

**Patient Name** : Miss. KOMAL PECHHETTI

**Age/Gender** : 31 Y/F

**UHID/MR No.** : CMYS.0000058996

**OP Visit No** : CMYSOPV120688

**Sample Collected on** :

**Reported on** : 27-12-2023 12:19

**LRN#** : RAD2188747

**Specimen** :

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : 412107232495

## DEPARTMENT OF RADIOLOGY

### ULTRASOUND - WHOLE ABDOMEN

**LIVER:** It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is well distended and normal. No calculi seen.

**SPLEEN:** It is normal in size, outline and echopattern. No e/o focal lesions.

**PANCREAS:** It is normal.

**RIGHT KIDNEY:** It measures 102x41mm with parenchymal thickness of 16mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**LEFT KIDNEY:** It measures 95x44 mm with parenchymal thickness of 15mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**URINARY BLADDER:** It is well distended. The UB wall is normal. No calculi seen.

**UTERUS:** It is anteverted and measures 75x39x54 mm with ET= 9mm. It is normal in size, outline and echotexture. No mass lesion.

**Rt. OVARY:** It measures 30x29 mm. It is normal. No mass lesion seen.

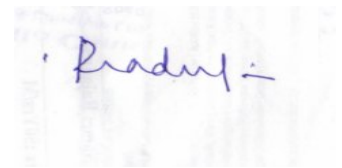
**Lt. OVARY:** It measures 28x29 mm. It is normal. No mass lesion seen.

**RIF:** No evidence of focal collection or mass lesion seen. Appendix is not visualized.

**OTHERS:** No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

**IMPRESSION: NORMAL STUDY.**

Pradeep Kumar C N, DNB  
Consultant Radiologist.



**Dr. PRADEEP KUMAR C N**  
**MBBS DNB( RADIOLOGY)**  
Radiology

**Patient Name** : Miss. KOMAL PECHHETTI

**Age/Gender** : 31 Y/F

**UHID/MR No.** : CMYS.0000058996

**OP Visit No** : CMYSOPV120688

**Sample Collected on** :

**Reported on** : 23-12-2023 16:00

**LRN#** : RAD2188747

**Specimen** :

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : 412107232495

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**DEPARTMENT OF RADIOLOGY**

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**X-RAY CHEST PA**

Both lung fields and hila are normal .

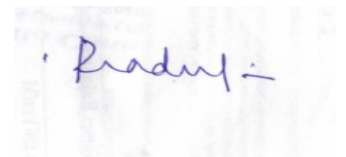
No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

**IMPRESSION :NORMAL STUDY.**



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Radiology

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**DEPARTMENT OF RADIOLOGY**

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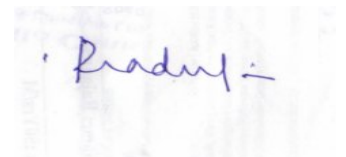
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Thoracic wall and soft tissues appear normal.

**IMPRESSION :NORMAL STUDY.**



**Dr. PRADEEP KUMAR C N**  
**MBBS DNB( RADIOLOGY)**  
Radiology

**CERTIFICATE OF MEDICAL FITNESS**

This is to certify that I have conducted the clinical examination

of Ronal Pechetti on 22/12/2025

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>Medically Fit</li> </ul>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> <li>Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> <li>Currently Unfit. Review after _____ recommended</li> </ul>	
<ul style="list-style-type: none"> <li>Unfit</li> </ul>	

Dr. P. Prabh  
Medical Officer  
The Apollo Clinic, Mysore.

*This certificate is not meant for medico-legal purposes*

Apollo Health and Lifestyle Limited

(CIN: U85110TG2000PLC115819)

Regd. Office: 1-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph: No: 080 4904 7777, Fax: No: 4904 7744 | Email ID: enquiry@apollohi.com | www.apollohi.com

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Online appointments: www.apollohi.com

TO BOOK AN APPOINTMENT

**1860 500 7788**

Date : 23-12-2023

Department : GENERAL

MR NO : CMYS.0000058996

Doctor :

Name : Miss. KOMAL PECHHETTI

Registration No :

Age/ Gender : 31 Y / Female

Qualification :

Consultation Timing: 10:28

Height : 160	Weight : 68.5	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/80

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

Came for regular health checkup

Blood ur - normal

Urine E - normal

Chest xray - normal study

ECG - normal

USG Abdomen & Pelvis - normal  
Screen

As

Results

pe

Follow up date :

Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

Date : 23-12-2023

Department : GENERAL

MR NO : CMYS.0000058996

Doctor :

Name : Miss. KOMAL PECHHETTI

Registration No :

Age/ Gender : 31 Y / Female

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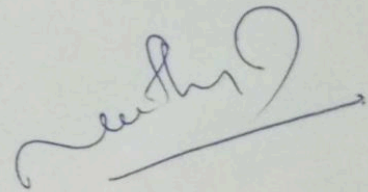
General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

Ear - OK TM - Normal

Nose - NAD

Throat - NAD.



Follow up date :

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, **Doctor Signature-07**  
Ph : 0821-4006040/41

Date : 23-12-2023  
MR NO : CMYS.0000058996

Department : GENERAL  
Doctor :

Name : Miss. KOMAL PECHHETTI

Registration No :

Age/ Gender : 31 Y / Female

Qualification :

Consultation Timing: 10:28

Height : 160	Weight : 68.3	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/80

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

UM

PH - NS  
AH - Dent

OH → regular walks  
Imp → 1 week BANC.

USH normal study.

Bone density → OK AD.

Adv :- regular walk 30 min  
- low cal low fat diet  
- avoid junk foods.

Follow up date :

Doctor Signature

Apollo Clinic  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

Date : 23-12-2023  
MR NO : CMYS.0000058996

Department : GENERAL Dietetics  
Doctor : Madhura . B.P

Name : Miss. KOMAL PECHHETTI

Registration No :

Age/ Gender : 31 Y / Female

Qualification : M.Sc Nutrition & Dietetics  
PhD

Consultation Timing: 10:28

IBW - 57kg

Height : 160	Weight : 68.5	BMI : 26.7 kg/m <sup>2</sup>	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/80

General Examination /  
Allergies History

Calcium - 8.55  
T<sub>3</sub> - 0.43

Clinical Diagnosis & Management Plan

- Advised low calorie diet with fiber rich foods.
- Take small frequent meals, do not skip meals.
- Include all variety of seasonal fruits, vegetables & green leafy vegetables.
- Include nuts like Almonds, walnuts & dry fruits like dried dates & raisins.
- Include seeds like flaxseeds, Pumpkin seeds, Sesame seeds, Sunflower seeds & watermelon seeds - 1 teaspoon each, dry roasted.
- Cooking oil - 1/2 liter / person / month. Use combination - Hon of oils like Rice bran oil, mustard oil, Groundnut oil, Gingelly oil, coconut oil & ghee. But do not mix the oils.

Follow up date :

Doctor Signature

→ Avoid alcohol, sugar, tobacco, bakery codes & creams.

→ Avoid cruciferous vegetables like cabbage, cauliflower, broccoli, spinach & soy products.

Apollo Clinic  
1st Floor  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41



Date : 23-12-2023

Department : GENERAL

MR NO : CMYS.0000058996

Doctor :

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Consultation Timing: 10:28

Height : 160	Weight : 68.5	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/80

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

Near  
vision

Distant  
vision.

Clouds  
vision.

Rt eye                      Lf eye

N6                              N6

6/6                              6/6

(N)                              (N)

Follow up date :

Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

ID: 58996

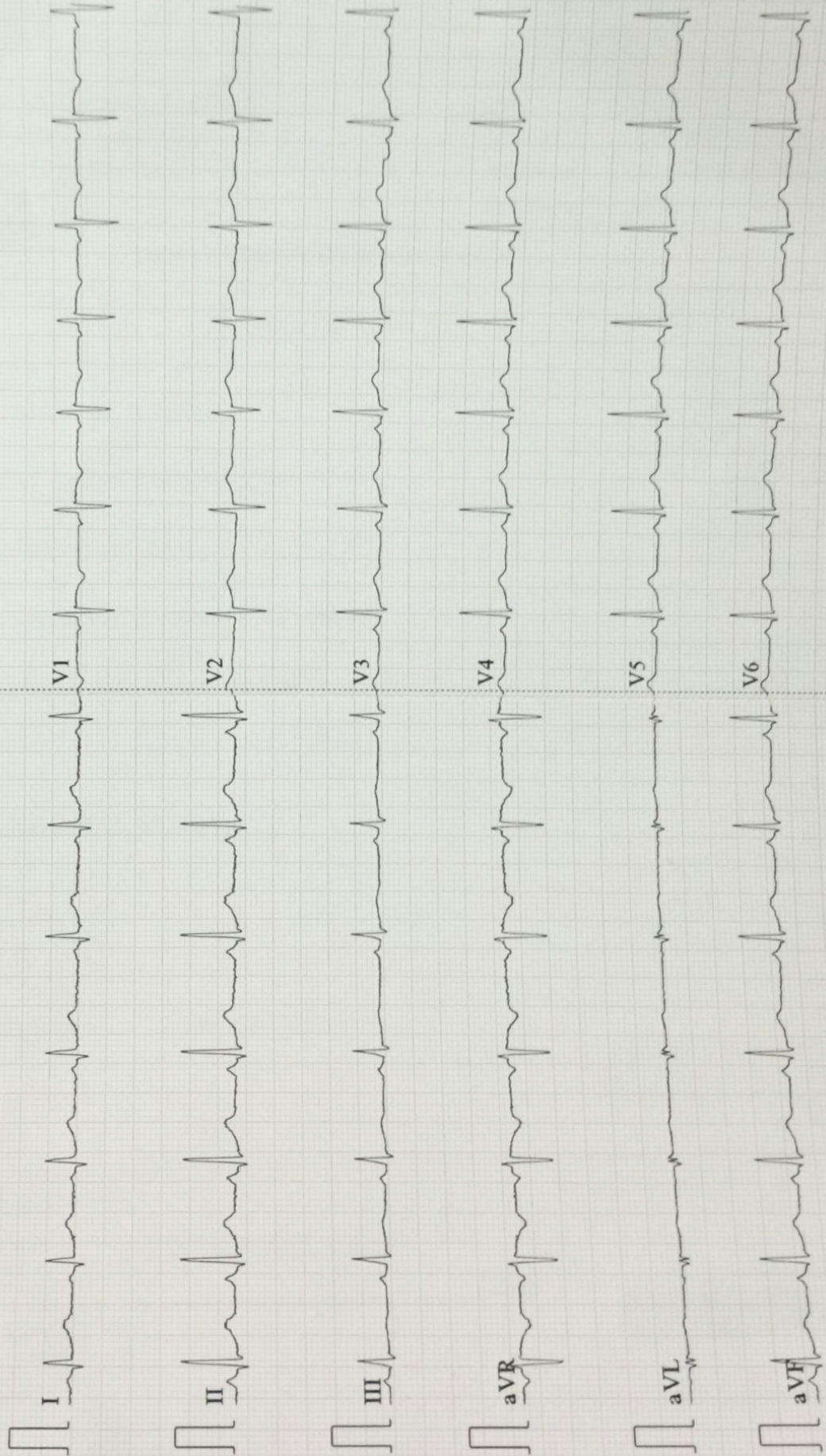
MISS KOMAL PECHHETTI  
Male 31Years  
160cm 68kg 110/80 mmHg

23-12-2023 12:11:11 PM

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-400600/0/41

Diagnosis Information:

Unconfirmed Report.



Patient Name	: Miss. KOMAL PECHHETTI	Age	: 31 Y F
UHID	: CMYS.0000058996	OP Visit No	: CMYSOPV120688
Reported on	: 23-12-2023 16:00	Printed on	: 23-12-2023 16:00
Adm/Consult Doctor	:	Ref Doctor	: SELF

**DEPARTMENT OF RADIOLOGY**

**X-RAY CHEST PA**

Both lung fields and hila are normal .  
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Both costophrenic and cardiophrenic angles are clear .  
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**IMPRESSION :NORMAL STUDY.**

*Pradeep*

Printed on:23-12-2023 16:00

---End of the Report---

**Dr. PRADEEP KUMAR C N**  
**MBBS DNB( RADIOLOGY)**  
Radiology

**Apollo Health and Lifestyle Limited**


ICIN: UR5110TG2000PLC1158191  
Regd. Office: 1, 10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016  
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Koramangala | Sarjapur Road | **Mysore** | VV Mohalla

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient Name: Mrs .Komal Pechhetti	Date : 23.12.2023	Referring Doctor: Dr .Self
Age / Sex: Yrs/Female	UHID NO:58996	Location : OP
<b>ULTRASONOGRAPHY- ABDOMEN &amp; PELVIS</b>		

**LIVER:** It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is well distended and normal. No calculi seen.

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**IMPRESSION: NORMAL STUDY.**

*Pradeep*  
Dr. Pradeep Kumar C N, DNB  
Consultant Radiologist.

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TO BOOK AN APPOINTMENT

**1860 500 7788**

Patient's Name : Miss. Komal Pechhetti	Age & Sex; 31Yrs /Female
Date : 23.12.2023	UHID No:58996

**2D ECHOCARDIOGRAPHY STUDY**

**Impression:**

- Normal chambers and valves
- No regional wall motion abnormality
- Normal left ventricular systolic function. EF 67 %
- No clots. No pericardial effusion

**Findings**

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

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TO BOOK AN APPOINTMENT

**1860 500 7788**

Patient's Name : Miss. Komal Pechhetti	Age & Sex; 31Yrs /Female
Date : 23.12.2023	UHID No:58996

Measurements

AO : 2.3 cm  
 LA : 1.8 cm  
  
 RV : 2.1 cm  
 LVIDd 4.86 cm  
 LVIDs : 3.05 cm  
 IVSd : 0.70 cm  
 IVSs : 1.27 cm  
 PWd : 0.89 cm  
 PWs : 1.05 cm  
 EF : 67.0 %  
 FS : 37.0 %

Doppler

MV	TV	AV	PV
E 0.97 m/s	E --- m/s	V max 1.46 m/s	V max 0.95 m/s
A: 0.52 m/s	A --- m/s		
MR Nil	TR Nil	AR Nil	PR Nil

**Dr. GURU PRASAD. B. V, MBBS, PGDCC**  
**CONSULTANT – NON-INVASIVE CARDIOLOGY**



**Dr. GURU PRASAD. B. V**  
 MBBS, PGDCC (CARDIO)  
 CCIM, CCICCP, PGCC, CCLBDM  
 Consultant- Non Invasive Cardiology  
 XMC No 62946

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TO BOOK AN APPOINTMENT

**1860 500 7788**

**Informed Consent/Declaration For Test Exclusion**

Patient Name: Miss Komal Age: 31

UHID Number: 58996

Please tick and sign the relevant part

I certify that I will skip LBC pap test Test from my own.

No refund is provided for the above excluded test and i have been informed about the same.

Patient signature: *r.s. Komal* Date: 23/12/23

Witness signature: *[Signature]* Date: 23/12/23

Name: Miss. KOMAL PECHHETTI  
Age/Gender: 32 Y/F  
Address: MYSORE  
Location: MYSORE, KARNATAKA  
Doctor:  
Department: GENERAL  
Rate Plan: MYSORE\_06042023  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. SABAH JAVED

MR No: CMYS.0000058996  
Visit ID: CMYSOPV120688  
Visit Date: 23-12-2023 10:28  
Discharge Date:  
Referred By: SELF

## **HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS**

### **Chief Complaints**

COMPLAINTS:::: **For Annual Health Checkup,**

## **SYSTEMIC REVIEW**

### **\*\*Weight**

--->: **Stable,**

Number of kgs: **68.5,**

-=: **160,**

## **HT-HISTORY**

### **Past Medical History**

PAST MEDICAL HISTORY: **Nil Significant,**

\*\*Cancer: **NILL,**

## **PHYSICAL EXAMINATION**

### **SYSTEMIC EXAMINATION**

### **IMPRESSION**

### **IMPRESSION**

Finding Category : **within normal limits,**

## **EKG**

: **NORMAL,**

## **RECOMMENDATION**

### **Fitness Report**

Fitness.: **YES,**

## **DISCLAIMER**

Disclaimer: **The health checkup examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the consulting physician. Additional tests, consultations and follow up may be required in some cases.,**



**Doctor's Signature**

Name: Miss. KOMAL PECHHETTI  
Age/Gender: 32 Y/F  
Address: MYSORE  
Location: MYSORE, KARNATAKA  
Doctor:  
Department: GENERAL  
Rate Plan: MYSORE\_06042023  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. SABAH JAVED

MR No: CMYS.0000058996  
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### **Past Medical History**

PAST MEDICAL HISTORY: **Nil Significant,**

\*\*Cancer: **NILL,**

## **PHYSICAL EXAMINATION**

### **SYSTEMIC EXAMINATION**

### **IMPRESSION**

### **IMPRESSION**

Finding Category : **within normal limits,**

## **EKG**

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Fitness.: **YES,**

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**Doctor's Signature**