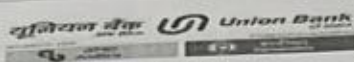


Health checkup at tie-up Ctr

HealthChkup Authorisatn letter



Union Bank of India
RO - AHMEDNAGAR
AHMEDNAGAR, AHMEDNAGAR,
Maharashtra, - 0

To,

The Chief Medical Officer

M/S Mediwheel
https://mediwheel.in/signup011-
41195959(A brand name of
Arcofemi Healthcare Ltd).
Mumbai400021

Dear Sir,

Tie-up arrangement for Health Checkup under Health Checkup

35-40 Female

Shri/Smt./Kum. SHINDE, SONALI MAHESH

P.F. No. 602127

Designation : Asst Manager

Checkup for Financial Year

2023-
2024

Approved Charges Rs.

3000.00

The above mentioned staff member of our Branch/Office desires to undergo Health Checkup at your Hospital/Centre/Clinic, under the tie-up arrangement entered into with you, by our bank.

Please send the receipt of the above payment and the relevant reports to our above address.

Thanking you,

Yours Faithfully,

(Signature of the Employee)

BRANCH MANAGER/SENIOR MANAGER



PS. : Status of the application- Sanctioned

View Worklist

Health checkup at tie-up Ctr | HealthChkup Authorisatn letter

व्यापार व वैयक्तिक
सोने तारण कर्ज उपलब्ध
* सोपी सुलभ व जलद व
* कमीत कमी कागदपत्रे



Union Home

GET INSTANT HOME LOAN
ATTRACTIVE TERMS
WITH MINIMUM PAPERWORK

Interest on daily
reducing balance

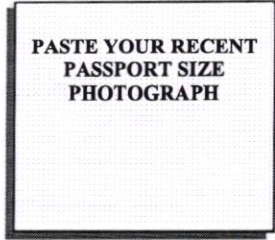
अधिक माहिरता

कर्ज वितरण करणारी शा

Annexure-2

Self-Health Declaration

(Please ✓ Mark Where Applicable)



1 PERSONAL DETAILS:

Name: First Name Middle Name Surname
Name: Saurabh Leysk
Address: Flat no- 604, A wing, Sakshata CHS
Building no- 25, Tilak Nagar - 400089
City: Mumbai Pin: 400089
Birth Place: Lucknow Birth Date: 25/5/1989 Religion: Hindu
(dd/mm/yyyy) ✓
Post applied for: _____ Marital Status: Married / Unmarried Gender: M / F ✓

2 PREVIOUS EMPLOYMENT: Yes / No If yes specify

| | Name | Nature of work | Duration |
|------|------------|----------------|----------|
| i) | <u>N/A</u> | | |
| ii) | | | |
| iii) | | | |

3 NAME OF FAMILY DOCTOR:

Address:

Contact Details:

4 PERSONAL HABITS:

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

5 MEDICAL HISTORY:

i) **ANY DISABILITY:** Yes / No If yes specify with disability %

ii) **PERSONAL HISTORY:**

Are you in good health and capable of full work
Have you ever suffered from job related disease or injury?
Have you ever been discharged or rejected on medical grounds?

| Yes | No |
|-------------------------------------|-------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> |

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

iii) Have you ever suffered from any of the following (Answer Yes or No. if yes, give details)

| Y | N | | Y | N | |
|---|-------------------------------------|--------------------------------------------------------|---|-------------------------------------|------------------------------------------------------------------------------|
| | <input checked="" type="checkbox"/> | Hypertension | | <input checked="" type="checkbox"/> | Hepatitis-B |
| | <input checked="" type="checkbox"/> | Diabetes | | <input checked="" type="checkbox"/> | Cancer |
| | <input checked="" type="checkbox"/> | Heart disease | | <input checked="" type="checkbox"/> | Stroke |
| | <input checked="" type="checkbox"/> | Kidney diseases | | <input checked="" type="checkbox"/> | Bronchitis |
| | <input checked="" type="checkbox"/> | Tuberculosis | | <input checked="" type="checkbox"/> | Any allergy |
| | <input checked="" type="checkbox"/> | Chronic lung disease (e.g. Pleurisy Pneumonia etc.) | | <input checked="" type="checkbox"/> | Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.) |
| | <input checked="" type="checkbox"/> | Epilepsy, Fits, Fainting or Dizziness | | <input checked="" type="checkbox"/> | Mental disorder of any kind |
| | <input checked="" type="checkbox"/> | Any major operation or injury | | <input checked="" type="checkbox"/> | Any other illness |

Details of the above if "Yes")

(For female candidates only)

Are you pregnant at present? Y N

Date of L.M.P. _____

iv) Immunization: Yes No

| | | |
|----------------|-------------------------------------|--------------------------|
| Tetanus Toxoid | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Hepatitis B | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Others | <input type="checkbox"/> | <input type="checkbox"/> |

6 FAMILY HISTORY:

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

| | Father | Mother |
|-------------------|-------------------------------------|-------------------------------------|
| Hypertension | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Heart Disease | <input type="checkbox"/> | <input type="checkbox"/> |
| Cancer | <input type="checkbox"/> | <input type="checkbox"/> |
| Diabetes | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| Tuberculosis | <input type="checkbox"/> | <input type="checkbox"/> |
| Epilepsy | <input type="checkbox"/> | <input type="checkbox"/> |
| Any other Disease | <input type="checkbox"/> | <input type="checkbox"/> |

| | IF LIVING | | IF DEAD | |
|-------------|-----------|--------------------------------|--------------|----------------|
| | AGE | HEALTH (Good, Bad, Fair) | AGE AT DEATH | CAUSE OF DEATH |
| Father | 63 | Good | | |
| Mother | 58 | Good | | |
| Spouse | 34 | Good | | |
| Children-1 | 6 ♀ | Good | | |
| Children -2 | | | | |

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.


Date:

14/9/2024


(Signature of Candidate)

MER- MEDICAL EXAMINATION REPORT

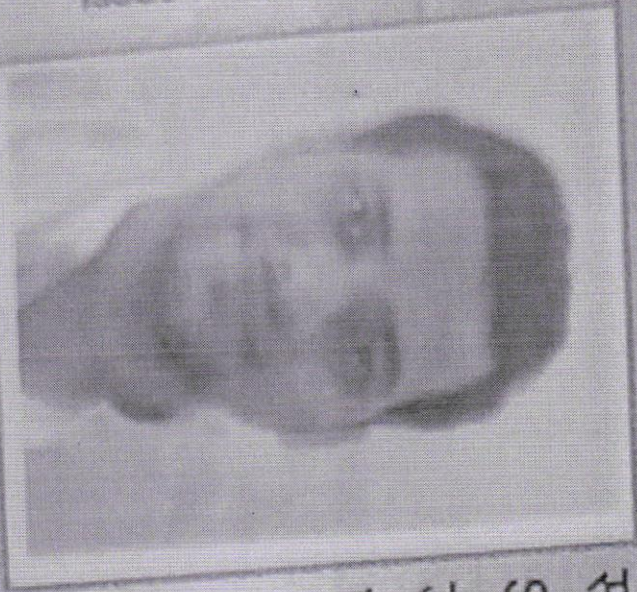
| | | | |
|-----------------------------------|-------------------------------------------------------------------------------|-------------|---------|
| Date of Examination | 14/9/2024 | | |
| NAME | Saurabh Singh | | |
| AGE | 35 | Gender | Male |
| HEIGHT(cm) | 178 | WEIGHT (kg) | 93.6 kg |
| B.P. | 130/80 mmHg | | |
| ECG TMT | WNL / TMT negative | | |
| X Ray | WNL | | |
| Vision Checkup | Color Vision : N Far Vision Ratio : 6/6 - N Near Vision Ratio : N/6 - N | | |
| Present Ailments | - | | |
| Details of Past ailments (If Any) | - | | |
| Comments / Advice | She / He is Physically Fit | | |
| | | | |


 Dr. Mrinalini Singh
 Consultant Physician
 MBBS, DNB, MRCP (UK), EDIC
 Reg. No. 2019/02/0392

Signature with Stamp of Medical Examiner

Dr. Mrinalini Singh
Consultant Physician
MBBS, DNB, MRCP (UK), EDIC
Reg. No. 2019/02/0392

Issue Date: 21/03/2012



भारत सरकार

Government of India

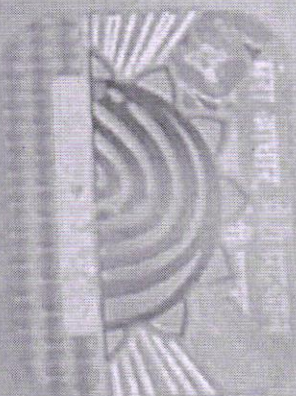
सौरभ सिंह

Saurabh Singh

जन्म तिथि / DOB : 25/05/1989

पुरुष / Male

Saurabh Singh



2446 6392 1167



2446 6392 1167

मेरा आधार, मेरी पहचान



PID NO. : CIA0899

Name : SAURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 9:42 am

Coll Date

14-Sep-2024 / 9:41 am

Report Date

14-Sep-2024 / 4:58 pm

REPORT

BLOOD GLUCOSE

| Test | Result | Units | BIOLOGICAL REFERENCE INTERVAL |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|-------|-------------------------------|
| Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022 | 83.89 | mg/dl | 70.00 - 100.00 mg/dl |
| Urine Glucose (Fasting) | Absent | | Absent |
| Urine Ketones (Fasting) | Absent | | Absent |
| Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022 | 92.19 | mg/dl | 70.00 - 140.00 |
| Urine Glucose (PP) | Absent | | Absent |
| Urine Ketones (PP) | Absent | | Absent |

Test Done on Fully Automated Mispca CXL PRO PLUS Biochemistry Analyser.

Pritam Dhanawade
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.200603168C

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022 25701053 / 9324924370 or
admin@seabirdhf.com

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PID NO. : CIA0899

Name : SAURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

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Reg. Date

14-Sep-2024 / 9:42 am

Coll Date

14-Sep-2024 / 9:41 am

Report Date

14-Sep-2024 / 4:58 pm

REPORT

BLOOD GLUCOSE

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|-------------|---------------|--------------|--------------------------------------|
|-------------|---------------|--------------|--------------------------------------|

----- End of Report -----

Pritam Dhanawade
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.200603168C

Proudly... Caring For You

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704
Powai: 022-25701053 / 25704157

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admin@seabirdhf.com

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Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)

www.seabirdhf.com



PID NO. : CIA0899

Name : SAURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 9:36 am

Coll Date

14-Sep-2024 / 9:41 am

Report Date

14-Sep-2024 / 4:58 pm

REPORT

Blood Group

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|--------------------|---------------|--------------|--------------------------------------|
| BLOOD GROUP | | | |
| ABO Group | "B" | | |
| RH (D) | Positive | | |

Method : Cell (Forward) grouping by Manual Slide Method.
Sample: Whole Blood (EDTA)

----- End of Report -----

LATHA SONAWANE
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.200603168C

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

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PID NO. : CIA0899

Name : SAURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

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105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

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Reg. Date

14-Sep-2024 / 9:42 am

Coll Date

14-Sep-2024 / 9:41 am

Report Date

14-Sep-2024 / 4:58 pm

REPORT

Complete Blood Count

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|----------------------------------|---------------|----------------|--------------------------------------|
| Hemoglobin | 14.3 | gm/dl | 13.0 -17.0 |
| <u>RED BLOOD CELLS</u> | | | |
| R.B.C. Count | 5.39 | million / cumm | 4.5- 5.5 |
| HCT | 43.7 | % | 40- 50 |
| MCV | 81.1 | fL | 83 - 101 |
| MCH | 26.6 | pg | 27 - 32 |
| MCHC | 32.8 | gm / dl | 31.5 - 34.5 |
| RDW (CV) | 13.7 | % | 11.6- 14.0 |
| Total W.B.C. Count | 6390 | /cu.mm. | 4000 - 10000 |
| <u>DIFFERENTIAL COUNT</u> | | | |
| Neutrophils | 57 | % | 40 - 80 |
| Lymphocytes | 33 | % | 20 - 40 |
| Eosinophils | 04 | % | 1 - 6 |

Pritam Dhanawade
Lab Technician



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MBBS, MD PATHOLOGY
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REPORT

Complete Blood Count

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|----------------|---------------|--------------|--------------------------------------|
| Monocytes | 06 | % | 2 - 10 |
| Basophils | 00 | % | 0 - 1 |
| Platelet Count | 208000 | /cumm | 150000 - 410000 |

MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

Pritam Dhanawade
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.200603168C

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Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CIA0899

Name : SAURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 9:42 am

Coll Date

14-Sep-2024 / 9:41 am

Report Date

14-Sep-2024 / 4:58 pm

REPORT

Erythrocyte Sedimentation Rate (ESR)

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|-------------|---------------|--------------|--------------------------------------|
| E.S.R | 05 | mm at 1hr | 0 - 15 |

Method: Westergren.
Sample: Whole Blood (EDTA)

----- End of Report -----

Pritam Dhanawade
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.200603168C

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14-Sep-2024 / 4:58 pm

REPORT

Glycosylated Haemoglobin (HbA1c)

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|------------------------------------------------------------------------------------------------|---------------|--------------|--------------------------------------|
| HbA1c Pre-Diabetic : 5.7 - 6.4 % Diabetic : > = 6.5 (EDTA Whole Blood, Turbidimetric) | 5.59 | % | 4 - 5.69 |
| Mean Blood Glucose (MBG) | 121.70 | mg/dl | |

Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycosylated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used : $eAG(mg/dl) = 28.7 * A1c - 46.7$.
- Interference of Haemoglobinopathies in HbA1c estimation.
 - For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
 - Heterozygous state detected.
- In known diabetic patients, following values can be considered as a guide for monitoring the glycemic control.
 - Excellent Control - 6 to 7 %
 - Fair to Good Control - 7 to 8 %
 - Unsatisfactory Control - 8 to 10 %
 - and Poor Control - More than 10 %
- Test done on Mispal i3 Automated Cartridge Based Specific Protein Analyser.

----- End of Report -----

Pritam Dhanawade

Pritam Dhanawade
Lab Technician

DR. Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.200603168C



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REPORT

LIPID PROFILE

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|----------------------------------------------------------------------|---------------|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Total Cholesterol Serum, Method: CHOD-PAP | 183.63 | mg/dl | CHILD Desirable - Less than : 170 CHILD Borderline High : 170 - 199 CHILD High - More than : 200 ADULT Desirable - Less than : 200 ADULT Borderline High : 200 - 239 ADULT High - More than : 240 |
| Triglycerides Serum, Method: GPO-PAP | 85.12 | mg/dl | NORMAL : <150 Borderline High : 150 - 199 High : 200 - 499 Very High : >500 |
| HDL Cholesterol-Direct Serum, Method: Cholesterol-esterase-Direct | 55.34 | mg/dl | Desirable - Above : 60 Borderline Risk : 40 - 59 Undesirable - Below : 40 |
| LDL Cholesterol Calculated | 111.27 | mg/dl | Desirable - Below : 130 Borderline Risk : 130 - 159 Undesirable - Above : 160 |
| VLDL-Cholesterol Calculated | 17.02 | mg/dl | 5 - 51 |
| T.CHOL/HDLC Ratio Calculated | 3.32 | | Acceptable for Male : < 5.00 Acceptable for Female : <4.50 |

Dhanawade

Pritam Dhanawade
Lab Technician



Ritesh Kharche

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LIPID PROFILE

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|-------------------------------|---------------|--------------|------------------------------------------------------------------|
| LDLC/HDLC Ratio Calculated | 2.01 | | Acceptable for Males : < 3.60 Acceptable for Females : < 3.20 |

NOTE:

- 1) Biological Reference Intervals are as per ATP III, NCEP Guidelines and National Lipid Association (NLA) 2014 Recommendations.
- 2) Tests done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.
- 3) The LDL-Cholesterol is calculated by the Friedewald equation which provides a reliable LDL-Cholesterol value estimate when triglyceride levels are below 400 mg/dL. A direct measurement is advised if the triglyceride levels are >400mg/dL.

----- End of Report -----

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
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Powai: 022-25701053 / 25704157
Kochi: 0484- 2322022 / 4032022

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REPORT

LIVER FUNCTION TEST

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|-------------------------------------------------------------|---------------|--------------|--------------------------------------|
| S.G.O.T. (Serum, Method-IFCC / UV without P5P) | 20.43 | U/L | 0 - 40 |
| Sr. Alkaline Phosphatase (Serum, Kinetic Method by IFCC) | 56.22 | U/L | 40 - 129 |
| S.G.P.T. (Serum, Method- IFCC / UV without P5P) | 42.62 | U/L | 0 - 41 |
| GGT (Serum, Method- IFCC Method) | 26.9 | U/L | 8 - 61 |
| Bilirubin (Total) (Serum, Method-Diazo- End point) | 0.55 | mg/dl | 0.0 - 1.20 |
| Bilirubin (Direct) (Serum, Method-Diazo-End point) | 0.1 | mg/dl | 0.0 - 0.40 |
| Bilirubin (Indirect) Calculated | 0.45 | mg/dl | 0.0 - 0.90 |
| Total Proteins (serum, Method-Biuret) | 6.66 | g/dl | 6.6 - 8.7 |
| Albumin (Serum, Method-Bromocresol Green) | 4.49 | g/dl | 3.5 - 5.2 |
| Globulin Calculated | 2.17 | g/dl | 1.90 - 3.70 |
| A/G ratio Calculated | 2.07 | | |

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

Pritam Dhanawade

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Lab Technician



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LIVER FUNCTION TEST

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|-------------|---------------|--------------|--------------------------------------|
|-------------|---------------|--------------|--------------------------------------|

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RENAL PROFILE

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|---------------------------------------------|---------------|--------------|--------------------------------------|
| Blood Urea Serum, Method-Urease | 17 | mg/dl | 16.6- 48.5 mg/dl |
| Blood Urea Nitrogen Serum, Method-Urease | 7.94 | mg/dl | 06 - 20 mg/dl |
| Creatinine Serum, Method-Kinetic Jaffes | 1 | mg/dL | 0.62 - 1.17 mg/dl |
| Uric Acid Serum, Method: Uricase-POD | 5.46 | mg/dl | 3.4 - 7.0 |

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

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Kochi: 0484- 2322022 / 4032022

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Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or
admin@seabirdhf.com

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CIA0899

Name : SAURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 9:42 am

Coll Date

14-Sep-2024 / 9:41 am

Report Date

14-Sep-2024 / 4:58 pm

REPORT

THYROID FUNCTION TEST

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|-------------|---------------|--------------|--------------------------------------|
| TSH | 1.86 | μIU/ml | 0.25-5 μIU/ml |
| T3 | 1.25 | nmol/l | 0.92-2.33 nmol/l |
| T4 | 72.8 | nmol/l | 60-120 nmol/l |

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

INTERPRETATION

TSH : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

T3: Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

T4 :Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyroglobulin(TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

----- End of Report -----

Dhanawade

Pritam Dhanawade
Lab Technician



Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.200603168C

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

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PID NO. : CIA0899

Name : SAURABH SINGH

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

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Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
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Reg. Date

14-Sep-2024 / 9:42 am

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Report Date

14-Sep-2024 / 4:58 pm

REPORT

URINE ANALYSIS

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|------------------------------------|---------------|--------------|--------------------------------------|
| <u>PHYSICAL EXAMINATION</u> | | | |
| Colour | Pale Yellow | | Pale Yellow |
| Quantity | 30 ml | ml | 20 - 50 |
| Appearance | Clear | | Clear |
| Reaction (pH) | 5.5 | | 5.0 - 9.0 |
| Specific Gravity | 1.015 | | 1.000 - 1.030 |
| <u>CHEMICAL EXAMINATION</u> | | | |
| Proteins | Absent | | Absent |
| Sugar | Absent | | Absent |
| Ketone Bodies | Absent | | Absent |
| Bilirubin | Absent | | Absent |
| Nitrite | Absent | | Absent |
| Urobilinogen | Normal | mg/dl | Normal (0.1 - 1.0 mg/dl) |

Dhanawade

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Ritesh Kharche

DR. RITESH KHARCHE
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REPORT

URINE ANALYSIS

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|---------------------------------------|---------------|--------------|--------------------------------------|
| Ocult Blood | Absent | | Absent |
| <u>MICROSCOPIC EXAMINATION</u> | | | |
| Pus Cells | 1 - 2 / hpf | | 2 - 3 / hpf |
| Red Blood Cells | Absent | | Absent |
| Epithelial cells | 1 - 2 / hpf | | 2 - 3 / hpf |
| Casts | Absent | | Absent |
| Crystals | Absent | | Absent |
| Other Findings | Absent | | |

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

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Ritesh Kharche

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SEA BIRD MEDICARE CENTRE

Report ID : **S M149145813** Reg. : **14-Sep-2024**
Patient Name : **Mr. SAURABH SINGH** Report Date : **16-Sep-2024**
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Ref By : **DR.PARAG ARVIND PRADHAN** Age/Sex : **35 Year / Male**

CHEST X RAY REPORT

X-Ray No : 5388

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

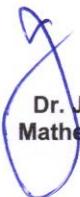
Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.




Dr. Jacob
Mathew MD

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com

ID: 1271
SAURABH
Years (/ /)

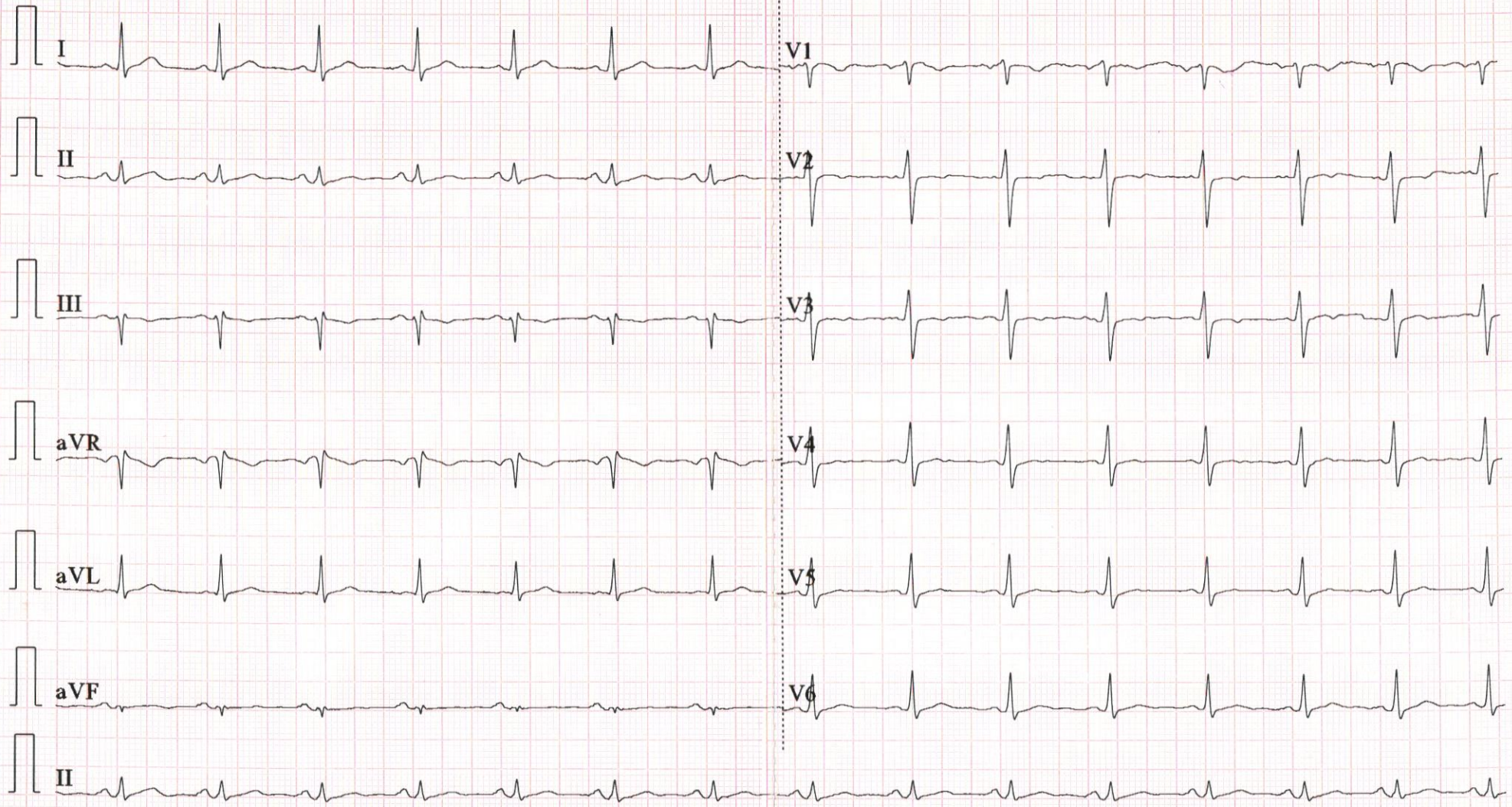
14-09-2024 10:23:25
HR : 89 bpm
P : 110 ms
PR : 130 ms
QRS : 102 ms
QT/QTcBz : 348/424 ms
P/QRS/T : 57/0/14 °
RV5/SV1 : 0.684/0.374 mV

Diagnosis Information:

NSR 

D. Mrinalini Singh
Consultant Physician
MBBS, DNB, MRCP (UK), EDIC
Reg. No. 2019/02/0392

Unconfirmed Report.



SEABIRD MEDICARE CENTRE POWAI

Patient Details Date: 14-Sep-24 Time: 12:44:04
Name: SAURABH SINGH ID: 4248
Age: 35 y **Sex:** M **Height:** 178 cms. **Weight:** 93 Kg.
Clinical History: NIL

Medications: NIL

Test Details

Protocol: Bruce **Pr.MHR:** 185 bpm **THR:** 157 (85 % of Pr.MHR) bpm
Total Exec. Time: 7 m 45 s **Max. HR:** 157 (85% of Pr.MHR)bpm **Max. Mets:** 10.20
Max. BP: 160 / 100 mmHg **Max. BP x HR:** 25120 mmHg/min **Min. BP x HR:** 7200 mmHg/min
Test Termination Criteria: THR ACHIEVED

Protocol Details

| Stage Name | Stage Time (min : sec) | Mets | Speed (mph) | Grade (%) | Heart Rate (bpm) | Max. BP (mm/Hg) | Max. ST Level (mm) | Max. ST Slope (mV/s) |
|------------------|---------------------------|------|----------------|--------------|------------------------|--------------------|--------------------------|----------------------------|
| Supine | 0 : 21 | 1.0 | 0 | 0 | 93 | 120 / 80 | -0.42 aVR | 1.06 II |
| Standing | 0 : 10 | 1.0 | 0 | 0 | 90 | 120 / 80 | -0.42 aVR | 1.06 II |
| Hyperventilation | 0 : 6 | 1.0 | 0 | 0 | 94 | 120 / 80 | -0.42 aVR | 1.06 II |
| 1 | 3 : 0 | 4.6 | 1.7 | 10 | 117 | 130 / 80 | -5.52 I | 4.95 II |
| 2 | 3 : 0 | 7.0 | 2.5 | 12 | 145 | 140 / 90 | -1.27 III | 3.18 III |
| Peak Ex | 1 : 45 | 10.2 | 3.4 | 14 | 157 | 150 / 100 | -1.91 V3 | -2.83 V5 |
| Recovery(1) | 1 : 0 | 1.8 | 1 | 0 | 133 | 160 / 100 | -1.27 III | 2.12 II |
| Recovery(2) | 1 : 0 | 1.0 | 0 | 0 | 124 | 140 / 90 | -0.64 II | 2.12 II |
| Recovery(3) | 1 : 0 | 1.0 | 0 | 0 | 109 | 120 / 80 | -0.64 III | 1.77 II |
| Recovery(4) | 0 : 28 | 1.0 | 0 | 0 | 96 | 120 / 80 | -0.42 III | 1.06 II |

Interpretation

The patient exercised according to the Bruce protocol for 7 m 45 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 93 bpm, rose to a max. heart rate of 157 (85% of Pr.MHR) bpm. Resting blood Pressure 120 / 80 mmHg, rose to a maximum blood pressure of 160 / 100 mmHg., No significant ST-T changes, TMT negative for inducible ischemia for the workload achieved



Dr. Mrinalini Singh
Consultant Physician
 MBB, DNB, MRCP (UK), EDIC
 Reg. No. 2019/02/0392

Ref. Doctor: APOLLO
 (Summary Report edited by user)

Doctor: -
 (c) Schiller Healthcare India Pvt. Ltd. V 4.7

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 4248

Date: 14-Sep-24

Exec Time : 0 m 0 s

Stage Time : 0 m 21 s

HR: 93 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 120 / 80

ST Level
(mm)

ST Slope
(mV / s)

ST Level
(mm)

ST Slope
(mV / s)

0.2 0.0

I

V1

0.0 0.0

0.8 1.1

II

V2

0.0 0.0

0.4 0.4

III

V3

0.0 0.0

-0.4 -0.4

aVR

V4

0.2 0.4

0.0 0.0

aVL

V5

0.4 0.7

0.6 0.7

aVF

V6

0.0 0.0

aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 4248

Date: 14-Sep-24

Exec Time : 0 m 0 s

Stage Time : 0 m 10 s

HR: 90 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

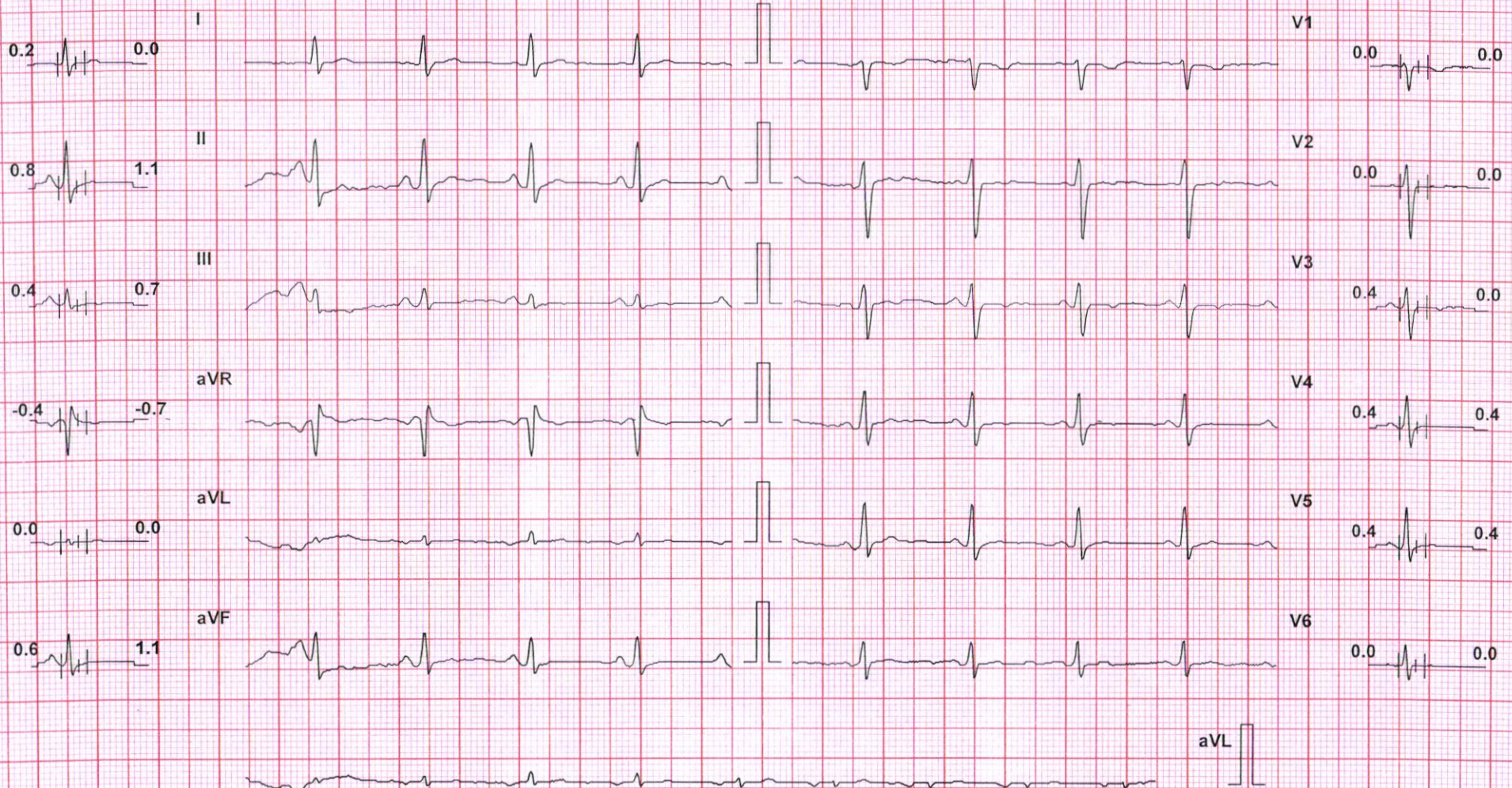


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 4248

Date: 14-Sep-24

Exec Time: 0 m 0 s

Stage Time: 0 m 6 s

HR: 94 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

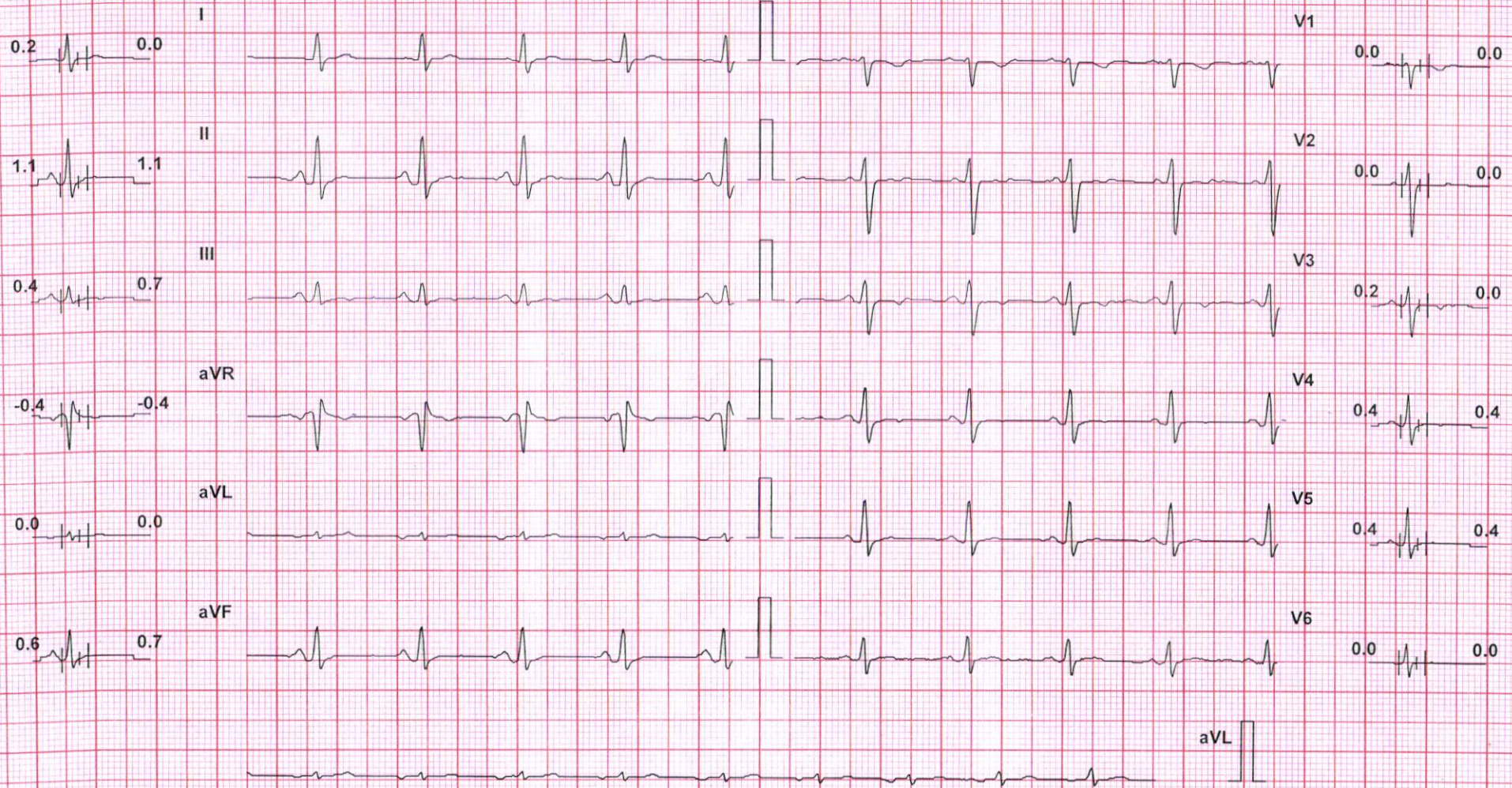


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 4248

Date: 14-Sep-24

Exec Time : 3 m 0 s

Stage Time : 3 m 0 s

HR: 117 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 157 bpm)

B.P: 130 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

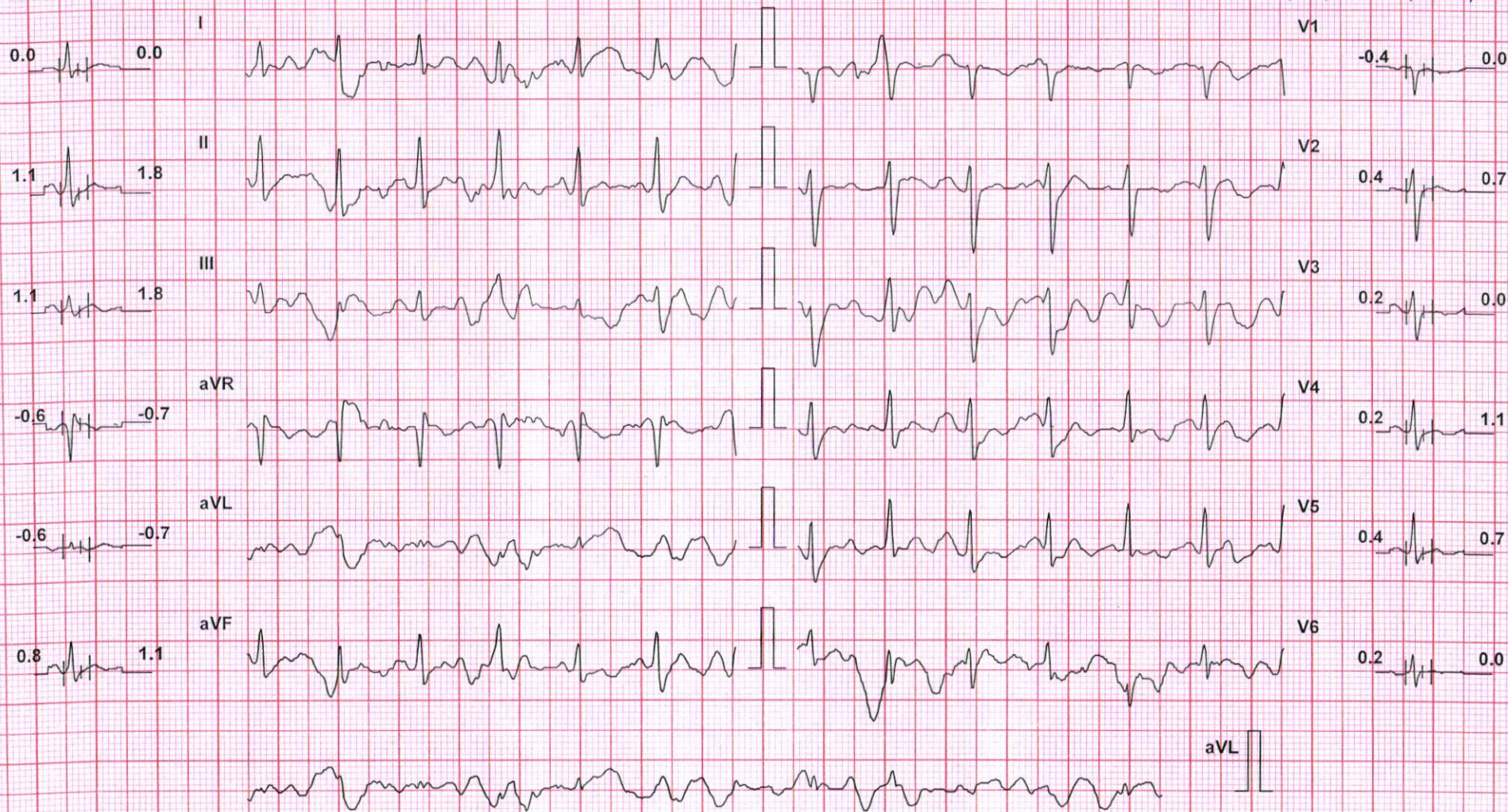


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 4248

Date: 14-Sep-24

Exec Time : 6 m 0 s

Stage Time : 3 m 0 s

HR: 145 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 157 bpm)

B.P: 140 / 90

ST Level
(mm)

ST Slope
(mV / s)

ST Level
(mm)

ST Slope
(mV / s)

-0.2 0.4

I

V1

-0.2 0.0

-0.2 1.1

II

V2

0.2 0.7

0.2 1.1

III

V3

-0.4 0.4

0.4 -0.7

aVR

V4

0.2 1.4

-0.2 -0.4

aVL

V5

0.2 1.8

0.0 1.1

aVF

V6

0.0 0.0

aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 4248

Date: 14-Sep-24

Exec Time : 7 m 45 s

Stage Time : 1 m 45 s

HR: 157 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 157 bpm)

B.P: 150 / 100

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

I
0.0 1.1

V1
0.0 -0.7

II
-0.8 1.4

V2
-0.8 1.4

III
-0.6 0.7

V3
-0.6 -0.4

aVR
0.4 -1.4

V4
-0.4 -0.4

aVL
0.2 0.4

V5
-0.4 0.0

aVF
-0.8 0.7

V6
0.2 0.0

aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 4248

Date: 14-Sep-24

Exec Time : 7 m 45 s

Stage Time : 1 m 0 s

HR: 133 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 160 / 100

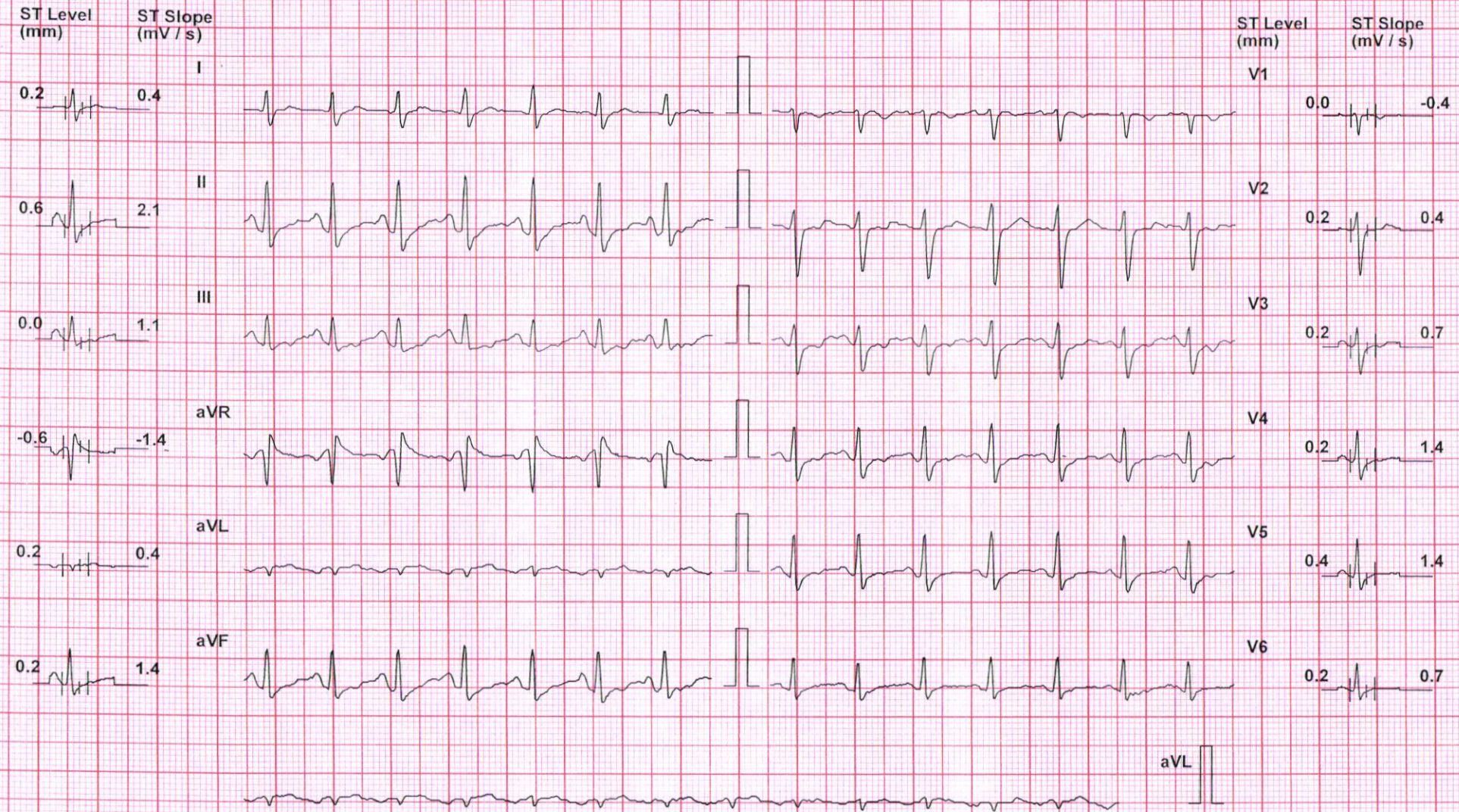


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 4248

Date: 14-Sep-24

Exec Time : 7 m 45 s

Stage Time : 1 m 0 s

HR: 124 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 140 / 90

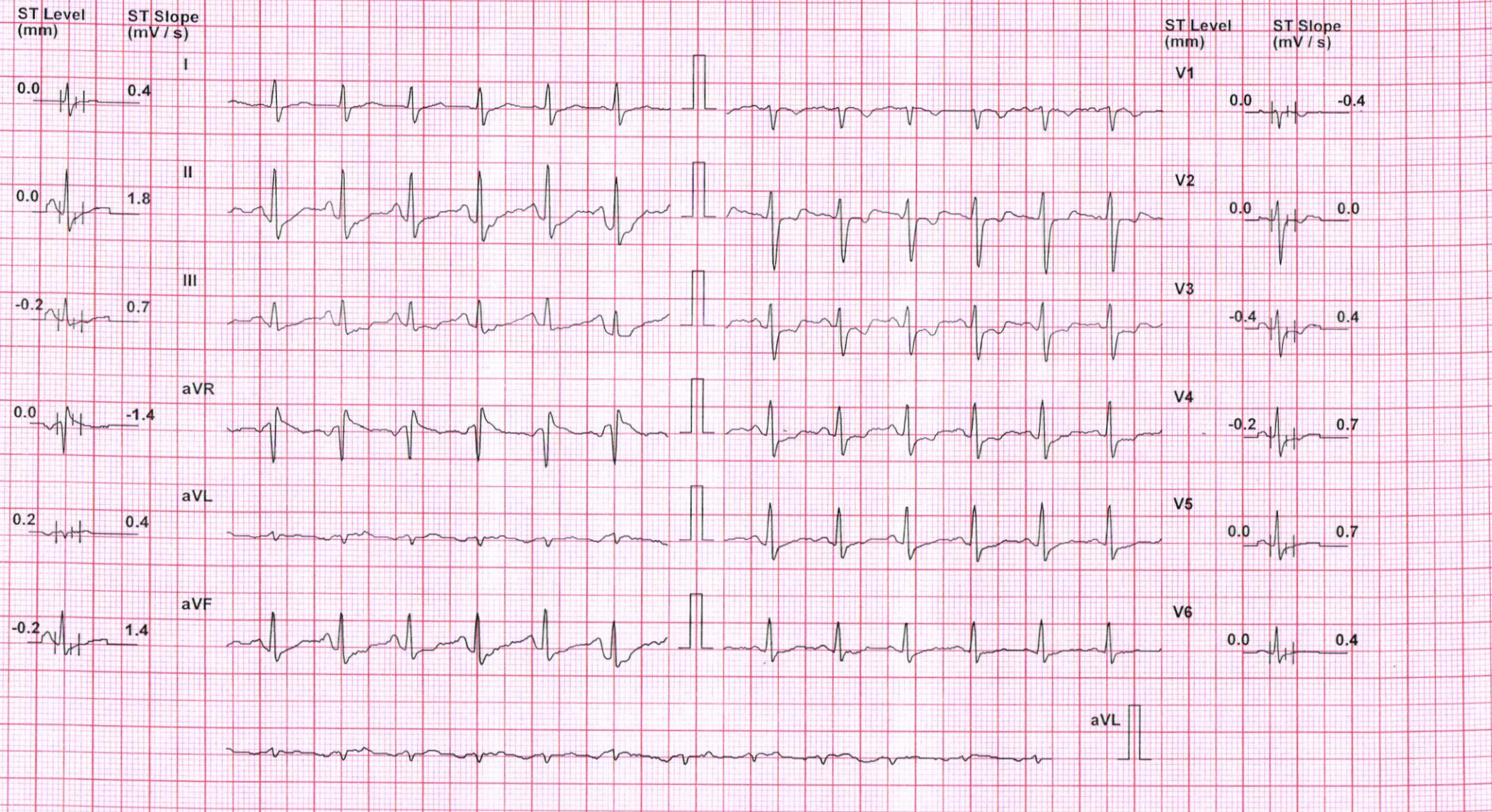


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V4.7

SEABIRD MEDICARE CENTRE POWAI

SAURABH SINGH (35 M)

ID: 4248

Date: 14-Sep-24

Exec Time : 7 m 45 s

Stage Time : 1 m 0 s

HR: 109 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 120 / 80

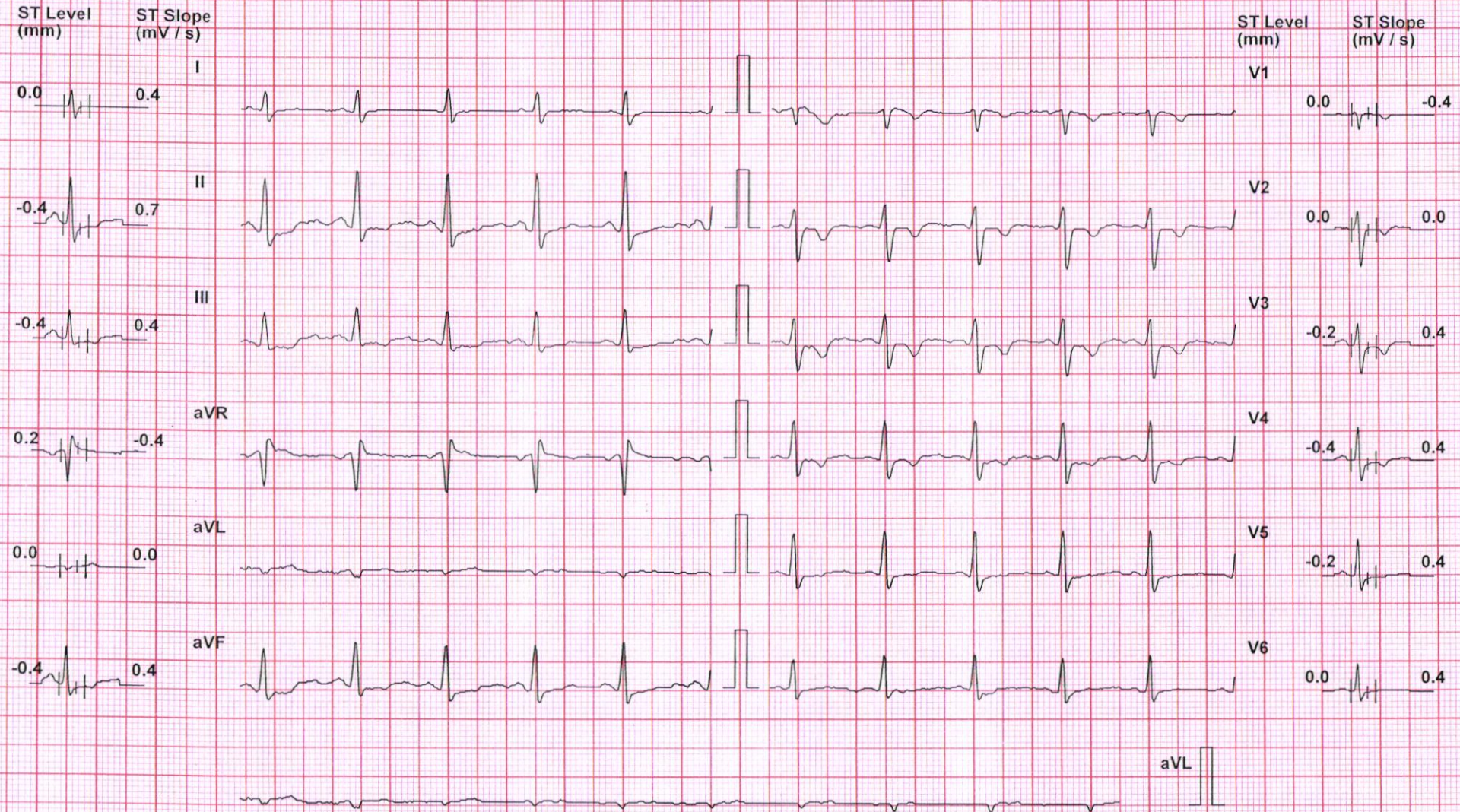


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7