



Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

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iii) Have you ever suffered from any of the following (Answer Yes or No. if yes, give details)

Y	N		Y	N	
	<input checked="" type="checkbox"/>	Hypertension		<input checked="" type="checkbox"/>	Hepatitis-B
	<input checked="" type="checkbox"/>	Diabetes		<input checked="" type="checkbox"/>	Cancer
	<input checked="" type="checkbox"/>	Heart disease		<input checked="" type="checkbox"/>	Stroke
	<input checked="" type="checkbox"/>	Kidney diseases		<input checked="" type="checkbox"/>	Bronchitis
	<input checked="" type="checkbox"/>	Tuberculosis		<input checked="" type="checkbox"/>	Any allergy
	<input checked="" type="checkbox"/>	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)		<input checked="" type="checkbox"/>	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
	<input checked="" type="checkbox"/>	Epilepsy, Fits, Fainting or Dizziness		<input checked="" type="checkbox"/>	Mental disorder of any kind
	<input checked="" type="checkbox"/>	Any major operation or injury		<input checked="" type="checkbox"/>	Any other illness

Details of the above if "Yes")

NA

(For female candidates only)

Are you pregnant at present?  Y  N

Date of L.M.P. 16/03/2024

iv) Immunization: Yes No

Tetanus Toxoid	<input type="checkbox"/>	<input type="checkbox"/>
Hepatitis B	<input type="checkbox"/>	<input type="checkbox"/>
Others	<input type="checkbox"/>	<input type="checkbox"/>

**6 FAMILY HISTORY:**

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>
Any other Disease	<input type="checkbox"/>	<input type="checkbox"/>

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father	67 Years	Fair	-	-
Mother	60 Years	Fair	-	-
Spouse	42 Years	Good	-	-
Children-1	12 Years	Good	-	-
Children -2				

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

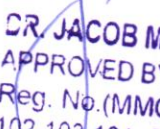
Date: 23/03/2024

Anamika  
(Signature of Candidate)

**MER- MEDICAL EXAMINATION REPORT**

Date of Examination			
NAME <i>Anamika Khandehwal</i>			
AGE <i>39 Years</i>		Gender	<i>Female</i>
HEIGHT(cm)		WEIGHT (kg)	<i>71 Kg</i>
B.P.	<i>130/80 mmHg</i>		
ECG	<i>Sinus tachycardia</i>		
X Ray	<i>NAD</i>		
Vision Checkup	Color Vision : <i>(P)</i>		
	Far Vision Ratio : <i>6/6 (P)</i>		
	Near Vision Ratio : <i>N5 (P)</i>		
Present Ailments	<i>no</i>		
Details of Past ailments (If Any)	<i>Jaundice in 2009. Typhoid in childhood. C-section in 2012. Ectopic pregnancy in 2018.</i>		
Comments / Advice : She /He is Physically Fit			

Signature with Stamp of Medical Examiner

  
**DR. JACOB MATHEW MD, DMSI, DTCD.**  
 APPROVED BY DG SHIPPING (GOI)  
 Reg. No. (MMC) 42950  
 102-103-104, Gateway Plaza,  
 Central Avenue Road,  
 Hiranandani Gardens,  
 Powai, Mumbai-400076.  
 SEA BIRD MEDICARE CENTRE

## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Anamika Khandelwal on 23/3/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Currently Unfit.</li> </ul> <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	<input type="checkbox"/>

Dr. \_\_\_\_\_  
**Medical Officer**  
**The Apollo Clinic, (Location)**

**DR. JACOB MATHEW MD,DMM,DTCD.**  
 APPROVED BY DG SHIPPING (GOI)  
 Reg. No. 42950  
 102-103-104, Gateway Plaza,  
 Cental Avenue Road,  
 Hiranandani Gardens,  
 Powai, Mumbai-400076.  
**SEA BIRD MEDICARE CENTRE**

*This certificate is not meant for medical/legal purposes*

23/03/2024

To,  
Sea Bird Medicare Centre,  
Gateway Plaza,  
Powai

Dear Sir,

Request for not doing Pap-Smear

I am undergoing Annual Health Check-up, which includes Pap-Smear. However, I got the Pap-Smear test done in Dec'2023. Hence, request you to kindly skip the same in the current Health Check-up.

Ananika  
(Ananika Khandelwal)  
9920550266

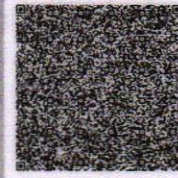
आयकर विभाग  
INCOME TAX DEPARTMENT



भारत सरकार  
GOVT. OF INDIA



स्थायी लेखा संख्या कार्ड  
Permanent Account Number Card  
AYQPK3933L



नाम / Name  
ANAMIKA KHANDLWAL

पिता का नाम / Father's Name  
HARI MOHAN KHANDLWAL

10072021

जन्म की तारीख /  
Date of Birth  
22/02/1985

*Anamika*

PAN Application Digitally Signed, Card Not  
Valid unless Physically Signed

*Anamika*



PID NO. : CCA1252

Name : ANAMIKA KHANDELWAL

Sex / Age : Female / 39 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

23-Mar-2024 / 1:45 pm

Coll Date

23-Mar-2024 / 1:50 pm

Report Date

24-Mar-2024 / 4:19 pm

## REPORT

### BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	107.51	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----



MC - 5321

PRIYA PANDEY  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
**Pathologist**  
MMC Reg No.2006031680



## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

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  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
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---

A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CCA1325  
Name : ANAMIKA KHANDELWAL  
Sex / Age : Female / 39 Years  
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :  
Sample Collected At :  
Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076  
Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date  
26-Mar-2024 / 9:47 am  
Coll Date  
26-Mar-2024 / 9:52 am  
Report Date  
26-Mar-2024 / 1:42 pm

**REPORT**

**BLOOD GLUCOSE**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	<b>113.60</b>	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----



MC - 5321

PRIYA PANDEY  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
**Pathologist**  
MMC Reg No.2006031680

*Proudly... Caring For You*

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

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## REPORT

### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	12.2	gm/dl	12.0 - 15
<b><u>RED BLOOD CELLS</u></b>			
R.B.C. Count	4.56	million / cumm	3.8- 4.8
PCV	37.7	%	35-48
MCV	<b>82.7</b>	fL	83 - 101
MCH	<b>26.8</b>	pg	27 - 32
MCHC	32.4	gm / dl	31.5 - 34.5
RDW (CV)	12.9	%	11.6- 14.0
Total W.B.C. Count	9630	/cu.mm.	4000-10000
<b><u>DIFFERENTIAL COUNT</u></b>			
Neutrophils	67	%	40 - 80
Lymphocytes	26	%	20 - 40
Eosinophils	02	%	1 - 6



MC - 5321

PRIYA PANDEY  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
**Pathologist**  
MMC Reg No.2006031680

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## REPORT

### Complete Blood Count

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Monocytes	05	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	378000	/cumm	150000 - 410000

#### MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.  
WBC Morphology Normal Morphology.  
Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----



MC - 5321

PRIYA PANDEY  
Lab Technician



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## REPORT

### Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	50	mm at 1hr	0 - 20

Method: Westergren.  
Sample: Whole Blood (EDTA)

----- End of Report -----

PRIYA PANDEY  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 2006031680



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## REPORT

### Glycosylated Haemoglobin (HbA1c)

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
HbA1c	6.41	%	< 5.7
Non-diabetic : <= 5.7 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : > = 6.5 (EDTA Whole Blood, Turbidimetric)			
Mean Blood Glucose (MBG)	150.90	mg/dl	

#### Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycosylated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used :  $eAG(mg/dl) = 28.7 * A1c - 46.7$ .
- Interference of Haemoglobinopathies in HbA1c estimation.
  - For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
  - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
  - Heterozygous state detected.
- In known diabetic patients, following values can be considered as a guide for monitoring the glycemic control.
  - Excellent Control - 6 to 7 %
  - Fair to Good Control - 7 to 8 %
  - Unsatisfactory Control - 8 to 10 %
  - and Poor Control - More than 10 %
- Test done on Mispa i3 Automated Cartridge Based Specific Protein Analyser.

----- End of Report -----



MC - 5321

PRIYA PANDEY  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.2006031680

## CONDITIONS OF REPORTING

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Name : ANAMIKA KHANDELWAL  
Sex / Age : Female / 39 Years  
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :  
Sample Collected At :  
Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076  
Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date  
26-Mar-2024 / 9:47 am  
Coll Date  
26-Mar-2024 / 9:52 am  
Report Date  
26-Mar-2024 / 1:43 pm

**REPORT**

**LIPID PROFILE**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Total Cholesterol Serum, Method: CHOD-PAP	<b>202.53</b>	mg/dl	CHILD Desirable - Less than : 170 CHILD Borderline High : 170 - 199 CHILD High - More than : 200 ADULT Desirable - Less than : 200 ADULT Borderline High : 200 - 239 ADULT High - More than : 240
Triglycerides Serum, Method: GPO-PAP	144.65	mg/dl	NORMAL : <150 Borderline High : 150 - 199 High : 200 - 499 Very High : >500
HDL Cholesterol-Direct Serum, Method: Cholesterol-esterase-Direct	<b>54.32</b>	mg/dl	Desirable - Above : 60 Borderline Risk : 40 - 59 Undesirable - Below : 40
LDL Cholesterol Calculated	119.28	mg/dl	Desirable - Below : 130 Borderline Risk : 130 - 159 Undesirable - Above : 160
VLDL-Cholesterol Calculated	28.93	mg/dl	5 - 51
T.CHOL/HDLC Ratio Calculated	3.73		Acceptable for Male : < 5.00 Acceptable for Female : <4.50



MC - 5321

*Priya*

PRIYA PANDEY  
Lab Technician



*Ritesh*

DR. RITESH KHARCHE  
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Pathologist  
MMC Reg No. 2006031680

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

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26-Mar-2024 / 1:43 pm

**REPORT**

**LIPID PROFILE**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
LDLC/HDLC Ratio Calculated	2.20		Acceptable for Males : < 3.60 Acceptable for Females : < 3.20

**NOTE:**

- 1) Biological Reference Interval is as per National Cholesterol Education Program (NCEP) guidelines.
- 2) Tests done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----



MC - 5321

PRIYA PANDEY  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
**Pathologist**  
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26-Mar-2024 / 1:42 pm

**REPORT**

**LIVER FUNCTION TEST**

<b>Test</b>	<b>Result</b>	<b>Units</b>	<b>BIOLOGICAL REFERENCE INTERVAL</b>
S.G.O.T. (Serum, Method-IFCC / UV without P5P)	15.57	U/L	0 - 32
Sr. Alkaline Phosphatase (Serum, Kinetic Method by IFCC)	87.86	U/L	35 - 104
S.G.P.T. (Serum, Method- IFCC / UV without P5P)	29.94	U/L	0 - 33
GGT (Serum, Method- IFCC Method)	30.74	U/L	5 - 36
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.38	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.09	mg/dl	0.0 - 0.80
Bilirubin (Indirect) Calculated	0.29	mg/dl	0.0 - 0.90
Total Proteins (serum, Method-Biuret)	7.33	g/dl	6.6 - 8.7
Albumin (Serum, Method-Bromocresol Green)	4.03	g/dl	3.5 - 5.2
Globulin Calculated	3.30	g/dl	1.90 - 3.70
A/G ratio Calculated	1.22		

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.



MC - 5321

*Priya*

PRIYA PANDEY  
Lab Technician



*Ritesh*

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**REPORT**

**LIVER FUNCTION TEST**

Test

Result

Units

BIOLOGICAL REFERENCE INTERVAL

----- End of Report -----



MC - 5321

PRIYA PANDEY  
Lab Technician



DR. RITESH KHARCHE  
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**REPORT**

**RENAL PROFILE**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Serum, Method-Urease	20.31	mg/dl	16.6 - 48.5 mg/dl
Blood Urea Nitrogen Serum, Method-Urease	9.48	mg/dl	06 - 20 mg/dl
Creatinine Serum, Method-Kinetic Jaffes	0.57	mg/dL	0.5 - 0.90 mg/dl
Uric Acid Serum, Method: Uricase-POD	<b>5.91</b>	mg/dl	2.4 - 5.7

Test Done on Fully Automated Mispac CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----



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## REPORT

### THYROID FUNCTION TEST

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
TSH	1.7	μIU/ml	0.25-5 μIU/ml
T3	1.37	nmol/l	0.92-2.33 nmol/l
T4	94.94	nmol/l	60-120 nmol/l

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

#### INTERPRETATION

TSH : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

T3: Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

T4 :Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyrokin-binding globulin(TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

----- End of Report -----

PRIYA PANDEY  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
**Pathologist**  
MMC Reg No.2006031680

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**REPORT**

**URINE ANALYSIS**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<b><u>PHYSICAL EXAMINATION</u></b>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.5		5.0 - 9.0
Specific Gravity	1.020		1.000 - 1.030
<b><u>CHEMICAL EXAMINATION</u></b>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bile Salts	Absent		Absent
Bile Pigment	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)



MC - 5321

*Priya*

PRIYA PANDEY  
Lab Technician



*Ritesh*

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.2006031680



## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
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6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
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8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CCA1325  
Name : ANAMIKA KHANDELWAL  
Sex / Age : Female / 39 Years  
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :  
Sample Collected At :  
Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076  
Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date  
26-Mar-2024 / 9:47 am  
Coll Date  
26-Mar-2024 / 9:52 am  
Report Date  
26-Mar-2024 / 1:43 pm

**REPORT**

**URINE ANALYSIS**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<b><u>MICROSCOPIC EXAMINATION</u></b>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	2 - 3 / hpf		2 - 5 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

**METHOD:**

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/ peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----



MC - 5321

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# Sea Bird

## Sea Bird Medicare Centre

Name: MRS ANAMIKA KAHNDELWAL	Age : 39Y	Sex : FEMALE
Date : 23/03/2024	Ref Dr : SELF	

### USG ABDOMEN AND PELVIS

**LIVER:** Liver appears normal in size 11.9cm and shows diffuse increased echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

**GALL BLADDER:** Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

**PANCREAS:** Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

**KIDNEYS:** Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

Right kidney measures 10.6 x 3.7cm. Left kidney measures 9.5 x 4.4cm.

**SPLEEN:** Spleen is normal in size, shape and echotexture. No focal lesion is seen.

**URINARY BLADDER:** Urinary bladder is distended and normal. Wall thickness is within normal limits.

**UTERUS:** Uterus is normal in size and shows normal echotexture. No focal lesion is seen. Uterus measures 7.4 x 4.5 x 5.1cm. Endometrial thickness is normal (4.5mm). Right ovary is normal measures 2.4 x 1.6cm. Left ovary is normal measures 3.1 x 2.0cm. No free fluid or significant lymphadenopathy is seen.

**IMPRESSION:** Fatty liver grade I.

*Advice: Clinical co-relation and further evaluation.*



DR. PRIYANKA NERULKAR

CONSULTANT RADIOLOGIST

**Thanks For Reference:** Note the above report represents interpretation of various radiographic shadows, and has its own limitations. This report has to be co-related clinico-pathologically by the referring physician and it does not represent the sole diagnosis.

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)





*Sea Bird*  
**Sea Bird Medicare Centre**

Report ID : **AKM233135616** Reg. : **23-Mar-2024**  
Patient Name : **Ms. ANAMIKA KHANDELWAL** Report Date : **26-Mar-2024**  
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**  
Ref By : **DR.JACOB MATHEW** Age/Sex : **39 Year / Female**

**CHEST X RAY REPORT**

X-Ray No : 1947

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

**Impression :**

**Normal Chest X-Ray.**



Dr. Jacob  
Mathew MD

**Proudly... Caring For You**

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# E. C. G. REPORT

RATE 125/min Q. WAVE \_\_\_\_\_

RHYTHM \_\_\_\_\_ QRS COMPLEX \_\_\_\_\_

VOLTAGE \_\_\_\_\_ ST. SEGMENT \_\_\_\_\_

P. WAVE N T. WAVE N

PR. INTERVAL 0.18 sec

REMARKS Sinus Tachycardia

THR



# ELECTROCARDIOGRAPHIC REPORT



*Sea Bird*

Sea Bird Medicare Pvt Ltd.

(ISO: 9001 - 2015)

NAME Anamika K.

AGE 39 yrs. DATE 23-03-24

• 101-102, Heritage Plaza, Telli Cross Lane, Nr. Andheri (E) Stn., Andheri (East), Mumbai - 400 069.

Tel.: 2682 1823, 5578 3905

• 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076

Tel.: 2570 4157

10mm/mV 0.15~25Hz AC50

23-03-24  
08-06-2005 07:25:29

Anamika Age-39yrs

