

MER- MEDICAL EXAMINATION REPORT

Date of Examination	24/08/2024		
NAME	RAHUL RACHOVANSHI		
AGE	33	Gender	Male
HEIGHT(cm)	172 CM	WEIGHT (kg)	73 kg
B.P.	120/70		
ECG	Normal		
X Ray	Normal		
Vision Checkup	Normal		
Present Ailments	-		
Details of Past ailments (If Any)	-		
Comments / Advice : She / He is Physically Fit	fit		
<p>(Cholesterol, triglycerides high. Sd.c.)</p>			

Panel Medical Examiner
 Triveni Diagnostic & Research Centre
 Agrawal Plaza, B-7, H.I.G Main Road,
 INDORE

Signature with Stamp of Medical Examiner

Dr. Mukesh Dubey
 (MBBS DCP)
 Registration No.-10632



डॉ. मनोज भटनागर

नेत्र रोग विशेषज्ञ

एम.एस.

8 towers

Rx

Raheel Keshywardh

33yr

विशेषज्ञ :

- इन्ट्राओक्यूलर लेंस इम्प्लांट
- कैको विधि द्वारा बगैर टांके का मोल्टियाबिंद ऑपरेशन
- कॉन्टैक्ट लेंस विशेषज्ञ
- लेसिक लेजर (चश्मा उतारने की विधि)

दिनांक 24.8.24

Vision 6/6
6/6

Near vision 25/5

Colour Vision normal

Ext Exam. NAD

Fundus NAD

Dr. Bhatnagar's Multispeciality Dental Clinic

Dr. Nikita Bhatnagar

B.D.S., M.D.S. (Gold Medalist)

Reg. No. A-3503

Mob.: 96699-37000

Clinic: E-4, HIG Colony, HIG Main Road
Indore-452011(M.P.)

डॉ. निकिता भटनागर

बी.डी.एस., एम.डी.एस., (गोल्ड मेडलिस्ट)

रजि. नं. ए-3503

मो. : 96699-37000

क्लीनिक: ई-4, एच.आई.जी. कॉलोनी, एच.आई.जी. मेनरोड
इन्दौर-452011 (म.प.)

Mr. Rahul Laghuvanshi

Date: 24/08/2024

Denti-91 m/w | Vantej Aqua m/w
5ml (1min) → ✓ → 5ml (1min)
Hydent pro toothpaste

Luke warm saline gargles

Tab. Lincee

1 → 0 → 0 × 15 days (15)

Nikita

COSMETIC DENTISTRY

- Smile designing
- Teeth whitening & bleaching
- Tooth jewellery
- Composite & ceramic veneers
- Invisalign / Orthodontic braces
- Tooth colored fillings

GENERAL DENTISTRY

- Instant Dental X-rays
- Root Canal Treatment
- Gum treatment
- Atraumatic Extractions
- Wisdom tooth treatment
- Crown and bridges

PREVENTIVE DENTISTRY

- Teeth cleaning & polishing
- Flouride application
- Treatment for Precancerous Conditions & Lesions
- Tobacco chewing habit cessation

GERIATRIC DENTISTRY

- Dental Implants
- Dentures
- Oro-Facial pain
- TMJ Disorders
- Snoring while sleeping

O/E - c + s +

Impacted $\bar{c} \leftarrow \frac{1}{8}$

Adv: ① Complete Oral prophylaxis.

② ~~Total~~ impacted $\bar{c} \leftarrow \frac{1}{8}$

1
Nilu



भारतीय विशिष्ट पहचान प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पता:

स/ओ निर्भय सिंह रघुवंशी, हाउस न-१२, लोटस गार्डन,
तेजाजी नगर, खंडवा रोड असरावद खुर्द, इंदौर, इंदौर,
मध्य प्रदेश - 452001

Address:

S/O Nirbhay Singh Raghuwanshi, House No- 12,
Lotus Garden, Tejaji Nagar, Khandwa Road Ashrawad
Khurd, Indore, Indore, Madhya Pradesh - 452001



9228 5306 3141

VID : 9116 6560 4151 1081



1947
1800 300 1947



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Bengaluru-560 001

Panel Medical Examiner
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INDORE



सत्यमेव जयते



भारत सरकार

GOVERNMENT OF INDIA

राहुल रघुवंशी

Rahul Raghuwanshi

जन्म तिथि / DOB: 02/10/1990

पुरुष / MALE

9228 5306 3141

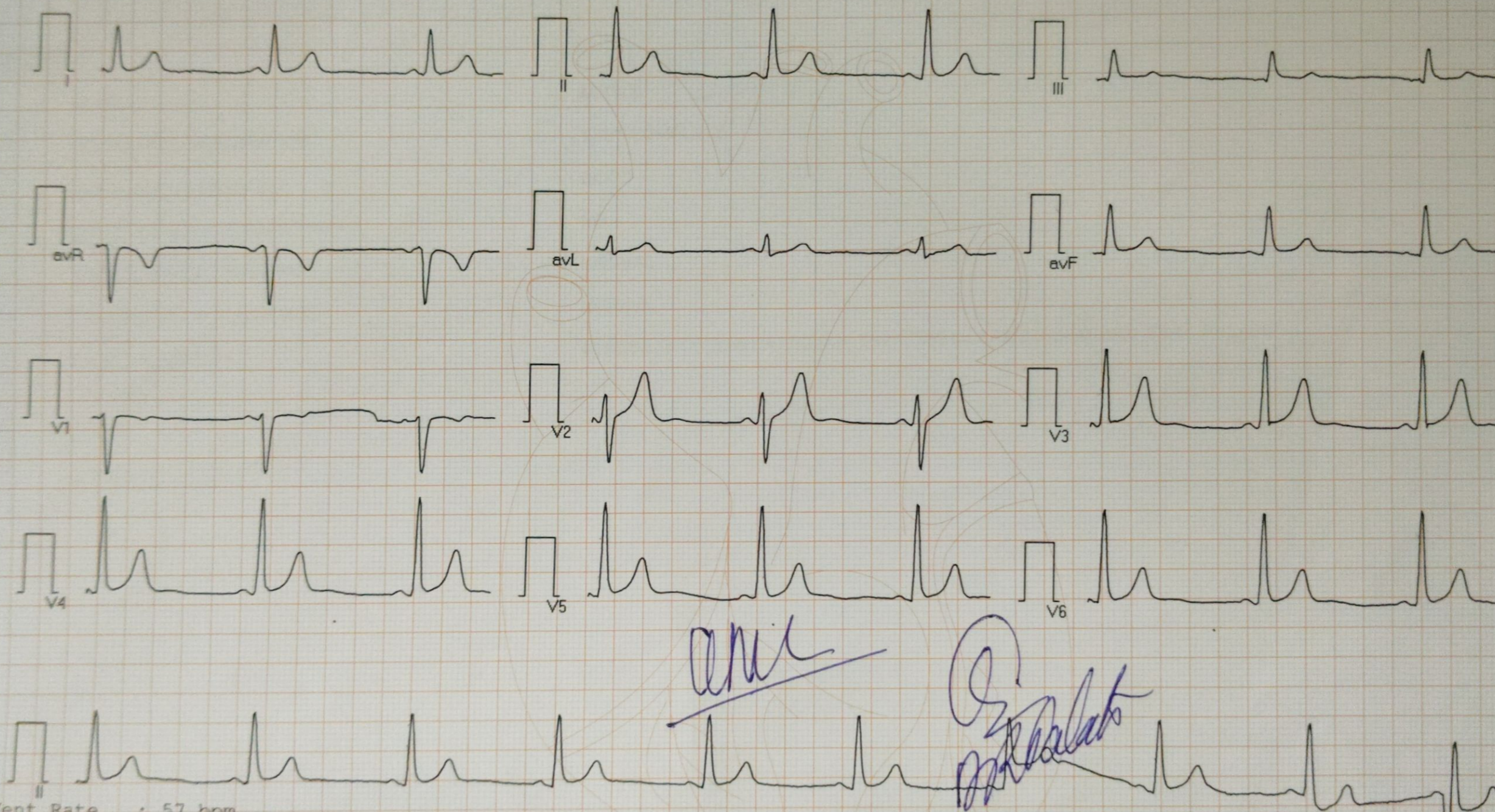
VID : 9116 6560 4151 1081

मेरा आधार, मेरी पहचान



1051 / MR RAHUL RAGHUVANSHI / 33 Yrs / M / Non Smoker

Heart Rate : 57 bpm / Tested On : 24-Aug-24 09:59:29 / HF 0.05 Hz - LF 20 Hz / Notch 50 Hz / Sn 1.00 Cm/mV / Sw 25 mm/s



Vent Rate : 57 bpm
PR Interval : 122 ms
QRS Duration: 96 ms
QT/QTc Int : 400/395 ms
P-QRS-T axis: 26.00° 53.00° 44.00°

Panel Medical Examiner

Triveni Diagnostic & Research Centre

Agrawal Plaza, B-7, H.I.G. Road,

Reported By: INDORE



275 / MR RAHUL RAGHUVANSHI / 33 Yrs / M / 0 Cms / 0 Kg Date: 24-Aug-2024

REPORT :

ACTIVITY	:	ACTIVE
REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

Doctor : DR RAHUL TALATI(MD)



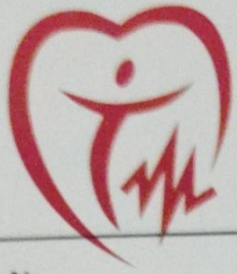
275 / MR RAHUL RAGHUVANSHI / 33 Yrs / M / 0 Cms / 0 Kg Date: 24-Aug-2024

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:06	0:06	00.0	00.0	01.0	090	48 %	120/70	108	00	
Standing	00:09	0:03	00.0	00.0	01.0	090	48 %	120/70	108	00	
HV	00:11	0:02	00.0	00.0	01.0	081	43 %	120/70	097	00	
ExStart	00:54	0:43	00.0	00.0	01.0	081	43 %	120/70	097	00	
BRUCE Stage 1	03:54	3:00	01.7	10.0	04.7	118	63 %	130/70	153	00	
BRUCE Stage 2	06:54	3:00	02.5	12.0	07.1	138	74 %	140/80	193	00	
PeakEx	09:13	2:19	03.4	14.0	09.5	165	88 %	160/90	264	00	
Recovery	10:13	1:00	00.0	00.0	01.2	127	68 %	160/90	203	00	
Recovery	11:13	2:00	00.0	00.0	01.0	114	61 %	140/80	159	00	
Recovery	13:13	4:00	00.0	00.0	01.0	106	57 %	120/80	127	00	
Recovery	15:13	6:00	00.0	00.0	01.0	100	53 %	120/80	120	00	
Recovery	15:21	6:08	00.0	00.0	01.0	100	53 %	120/80	120	00	

FINDINGS :

Exercise Time : 08:19
 Max HR Attained : 165 bpm 88% of Target 187
 Max BP Attained : 160/90
 Max WorkLoad Attained : 9.5 Good response to induced stress
 Test End Reasons : Test Complete

Doctor : DR RAHUL TALATI(MD)



Triveni Diagnostic Centre

Reg No. : 94451
PATIENT NAME : Mr. RAHUL RAGHUVANSHI
AGE/SEX : 33 YEARS/MALE
REF. BY : Dr. ARCOFEMI HEALTHCARE LIMITED

VISITID : 0000099066
SPEC. NO : 1905427250
SAMP. DATE : 24/08/2024 13:02:00
RESULT DATE : 24/08/2024 14:18:00

HEMATOLOGY

CBC (COMPLETE BLOOD COUNT)

NAME OF TEST	RESULT VALUE	REFERENCE RANGE	UNIT
HAEMOGLOBIN	14.8	13.5 - 18	gm/dl
TOTAL RBC COUNT	5.33	4 - 6.5	mill/cummm
HAEMATOCRIT (PCV)	44.3	41.5 - 50.4	%
MEAN CORPUS VOL(MCV)	83.11	80 - 96	fl
MEAN CORPUS HB (MCH)	27.77	27.5 - 33.2	picograms
MEAN CORPUS HB CONC (MCHC)	33.41	33.4 - 35.5	%
RDW	12.8	11.5 - 15.5	%
PDW	16.4	-	fl
MPV	8.8	-	fl
PCT	0.24	-	%
P-LCR	28.6	-	%
TOTAL WBC	5200	4000 - 11000	/cumm
PLATELET COUNT	2.70	1.5 - 4.0	Lacs/cumm
DIFFERENTIAL COUNT			
NEUTROPHILS	61	40 - 70	%
LYMPHOCYTES	36	20 - 40	%
MONOCYTES	02	1 - 8	%
EOSINOPHILS	01	0 - 6	%
BASOPHILS	00	0 - 1	%
ABSOLUTE NEUTROPHILS	2.95	2 - 7	X1000/cumm
ABSOLUTE LYMPHOCYTES	1.94	1 - 3	X1000/cumm
ABSOLUTE MONOCYTE	0.29	0.2 - 1	X1000/cumm
ABSOLUTE EOSINOPHIL	0.07	0.02 - 0.5	X1000/cumm
ABSOLUTE BASOPHIL	0.00	0.02 - 0.1	X1000/cumm
ESR	08	0 - 20	mm at end of 1
MP (MALARIA PARASITE)	.	-	

METHOD:- By five part automated analyzer (sysmex XS1000 I) Japan

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(MBBS, DCP) (DIRECTOR)

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M.D. (RADIO DIAGNOSIS)

DR. SANJAY YADAV
CON. MICROBIOLOGIST

Report Checked By:

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Triveni Diagnostic Centre

Reg No. : 94451 VISITID : 0000099066
PATIENT NAME : Mr. RAHUL RAGHUVANSHI SPEC. NO : 1905427247
AGE/SEX : 33 YEARS/MALE SAMP. DATE : 24/08/2024 13:02:00
REF. BY : Dr. ARCOFEMI HEALTHCARE LIMITED RESULT DATE : 24/08/2024 14:26:54

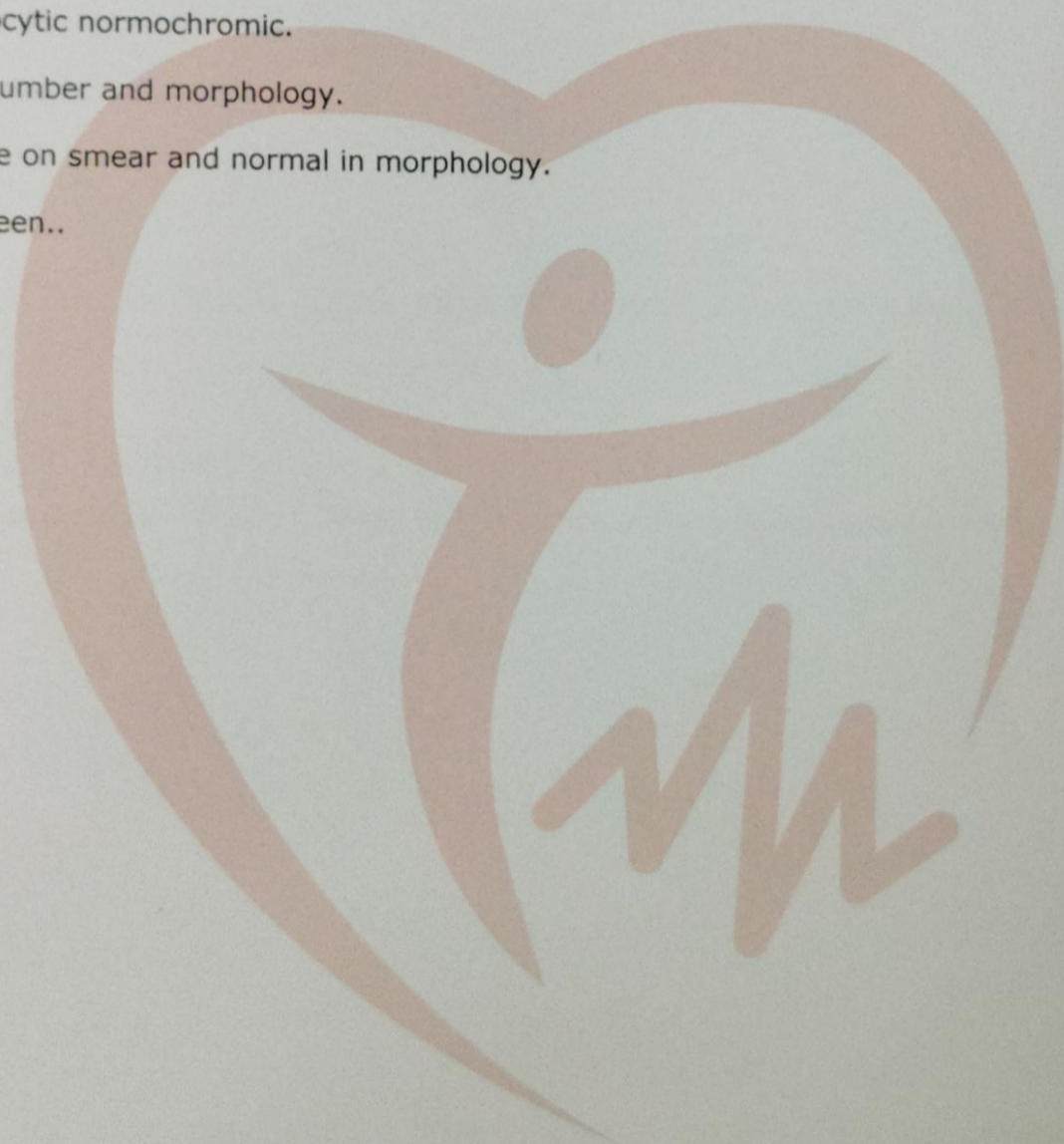
NAME OF TEST	RESULT VALUE		REFERENCE RANGE	UNIT
	IN RANGE	OUT RANGE		

PERIPHERAL SMEAR EXAMINATION

PERIPHERAL SMEAR

REMARKS :

Rbcs Rbc are normocytic normochromic.
Wbcs are normal in number and morphology.
Platelets are adequate on smear and normal in morphology.
No hemoparasite is seen..



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PATIENT NAME : Mr. RAHUL RAGHUVANSHI SPEC. NO : 1905427250
AGE/SEX : 33 YEARS/MALE SAMP. DATE : 24/08/2024 13:02:00
REF. BY : Dr. ARCOFEMI HEALTHCARE LIMITED RESULT DATE : 24/08/2024 14:19:20

DEPARTMENT OF PATHOLOGY

NAME OF TEST	RESULT VALUE	REFERENCE RANGE	UNIT
BLOOD GROUP			
BLOOD GROUP	"B"	-	
RH FACTOR	Negative	-	

RESULT REMARKS :

FBS

FBS	108	70 - 110	mg / dl
-----	-----	----------	---------

RESULT REMARKS : Test done by -"Roche COBAS- ENTEGRA 400 PLUS "fully bichemistry analyser .

PPBS

PPBS (POST PRANDIAL BLOOD SUGAR)	134	70 - 140	mg / dl
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RESULT REMARKS : Test done by -"Roche COBAS- ENTEGRA 400 PLUS "fully bichemistry analyser .

RENAL PROFILE

UREA	24	10 - 40	mg / dl
CREATININE	0.78	0.7 - 1.4	mg / dl
SERUM SODIUM	142.0	135 - 155	mmol/L
SERUM POTASIUM	4.6	3.5 - 5.5	mmol/L

RESULT REMARKS :

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AGE/SEX : 33 YEARS/MALE SAMP. DATE : 24/08/2024 13:02:00
REF. BY : Dr. ARCOFEMI HEALTHCARE LIMITED RESULT DATE : 24/08/2024 14:26:45

NAME OF TEST	RESULT VALUE		REFERENCE RANGE	UNIT
	IN RANGE	OUT RANGE		

GAMA GT

GGT (GAMMA GLUTAMYL TRANSFERASE)	12.4	8 - 52	U/L
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REMARKS :



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Reg No. : 94451 VISITID : 0000099066
PATIENT NAME : Mr. RAHUL RAGHUVANSHI SPEC. NO : 1905427251
AGE/SEX : 33 YEARS/MALE SAMP. DATE : 24/08/2024 13:02:00
REF. BY : Dr. ARCOFEMI HEALTHCARE LIMITED RESULT DATE : 24/08/2024 14:20:27

BIO-CHEMISTRY

HBA1 C (GLYCOSYLATED HEAMOGLOBIN)

NAME OF TEST	RESULT VALUE	REFERENCE RANGE	UNIT
HBA1 C (GLYCOSYLATED HEAMOGLOBIN)	5.6	Normal: 4-6 Good cntrol:6.1-7.0 Fair control :7.0-8.2 Unsatisfactory control: 8.0-10.2 Poor control: Above 10.0	%
MEAN PLASMA GLUCOSE (MPG)	114	Exelent Control:90-120 Good Control:121-150 Avrege Control:151-180 Action Suggested:181-210 Panic value :>211	mg/dL

Test done by -"Roche COBAS- ENTEGRA 400 PLUS "fully bichemistry analyser .

METHOD BY: Turbidimetric inhibition immunoassay(TINIA)

Average blood glucose value is calculated from HBA1C value and indicates average blood sugar level over past three months.

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PATIENT NAME : Mr. RAHUL RAGHUVANSHI SPEC. NO : 1905427248
AGE/SEX : 33 YEARS/MALE SAMP. DATE : 24/08/2024 13:02:00
REF. BY : Dr. ARCOFEMI HEALTHCARE LIMITED RESULT DATE : 24/08/2024 14:17:21

NAME OF TEST	RESULT VALUE		REFERENCE RANGE	UNIT
	IN RANGE	OUT RANGE		
LFT (LIVER FUNCTION TEST)				
TOTAL BILIRUBIN	0.76		0.2 - 1.3	mg/dL
DIRECT BILIRUBIN	0.40		0.2 - 0.65	mg / dl
INDIRECT BILIRUBIN	0.36		0.2 - 0.8	mg / dl
SGOT(AST)	21		0 - 40	U / L
SGPT(ALT)	26		0 - 40	U / L
ALKALINE PHOSPHATASE	92		37 - 143	U / L
PROTEINS	6.76		6 - 8.3	g / dl
ALBUMIN	3.99		3.5 - 5	gm/dl
GLOBULIN	2.77		1.9 - 3.5	g / dl
A.G.RATIO	1.44		0.5 - 2	mg / dl
PT (PROTHROMBIN TIME)		15	-	seconds
CONTROL		14	-	seconds
(INR) INTERNATIONALNARMLISED RATIO		1.07	-	.

REMARKS :

METHOD: BY COBAS INTEGRA 400 PLUS.

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AGE/SEX : 33 YEARS/MALE SAMP. DATE : 24/08/2024 13:02:00
REF. BY : Dr. ARCOFEMI HEALTHCARE LIMITED RESULT DATE : 24/08/2024 14:20:41

NAME OF TEST	RESULT VALUE		REFERENCE RANGE	UNIT
	IN RANGE	OUT RANGE		

LIPID PROFILE

CHOLESTEROL		359	0 - 200	mg / dl
TRIGLYCERIDES		303	50 - 190	mg / dl
HDL(HIGH DENSITY LIPIDS)	59		35 - 65	mg / dl
LDL		239.4	50 - 190	mg / dl
VLDL (VERY LOW DENSITY LIPIDS)		60.6	15 - 30	mg / dl
Cholestrol : HDL		6.08	3.5 - 5.5	
LDL : HDL		4.06	0 - 3.5	mg / dl

REMARKS :

Test done by -"Roche COBAS- ENTEGRA 400 PLUS "fully bichemistry analyser .

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AGE/SEX : 33 YEARS/MALE SAMP. DATE : 24/08/2024 13:02:00
REF. BY : Dr. ARCOFEMI HEALTHCARE LIMITED RESULT DATE : 24/08/2024 14:18:36

IMMUNO ASSAY

T3, T4 TSH

NAME OF TEST	RESULT VALUE	REFERENCE RANGE	UNIT
T3 (TRIIODOTHYRONINE)	0.96	Adults:- 0.60-1.58 Children:- 0-3 days:- 0.96- 2.92 1-11 months 0.81-2.81 1-5 years 0.83-2.52 6-10 years 0.92-2.19 11-15years 0.83-2.15	ng/ml
T4 (THYROXINE)	7.4	Adults:- 5.01-11.0 Children:- 0-3 days 11.80-22.60 4-30 days not Established 1-2 weeks 9.80-16.60 1-4 months 7.20-14.40 4-12 months 7.80-16.50	ug/dl
TSH (THYROID STIMULATING HORMONE)	3.45	Adults:- 0.38-4.31 Children:- 0-3 days:- 1.0-39.0 4-30 days:- 0.43-16.1 2-12 months:- 0.62-8.05 2-6 years:- 0.54-4.53 7-11 years:- 0.66-4.14 12-19 years:- 0.53-3.59	uIU/ml

Method: By AIA-360 (TOSOH) fully automated electro chemiluminescence immunoassay

INTERPRETATION: Suppressed TSH values are seen in hyperthyroid patients with the exception of hyperthyroidism caused by a TSH producing pituitary tumors. In addition TSH is suppressed in individuals treated with the exogenous thyroid hormones. Elevated TSH values are seen in primary hypothyroidism with the exception of hypothyroidisms caused by pituitary disorders. Note: Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites pregnancy, drugs (Androgens, Estrogens, O C pills, Phenyton) nephrosis etc. In such cases free T3 and T4 give corrected values.

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AGE/SEX : 33 YEARS/MALE SAMP. DATE : 24/08/2024 13:02:00
REF. BY : Dr. ARCOFEMI HEALTHCARE LIMITED RESULT DATE : 24/08/2024 14:18:22

CLINICAL-PATHOLOGY

URINE EXAMINATION

NAME OF TEST	RESULT VALUE	REFERENCE RANGE	UNIT
PHYSICAL EXAMINATION			ml
QUANTITY	30	-	
COLOUR	Pale Yellow	-	
APPEARANCE	Clear	-	
REACTION	Acidic	-	
Specific Gravity	1.010	-	
CHEMICAL EXAMINATION			
ALBUMIN	Nil	-	
URINE SUGAR	Nil	-	
Ketone Bodies	Nil	-	
BLOOD	Nil	-	
Bile Pigment	Nil	-	
Bile Salts	Nil	-	
MICROSCOPIC EXAMINATION			
Pus Cells	1-2/hpf	2 - 5	/hpf
Epithelial Cells	2-3 /hpf	5 - 10	
RBCs	Nil	-	/hpf
Casts	Nil	-	
Crystals	Nil	-	
Spermatozoa	Nil	-	
Bacteria	Nil	-	
Others	.	-	

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Reg. No : 94451

VISIT ID : 0000099066

Patient Name : Mr. RAHUL RAGHUVANSHI

Age / Sex : 33 YEARS / MALE

Ref. By : Dr. ARCOFEMI HEALTHCARE LIMITED

Order Date : 24/08/24 12:46PM

Report Date : 24/08/24 02:07PM

X-RAY

X-RAY CHEST PA

Trachea is central.

Bony rib cage and soft tissue wall of the thorax are normal.

Cardiac size is within normal limits.

Both lungs fields are clear.No pulmonary parenchymal lesion is seen.

Costo-phrenic angles are clear.

Kindly correlate.

DR. MUKESH DUBEY

(MBBS, DCP)

DR. VIJAY BHURIYA

MBBS DMRD

DR. AMIT SHANKHWAR

M.D. RADIO DIAGNOSIS

DR. P.S. TRIPATHI

M.D.(RADIO DIAGONOSIS)

DR. SANJAY YADAV

CONSULTANT MICROBIOLOGIST

Note: This report is not valid for medico legal purpose.
Address : Agrawal Plaza, B-7, HIG Main Road, Indore Ph: 0731-4289992-3
Website : www.trivenidiagnostic.com email : trivenidiagnostic@yahoo.co.in



Triveni Diagnostic Centre

Reg. No : 94451 Visit ID : 0000099066
Patient Name : Mr. RAHUL RAGHUVANSHI
Age / Sex : 33 YEARS / MALE Order Date : 24/08/24 12:46PM
Ref. By : Dr. ARCOFEMI HEALTHCARE LIMITED Report Date : 24/08/24 01:16PM

SONOGRAPHY

USG WHOLE ABDOMEN(MALE)

Liver is normal in size 12.1cm , shape and **echotexture appears mildly raised**. No focal parenchymal lesion noted. Portal vein is of normal caliber. There is no evidence of dilatation of Intra and extra hepatic biliary radicals.

Gall bladder appears normal. Does not show any sludge or calculus. Its walls are smooth and normal in wall thickness.

Pancreas is normal in size, shape and shows normal echogenecity, no localised solid or cystic mass is identified in pancreas. Pancreatic duct is not dilated.

Spleen is normal in size 10.5cm , and shows normal echogenecity, no localised or cystic mass is identified in spleen.

Both kidneys are normal in size (Rt. 9.9 x 4.2 cm & Lt. 10.1 x 5.1 cm), shape and echotexture. There is no evidence of dilation of collecting system of either of the kidney. Ureters are not dilated.

Visualised bowel loops appear normal.

No evidence of any adenopathy or ascitis.

Urinary bladder is adequately filled with anechoic contents. The wall appears thin with smooth mucosa.

Prostate appears normal in size , shape and echotexture.

IMPRESSION: Mild fatty liver.

Kindly correlate.

DR. MUKESH DUBEY
(MBBS, DCP)

DR. VIJAY BHURIYA
MBBS DMRD

DR. AMIT SHANKHWAR
M.D. RADIO DIAGNOSIS

DR. P.S. TRIPATHI
M.D. (RADIO DIAGNOSIS)

DR. SANJAY YADAV
CONSULTANT MICROBIOLOGIST



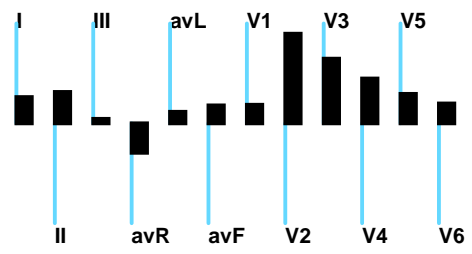
275 / MR RAHUL RAGHUVANSHI / 33 Yrs / M / 0 Cms / 0 Kg / HR : 90

Date: 24-Aug-2024 11:55:22 AM METS: 1.0/ 90 bpm 48% of THR BP: 120/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 00:00 0.0 mph, 0.0%

25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J



REMARKS:



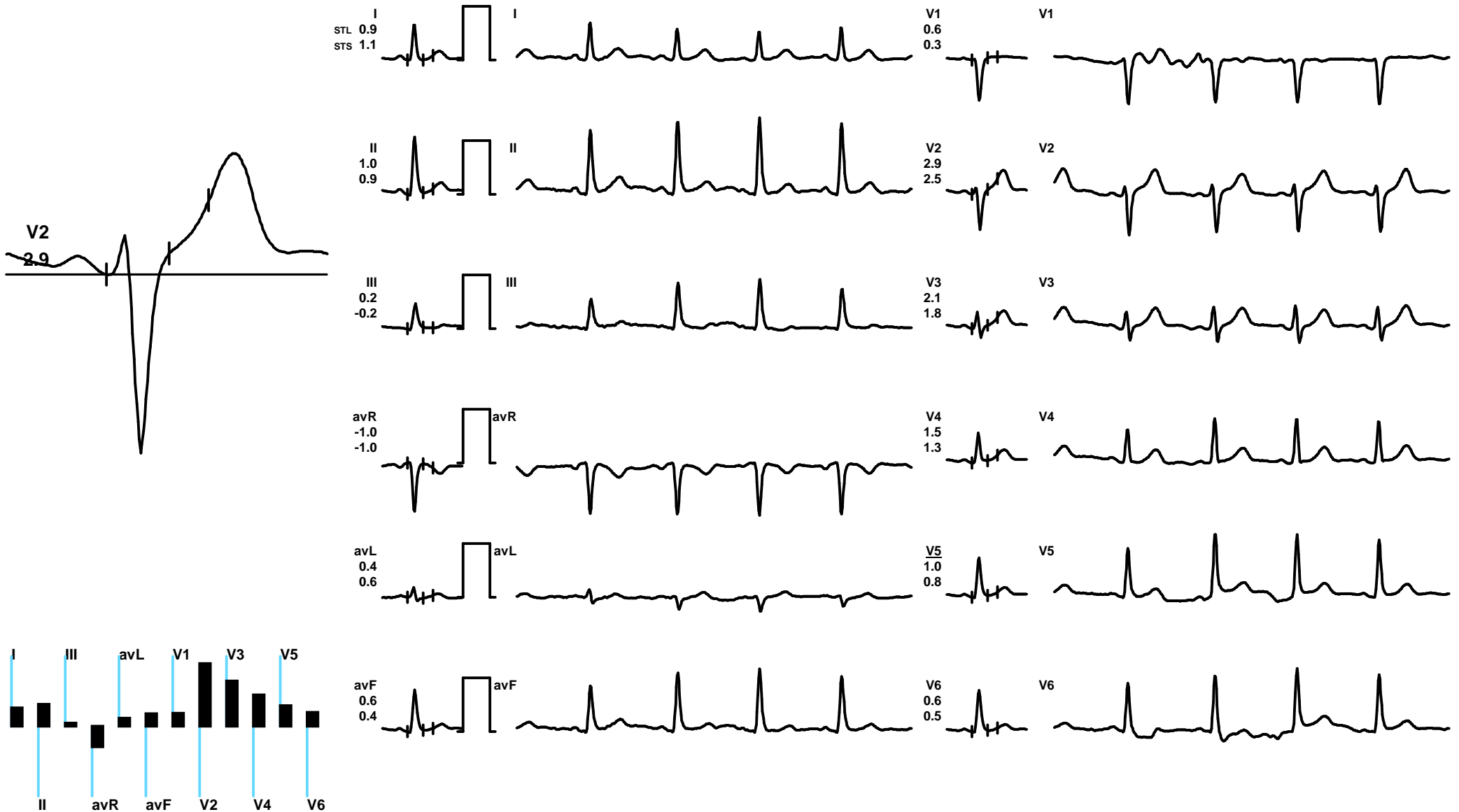
275 / MR RAHUL RAGHUVANSHI / 33 Yrs / M / 0 Cms / 0 Kg / HR : 90

Date: 24-Aug-2024 11:55:22 AM METS: 1.0/ 90 bpm 48% of THR BP: 120/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:



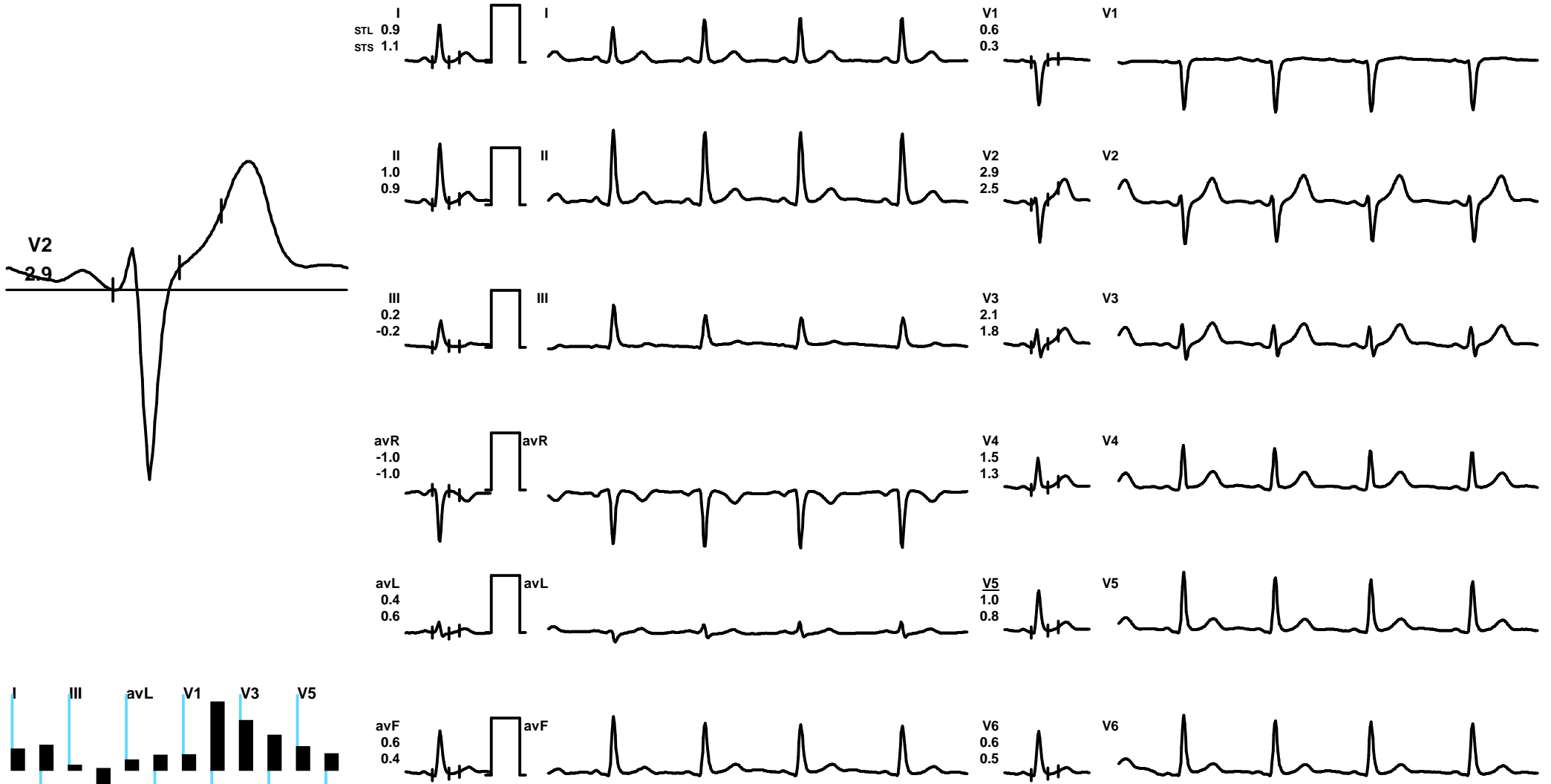
275 / MR RAHUL RAGHUVANSHI / 33 Yrs / M / 0 Cms / 0 Kg / HR : 81

Date: 24-Aug-2024 11:55:22 AM METS: 1.0/ 81 bpm 43% of THR BP: 120/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:



275 / MR RAHUL RAGHUVANSHI / 33 Yrs / M / 0 Cms / 0 Kg / HR : 81

Date: 24-Aug-2024 11:55:22 AM METS: 1.0/ 81 bpm 43% of THR BP: 120/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:



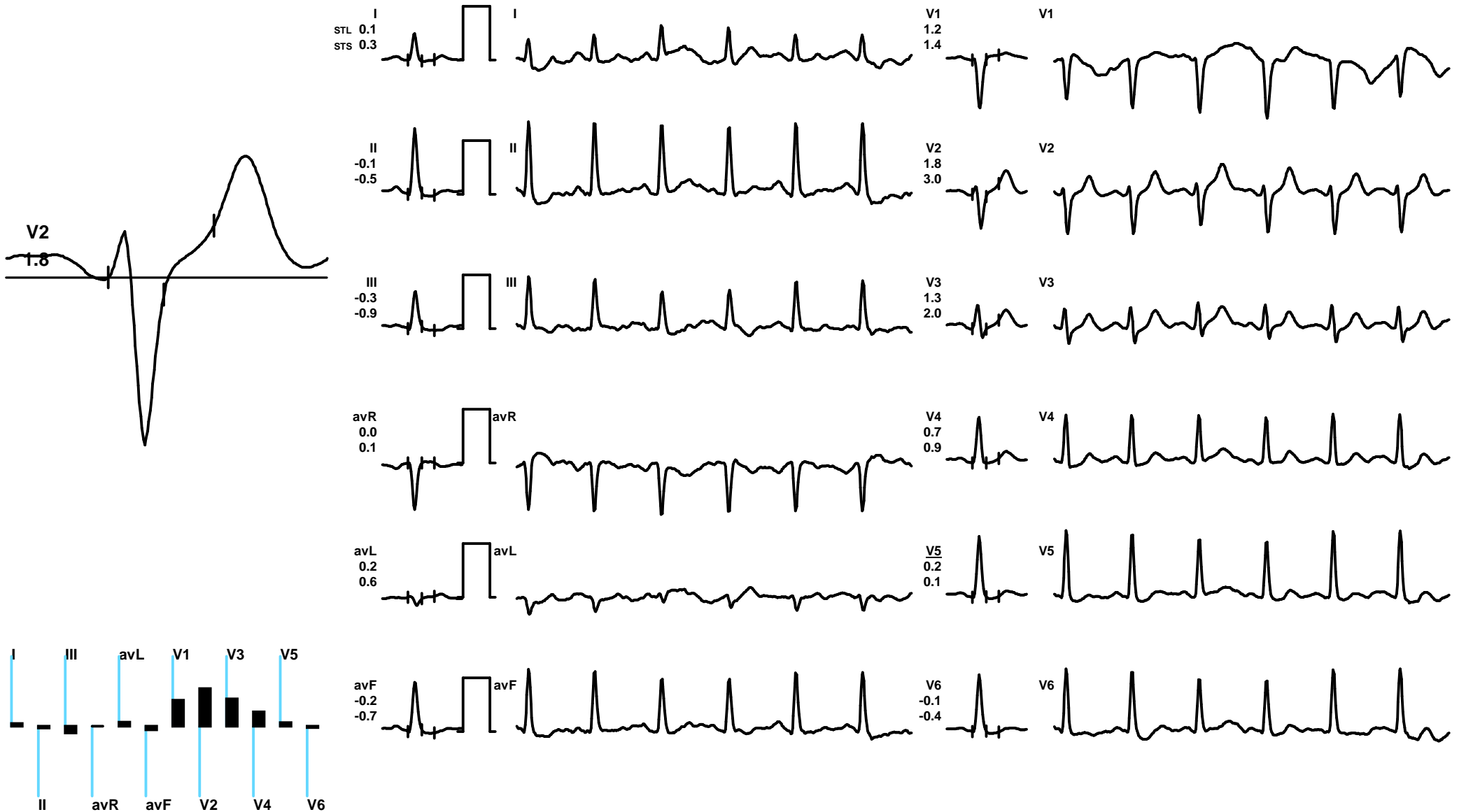
275 / MR RAHUL RAGHUVANSHI / 33 Yrs / M / 0 Cms / 0 Kg / HR : 118

Date: 24-Aug-2024 11:55:22 AM METS: 4.7/ 118 bpm 63% of THR BP: 130/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 03:00 1.7 mph, 10.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:



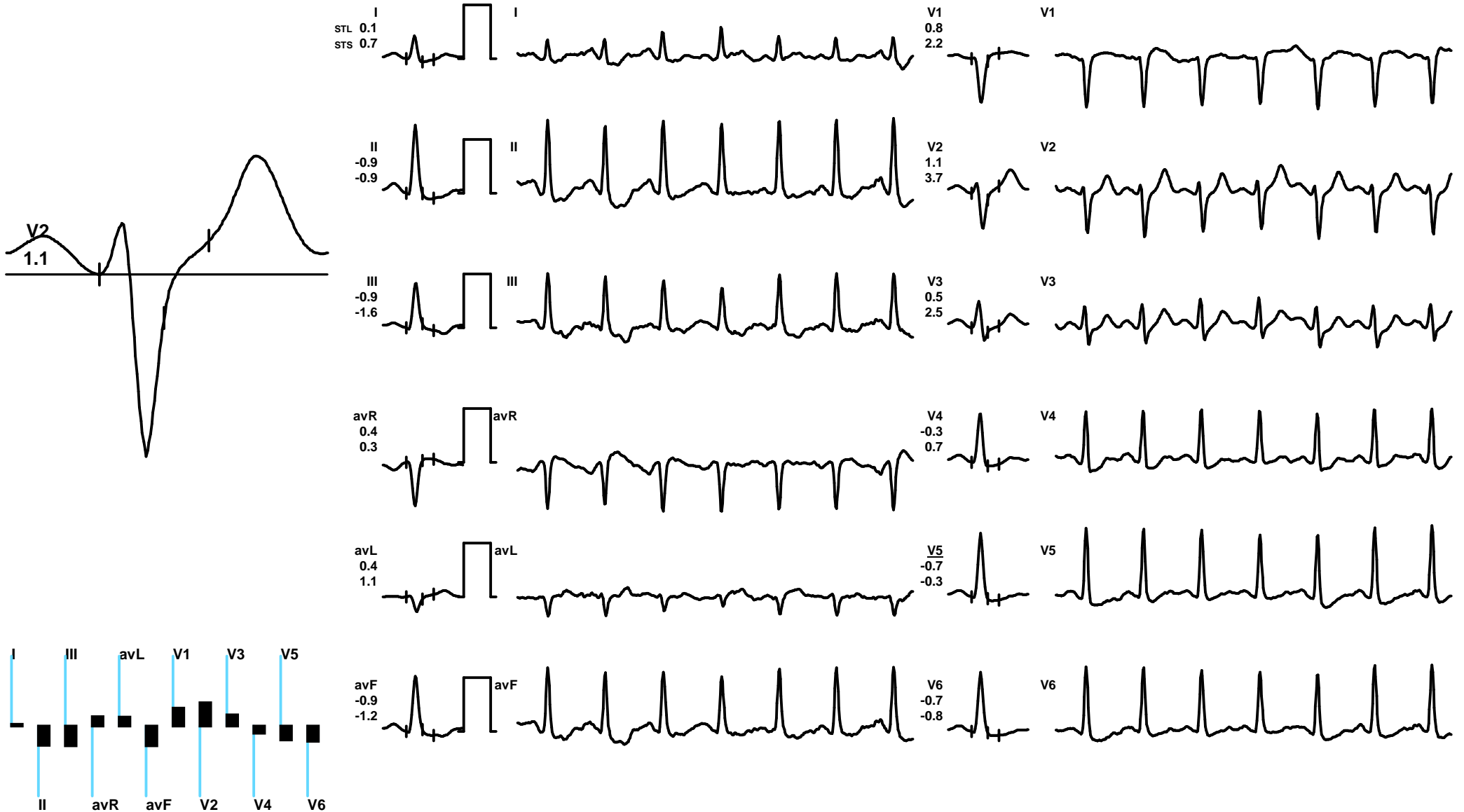
275 / MR RAHUL RAGHUVANSHI / 33 Yrs / M / 0 Cms / 0 Kg / HR : 138

Date: 24-Aug-2024 11:55:22 AM METS: 7.1/ 138 bpm 74% of THR BP: 140/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 06:00 2.5 mph, 12.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:



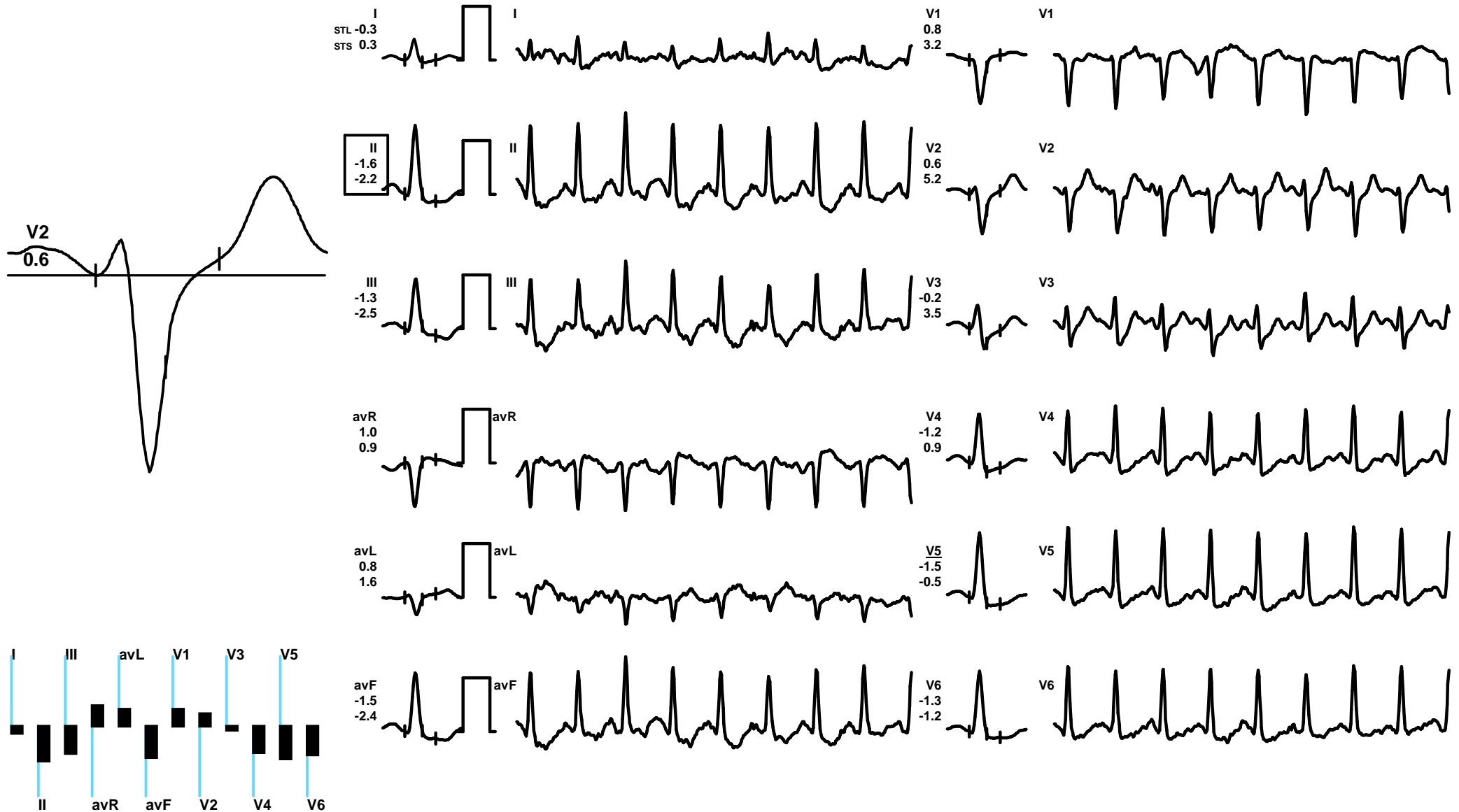
275 / MR RAHUL RAGHUVANSHI / 33 Yrs / M / 0 Cms / 0 Kg / HR : 165

Date: 24-Aug-2024 11:55:22 AM METS: 9.5/ 165 bpm 88% of THR BP: 160/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 08:19 3.4 mph, 14.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:



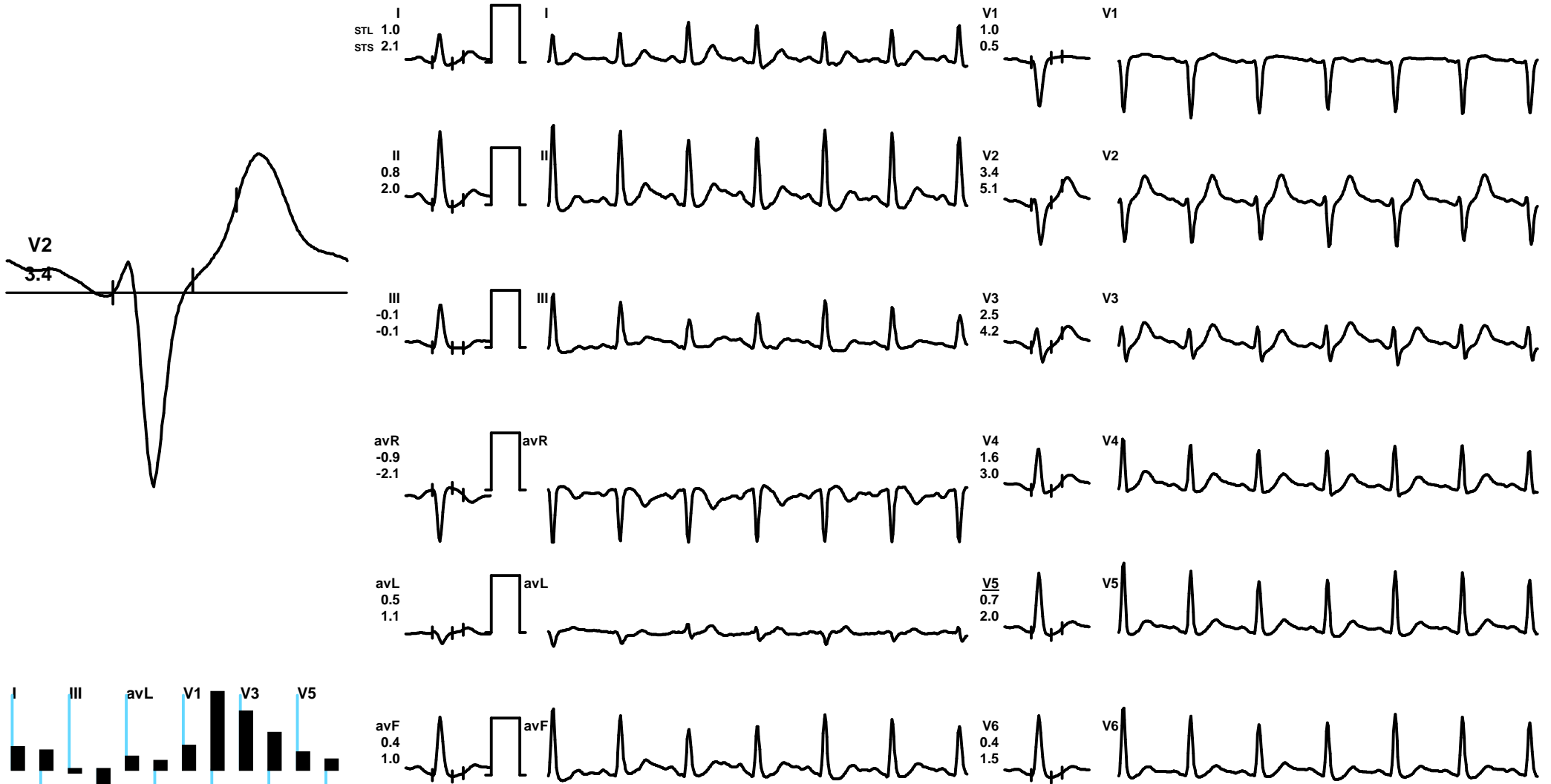
275 / MR RAHUL RAGHUVANSHI / 33 Yrs / M / 0 Cms / 0 Kg / HR : 127

Date: 24-Aug-2024 11:55:22 AM METS: 1.2/ 127 bpm 68% of THR BP: 160/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 08:19 0.0 mph, 0.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:



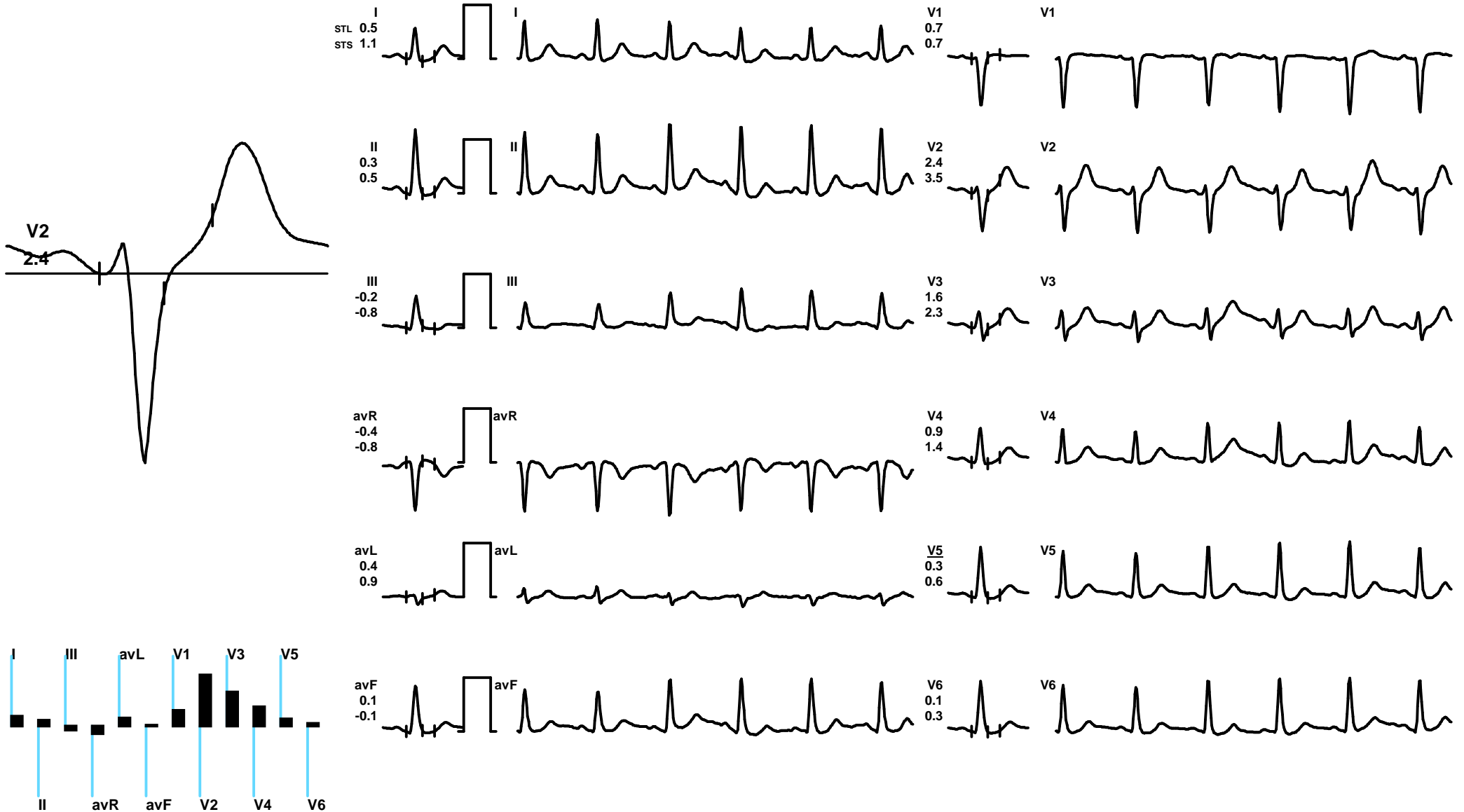
275 / MR RAHUL RAGHUVANSHI / 33 Yrs / M / 0 Cms / 0 Kg / HR : 114

Date: 24-Aug-2024 11:55:22 AM METS: 1.0/ 114 bpm 61% of THR BP: 140/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 08:19 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:



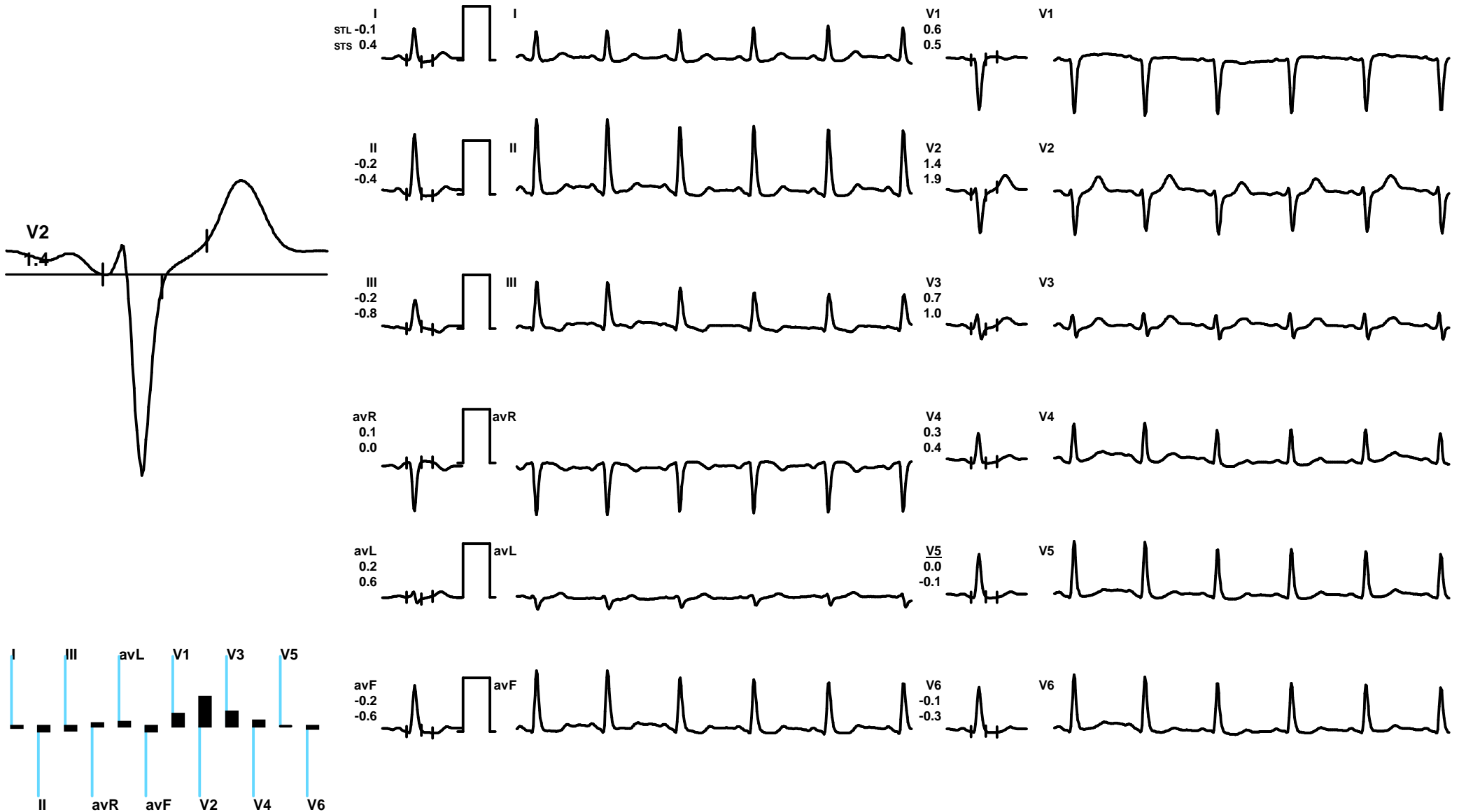
275 / MR RAHUL RAGHUVANSHI / 33 Yrs / M / 0 Cms / 0 Kg / HR : 106

Date: 24-Aug-2024 11:55:22 AM METS: 1.0/ 106 bpm 57% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 08:19 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:



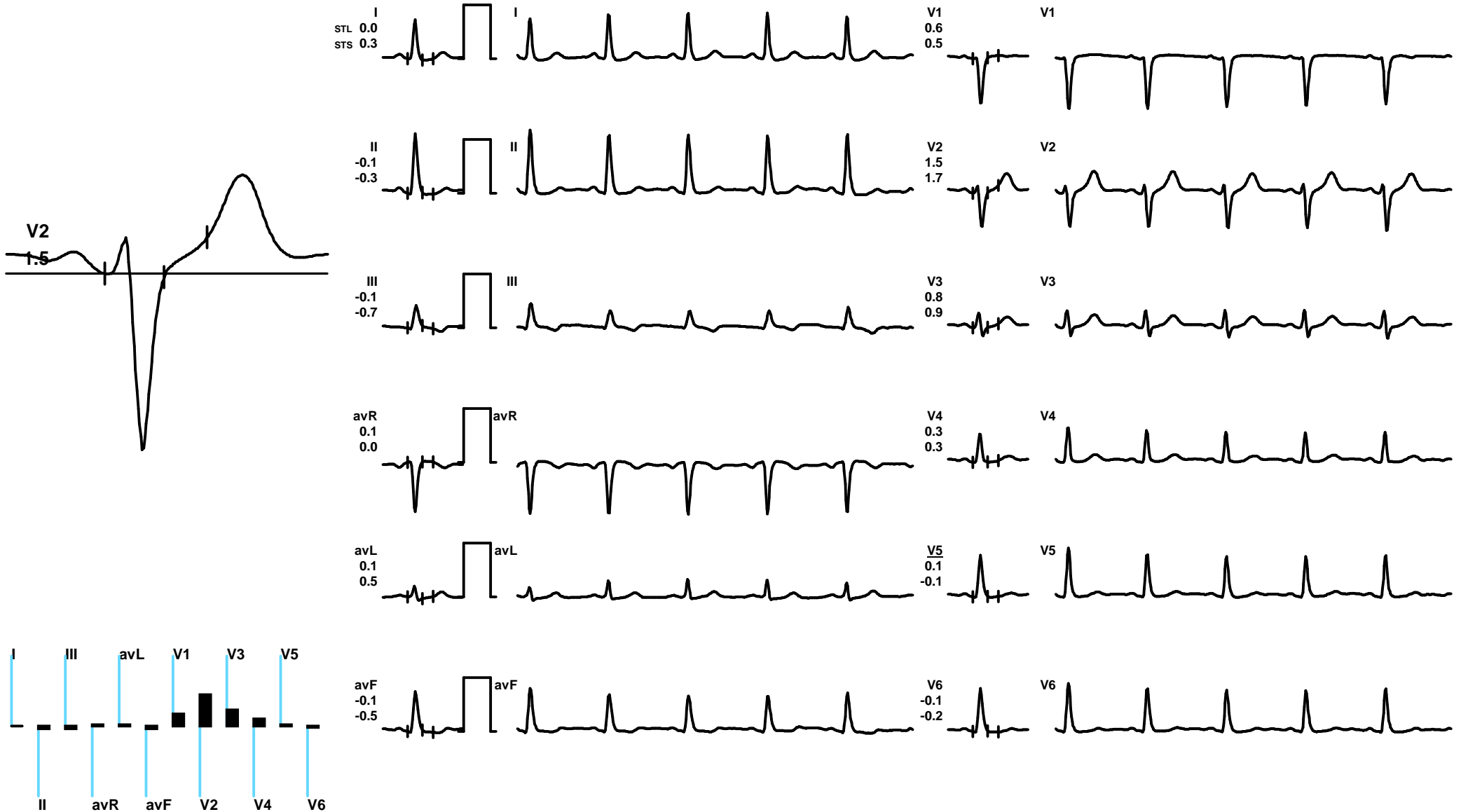
275 / MR RAHUL RAGHUVANSHI / 33 Yrs / M / 0 Cms / 0 Kg / HR : 100

Date: 24-Aug-2024 11:55:22 AM METS: 1.0/ 100 bpm 53% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 08:19 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:



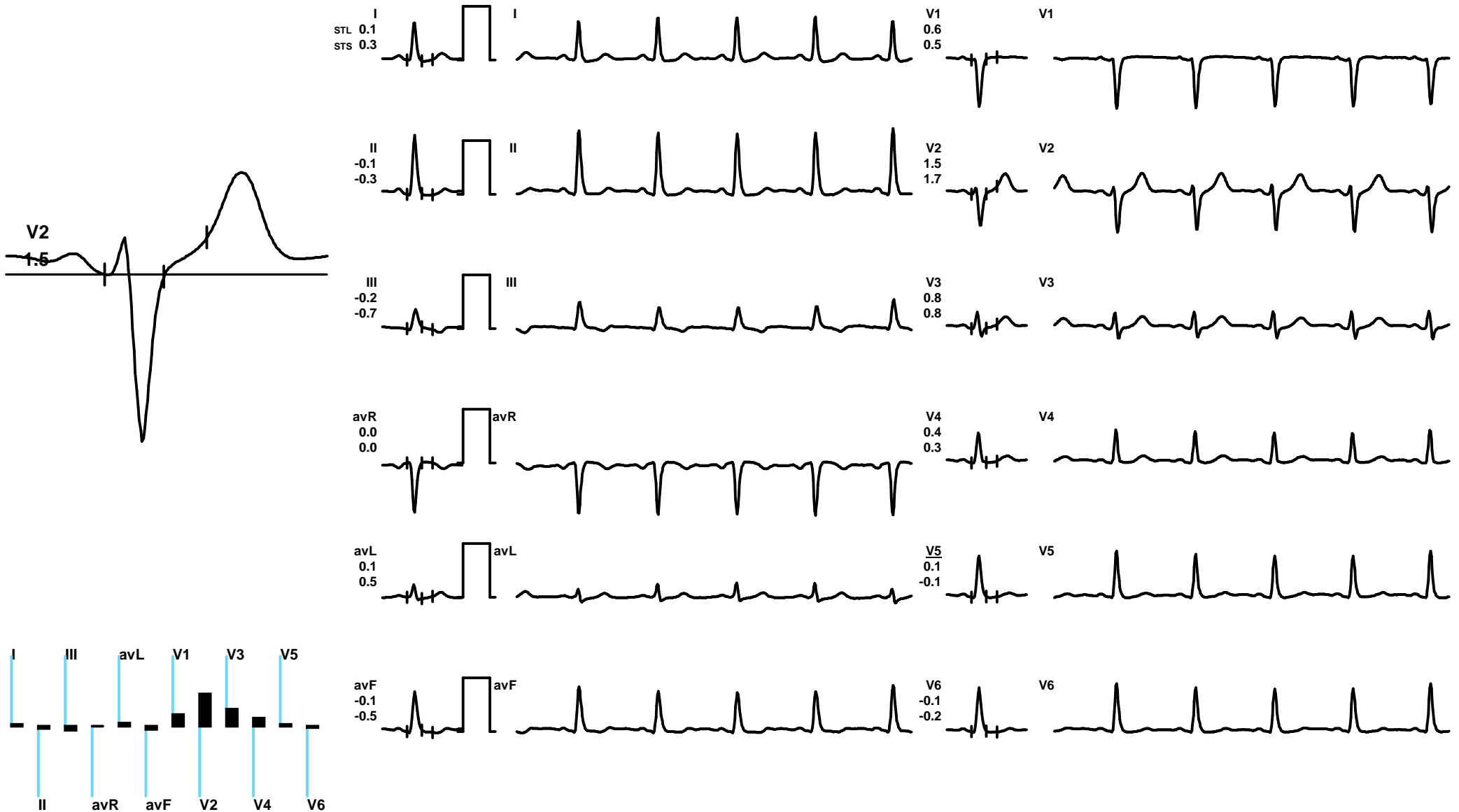
275 / MR RAHUL RAGHUVANSHI / 33 Yrs / M / 0 Cms / 0 Kg / HR : 100

Date: 24-Aug-2024 11:55:22 AM METS: 1.0/ 100 bpm 53% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 08:19 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:



275 / MR RAHUL RAGHUVANSHI / 33 Yrs / M / 0 Cms / 0 Kg Date: 24-Aug-2024

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:06	0:06	00.0	00.0	01.0	090	48 %	120/70	108	00	
Standing	00:09	0:03	00.0	00.0	01.0	090	48 %	120/70	108	00	
HV	00:11	0:02	00.0	00.0	01.0	081	43 %	120/70	097	00	
ExStart	00:54	0:43	00.0	00.0	01.0	081	43 %	120/70	097	00	
BRUCE Stage 1	03:54	3:00	01.7	10.0	04.7	118	63 %	130/70	153	00	
BRUCE Stage 2	06:54	3:00	02.5	12.0	07.1	138	74 %	140/80	193	00	
PeakEx	09:13	2:19	03.4	14.0	09.5	165	88 %	160/90	264	00	
Recovery	10:13	1:00	00.0	00.0	01.2	127	68 %	160/90	203	00	
Recovery	11:13	2:00	00.0	00.0	01.0	114	61 %	140/80	159	00	
Recovery	13:13	4:00	00.0	00.0	01.0	106	57 %	120/80	127	00	
Recovery	15:13	6:00	00.0	00.0	01.0	100	53 %	120/80	120	00	
Recovery	15:21	6:08	00.0	00.0	01.0	100	53 %	120/80	120	00	

FINDINGS :

Exercise Time : 08:19
Max HR Attained : 165 bpm 88% of Target 187
Max BP Attained : 160/90
Max WorkLoad Attained : 9.5 Good response to induced stress
Test End Reasons : Test Complete

Doctor : DR RAHUL TALATI(MD)



275 / MR RAHUL RAGHUVANSHI / 33 Yrs / M / 0 Cms / 0 Kg Date: 24-Aug-2024

REPORT :

ACTIVITY	:	ACTIVE
REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

Doctor : DR RAHUL TALATI(MD)