

Patient Name : Mr.BINDESHWAR SINGH	Collected : 14/Sep/2024 12:20PM
Age/Gender : 56 Y 8 M 13 D/M	Received : 14/Sep/2024 12:36PM
UHID/MR No : APJ1.0021149735	Reported : 14/Sep/2024 01:41PM
Visit ID : CAOPOPV01617	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	12.4	g/dL	13-17	Spectrophotometer
PCV	36.70	%	40-50	Electronic pulse & Calculation
RBC COUNT	4.32	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	85.0	fL	83-101	Calculated
MCH	28.7	pg	27-32	Calculated
MCHC	33.8	g/dL	31.5-34.5	Calculated
R.D.W	14.9	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,800	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	78	%	40-80	Electrical Impedance
LYMPHOCYTES	17	%	20-40	Electrical Impedance
EOSINOPHILS	01	%	1-6	Electrical Impedance
MONOCYTES	04	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	5304	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1156	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	68	Cells/cu.mm	20-500	Calculated
MONOCYTES	272	Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLR)	4.59		0.78- 3.53	Calculated
PLATELET COUNT	164000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	12	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				
RBCs	Show mild anisocytosis, are predominantly Normocytic Normochromic .			
WBCs	Normal in number and morphology Differential count is within normal limits			
Platelets	Adequate in number, verified on smear			

Page 1 of 16



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M.B.B.S., M.D (Pathology)
Consultant Pathologist



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SIN No: AOP240900266

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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APOLLO CLINICS NETWORK


Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) | Andhra Pradesh: Vizag (Seethamma Peta) | Karnataka: Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) | Mysore (VV Mohalla) | Tamilnadu: Chennai (Annanagar | Kotturpuram | Mogappair | T Nagar | Valasaravakkam | Velachery) | Maharashtra: Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) | Uttar Pradesh: Ghaziabad (Indrapuram) | Gujarat: Ahmedabad (Satellite) | Punjab: Amritsar (Court Road) | Haryana: Faridabad (Railway Station Road)

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	No Hemoparasites seen in smears examined.
Impression	Normal peripheral smear study
Advice	Clinical correlation



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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	B			Gel agglutination
Rh TYPE	POSITIVE			Gel agglutination



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Patient Name : Mr.BINDESHWAR SINGH	Collected : 14/Sep/2024 12:20PM
Age/Gender : 56 Y 8 M 13 D/M	Received : 14/Sep/2024 02:28PM
UHID/MR No : APJ1.0021149735	Reported : 14/Sep/2024 02:52PM
Visit ID : CAOPOPV01617	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING , NAF PLASMA	111	mg/dL	70-100	GOD - POD


Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.



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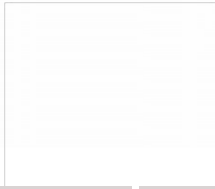
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Patient Name : Mr.BINDESHWAR SINGH	Collected : 16/Sep/2024 10:50AM
Age/Gender : 56 Y 8 M 13 D/M	Received : 16/Sep/2024 12:54PM
UHID/MR No : APJ1.0021149735	Reported : 16/Sep/2024 01:12PM
Visit ID : CAOPOPV01617	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	166	mg/dL	70-140	GOD - POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.
Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



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Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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UHID/MR No : APJ1.0021149735	Reported : 14/Sep/2024 03:19PM
Visit ID : CAOPPOV01617	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA				
HBA1C, GLYCATED HEMOGLOBIN	5.4	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	108	mg/dL		Calculated


Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



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Patient Name : Mr.BINDESHWAR SINGH	Collected : 14/Sep/2024 12:20PM
Age/Gender : 56 Y 8 M 13 D/M	Received : 14/Sep/2024 03:58PM
UHID/MR No : APJ1.0021149735	Reported : 14/Sep/2024 04:40PM
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	128	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	174	mg/dL	<150	
HDL CHOLESTEROL	22	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	106	mg/dL	<130	Calculated
LDL CHOLESTEROL	71.2	mg/dL	<100	Calculated
VLDL CHOLESTEROL	34.8	mg/dL	<30	Calculated
CHOL / HDL RATIO	5.82		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.54		<0.11	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Measurements in the same patient can show physiological and analytical variations.

NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.40	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.20	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.20	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	104	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	64.0	U/L	8-38	JSCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	0.6		<1.15	Calculated
ALKALINE PHOSPHATASE	80.00	U/L	32-111	IFCC
PROTEIN, TOTAL	7.70	g/dL	6.7-8.3	BIURET
ALBUMIN	5.20	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	2.50	g/dL	2.0-3.5	Calculated
A/G RATIO	2.08		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

1. Hepatocellular Injury:

*AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
 *ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson’s diseases, Cirrhosis, but the increase is usually not >2.


2. Cholestatic Pattern:

*ALP – Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex.
 *Bilirubin elevated- predominantly direct , To establish the hepatic origin correlation with elevated GGT helps.

3. Synthetic function impairment:

*Albumin- Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.

4. Associated tests for assessment of liver fibrosis - Fibrosis-4 and APRI Index.



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Test Name	Result	Unit	Bio. Ref. Interval	Method
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
CREATININE	0.68	mg/dL	0.6-1.1	ENZYMATIC METHOD
UREA	18.40	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	8.6	mg/dL	8.0 - 23.0	Calculated
URIC ACID	9.30	mg/dL	4.0-7.0	URICASE
CALCIUM	9.40	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	2.70	mg/dL	2.6-4.4	PNP-XOD
SODIUM	141	mmol/L	135-145	Direct ISE
POTASSIUM	3.9	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	99	mmol/L	98-107	Direct ISE
PROTEIN, TOTAL	7.70	g/dL	6.7-8.3	BIURET
ALBUMIN	5.20	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	2.50	g/dL	2.0-3.5	Calculated
A/G RATIO	2.08		0.9-2.0	Calculated



Dr. Shivangi Chauhan
M.B.B.S., M.D (Pathology)
Consultant Pathologist



This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

SIN No: AOP240900267

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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APOLLO CLINICS NETWORK


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Patient Name : Mr.BINDESHWAR SINGH	Collected : 14/Sep/2024 12:20PM
Age/Gender : 56 Y 8 M 13 D/M	Received : 14/Sep/2024 03:58PM
UHID/MR No : APJ1.0021149735	Reported : 14/Sep/2024 04:40PM
Visit ID : CAOPOPV01617	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	50.00	U/L	16-73	Glycylglycine Kinetic method



Dr. Shivangi Chauhan
M.B.B.S., M.D (Pathology)
Consultant Pathologist



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APOLLO CLINICS NETWORK

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Patient Name : Mr.BINDESHWAR SINGH	Collected : 14/Sep/2024 12:20PM
Age/Gender : 56 Y 8 M 13 D/M	Received : 14/Sep/2024 07:36PM
UHID/MR No : APJ1.0021149735	Reported : 14/Sep/2024 09:34PM
Visit ID : CAOPOPV01617	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-IODOTHYRONINE (T3, TOTAL)	1.26	ng/mL	0.87-1.78	CLIA
THYROXINE (T4, TOTAL)	12.45	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	0.800	µIU/mL	0.38-5.33	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

- TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes



Dr Nidhi Sachdev
M.B.B.S,MD(Pathology)
Consultant Pathologist



SIN No:AOP240900263
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APOLLO CLINICS NETWORK

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Patient Name	: Mr.BINDESHWAR SINGH	Collected	: 14/Sep/2024 12:20PM
Age/Gender	: 56 Y 8 M 13 D/M	Received	: 14/Sep/2024 07:36PM
UHID/MR No	: APJ1.0021149735	Reported	: 14/Sep/2024 09:34PM
Visit ID	: CAOPOPV01617	Status	: Final Report
Ref Doctor	: Self	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma
------	------	------	------	--



Dr Nidhi Sachdev
M.B.B.S,MD(Pathology)
Consultant Pathologist



SIN No:AOP240900263
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Patient Name : Mr.BINDESHWAR SINGH	Collected : 14/Sep/2024 12:20PM
Age/Gender : 56 Y 8 M 13 D/M	Received : 14/Sep/2024 07:36PM
UHID/MR No : APJ1.0021149735	Reported : 14/Sep/2024 08:11PM
Visit ID : CAOPOPV01617	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
TOTAL PROSTATIC SPECIFIC ANTIGEN (tPSA) , SERUM	0.290	ng/mL	0-4	CLIA



Dr. Tanish Mandal
M.B.B.S, M.D (Pathology)
Consultant Pathologist

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

SIN No: AOP240900263

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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APOLLO CLINICS NETWORK

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Patient Name : Mr.BINDESHWAR SINGH	Collected : 14/Sep/2024 12:20PM
Age/Gender : 56 Y 8 M 13 D/M	Received : 14/Sep/2024 01:15PM
UHID/MR No : APJ1.0021149735	Reported : 14/Sep/2024 02:20PM
Visit ID : CAOPPV01617	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY


ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical Measurement
pH	6.0		5-7.5	Double Indicator
SP. GRAVITY	1.030		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	Protein Error Of Indicator
GLUCOSE	NEGATIVE		NEGATIVE	Glucose Oxidase
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Azo Coupling Reaction
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium Nitro Prusside
UROBILINOGEN	NORMAL		NORMAL	Modified Ehrlich Reaction
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Leucocyte Esterase
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	2-4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	4-5	/hpf	<10	Microscopy
RBC	NIL	/hpf	0-2	Microscopy
CASTS	NIL		0-2 Hyaline Cast	Microscopy
CRYSTALS	ABSENT		ABSENT	Microscopy

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods.

Microscopy findings are reported as an average of 10 high power fields.



Dr. Shivangi Chauhan
M.B.B.S., M.D (Pathology)
Consultant Pathologist





Patient Name : Mr.BINDESHWAR SINGH	Collected : 16/Sep/2024 10:50AM
Age/Gender : 56 Y 8 M 13 D/M	Received : 16/Sep/2024 01:09PM
UHID/MR No : APJ1.0021149735	Reported : 16/Sep/2024 01:15PM
Visit ID : CAOPOPV01617	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick



Dr. Shivangi Chauhan
M.B.B.S., M.D (Pathology)
Consultant Pathologist



This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

SIN No: AOP240900403

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APOLLO CLINICS NETWORK

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Patient Name : Mr.BINDESHWAR SINGH	Collected : 14/Sep/2024 12:20PM
Age/Gender : 56 Y 8 M 13 D/M	Received : 14/Sep/2024 01:15PM
UHID/MR No : APJ1.0021149735	Reported : 14/Sep/2024 02:30PM
Visit ID : CAOPOPV01617	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

*** End Of Report ***



Dr. Shivangi Chauhan
M.B.B.S.,M.D(Pathology)
Consultant Pathologist



This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

SIN No: AOP240900264

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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APOLLO CLINICS NETWORK

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Patient Name : Mr.BINDESHWAR SINGH
Age/Gender : 56 Y 8 M 13 D/M
UHID/MR No : APJ1.0021149735
Visit ID : CAOPPV01617
Ref Doctor : Self

Collected : 14/Sep/2024 12:20PM
Received : 14/Sep/2024 01:15PM
Reported : 14/Sep/2024 02:30PM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

TERMS AND CONDITIONS GOVERNING THIS REPORT

The reported results are for information and interpretation of the referring doctor or such other medical professionals, who understand reporting units, reference ranges and limitations of technologies.

Laboratories not be responsible for any interpretation whatsoever.

It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of the particulars have been cleared out by the patient or his / her representative at the point of generation of said specimen.

The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient.

Assays are performed in accordance with standard procedures, The reported results are dependent on individual assay methods / equipment used and quality of specimen received.

This report is not valid for medico legal purposes.



Dr.Shivangi Chauhan
M.B.B.S,M.D(Pathology)
Consultant Pathologist



Patient Name	: Mr. bindeshwar singh	Age	: 56Yrs 8Mths 18Days
UHID	: APJ1.0021149735	OP Visit No.	: CAOPOPV01617
Printed On	: 18-09-2024 11:58 AM	Advised/Pres Doctor	: --
Department	: Radiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employeer Id	: --		

DEPARTMENT OF RADIOLOGY

ULTRASOUND WHOLE ABDOMEN

Liver is normal in size (14.7cm) and shows diffuse increase in echotexture with partially loss of portal vein echogenicity suggestive of Grade II fatty infiltration. No focal lesion seen in the liver. Intrahepatic bile ducts and portal radicals are normal in caliber.

Gall bladder is partially contracted does not show any evidence of cholecystitis or cholelithiasis.

CBD is not dilated.

Portal vein is normal in caliber.

Both kidneys are of normal size (RK 10.7x3.9m, LK 10.3x5.7cm), shape and echopattern. No calculus, growth or hydronephrotic changes seen in either kidney. The parenchymal thickness is normal & cortico-medullary differentiation is well maintained.

Spleen is normal in size (11.3cm) and echotexture.

Pancreas visualized part appears normal.

No free fluid seen in the peritoneal cavity.

Urinary bladder is adequate and shows no mural or intraluminal pathology.

Prostate is normal in size 46x39x34mm, vol 32.9cc and shape s/o Borderline Prostatomegaly. No focal lesion is seen.

Please correlate clinically

(The sonography findings should always be considered in correlation with the clinical and other investigation finding where applicable.) It is only a professional opinion, Not valid for medico legal purpose.

---End Of The Report---



Dr. SEEMA PRAJAPATI
MBBS MD Radio
DMC111002
Radiology

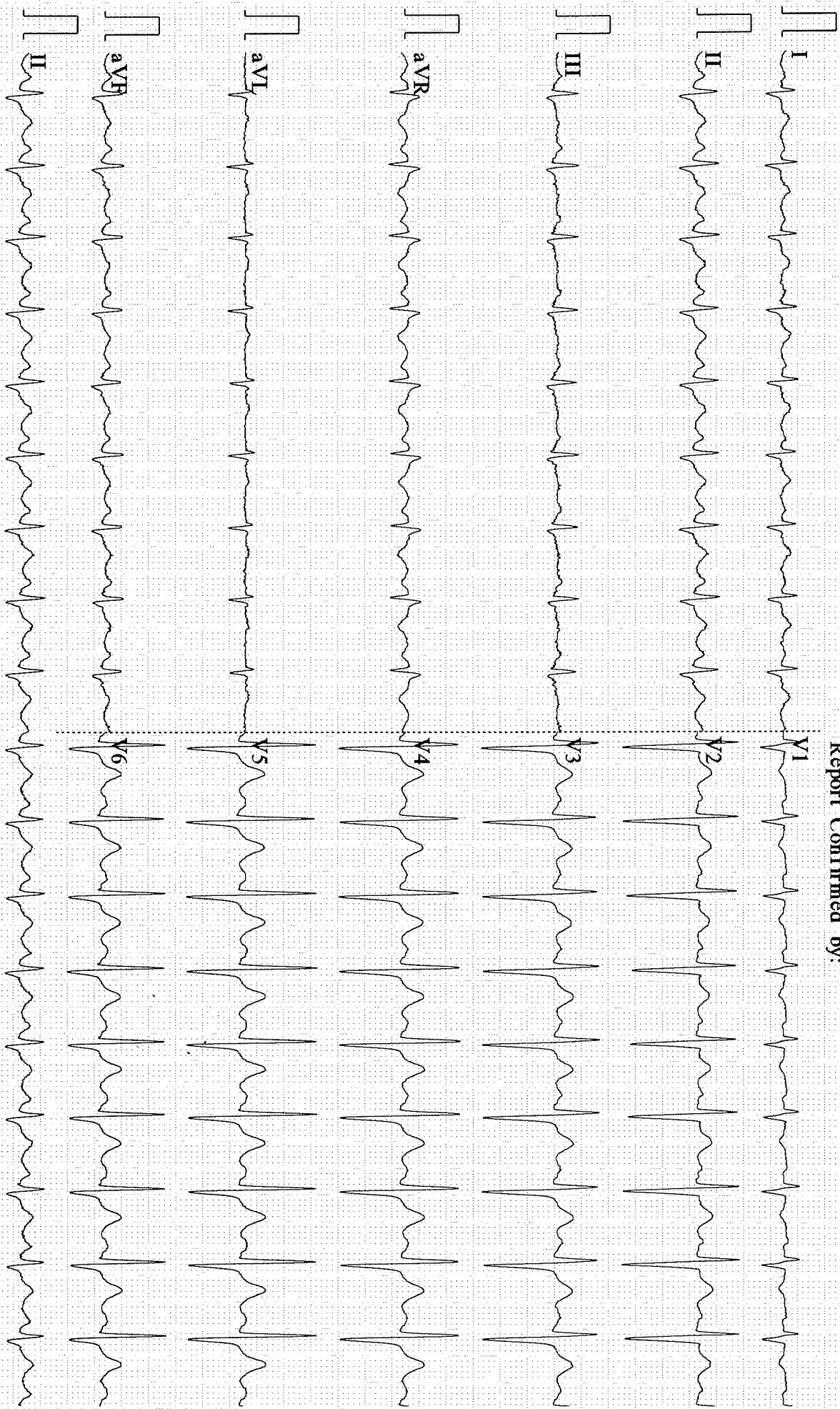
ID: 0021149/53
MR BINDESHWAR
Male 56Years
Req. No. :

14-09-2024 10:52:37 AM
HR : 111 bpm
P : 134 ms
PR : 163 ms
QRS : 106 ms

QT/QTcBz : 350/476 ms
P/QRS/T : 59/87/49 °
RV5/SV1 : 1.412/0.384 mV

Diagnosis Information:
Sinus Tachycardia
Prolonged P-wave
Prolonged QT Interval

Report Confirmed by:



DR. ALVEEN KAUR

Senior Consultant - Dental
BDS, MIDA, REG NO- A-12249
Specialized in Surgical, & Cosmetic procedures & Trauma
For Booking Call on - 9817966537
Days: - Mon to Sat
10AM to 5PM



Ms. Bindeshwar Singh

56/M

Op:- Thick Strands of Calculus present
Severe Halitosis

Adv.
→ Deep oral prophylaxis
→ Gum Curettage.

Dr. Alveen

Signature: -

Apollo One (Unit of Apollo Health and Lifestyle Ltd)
Plot no. 3, Block no. 34, Pusa Road, WEA, opposite metro pillar no. 77, Karol Bagh,
New Delhi - 110005. Contact Number 011- 40393610 / Helpline No: 1860 500 7788
Emergency: 1066 / Email: ApolloOnePusaRoad@apolloclinic.com

Registered Office: Apollo Health and Lifestyle Limited
7-1-617/A, 615 and 616, Imperial Towers, 7th Floor,
Ameerpet, Hyderabad-500038, U85110TG2000PLC115819

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APOLLO ONE
Plot No. 3, Block No. 34, Metro Pillar No. 77
Pusa Road, WEA, Karol Bagh, New Delhi - 110005

Eye Checkup

NAME:- MR. BINDESHWER SINGH

Age:- 56

Date: 14/9/24

SELF / CORPORATE:-

	Right Eye	Left Eye
Distant Vision	+2.00 sph (6/6)	+1.75 sph (6/6)
Near vision	ADD +2.00	ADD +2.00 r
Color vision	OK	OK
Fundus examination		
Intraocular pressure		
Slit lamp exam		

Signature

(Signature)
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 Pusa Road, WEA Karol Bagh
 New Delhi, 110005

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 Ameerpet, Hyderabad-500038, U85110TG2000PLC115819

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Mr. Bindeshwar Singh
Age - 56 y/m

Height: 163 cm	Weight: 67 kg	BMI: 25.2	Waist Circum:
Temp: 98.2 °F	Pulse: 100 /mt	Resp: 20 /mt	B.P: 145 / 91

General Examination / Allergies
History

Past h/o :- HTN on
F-Telmaron
x 5 years

Sch/lor :- NO.

Parity :- F - DMF₂
M - ~~HTN~~
Cesarean
uterine
9 CA

Diet :- Mixed.

Habits :- NO

Physical :- moderate
activity

Married :- 2 kids

Covid vaccine :- 2 doses.

Allergy :- ? Antibiotic
Tab.

SP₂ - 99%
Clinical Diagnosis & Management Plan

c/o severe gastritis

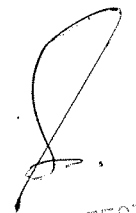
CS :- S/S₂ ⊕

AB :- B/LA ⊕

CR :- conscious oriented

P/A :- soft BS ⊕

Ado.
- Wife is
Cardiologist
(H/O)



APOLLO HEALTH AND LIFESTYLE LIT
APOLLO ONE
Plot No. 3, Block No. 34, Metro Pillar No. 77
Karol Bagh

Follow up date:

Doctor Signature

DR. RAJEEV NANGIA

MBBS, MS (ENT)

Senior Consultant

Contact: 8929440195

BINDESHWAR SINGH

Sy M

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination / Allergies
History

Clinical Diagnosis & Management Plan

*For Routine
ENT Examination*

*2/9
Wax
N/A
26/12*

Sy A

2-3/

*Adh
Clear wax ear lvs
o o o
B/E*

14/9/24

Follow up date:

Doctor Signature

APOLLO HEALTH AND LIFESTYLE LTD.
APOLLO ONE
Plot No. 3, Block No. 34, Metro Pillar No. 77
Phase 1
New Delhi

ID	Height	Age	Gender	Test Date / Time
apji0021149735	163cm	56	Male	14.09.2024. 10:29

Body Composition Analysis

	Values	Total Body Water	Soft Lean Mass	Fat Free Mass	Weight
Total Body Water (L)	35.9 (32.8~40.2)	35.9	46.3 (42.2~51.6)	49.0 (44.7~54.7)	67.7 (49.7~67.3)
Protein (kg)	9.8 (8.8~10.8)	non-osseous			
Minerals (kg)	3.29 (3.04~3.72)				
Body Fat Mass (kg)	18.7 (7.0~14.0)				

Muscle-Fat Analysis

	Under	Normal	Over
Weight (kg)	55 70 85 100 115 130 145 160 175 190 205 %		
SMM (kg)	70 80 90 100 110 120 130 140 150 160 170 %		
Body Fat Mass (kg)	40 60 80 100 160 220 280 340 400 460 520 %		

Obesity Analysis

	Under	Normal	Over
BMI (kg/m ²)	10.0 15.0 18.5 22.0 25.0 30.0 35.0 40.0 45.0 50.0 55.0		
PBF (%)	0.0 5.0 10.0 15.0 20.0 25.0 30.0 35.0 40.0 45.0 50.0		

Segmental Lean Analysis

	Lean Mass % Evaluation
Left	2.78kg 96.0% Normal
Right	2.86kg 98.6% Normal
Left	23.1kg 100.1% Normal
Right	7.08kg 87.9% Under
Left	6.91kg 85.8% Under

Segmental Fat Analysis

	Fat Mass % Evaluation
Left	1.2kg 221.2% Over
Right	1.1kg 213.5% Over
Left	10.2kg 276.8% Over
Right	2.5kg 167.7% Over
Left	2.5kg 166.4% Over

* Segmental fat is estimated.

Body Composition History

	Weight (kg)	SMM (kg)	PBF (%)
Recent	67.7	27.4	27.7
Total	14.09.24. 10:29		

InBody Score

69/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Body Type

BMI (kg/m ²)	Athletic Shape	Overweight	Obesity
25.0	Muscular Shape	Average	Mild Obesity
18.5	Slim Muscular	Slim	Sarcopenic Obesity
	Thin	Slightly Thin	
	10.0	20.0	Percent Body Fat(%)

Weight Control

Target Weight	58.4 kg
Weight Control	- 9.3 kg
Fat Control	- 10.0 kg
Muscle Control	+ 0.7 kg

Obesity Evaluation

BMI	<input type="checkbox"/> Normal <input type="checkbox"/> Under <input checked="" type="checkbox"/> Slightly Over <input type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal <input type="checkbox"/> Slightly Over <input checked="" type="checkbox"/> Over

Body Balance Evaluation

Upper	<input checked="" type="checkbox"/> Balanced <input type="checkbox"/> Slightly Unbalanced <input type="checkbox"/> Extremely Unbalanced
Lower	<input checked="" type="checkbox"/> Balanced <input type="checkbox"/> Slightly Unbalanced <input type="checkbox"/> Extremely Unbalanced
Upper-Lower	<input type="checkbox"/> Balanced <input checked="" type="checkbox"/> Slightly Unbalanced <input type="checkbox"/> Extremely Unbalanced

Research Parameters

Basal Metabolic Rate	1427 kcal (1489~1737)
Waist-Hip Ratio	0.95 (0.80~0.90)
Visceral Fat Level	8 (1~9)
Obesity Degree	116 % (90~110)
Bone Mineral Content	2.70 kg (2.50~3.06)
SMI	7.4 kg/m ²
Recommended calorie intake	1800 kcal

Impedance

Z _t (Ω)	RA	LA	TR	RL	LL
5 kHz	328.9	337.8	29.8	303.1	322.3
50 kHz	290.0	300.6	23.0	267.7	282.3
250 kHz	259.8	269.7	19.3	236.0	248.9



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
MediWheel (M/s. Arcofemi Healthcare Pvt. Ltd.)

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. SINGH BINDESHWAR
EC NO.	54578
DESIGNATION	BRANCH OPERATIONS
PLACE OF WORK	NEW DELHI, PADAM SINGH ROAD
BIRTHDATE	01-01-1968
PROPOSED DATE OF HEALTH CHECKUP	14-09-2024
BOOKING REFERENCE NO.	24S54578100113382E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **10-09-2024** till **31-03-2025**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM & Marketing Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact MediWheel (M/s. Arcofemi Healthcare Pvt. Ltd.))

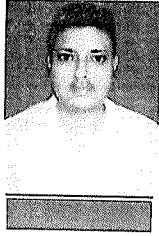


List of tests & consultations to be covered as part of Annual Health Check-up

S.No.	For Male	For Female
1	CBC	CBC
2	ESR	ESR
3	Blood Group & RH Factor	Blood Group & RH Factor
4	Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
5	Blood and Urine Sugar PP	Blood and Urine Sugar PP
6	Stool Routine	Stool Routine
	Lipid Profile	Lipid Profile
7	Total Cholesterol	Total Cholesterol
8	HDL	HDL
9	LDL	LDL
10	VLDL	VLDL
11	Triglycerides	Triglycerides
12	HDL/ LDL ratio	HDL/ LDL ratio
	Liver Profile	Liver Profile
13	AST	AST
14	ALT	ALT
15	GGT	GGT
16	Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
17	ALP	ALP
18	Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
	Kidney Profile	Kidney Profile
19	Serum Creatinine	Serum Creatinine
20	Blood Urea Nitrogen	Blood Urea Nitrogen
21	Uric Acid	Uric Acid
22	HBA1C	HBA1C
23	Routine Urine Analysis	Routine Urine Analysis
24	USG Whole Abdomen	USG Whole Abdomen
	General Tests	General Tests
25	X Ray Chest	X Ray Chest
26	ECG	ECG
27	2D/3D ECHO / TMT	2D/3D ECHO / TMT
28	Stress Test	Gynaec Consultation
29	PSA Male (above 40 years)	Pap Smear (above 30 years) & Mammography (above 40 years)
30	Thyroid Profile (T3, T4, TSH)	Thyroid Profile (T3, T4, TSH)
31	Dental Check-up Consultation	Dental Check-up Consultation
32	Physician Consultation	Physician Consultation
33	Eye Check-up Consultation	Eye Check-up Consultation
34	Skin/ENT Consultation	Skin/ENT Consultation



બંક ઓફ બારોડા
Bank of Baroda



શ્રી BINDESHWAR SINGH
Name

કાઉન્ટર ઓપન ઓફ
E.C. NO. 54578

બંક ઓફ બારોડા
કાર્યવાહક

કર્તાના હસ્તાક્ષર
Signature of Holder



भारत सरकार
GOVERNMENT OF INDIA



बिन्देश्वर सिंह
Bindeshwar Singh
जन्म तिथि/ DOB: 01/01/1968
पुरुष / MALE



6811 0529 3051

मेरा आधार, मेरी पहचान



भारतीय विशिष्ट पहचान प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पता:

Address:

आत्मज: स्व हरनारायण
सिंह, हाउस नं- 318, ग्राम,
पोस्ट- मझौवा, मझौवा,
बलिया,
उत्तर प्रदेश - 277403

S/O: Late Hamarayan Singh,
House No-318, Village, Post-
Majhauwa, Majhauwa, Ballia,
Uttar Pradesh - 277403

6811 0529 3051

MEERA AADHAAR, MERI PEHACHAN

DATE :

NAME	: Bindeshwar	PLANT	:
AGE / SEX	: 56/M Singh	DEPARTMENT	:
EMP ID	:	GRADE	:
EXPERIENCE	:	Division	:
Comp Code	:	Comp Name	:
Location	:	Area	:

BP at Rest :-	140/90	Pulse rate at Rest :-	108				
Height :-	163	Weight :-	67	BMI :-	25.2	Blood Group & Rh Type :-	B + ve
Marital Status :-	married	No. of Child :-	2	Diet :-	mixed		
Cigarettes :-	(-)	Tobacco & Snuff :-	(-)	Alcohol :-	(-)		

Presenting Complaints :-	(-)
Obstetric / Menstrual History :-	(-)
Present Medications :-	HTN → Telma 40
Allergic To :-	(-)







FAMILY HISTORY

	FATHER	MOTHER ^{!! for virus}	BROTHER	SISTER
Asthma	YES / NO	YES / NO	YES / NO	YES / NO
Hyper Tension	YES / NO	YES / NO	YES / NO	YES / NO
Diabetes	(-)	YES / NO	YES / NO	YES / NO
Heart Disease	YES / NO	YES / NO	YES / NO	YES / NO
Stroke	YES / NO	YES / NO	YES / NO	YES / NO

PHYSICAL EXAMINATION

Oral Cavity	:	WNL
Tuning Fork Test	:	
Defects / Disability	:	(-)
Lymph Nodes	:	WNL
Pallor	:	WNL (-)

SYSTEMIC EXAMINATION

	Respiratory System	:	B/L AE (+)
	Cardio - Vascular System	:	S, Sa (+)
	Central Nervous System	:	conscious oriented
	Abdomen	:	soft no tendr
	Skin	:	WNL
	ECG	:	WNL

VISUAL ACTIVITY

	DV	NV	COLOUR VISION	CORRECTION
RIGHT				
LEFT				
IMPRESSION / RECOMMENDATION		:		
COLOUR VISION		:		
TYPE	ACTIVITY		TOTAL CALORIES NEEDED PER DAY	

ADVICE / REMARKS

1. Refer to Eye Specialist for DV Correction
2. Decrease Stress With Relaxation Exercise
3. Avoid Spicy Oily Foods
4. Drink Plenty of Fluids
5. Stop Smoking & Consuming Too Much of Alcohol
6. Maintain Healthy Weight
7. Eat Nutritious And Balanced Diet
8. Advice Specialist Opinion

*Surgeon Urologist opinion in v/o Prostatomegaly
Physician review in v/o RBS*

REMARKS : *FIT*
DATE : *18/9/24*

APOLLO HEALTH AND LIFESTYLE LTD.
APOLLO ONE
 Consultant in Medical Centre
 Pusa Road, WEA Karol Bagh
 New Delhi-110005