

The costophrenic and cardiophrenic angles are clear.

The cardiac silhouette is unremarkable.

**ADV:-** Clinical Correlation.



DR. KRATI KHANDELWAL  
CONSULTANT RADIOLOGIST

Date: 14-Sep-2024 10:32:12



Name : Mr. ASHISH KUMAR SRIVASTAVA Age : 36Yr 6Mth 29Days Gender : Male  
 UHID : MILL.0000045650 / BPLAH9941 W/BNo/RefNo : AHC  
 SIN \ LRN : 168266 \ 168265 \ 168267 \ 66179  
 Specimen : Blood  
 Ref Doctor : Dr. Akhil Kumar Tiwari



Collected on : 14-SEP-2024 12:12:14 PM Received on : 14-SEP-2024 12:24:31 PM Reported on : 14-SEP-2024 04:39:33 PM

**MEDIWHEEL FULL BODY HEALTH PLUS BELOW 40 ADVANCED-MALE**

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
GLUCOSE - SERUM / PLASMA (FASTING)			
GLUCOSE - PLASMA (FASTING)	109 *	70-100	mg/dL
GLUCOSE - SERUM / PLASMA (POST PRANDIAL)			
GLUCOSE - PLASMA - (POST PRANDIAL)	141 *	70-140	mg/dL
CHOLESTEROL - SERUM / PLASMA	161	Desirable: <200 Borderline High: 200-239 High >240	mg/dL
HDL CHOLESTEROL - SERUM / PLASMA	30 *	>40	mg/dL
LDL CHOLESTEROL - SERUM / PLASMA	122 *	Optimal: <100 Above optimal: 100-129 Borderline high: 130-159 High: 160-189 Very high: >190	mg/dL
TRIGLYCERIDES - SERUM / PLASMA	321 *	Normal<150 Borderline high 150-199 High 200-499 Very high: ≥ 500	mg/dL
VLDL CHOLESTEROL - SERUM	64 *	15-30	
TOTAL CHOLESTEROL AND HDL RATIO			
INTERPRETATIVE[2]TOTAL CHOLESTEROL/HDL	5.3 *	3.5-5.0	
CHOLESTEROL RATIO (Calculated)			

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<b>PROTEIN TOTAL - SERUM / PLASMA</b>			
PROTEIN TOTAL - SERUM	6.9	6.6-8.3	g/dL
ALBUMIN - SERUM	4.0	3.5-5.2	g/dL
GLOBULIN - SERUM			
GLOBULIN	2.9	2.6 - 4.6	g/dL
ALBUMIN/GLOBULIN RATIO			
ALBUMIN AND GLOBULIN RATIO	1.4	0.9-2.0	
AST (SGOT) - SERUM	47	< 50	U/L
ALT(SGPT) - SERUM / PLASMA			
ALT(SGPT) - SERUM	72 *	<50	U/L
BILIRUBIN, TOTAL - SERUM			
BILIRUBIN TOTAL	0.9	0.3-1.2	mg/dL
BILIRUBIN CONJUGATED (DIRECT) - SERUM			
BILIRUBIN CONJUGATED (DIRECT)	0.2	<0.2	mg/dL
BILIRUBIN UNCONJUGATED (INDIRECT) - SERUM			
BILIRUBIN UNCONJUGATED (INDIRECT)	0.7	0.1-1.2	mg/dL
ALKALINE PHOSPHATASE - SERUM/PLASMA			
ALKALINE PHOSPHATASE - SERUM	112	30-120	U/L
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM			
GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	45	0 - 55	U/L
CREATININE - SERUM / PLASMA	0.83	0.72 - 1.18	mg/dL
URIC ACID - SERUM / PLASMA	5.7	3.5-7.2	mg/dL
BUN (BLOOD UREA NITROGEN)	12.7	Male: <50yrs 8.87-20.5 mg/dl Male:>50yrs 8.41-25.7 mg/dl	mg/dL
TOTAL T3: TRI IODOTHYRONINE - SERUM	0.96	0.60-1.81	ng/ml

Name : Mr. ASHISH KUMAR SRIVASTAVA

Age : 36Yr 6Mth 29Days Gender : Male

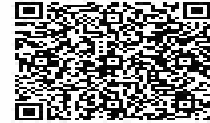
UHID : MILL.0000045650 / BPLAH9941

W/BNo/RefNo : AHC

SIN \ LRN : 168266 \ 168265 \ 168267 \ 66179

Specimen : Blood

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TOTAL T4: THYROXINE - SERUM	8.38	5.01 - 12.45	µg/dL
TSH: THYROID STIMULATING HORMONE - SERUM	2.23	0.35-5.50	µIU/mL

Kindly Correlate with patient fasting status..

Report Status:Final

\* END OF REPORT \*

CHECKED BY 154493  
727938

First Report Printed On : 16-SEP-2024 11:21:31 AM  
Printed On : 19-SEP-2024 10:23:01 AM

Dr. Shubhra Prasad  
Consultant Pathologist

Name : **Mr. ASHISH KUMAR SRIVASTAVA** Age : **36Yr 6Mth 29Days** Gender : **Male**  
**UHID** : MILL.0000045650 / BPLAH9941 **W/BNo/RefNo** : AHC  
**SIN \LRN** : 168268 \ 168269 \ 66179  
**Specimen** : Urine  
**Ref Doctor** : Dr. Akhil Kumar Tiwari



**Collected on** : 14-SEP-2024 12:12:14 PM **Received on** : 14-SEP-2024 12:13:06 PM **Reported on** : 14-SEP-2024 02:25:10 PM

**MEDIWHEEL FULL BODY HEALTH PLUS BELOW 40 ADVANCED-MALE**

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
<b>CBC</b>			
HAEMOGLOBIN	14.1	13.0-17.0	g/dL
Packed cell volume (Calculated)	42.7	38.3-48.6	%
RBC COUNT(Impedance)	5.34	4.50-5.90	Million/ul
MCV-	79.9 *	80-100	fl
MCH-	26.4 *	27-32	pg
MCHC-	33.1	32-36	g/dL
RDW (Derived from RBC histogram)	15.7 *	11.8 - 14.5	%
TLC COUNT	9.49	4.0-11.0	10 <sup>3</sup> /mm <sup>3</sup>
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	65	40-80	%
Lymphocytes	23	20-40	%
Monocytes	7	2-10	%
Eosinophils	5	1-6	%
Basophils	0	0-2	%
Platelet Count(Impedance)	147.8 *	150-450	10 <sup>3</sup> /mm <sup>3</sup>
Mean Platelet Volume	12.2 *	6.5-12.0	fl
<b>ERYTHROCYTE SEDIMENTATION RATE (ESR)</b>	<b>6</b>	0-15	mm/1st hr
<b>URINE ROUTINE (CUE)</b>			
<b>MACROSCOPIC EXAMINATION</b>			
Specific Gravity(Automated – Reflectance Spectrometer)	1.005	1.005 - 1.025	
Colour:(Naked Eye Examination)	Pale-Yellow		



Name : **Mr. ASHISH KUMAR SRIVASTAVA** Age : **36Yr 6Mth 29Days** Gender : **Male**  
 UHID : MILL.0000045650 / BPLAH9941 W/BNo/RefNo : AHC  
 SIN \LRN : 168268 \ 168269 \ 66179  
 Specimen : Urine  
 Ref Doctor : Dr. Akhil Kumar Tiwari



Collected on : 14-SEP-2024 12:12:14 PM Received on : 14-SEP-2024 12:13:06 PM Reported on : 14-SEP-2024 02:25:10 PM

Transparency:(Naked Eye Examination)	<b>Clear</b>		
pH(Automated – Reflectance Spectrometer)	<b>Acidic</b>		
Protein :(Automated – Reflectance Spectrometer/Sulpho salicylic acid method)	<b>Nil</b>		
Sugar:(Automated - Reflectance Spectrometer/ Benedict's Test)	<b>Nil</b>		
Ketone(Automated – Reflectance Spectrometer/Rothera's test)	<b>Nil</b>		
Bilirubin: (Automated – Reflectance Spectrometer/Fouchet's method)	<b>Nil</b>		
<b>Cells:</b>			
RBC(Automated - Reflectance spectrometer/Microscopy/Flow cytometric)	<b>Nil</b>		
Pus Cells(Automated – Reflectance spectrometer/Microscopy/Flow cytometric)	<b>1-2</b>	0.0 - 5.0/HPF	/hpf
Epithelial Cells(Microscopic /Flow cytometric)	<b>1-2</b>	<20	/hpf
Yeast Cells	<b>Absent</b>		
Bacteria:	<b>Absent</b>		
Casts:(Microscopic /Flow cytometric)	<b>Absent</b>	ABSENT	
Crystals:(Microscopic /Flow cytometric)	<b>Absent</b>		

Name : Mr. ASHISH KUMAR SRIVASTAVA Age : 36Yr 6Mth 29Days Gender : Male  
UHID : MILL.0000045650 / BPLAH9941 W/BNo/RefNo : AHC  
SIN \LRN : 168268 \ 168269 \ 66179  
Specimen : Urine  
Ref Doctor : Dr. Akhil Kumar Tiwari



Collected on : 14-SEP-2024 12:12:14 PM Received on : 14-SEP-2024 12:13:06 PM Reported on : 14-SEP-2024 02:25:10 PM

Report Status:Final

\* END OF REPORT \*

CHECKED BY : 154234  
727938

First Report Printed On : 16-SEP-2024 11:22:15 AM  
Printed On : 19-SEP-2024 10:23:26 AM

A handwritten signature in black ink, appearing to read 'Dr. Shubhra Prasad', written over a light blue rectangular background.

Dr. Shubhra Prasad  
Consultant Pathologist

Name : Mr. ASHISH KUMAR SRIVASTAVA Age : 36Yr 6Mth 29Days Gender : Male  
UHID : MILL.0000045650 / BPLAH9941 W/BNo/RefNo : AHC  
SIN \LRN : 168264 \ 66179  
Specimen : Blood  
Ref Doctor : Dr. Akhil Kumar Tiwari



Collected on : 14-SEP-2024 12:12:14 PM Received on : 14-SEP-2024 12:32:49 PM Reported on : 14-SEP-2024 12:45:37 PM

**MEDIWHEEL FULL BODY HEALTH PLUS BELOW 40 ADVANCED-MALE**

<u>TEST NAME</u>	<u>RESULT</u>
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**BLOOD GROUPING AND TYPING (ABO and Rh)**

ABO Group:	<b>B</b>
Rh (D) Type:	<b>Positive</b>

Report Status:Final

\* END OF REPORT \*

CHECKED BY : 154612  
725449

First Report Printed On : 16-SEP-2024 11:22:44 AM  
Printed On : 19-SEP-2024 10:23:45 AM

A blue ink signature of Dr. Samir Singh, consisting of a stylized cursive script.

Dr. Samir Singh  
Consultant Blood Bank