

Name : Ms. RIMI NATTA (36 /F)

Date : 24/08/2024

Address : DUMDUM, OTHER, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001910704

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH215525



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Heart  
disease, Stroke, Asthma  
Thyroid disease - hypothyroidism;  
Medication - regular; -  
Thyronorm 50 mcg  
Mental health disorder Since - 2 yrs; Treatment -  
regular; Under the care of  
psychiatrist - yes



## DRUG ALLERGY

NO KNOWN ALLERGY

:05/02/2024



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Oral and dental

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 11.8.24; Periods - regular;  
No of Children - 1; Last child birth - 12 yrs;  
Deliveries - LSCS

### Central nervous system

- Nil Significant

### Eyes

Vision - normal

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant

### Weight

- has gained weight

### General symptoms

General symptoms - tiredness



### Past medical history

Past medical history - nil significant



### Personal history

Marital status - Divorced  
No. of children - 1  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Sedentary



### Family history

Father - alive  
Mother - has expired  
Hypertension - mother  
Coronary artery  
disease - none  
Cancer - mother  
Type - Endometrial

## PHYSICAL EXAMINATION



### General

Build - over weight

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Height - 161  
Weight - 77  
BMI - 29.71  
Pallor - No  
Oedema - no

 **Cardiovascular system**

Heart rate (Per minute) - 75  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 113  
Diastolic(mm of Hg) - 86  
Heart sounds - S1S2+

**Respiratory system**

Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal

**Ophthalmology consultation**

Ophthalmology findings - UCVA:RE:6/6 LE:6/6  
NVA:RE:N6 LE:N6  
OCULAR MOVEMENT:  
WNL ANT.SEG: WNL  
ADVICE:\*To continue  
present glass Rx\*Review  
after 1yr/SOS

Printed By : Benazir Begaum

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	13.3	g/dl	●	12.0-15.0
RBC COUNT	4.35	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	40.3	%	●	36-46
MCV	92.8	fl	●	83-101
MCH	30.6	pg	●	27-32
MCHC	32.9	%	●	31.5-34.5
RDW	13.4	%	●	11.8-14.0
WBC Count	11400 *	/cu mm	●	4000-10000
Platelet Count	1.83	lacs/cu mm	●	1.5-4.0
Neutrophils	70	%	●	40-80
Lymphocytes	22	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
WBC:	Neutrophilic leucocytosis noted.			
Platelets:	Adequate.			

ERYTHROCYTE SEDIMENTATION RATE (ESR)	18	mm/1st hr	●	0-20
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### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	6.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	0-2
Casts:	Not Found
Crystals:	Not Found

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	83 *	U/L	●	0-35
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	68	U/L	●	33-98

AST (SGOT) - SERUM	54 *	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.7	mg/dL	●	0.3-1.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	168	mg/dL	●	0-200
Non-HDL Cholesterol	118			

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

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**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	56 *	U/L	●	0-38

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	80	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	201 *	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.3	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	50	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	102 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	16	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	6.9	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	1.5			

GLOBULIN: (CALCULATED) - SERUM	2.7	g/dL	●	1.8-3.6
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**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.02	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	8.83	µg/dL	●	5.48-14.28

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	109	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.21	µIU/mL	●	0.38-5.33

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.8 *	mg/dL	●	2.4-5.7

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	7.0	mg/dL	●	7.0-18.0

**BUN/CREATININE RATIO**

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	10.0			

**PAP SMEAR /CERVICAL SMEAR**

Ref No:  
AG01.C2406990

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**SPECIMEN TYPE:**

Conventional cervical smear (Papanicolaou stain) x 1

**SPECIMEN ADEQUACY:**

Satisfactory for evaluation without endocervical cells.

**INTERPRETATION/RESULT:**

Negative for intraepithelial lesion or malignancy, with no organism

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Grade II fatty liver with hepatomegaly.

\* Bilateral bulky ovaries with polycystic ovarian morphology.

Suggested clinical, TVS and hormonal assay correlation.

\* Fundal subserosal fibroid as described.

\*Well defined echogenic structure in endometrial cavity -? polyp? nature.

Suggested TVS correlation.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. ARKADEEP DEY

DNB RESIDENT

In consultation with

**X-RAY CHEST PA**

\* Chest skiagram does not reveal any significant abnormality.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Biochemistry**

A/G - RATIO



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Moderate Risk

### YOUR SCORE

3

### ACCEPTABLE SCORE

3

**Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### **Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

### **DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**