### **Echocardiography Report**



Name:

Mr. KISHAN KUMAR SONY

Age/Sex: 33Yrs/M

Date: **Summary of 2D echo** 

04.09.2024

### Baseline echocardiography revealed:

- No chamber enlargement seen.
- No RWMA.
- LVEF 60%
- Normal Diastolic function (E>A)
- Good RV function
- No MR
- Trace TR
- No thrombus detected.
- No Pericardial effusion seen.
- IVC shows normal inspiratory collapse

#### **Observations:-Dimensions**

ODDET VALIDIT	<u> </u>	JII STOTIS
LVID d=	38.8	(35-55mm)
LV IVS=	6.6	(06-11mm)
Pwd =	9.0	(06-11mm)
Ao =	21.3	(20-37mm)
LA =	23.7	(21-37mm)
LVEF =	60%	(55 +6.2%)

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Plot no. 3, Block no. 34, Pusa Road, WEA, opposite metro pilar no. 77, Karol Bagh, New Delhi - 110005. Contact Number 011- 40393610 / Helpline No: 1860 500 7788

Emergency: 1066 / Email: ApolloOnePusaRoad@apolloclinic.com

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No MR

**Aortic valve- Normal** 

No AR

Tricuspid Valve -

Trace TR

**Pulmonary Valve-Norm** 

No PR

#### **Impression:**

- Normal Valves & Chamber dimentions
- No RWMAP
- Normal LV systolic function (EF= 60%)
- Normal Diastolic function
- No PAH

DR. RAJNI SHARMA (DM CARDIOLOGY)

SR. CONSULTANT Dr. RAJNI SHARMA MBBS, MD, DM Cardiology Senior Consultant- Cardiology Apollo One, Plot No.34, Pusa Road Karol Bagh, New Delhi-110005 Regn. No. DMC-22672

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## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of

kishan

		Tic
Aedically Fit		
It Wit R	estrictions Recommendations	
mpeame	flowing restrictions have been revealed, in my opinion, these are not not sto the job.	
2		
3		
However, to him/her	the employee should follow the advice/medication that has been communicated	
Review af	er	
Current U	Infit.	
Review af	Infit. recommended	-
Unfit		
	, and the second	

Height: 175cm Weight. Slhg

Blood Pressure: 108 77 mmy

Medical Officer HEALTH AND LIFESTYLE LT

This certificate is not meant for medico-legal purposes

No. 3, Block No. 34, Metro Pillar No. 77 = Pusa Road, WEA Karol Bagh New Delhi-110005

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Mr. Kishan Kumar

Height: 175cm	Weight: 51 kg.	BMI: 16.65	Waist Circum :
Temp: 98.6 F	Pulse: 946/p	Resp: 30 mt	B.P: 08 78 mm/

General Examination / Allergies History

P. History - No.

Sx Westery No.

Family History - f- DMZ

Married - No kills.

Allergy - No.

Dict - Veg.

Physical

Addiction - No.

Spoz-987. Clinical Diagnosis & Management Plan

Pt. came for general physical checkup.

0/6- CVS- 5,52+

CNS - consider, oriented

PD- roft, M.

RS- BL air entry +.

c/o- indigestum-feaquent. exisades.

. anxiety episodes

Reports

Adv

- Cardio excrases

- Breathing exercise.

- Non-oily, non fired food

- Tab. Spoule a Ds & 15 days.

Tab. Pantop Yong & 10 days

APOLLO HEALTH AND LEGITURETE

APOLLO ONE Doctor Signature

Follow up date:

#### **Apollo One**

#3 Block, Plot no, 34, Pusa Rd, opposite Metro Pilar No. 77, WEA, Karol Bagh, New Delhi.

BOOK YOUR APPOINTMENT TODAY!

**Phone Number** 

: (011) 40393610

Website



NAME: KISHAN KUMAR SONY

DATE: 03.09.2024

**REF. BY:- HEALTH CHECKUP** 

AGE: 33Y/SEX/M

MR. NO:- SKAR.0000076046

S.NO.: - 2222

#### X-RAY CHEST PA VIEW

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen.

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

#### **CONCLUSION:**

No obvious abnormality seen.

Please correlate clinically and with lab. Investigations

DR. SEEMA PRAJAPATI SENIOR RESIDENT RADIODAIGNOSIS

Note: It is only a professional opinion. Kindly correlate clinically.

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New Delhi - 110005. Contact Number 011- 40393610 / Helpline No: 1860 500 7788
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Registered Office: Apollo Health and Lifestyle Limited 7-1-617/A, 615 and 616, Imperial Towers, 7th Floor, Ameerpet, Hyderabad-500038, U85110TG2000PLC115819

Apollo Clinic



# ADOLLO ONE CONSENT FORM

Patient Name: Kishan Kumax Song Age: B3
UHID Number: Company Name: Bank of Baso do
Mr/Mrs/Ms
Company) Want to inform you that tam not interested in getting ests done which is a part of my routine health check package.  Ind I claim the above statement in my full consciousness.

Apollo One - New Delhi Address:

Apollo One, Plot no. 3 . Block no. 34, Pusa Road, WEA. Opposite Metro Pillar No. 77. Karol Bagh, Pusa Road NEW DELHI . DELHI INDIA

Patient Signature:

Pincode:- 110005

Phone no: -1860-500-7788

Email: - ApolloOnePusaRoad@apolloclinic.com

Apollo Clinic



## Apollo One

## **CONSENT FORM**

Patient Name: Kishan	Kumas Sony Age	e:32
UHID Number:	Company	Name: Benk of Bonaly
I Mr/Mrs/Ms Kis Laun (Company) Want to inform you Tests done which is a part of mand I claim the above statement Patient Signature:	y routine health check package.  It in my full consciousness.	Doetor, Priet come tomorow on 04/03) 2024 for echo-20 Te
	546.111	The second secon

Apollo One - New Delhi Address:

Apollo One, Plot no. 3 . Block no. 34, Pusa Road, WEA. Opposite Metro Pillar No. 77. Karol Bagh, Pusa Road NEW DELHI . DELHI INDIA

Pincode:- 110005

Phone no: -`1860-500-7788

Email: - ApolloOnePusaRoad@apolloclinic.com



**Eye Checkup** 

NAME: - MR. Kisnon Kunar Sorry

Age: - 33

Date: 3/9/24

SELF / CORPORATE: -

Rig	Right Eye					
		40				
Distant Vision	Sam & VisiON	(6/1)	Some Vision (6/6)			
Near vision	6) 6	-	6) 6			
Color vision	OK		616			
Fundus examination		1) 1)				
Intraocular pressure	-					
Slit lamp exam						

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SignatureO ONE
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## DR. ALVEEN KAUR

Consultant - Dentist BDS

Contact: 9817966537



Signature: -

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#### Dr. Sanjiv Dang

MBBS, MS (ENT)
Ear, Nose & Throat Consultant
DMC Regn. No. 9555
Timing: 5.30 pm - 8.30 pm
E:sanjivdang.mamc@gmail.com

For appointment please contact :

011-40043300-07, 8448702877

Sishou Dunar Sour

1 man Dat

Stamp

Chest: clean

## APOLLO HEALTH AND LIFESTYLE LTD. APOLLO ONE

Plot No. 3, Block No. 34, Metro Pillar No. 77
Pusa Road, WEA Karol Bagh
New Delhi-110005

#### APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED

(Formerly known as Nova Specialty Hospitals Private Limited) CIN: U85100KA2009PTC049961

Apollo Spectra Hospitals Plot No. 3, Block No. 34, Pusa Road, WEA, Karol Bagh, New Delhi-110005

Ph.: 011 49407700, 8448702877 www.apollospectra.com

#### Registered Address

#7-1-617/A, 615 & 616 Imperial Towers, 7th Floor, Opp. Ameerpet Metro Station, Ameerpet, Hyderabad-500038. Telangana.





ID skar0000076046 Height 175cm Age

Gender Male Test Date / Time 03.09.2024. 08:49

**Body Composition Analysis** 

		Values	Total Body Water	Soft Lean Mass	Fat Free Mass	Weight
Total Body Water (L)		24.8 (37.9~46.3)	24.8	31.5		
Protein	(kg)	6.3 (10.2~12.4)		(48.7~59.5)	33.3 (51.5~63.0)	51.3 (57.3~77.5)
Minerals	(kg)	2.20 (3.50~4.28)	non-osscous	The second secon		
Body Fat Mass	(kg)	18.0 (8.1~16.2)				

Muscle-Fat Analysis

		U	nder		Norma	al			0/	/er			
Weight	(kg)	55	70	85 51.3	100	115	130	145	160	175	190	205	%
SMM Skeletal Muscle Mass	(kg)	<sup>70</sup> 1	7. <b>0</b>	90	100	110	120	130	140	150	160	170	%
Body Fat Mas	s (kg)	40	60	80	100	160	220 18.0	280	340	400	460	520	%

**Obesity Analysis** 

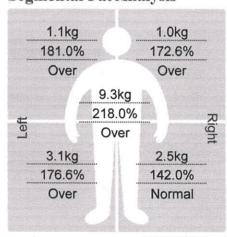
	U	nder		Norma	al 📗			Ov	/er		
BMI Body Mass Index (kg/m²)	10.0	15.0	18.5 16.8	22.0	25.0	30.0	35.0	40.0	45.0	50.0	55.0
PBF Percent Body Fat (%)	0.0	5.0	10.0	15.0	20.0	25.0	30.0	35.0	40.0	45.0	50.0

Lean Mass % Evaluation

Segmental Lean Analysis

		l inclusionario		
1	.92kg	7-4000	1.97kg	
7	78.8%		80.7%	
l	Jnder		Under	
-eff	97.	9kg 2% mal		Right
	.12kg		6.98kg	#
1	04.9%		102.8%	
N	lormal		Normal	

Segmental Fat Analysis



\* Segmental fat is estimated.

Fat Mass % Evaluation

**Body Composition History** 

Weight (kg)	51.3		,	**************************************	
SMM (kg) Skeletal Muscle Mass	17.0	***************************************	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	# # # # # # # # # # # # # # # # # # #	
PBF (%) Percent Body Fat	35.1	***	6	***	5 5 6 6 7 5 6 7 6 7 6 7 6 7 6 7 6 7 6 7
Recent -Total	03.09.24. 08:49				

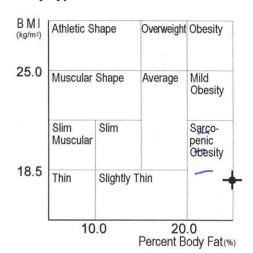
(!) Check impedance.

#### InBody Score

#### /100 Points

\*InBody Score cannot be calculated. You may have Edema. Please consult your physician.

#### **Body Type**



#### Weight Control-

Target Weight	67.4	kg
Weight Control	+ 16.1	kg
Fat Control	- 7.9	kg
Muscle Control	+ 24.0	kg

Obesity	Evaluation			
ВМІ	□ Normal 🗹 Under	Slightly □ Over □ Over		
PBF	□ Normal □ Slightly	<b>∀</b> Over		

#### Body Balance Evaluation

Dody Dale				
Upper	Balance	d □ Slightly Unbaland	ced	Extremely Unbalanced
Lower	Balance	d □ Slightly Unbaland	ced	□ Extremely Unbalanced
Upper-Lower	□Balance	Slightly Unbalance	ced	Extremely Unbalanced
Research	<b>Paramet</b>	ters-		
Basal Metabolic	Rate '	1089 kcal	(	1218~1406
				SERVICE SERVICE OF SERVICE OF

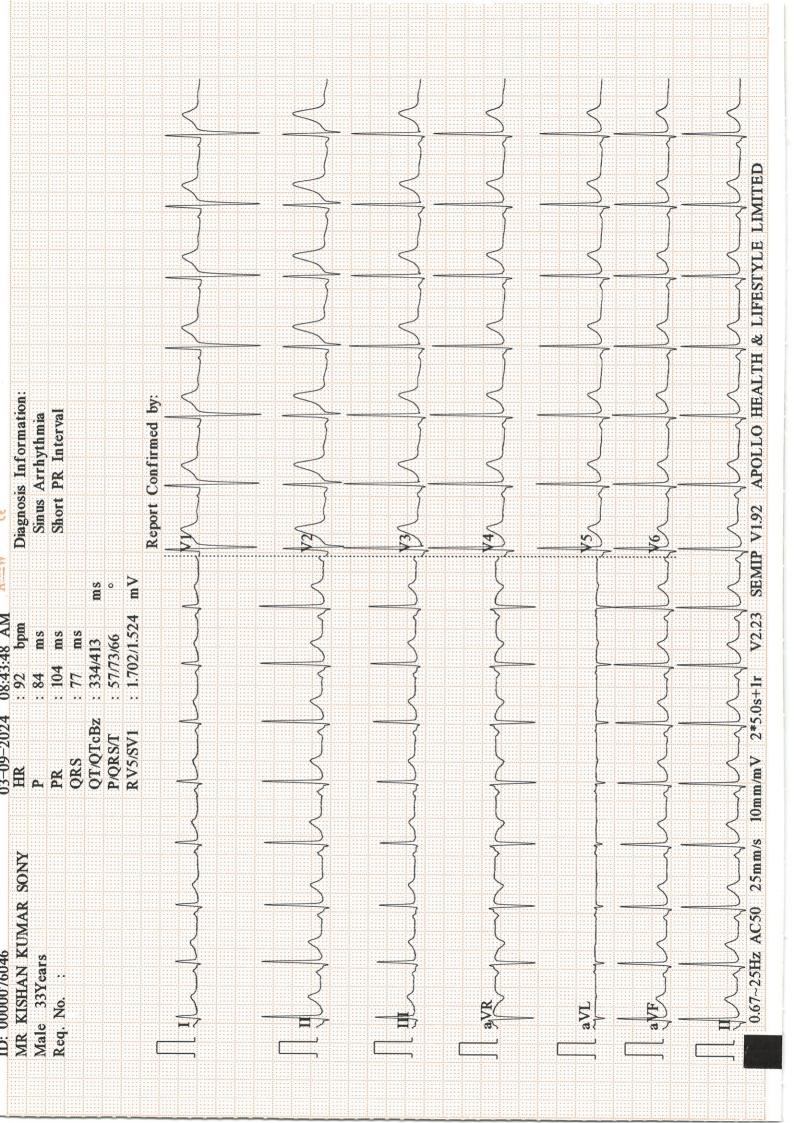
## Basal Metabolic Rate 1089 kcal ( 1218~1406 ) Waist-Hip Ratio 1.05 ( 0.80~0.90 ) Visceral Fat Level 11 ( 1~9 ) Obesity Degree 76 % ( 90~110 )

obesity begies	10 10	-	30 -110	)
Bone Mineral Content	1.80 kg	(	2.89~3.53	)
SMI	5.9 kg/	mi		

Recommended calorie intake 2552 kcal

#### Impedance

			LA			
$\mathbf{Z}_{(\Omega)}$	$5  \mathrm{kHz}$	524.5	524.7	241.2	265.6	439.1
	50 kHz	457.3	472.0	37.4	410.7	388.7
2	$50\mathrm{kHz}$	410.2	423.2	31.6	371.4	350.0



Apo	ollo

NAME:-KISHAN KUMAR SONY	AGE: 33Y/ SEX: M Advanced Diagnostics Powered by Al
DATE: September 3, 2024	REF.BY:- ARCOFEMI HEALTHCARE LIMITED
S.NO.:- 733	UHID NO.:- SKAR.0000076046

#### **ULTRASOUND WHOLE ABDOMEN**

Liver is normal in size(12cm) and shows normal echotexture. No focal lesion seen in the liver. Intrahepatic bile ducts and portal radicals are normal in caliber.

Gall bladder is partially contracted, does not show any evidence of cholecystitis or cholelithiasis.

**CBD** is not dilated.

Portal vein is normal in caliber.

**Both kidneys** are of normal size (RK 9.2 x 3.8cm, LK 10 x4.4cm in length), shape and echo pattern. The parenchymal thickness is normal & cortico-medullary differentiation is well maintained.

**Spleen** is normal in size (12cm) and echotexture. **Pancreas** visualized part appears normal.

**Urinary bladder** is adequate and shows no mural or intraluminal pathology **Prostate** is normal in Size(45x25x36mm), volume ~22cc and Shape. No focal lesion is seen.

Please correlate clinically.

DR. SEEMA PRAJAPATI SENIOR RESIDENT RADIODAIGNOSIS

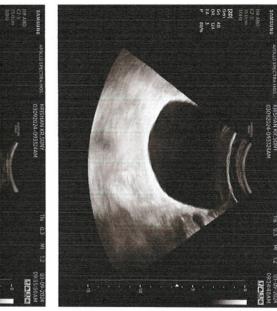
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[20] Gen Gn 48 DR 124 FA 3











Page 1/1



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Patient Name

: Mr.KISHAN KUMAR SONY

: 33 Y 3 M 6 D/M

Age/Gender UHID/MR No

: SKAR.0000076046

Visit ID Ref Doctor : CAOPOPV1470

Emp/Auth/TPA ID

: Dr.SELF : 22E32423 Collected

: 03/Sep/2024 08:55AM

Received

: 03/Sep/2024 10:04AM

Reported

: 03/Sep/2024 10:49AM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF HAEMATOLOGY**

#### PERIPHERAL SMEAR, WHOLE BLOOD EDTA

**RBCs** 

Show mild anisocytosis, are predominantly Normocytic

Normochromic.

**WBCs** 

Normal in number and morphology

Differential count is within normal limits

**Platelets** 

Adequate in number, verified on smear

No Hemoparasites seen in smears examined.

Impression

Normal peripheral smear study

Advice

Clinical correlation

Page 1 of 15

Dr. Shivangi Chauhan M.B.B.S, M.D (Pathology) Consultant Pathologist

SIN No:BED240223115





TOUCHING LAVES

Patient Name Age/Gender : Mr.KISHAN KUMAR SONY

: 33 Y 3 M 6 D/M

UHID/MR No Visit ID : SKAR.0000076046 : CAOPOPV1470

Ref Doctor Emp/Auth/TPA ID : Dr.SELF : 22E32423 Received

: 03/Sep/2024 08:55AM

: 03/Sep/2024 10:04AM

Reported Status

Collected

: 03/Sep/2024 10:49AM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF HAEMATOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	*	Result		Unit	Bio. Ref. Interval	Method
HEMOGRAM, WHOLE BLOOD EL	OTA -					
HAEMOGLOBIN		13		g/dL	13-17	Spectrophotometer
PCV		39.60		%	40-50	Electronic pulse & Calculation
RBC COUNT		4.5		Million/cu.mm	4.5-5.5	Electrical Impedence
MCV		88		fL	83-101	Calculated
MCH		28.8	20	pg	27-32	Calculated
MCHC		32.7		g/dL	31.5-34.5	Calculated
R.D.W		14.7		%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (1	LC)	4,900		cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC	COUNT (DLC)	1				
NEUTROPHILS		65		%	40-80	Electrical Impedance
LYMPHOCYTES		29		%	20-40	Electrical Impedance
EOSINOPHILS	•	02		%	1-6	Electrical Impedance
MONOCYTES		04		%	2-10	Electrical Impedance
BASOPHILS		00		%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COU	NT					
NEUTROPHILS		3185		Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES		1421		Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS		98		Cells/cu.mm	20-500	Calculated
MONOCYTES		196		Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLF	<b>R</b> )	2.24			0.78- 3.53	Calculated
PLATELET COUNT		159000		cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATI RATE (ESR)	ON	06		mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR						

Page 2 of 15

Dr.Shivangi Chauhan
M.B.B.S,M.D(Pathology)
Consultant Pathologist



SIN No:BED240223115



: 03/Sep/2024 08:55AM Expertise. Empowering you.

OUCHING LI Patient Name

: Mr.KISHAN KUMAR SONY

Age/Gender

: 33 Y 3 M 6 D/M

UHID/MR No

: SKAR.0000076046

Visit ID Ref Doctor

Rh TYPE

: CAOPOPV1470

Emp/Auth/TPA ID

: 22E32423

: Dr.SELF

Collected

Received Reported : 03/Sep/2024 10:04AM

Status

: 03/Sep/2024 11:22AM

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF HAEMATOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

**Test Name** 

Result

Unit

Bio. Ref. Interval

Method

BLOOD GROUP ABO AND RH FACTOR, WHOLE BLOOD EDTA

**BLOOD GROUP TYPE** 

В

**POSITIVE** 

Gel agglutination

Gel agglutination

Page 3 of 15



www.apollodiagnostics.in

Dr. Shivangi Chauhan M.B.B.S, M.D (Pathology) Consultant Pathologist

SIN No:BED240223115



Apollo
DIAGNOSTICS

Expertise, Empowering you

Patient Name

: Mr.KISHAN KUMAR SONY

Collected

: 03/Sep/2024 08:55AM Expertise. Empowering you.

Age/Gender

: 33 Y 3 M 6 D/M

Received

: 03/Sep/2024 02:47PM

UHID/MR No

: SKAR.0000076046

Reported

: 03/Sep/2024 04:14PM

Visit ID

: CAOPOPV1470

Status

: Final Report

Ref Doctor
Emp/Auth/TPA ID

: Dr.SELF : 22E32423 Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name

Result

Unit

Bio. Ref. Interval

Method

GLUCOSE, FASTING, NAF PLASMA

95

mg/dL

70-100

GOD - POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL

Interpretation

70-100 mg/dL

Normal

100-125 mg/dL

Prediabetes

≥126 mg/dL

Diabetes

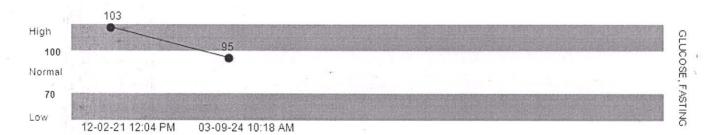
≥126 mg/dL <70 mg/dL

Hypoglycemia

#### Note:

1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.

2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.



Test Name Result Unit Bio. Ref. Interval Method GLUCOSE, POST PRANDIAL (PP), 2 135 mg/dL 70-140 GOD - POD HOURS, SODIUM FLUORIDE PLASMA (2 HR)

#### Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive

Page 4 of 15

Dr.Shivangi Chauhan M.B.B.S,M.D(Pathology)

Consultant Pathologist

SIN No:EDT240089505

www.apollodiagnostics.in





: Mr.KISHAN KUMAR SONY

: 33 Y 3 M 6 D/M

Age/Gender UHID/MR No

: SKAR.0000076046

Visit ID Ref Doctor : CAOPOPV1470

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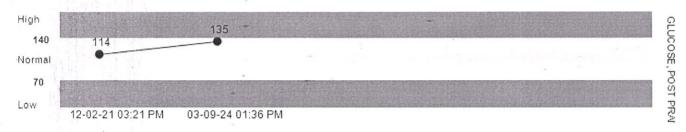
Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



Test	Name	Result	Unit	Bio. Ref. Interval	Method	d
HBA1C (GLYCATE	D HEMOGLOBIN), WHO	OLE BLOOD EDTA				I -
HBA1C, GLYCATE	D HEMOGLOBIN	5.2	%		HPLC	6
ESTIMATED AVER (eAG)	RAGE GLUCOSE	103	mg/dL		Calculated	

#### Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 - 7
FAIR TO GOOD CONTROL	7 - 8
UNSATISFACTORY CONTROL	8 - 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.

Page 5 of 15

Dr. Shivangi Chauhan M.B.B.S, M.D(Pathology) Consultant Pathologist

SIN No:EDT240089505





HBA1C, GLYCATED HE

Patient Name

: Mr.KISHAN KUMAR SONY

Age/Gender

: 33 Y 3 M 6 D/M

: SKAR.0000076046

Collected Received

: 03/Sep/2024 02:47PM

UHID/MR No Visit ID

: CAOPOPV1470

Reported Status

: 03/Sep/2024 04:14PM : Final Report

Ref Doctor

: Dr.SELF

Sponsor Name

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Emp/Auth/TPA ID

: 22E32423

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#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
  - A: HbF >25%
  - B: Homozygous Hemoglobinopathy.
  - (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

High	5.2	5.2	
5.7	0.2		
Normal			(
0			
Low			
	12-02-21 06:41 PM	03-09-24 04:14 PM	i

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Dr. Shivangi Chauhan M.B.B.S, M.D (Pathology) Consultant Pathologist

SIN No:EDT240089505





: Mr.KISHAN KUMAR SONY

Age/Gender

: 33 Y 3 M 6 D/M

UHID/MR No

: SKAR.0000076046

Visit ID Ref Doctor : CAOPOPV1470

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: Dr.SELF : 22E32423 Collected

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Received Reported : 03/Sep/2024 10:05AM

: 03/Sep/2024 10:33AM

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#### DEPARTMENT OF BIOCHEMISTRY

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

	Test Name	Result	Unit	Bio. Ref. Interval	Method
I	LIPID PROFILE , SERUM				
	TOTAL CHOLESTEROL	201	mg/dL	<200	CHE/CHO/POD
	TRIGLYCERIDES	111	mg/dL	<150	
	HDL CHOLESTEROL	57	mg/dL	>40	CHE/CHO/POD
	NON-HDL CHOLESTEROL	144	mg/dL	<130	Calculated
	LDL CHOLESTEROL	121.8	mg/dL	<100	Calculated
	VLDL CHOLESTEROL	22.2	mg/dL	<30	Calculated
	CHOL / HDL RATIO	3.53		0-4.97	Calculated
	ATHEROGENIC INDEX (AIP)	0.01		<0.11	Calculated

#### Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

Page 7 of 15

Dr. Shivangi Chauhan M.B.B.S,M.D(Pathology) Consultant Pathologist





: Mr.KISHAN KUMAR SONY

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#### DEPARTMENT OF BIOCHEMISTRY

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIVER FUNCTION TEST (LFT), SERUI	И			
BILIRUBIN, TOTAL	1.90	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.90	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	1.00	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	26	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	21.0	U/L	8-38	JSCC
AST (SGOT) / ALT (SGPT) RATIO (D RITIS)	E - 0.8		<1.15	Calculated
ALKALINE PHOSPHATASE	124.00	U/L	32-111	IFCC
PROTEIN, TOTAL	8.20	g/dL	6.7-8.3	BIURET
ALBUMIN	5.60	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	2.60	g/dL	2.0-3.5	Calculated
A/G RATIO	2.15		0.9-2.0	Calculated

Please correlate clinically.

#### **Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

1. Hepatocellular Injury:

\*AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.

\*ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

\*ALP – Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex, \*Bilirubin elevated- predominantly direct, To establish the hepatic origin correlation with elevated GGT helps.

3. Synthetic function impairment:

\*Albumin-Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.

Page 8 of 15

Dr.Shivangi Chauhan M.B.B.S,M.D(Pathology) Consultant Pathologist

constitution attrologi.





: Mr.KISHAN KUMAR SONY

Age/Gender

: 33 Y 3 M 6 D/M

UHID/MR No

: SKAR.0000076046

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#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

4. Associated tests for assessment of liver fibrosis - Fibrosis-4 and APRI Index.

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Dr. Shivangi Chauhan M.B.B.S, M.D (Pathology) Consultant Pathologist



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Patient Name

: Mr.KISHAN KUMAR SONY

Age/Gender : 33 Y 3 M 6 D/M

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#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method	
RENAL PROFILE/KIDNEY FUNCTION	N TEST (RFT/KFT) , SERU	М			
CREATININE	0.71	mg/dL	0.6-1.1	ENZYMATIC MÉTHOD	
UREA	14.10	mg/dL	17-48	Urease	
BLOOD UREA NITROGEN	6.6	mg/dL	8.0 - 23.0	Calculated	
URIC ACID	4.70	mg/dL	4.0-7.0	URICASE	
CALCIUM	11.60	mg/dL	8.4-10.2	CPC	
PHOSPHORUS, INORGANIC	3.90	mg/dL	2.6-4.4	PNP-XOD	
SODIUM	144	mmol/L	135-145	Direct ISE	
POTASSIUM	4.8	mmol/L	3.5-5.1	Direct ISE	
CHLORIDE	103	mmol/L	98-107	Direct ISE	
PROTEIN, TOTAL	8.20	g/dL	6.7-8.3	BIURET	
ALBUMIN	5.60	g/dL	3.8-5.0	BROMOCRESOL GREEN	
GLOBULIN	2.60	g/dL	2.0-3.5	Calculated	
A/G RATIO	2.15		0.9-2.0	Calculated	

Please correlate clinically.

Page 10 of 15



Dr. Shivangi Chauhan M.B.B.S,M.D(Pathology) Consultant Pathologist



: Mr.KISHAN KUMAR SONY

Age/Gender

: 33 Y 3 M 6 D/M

UHID/MR No

: SKAR.0000076046

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#### DEPARTMENT OF BIOCHEMISTRY

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

**Test Name** 

**GAMMA GLUTAMYL** TRANSPEPTIDASE (GGT), SERUM Result 13.00

Unit U/L

Bio. Ref. Interval 16-73

Method

Glycylglycine Kinetic

method

Please correlate clinically.

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Dr. Shivangi Chauhan M.B.B.S, M.D (Pathology) Consultant Pathologist







: Mr.KISHAN KUMAR SONY

Age/Gender : 33 Y 3 M 6 D/M

UHID/MR No Visit ID : SKAR.0000076046 : CAOPOPV1470

Ref Doctor

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#### DEPARTMENT OF IMMUNOLOGY

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval		Method
THYROID PROFILE TOTAL (T3, T4, TSH)	, SERUM				Ē
TRI-IODOTHYRONINE (T3, TOTAL)	1.17	ng/mL	0.87-1.78	CLIA	,
THYROXINE (T4, TOTAL)	10.89	μg/dL	5.48-14.28	CLIA	
THYROID STIMULATING HORMONE (TSH)	2.323	μIU/mL	0.38-5.33	CLIA	

#### Comment:

For pregnant females		Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	*	0.1 - 2.5
Second trimester		0.2 - 3.0
Third trimester		0.3 - 3.0

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- **4.** Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	<b>T4</b>	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes

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Dr Nidhi Sachdev M.B.B.S,MD(Pathology) Consultant Pathologist

SIN No:SPL24137653





: 03/Sep/2024 08:55AM

Patient Name

: Mr.KISHAN KUMAR SONY

Age/Gender

: 33 Y 3 M 6 D/M

UHID/MR No

: SKAR.0000076046

Visit ID

: CAOPOPV1470

Ref Doctor

: Dr.SELF

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: 22E32423

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#### **DEPARTMENT OF IMMUNOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

High

High

High

Pituitary Adenoma; TSHoma/Thyrotropinoma

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Dr Nidhi Sachdev M.B.B.S,MD(Pathology) Consultant Pathologist

SIN No:SPL24137653





: Mr.KISHAN KUMAR SONY

: 33 Y 3 M 6 D/M

Age/Gender UHID/MR No

: SKAR.0000076046

Visit ID

: CAOPOPV1470

Ref Doctor Emp/Auth/TPA ID : Dr.SELF : 22E32423 Collected

: 03/Sep/2024 08:55AM

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Status

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#### **DEPARTMENT OF CLINICAL PATHOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method		
COMPLETE URINE EXAMINATION	(CUE), URINE			t.		
PHYSICAL EXAMINATION	* =			X.		
COLOUR	PALE YELLOW		PALE YELLOW	Visual		
TRANSPARENCY	CLEAR		CLEAR	Physical measurement		
рН	6.0		5-7.5	DOUBLE INDICATOR		
SP. GRAVITY	1.020		1.002-1.030	Refractometric		
BIOCHEMICAL EXAMINATION	*					
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR		
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE		
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION		
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE MODIFED EHRLICH REACTION		
UROBILINOGEN	NORMAL		NORMAL			
NITRITE	NEGATIVE	NEGATIVE NEGATIVE		Griess reaction		
LEUCOCYTE ESTERASE	NEGATIVE		<b>NEGATIVE</b>	Diazonium salt		
CENTRIFUGED SEDIMENT WET IN	MOUNT AND MICROSCOPY					
PUS CELLS	2-3	/hpf	0-5	Microscopy		
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY		
RBC	NIL	/hpf	0-2	MICROSCOPY		
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY		
CRYSTALS	ABSENT		ABSENT	MICROSCOPY		

#### Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods.

Microscopy findings are reported as an average of 10 high power fields.

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Dr.Shivangi Chauhan M.B.B.S, M.D (Pathology) Consultant Pathologist

SIN No:UR2410136

Ph No: 040-4904 7777 | www.apollohl.com | Email ID:enquiry@apollohl.com

www.apollodiagnostics.in



Expertise. Empowering you.

Patient Name

: Mr.KISHAN KUMAR SONY

Age/Gender

: 33 Y 3 M 6 D/M

UHID/MR No

: SKAR.0000076046

Visit ID Ref Doctor : CAOPOPV1470

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#### **DEPARTMENT OF CLINICAL PATHOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

**Test Name** 

Result

Unit

Bio. Ref. Interval

Method

URINE GLUCOSE(POST PRANDIAL)

**NEGATIVE** 

**NEGATIVE** 

**Test Name** URINE GLUCOSE(FASTING) Result

Unit

Bio. Ref. Interval

Method

**NEGATIVE** 

**NEGATIVE** 

Dipstick

Dipstick

\*\*\* End Of Report \*\*\*

Page 15 of 15

Dr. Shivangi Chauhan M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:UF012084





: Mr.KISHAN KUMAR SONY

Age/Gender UHID/MR No : 33 Y 3 M 6 D/M : SKAR.0000076046

Visit ID

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#### TERMS AND CONDITIONS GOVERNING THIS REPORT

The reported results are for information and interpretation of the referring doctor or such other medical professionals, who understand reporting units, reference ranges and limitations of technologies.

Laboratories not be responsible for any interpretation whatsoever.

It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of the particulars have been cleared out by the patient or his / her representative at the point of generation of said specimen.

The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient.

Assays are performed in accordance with standard procedures, The reported results are dependent on individual assay methods / equipment used and quality of specimen received.

This report is not valid for medico legal purposes.

Dr.Shivangi Chauhan M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:UF012084

